



Event: 2. Bieg STARGARD DLA NIEPODLEGŁEJ
Organiser: OSiR Stargard Sp. z o.o.
Date: 2019-11-09
Place: Stargard
Distance: 5 km

2. BIEG STARGARD DLA NIEPODLEGŁEJ - 5 KM

B4SPORT



Classification: All

Place	Participant	Number	Club	Category	MCat	2.5km	Net time 5km	Gap	Pace min/km	Pace km/h
1	KABAT Damian	61	WMLKS POMORZE STARGARD	M-Open	1	00:08:13	00:16:19.54		3:15	18.4 (100%)
2	MAJDZIŃSKI Konrad	112	WMLKS POMORZE STARGARD	M-Open	2	00:08:40	00:17:48.05	+00:01:28 (8.3%)	3:33	16.9 (91.8%)
3	DZIDECZEK Michał	34	WMLKS POMORZE STARGARD	M-Open	3	00:09:05	00:18:30.69	+00:02:11 (11.8%)	3:42	16.2 (88.0%)
4	WIKTORCZYK Anna	194	WMLKS POMORZE STARGARD	K-Open	1	00:09:27	00:19:19.45	+00:02:59 (15.5%)	3:51	15.5 (84.2%)
5	SADOWSKA Milena	157	WMLKS POMORZE STARGARD	K-Open	2	00:09:44	00:19:47.08	+00:03:27 (17.4%)	3:57	15.2 (82.6%)
6	SZYMAŃSKI Paweł	179	PACZOCZIJEKOS	M-Open	4	00:09:28	00:19:47.50	+00:03:30 (17.6%)	3:57	15.2 (82.6%)
7	ŁUKASZEWSKI Sebastian	103	SZWLĄ STARGARD	M-Open	5	00:09:51	00:20:00.80	+00:03:41 (18.4%)	4:00	15 (81.5%)
8	MALEC Mariusz	113	NIEZDIAGNOZOWANI W SZALE	M-Open	6	00:10:03	00:20:35.32	+00:04:15 (20.7%)	4:07	14.6 (79.3%)
9	PELO Kacper	141		M-Open	7	00:10:03	00:20:37.58	+00:04:18 (20.9%)	4:07	14.5 (78.8%)
10	KRZEŚNIEWSKI Marcin	82	ROWEROWY ZAŁOM	M-Open	8	00:10:12	00:20:41.60	+00:04:22 (21.1%)	4:08	14.5 (78.8%)
11	PANASIUK Krzysztof	139		M-Open	9	00:10:24	00:20:48.65	+00:04:31 (21.7%)	4:09	14.4 (78.3%)
12	ANDRUSZKIEWICZ Damian	2	TEAM	M-Open	10	00:10:01	00:21:06.12	+00:04:46 (22.6%)	4:13	14.2 (77.2%)
13	KRYNICKA Małgorzata	79		K-Open	3	00:10:28	00:21:10.77	+00:04:51 (22.9%)	4:14	14.2 (77.2%)
14	ANDRUSZKIEWICZ Adrian	1	RUNNER TEAM	M-Open	11	00:10:22	00:21:14.10	+00:04:55 (23.1%)	4:15	14.1 (76.6%)
15	SZABAŁOWSKA Małgorzata	175	MKL SZCZECINEK	K-Open	4	00:10:35	00:21:14.90	+00:04:56 (23.2%)	4:15	14.1 (76.6%)
16	WINIARSKI Mariusz	196	STARGARD, JA SIĘ NIE ŚCIGAM	M-Open	12	00:10:26	00:21:25.09	+00:05:06 (23.8%)	4:17	14 (76.1%)
17	SOBAŃSKI Łukasz	165		M-Open	13	00:09:52	00:21:30.60	+00:05:13 (24.2%)	4:18	13.9 (75.5%)
18	KUNIKOWSKI Patryk	90	STARGARD JA SIĘ NIE ŚCIGAM	M-Open	14	00:10:49	00:21:37.49	+00:05:20 (24.6%)	4:19	13.9 (75.5%)
19	KUSTRA Tomek	92	KERMI POLSKS	M-Open	15	00:10:47	00:21:57.75	+00:05:40 (25.7%)	4:23	13.7 (74.5%)
20	RĘKORAJSKA Ewa	153		K-Open	5	00:10:54	00:22:02.56	+00:05:43 (25.9%)	4:24	13.6 (73.9%)
21	FIEŃKO Dariusz	39		M-Open	16	00:10:58	00:22:12.73	+00:05:54 (26.5%)	4:26	13.5 (73.4%)
22	STAŃCZYK Sławomir	167	OSIR STARGARD	M-Open	17	00:10:50	00:22:13.46	+00:05:59 (26.8%)	4:26	13.5 (73.4%)
23	KIRILOW Piotr	67		M-Open	18	00:11:05	00:22:20.39	+00:06:04 (27.1%)	4:28	13.4 (72.8%)
24	CHLEWIŃSKI Łukasz	26		M-Open	19	00:10:55	00:22:29.55	+00:06:11 (27.5%)	4:30	13.3 (72.3%)
25	SABAŁOWICZ Michał	261		M-Open	20	00:10:52	00:22:40.94	+00:06:24 (28.1%)	4:32	13.2 (71.7%)
26	PAWŁOWSKI Andrzej	140		M-Open	21	00:11:02	00:23:01.94	+00:06:43 (29.1%)	4:36	13 (70.7%)
27	JACKOWSKI Kacper	273		M-Open	22	00:11:20	00:23:01.42	+00:06:44 (29.2%)	4:36	13 (70.7%)

Place	Participant	Number	Club	Category	MCat	2.5km	Net	Gap	Pace	Pace	
							time		min/km	km/h	
							5km				
28	JAHNZ Karolina	57		K-Open	6	00:11:11	00:23:05.04	+00:06:47 (29.3%)	4:37	13 (70.7%)	
29	BAGIŃSKI Marcin	5	MUSTANGI KOBYLANKA	M-Open	23	00:11:17	00:23:09.01	+00:06:49 (29.5%)	4:37	13 (70.7%)	
30	KANICKI Marcin	65		M-Open	24	00:11:54	00:23:11.63	+00:06:56 (29.8%)	4:38	12.9 (70.1%)	
31	GOŁUCH Mateusz	47		M-Open	25	00:11:49	00:23:16.03	+00:07:01 (30.0%)	4:39	12.9 (70.1%)	
32	HOLEWIŃSKA Joanna	55		K-Open	7	00:11:52	00:23:22.11	+00:07:08 (30.4%)	4:40	12.8 (69.6%)	
33	KUKUŁA Magdalena	87	EDUS	K-Open	8	00:11:41	00:23:28.33	+00:07:10 (30.5%)	4:41	12.8 (69.6%)	
34	ZYGOŃ Artur	283		M-Open	26	00:11:47	00:23:32.99	+00:07:17 (30.8%)	4:42	12.7 (69.0%)	
35	FIEŃKO Katarzyna	40		K-Open	9	00:11:25	00:23:36.89	+00:07:18 (30.9%)	4:43	12.7 (69.0%)	
36	SOBCZAK Robert	272		M-Open	27	00:11:42	00:23:46.87	+00:07:29 (31.4%)	4:45	12.6 (68.5%)	
37	KRYNICKA Magdalena	78		K-Open	10	00:11:37	00:23:57.36	+00:07:39 (31.9%)	4:47	12.5 (67.9%)	
38	NADOLNY Przemek	127	PARKRUN SZCZECIN	M-Open	28	00:11:43	00:23:55.87	+00:07:39 (31.9%)	4:47	12.5 (67.9%)	
39	MICHALAK Jacek	122		M-Open	29	00:11:47	00:23:54.34	+00:07:39 (31.9%)	4:47	12.5 (67.9%)	
40	WASZAK Krzysztof	190		M-Open	30	00:11:50	00:23:53.64	+00:07:42 (32.0%)	4:46	12.6 (68.5%)	
41	BARWIŃSKI Sebastian	10		M-Open	31	00:11:45	00:23:50.29	+00:07:42 (32.0%)	4:46	12.6 (68.5%)	
42	TEWS Iza	181		K-Open	11	00:11:34	00:24:05.19	+00:07:46 (32.2%)	4:49	12.5 (67.9%)	
43	ŁABĘDZKI Mariusz	101	STARGARD JA SIĘ NIE ŚCIGAM	M-Open	32	00:11:58	00:24:03.40	+00:07:48 (32.3%)	4:48	12.5 (67.9%)	
44	GOCAŁ Anita	290		K-Open	12	00:11:57	00:24:11.66	+00:07:53 (32.5%)	4:50	12.4 (67.4%)	
45	BIERNACIK Michał	16		M-Open	33	00:11:54	00:24:15.05	+00:07:59 (32.8%)	4:51	12.4 (67.4%)	
46	GULBINOWICZ Paweł	52		M-Open	34	00:12:12	00:24:20.88	+00:08:04 (33.0%)	4:52	12.3 (66.8%)	
47	GOLIŃSKI Krzysztof	44	K.B. SPRINT ŚWIDWIN	M-Open	35	00:12:06	00:24:28.30	+00:08:12 (33.4%)	4:53	12.3 (66.8%)	
48	GĘBSKI Łukasz	41		M-Open	36	00:12:23	00:24:40.51	+00:08:24 (33.9%)	4:56	12.2 (66.3%)	
49	KRÓL Marcin	75	14BUJ	M-Open	37	00:12:16	00:24:36.42	+00:08:25 (34.0%)	4:55	12.2 (66.3%)	
50	LUBASIŃSKI Tomasz	99		M-Open	38	00:11:59	00:25:02.66	+00:08:46 (34.9%)	5:00	12 (65.2%)	
51	WÓJCIK Damian	201	ELEKTROBIM TEAM	M-Open	39	00:12:44	00:25:01.26	+00:08:51 (35.1%)	5:00	12 (65.2%)	
52	ŁYSON Piotr	105		M-Open	40	00:12:42	00:25:08.93	+00:08:55 (35.3%)	5:01	11.9 (64.7%)	
53	BANIAK Joanna	7	HIAB SPORTS TEAM	K-Open	13	00:12:49	00:25:26.75	+00:09:13 (36.0%)	5:05	11.8 (64.1%)	
54	BEJM Artur	12		M-Open	41	00:12:43	00:25:48.19	+00:09:31 (36.8%)	5:09	11.6 (63.0%)	
55	MAZURSKI Paweł	119		M-Open	42	00:12:38	00:25:50.34	+00:09:34 (36.9%)	5:10	11.6 (63.0%)	
56	GUTOWSKI Paweł	53	EMKA STARGARD	M-Open	43	00:12:24	00:25:53.70	+00:09:37 (37.0%)	5:10	11.6 (63.0%)	
57	ŁABACZ Monika	100		K-Open	14	00:12:29	00:25:59.46	+00:09:40 (37.1%)	5:11	11.5 (62.5%)	
58	CZYNSZAK Krystian	28	STARGARD JA SIĘ NIE ŚCIGAM	M-Open	44	00:13:19	00:25:54.09	+00:09:41 (37.2%)	5:10	11.6 (63.0%)	
59	STRZYGA Mariusz	173		M-Open	45	00:13:23	00:25:57.30	+00:09:41 (37.2%)	5:11	11.6 (63.0%)	
60	OLESZEK Krzysztof	134	STARGARD. JA SIĘ NIE ŚCIGAM	M-Open	46	00:13:23	00:26:04.64	+00:09:48 (37.5%)	5:13	11.5 (62.5%)	
61	SZCZYGIEŁ Marcin	177		M-Open	47	00:13:30	00:25:56.05	+00:09:49 (37.5%)	5:11	11.6 (63.0%)	
62	KOSZEWSKI Karol	74		M-Open	48	00:13:31	00:25:59.02	+00:09:49 (37.5%)	5:11	11.5 (62.5%)	
63	KSIĄDZ Paweł	291		M-Open	49	00:12:48	00:26:06.63	+00:09:51 (37.6%)	5:13	11.5 (62.5%)	
64	BUDZOWSKI Roman	22	WORLD UNCOVERED	M-Open	50	00:13:16	00:26:05.49	+00:09:54 (37.7%)	5:13	11.5 (62.5%)	
65	TRZECIAK Jakub	183	KALMAR RUNNERS	M-Open	51	00:13:28	00:26:07.01	+00:09:57 (37.9%)	5:13	11.5 (62.5%)	
66	KUCHTA Piotr	85	KB PIONIER SZCZECIN	M-Open	52	00:13:40	00:26:19.86	+00:10:02 (38.0%)	5:16	11.4 (62.0%)	
67	ZIEMIĘCKI Daniel	204	OSIR STARGARD	M-Open	53	00:13:27	00:26:19.14	+00:10:11 (38.4%)	5:15	11.4 (62.0%)	
68	CHUDZIK Grzegorz	27	OSIR STARGARD	M-Open	54	00:13:25	00:26:17.88	+00:10:11 (38.4%)	5:15	11.4 (62.0%)	
69	ŚLIWIŃSKA-KOPNIEWSKA Ilona	180	STARGARD JA SIĘ NIE ŚCIGAM	K-Open	15	00:13:02	00:26:39.44	+00:10:23 (38.8%)	5:19	11.3 (61.4%)	
70	KUBICKA Karolina	84	PACZOZCIJEJKOS	K-Open	16	00:13:12	00:26:42.30	+00:10:29 (39.1%)	5:20	11.2 (60.9%)	
71	JAKUBOWSKA Angelika	58	MUSTANGI KOBYLANKA	K-Open	17	00:13:11	00:26:54.51	+00:10:36 (39.3%)	5:23	11.1 (60.3%)	

Place	Participant	Number	Club	Category	MCat	2.5km	Net	Gap	Pace	Pace	
							time		min/km	km/h	
							5km				
72	GMITROWICZ Marcin	43		M-Open	55	00:13:15	00:26:56.58	+00:10:46 (39.7%)	5:23	11.1 (60.3%)	
73	KACZYŃSKA Patrycja	64	POLSKA	K-Open	18	00:13:21	00:27:11.12	+00:10:53 (39.9%)	5:26	11 (59.8%)	
74	RYBICKI Marcin	155	BEZ	M-Open	56	00:13:06	00:27:17.60	+00:10:59 (40.2%)	5:27	11 (59.8%)	
75	WALCZAK Darek	187	SZWL A STARGARD	M-Open	57	00:14:01	00:27:24.02	+00:11:11 (40.6%)	5:28	10.9 (59.2%)	
76	BOROWSKI Jan	19	ELEKTROBIM TEAM	M-Open	58	00:13:31	00:27:34.02	+00:11:24 (41.1%)	5:30	10.9 (59.2%)	
77	WICHNIAREK Maciej	191		M-Open	59	00:13:30	00:27:34.03	+00:11:25 (41.1%)	5:30	10.9 (59.2%)	
78	BOROWSKI Arkadiusz	20		M-Open	60	00:13:31	00:27:34.23	+00:11:25 (41.1%)	5:30	10.9 (59.2%)	
79	LUBASIŃSKA Agnieszka	98		K-Open	19	00:14:00	00:27:42.70	+00:11:26 (41.2%)	5:32	10.8 (58.7%)	
80	NOWAK Wiesław	131	ROWERYTUROWSKI	M-Open	61	00:14:02	00:27:51.12	+00:11:33 (41.4%)	5:34	10.8 (58.7%)	
81	ŁUTOWICZ Gabriela	104	WATAHA ŁĄCZY NAS BIEGANIE	K-Open	20	00:13:58	00:27:53.64	+00:11:40 (41.6%)	5:34	10.8 (58.7%)	
82	ZIELIŃSKA Sylwia	95	MŁODZIEŻOWY OŚRODEK SOCJOTERAPII	K-Open	21	00:13:47	00:28:00.53	+00:11:42 (41.7%)	5:36	10.7 (58.2%)	
83	GRODZIŃSKI Arkadiusz	50	STARGARDZKI KLUB MORSÓW MIEDWIANIE	M-Open	62	00:14:01	00:27:56.29	+00:11:42 (41.7%)	5:35	10.7 (58.2%)	
84	TURCZYK Marta	185		K-Open	22	00:13:38	00:28:03.97	+00:11:47 (41.9%)	5:36	10.7 (58.2%)	
84	TURCZYK Marta	185		K-Open	22	00:13:38	00:28:03.97	+00:11:47 (41.9%)	5:36	10.7 (58.2%)	
86	MACIEJEWSKI Zenon	108	SJSNŚ	M-Open	63	00:13:38	00:28:12.27	+00:11:59 (42.3%)	5:38	10.6 (57.6%)	
87	KULAZIŃSKI Tomasz	88	STARGARDZKI KLUB MORSÓWMIEDWIANIE '	M-Open	64	00:13:48	00:28:11.49	+00:12:03 (42.4%)	5:38	10.6 (57.6%)	
88	BARAN Joanna	8		K-Open	24	00:14:32	00:28:18.91	+00:12:03 (42.4%)	5:39	10.6 (57.6%)	
89	MAŁODOBRY Krzysztof	116	WKURW_TEAM	M-Open	65	00:14:04	00:28:16.24	+00:12:03 (42.4%)	5:39	10.6 (57.6%)	
90	ZABROCKI Karol	202		M-Open	66	00:13:53	00:28:27.13	+00:12:12 (42.7%)	5:41	10.5 (57.1%)	
91	KUNIKOWSKA Patrycja	89	STARGARD JA SIĘ NIE ŚCIGAM	K-Open	25	00:14:08	00:28:40.78	+00:12:23 (43.1%)	5:44	10.5 (57.1%)	
92	SOLECKI Łukasz	166		M-Open	67	00:14:45	00:28:36.82	+00:12:24 (43.1%)	5:43	10.5 (57.1%)	
93	KRÓL Marcin	76	STARGARD. JA SIĘ NIE ŚCIGAM	M-Open	68	00:13:32	00:28:41.40	+00:12:25 (43.2%)	5:44	10.5 (57.1%)	
94	KACPRZYK Piotr	63		M-Open	69	00:13:47	00:28:36.55	+00:12:27 (43.2%)	5:43	10.5 (57.1%)	
95	MAZANOWSKI Tomasz	118		M-Open	70	00:14:45	00:28:41.56	+00:12:29 (43.3%)	5:44	10.5 (57.1%)	
96	PIERZAKOWSKA Agnieszka	144		K-Open	26	00:14:22	00:28:49.89	+00:12:39 (43.6%)	5:46	10.4 (56.5%)	
97	BIDAS Tomasz	13	TOMASZ BIDAS	M-Open	71	00:14:22	00:28:50.31	+00:12:39 (43.6%)	5:46	10.4 (56.5%)	
98	BODEK Damiab	17	HIAB SPORTS TEAM	M-Open	72	00:14:47	00:28:57.48	+00:12:47 (43.9%)	5:47	10.4 (56.5%)	
99	BARTOSIEWICZ Joannna	9		K-Open	27	00:14:58	00:28:56.57	+00:12:48 (43.9%)	5:47	10.4 (56.5%)	
100	HERBA Zbigniew	54	STARGARD. JA SIĘ NIE ŚCIGAM	M-Open	73	00:14:15	00:29:05.81	+00:12:53 (44.1%)	5:49	10.3 (56.0%)	
101	SENDEREK Wiktor	159		M-Open	74	00:14:25	00:29:09.43	+00:12:56 (44.2%)	5:49	10.3 (56.0%)	
102	WITKOWSKI Radosław	197	KOSZEWO	M-Open	75	00:14:21	00:29:15.04	+00:13:08 (44.5%)	5:51	10.3 (56.0%)	
103	KUDLA Gisia	86	GORAĆE CZAJNIKI	K-Open	28	00:14:53	00:29:16.01	+00:13:08 (44.6%)	5:51	10.3 (56.0%)	
104	ŁYSON Andrzej	106		M-Open	76	00:15:13	00:29:29.14	+00:13:16 (44.8%)	5:53	10.2 (55.4%)	
105	BAUMGART Katarzyna	11	STARGARD. JA SIĘ NIE ŚCIGAM	K-Open	29	00:14:37	00:29:31.52	+00:13:18 (44.8%)	5:54	10.2 (55.4%)	
106	DOBIECKA Joanna	29	STARGARD JA SIĘ NIE SCIGAM	K-Open	30	00:14:10	00:29:33.35	+00:13:19 (44.9%)	5:54	10.1 (54.9%)	
107	NADOBNA Kamila	126	STARGARD JA SIĘ NIE SCIGAM	K-Open	31	00:14:08	00:29:33.46	+00:13:19 (44.9%)	5:54	10.1 (54.9%)	
108	URBAŃSKA-IZYDORCZYK Kinga	186	STARGARD JA SIĘ NIE SCIGAM	K-Open	32	00:14:09	00:29:33.82	+00:13:19 (44.9%)	5:54	10.1 (54.9%)	
109	DRĄG Anna	31	POLSKA	K-Open	33	00:15:06	00:29:27.49	+00:13:21 (44.9%)	5:53	10.2 (55.4%)	
110	SZLĘK Kamil	178		M-Open	77	00:14:32	00:29:36.88	+00:13:26 (45.1%)	5:55	10.1 (54.9%)	
111	KACZMARCZYK Stanisław	295		M-Open	78	00:14:50	00:29:42.75	+00:13:28 (45.2%)	5:56	10.1 (54.9%)	
112	ŻOCHOWSKI Marek	206		M-Open	79	00:14:49	00:29:36.58	+00:13:29 (45.2%)	5:55	10.1 (54.9%)	
113	SKOWROŃSKI Bogdan	296		M-Open	80	00:14:50	00:29:44.07	+00:13:29 (45.2%)	5:56	10.1 (54.9%)	
114	WOŁOWCZYK Emanuel	200		M-Open	81	00:15:06	00:29:36.16	+00:13:30 (45.2%)	5:55	10.1 (54.9%)	
115	KUSTRA Gosia	93		K-Open	34	00:14:57	00:29:50.20	+00:13:36 (45.4%)	5:58	10.1 (54.9%)	

Place	Participant	Number	Club	Category	MCat	2.5km	Net	Gap	Pace	Pace	
							time		min/km	km/h	
							5km				
116	BADOWSKI Marcin	3	STOWARZYSZENIE NASZ STARGARD	M-Open	82	00:14:13	00:30:11.14	+00:13:57 (46.0%)	6:02	9.9 (53.8%)	
117	KUBICKA Małgorzata	83	PACZOCZIKEIKOS	K-Open	35	00:14:40	00:30:28.26	+00:14:15 (46.6%)	6:05	9.8 (53.3%)	
118	MISIAK Tomasz	125		M-Open	83	00:14:43	00:30:43.67	+00:14:26 (46.9%)	6:08	9.8 (53.3%)	
119	BORKOWSKI Andrzej	18	BS FAMILY TEAM	M-Open	84	00:14:52	00:30:47.29	+00:14:33 (47.1%)	6:09	9.7 (52.7%)	
120	DZIWIŚZ Bogusława	35		K-Open	36	00:15:14	00:30:42.51	+00:14:36 (47.2%)	6:08	9.8 (53.3%)	
121	WALKOWIAK Marysia	188		K-Open	37	00:14:54	00:30:51.72	+00:14:40 (47.3%)	6:10	9.7 (52.7%)	
122	SENDEREK Ewelina	158		K-Open	38	00:15:12	00:31:32.89	+00:15:21 (48.4%)	6:18	9.5 (51.6%)	
123	GOŁUCH Magdalena	48		K-Open	39	00:15:50	00:32:07.13	+00:15:54 (49.3%)	6:25	9.3 (50.5%)	
124	ŁAZAROWICZ Emilia	36		K-Open	40	00:16:13	00:32:25.21	+00:16:18 (49.9%)	6:29	9.3 (50.5%)	
125	PŁUCIENNIK Patryk	148		M-Open	85	00:16:13	00:32:29.14	+00:16:21 (50.0%)	6:29	9.2 (50.0%)	
126	MARKANICZ Marlena	117	1982	K-Open	41	00:15:58	00:32:42.49	+00:16:27 (50.2%)	6:32	9.2 (50.0%)	
127	MAŁECKI Artur	115		M-Open	86	00:16:10	00:33:02.15	+00:16:49 (50.7%)	6:36	9.1 (49.5%)	
128	SETA Krysia	161	MONIAGYM	K-Open	42	00:16:23	00:33:03.59	+00:16:53 (50.8%)	6:36	9.1 (49.5%)	
129	KLEJNOWSKA Kamila	69	STARGARD. JA SIĘ NIE ŚCIGAM	K-Open	43	00:16:27	00:33:08.51	+00:16:54 (50.8%)	6:37	9.1 (49.5%)	
130	BIELAŃSKI Krzysztof	14	PACZOCZIJEJKOS	M-Open	87	00:16:26	00:33:04.72	+00:16:57 (50.9%)	6:37	9.1 (49.5%)	
131	OSIADACZ Iwona	136		K-Open	44	00:16:33	00:33:13.00	+00:16:57 (50.9%)	6:38	9 (48.9%)	
132	REGÓLSKA Anna	152		K-Open	45	00:16:27	00:33:14.18	+00:17:01 (51.0%)	6:39	9 (48.9%)	
133	KRZEMIŃSKA Karolina	81		K-Open	46	00:16:14	00:33:17.56	+00:17:07 (51.1%)	6:39	9 (48.9%)	
134	STRZEMIŃSKI Bartłomiej	172		M-Open	88	00:16:13	00:33:16.65	+00:17:07 (51.1%)	6:39	9 (48.9%)	
135	PŁUCIENNIK Andrzej	147		M-Open	89	00:16:06	00:33:16.60	+00:17:07 (51.1%)	6:39	9 (48.9%)	
136	RYBICKI Zbigniew	156	BRAK	M-Open	90	00:16:19	00:33:29.65	+00:17:13 (51.3%)	6:42	9 (48.9%)	
137	GRUŻEWSKI Wacław	51	STARGARD JA SIĘ NIE ŚCIGAM.	M-Open	91	00:16:20	00:33:30.66	+00:17:13 (51.3%)	6:42	9 (48.9%)	
138	KUNKA Konrad	91	ELEKTROBIM TEAM	M-Open	92	00:16:23	00:33:24.87	+00:17:16 (51.3%)	6:40	9 (48.9%)	
139	PACH Magdalena	138		K-Open	47	00:16:27	00:33:38.33	+00:17:29 (51.7%)	6:43	8.9 (48.4%)	
140	JARCZEWSKA Renata	59	-	K-Open	48	00:16:33	00:33:50.52	+00:17:43 (52.0%)	6:46	8.9 (48.4%)	
141	STELMACH Artur	171	GORAĆE CZAJNIKI	M-Open	93	00:16:38	00:34:04.10	+00:17:56 (52.3%)	6:48	8.8 (47.8%)	
142	PIEKARSKA Wioletta	143	GORAĆE CZAJNIKI	K-Open	49	00:16:38	00:34:13.22	+00:18:05 (52.5%)	6:50	8.8 (47.8%)	
143	RUNO Ela	154	STARGARD. JA SIĘ NIE ŚCIGAM	K-Open	50	00:17:14	00:34:49.52	+00:18:35 (53.2%)	6:57	8.6 (46.7%)	
144	ORZECZOWSKA Ewelina	135	BRAK	K-Open	51	00:17:11	00:35:10.85	+00:19:02 (53.8%)	7:02	8.5 (46.2%)	
145	MEDZIŃSKI Małgorzata	120		K-Open	52	00:17:01	00:35:42.19	+00:19:27 (54.3%)	7:08	8.4 (45.7%)	
146	MEDZIŃSKI Dariusz	121		M-Open	94	00:17:01	00:35:42.57	+00:19:27 (54.3%)	7:08	8.4 (45.7%)	
147	MALEC Edyta	114	NIEZDIAGNOZOWANI W SZALE	K-Open	53	00:18:11	00:36:33.66	+00:20:27 (55.6%)	7:18	8.2 (44.6%)	
148	WIECZORKIEWICZ Ryszard	192	RYŚ BANDA	M-Open	95	00:18:11	00:36:35.24	+00:20:28 (55.6%)	7:19	8.2 (44.6%)	
149	MACUDZIŃSKI Adam	111	PYRZYCE BIEGAJĄ	M-Open	96	00:18:22	00:37:12.63	+00:21:07 (56.4%)	7:26	8.1 (44.0%)	
150	ZARĘBSKI Mirosław	203	PYRZYCE BIEGAJĄ	M-Open	97	00:18:17	00:37:11.09	+00:21:07 (56.4%)	7:26	8.1 (44.0%)	
151	MACUDZIŃSKA Małgorzata	110	PYRZYCE BIEGAJĄ	K-Open	54	00:18:23	00:37:12.08	+00:21:08 (56.4%)	7:26	8.1 (44.0%)	
152	HUSZCZA Piotr	56	PYRZYCE BIEGAJĄ	M-Open	98	00:18:00	00:37:10.19	+00:21:08 (56.4%)	7:26	8.1 (44.0%)	
153	KOBUS Kasia	70	PYRZYCE BIEGAJĄ	K-Open	55	00:18:04	00:37:12.45	+00:21:08 (56.4%)	7:26	8.1 (44.0%)	
154	PILARSKA Iwona	145	PYRZYCE BIEGAJĄ	K-Open	56	00:18:02	00:37:13.51	+00:21:08 (56.4%)	7:26	8.1 (44.0%)	
155	GLISZCZYŃSKA Anna	42	PYRZYCE BIEGAJĄ	K-Open	57	00:18:01	00:37:14.12	+00:21:08 (56.4%)	7:26	8.1 (44.0%)	
156	KOMAR Ania	72	PYRZYCE BIEGAJĄ	K-Open	58	00:18:02	00:37:14.34	+00:21:09 (56.4%)	7:26	8.1 (44.0%)	
157	NIEKOREK Sebastian	130	PYRZYCE BIEGAJĄ	M-Open	99	00:18:00	00:37:12.35	+00:21:09 (56.4%)	7:26	8.1 (44.0%)	
158	WILKOWSKI Tomasz	195	PYRZYCE BIEGAJĄ	M-Open	100	00:18:03	00:37:12.45	+00:21:09 (56.4%)	7:26	8.1 (44.0%)	
159	BULSA Iwona	24	PYRZYCE BIEGAJĄ	K-Open	59	00:18:22	00:37:14.00	+00:21:09 (56.4%)	7:26	8.1 (44.0%)	

Place	Participant	Number	Club	Category	MCat	2.5km	Net time 5km	Gap	Pace min/km	Pace km/h
160	DWORCZYK Magdalena	33	PYRZYCE BIEGAJA	K-Open	60	00:18:01	00:37:14.67	+00:21:10 (56.4%)	7:26	8.1 (44.0%)
161	KACPRZAK Ireneusz	62	PYRZYCE BIEGAJA	M-Open	101	00:18:18	00:37:13.20	+00:21:10 (56.4%)	7:26	8.1 (44.0%)
162	BULSA Marcin	23	PYRZYCE BIEGAJA	M-Open	102	00:18:24	00:37:14.30	+00:21:10 (56.4%)	7:27	8.1 (44.0%)
163	KRUCZEK Monika	77	PYRZCE BIEGAJA	K-Open	61	00:18:22	00:37:16.52	+00:21:10 (56.4%)	7:27	8.1 (44.0%)
164	GOLUCH Ilona	46	PYRZYCE BIEGAJA	K-Open	62	00:18:05	00:37:14.70	+00:21:10 (56.4%)	7:27	8.1 (44.0%)
165	GOLUCH Adam	45	PYRZYCE BIEGAJA	M-Open	103	00:18:04	00:37:14.69	+00:21:11 (56.4%)	7:26	8.1 (44.0%)
166	SIWICKA Aleksandra	163		K-Open	63	00:18:22	00:37:13.37	+00:21:11 (56.4%)	7:26	8.1 (44.0%)
167	GRODZIŃSKA Agnieszka	49	STARGARDZIE KLUB MORSÓWMIEDWIANIE	K-Open	64	00:18:09	00:37:24.82	+00:21:13 (56.5%)	7:29	8 (43.5%)
168	KISICKA Joanna	68	STARGARDZKI KLUB MORSÓW MIEDWIANIE	K-Open	65	00:18:09	00:37:24.94	+00:21:14 (56.5%)	7:29	8 (43.5%)

Total 168 results.