



# ЗИМНИЙ КУБОК ПО БЕГУ "АВГУСТОВСКИЙ КАНАЛ 2018"

B4SPORT

**Organizator:** BFNW  
**Data:** 2018-02-03  
**Miejsce:** Grodno  
**Dystans:** 10 km

**HERKULES**  
[www.herkules.org.pl](http://www.herkules.org.pl)

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start All 2.5km	Start All 5km	Start All 7.5km	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	КОШУР Александр	136	'ЛОКОМОТИВ'	M20-35	1	00:09:37	00:19:03	00:28:22	<b>00:37:42.20</b>		3:46	15.9 (100%)
2	ВАСЮКОВИЧ Сергей	126	ВИКТОРИЯ	M20-35	2	00:09:40	00:19:28	00:29:15	<b>00:38:57.80</b>	+00:01:15 (3.2%)	3:53	15.4 (96.9%)
3	YARAVY Baryslau	110	RUN4FUN.BY	M20-35	3	00:09:37	00:19:27	00:29:13	<b>00:39:07.85</b>	+00:01:25 (3.6%)	3:54	15.3 (96.2%)
4	ЛЕОНОВ Иван	141	БОДРОСТЬ	M20-35	4	00:09:45	00:19:40	00:29:36	<b>00:39:38.20</b>	+00:01:56 (4.9%)	3:57	15.1 (95.0%)
5	KOZAK Arkadiusz	100	TKKF KOSZALIN	M36-49	1	00:09:37	00:19:28	00:29:37	<b>00:40:01.70</b>	+00:02:19 (5.8%)	4:00	15 (94.3%)
6	KATOLIKAU Raman	124	XTRAIL_TEAM	M20-35	5	00:10:24	00:20:50	00:31:20	<b>00:41:39.40</b>	+00:03:57 (9.5%)	4:10	14.4 (90.6%)
7	ЛЯНГА Александр	102	RUN4FUN.BY	M20-35	6	00:10:11	00:20:57	00:31:47	<b>00:42:18.30</b>	+00:04:36 (10.9%)	4:13	14.2 (89.3%)
8	СHEMODANOV Alexey	111	RUN4FUN.BY	M20-35	7	00:10:10	00:20:57	00:31:48	<b>00:42:30.50</b>	+00:04:48 (11.3%)	4:15	14.1 (88.7%)
9	SHYLA Aliaksandr	120	RUN4FUN.BY	M20-35	8	00:10:35	00:21:17	00:32:00	<b>00:42:33.45</b>	+00:04:51 (11.4%)	4:15	14.1 (88.7%)
10	ВОЛОКОЛОВСКИЙ Антон	135	'ЛОКОМОТИВ'	M20-35	9	00:10:45	00:21:59	00:33:34	<b>00:44:30.40</b>	+00:06:48 (15.3%)	4:27	13.5 (84.9%)
11	KULESH Pawel	122		M20-35	10	00:10:44	00:21:44	00:33:07	<b>00:44:48.10</b>	+00:07:05 (15.8%)	4:28	13.4 (84.3%)
12	БУРАК Павел	103		M20-35	11	00:11:37	00:23:18	00:34:23	<b>00:45:05.55</b>	+00:07:23 (16.4%)	4:30	13.3 (83.6%)
13	ГОРОВОЙ Андрей	118	SKIDELRUN :)	M36-49	2	00:11:05	00:22:36	00:34:21	<b>00:45:34.95</b>	+00:07:52 (17.3%)	4:33	13.2 (83.0%)
14	ВИНЕНКО Александр	115	RUN4FUN.BY	M36-49	3	00:11:21	00:23:15	00:35:10	<b>00:46:41.15</b>	+00:08:58 (19.2%)	4:40	12.8 (80.5%)
15	ШОТ Дмитрий	117	SKIDELRUN :)	M20-35	12	00:11:48	00:23:34	00:35:16	<b>00:46:54.30</b>	+00:09:12 (19.6%)	4:41	12.8 (80.5%)
16	МОТОРНЫЙ Владимир	133	RUN4FUN.BY	M36-49	4	00:11:31	00:23:28	00:35:26	<b>00:47:00.05</b>	+00:09:17 (19.8%)	4:42	12.8 (80.5%)
17	ОСКИРКО Святослав	134	RUN4FUN.BY	M20-35	13	00:11:37	00:23:18	00:35:32	<b>00:47:33.40</b>	+00:09:51 (20.7%)	4:45	12.6 (79.2%)
18	ВЫБОРНЫЙ Александр	140	АМАТАР	M20-35	14	00:11:06	00:23:21	00:36:05	<b>00:48:27.40</b>	+00:10:45 (22.2%)	4:50	12.4 (78.0%)
19	ПАВЛЕНКО Юрий	121		M20-35	15	00:11:43	00:23:53	00:36:33	<b>00:48:36.75</b>	+00:10:54 (22.4%)	4:51	12.3 (77.4%)
20	РАСНКОВСКИJ Sergej	142		M20-35	16	00:12:05	00:25:04	00:38:04	<b>00:50:48.55</b>	+00:13:06 (25.8%)	5:04	11.8 (74.2%)
21	МОРОЗОВА Наталья	105	ГРОДНООБЛСПОРТ	K50+	1	00:12:11	00:25:05	00:38:13	<b>00:51:26.15</b>	+00:13:43 (26.7%)	5:08	11.7 (73.6%)
22	МАКАS Aleksander	181		M20-35	17	00:12:21	00:25:38	00:39:09	<b>00:51:39.75</b>	+00:13:57 (27.0%)	5:10	11.6 (73.0%)
23	КУЛИК Ольга	108	НЕМИГА-НОРД	K36-49	1	00:12:27	00:25:30	00:38:42	<b>00:51:57.20</b>	+00:14:15 (27.4%)	5:11	11.5 (72.3%)
24	FEDIOV Kirill	128	RUN4FUN.BY	M20-35	18	00:12:14	00:25:08	00:38:30	<b>00:52:06.90</b>	+00:14:24 (27.7%)	5:12	11.5 (72.3%)
25	ГЕРАСИМОВ Денис	139	RUN4FUN.BY	M36-49	5	00:12:06	00:25:19	00:38:48	<b>00:52:33.90</b>	+00:14:51 (28.3%)	5:15	11.4 (71.7%)
26	ВІЕЛАЕВ Aleksander	144		M19	1	00:12:32	00:25:52	00:39:18	<b>00:52:41.75</b>	+00:14:59 (28.5%)	5:16	11.4 (71.7%)
27	СТУПАКЕВИЧ Анна	113	RUN4FUN.BY	K36-49	2	00:12:58	00:26:07	00:39:41	<b>00:53:10.25</b>	+00:15:28 (29.1%)	5:19	11.3 (71.1%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start_All 2.5km	Start_All 5km	Start_All 7.5km	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
72		<b>150</b>		M-OPEN	31							(0.0%)
73		<b>171</b>		M-OPEN	32							(0.0%)
74		<b>157</b>		M-OPEN	33							(0.0%)
75		<b>170</b>		M-OPEN	34							(0.0%)
76		<b>156</b>		M-OPEN	35							(0.0%)
77		<b>162</b>		M-OPEN	36							(0.0%)
78		<b>155</b>		M-OPEN	37							(0.0%)
79		<b>172</b>		M-OPEN	38							(0.0%)
80		<b>186</b>		M-OPEN	39							(0.0%)
81		<b>166</b>		M-OPEN	40							(0.0%)
82		<b>189</b>		M-OPEN	41							(0.0%)
83		<b>188</b>		M-OPEN	42							(0.0%)
84		<b>168</b>		M-OPEN	43							(0.0%)
85		<b>197</b>		M-OPEN	44							(0.0%)
86		<b>158</b>		M-OPEN	45							(0.0%)
87		<b>152</b>		M-OPEN	46							(0.0%)
88		<b>185</b>		M-OPEN	47							(0.0%)
89		<b>198</b>		M-OPEN	48							(0.0%)
90	<b>БАСАЛАЕВ Александр</b>	<b>109</b>		M36-49	10							(0.0%)

Znaleziono 90 wynik(ów)