



## 2. BIEG STARGARD DLA NIEPODLEGŁEJ - MARSZ NORDIC WALKING 5 KM

B4SPORT

**Event:** 2. Bieg STARGARD DLA NIEPODLEGŁEJ  
**Organiser:** OSIR Stargard Sp. z o.o.  
**Date:** 2019-11-09  
**Place:** Stargard  
**Distance:** 5 km



Classification: M-Open

Place	Participant	Number	Club	Category	MCat	2.5km	Net time 5km	Gap	Pace min/km	Pace km/h
1	<b>DOŁĘGOWSKI Marek</b>	<b>30</b>		M-Open	1	00:17:01	<b>00:34:04.56</b>		6:48	8.8 (100%)
2	<b>BIELAŃSKI Mirosław</b>	<b>15</b>	PACZOCZIKAJKOS	M-Open	2	00:18:12	<b>00:36:27.87</b>	+00:02:23 (6.6%)	7:17	8.2 (93.2%)
3	<b>STEFANICKI Marek</b>	<b>170</b>	WŁÓCZYKIJE ŚWINOUJSCIE	M-Open	3	00:18:11	<b>00:37:09.50</b>	+00:03:04 (8.3%)	7:25	8.1 (92.0%)
4	<b>TROJANOWSKI Krzysztof</b>	<b>182</b>	STARGARDZKI KLUB MORSÓW MIEDWIANIE	M-Open	4	00:19:48	<b>00:39:51.64</b>	+00:05:47 (14.5%)	7:58	7.5 (85.2%)
5	<b>LEDZION Robert</b>	<b>287</b>		M-Open	5	00:19:55	<b>00:40:51.80</b>	+00:06:47 (16.6%)	8:10	7.3 (83.0%)
6	<b>FALEŃSKI Rafał</b>	<b>38</b>		M-Open	6	00:21:07	<b>00:43:05.22</b>	+00:09:00 (20.9%)	8:37	7 (79.5%)
7	<b>LER Andrzej</b>	<b>97</b>	STARGARD. JA SIĘ NIE ŚCIGAM	M-Open	7	00:23:40	<b>00:47:13.78</b>	+00:13:09 (27.9%)	9:26	6.4 (72.7%)
8	<b>SWJATECKI Jerzy</b>	<b>174</b>	SZCZECIN	M-Open	8	00:23:40	<b>00:48:33.51</b>	+00:14:28 (29.8%)	9:42	6.2 (70.5%)
9	<b>KUŚMIERSKI Roman</b>	<b>94</b>	SKM MIDWIANIE	M-Open	9	00:24:51	<b>00:51:40.73</b>	+00:17:36 (34.1%)	10:20	5.8 (65.9%)
10	<b>MACIEJEWSKI Henryk</b>	<b>109</b>	SZWLA I SKM MIEDWIANIE	M-Open	10	00:28:13	<b>00:51:41.52</b>	+00:17:36 (34.1%)	10:20	5.8 (65.9%)

Total 10 results.