

# 100KM NORDIC WALKING NA 100-LECIE NIEPODLEGŁOŚCI RP - INDYWIDUALNE

B4SPORT

**Wydarzenie:** 100 km NORDIC WALKING na 100-lecie NIEPODLEGŁOŚCI RP  
**Organizator:** Akademia Wychowania Fizycznego i Sportu w Gdańsku; Polska Federacja Nordic Walking  
**Data:** 2018-05-09  
**Miejsce:** Gdańsk  
**Dystans:** 100 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Okr.	Różn	Tempo min/km	Tempo km/h	Fastest Lap	Średnie okrążenie
1	<b>AYOUNI Aziz</b>	<b>633</b>				00:05:04	<b>7</b>	0	8:09	7.4 (100%)		00:17:02
	2km: <b>00:17:48</b>   4km: <b>00:34:01</b>   6km: <b>00:50:48</b>   8km: <b>01:06:44</b>   10km: <b>01:22:37</b>   12km: <b>01:38:55</b>   14km: <b>01:54:16</b>											
2	<b>ŁUBKOWSKA Grażyna</b>	<b>608</b>	BUEGAJ Z GŁOWĄ			00:02:43	<b>7</b>	0	8:13	7.3 (98.6%)		00:16:51
	2km: <b>00:15:38</b>   4km: <b>00:34:27</b>   6km: <b>00:49:33</b>   8km: <b>01:05:13</b>   10km: <b>01:21:57</b>   12km: <b>01:40:49</b>   14km: <b>01:55:15</b>											
3		<b>628</b>				00:11:42	<b>6</b>	-1	8:36	7 (94.6%)		00:19:10
	2km: <b>00:17:17</b>   4km: <b>00:34:31</b>   6km: <b>00:51:24</b>   8km: <b>01:08:51</b>   10km: <b>01:25:51</b>   12km: <b>01:43:22</b>											
4	<b>GROT Tatiana</b>	<b>619</b>				00:08:18	<b>6</b>	-1	8:48	6.8 (91.9%)		00:19:00
	2km: <b>00:17:45</b>   4km: <b>00:35:20</b>   6km: <b>00:52:38</b>   8km: <b>01:09:34</b>   10km: <b>01:27:35</b>   12km: <b>01:45:45</b>											
5	<b>SANIUK Edward</b>	<b>614</b>	FACE NORDIC WALKING TEAM			00:08:19	<b>6</b>	-1	9:09	6.5 (87.8%)		00:19:42
	2km: <b>00:19:19</b>   4km: <b>00:39:24</b>   6km: <b>00:58:48</b>   8km: <b>01:17:20</b>   10km: <b>01:35:29</b>   12km: <b>01:49:58</b>											
6		<b>632</b>				00:05:05	<b>5</b>	-2	10:23	5.8 (78.4%)		00:21:48
	2km: <b>00:18:37</b>   4km: <b>00:36:59</b>   6km: <b>00:56:01</b>   8km: <b>01:24:21</b>   10km: <b>01:43:56</b>											
7		<b>643</b>				00:05:06	<b>5</b>	-2	11:38	5.2 (70.3%)		00:24:18
	2km: <b>00:22:13</b>   4km: <b>00:48:44</b>   6km: <b>01:10:17</b>   8km: <b>01:34:26</b>   10km: <b>01:56:26</b>											
8		<b>644</b>				00:05:04	<b>4</b>	-3	8:42	6.9 (93.2%)		00:18:40
	2km: <b>00:18:02</b>   4km: <b>00:35:26</b>   6km: <b>00:52:03</b>   8km: <b>01:09:37</b>											
9		<b>634</b>				00:05:05	<b>4</b>	-3	8:42	6.9 (93.2%)		00:18:40
	2km: <b>00:18:47</b>   4km: <b>00:35:24</b>   6km: <b>00:52:02</b>   8km: <b>01:09:38</b>											
10		<b>636</b>				00:05:07	<b>4</b>	-3	10:01	6 (81.1%)		00:21:19
	2km: <b>00:19:34</b>   4km: <b>00:39:36</b>   6km: <b>01:00:02</b>   8km: <b>01:20:12</b>											
11		<b>642</b>				00:05:06	<b>4</b>	-3	10:12	5.9 (79.7%)		00:21:41

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Okr.	Różn	Tempo min/km	Tempo km/h	Fastest Lap	Średnie okrążenie
	2km: <b>00:19:24</b>   4km: <b>00:40:16</b>   6km: <b>01:01:04</b>   8km: <b>01:21:38</b>											
12	<b>KLONOWSKA</b>	<b>620</b>				00:08:19	<b>4</b>	-3	10:56	5.5 (74.3%)		00:23:57
	2km: <b>00:20:12</b>   4km: <b>00:42:15</b>   6km: <b>01:05:25</b>   8km: <b>01:27:32</b>											
13		<b>635</b>				00:05:07	<b>4</b>	-3	11:37	5.2 (70.3%)		00:24:31
	2km: <b>00:18:39</b>   4km: <b>00:37:27</b>   6km: <b>00:57:24</b>   8km: <b>01:33:00</b>											
14		<b>631</b>				00:05:07	<b>4</b>	-3	11:48	5.1 (68.9%)		00:24:53
	2km: <b>00:19:35</b>   4km: <b>00:43:31</b>   6km: <b>01:09:14</b>   8km: <b>01:34:28</b>											
15		<b>638</b>				00:05:05	<b>3</b>	-4	9:45	6.2 (83.8%)		00:21:12
	2km: <b>00:18:45</b>   4km: <b>00:37:58</b>   6km: <b>00:58:32</b>											
16		<b>629</b>				00:09:19	<b>3</b>	-4	9:49	6.1 (82.4%)		00:22:45
	2km: <b>00:19:58</b>   4km: <b>00:39:33</b>   6km: <b>00:58:57</b>											
17		<b>630</b>				00:09:18	<b>3</b>	-4	9:49	6.1 (82.4%)		00:22:45
	2km: <b>00:19:59</b>   4km: <b>00:39:34</b>   6km: <b>00:58:59</b>											
18		<b>641</b>				00:05:06	<b>3</b>	-4	10:11	5.9 (79.7%)		00:22:04
	2km: <b>00:19:26</b>   4km: <b>00:40:47</b>   6km: <b>01:01:06</b>											
19		<b>639</b>				00:05:07	<b>3</b>	-4	11:03	5.4 (73.0%)		00:23:49
	2km: <b>00:19:03</b>   4km: <b>00:40:20</b>   6km: <b>01:06:22</b>											
20	<b>ŁABIŃSKA Anna</b>	<b>622</b>				00:08:21	<b>3</b>	-4	13:31	4.4 (59.5%)		00:29:49
	2km: <b>00:21:44</b>   4km: <b>00:44:51</b>   6km: <b>01:21:07</b>											
21	<b>MACIĄG Grażyna</b>	<b>624</b>				00:08:20	<b>3</b>	-4	14:01	4.3 (58.1%)		00:30:49
	2km: <b>00:21:50</b>   4km: <b>00:44:52</b>   6km: <b>01:24:07</b>											
22	<b>REGLIŃSKA Genowefa</b>	<b>623</b>				00:08:18	<b>3</b>	-4	15:06	4 (54.1%)		00:32:58
	2km: <b>00:23:03</b>   4km: <b>00:48:57</b>   6km: <b>01:30:37</b>											
23		<b>625</b>				00:10:37	<b>2</b>	-5	10:05	6 (81.1%)		00:25:28
	2km: <b>00:20:17</b>   4km: <b>00:40:20</b>											
24	<b>KUSIAK Włodzimierz</b>	<b>607</b>				00:10:38	<b>2</b>	-5	10:19	5.8 (78.4%)		00:25:57
	2km: <b>00:20:18</b>   4km: <b>00:41:17</b>											
25	<b>KULCZYCKI Jan</b>	<b>606</b>				00:10:37	<b>2</b>	-5	10:19	5.8 (78.4%)		00:25:57
	2km: <b>00:20:19</b>   4km: <b>00:41:17</b>											
26		<b>637</b>				00:05:07	<b>2</b>	-5	11:12	5.4 (73.0%)		00:24:59
	2km: <b>00:22:14</b>   4km: <b>00:44:51</b>											
27	<b>ŻABIKOWSKA Elżbieta</b>	<b>621</b>				00:08:22	<b>2</b>	-5	12:14	4.9 (66.2%)		00:28:39
	2km: <b>00:23:02</b>   4km: <b>00:48:56</b>											
28		<b>640</b>				00:05:08	<b>1</b>	-6	11:07	5.4 (73.0%)		00:27:22
	2km: <b>00:22:14</b>											
29	<b>MOCZARSKI Adam</b>	<b>612</b>				00:12:45	<b>1</b>	-6	14:20	4.2 (56.8%)		00:41:26

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Okr.	Różn	Tempo min/km	Tempo km/h	Fastest Lap	Średnie okrążenie
2km: <b>00:28:41</b>												
30		<b>626</b>				00:12:46	<b>1</b>	-6	14:23	4.2 (56.8%)		00:41:32
2km: <b>00:28:46</b>												
31		<b>627</b>				00:12:45	<b>1</b>	-6	14:23	4.2 (56.8%)		00:41:32
2km: <b>00:28:47</b>												

Znaleziono 31 wynik(ów)