



**Wydarzenie:**  
**Organizator:**  
**Data:**  
**Miejsce:**  
**Dystans:**

## 24KM KTÓRĘDY NA LUBAŃ - GUT WINTER

Gorce Ultra Trail - Winter  
Fundacja Run Vegan  
2021-02-20  
Ochoznica Górna  
20.5 km

B4SPORT

**B4SPORT**  
INTELIĞENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

| Msc | Zawodnik                   | Numer      | Klub                                   | Kategoria | Mkat | Klasyfikacja<br>mieszkańców<br>gminy | Czas<br>startu | Lubań<br>10km | Czas<br>netto<br>20.5km | Czas<br>brutto<br>20.5km | Różn                 | Tempo<br>min/km | Tempo<br>km/h  |
|-----|----------------------------|------------|--|-----------|------|--------------------------------------|----------------|---------------|-------------------------|--------------------------|----------------------|-----------------|----------------|
| 1   | <b>FRANCUZ Konrad</b>      | <b>306</b> | VEGE RUNNERS                           | M-OPEN    | 1    |                                      | 01:58:40       | 01:12:45      | <b>02:06:46.00</b>      | <b>04:05:26.75</b>       |                      | 6:11            | 9.7<br>(100%)  |
| 2   | <b>WETHACZ Dariusz</b>     | <b>302</b> | LOKOMOTIV MAJDAN                       | M-OPEN    | 2    |                                      | 01:58:59       | 01:15:34      | <b>02:08:59.30</b>      | <b>04:07:59.05</b>       | +00:02:13<br>(1.7%)  | 6:17            | 9.5<br>(97.9%) |
| 3   | <b>ZARZYCKI Maciej</b>     | <b>303</b> | DOGOŃ GRODZISK MAZOWIECKI              | M-OPEN    | 3    |                                      | 01:36:37       | 01:13:52      | <b>02:11:35.95</b>      | <b>03:48:13.70</b>       | +00:04:49<br>(3.7%)  | 6:25            | 9.3<br>(95.9%) |
| 4   | <b>OPAŁKA Damian</b>       | <b>305</b> | MYRACE                                 | M-OPEN    | 4    |                                      | 02:00:21       | 01:15:17      | <b>02:12:34.05</b>      | <b>04:12:55.30</b>       | +00:05:48<br>(4.4%)  | 6:28            | 9.3<br>(95.9%) |
| 5   | <b>ORCZYKOWSKI Bogdan</b>  | <b>308</b> |  | M-OPEN    | 5    |                                      | 02:00:46       | 01:14:37      | <b>02:16:34.60</b>      | <b>04:17:21.20</b>       | +00:09:48<br>(7.2%)  | 6:39            | 9<br>(92.8%)   |
| 6   | <b>RATAJ Artur</b>         | <b>392</b> | 3:33 TEAM                              | M-OPEN    | 6    |                                      | 02:10:03       | 01:19:24      | <b>02:17:06.55</b>      | <b>04:27:10.30</b>       | +00:10:20<br>(7.5%)  | 6:41            | 9<br>(92.8%)   |
| 7   | <b>KRASOŃ Marcin</b>       | <b>383</b> | SMASHING PAPKINS / NBR TEAM / TRINERGY | M-OPEN    | 7    |                                      | 02:17:12       | 01:20:15      | <b>02:20:03.55</b>      | <b>04:37:15.65</b>       | +00:13:17<br>(9.5%)  | 6:49            | 8.8<br>(90.7%) |
| 8   | <b>JOŃCZYK Rafał</b>       | <b>304</b> | JACEKBIEGA RUNNING TEAM                | M-OPEN    | 8    |                                      | 01:47:06       | 01:22:42      | <b>02:20:32.30</b>      | <b>04:07:38.30</b>       | +00:13:46<br>(9.8%)  | 6:51            | 8.8<br>(90.7%) |
| 9   | <b>JACHYMSKI Krzysztof</b> | <b>313</b> | VEGE RUNNERS                           | M-OPEN    | 9    |                                      | 02:00:31       | 01:20:53      | <b>02:24:09.20</b>      | <b>04:24:40.85</b>       | +00:17:23<br>(12.1%) | 7:01            | 8.5<br>(87.6%) |
| 10  | <b>STANUCHIEWICZ Oskar</b> | <b>411</b> |  | M-OPEN    | 10   |                                      | 02:18:02       | 01:21:09      | <b>02:25:03.75</b>      | <b>04:43:06.30</b>       | +00:18:17<br>(12.6%) | 7:04            | 8.5<br>(87.6%) |
| 11  | <b>DARCHUK Oleksandr</b>   | <b>312</b> | DRPT                                   | M-OPEN    | 11   |                                      | 02:01:49       | 01:23:10      | <b>02:25:57.75</b>      | <b>04:27:47.30</b>       | +00:19:11<br>(13.2%) | 7:07            | 8.4<br>(86.6%) |
| 12  | <b>KRZYSIEK Mariusz</b>    | <b>318</b> |  | M-OPEN    | 12   |                                      | 02:10:05       | 01:25:00      | <b>02:26:05.15</b>      | <b>04:36:11.05</b>       | +00:19:19<br>(13.2%) | 7:07            | 8.4<br>(86.6%) |
| 13  | <b>DZIKI Maciej</b>        | <b>341</b> | #BIEGIWROGOŹNIKU                       | M-OPEN    | 13   |                                      | 02:01:38       | 01:24:53      | <b>02:28:34.40</b>      | <b>04:30:12.65</b>       | +00:21:48<br>(14.7%) | 7:14            | 8.3<br>(85.6%) |
| 14  | <b>PAPAJ Jakub</b>         | <b>393</b> |  | M-OPEN    | 14   |                                      | 01:30:02       | 01:24:29      | <b>02:28:37.90</b>      | <b>03:58:40.15</b>       | +00:21:51<br>(14.7%) | 7:14            | 8.3<br>(85.6%) |
| 15  | <b>KOCHNER Jarogniew</b>   | <b>395</b> | 3:33 TEAM                              | M-OPEN    | 15   |                                      | 02:10:03       | 01:23:04      | <b>02:28:43.00</b>      | <b>04:38:46.45</b>       | +00:21:57<br>(14.8%) | 7:15            | 8.3<br>(85.6%) |

| Msc | Zawodnik                    | Numer      | Klub                          | Kategoria | Mkat | Klasyfikacja<br>mieszkańców<br>gminy | Czas<br>startu | Lubań<br>10km | Czas<br>netto<br>20.5km | Czas<br>brutto<br>20.5km | Różn                 | Tempo<br>min/km | Tempo<br>km/h  |
|-----|-----------------------------|------------|-------------------------------|-----------|------|--------------------------------------|----------------|---------------|-------------------------|--------------------------|----------------------|-----------------|----------------|
| 16  | <b>RZEMIŃSKI Jacek</b>      | <b>310</b> |                               | M-OPEN    | 16   |                                      | 02:03:23       | 01:27:12      | <b>02:30:32.45</b>      | <b>04:33:55.60</b>       | +00:23:46<br>(15.8%) | 7:20            | 8.2<br>(84.5%) |
| 17  | <b>LENARCZYK Jakub</b>      | <b>314</b> |                               | M-OPEN    | 17   |                                      | 02:01:04       | 01:21:51      | <b>02:31:51.90</b>      | <b>04:32:56.40</b>       | +00:25:05<br>(16.5%) | 7:24            | 8.1<br>(83.5%) |
| 18  | <b>WINTER Piotr</b>         | <b>319</b> | NIGHT RUNNERS                 | M-OPEN    | 18   |                                      | 02:00:41       | 01:24:03      | <b>02:32:46.70</b>      | <b>04:33:27.95</b>       | +00:26:00<br>(17.0%) | 7:27            | 8.1<br>(83.5%) |
| 19  | <b>RZEŹNICZEK Anna</b>      | <b>324</b> | STOWARZYSZENIE DZIAŁAMY RAZEM | K-OPEN    | 1    |                                      | 02:04:16       | 01:29:22      | <b>02:34:36.15</b>      | <b>04:38:53.05</b>       | +00:27:50<br>(18.0%) | 7:32            | 8<br>(82.5%)   |
| 20  | <b>OLSZEWSKI Artur</b>      | <b>315</b> | PARKRUN KATOWICE              | M-OPEN    | 19   |                                      | 02:09:06       | 01:28:25      | <b>02:35:11.10</b>      | <b>04:44:17.35</b>       | +00:28:25<br>(18.3%) | 7:34            | 7.9<br>(81.4%) |
| 21  | <b>BORYCKI Artur</b>        | <b>311</b> | TGR                           | M-OPEN    | 20   |                                      | 02:05:19       | 01:27:39      | <b>02:35:12.15</b>      | <b>04:40:31.55</b>       | +00:28:26<br>(18.3%) | 7:34            | 7.9<br>(81.4%) |
| 22  | <b>WOŹNIAK Dawid</b>        | <b>307</b> |                               | M-OPEN    | 21   |                                      | 02:02:23       | 01:07:39      | <b>02:36:56.55</b>      | <b>04:39:20.35</b>       | +00:30:10<br>(19.2%) | 7:39            | 7.8<br>(80.4%) |
| 23  | <b>SMOLINSKI Piotr</b>      | <b>320</b> |                               | M-OPEN    | 22   |                                      | 02:04:04       | 01:31:09      | <b>02:38:16.55</b>      | <b>04:42:21.20</b>       | +00:31:30<br>(19.9%) | 7:43            | 7.8<br>(80.4%) |
| 24  | <b>ADAMCZYK-NOWAK Beata</b> | <b>376</b> |                               | K-OPEN    | 2    |                                      | 02:01:58       | 01:31:45      | <b>02:39:14.30</b>      | <b>04:41:12.85</b>       | +00:32:28<br>(20.4%) | 7:46            | 7.7<br>(79.4%) |
| 25  | <b>BIELECKI Andrzej</b>     | <b>388</b> | 3:33 TEAM                     | M-OPEN    | 23   |                                      | 02:08:14       | 01:29:26      | <b>02:39:21.65</b>      | <b>04:47:36.50</b>       | +00:32:35<br>(20.5%) | 7:46            | 7.7<br>(79.4%) |
| 26  | <b>MALICKI Emil</b>         | <b>378</b> | OSTROBIEC                     | M-OPEN    | 24   |                                      | 02:18:34       | 01:24:37      | <b>02:41:37.60</b>      | <b>05:00:12.40</b>       | +00:34:51<br>(21.6%) | 7:53            | 7.6<br>(78.4%) |
| 27  | <b>SALIŃSKI Bartosz</b>     | <b>326</b> | WKURW_TEAM                    | M-OPEN    | 25   |                                      | 02:06:30       | 01:32:30      | <b>02:42:56.10</b>      | <b>04:49:26.15</b>       | +00:36:10<br>(22.2%) | 7:56            | 7.5<br>(77.3%) |
| 28  | <b>STACHERA Ola</b>         | <b>327</b> | EFFI RUN TEAM                 | K-OPEN    | 3    |                                      | 02:05:34       | 01:34:51      | <b>02:43:34.70</b>      | <b>04:49:09.15</b>       | +00:36:48<br>(22.5%) | 7:58            | 7.5<br>(77.3%) |
| 29  | <b>SIKLUCKI Grzegorz</b>    | <b>402</b> | ONE WAY TICKET                | M-OPEN    | 26   |                                      | 02:01:22       | 01:33:07      | <b>02:46:17.55</b>      | <b>04:47:40.35</b>       | +00:39:31<br>(23.8%) | 8:06            | 7.4<br>(76.3%) |
| 30  | <b>STERNAL Sebastian</b>    | <b>387</b> | GRODZISKI KLUB BIEGACZA       | M-OPEN    | 27   |                                      | 02:20:56       | 01:30:25      | <b>02:46:34.20</b>      | <b>05:07:30.70</b>       | +00:39:48<br>(23.9%) | 8:07            | 7.4<br>(76.3%) |
| 31  | <b>ŁUSZCZYK Andrzej</b>     | <b>389</b> | KLUB BIEGACZA MILA            | M-OPEN    | 28   |                                      | 02:05:35       | 01:35:10      | <b>02:48:52.40</b>      | <b>04:54:27.45</b>       | +00:42:06<br>(24.9%) | 8:14            | 7.3<br>(75.3%) |
| 32  | <b>BEBEROK Szymon</b>       | <b>336</b> | PROFIAUTOTEAM                 | M-OPEN    | 29   |                                      | 02:30:12       | 01:37:47      | <b>02:49:34.85</b>      | <b>05:19:47.25</b>       | +00:42:48<br>(25.2%) | 8:16            | 7.3<br>(75.3%) |
| 33  | <b>TOL Kamil</b>            | <b>345</b> | MAFIA TEAM LUBLINIEC          | M-OPEN    | 30   |                                      | 02:09:05       | 01:33:37      | <b>02:50:38.50</b>      | <b>04:59:44.30</b>       | +00:43:52<br>(25.7%) | 8:19            | 7.2<br>(74.2%) |
| 34  | <b>RUDZIŃSKI Tomasz</b>     | <b>401</b> | KUNA W AGREŚCIE               | M-OPEN    | 31   |                                      | 02:09:05       | 01:33:43      | <b>02:50:40.25</b>      | <b>04:59:45.50</b>       | +00:43:54<br>(25.7%) | 8:19            | 7.2<br>(74.2%) |
| 35  | <b>KUŚPIT Przemek</b>       | <b>323</b> |                               | M-OPEN    | 32   |                                      | 02:02:32       | 01:36:19      | <b>02:51:30.95</b>      | <b>04:54:03.45</b>       | +00:44:44<br>(26.1%) | 8:21            | 7.2<br>(74.2%) |
| 36  | <b>MALESA Tomasz</b>        | <b>384</b> |                               | M-OPEN    | 33   |                                      | 02:15:34       | 01:36:50      | <b>02:51:48.80</b>      | <b>05:07:23.70</b>       | +00:45:02<br>(26.2%) | 8:22            | 7.2<br>(74.2%) |
| 37  | <b>BRZEŹNY Sara</b>         | <b>317</b> |                               | K-OPEN    | 4    |                                      | 01:48:56       | 01:34:07      | <b>02:54:07.50</b>      | <b>04:43:04.30</b>       | +00:47:21<br>(27.2%) | 8:29            | 7.1<br>(73.2%) |
| 38  | <b>OSZYWA Damian</b>        | <b>309</b> | DAMCZI RUN                    | M-OPEN    | 34   |                                      | 01:37:59       | 01:36:20      | <b>02:56:19.90</b>      | <b>04:34:19.60</b>       | +00:49:33<br>(28.1%) | 8:36            | 7<br>(72.2%)   |

| Msc | Zawodnik                                     | Numer      | Klub                 | Kategoria | Mkat | Klasyfikacja<br>mieszkańców<br>gminy | Czas<br>startu | Lubań<br>10km | Czas<br>netto<br>20.5km | Czas<br>brutto<br>20.5km | Różn                 | Tempo<br>min/km | Tempo<br>km/h  |
|-----|--|------------|----------------------|-----------|------|--------------------------------------|----------------|---------------|-------------------------|--------------------------|----------------------|-----------------|----------------|
| 39  | <b>BUDZIASZEK<br/>Agnieszka</b>              | <b>372</b> |                      | K-OPEN    | 5    |                                      | 02:05:29       | 01:37:33      | <b>02:56:55.50</b>      | <b>05:02:25.15</b>       | +00:50:09<br>(28.4%) | 8:37            | 7<br>(72.2%)   |
| 40  | <b>ZAWALSKI Paweł</b>                        | <b>390</b> |                      | M-OPEN    | 35   |                                      | 02:01:09       | 01:38:33      | <b>03:00:35.55</b>      | <b>05:01:45.50</b>       | +00:53:49<br>(29.8%) | 8:48            | 6.8<br>(70.1%) |
| 41  | <b>TARNAWSKI Marcin</b>                      | <b>337</b> |                      | M-OPEN    | 36   |                                      | 01:55:49       | 01:41:31      | <b>03:01:19.45</b>      | <b>04:57:08.95</b>       | +00:54:33<br>(30.1%) | 8:50            | 6.8<br>(70.1%) |
| 42  | <b>FALKOWSKI Piotr</b>                       | <b>316</b> | KS PEGAZ PIASECZNO   | M-OPEN    | 37   |                                      | 01:36:32       | 01:50:35      | <b>03:03:13.10</b>      | <b>04:39:45.30</b>       | +00:56:27<br>(30.8%) | 8:56            | 6.7<br>(69.1%) |
| 43  | <b>ŚWIĄDER Bartłomiej</b>                    | <b>375</b> | SISIOOO TEAM         | M-OPEN    | 38   |                                      | 02:07:52       | 01:37:52      | <b>03:04:03.00</b>      | <b>05:11:55.30</b>       | +00:57:17<br>(31.1%) | 8:58            | 6.7<br>(69.1%) |
| 44  | <b>DOMAGALSKI Maciej</b>                     | <b>394</b> | SISIOOO TEAM         | M-OPEN    | 39   |                                      | 02:07:51       | 01:38:01      | <b>03:04:03.45</b>      | <b>05:11:55.25</b>       | +00:57:17<br>(31.1%) | 8:58            | 6.7<br>(69.1%) |
| 45  | <b>ZAPOROWSKI Marcin</b>                     | <b>407</b> |                      | M-OPEN    | 40   |                                      | 02:17:18       | 01:43:38      | <b>03:04:04.50</b>      | <b>05:21:23.25</b>       | +00:57:18<br>(31.1%) | 8:58            | 6.7<br>(69.1%) |
| 46  | <b>GAWRYSZEWSKI<br/>Grzegorz</b>             | <b>339</b> | ESKALADA             | M-OPEN    | 41   |                                      | 02:04:04       | 01:38:53      | <b>03:05:48.80</b>      | <b>05:09:53.25</b>       | +00:59:02<br>(31.8%) | 9:03            | 6.6<br>(68.0%) |
| 47  | <b>WILCZYŃSKI Marcin</b>                     | <b>328</b> | RESHAPE RUNNERS      | M-OPEN    | 42   |                                      | 02:20:51       | 01:43:08      | <b>03:05:54.30</b>      | <b>05:26:45.65</b>       | +00:59:08<br>(31.8%) | 9:04            | 6.6<br>(68.0%) |
| 48  | <b>LIŚKIEWICZ Hubert</b>                     | <b>333</b> | WRSS WGGIOŚ AGH      | M-OPEN    | 43   |                                      | 02:07:43       | 01:43:08      | <b>03:06:34.65</b>      | <b>05:14:18.00</b>       | +00:59:48<br>(32.1%) | 9:06            | 6.6<br>(68.0%) |
| 49  | <b>PRESNAL-<br/>ZMYŚŁOWSKA<br/>Agnieszka</b> | <b>325</b> |                      | K-OPEN    | 6    |                                      | 02:30:09       | 01:45:28      | <b>03:07:56.60</b>      | <b>05:38:06.15</b>       | +01:01:10<br>(32.6%) | 9:10            | 6.5<br>(67.0%) |
| 50  | <b>TOL Monika</b>                            | <b>322</b> | MAFIA TEAM LUBLINIEC | K-OPEN    | 7    |                                      | 02:02:21       | 01:43:27      | <b>03:09:32.55</b>      | <b>05:11:53.60</b>       | +01:02:46<br>(33.1%) | 9:14            | 6.5<br>(67.0%) |
| 51  | <b>SZKODA Mariusz</b>                        | <b>386</b> | 3:33 TEAM            | M-OPEN    | 44   |                                      | 02:07:49       | 01:48:19      | <b>03:11:06.05</b>      | <b>05:18:55.10</b>       | +01:04:20<br>(33.7%) | 9:19            | 6.4<br>(66.0%) |
| 52  | <b>JÓZEFIAK Jakub</b>                        | <b>332</b> |                      | M-OPEN    | 45   |                                      | 01:40:24       | 01:46:56      | <b>03:11:13.50</b>      | <b>04:51:38.40</b>       | +01:04:27<br>(33.7%) | 9:19            | 6.4<br>(66.0%) |
| 53  | <b>JOZEFIAK Marta</b>                        | <b>338</b> |                      | K-OPEN    | 8    |                                      | 01:40:25       | 01:47:54      | <b>03:11:13.55</b>      | <b>04:51:39.30</b>       | +01:04:27<br>(33.7%) | 9:19            | 6.4<br>(66.0%) |
| 54  | <b>ŁUSZCZYK Magdalena</b>                    | <b>374</b> | KLUB BIEGACZA MILA   | K-OPEN    | 9    |                                      | 02:04:40       | 01:50:21      | <b>03:14:24.05</b>      | <b>05:19:04.55</b>       | +01:07:38<br>(34.8%) | 9:28            | 6.3<br>(64.9%) |
| 55  | <b>MARONKA Bartosz</b>                       | <b>409</b> |                      | M-OPEN    | 46   |                                      | 01:53:04       | 01:44:10      | <b>03:14:34.95</b>      | <b>05:07:39.45</b>       | +01:07:48<br>(34.9%) | 9:29            | 6.3<br>(64.9%) |
| 56  | <b>MARONKA Agnieszka</b>                     | <b>359</b> |                      | K-OPEN    | 10   |                                      | 01:53:03       | 01:44:01      | <b>03:14:35.90</b>      | <b>05:07:39.15</b>       | +01:07:49<br>(34.9%) | 9:29            | 6.3<br>(64.9%) |
| 57  | <b>BRODZIUK Anna</b>                         | <b>360</b> | PANI                 | K-OPEN    | 11   |                                      | 02:26:44       | 01:46:13      | <b>03:17:05.00</b>      | <b>05:43:49.55</b>       | +01:10:19<br>(35.7%) | 9:36            | 6.2<br>(63.9%) |
| 58  | <b>ZIELIŃSKA-KOŁACZ<br/>Ewelina</b>          | <b>344</b> |                      | K-OPEN    | 12   |                                      | 02:01:25       | 01:49:51      | <b>03:17:39.00</b>      | <b>05:19:04.40</b>       | +01:10:53<br>(35.9%) | 9:38            | 6.2<br>(63.9%) |
| 59  | <b>KACZMAREK<br/>Aleksandra</b>              | <b>331</b> | CROSSELITE           | K-OPEN    | 13   |                                      | 02:15:06       | 01:47:48      | <b>03:19:37.00</b>      | <b>05:34:43.65</b>       | +01:12:51<br>(36.5%) | 9:44            | 6.2<br>(63.9%) |
| 60  | <b>KACZMAREK Piotr</b>                       | <b>329</b> | KACZMAREK TEAM       | M-OPEN    | 47   |                                      | 02:15:05       | 01:47:54      | <b>03:19:38.45</b>      | <b>05:34:43.50</b>       | +01:12:52<br>(36.5%) | 9:44            | 6.2<br>(63.9%) |
| 61  | <b>BEDNAREK Michał</b>                       | <b>410</b> |                      | M-OPEN    | 48   |                                      | 02:15:01       | 01:48:17      | <b>03:19:42.35</b>      | <b>05:34:43.50</b>       | +01:12:56<br>(36.5%) | 9:44            | 6.2<br>(63.9%) |

| Msc | Zawodnik                         | Numer      | Klub                       | Kategoria | Mkat | Klasyfikacja<br>mieszkańców<br>gminy | Czas<br>startu | Lubań<br>10km | Czas<br>netto<br>20.5km | Czas<br>brutto<br>20.5km | Różn                 | Tempo<br>min/km | Tempo<br>km/h  |
|-----|----------------------------------|------------|----------------------------|-----------|------|--------------------------------------|----------------|---------------|-------------------------|--------------------------|----------------------|-----------------|----------------|
|     |                                  |            |                            |           |      |                                      |                |               |                         |                          |                      |                 |                |
| 62  | <b>CHWALISZ Włodzimierz</b>      | <b>373</b> | 3:33 TEAM                  | M-OPEN    | 49   |                                      | 02:07:43       | 01:49:33      | <b>03:20:35.50</b>      | <b>05:28:18.50</b>       | +01:13:49<br>(36.8%) | 9:47            | 6.1<br>(62.9%) |
| 63  | <b>STYLIŃSKI Norbert</b>         | <b>385</b> |                            | M-OPEN    | 50   |                                      | 01:42:55       | 01:53:37      | <b>03:24:27.55</b>      | <b>05:07:23.25</b>       | +01:17:41<br>(38.0%) | 9:58            | 6<br>(61.9%)   |
| 64  | <b>CZARNIK-PECIAK Aleksandra</b> | <b>335</b> |                            | K-OPEN    | 14   |                                      | 02:04:29       | 01:52:27      | <b>03:24:58.70</b>      | <b>05:29:28.00</b>       | +01:18:12<br>(38.2%) | 9:59            | 6<br>(61.9%)   |
| 65  | <b>SAHAJDAK Jarosław</b>         | <b>396</b> |                            | M-OPEN    | 51   |                                      | 02:04:09       | 01:45:22      | <b>03:26:34.65</b>      | <b>05:30:44.35</b>       | +01:19:48<br>(38.6%) | 10:04           | 6<br>(61.9%)   |
| 66  | <b>PRZYBYŁA Wioletta</b>         | <b>379</b> | NIGHTRUNNERS ZABRZE        | K-OPEN    | 15   |                                      | 02:20:43       | 01:54:24      | <b>03:26:58.80</b>      | <b>05:47:42.05</b>       | +01:20:12<br>(38.8%) | 10:05           | 5.9<br>(60.8%) |
| 67  | <b>SZELAĞ Piotr</b>              | <b>362</b> | TURBO JEŻE TEAM            | M-OPEN    | 52   |                                      | 02:26:13       | 01:55:10      | <b>03:27:42.55</b>      | <b>05:53:56.05</b>       | +01:20:56<br>(39.0%) | 10:07           | 5.9<br>(60.8%) |
| 68  | <b>ZWIERZYŃSKI Roman</b>         | <b>364</b> | LECĘ BO CHCĘ               | M-OPEN    | 53   |                                      | 02:01:41       | 01:49:24      | <b>03:28:21.60</b>      | <b>05:30:03.25</b>       | +01:21:35<br>(39.2%) | 10:09           | 5.9<br>(60.8%) |
| 69  | <b>JACHYMSKA Zofia</b>           | <b>370</b> |                            | K-OPEN    | 16   |                                      | 02:00:36       | 01:55:58      | <b>03:32:08.45</b>      | <b>05:32:45.25</b>       | +01:25:22<br>(40.2%) | 10:20           | 5.8<br>(59.8%) |
| 70  | <b>PAWELEC Krystyna</b>          | <b>361</b> | DOGOŃ GRODZISK MAZOWIECKI  | K-OPEN    | 17   |                                      | 02:24:52       | 01:49:59      | <b>03:32:38.05</b>      | <b>05:57:30.85</b>       | +01:25:52<br>(40.4%) | 10:22           | 5.8<br>(59.8%) |
| 71  | <b>PASZEK Krystyna</b>           | <b>369</b> | DOGOŃ GRODZISK MAZOWIECKI  | K-OPEN    | 18   |                                      | 02:24:51       | 01:49:35      | <b>03:32:41.05</b>      | <b>05:57:32.20</b>       | +01:25:55<br>(40.4%) | 10:22           | 5.8<br>(59.8%) |
| 72  | <b>DOROBEK Agata</b>             | <b>371</b> | RESHAPE RUNNERS            | K-OPEN    | 19   |                                      | 02:20:39       | 01:54:24      | <b>03:35:48.35</b>      | <b>05:56:27.40</b>       | +01:29:02<br>(41.3%) | 10:31           | 5.7<br>(58.8%) |
| 73  | <b>PARYSZ Anna</b>               | <b>321</b> | STARE BABICE BIEGAJĄ       | K-OPEN    | 20   |                                      | 01:36:20       | 02:09:01      | <b>03:37:18.75</b>      | <b>05:13:39.25</b>       | +01:30:32<br>(41.7%) | 10:36           | 5.7<br>(58.8%) |
| 74  | <b>RÓG Adam</b>                  | <b>365</b> | BIEGAM BO LUBIĘ INOWROCŁAW | M-OPEN    | 54   |                                      | 02:12:52       | 02:00:31      | <b>03:41:15.95</b>      | <b>05:54:08.25</b>       | +01:34:29<br>(42.7%) | 10:47           | 5.6<br>(57.7%) |
| 75  | <b>POŹNIAK-STYCZYŃSKA Maja</b>   | <b>343</b> | DDC                        | K-OPEN    | 21   |                                      | 02:05:19       | 01:59:01      | <b>03:44:16.00</b>      | <b>05:49:35.55</b>       | +01:37:30<br>(43.5%) | 10:56           | 5.5<br>(56.7%) |
| 76  | <b>WASIK Marta</b>               | <b>355</b> | EDC RUNNERS                | K-OPEN    | 22   |                                      | 02:07:46       | 01:57:02      | <b>03:45:46.70</b>      | <b>05:53:33.20</b>       | +01:39:00<br>(43.9%) | 11:00           | 5.4<br>(55.7%) |
| 77  | <b>POPŁAWSKA Katarzyna</b>       | <b>330</b> | CZARNE OWCE HIPOLITÓW      | K-OPEN    | 23   |                                      | 02:11:25       | 02:12:43      | <b>03:49:30.15</b>      | <b>06:00:55.65</b>       | +01:42:44<br>(44.8%) | 11:11           | 5.4<br>(55.7%) |
| 78  | <b>BARSKA-OLSZEWSKA Ewa</b>      | <b>399</b> | ROZBIEGAJMY RADOMSKO       | K-OPEN    | 24   |                                      | 02:09:55       | 02:02:05      | <b>03:51:35.40</b>      | <b>06:01:31.30</b>       | +01:44:49<br>(45.3%) | 11:17           | 5.3<br>(54.6%) |
| 79  | <b>WRONA Sylwester</b>           | <b>350</b> |                            | M-OPEN    | 55   |                                      | 02:10:52       | 02:00:52      | <b>03:51:39.40</b>      | <b>06:02:31.75</b>       | +01:44:53<br>(45.3%) | 11:18           | 5.3<br>(54.6%) |
| 80  | <b>SIEDLACZEK Zbigniew</b>       | <b>358</b> |                            | M-OPEN    | 56   |                                      | 01:41:50       | 02:06:03      | <b>03:51:48.95</b>      | <b>05:33:39.80</b>       | +01:45:02<br>(45.3%) | 11:18           | 5.3<br>(54.6%) |
| 81  | <b>KUCHARSKA Aneta</b>           | <b>380</b> | ROZBIEGAJMY RADOMSKO       | K-OPEN    | 25   |                                      | 02:09:38       | 02:02:25      | <b>03:51:52.95</b>      | <b>06:01:31.25</b>       | +01:45:06<br>(45.3%) | 11:18           | 5.3<br>(54.6%) |
| 82  | <b>HEJMEJ Kamila</b>             | <b>352</b> |                            | K-OPEN    | 26   |                                      | 02:10:37       | 02:02:41      | <b>03:52:10.90</b>      | <b>06:02:48.25</b>       | +01:45:24<br>(45.4%) | 11:19           | 5.3<br>(54.6%) |
| 83  | <b>BOCEK Sławomir</b>            | <b>348</b> | WATAHA                     | M-OPEN    | 57   |                                      | 01:36:39       | 01:51:32      | <b>03:52:27.45</b>      | <b>05:29:07.30</b>       | +01:45:41<br>(45.5%) | 11:20           | 5.3<br>(54.6%) |
| 84  | <b>BORCZ Marcin</b>              | <b>349</b> | DIP-MAR MARCIN BORCZ       | M-OPEN    | 58   |                                      | 01:36:40       | 02:05:27      | <b>03:52:28.95</b>      | <b>05:29:08.95</b>       | +01:45:42<br>(45.5%) | 11:20           | 5.3<br>(54.6%) |

| Msc | Zawodnik                         | Numer      | Klub                  | Kategoria | Mkat | Klasyfikacja<br>mieszkańców<br>gminy | Czas<br>startu | Lubań<br>10km | Czas<br>netto<br>20.5km | Czas<br>brutto<br>20.5km | Różn                 | Tempo<br>min/km | Tempo<br>km/h  |
|-----|----------------------------------|------------|-----------------------|-----------|------|--------------------------------------|----------------|---------------|-------------------------|--------------------------|----------------------|-----------------|----------------|
| 85  | <b>MATLOK Marek</b>              | <b>300</b> | RESHAPE RUNNERS       | M-OPEN    | 59   |                                      | 02:20:52       | 02:04:24      | <b>03:53:30.75</b>      | <b>06:14:23.55</b>       | +01:46:44<br>(45.7%) | 11:23           | 5.3<br>(54.6%) |
| 86  | <b>KACZMARCZYK<br/>Agnieszka</b> | <b>397</b> | RESHAPE RUNNERS       | K-OPEN    | 27   |                                      | 02:20:47       | 02:04:38      | <b>03:53:35.25</b>      | <b>06:14:23.00</b>       | +01:46:49<br>(45.7%) | 11:23           | 5.3<br>(54.6%) |
| 87  | <b>SIKORA Maciej</b>             | <b>356</b> | RAZEM TRENUJEMY SPORT | M-OPEN    | 60   |                                      | 02:30:01       | 02:01:12      | <b>03:56:36.25</b>      | <b>06:26:37.50</b>       | +01:49:50<br>(46.4%) | 11:32           | 5.2<br>(53.6%) |
| 88  | <b>KARECKI Wojciech</b>          | <b>347</b> |                       | M-OPEN    | 61   |                                      | 02:30:00       | 02:01:08      | <b>03:56:37.90</b>      | <b>06:26:38.50</b>       | +01:49:51<br>(46.4%) | 11:32           | 5.2<br>(53.6%) |
| 89  | <b>BONEK SIKORA Agata</b>        | <b>354</b> | RAZEM TRENUJEMY SPORT | K-OPEN    | 28   |                                      | 02:29:58       | 02:00:59      | <b>03:56:38.50</b>      | <b>06:26:36.95</b>       | +01:49:52<br>(46.4%) | 11:32           | 5.2<br>(53.6%) |
| 90  | <b>KARECKA Anna</b>              | <b>346</b> |                       | K-OPEN    | 29   |                                      | 02:29:59       | 02:01:04      | <b>03:56:39.55</b>      | <b>06:26:39.10</b>       | +01:49:53<br>(46.4%) | 11:32           | 5.2<br>(53.6%) |
| 91  | <b>GOLIŃSKI Mieczysław</b>       | <b>382</b> | NAUKA BIEGA           | M-OPEN    | 62   |                                      | 03:18:42       | 02:17:38      | <b>04:00:31.60</b>      | <b>07:19:14.50</b>       | +01:53:45<br>(47.3%) | 11:43           | 5.1<br>(52.6%) |
| 92  | <b>GOLIŃSKA Anna</b>             | <b>398</b> | NAUKA BIEGA           | K-OPEN    | 30   |                                      | 03:18:42       | 02:18:08      | <b>04:00:32.85</b>      | <b>07:19:14.90</b>       | +01:53:46<br>(47.3%) | 11:44           | 5.1<br>(52.6%) |
| 93  | <b>STEFAN Edyta</b>              | <b>391</b> | NAUKA BIEGA           | K-OPEN    | 31   |                                      | 03:18:36       | 02:17:55      | <b>04:00:37.25</b>      | <b>07:19:14.15</b>       | +01:53:51<br>(47.3%) | 11:44           | 5.1<br>(52.6%) |
| 94  | <b>ZGODA Tomasz</b>              | <b>377</b> | 3:33 TEA<             | M-OPEN    | 63   |                                      | 02:07:34       | 02:01:44      | <b>04:01:03.50</b>      | <b>06:08:37.55</b>       | +01:54:17<br>(47.4%) | 11:45           | 5.1<br>(52.6%) |
| 95  | <b>WIERCHOŁA Joanna</b>          | <b>366</b> |                       | K-OPEN    | 32   |                                      | 01:41:51       | 02:06:18      | <b>04:05:27.20</b>      | <b>05:47:19.15</b>       | +01:58:41<br>(48.4%) | 11:58           | 5<br>(51.5%)   |
| 96  | <b>OLĘDZKI Janusz</b>            | <b>408</b> |                       | M-OPEN    | 64   |                                      | 01:37:41       | 02:09:57      | <b>04:07:58.00</b>      | <b>05:45:39.30</b>       | +02:01:12<br>(48.9%) | 12:05           | 5<br>(51.5%)   |
| 97  | <b>WĄSOWSKA Jagoda</b>           | <b>351</b> | KS PEGAZ PIASECZNO    | K-OPEN    | 33   |                                      | 01:36:18       | 02:12:23      | <b>04:12:22.00</b>      | <b>05:48:40.15</b>       | +02:05:36<br>(49.8%) | 12:18           | 4.9<br>(50.5%) |
| 98  | <b>ADAMSKI Adam</b>              | <b>368</b> |                       | M-OPEN    | 65   |                                      | 01:34:11       | 02:19:26      | <b>04:14:41.55</b>      | <b>05:48:52.65</b>       | +02:07:55<br>(50.2%) | 12:25           | 4.8<br>(49.5%) |
| 99  | <b>BEDNAREK Michał</b>           | <b>363</b> | CROSSELITE            | M-OPEN    | 66   |                                      | 01:05:07       |               | <b>05:15:02.85</b>      | <b>06:20:10.40</b>       | +03:08:16<br>(59.8%) | 15:22           | 3.9<br>(40.2%) |

Znaleziono 99 wynik(ów)