

2 BIAŁOGARDZKI BIEG SZLAKIEM GRYFA - 5 KM

B4SPORT
INTELEGENE ZAWODY SPORTOWE

Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

2 Białogardzki Bieg Szlakiem Gryfa
Białogardzkie Stowarzyszenie Aktywności Sportowej
2020-10-03
Białogard
5 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	OLICHOWSKI Mateusz	289	SURVIWAŁTEAM	1 Fala	1	00:34:56.25		6:59	8.6 (100%)
2	SOSNOWSKI Tomasz	320	FPP	1 Fala	2	00:41:01.75	+00:06:05 (14.8%)	8:12	7.3 (84.9%)
3	KRZEŚNIEWSKI Marcin	257	ROWEROWY ZAŁOM	1 Fala	3	00:43:43.60	+00:08:47 (20.1%)	8:44	6.9 (80.2%)
4	WEBER Paweł	340	FPP	3 Fala	1	00:43:57.85	+00:09:01 (20.5%)	8:47	6.8 (79.1%)
5	MARKOWSKA Iwona	275	4 FIT CROSS BIAŁOGARD	2 Fala	1	00:49:57.45	+00:15:01 (30.1%)	9:59	6 (69.8%)
6	MAZURKIEWICZ Seweryn	279		2 Fala	2	00:50:30.70	+00:15:34 (30.8%)	10:06	5.9 (68.6%)
7	RADZIEJEWSKI Paweł	303		1 Fala	4	00:54:00.90	+00:19:04 (35.3%)	10:48	5.6 (65.1%)
8	ŁAKOMIEC Maciej	269		2 Fala	3	00:54:39.75	+00:19:43 (36.1%)	10:55	5.5 (64.0%)
9	ORLON Barbara	290		1 Fala	5	00:56:22.70	+00:21:26 (38.0%)	11:16	5.3 (61.6%)
10	NIKLAS Małgorzata	283	KSF	3 Fala	2	00:56:31.25	+00:21:35 (38.2%)	11:18	5.3 (61.6%)
10	WOLANSKA Anna	351	KLUB SPORTOWY FITNESS	3 Fala	2	00:56:31.25	+00:21:35 (38.2%)	11:18	5.3 (61.6%)
12	WOJTKIEWICZ Mateusz	364		1 Fala	6	00:58:04.15	+00:23:07 (39.8%)	11:36	5.2 (60.5%)
13	KEMPROWSKA Sylwia	245		1 Fala	7	00:59:11.15	+00:24:14 (41.0%)	11:50	5.1 (59.3%)
14	KEMPROWSKI Sylwek	246		1 Fala	8	00:59:11.40	+00:24:15 (41.0%)	11:50	5.1 (59.3%)
15	STACHNIK Mirosław	322	KRIO-FAZA PRUSZKÓW	1 Fala	9	00:59:26.00	+00:24:29 (41.2%)	11:53	5 (58.1%)
16	HEJZA Katarzyna	234		1 Fala	10	01:00:33.25	+00:25:37 (42.3%)	12:06	5 (58.1%)
17	ZALEWSKA Magdalena	359	BUDIMET BIAŁOGARD	1 Fala	11	01:01:07.45	+00:26:11 (42.8%)	12:13	4.9 (57.0%)
17	ZALEWSKI Krzysztof	360	BUDIMET BIAŁOGARD	1 Fala	11	01:01:07.45	+00:26:11 (42.8%)	12:13	4.9 (57.0%)
19	SZYPULSKI Michał	332		2 Fala	4	01:01:10.00	+00:26:13 (42.9%)	12:14	4.9 (57.0%)
20	STRZELECKI Grzegorz	327	FIGA PRACOWNIA PROJEKTOWA	2 Fala	5	01:01:10.85	+00:26:14 (42.9%)	12:14	4.9 (57.0%)
21	URBAN Joanna	336	KŁOSIAKI	1 Fala	13	01:01:18.45	+00:26:22 (43.0%)	12:15	4.9 (57.0%)
22	JANOWICZ Przemysław	237	FPP	1 Fala	14	01:01:26.30	+00:26:30 (43.1%)	12:17	4.9 (57.0%)
23	SZMYT Marcin	329	SZWAGRY BIEGAJĄ	1 Fala	15	01:01:32.95	+00:26:36 (43.2%)	12:18	4.9 (57.0%)
24	TATYS Krzysztof	335		1 Fala	16	01:01:36.85	+00:26:40 (43.3%)	12:19	4.9 (57.0%)
25	RUTKOWSKJ Tomasz	307	KŁOSIAKI	1 Fala	17	01:01:40.90	+00:26:44 (43.4%)	12:20	4.9 (57.0%)
26	POŁOCZAŃSKI Piotr	301	SZWAGRY BIEGAJĄ	1 Fala	18	01:01:43.35	+00:26:47 (43.4%)	12:20	4.9 (57.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas		Tempo min/km	Tempo km/h
						netto 5km	Różn		
27	WĄSOWICZ Ewa	339		3 Fala	4	01:01:53.90	+00:26:57 (43.6%)	12:22	4.8 (55.8%)
28	STEC Andrzej	323	SZLACHETNA PACZKA WAŁCZ	3 Fala	5	01:01:54.65	+00:26:58 (43.6%)	12:22	4.8 (55.8%)
29	WYSZOMIRSKA Sylwia	356	PAINTBALL ML BYŚLAW	2 Fala	6	01:02:43.40	+00:27:47 (44.3%)	12:32	4.8 (55.8%)
30	JANUSZEWSKI Tomasz	238	PAINTBALL ML BYŚLAW	2 Fala	7	01:02:43.55	+00:27:47 (44.3%)	12:32	4.8 (55.8%)
31	WYSZOMIRSKI Marek	357	PAINTBALL ML BYŚLAW	2 Fala	8	01:02:43.65	+00:27:47 (44.3%)	12:32	4.8 (55.8%)
32	LISOWSKA Monika	268		1 Fala	19	01:02:45.85	+00:27:49 (44.3%)	12:33	4.8 (55.8%)
33	GRZELAK Karina	229		1 Fala	20	01:02:45.90	+00:27:49 (44.3%)	12:33	4.8 (55.8%)
34	KURENDA Sylwia	258		1 Fala	21	01:02:45.95	+00:27:49 (44.3%)	12:33	4.8 (55.8%)
35	GÓRALSKA Monika	226	CLUB FORMA BIAŁOGARD	2 Fala	9	01:02:51.70	+00:27:55 (44.4%)	12:34	4.8 (55.8%)
36	WIDERA Anna	342	CLUB FORMA BIAŁOGARD	2 Fala	10	01:02:55.50	+00:27:59 (44.5%)	12:35	4.8 (55.8%)
37	BAMBERSKA Barbara	202	CLUB FORMA BIAŁOGARD	2 Fala	11	01:03:02.80	+00:28:06 (44.6%)	12:36	4.8 (55.8%)
38	CEGIEŁKA Anna	214	CLUB FORMA BIAŁOGARD	2 Fala	12	01:03:05.45	+00:28:09 (44.6%)	12:37	4.8 (55.8%)
39	GRZEGORZAK Monika	228		2 Fala	13	01:05:03.70	+00:30:07 (46.3%)	13:00	4.6 (53.5%)
40	DANOWSKI Maciek	218	CLUB FORMA BIAŁOGARD	2 Fala	14	01:05:19.25	+00:30:23 (46.5%)	13:03	4.6 (53.5%)
41	STRZĄBAŁA Tomasz	326		1 Fala	22	01:05:19.90	+00:30:23 (46.5%)	13:03	4.6 (53.5%)
42	MARCINIAK Agnieszka	274	CLUB FORMA BIAŁOGARD	2 Fala	15	01:05:20.55	+00:30:24 (46.5%)	13:04	4.6 (53.5%)
43	ANIELSKI Sławomir	201		2 Fala	16	01:05:37.50	+00:30:41 (46.8%)	13:07	4.6 (53.5%)
44	DĘBSKA Kamila	220	KLUB SPORTOWY FITNESS	3 Fala	6	01:07:24.25	+00:32:28 (48.2%)	13:28	4.5 (52.3%)
45	ZIĘCINA Monika	363	KLUB SPORTOWY FITNESS	3 Fala	7	01:07:24.30	+00:32:28 (48.2%)	13:28	4.5 (52.3%)
46	DUBICKA Marta	221	KLUB SPORTOWY FITNESS	3 Fala	8	01:07:25.15	+00:32:28 (48.2%)	13:29	4.4 (51.2%)
47	GUZOWSKA Marta	231	KLUB SPORTOWY FITNESS	3 Fala	9	01:07:26.25	+00:32:30 (48.2%)	13:29	4.4 (51.2%)
48	DERDOWSKI Krzysztof	219		3 Fala	10	01:07:37.30	+00:32:41 (48.3%)	13:31	4.4 (51.2%)
49	SMUKOWSKA Alicja	318		3 Fala	11	01:07:37.70	+00:32:41 (48.3%)	13:31	4.4 (51.2%)
50	SMUKOWSKA Magda	317		3 Fala	12	01:07:37.85	+00:32:41 (48.3%)	13:31	4.4 (51.2%)
51	IWASZKO Anna	235		2 Fala	17	01:10:46.80	+00:35:50 (50.6%)	14:09	4.2 (48.8%)
52	POŻYCZKA Aleksandra	302		2 Fala	18	01:10:46.90	+00:35:50 (50.6%)	14:09	4.2 (48.8%)
53	IWASZKO Tomasz	236		2 Fala	19	01:10:56.05	+00:35:59 (50.7%)	14:11	4.2 (48.8%)
54	PILARCZYK Mirosław	296	NOREW KOWALKI	1 Fala	23	01:12:06.75	+00:37:10 (51.6%)	14:25	4.2 (48.8%)
55	SKIBIŃSKI Grzegorz	315		2 Fala	20	01:14:33.45	+00:39:37 (53.1%)	14:54	4 (46.5%)
56	SKIBIŃSKA Natalia	314		2 Fala	21	01:14:34.00	+00:39:37 (53.1%)	14:54	4 (46.5%)
57	JUJKA Dariusz	241	RAMS TRAINING HOUSE	3 Fala	13	01:15:30.35	+00:40:34 (53.7%)	15:06	4 (46.5%)
58	OSTROWSKA Barbara	292	RAMS TRAINING HOUSE	3 Fala	14	01:15:30.65	+00:40:34 (53.7%)	15:06	4 (46.5%)
59	ŻUBER Anna	365	TEXAS	2 Fala	22	01:15:42.85	+00:40:46 (53.9%)	15:08	4 (46.5%)
60	GROS Ewa	227		3 Fala	15	01:16:02.00	+00:41:05 (54.0%)	15:12	3.9 (45.3%)
61	KĘDZIERSKA Ewelina	247		3 Fala	16	01:16:02.10	+00:41:05 (54.1%)	15:12	3.9 (45.3%)
62	WODNICKA Ewa	349		3 Fala	17	01:16:02.35	+00:41:06 (54.1%)	15:12	3.9 (45.3%)
63	LIPERTOWICZ Adrianna	266	RUNBIKE GRYFICE	3 Fala	18	01:16:03.65	+00:41:07 (54.1%)	15:12	3.9 (45.3%)
64	MIKOŁAJCZAK Alicja	281		2 Fala	23	01:16:15.15	+00:41:18 (54.2%)	15:15	3.9 (45.3%)
65	ŁUGOWSKA Agnieszka	337	CLUB FORMA BIAŁOGARD	2 Fala	24	01:16:15.40	+00:41:19 (54.2%)	15:15	3.9 (45.3%)
66	LEWANDOWSKI Janusz	265		1 Fala	24	01:16:30.90	+00:41:34 (54.3%)	15:18	3.9 (45.3%)
67	ORSZULSKA Magdalena	291	WIECZORNE BIEGANIE W SZCZECINIE	1 Fala	25	01:16:32.45	+00:41:36 (54.4%)	15:18	3.9 (45.3%)
68	GAŁWA Marek	223	TEXAS	2 Fala	25	01:21:08.50	+00:46:12 (56.9%)	16:13	3.7 (43.0%)
69	GAŁWA Oliwia	224	TEXAS	2 Fala	26	01:21:09.35	+00:46:13 (57.0%)	16:13	3.7 (43.0%)
70	HAŁAS Renata	233		1 Fala	26	01:22:43.75	+00:47:47 (57.8%)	16:32	3.6 (41.9%)

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71	WASILEWSKI Rafał	338	SETKA	1 Fala	27	01:22:43.80	+00:47:47 (57.8%)	16:32	3.6 (41.9%)
72	JEŻYNA Igor	240	SETKA	1 Fala	28	01:22:44.35	+00:47:48 (57.8%)	16:32	3.6 (41.9%)
73	WASILEWSKA Karolina	244	SETKA	1 Fala	29	01:22:45.30	+00:47:49 (57.8%)	16:33	3.6 (41.9%)
74	BOROS-SMOLIŃSKA Ewelina	211		1 Fala	30	01:22:45.45	+00:47:49 (57.8%)	16:33	3.6 (41.9%)
75	ŻUKOWSKA Joanna	367	SIOSTRY SAŚIADKI	2 Fala	27	01:27:38.80	+00:52:42 (60.1%)	17:31	3.4 (39.5%)
76	KRÓL Magdalena	255	SIOSTRY SAŚIADKI	2 Fala	28	01:27:38.90	+00:52:42 (60.1%)	17:31	3.4 (39.5%)
77	ŻUCHOWSKA Izabela	366	SIOSTRY SAŚIADKI	2 Fala	29	01:27:39.40	+00:52:43 (60.1%)	17:31	3.4 (39.5%)

Znaleziono 77 wynik(ów)