



12. OPEN KOBIET I MĘŻCZYZN

B4SPORT

Wydarzenie: XXV BIEG NIEPODLEGŁOŚCI - Białoteka 2022
Organizator: Urząd Dzielnicy Warszawa - Białoteka
Data: 2022-11-11
Miejsce: Warszawa
Dystans: 5.0 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Kobiety

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mieszkaniec Białoteki	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	ŚLUSARCZYK Katarzyna	1025	OK!SPORT	Kobiety	1		00:20:33.25	00:20:35.90		4:06	14.6 (100%)
2	CZERWIŃSKA Katarzyna	747		Kobiety	2		00:20:48.50	00:20:50.70	+00:00:14 (1.2%)	4:09	14.4 (98.6%)
3	KARBOWIAK Marcelina	811		Kobiety	3	Tak	00:21:47.40	00:21:49.80	+00:01:13 (5.6%)	4:21	13.8 (94.5%)
4	ŚLUSARCZYK Anna	1026	PURKRUN PRUSZKÓW	Kobiety	4		00:23:29.35	00:23:33.30	+00:02:57 (12.6%)	4:41	12.8 (87.7%)
5	KOZERSKA Weronika	210		Kobiety	5		00:23:29.35	00:23:38.60	+00:03:02 (12.9%)	4:41	12.8 (87.7%)
6	SADOWSKA Marzena	972	SADOSZCZAKI	Kobiety	6	Tak	00:23:38.80	00:23:44.70	+00:03:08 (13.3%)	4:43	12.7 (87.0%)
7	AUGUSTYŃSKA-ŚMIETAŁO Iwona	702	BIEGAM NA TARCHOMINIE	Kobiety	7	Tak	00:23:53.70	00:24:04.05	+00:03:28 (14.4%)	4:46	12.6 (86.3%)
8	SZYSZKO Ewa	1021	MARKOWI BIEGACZE	Kobiety	8		00:24:15.75	00:24:21.40	+00:03:45 (15.4%)	4:51	12.4 (84.9%)
9	FLORCZUK Martyna	766	FOREVER TEAM	Kobiety	9		00:25:49.85	00:25:56.75	+00:05:20 (20.6%)	5:09	11.6 (79.5%)
10	ŻELEZIK-WOŹNICKA Katarzyna	1074	AIR INVEST TEAM	Kobiety	10		00:25:58.80	00:26:23.45	+00:05:47 (21.9%)	5:11	11.6 (79.5%)
11	ŁATKOWSKA Monika	875		Kobiety	11		00:26:05.30	00:26:27.10	+00:05:51 (22.1%)	5:13	11.5 (78.8%)
12	BUCHALSKA Ewa	731	EKOBIEGI	Kobiety	12		00:26:31.80	00:26:47.50	+00:06:11 (23.1%)	5:18	11.3 (77.4%)
13	ORZYŁOWSKA Katarzyna	930		Kobiety	13		00:26:38.10	00:26:48.30	+00:06:12 (23.2%)	5:19	11.3 (77.4%)
14	ISASI-KURAN Agata	788	MARKOWI BIEGACZE	Kobiety	14		00:27:10.90	00:27:44.40	+00:07:08 (25.7%)	5:26	11 (75.3%)
15	ŚLEDZIEWSKA Dominika	1023		Kobiety	15		00:27:47.60	00:27:59.20	+00:07:23 (26.4%)	5:33	10.8 (74.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mieszkaniec Białoleęki	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
16	WIŚNIEWSKA Aneta	1053		Kobiety	16	Tak	00:27:51.05	00:28:02.80	+00:07:26 (26.6%)	5:34	10.8 (74.0%)
17	TRUSZKOWSKA Marta	1039	BESTIE OCR LEGIONOWO	Kobiety	17		00:27:48.70	00:28:03.90	+00:07:28 (26.6%)	5:33	10.8 (74.0%)
18	HRYCIUK Katarzyna	787		Kobiety	18		00:27:46.10	00:28:04.60	+00:07:28 (26.6%)	5:33	10.8 (74.0%)
19	KRUPIŃSKA Wioletta	843		Kobiety	19		00:27:51.10	00:28:13.20	+00:07:37 (27.0%)	5:34	10.8 (74.0%)
20	JANKOWSKA Wioletta	790		Kobiety	20		00:28:12.00	00:28:18.90	+00:07:43 (27.3%)	5:38	10.6 (72.6%)
21	LEZNER Karolina	869		Kobiety	21		00:28:17.00	00:28:24.80	+00:07:48 (27.5%)	5:39	10.6 (72.6%)
22	CIEŚLIKOWSKA Dominika	741		Kobiety	22		00:28:15.95	00:28:27.50	+00:07:51 (27.6%)	5:39	10.6 (72.6%)
23	RASIŃSKA Agnieszka	964		Kobiety	23		00:28:07.25	00:28:32.30	+00:07:56 (27.8%)	5:37	10.7 (73.3%)
24	KUŚMIREK-KOWAL Joanna	858	BIEGAM NA TARCHOMINIE	Kobiety	24		00:28:20.60	00:28:36.95	+00:08:01 (28.0%)	5:40	10.6 (72.6%)
25	TOMASZEWSKA Krystyna	1035	PARKRUN PRUSZKÓW	K60+	1		00:28:34.80	00:28:38.25	+00:08:02 (28.1%)	5:42	10.5 (71.9%)
26	KACZMAREK Katarzyna	806	MARKOWI BIEGACZE	Kobiety	25		00:28:19.85	00:28:47.45	+00:08:11 (28.5%)	5:39	10.6 (72.6%)
27	FLORCZUK Agnieszka	765	FOREVER TEAM	Kobiety	26		00:28:53.15	00:29:05.45	+00:08:29 (29.2%)	5:46	10.4 (71.2%)
28	KUCIŃSKA Magdalena	852		Kobiety	27		00:28:31.35	00:29:10.30	+00:08:34 (29.4%)	5:42	10.5 (71.9%)
29	SZYMAŃSKA Kamila	1017		Kobiety	28		00:28:59.50	00:29:11.60	+00:08:35 (29.4%)	5:47	10.4 (71.2%)
30	KURJANOWICZ Dominika	856		Kobiety	29		00:29:09.55	00:29:13.30	+00:08:37 (29.5%)	5:49	10.3 (70.5%)
31	PIKULIŃSKA Iwona	946		Kobiety	30		00:29:00.30	00:29:25.60	+00:08:49 (30.0%)	5:48	10.3 (70.5%)
32	CIMOCHOWSKA-ŚWITALSKA Magdalena	743	BIEGAM NA TARCHOMINIE	Kobiety	31	Tak	00:29:15.70	00:29:32.60	+00:08:56 (30.3%)	5:51	10.3 (70.5%)
33	TRZASKO Ania	1040	NEWBALANCERUNCLUB	Kobiety	32		00:29:29.15	00:29:42.60	+00:09:06 (30.7%)	5:53	10.2 (69.9%)
34	LEWANDOWSKA Joanna	866		Kobiety	33		00:29:26.15	00:29:52.90	+00:09:17 (31.1%)	5:53	10.2 (69.9%)
35	SŁOWIAK Klaudia	986		Kobiety	34		00:30:10.35	00:30:21.25	+00:09:45 (32.1%)	6:02	9.9 (67.8%)
36	SROCZYŃSKA Emilia	993		Kobiety	35		00:29:46.30	00:30:22.35	+00:09:46 (32.2%)	5:57	10.1 (69.2%)
37	RÓŻAŃSKA Renata	970	BIEGAM NA BIAŁOLEĘCE	Kobiety	36	Tak	00:30:27.15	00:30:32.15	+00:09:56 (32.5%)	6:05	9.9 (67.8%)
38	LEWANDOWSKA Monika	865		Kobiety	37		00:30:32.25	00:30:36.80	+00:10:00 (32.7%)	6:06	9.8 (67.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mieszkaniec Białoleęki	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
39	SOŁDECKA Anna	990	SLOW JOGGING BIAŁOLEKA	Kobiety	38		00:30:26.05	00:30:40.70	+00:10:04 (32.9%)	6:05	9.9 (67.8%)
40	MIODUSZEWSKA Karolina	908		Kobiety	39		00:30:06.70	00:30:41.95	+00:10:06 (32.9%)	6:01	10 (68.5%)
41	MŁYŃCZYK Adriana	913		Kobiety	40	Tak	00:30:30.40	00:30:42.75	+00:10:06 (32.9%)	6:06	9.8 (67.1%)
42	PIĘKOSZ Monika	943		Kobiety	41	Tak	00:30:31.10	00:30:44.75	+00:10:08 (33.0%)	6:06	9.8 (67.1%)
43	KRASNODĘBSKA Ewelina	841		Kobiety	42	Tak	00:30:40.90	00:30:46.50	+00:10:10 (33.1%)	6:08	9.8 (67.1%)
44	DOBOSZ Aneta	751	WŚCIEKŁE PIĘŚCI WĘŻA	Kobiety	43	Tak	00:30:27.90	00:30:51.10	+00:10:15 (33.2%)	6:05	9.9 (67.8%)
45	CIEŚLIKOWSKA Grażyna	742		Kobiety	44		00:30:48.55	00:30:59.10	+00:10:23 (33.5%)	6:09	9.7 (66.4%)
46	POTYŃSKA Anna	954	RUN-LOG.COM	Kobiety	45		00:30:47.95	00:30:59.55	+00:10:23 (33.5%)	6:09	9.7 (66.4%)
47	SZWARC Anna	1015		Kobiety	46		00:30:54.70	00:31:00.15	+00:10:24 (33.6%)	6:10	9.7 (66.4%)
48	WAŁĘDZIK Edyta	1045		Kobiety	47		00:30:38.85	00:31:10.45	+00:10:34 (33.9%)	6:07	9.8 (67.1%)
49	WITEK Małgorzata	1055		Kobiety	48		00:30:42.80	00:31:20.85	+00:10:44 (34.3%)	6:08	9.8 (67.1%)
50	ZOUABI Dorita	1072		Kobiety	49		00:31:07.35	00:31:30.35	+00:10:54 (34.6%)	6:13	9.6 (65.8%)
51	WIĘCKOWSKA Aneta	1049		Kobiety	50		00:31:08.80	00:31:36.40	+00:11:00 (34.8%)	6:13	9.6 (65.8%)
52	GONET Katarzyna	776	BIEGOWE WTORKI NA TARCHOMINIE	Kobiety	51	Tak	00:31:07.90	00:31:38.15	+00:11:02 (34.9%)	6:13	9.6 (65.8%)
53	ROTTER Małgorzata	968	MARKOWI BIEGACZE	Kobiety	52		00:31:22.55	00:31:52.20	+00:11:16 (35.4%)	6:16	9.6 (65.8%)
54	BALCERZAK-JAŁTUSZEWSKA Katarzyna	711	MARKOWI BIEGACZE	Kobiety	53		00:31:23.10	00:31:52.60	+00:11:16 (35.4%)	6:16	9.6 (65.8%)
55	BUCHALSKA Barbara	732		Kobiety	54	Tak	00:31:30.30	00:31:52.85	+00:11:16 (35.4%)	6:18	9.5 (65.1%)
56	BABULA Beata	703		Kobiety	55		00:31:38.15	00:31:57.70	+00:11:21 (35.6%)	6:19	9.5 (65.1%)
57	KOSEWSKA Dorota	833	BIEGAM NA TARCHOMINIE	Kobiety	56	Tak	00:31:34.70	00:31:59.25	+00:11:23 (35.6%)	6:18	9.5 (65.1%)
58	KIRSZ Ewa	822		Kobiety	57	Tak	00:31:45.45	00:32:01.15	+00:11:25 (35.7%)	6:21	9.4 (64.4%)
59	BRALSKA Katarzyna	727		Kobiety	58		00:31:36.40	00:32:10.00	+00:11:34 (36.0%)	6:19	9.5 (65.1%)
60	CICHECKA Aneta	739		Kobiety	59		00:31:56.15	00:32:14.00	+00:11:38 (36.1%)	6:23	9.4 (64.4%)
61	MARKOWSKA Natalia	893	BRAK	Kobiety	60		00:31:35.95	00:32:14.40	+00:11:38 (36.1%)	6:19	9.5 (65.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mieszkaniec Białoleęki	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
62	ZIARKO Joanna	1069		Kobiety	61		00:31:55.20	00:32:16.20	+00:11:40 (36.2%)	6:23	9.4 (64.4%)
63	KOCIK Elżbieta	2		Kobiety	62	Tak	00:31:46.25	00:32:24.15	+00:11:48 (36.4%)	6:21	9.4 (64.4%)
64	MYŚLIŃSKA Anna	123		Kobiety	63	Tak	00:31:49.25	00:32:24.20	+00:11:48 (36.4%)	6:21	9.4 (64.4%)
65	PASZEK Krystyna	937	WOLNI BIEGACZE GRODZISK MAZ	K60+	2		00:31:57.45	00:32:37.65	+00:12:01 (36.9%)	6:23	9.4 (64.4%)
66	ZAWADZKA-NAZIMEK Joanna	1067	PRZYBYSZE Z MATPLANETY	Kobiety	64		00:32:00.05	00:32:40.20	+00:12:04 (37.0%)	6:24	9.4 (64.4%)
67	LESIUK Aneta	864		Kobiety	65		00:32:08.00	00:32:41.50	+00:12:05 (37.0%)	6:25	9.3 (63.7%)
68	PIKIEWICZ Julita	945		Kobiety	66		00:32:15.40	00:32:46.15	+00:12:10 (37.1%)	6:27	9.3 (63.7%)
69	GRYGOWSKA Beata	781		Kobiety	67		00:32:49.95	00:32:59.30	+00:12:23 (37.6%)	6:33	9.1 (62.3%)
70	STASZKIEWICZ Elżbieta	995		Kobiety	68	Tak	00:33:05.65	00:33:08.00	+00:12:32 (37.8%)	6:37	9.1 (62.3%)
71	NEC Paulina	920		Kobiety	69		00:32:48.10	00:33:12.45	+00:12:36 (38.0%)	6:33	9.1 (62.3%)
72	JAROŃ Alicja	793	RUN DE GIRARD	Kobiety	70		00:32:41.15	00:33:12.90	+00:12:37 (38.0%)	6:32	9.2 (63.0%)
73	WINDER Agnieszka	1051		Kobiety	71	Tak	00:32:58.75	00:33:21.95	+00:12:46 (38.3%)	6:35	9.1 (62.3%)
74	MICHNOWSKA Adriana	902		Kobiety	72		00:32:55.65	00:33:24.70	+00:12:48 (38.3%)	6:35	9.1 (62.3%)
75	NOWICKA Urszula	924		Kobiety	73	Tak	00:33:04.80	00:33:32.00	+00:12:56 (38.6%)	6:36	9.1 (62.3%)
76	KASPRZAK Olga	817		Kobiety	74	Tak	00:33:00.15	00:33:37.65	+00:13:01 (38.7%)	6:36	9.1 (62.3%)
77	TORZEWSKA Agnieszka	1036	BEMOWO BIEGA	Kobiety	75		00:33:09.20	00:33:40.50	+00:13:04 (38.8%)	6:37	9 (61.6%)
78	GŁĘBOCKA-ROSZCZYK Joanna	774	NAPRZÓD MŁOCINY	Kobiety	76		00:33:09.65	00:33:45.20	+00:13:09 (39.0%)	6:37	9 (61.6%)
79	ŁĄCKA Ilona	10		Kobiety	77	Tak	00:33:22.90	00:33:54.85	+00:13:18 (39.3%)	6:40	9 (61.6%)
80	MAJER Anna	887		Kobiety	78	Tak	00:34:00.75	00:34:00.75	+00:13:24 (39.4%)	6:48	8.8 (60.3%)
81	BALINSKA Justyna	712	BIEGAM NA BIAŁOLEĘCE	Kobiety	79		00:34:00.60	00:34:07.40	+00:13:31 (39.6%)	6:48	8.8 (60.3%)
82	STĘPAK Anna	999	BIEGAM NA BIAŁOLEĘCE	Kobiety	80	Tak	00:33:58.40	00:34:13.80	+00:13:37 (39.8%)	6:47	8.8 (60.3%)
83	GÓRCZYŃSKA Hanna	779		Kobiety	81		00:34:08.70	00:34:14.15	+00:13:38 (39.8%)	6:49	8.8 (60.3%)
84	KACZOR Katarzyna	807	DECATHLON DAF	Kobiety	82		00:33:31.05	00:34:14.40	+00:13:38 (39.8%)	6:42	9 (61.6%)

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84	STAWICKA Eliza	996	DECATHLON DAF	Kobiety	82		00:33:30.25	00:34:14.40	+00:13:38 (39.8%)	6:42	9 (61.6%)
86	STEGIENKO Karolina	998		Kobiety	84		00:34:16.45	00:34:34.30	+00:13:58 (40.4%)	6:51	8.8 (60.3%)
87	LACH Marta	862	SLOWJOGGING BIAŁOLEĘKA	Kobiety	85		00:34:20.65	00:34:36.15	+00:14:00 (40.5%)	6:52	8.7 (59.6%)
88	JAROŃ Julia	792	RUN DE GIRARD	Kobiety	86		00:34:04.75	00:34:36.35	+00:14:00 (40.5%)	6:48	8.8 (60.3%)
89	DUCHNOWSKA Agnieszka	755		Kobiety	87		00:34:27.35	00:34:40.10	+00:14:04 (40.6%)	6:53	8.7 (59.6%)
90	WOŹNIAK Alicja	1059		Kobiety	88		00:34:20.25	00:34:59.35	+00:14:23 (41.1%)	6:52	8.7 (59.6%)
91	KARPIŃSKA Izabela	813		Kobiety	89		00:35:02.30	00:35:12.80	+00:14:36 (41.5%)	7:00	8.6 (58.9%)
92	KOZYRA Adriana	839	MACURKI	Kobiety	90		00:34:55.45	00:35:34.20	+00:14:58 (42.1%)	6:59	8.6 (58.9%)
93	SKOWROŃSKA Marta	980		Kobiety	91		00:35:14.50	00:35:36.35	+00:15:00 (42.1%)	7:02	8.5 (58.2%)
94	BRZÓZKA Magda	730		Kobiety	92		00:35:19.05	00:35:43.60	+00:15:07 (42.3%)	7:03	8.5 (58.2%)
95	ROCHALSKA Aleksandra	966		Kobiety	93	Tak	00:35:19.10	00:35:43.65	+00:15:07 (42.3%)	7:03	8.5 (58.2%)
96	POWAŁKA Nikola	955		Kobiety	94		00:35:26.30	00:36:05.05	+00:15:29 (42.9%)	7:05	8.5 (58.2%)
97	SIKORSKA Karolina	976	KIP RUNNING	Kobiety	95		00:35:30.15	00:36:12.00	+00:15:36 (43.1%)	7:06	8.5 (58.2%)
98	ROBAKIEWICZ-MOKWIŃSKA Sylwia	965		Kobiety	96		00:36:07.65	00:36:13.35	+00:15:37 (43.1%)	7:13	8.3 (56.8%)
99	STOKŁOSA-SABAJ Karolina	1002		Kobiety	97		00:36:15.85	00:36:26.20	+00:15:50 (43.5%)	7:15	8.3 (56.8%)
100	SZYMAŃSKA Agnieszka	1018		Kobiety	98		00:36:07.65	00:36:33.10	+00:15:57 (43.6%)	7:13	8.3 (56.8%)
101	JANIEC Katarzyna	789		Kobiety	99		00:36:58.15	00:37:17.20	+00:16:41 (44.8%)	7:23	8.1 (55.5%)
102	BABULA Edyta	705		Kobiety	100		00:37:16.10	00:37:35.60	+00:16:59 (45.2%)	7:27	8.1 (55.5%)
103	WYSOCKA Paulina	1064		Kobiety	101		00:37:27.00	00:37:50.05	+00:17:14 (45.6%)	7:29	8 (54.8%)
104	WYSOCKA Aleksandra	1063		Kobiety	102	Tak	00:37:57.00	00:38:06.85	+00:17:30 (46.0%)	7:35	7.9 (54.1%)
105	KARPIUK Aneta	815		Kobiety	103	Tak	00:37:58.70	00:38:08.55	+00:17:32 (46.0%)	7:35	7.9 (54.1%)
106	STEFAŃSKA Joanna	997		Kobiety	104		00:38:24.70	00:38:41.20	+00:18:05 (46.8%)	7:40	7.8 (53.4%)
107	MAZUREK Dorota	898		Kobiety	105		00:38:35.20	00:38:59.25	+00:18:23 (47.2%)	7:43	7.8 (53.4%)

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108	DOBZIEWSKA Edyta	1128		Kobiety	106		00:38:52.05	00:39:18.15	+00:18:42 (47.6%)	7:46	7.7 (52.7%)
109	ŁĄCKA Małgorzata	877		Kobiety	107		00:38:47.20	00:39:19.70	+00:18:43 (47.6%)	7:45	7.7 (52.7%)
110	MATUSZEWICZ Dorota	896		K60+	3		00:40:15.55	00:40:52.95	+00:20:17 (49.6%)	8:03	7.5 (51.4%)
111	OBWIOSŁO Joanna	927		Kobiety	108		00:41:03.00	00:41:39.80	+00:21:03 (50.6%)	8:12	7.3 (50.0%)
112	ŻYŁA-ZDZIECH Sylwia	1075		Kobiety	109	Tak	00:41:40.30	00:42:16.75	+00:21:40 (51.3%)	8:20	7.2 (49.3%)
113	SYLWANOWICZ Monika	1007	LOŻA SZYDERCÓW	Kobiety	110		00:41:44.50	00:42:20.15	+00:21:44 (51.3%)	8:20	7.2 (49.3%)
113	TOMASZEWSKA Mariola	1034	BIEGAM DLA SIEBIE	Kobiety	110		00:41:39.10	00:42:20.15	+00:21:44 (51.3%)	8:19	7.2 (49.3%)
115	KRZYŻANOWSKA Zoja	846	VEGE RUNNERS	Kobiety	112		00:42:26.40	00:42:52.80	+00:22:16 (52.0%)	8:29	7.1 (48.6%)
116	WIŚNIEWSKA Ewelina	1054		Kobiety	113	Tak	00:42:26.00	00:43:02.90	+00:22:27 (52.2%)	8:29	7.1 (48.6%)
117	SŁOTA Beata	985		Kobiety	114	Tak	00:43:55.30	00:44:11.60	+00:23:35 (53.4%)	8:47	6.8 (46.6%)
118	GROCHOWSKA Joanna	444		Kobiety	115		00:43:38.15	00:44:22.30	+00:23:46 (53.6%)	8:43	6.9 (47.3%)
119	KUCHCIŃSKA Monika	850		Kobiety	116		00:43:51.60	00:44:25.10	+00:23:49 (53.6%)	8:46	6.8 (46.6%)
120	MAKUCH Eliza	888		Kobiety	117		00:43:55.35	00:44:28.15	+00:23:52 (53.7%)	8:47	6.8 (46.6%)
Przekroczony limit czasu: 00:45:00											
121	BANASZEK Urszula	713		Kobiety	118		00:45:56.95	00:46:13.90	+00:25:38 (55.4%)	9:11	6.5 (44.5%)
122	WOŹNIAK Agnieszka	1060		Kobiety	119		00:46:17.55	00:46:23.90	+00:25:48 (55.6%)	9:15	6.5 (44.5%)
123	NERŁO Kaja	922		Kobiety	120		00:45:44.80	00:46:27.75	+00:25:51 (55.7%)	9:08	6.6 (45.2%)

Znaleziono 123 wynik(ów)