



2 OTWARTE MISTRZOSTWA POLSKI PAR NORDIC WALKING - 12,6 KM

B4SPORT
INTELLIGENT SPORTS

Wydarzenie: 2 OTWARTE MISTRZOSTWA POLSKI PAR NORDIC WALKING
Organizator: Polskie Zrzeszenie Nordic Walking
Data: 2022-08-13
Miejsce: Radom
Dystans: 12,6km km



Klasyfikacja: Wszyscy

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Żółta kartka | Czerwona kartka | 2.1km | 4.2km | 6.3km | 8.4km | 10.5km | Czas netto 12.6km | Różn | Tempo min/km | Tempo km/h |
|-----|---|-----------|--------------------------------|----------------|------|--------------|-----------------|----------|----------|----------|----------|----------|--------------------|-------------------|--------------|-------------|
| 1 | WOJTOWICZ Tomasz , NIEPOKÓJ Radosław | 45 | GMINA MIEJSCE PIASTOWE | Męska | 1 | | | 00:12:51 | 00:25:51 | 00:38:37 | 00:51:42 | 01:04:10 | 01:17:19.40 | | 6:08 | 9.8 (100%) |
| 2 | SOKOŁOWSKI Marek , WILUSZ Erwina | 44 | PERŁY PODKARPACIA | Mieszana | 1 | | | 00:12:47 | 00:26:55 | 00:40:43 | 00:54:13 | 01:08:18 | 01:22:05.52 | +00:04:46 (5.8%) | 6:30 | 9.2 (93.9%) |
| 3 | HELWICH Stefan , GAJEWSKI Eugeniusz | 19 | KGHM METRACO | Męska 60+ | 1 | | | 00:13:29 | 00:27:29 | 00:41:02 | 00:54:56 | 01:08:30 | 01:22:40.47 | +00:05:21 (6.5%) | 6:33 | 9.1 (92.9%) |
| 4 | KUBISZYN Mirosław , KUBISZYN Małgorzata | 24 | SPRING HORYNIEC-ZDRÓJ | Para małżeńska | 1 | | | 00:14:01 | 00:27:13 | 00:41:34 | 00:54:57 | 01:09:49 | 01:23:18.31 | +00:05:58 (7.2%) | 6:36 | 9.1 (92.9%) |
| 5 | OKRZESIK-FRĄCKOWIAK Izabela , FRĄCKOWIAK Roman | 32 | EKSPEDYCJA NORDIC TEAMSZCZECIN | Para małżeńska | 2 | | | 00:14:55 | 00:28:17 | 00:42:40 | 00:56:15 | 01:11:03 | 01:24:44.64 | +00:07:25 (8.8%) | 6:43 | 8.9 (90.8%) |
| 6 | GUTOWSKA Magdalena , ROŻYNEK Miron | 36 | KGHM METRACO | Mieszana | 2 | | | 00:15:13 | 00:28:35 | 00:43:47 | 00:57:07 | 01:12:28 | 01:25:55.79 | +00:08:36 (10.0%) | 6:49 | 8.8 (89.8%) |
| 7 | KUBISZYN Tadeusz , KUBISZYN Wiesława | 23 | SPRING HORYNIEC ZDRÓJ | Para małżeńska | 3 | | | 00:13:44 | 00:28:32 | 00:42:27 | 00:57:30 | 01:11:45 | 01:26:46.70 | +00:09:27 (10.9%) | 6:53 | 8.7 (88.8%) |
| 8 | RYKAŁA Irena , RYKAŁA Tomasz | 37 | SPRING HORYNIEC-ZDRÓJ | Para małżeńska | 4 | | | 00:13:58 | 00:28:44 | 00:43:21 | 00:58:06 | 01:12:40 | 01:27:31.14 | +00:10:11 (11.6%) | 6:56 | 8.6 (87.8%) |
| 9 | HRYCIUK Waldemar , HRYCIUK Teresa | 20 | TKKF KRZNA BIAŁA PODLASKA | Para małżeńska | 5 | | | 00:14:22 | 00:29:07 | 00:43:31 | 00:58:27 | 01:12:58 | 01:28:23.38 | +00:11:03 (12.5%) | 7:00 | 8.6 (87.8%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Żółta kartka | Czerwona kartka | 2.1km | 4.2km | 6.3km | 8.4km | 10.5km | Czas | | Tempo min/km | Tempo km/h |
|-----|---|-----------|-----------------------------------|-------------------------|------|--------------|-----------------|----------|----------|----------|----------|----------|--------------------|-------------------|--------------|-------------|
| | | | | | | | | | | | | | netto | Różn | | |
| 10 | WRÓŃSKI Włodzimierz , ADAMCZYK Adam | 48 | | Męska 60+ | 2 | | | 00:14:45 | 00:29:27 | 00:44:21 | 00:59:42 | 01:15:04 | 01:30:18.05 | +00:12:58 (14.4%) | 7:10 | 8.4 (85.7%) |
| 11 | KUŁAKOWSKA Halina , POLAK Łukasz | 25 | MOŻE SIĘ UDA TEAM | Mieszana | 3 | | | 00:15:17 | 00:30:13 | 00:45:28 | 01:00:12 | 01:15:34 | 01:30:37.58 | +00:13:18 (14.7%) | 7:11 | 8.3 (84.7%) |
| 12 | TUZIMEK Jakub , JÓWKO Paweł | 42 | KUR-TEAM | Męska | 2 | 4 | | 00:14:41 | 00:30:05 | 00:45:31 | 01:01:13 | 01:16:27 | 01:32:28.12 | +00:15:08 (16.4%) | 7:20 | 8.2 (83.7%) |
| 13 | DOBOSZ Anna , CZŁAPSKI Krzysztof | 8 | NW CZŁAPSKI TEAM | Mieszana | 4 | | | 00:17:08 | 00:31:05 | 00:48:23 | 01:02:07 | 01:19:42 | 01:33:44.53 | +00:16:25 (17.5%) | 7:26 | 8.1 (82.7%) |
| 14 | LEGOCKA - WALCZAK Kinga , WALCZAK Grzegorz | 43 | ARIDA SILVA ATHLETICA | Para małżeńska | 6 | | | 00:16:15 | 00:31:27 | 00:47:44 | 01:03:35 | 01:19:56 | 01:36:04.57 | +00:18:45 (19.5%) | 7:37 | 7.9 (80.6%) |
| 15 | KASPEREK Edyta , PODSIADŁY Stanisław | 22 | NW CZŁAPSKI TEAM | Mieszana | 5 | | | 00:16:05 | 00:31:54 | 00:48:15 | 01:04:12 | 01:20:41 | 01:36:33.41 | +00:19:14 (19.9%) | 7:39 | 7.8 (79.6%) |
| 16 | STACHOWIAK Magdalena , STACHOWIAK Tomasz | 39 | STĘSZEW TEAM | Para małżeńska | 7 | 1 | | 00:16:46 | 00:31:38 | 00:49:11 | 01:03:59 | 01:22:03 | 01:36:52.35 | +00:19:32 (20.2%) | 7:41 | 7.8 (79.6%) |
| 17 | DOBROWOLSKI Dariusz , STOLARCZYK Daniel | 9 | | Niepełnosprawność gr. B | 1 | 1 | | 00:15:21 | 00:31:49 | 00:48:20 | 01:05:10 | 01:21:17 | 01:38:11.25 | +00:20:51 (21.2%) | 7:47 | 7.7 (78.6%) |
| 18 | ŚCIBIOR Robert , TUZIMEK Agata | 41 | KUR-TEAM | Mieszana | 6 | | | 00:17:34 | 00:33:05 | 00:50:33 | 01:06:02 | 01:22:57 | 01:38:22.97 | +00:21:03 (21.4%) | 7:48 | 7.7 (78.6%) |
| 19 | HANUS Joanna , GRYGOROWICZ Bogdan | 18 | KGHM METRACO | Niepełnosprawność gr. B | 2 | | | 00:16:55 | 00:33:20 | 00:50:21 | 01:06:48 | 01:23:51 | 01:40:16.68 | +00:22:57 (22.9%) | 7:57 | 7.5 (76.5%) |
| 20 | KUTA Marta , KUTA Dariusz | 26 | KUR-TEAM | Para małżeńska | 8 | | | 00:16:29 | 00:32:54 | 00:49:59 | 01:06:39 | 01:23:49 | 01:40:31.22 | +00:23:11 (23.1%) | 7:58 | 7.5 (76.5%) |
| 21 | POCHEĆ Mariola , PACYNA Piotr | 33 | BIEGIEM RADOM ! | Mieszana | 7 | | | 00:18:28 | 00:33:11 | 00:51:27 | 01:06:25 | 01:25:25 | 01:40:36.34 | +00:23:16 (23.1%) | 7:59 | 7.5 (76.5%) |
| 22 | CZARNOTA Wanda , CZARNOTA Andrzej | 7 | Z NURTEM SAWY NORDIC WALKING KLUB | Mieszana 60+ | 1 | 1 | | 00:18:01 | 00:33:52 | 00:51:17 | 01:07:14 | 01:24:40 | 01:40:39.41 | +00:23:20 (23.2%) | 7:59 | 7.5 (76.5%) |
| 23 | BORKOWSKI Jerzy , BORKOWSKA Hanna | 4 | BIEGIEM RADOM | Mieszana 60+ | 2 | 1 | | 00:16:11 | 00:34:16 | 00:49:43 | 01:08:02 | 01:23:11 | 01:41:20.00 | +00:24:00 (23.7%) | 8:02 | 7.5 (76.5%) |
| 24 | PYSZCZAK Joanna , PYSZCZAK Piotr | 34 | KUR-TEAM | Para małżeńska | 9 | | | 00:18:34 | 00:33:36 | 00:52:38 | 01:07:59 | 01:27:19 | 01:42:36.29 | +00:25:16 (24.6%) | 8:08 | 7.4 (75.5%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Żółta kartka | Czerwona kartka | 2.1km | 4.2km | 6.3km | 8.4km | 10.5km | Czas netto 12.6km | Różn | Tempo min/km | Tempo km/h |
|-----|--|-------|-------------------|-------------------------|------|--------------|-----------------|----------|----------|----------|----------|----------|--------------------|-------------------|--------------|-------------|
| 25 | DUSZEŃKO Elwira , DUSZEŃKO Zygmunt | 11 | KGHM METRACO | Niepełnosprawność gr. A | 1 | | | 00:18:39 | 00:33:36 | 00:52:43 | 01:07:58 | 01:27:36 | 01:43:07.93 | +00:25:48 (25.0%) | 8:11 | 7.3 (74.5%) |
| 26 | BARTOSZEK Mateusz , FLOREK Julia | 1 | | Mieszana | 8 | 1 | | 00:18:02 | 00:34:51 | 00:53:02 | 01:10:00 | 01:27:49 | 01:44:56.47 | +00:27:37 (26.3%) | 8:19 | 7.2 (73.5%) |
| 27 | MUSZ Monika , PODLEWSKI Łukasz | 47 | ENEA NOWA ENERGIA | Mieszana | 9 | | | 00:19:05 | 00:34:54 | 00:53:53 | 01:09:51 | 01:29:07 | 01:45:21.34 | +00:28:01 (26.6%) | 8:21 | 7.2 (73.5%) |
| 28 | GOLECKA Agnieszka , NOSAL Bronisław | 17 | | Mieszana 60+ | 3 | 1 | | 00:18:50 | 00:36:31 | 00:55:13 | 01:13:10 | 01:31:57 | 01:50:18.28 | +00:32:58 (29.9%) | 8:45 | 6.9 (70.4%) |
| 29 | NIEZABITOWSKA Renata , PŁUCHOWSKA Betnardetta | 31 | KUR-TEAM | Żeńska | 1 | | | 00:16:38 | 00:36:07 | 00:53:51 | 01:13:27 | 01:31:15 | 01:50:58.32 | +00:33:38 (30.3%) | 8:48 | 6.8 (69.4%) |
| 30 | JÓWKO Karolina , WRONKA Gabriela | 21 | KUR-TEAM | Żeńska | 2 | | | 00:18:06 | 00:37:57 | 00:56:17 | 01:16:10 | 01:34:16 | 01:53:34.06 | +00:36:14 (31.9%) | 9:00 | 6.7 (68.4%) |
| 31 | DZIEDZIC Agnieszka , DZIEDZIC Paweł | 12 | NW CZŁAPSKI TEAM | Para małżeńska | 10 | 1 | | 00:19:40 | 00:38:16 | 00:57:54 | 01:16:36 | 01:36:41 | 01:55:27.32 | +00:38:07 (33.0%) | 9:09 | 6.5 (66.3%) |
| 32 | CIAGAŁA Wioletta , CIAGAŁA Tomasz | 5 | NW CZŁAPSKI TEAM | Mieszana 60+ | 4 | 1 | | 00:20:43 | 00:38:41 | 00:59:39 | 01:17:37 | 01:38:35 | 01:56:13.37 | +00:38:53 (33.5%) | 9:13 | 6.5 (66.3%) |

Znaleziono 32 wynik(ów)