



# 14. PZLA MISTRZOSTWA POLSKI SENIORÓW W BIEGU GÓRSKIM NA KRÓTKIM DYSTANSIE

B4SPORT

**Wydarzenie:** Gorce Ultra-Trail  
**Organizator:** Fundacja Run Vegan - GUT  
**Data:** 2022-08-05  
**Miejsce:** Ochotnica Dolna  
**Dystans:** 5 km

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: OPEN

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Licencja PZLA	Drużyna 1	Start 0.001km	Czas netto 5.6km	Czas brutto 5.6km	Różn	Tempo min/km	Tempo km/h
1	<b>BODURKA Krzysztof</b>	<b>37</b>		OPEN	1	Z/1355/12		00:00:01	<b>00:32:36.50</b>	<b>00:32:36.50</b>		5:49	10.3 (100%)
2	<b>MALINA Dawid</b>	<b>18</b>	TL ROW RYBNIK	OPEN	2	Z/0420/14		00:00:01	<b>00:33:19.55</b>	<b>00:33:19.55</b>	+00:00:43 (2.2%)	5:56	10.1 (98.1%)
3	<b>JAŚTAL Piotr</b>	<b>14</b>	LKB RUDNIK	OPEN	3	Z/4873/11		00:00:01	<b>00:33:48.90</b>	<b>00:33:48.90</b>	+00:01:12 (3.6%)	6:02	9.9 (96.1%)
4	<b>LEPIARZ Sylwester</b>	<b>38</b>		OPEN	4	Z/4856/11		00:00:00	<b>00:36:03.60</b>	<b>00:36:03.60</b>	+00:03:27 (9.6%)	6:26	9.3 (90.3%)
5	<b>GADOMSKI Paweł</b>	<b>10</b>	MKS HERMES GRZYFINO	OPEN	5	Z/0311/16		00:00:01	<b>00:36:39.90</b>	<b>00:36:39.90</b>	+00:04:03 (11.1%)	6:32	9.2 (89.3%)
6	<b>DUDCZAK Michał</b>	<b>125</b>		OPEN	6	Z/1757/17		00:00:01	<b>00:36:55.45</b>	<b>00:36:55.45</b>	+00:04:18 (11.7%)	6:35	9.1 (88.3%)
7	<b>BIERNAWSKI Piotr</b>	<b>3</b>	UKS ROMER RABKA-ZDRÓJ	OPEN	7	Z/13281/21		00:00:01	<b>00:38:07.75</b>	<b>00:38:07.75</b>	+00:05:31 (14.5%)	6:48	8.8 (85.4%)
8	<b>GABRYŚ Rafał</b>	<b>9</b>	MKL BRYGADA BESKIDÓW NOWY SĄCZ	OPEN	8	Z/2509/22		00:00:01	<b>00:38:31.85</b>	<b>00:38:31.85</b>	+00:05:55 (15.4%)	6:52	8.7 (84.5%)
9	<b>SOBCZAK Henryk</b>	<b>133</b>	UKS GIMPEL NOWY TARG	OPEN	9	Z/5737/18			<b>00:38:49.90</b>	<b>00:38:49.90</b>	+00:06:13 (16.0%)	6:55	8.7 (84.5%)
10	<b>CELIŃSKA Anna</b>	<b>7</b>	KS SPRINT BIELSKO-BIAŁA	OPEN	10	Z/1882/12		00:00:02	<b>00:39:05.90</b>	<b>00:39:05.90</b>	+00:06:29 (16.6%)	6:58	8.6 (83.5%)
11	<b>GONTARCZYK Rafał</b>	<b>11</b>	RLTL OPTIMA RADOM	OPEN	11	Z/4024/11		00:00:01	<b>00:39:42.30</b>	<b>00:39:42.30</b>	+00:07:05 (17.9%)	7:05	8.5 (82.5%)
12	<b>CHŁANDA Sebastian</b>	<b>8</b>	ULKS LIPINKI	OPEN	12	Z/9038/21		00:00:01	<b>00:40:14.30</b>	<b>00:40:14.30</b>	+00:07:37 (19.0%)	7:11	8.4 (81.6%)
13	<b>FICNER Anna</b>	<b>35</b>	MKS SIECHNICE	OPEN	13	Z/2208/19		00:00:01	<b>00:40:26.15</b>	<b>00:40:26.15</b>	+00:07:49 (19.4%)	7:13	8.3 (80.6%)
14	<b>BADOWSKI Aleksander</b>	<b>1</b>	MKS POLONIA WARSZAWA	OPEN	14	Z/2342/22			<b>00:40:48.20</b>	<b>00:40:48.20</b>	+00:08:11 (20.1%)	7:17	8.2 (79.6%)

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15	<b>BROJ Marcel</b>	<b>4</b>	AZS KU POLITECHNIKI OPOLSKIEJ OPOLE	OPEN	15	Z/2047/20		00:00:01	<b>00:40:58.75</b>	<b>00:40:58.75</b>	+00:08:22 (20.4%)	7:18	8.2 (79.6%)
16	<b>CABAJ Łukasz</b>	<b>6</b>	KS HARPAGAN TARNOBRZEG	OPEN	16	Z/1833/22		00:00:01	<b>00:41:36.90</b>	<b>00:41:36.90</b>	+00:09:00 (21.6%)	7:25	8.1 (78.6%)
17	<b>ŻUCHOWSKI Daniel</b>	<b>32</b>	LKB RUDNIK	OPEN	17	Z/9354/21		00:00:01	<b>00:42:10.60</b>	<b>00:42:10.60</b>	+00:09:34 (22.7%)	7:31	8 (77.7%)
18	<b>TRACZ Paulina</b>	<b>27</b>	SBG SALCO NIEPOŁOMICE	OPEN	18	Z/2906/20		00:00:02	<b>00:42:56.30</b>	<b>00:42:56.30</b>	+00:10:19 (24.1%)	7:40	7.8 (75.7%)
19	<b>BUŻNIAK Arkadiusz</b>	<b>5</b>	MKL BRYGADA BESKIDÓW NOWY SĄCZ	OPEN	19	Z/2971/22		00:00:01	<b>00:44:17.40</b>	<b>00:44:17.40</b>	+00:11:40 (26.4%)	7:54	7.6 (73.8%)
20	<b>PRZYBYLSKI Tomasz</b>	<b>25</b>	KS SPRINTERZY.COM KRAKÓW	OPEN	20	Z/9497/21		00:00:01	<b>00:44:21.20</b>	<b>00:44:21.20</b>	+00:11:44 (26.5%)	7:55	7.6 (73.8%)
21	<b>MASŁOWSKA Martyna</b>	<b>19</b>	ULKS BYSTRZYCA KŁODZKA	OPEN	21	Z/2872/20		00:00:02	<b>00:44:36.00</b>	<b>00:44:36.00</b>	+00:11:59 (26.9%)	7:57	7.5 (72.8%)
22	<b>OBSTÓJ Karolina</b>	<b>22</b>	AZS KU POLITECHNIKI OPOLSKIEJ OPOLE	OPEN	22	Z/2496/19		00:00:02	<b>00:45:34.45</b>	<b>00:45:34.45</b>	+00:12:57 (28.4%)	8:08	7.4 (71.8%)
23	<b>PAPROCKA Urszula</b>	<b>23</b>	LKB RUDNIK	OPEN	23	Z/9353/21		00:00:02	<b>00:46:03.15</b>	<b>00:46:03.15</b>	+00:13:26 (29.2%)	8:13	7.3 (70.9%)
24	<b>SKALSKA Anna</b>	<b>26</b>	MKS-MOSM BYTOM	OPEN	24	Z/1517/22		00:00:02	<b>00:46:48.10</b>	<b>00:46:48.10</b>	+00:14:11 (30.3%)	8:21	7.2 (69.9%)
25	<b>BAZUŁKA Aleksandra</b>	<b>2</b>	SBG SALCO NIEPOŁOMICE	OPEN	25	Z/2439/20		00:00:02	<b>00:47:30.20</b>	<b>00:47:30.20</b>	+00:14:53 (31.4%)	8:28	7.1 (68.9%)
26	<b>WOJTYŁA-SIKORA Barbara</b>	<b>30</b>	KS AZS AWF KATOWICE	OPEN	26	Z/0438/11		00:00:01	<b>00:48:43.50</b>	<b>00:48:43.50</b>	+00:16:07 (33.1%)	8:41	6.9 (67.0%)
27	<b>WINIARCZYK-JADACH Beata</b>	<b>29</b>	KS AZS AWF KRAKÓW	OPEN	27	Z/13790/21			<b>00:51:15.60</b>	<b>00:51:15.60</b>	+00:18:39 (36.4%)	9:09	6.6 (64.1%)
28	<b>MAJKUT Andrzej</b>	<b>17</b>	KS HARPAGAN TARNOBRZEG	OPEN	28	Z/2460/22		00:00:02	<b>00:51:30.70</b>	<b>00:51:30.70</b>	+00:18:54 (36.7%)	9:11	6.5 (63.1%)
29	<b>MICHAŁEK Daria</b>	<b>20</b>	MKS-MOS KATOWICE	OPEN	29	Z/2282/21		00:00:02	<b>00:58:07.70</b>	<b>00:58:07.70</b>	+00:25:31 (43.9%)	10:22	5.8 (56.3%)
30	<b>WANGLER Tomasz</b>	<b>28</b>	WKS FLOTA GDYNIA	OPEN	30	Z/5001/22		00:00:02	<b>01:01:22.60</b>	<b>01:01:22.60</b>	+00:28:46 (46.9%)	10:57	5.5 (53.4%)
31	<b>KORNAŚ Marcin</b>	<b>16</b>	KL ZIEMIA KŁODZKA	OPEN	31	Z/3072/20		00:00:02	<b>01:05:41.10</b>	<b>01:05:41.10</b>	+00:33:04 (50.4%)	11:43	5.1 (49.5%)
	<b>WOSZCZEK Danuta</b>	<b>31</b>	UKS OLIMP KOZIENICE	OPEN		Z/3956/11							(0.0%)
	<b>KAPUSTA-SZYDŁAK Sylvia</b>	<b>15</b>	CWKS RESOVIA RZESZÓW	OPEN		Z/5003/22		00:00:02 DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)

Znaleziono 33 wynik(ów)