



## 12. OPEN KOBIET I MĘŻCZYŹN

B4SPORT

**Wydarzenie:** XXV BIEG NIEPODLEGŁOŚCI - Białoteka 2022  
**Organizator:** Urząd Dzielnicy Warszawa - Białoteka  
**Data:** 2022-11-11  
**Miejsce:** Warszawa  
**Dystans:** 5.0 km

**B4SPORT**  
INTELIĞENTNE ZAWODY SPORTOWE

Klasyfikacja: M60+

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mieszkaniec Białoteki	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	<b>NOWOCIEŃ Jacek</b>	<b>926</b>	UCZNIOWSKI KLUB SPORTOWY RUSIEC	M60+	1		<b>00:21:47.20</b>	<b>00:21:52.25</b>		4:21	13.8 (100%)
2	<b>MIRKIEWICZ Andrzej</b>	<b>910</b>	PARKRUN PRUSZKÓW	M60+	2		<b>00:22:34.35</b>	<b>00:22:36.35</b>	+00:00:44 (3.3%)	4:30	13.3 (96.4%)
3	<b>KODA Eugeniusz</b>	<b>828</b>	TEAM ZABIEGANEDNI	M60+	3		<b>00:23:10.05</b>	<b>00:23:16.70</b>	+00:01:24 (6.0%)	4:38	12.9 (93.5%)
4	<b>KRYPA Jan</b>	<b>844</b>		M60+	4		<b>00:26:48.15</b>	<b>00:26:58.20</b>	+00:05:05 (18.9%)	5:21	11.2 (81.2%)
5	<b>FREITES Luis</b>	<b>1111</b>	WOLNAWENEZUELA	M60+	5		<b>00:27:07.05</b>	<b>00:27:37.80</b>	+00:05:45 (20.8%)	5:25	11.1 (80.4%)
6	<b>FRANECKI Jarosław</b>	<b>767</b>		M60+	6	Tak	<b>00:27:42.05</b>	<b>00:27:49.45</b>	+00:05:57 (21.4%)	5:32	10.8 (78.3%)
7	<b>JEZIERSKI Jan</b>	<b>797</b>		M60+	7		<b>00:28:11.45</b>	<b>00:28:27.80</b>	+00:06:35 (23.2%)	5:38	10.6 (76.8%)
8	<b>OSIŃSKI Stanisław</b>	<b>933</b>		70+	1		<b>00:28:55.85</b>	<b>00:28:58.80</b>	+00:07:06 (24.5%)	5:47	10.4 (75.4%)
9	<b>CYGANIAK Wiesław</b>	<b>744</b>		M60+	8		<b>00:28:58.95</b>	<b>00:29:11.75</b>	+00:07:19 (25.1%)	5:47	10.4 (75.4%)
10	<b>SUWALD Andrzej</b>	<b>1076</b>	JACEKBIEGA RUNNING TEAM	M60+	9		<b>00:29:28.15</b>	<b>00:29:57.90</b>	+00:08:05 (27.0%)	5:53	10.2 (73.9%)
11	<b>DĄBROWSKI Andrzej</b>	<b>750</b>		M60+	10		<b>00:30:50.05</b>	<b>00:31:10.80</b>	+00:09:18 (29.9%)	6:10	9.7 (70.3%)
12	<b>KAWKA Andrzej</b>	<b>820</b>	-	M60+	11		<b>00:33:51.60</b>	<b>00:34:26.25</b>	+00:12:34 (36.5%)	6:46	8.9 (64.5%)
13	<b>JAROS Arkadiusz</b>	<b>795</b>	VEGE RUNNERS	M60+	12		<b>00:34:07.50</b>	<b>00:34:35.80</b>	+00:12:43 (36.8%)	6:49	8.8 (63.8%)
14	<b>MATUSZEWICZ Arek</b>	<b>895</b>		M60+	13		<b>00:40:16.80</b>	<b>00:40:54.50</b>	+00:19:02 (46.5%)	8:03	7.5 (54.3%)

Znaleziono 14 wynik(ów)