



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

XXVI BIEG NIEPODLEGŁOŚCI - Białoteka
Urząd Dzielnicy Warszawa - Białoteka
2023-11-11
Warszawa
5.0 km

12. OPEN KOBIET I MĘŻCZYZN

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Mieszkanka Białoteki

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mieszkaniec Białoteki	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	PODSADNI-KRYSIK Paulina	341		K OPEN	5	Tak	00:00:05	00:24:36.80	00:24:41.90		4:55	12.2 (100%)
2	WÓJCIK Monika	468	BIEGAM NA TARCHOMINIE	K OPEN	6	Tak	00:00:04	00:24:40.00	00:24:44.50	+00:00:03 (0.2%)	4:56	12.2 (100%)
3	JANKOWSKA Wioletta	160		K OPEN	17	Tak	00:00:05	00:27:24.45	00:27:29.85	+00:02:47 (10.2%)	5:28	10.9 (89.3%)
4	WALCZUK Magda	449	BRAK	K OPEN	21	Tak	00:00:14	00:27:43.50	00:27:58.15	+00:03:06 (11.2%)	5:32	10.8 (88.5%)
5	KUŚMIREK-KOWAL Joanna	249	BIEGAM NA TARCHOMINIE	K OPEN	23	Tak	00:00:17	00:27:52.70	00:28:10.35	+00:03:15 (11.7%)	5:34	10.8 (88.5%)
6	ZUBELEWICZ-JERUZALSKA Anna	487		K OPEN	24	Tak	00:00:29	00:27:56.60	00:28:26.55	+00:03:19 (11.9%)	5:35	10.7 (87.7%)
7	KRASZEWSKA Sylwia	229	SYLENDIA	K OPEN	27	Tak	00:00:22	00:28:47.15	00:29:09.55	+00:04:10 (14.5%)	5:45	10.4 (85.2%)
8	SOBIELARSKA Joanna	388		K OPEN	28	Tak	00:00:06	00:28:57.05	00:29:03.85	+00:04:20 (15.0%)	5:47	10.4 (85.2%)
9	WYROZĘBSKA Anna	470		K OPEN	29	Tak	00:00:48	00:29:15.05	00:30:03.35	+00:04:38 (15.9%)	5:51	10.3 (84.4%)
10	SZYPROWSKA Maria	422		K OPEN	31	Tak	00:00:30	00:29:30.85	00:30:01.15	+00:04:54 (16.6%)	5:54	10.2 (83.6%)
11	SROCZYNSKA Emilia	395		K OPEN	33	Tak	00:00:15	00:29:34.65	00:29:50.30	+00:04:57 (16.8%)	5:54	10.1 (82.8%)
12	SKUZA Sylwia	381		K OPEN	34	Tak	00:00:19	00:29:45.15	00:30:04.75	+00:05:08 (17.3%)	5:57	10.1 (82.8%)
13	ŻMUDA Claudia	492		K OPEN	36	Tak	00:00:34	00:30:01.50	00:30:36.30	+00:05:24 (18.0%)	6:00	10 (82.0%)
14	BARANOWSKA Agata	21	ZADYMIARZE	K OPEN	38	Tak	00:00:35	00:30:09.35	00:30:44.75	+00:05:32 (18.4%)	6:01	10 (82.0%)
15	KWIECIEŃ Agata	250		K OPEN	41	Tak	00:00:22	00:30:30.85	00:30:53.30	+00:05:54 (19.3%)	6:06	9.8 (80.3%)

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16	TOBIASZ Dorota	430	GRUPA BIEGOWA CHTMO	K OPEN	53	Tak	00:00:36	00:31:11.80	00:31:48.30	+00:06:35 (21.1%)	6:14	9.6 (78.7%)
17	ZOUABI Dorota	805		K OPEN	58	Tak	00:00:17	00:31:17.85	00:31:34.90	+00:06:41 (21.4%)	6:15	9.6 (78.7%)
18	PYRZAK Magdalena	356		K OPEN	60	Tak	00:00:31	00:31:29.60	00:32:00.60	+00:06:52 (21.8%)	6:17	9.5 (77.9%)
19	WITEK Małgorzata	456		K OPEN	61	Tak	00:00:15	00:31:42.05	00:31:58.00	+00:07:05 (22.4%)	6:20	9.5 (77.9%)
20	MALETKA Joanna	276		K OPEN	64	Tak	00:00:22	00:31:54.50	00:32:17.35	+00:07:17 (22.9%)	6:22	9.4 (77.0%)
21	BOGŁOWSKA Ula	48		K OPEN	65	Tak	00:00:45	00:31:59.50	00:32:44.85	+00:07:22 (23.1%)	6:23	9.4 (77.0%)
22	GONET Katarzyna	120	BIEGOWE WTORKI NA TARCHOMINIE	K OPEN	68	Tak	00:00:30	00:32:19.75	00:32:49.75	+00:07:42 (23.9%)	6:27	9.3 (76.2%)
23	NOWICKA Urszula	314	BIEGAM NA TARCHOMINIE	K OPEN	70	Tak	00:00:29	00:32:26.30	00:32:56.00	+00:07:49 (24.1%)	6:29	9.2 (75.4%)
24	OPOŃSKA Emilia	743		K OPEN	71	Tak	00:00:19	00:32:34.45	00:32:54.05	+00:07:57 (24.4%)	6:30	9.2 (75.4%)
25	LESIUK Aneta	253		K OPEN	73	Tak	00:00:23	00:32:50.15	00:33:13.90	+00:08:13 (25.0%)	6:34	9.1 (74.6%)
26	JABŁOŃSKA Monika	152		K OPEN	79	Tak	00:00:03	00:33:07.30	00:33:10.55	+00:08:30 (25.7%)	6:37	9.1 (74.6%)
27	ŁĄCKA Ilona	266	MAZOWIECKA IZBA INŻYNIERÓW	K OPEN	80	Tak	00:00:22	00:33:14.45	00:33:36.50	+00:08:37 (26.0%)	6:38	9 (73.8%)
28	MICHNOWSKA Adriana	289	BIEGAM NA TARCHOMINIE	K OPEN	82	Tak	00:00:30	00:33:16.30	00:33:46.70	+00:08:39 (26.0%)	6:39	9 (73.8%)
29	SZWARC Anna	417	BIEGAM NA BIAŁOŁĘCE	K OPEN	83	Tak	00:00:09	00:33:19.50	00:33:29.40	+00:08:42 (26.1%)	6:39	9 (73.8%)
29	LEWANDOWSKA Monika	254	BIEGAM NA BIAŁOŁĘCE	K OPEN	84	Tak	00:00:09	00:33:19.65	00:33:29.40	+00:08:42 (26.1%)	6:39	9 (73.8%)
31	CISZEK-GUTOWSKA Ewelina	74		K OPEN	85	Tak	00:00:13	00:33:25.95	00:33:39.70	+00:08:49 (26.4%)	6:41	9 (73.8%)
32	MAJCHRZAK Anna	273	BIEGAM NA TARCHOMINIE	K OPEN	86	Tak	00:00:51	00:33:28.70	00:34:20.00	+00:08:51 (26.5%)	6:41	9 (73.8%)
33	MAJ Patrycja	272		K OPEN	89	Tak	00:00:30	00:33:43.30	00:34:13.70	+00:09:06 (27.0%)	6:44	8.9 (73.0%)
34	KLINOWSKA Agnieszka	205	BIEGAM NA BIAŁOŁĘCE	K OPEN	94	Tak	00:00:08	00:33:56.95	00:34:05.45	+00:09:20 (27.5%)	6:47	8.8 (72.1%)
35	KOTYŁAK-MOSKWA Aneta	222		K OPEN	95	Tak	00:00:08	00:34:02.40	00:34:10.95	+00:09:25 (27.7%)	6:48	8.8 (72.1%)
36	PARCHINIAK Justyna	331		K OPEN	98	Tak	00:00:18	00:34:18.60	00:34:36.75	+00:09:41 (28.3%)	6:51	8.7 (71.3%)
37	GAJEWSKA Małgorzata	109		K OPEN	99	Tak	00:00:00	00:34:23.50	00:34:23.50	+00:09:46 (28.4%)	6:52	8.7 (71.3%)
38	KOCIK Elżbieta	44		K OPEN	101	Tak	00:00:51	00:34:42.00	00:35:33.40	+00:10:05 (29.1%)	6:56	8.6 (70.5%)

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39	WYSZKOWSKA Joanna	472		K OPEN	104	Tak	00:00:07	00:34:59.60	00:35:07.20	+00:10:22 (29.7%)	6:59	8.6 (70.5%)
40	BUCHALSKA Barbara	55		K OPEN	106	Tak	00:00:45	00:35:03.25	00:35:49.15	+00:10:26 (29.8%)	7:00	8.6 (70.5%)
41	JUNDZIŁ-BOGUSIEWICZ Paulina	178		K OPEN	107	Tak	00:00:25	00:35:05.80	00:35:31.50	+00:10:29 (29.9%)	7:01	8.6 (70.5%)
42	KOŚNIK Asia	219		K OPEN	108	Tak	00:00:13	00:35:08.00	00:35:21.75	+00:10:31 (29.9%)	7:01	8.5 (69.7%)
43	GABRYLEWICZ Katarzyna	108	DZIKUNY	K OPEN	113	Tak	00:00:37	00:35:42.80	00:36:20.35	+00:11:06 (31.1%)	7:08	8.4 (68.9%)
44	GODLEWSKA Małgorzata Natalia	117		K OPEN	119	Tak	00:00:12	00:36:52.85	00:37:05.30	+00:12:16 (33.3%)	7:22	8.1 (66.4%)
45	LACH Marta	251		K OPEN	120	Tak	00:00:49	00:36:59.45	00:37:48.45	+00:12:22 (33.5%)	7:23	8.1 (66.4%)
46	SZKODA-AMANOWICZ Beata	412	SLOW JOGGING	K OPEN	122	Tak	00:00:47	00:37:06.10	00:37:53.70	+00:12:29 (33.7%)	7:25	8.1 (66.4%)
47	JAKUBOWICZ Monika	157		K OPEN	124	Tak	00:00:11	00:38:26.55	00:38:38.40	+00:13:49 (36.0%)	7:41	7.8 (63.9%)
48	LIPIŃSKA Dorota	261		K OPEN	126	Tak	00:00:04	00:38:29.55	00:38:33.80	+00:13:52 (36.1%)	7:41	7.8 (63.9%)
49	WITKOWSKA Marta	457	BIEGNIJ PRZED SIEBIE	K OPEN	128	Tak	00:00:21	00:39:13.80	00:39:35.20	+00:14:37 (37.3%)	7:50	7.6 (62.3%)
50	HORN-STACHOWIAK Wioleta	147		K OPEN	130	Tak	00:00:22	00:40:19.40	00:40:42.30	+00:15:42 (39.0%)	8:03	7.4 (60.7%)
51	KOPIER Zuzanna	215		K OPEN	136	Tak	00:00:16	00:41:37.60	00:41:54.35	+00:17:00 (40.9%)	8:19	7.2 (59.0%)
52	FILIPKOWSKA Aleksandra	104		K OPEN	143	Tak	00:00:03	00:43:59.10	00:44:02.85	+00:19:22 (44.0%)	8:47	6.8 (55.7%)
52	SKROK Karolina	380		K OPEN	144	Tak	00:00:03	00:43:59.40	00:44:02.85	+00:19:22 (44.0%)	8:47	6.8 (55.7%)
54	SYLWANOWICZ Monika	408		K OPEN	145	Tak	00:00:46	00:44:10.50	00:44:57.00	+00:19:33 (44.3%)	8:50	6.8 (55.7%)
55	BIEGA Joanna	33		K OPEN	148	Tak	00:00:48	00:44:39.40	00:45:28.00	+00:20:02 (44.9%)	8:55	6.7 (54.9%)

Znaleziono 55 wynik(ów)