



**Wydarzenie:**  
**Organizator:**  
**Data:**  
**Miejsce:**  
**Dystans:**

## 24KM KTÓRĘDY NA LUBAŃ - GUT WINTER

Gorce Ultra Trail - Winter  
Fundacja Run Vegan  
2022-02-26  
Ochoznica Górna  
24.6 km

B4SPORT

**B4SPORT**  
INTELIĞENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Klasyfikacja mieszkańców gminy	Drużyna 1	Lubań 14km	Czas netto 24.6km	Czas brutto 24.6km	Różn	Tempo min/km	Tempo km/h
1	<b>MAREK Dariusz</b>	<b>591</b>	#RÓBSWOJE	M-OPEN	1			01:14:16	<b>02:01:36.45</b>	<b>02:01:37.55</b>		4:56	12.1 (100%)
2	<b>WĄCHAŁA Łukasz</b>	<b>770</b>	KW KRAKÓW	M-OPEN	2			01:17:41	<b>02:10:25.35</b>	<b>02:10:26.65</b>	+00:08:49 (6.8%)	5:18	11.3 (93.4%)
3	<b>SZKARADEK Mariusz</b>	<b>693</b>	VISEGRAD MARATON RYTRO	M-OPEN	3		Visegrad Maraton Rytro/PTT	01:21:03	<b>02:14:42.95</b>	<b>02:14:44.65</b>	+00:13:07 (9.7%)	5:28	11 (90.9%)
4	<b>GAŁDYN Kamil</b>	<b>752</b>	GORĄCY POTOK	M-OPEN	4		Gorący Potok Team	01:25:04	<b>02:14:55.55</b>	<b>02:14:57.65</b>	+00:13:20 (9.9%)	5:29	10.9 (90.1%)
5	<b>KRZYSTYNIAK Robert</b>	<b>757</b>	GORĄCY POTOK TEAM	M-OPEN	5		Gorący Potok Team	01:23:26	<b>02:15:37.70</b>	<b>02:15:41.00</b>	+00:14:03 (10.4%)	5:30	10.9 (90.1%)
6	<b>BANIAK Marcin</b>	<b>454</b>	G.O.A.T. TEAM MICHAŁOWICE/MŁYN TRAIL MICHAŁOWICE	M-OPEN	6			01:25:15	<b>02:21:20.85</b>	<b>02:21:22.50</b>	+00:19:44 (14.0%)	5:44	10.4 (86.0%)
7	<b>WYSOKIŃSKI Konrad</b>	<b>734</b>	MESMERIK RUNNERS	M-OPEN	7			01:26:59	<b>02:23:08.15</b>	<b>02:23:10.10</b>	+00:21:32 (15.0%)	5:49	10.3 (85.1%)
8	<b>BORYCKI Mirosław</b>	<b>469</b>		M-OPEN	8			01:25:46	<b>02:24:27.30</b>	<b>02:24:28.60</b>	+00:22:51 (15.8%)	5:52	10.2 (84.3%)
9	<b>JURA Maciej</b>	<b>528</b>	ITMBW KRAKÓW	M-OPEN	9			01:27:36	<b>02:25:58.25</b>	<b>02:26:00.80</b>	+00:24:23 (16.7%)	5:56	10.1 (83.5%)
10	<b>TALAGA Dawid</b>	<b>698</b>	DRUŻYNA SMA	M-OPEN	10			01:30:09	<b>02:26:52.50</b>	<b>02:26:56.25</b>	+00:25:18 (17.2%)	5:58	10 (82.6%)
11	<b>MIGACZ Jacek</b>	<b>599</b>	TRAILRUN KRAKÓW	M-OPEN	11			01:31:19	<b>02:30:16.90</b>	<b>02:30:18.70</b>	+00:28:41 (19.1%)	6:06	9.8 (81.0%)
12	<b>KOZIOŁ Kamil</b>	<b>558</b>	G.O.A.T. TEAM MICHAŁOWICE	M-OPEN	12			01:26:00	<b>02:30:43.60</b>	<b>02:30:46.00</b>	+00:29:08 (19.3%)	6:07	9.8 (81.0%)
12	<b>ORCZYKOWSKI Bogdan</b>	<b>624</b>	GOAPTIV!	M-OPEN	12			01:34:22	<b>02:30:18.70</b>	<b>02:30:46.00</b>	+00:29:08 (19.3%)	6:06	9.8 (81.0%)
14	<b>STYRCZULA Łukasz</b>	<b>685</b>		M-OPEN	14			01:30:26	<b>02:33:05.05</b>	<b>02:33:07.00</b>	+00:31:29 (20.6%)	6:13	9.6 (79.3%)
15	<b>HALAGARDA Krzysztof</b>	<b>511</b>	IP GBSC ACTIVE CREW	M-OPEN	15			01:27:31	<b>02:33:34.55</b>	<b>02:33:37.85</b>	+00:32:00 (20.8%)	6:14	9.6 (79.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Klasyfikacja mieszkańców gminy	Drużyna 1	Lubań 14km	Czas netto 24.6km	Czas brutto 24.6km	Różn	Tempo min/km	Tempo km/h
16	<b>CZYŻKOWSKI Rafał</b>	<b>480</b>	CHŁOPAKI Z NIZIN	M-OPEN	16			01:34:40	<b>02:34:02.55</b>	<b>02:34:07.25</b>	+00:32:29 (21.1%)	6:15	9.6 (79.3%)
17	<b>FRANCUZ Konrad</b>	<b>491</b>	VEGE RUNNERS	M-OPEN	17		VEGE RUNNERS	01:33:10	<b>02:34:25.20</b>	<b>02:34:28.65</b>	+00:32:51 (21.3%)	6:16	9.6 (79.3%)
18	<b>KOŚCIÓŁEK Kamil</b>	<b>553</b>	VISEGRAD MARATON RYTRO	M-OPEN	18		Visegrad Maraton Rytro/PTT	01:29:46	<b>02:36:42.95</b>	<b>02:36:46.10</b>	+00:35:08 (22.4%)	6:22	9.4 (77.7%)
19	<b>PŁOSKONKA Jakub</b>	<b>643</b>	TRAIL IS OUR WAY	M-OPEN	19				<b>02:36:45.95</b>	<b>02:36:48.05</b>	+00:35:10 (22.4%)	6:22	9.4 (77.7%)
20	<b>TARANTA Daniel</b>	<b>699</b>	B160	M-OPEN	20			01:29:48	<b>02:37:19.65</b>	<b>02:37:23.10</b>	+00:35:45 (22.7%)	6:23	9.4 (77.7%)
21	<b>HALSKA Ania</b>	<b>512</b>	ANNA HALSKA COACHING	K-OPEN	1			01:34:54	<b>02:37:25.20</b>	<b>02:37:28.25</b>	+00:35:50 (22.8%)	6:23	9.4 (77.7%)
22	<b>BOHUN Dawid</b>	<b>467</b>	PEPITKA TEAM	M-OPEN	21			01:34:28	<b>02:38:30.65</b>	<b>02:38:34.45</b>	+00:36:56 (23.3%)	6:26	9.3 (76.9%)
23	<b>BACHLEDA Aleksander</b>	<b>453</b>		M-OPEN	22			01:33:58	<b>02:39:45.55</b>	<b>02:39:58.50</b>	+00:38:20 (24.0%)	6:29	9.2 (76.0%)
24	<b>BAROS Daniel</b>	<b>455</b>	FALSTART RUDNIKI	M-OPEN	23			01:35:16	<b>02:40:17.05</b>	<b>02:40:19.80</b>	+00:38:42 (24.1%)	6:30	9.2 (76.0%)
25	<b>JACHYMSKI Krzysztof</b>	<b>520</b>	VEGE RUNNERS	M-OPEN	24		VEGE RUNNERS	01:37:35	<b>02:41:58.50</b>	<b>02:42:02.55</b>	+00:40:25 (24.9%)	6:35	9.1 (75.2%)
26	<b>PRZYCHODZIEN Rafał</b>	<b>652</b>	KUŹNIA TRIATHLONU	M-OPEN	25			01:37:08	<b>02:41:49.75</b>	<b>02:42:02.75</b>	+00:40:25 (24.9%)	6:34	9.1 (75.2%)
27	<b>GALEWICZ Katarzyna</b>	<b>493</b>		K-OPEN	2			01:37:24	<b>02:42:48.45</b>	<b>02:42:50.80</b>	+00:41:13 (25.3%)	6:37	9.1 (75.2%)
28	<b>KOLASA Przemysław</b>	<b>545</b>		M-OPEN	26			01:37:37	<b>02:44:23.50</b>	<b>02:44:30.70</b>	+00:42:53 (26.1%)	6:40	9 (74.4%)
29	<b>GÓRALIK Sylwia</b>	<b>508</b>	TKKF UKLEJNA	K-OPEN	3			01:38:15	<b>02:45:18.65</b>	<b>02:45:19.95</b>	+00:43:42 (26.4%)	6:43	8.9 (73.6%)
30	<b>ŁACIAK Marcin</b>	<b>582</b>	MESMERIK RUNNERS	M-OPEN	27			01:36:12	<b>02:45:55.35</b>	<b>02:45:57.65</b>	+00:44:20 (26.7%)	6:44	8.9 (73.6%)
31	<b>GOŁDYN Piotr</b>	<b>505</b>		M-OPEN	28	Tak	Od Bałtyku, aż do Tatr	01:39:08	<b>02:47:12.15</b>	<b>02:47:14.10</b>	+00:45:36 (27.3%)	6:47	8.8 (72.7%)
32	<b>SWĘDZIOŁ Robert</b>	<b>689</b>	OLKUSZBIEGA.PL	M-OPEN	29			01:40:31	<b>02:49:02.70</b>	<b>02:49:06.90</b>	+00:47:29 (28.1%)	6:52	8.7 (71.9%)
33	<b>STANUCHIEWICZ Oskar</b>	<b>766</b>	PRZEDWOJEWSKI TEAM	M-OPEN	30			01:39:36	<b>02:49:29.20</b>	<b>02:49:33.05</b>	+00:47:55 (28.3%)	6:53	8.7 (71.9%)
34	<b>WAGLEWSKI Karol</b>	<b>715</b>		M-OPEN	31			01:43:02	<b>02:51:20.20</b>	<b>02:51:23.95</b>	+00:49:46 (29.0%)	6:57	8.6 (71.1%)
35	<b>MARECIK Dawid</b>	<b>590</b>		M-OPEN	32			01:43:48	<b>02:51:24.50</b>	<b>02:51:43.25</b>	+00:50:05 (29.2%)	6:58	8.6 (71.1%)
36	<b>ZIELIŃSKI Sławek</b>	<b>742</b>		M-OPEN	33			01:42:11	<b>02:54:13.70</b>	<b>02:54:24.95</b>	+00:52:47 (30.3%)	7:04	8.5 (70.2%)
37	<b>RUSIN Szymon</b>	<b>662</b>		M-OPEN	34			01:41:28	<b>02:54:34.00</b>	<b>02:54:34.00</b>	+00:52:56 (30.3%)	7:05	8.5 (70.2%)
38	<b>BIELEC Sebastian</b>	<b>461</b>		M-OPEN	35			01:42:26	<b>02:55:07.50</b>	<b>02:55:18.50</b>	+00:53:40 (30.6%)	7:07	8.4 (69.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Klasyfikacja mieszkańców gminy	Drużyna 1	Lubań 14km	Czas netto 24.6km	Czas brutto 24.6km	Różn	Tempo min/km	Tempo km/h
39	WYSOCKI Marcin	733	POLPLAST BIEGA	M-OPEN	36			01:45:21	02:56:20.90	02:56:26.80	+00:54:49 (31.1%)	7:10	8.4 (69.4%)
40	STRZELECKI Paweł	683		M-OPEN	37			01:42:26	02:57:03.80	02:57:18.75	+00:55:41 (31.4%)	7:11	8.3 (68.6%)
41	ŁĘGOWSKI Rafał	585		M-OPEN	38			01:37:52	02:57:34.85	02:57:40.75	+00:56:03 (31.5%)	7:13	8.3 (68.6%)
42	LIŚKIEWICZ Hubert	580	WRSS WGGIOŚ AGH	M-OPEN	39			01:45:49	02:58:04.15	02:58:10.50	+00:56:32 (31.7%)	7:14	8.3 (68.6%)
43	PRZYBYŁOWSKI Piotr	651		M-OPEN	40			01:43:39	02:59:01.50	02:59:07.15	+00:57:29 (32.1%)	7:16	8.2 (67.8%)
44	DEMKÓW Przemysław	270	KB SOBÓTKA	M-OPEN	41		KB Sobótka	01:49:26	02:59:39.35	02:59:42.85	+00:58:05 (32.3%)	7:18	8.2 (67.8%)
45	MASTELA Andrzej	594	POLPLAST BIEGA	M-OPEN	42			01:42:43	02:59:42.10	02:59:47.50	+00:58:09 (32.4%)	7:18	8.2 (67.8%)
46	SITKO Krystyna	667	BW BIEGACZE WYMIATACZE	K-OPEN	4			01:48:16	02:59:40.30	02:59:47.60	+00:58:10 (32.4%)	7:18	8.2 (67.8%)
47	LENARCZYK Jakub	577		M-OPEN	43			01:42:23	03:01:28.20	03:01:32.90	+00:59:55 (33.0%)	7:22	8.1 (66.9%)
48	DALASINSKI Andrzej	482	KUŹNIA TRIATHLONU	M-OPEN	44		Kuznia Triathlonu	01:46:40	03:01:49.20	03:02:01.30	+01:00:23 (33.2%)	7:23	8.1 (66.9%)
49	CZŁONKOWSKI Piotr	750	OLIMPIJCZYK SZCZEKOCINY	M-OPEN	45				03:01:57.55	03:02:05.00	+01:00:27 (33.2%)	7:23	8.1 (66.9%)
50	PASTERNOK Marian	633	RESHAPE RUNNERS	M-OPEN	46			01:47:00	03:02:41.25	03:02:48.25	+01:01:10 (33.5%)	7:25	8.1 (66.9%)
51	BODZEK Bartłomiej	465	***** ***	M-OPEN	47			01:50:25	03:02:55.50	03:03:00.05	+01:01:22 (33.5%)	7:26	8.1 (66.9%)
52	ZAWADA Michał	738	SPRYTNE WIEWIÓRKI	M-OPEN	48			01:49:29	03:03:15.95	03:03:25.55	+01:01:48 (33.7%)	7:26	8.1 (66.9%)
53	ZDUNEK Michał	740	BEZPRĄDOWY KLUB BIEGOWY	M-OPEN	49			01:52:01	03:03:34.30	03:03:38.50	+01:02:00 (33.8%)	7:27	8 (66.1%)
54	SMYRAK Emil	671		M-OPEN	50			01:49:51	03:03:45.50	03:04:20.50	+01:02:42 (34.0%)	7:28	8 (66.1%)
55	POLEK Ewa	645		K-OPEN	5			01:50:55	03:05:08.75	03:05:18.35	+01:03:40 (34.4%)	7:31	8 (66.1%)
56	WOŹNICZKA Jolanta	727		K-OPEN	6			01:47:22	03:05:33.20	03:05:35.00	+01:03:57 (34.5%)	7:32	8 (66.1%)
57	BAK Artur	458	FATBOYS SPRINT	M-OPEN	51			01:53:29	03:07:36.55	03:07:49.20	+01:06:11 (35.2%)	7:37	7.9 (65.3%)
58	FITT Konrad	489		M-OPEN	52			01:49:46	03:07:22.75	03:07:51.10	+01:06:13 (35.3%)	7:36	7.9 (65.3%)
59	MRÓZ Bartłomiej	611		M-OPEN	53			01:59:22	03:07:48.30	03:08:10.00	+01:06:32 (35.4%)	7:38	7.9 (65.3%)
60	LITWIN Łukasz	581		M-OPEN	54			01:52:31	03:08:02.55	03:08:13.15	+01:06:35 (35.4%)	7:38	7.8 (64.5%)
61	MARSZAŁEK Jerzy	593	KBKW	M-OPEN	55			01:50:39	03:08:14.75	03:08:29.50	+01:06:51 (35.5%)	7:39	7.8 (64.5%)
62	FANGOR-GRAB Agata	487	RESHAPE RUNNERS	K-OPEN	7			01:53:30	03:08:32.80	03:08:40.30	+01:07:02 (35.5%)	7:39	7.8 (64.5%)

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63	<b>BIESZCZAD Magdalena</b>	<b>464</b>	TRESERTEAM	K-OPEN	8			01:52:15	<b>03:08:39.30</b>	<b>03:08:41.00</b>	+01:07:03 (35.5%)	7:40	7.8 (64.5%)
64	<b>LASOTA Grzegorz</b>	<b>573</b>		M-OPEN	56			01:50:41	<b>03:08:57.30</b>	<b>03:09:02.90</b>	+01:07:25 (35.7%)	7:40	7.8 (64.5%)
65	<b>SZEWCZYK Rafał</b>	<b>691</b>	VISEGRAD MARATON RYTRO	M-OPEN	57			01:51:11	<b>03:10:21.30</b>	<b>03:10:30.55</b>	+01:08:53 (36.2%)	7:44	7.8 (64.5%)
66	<b>JANIK Mateusz</b>	<b>524</b>	BRONOWICE TEŻ BIEGAJĄ	M-OPEN	58			01:52:38	<b>03:10:57.60</b>	<b>03:11:04.30</b>	+01:09:26 (36.3%)	7:45	7.7 (63.6%)
67	<b>PACIOREK Ewa</b>	<b>629</b>	MARKOWI BIEGACZE	K-OPEN	9		Markowi Biegacze	01:53:25	<b>03:11:49.10</b>	<b>03:11:51.95</b>	+01:10:14 (36.6%)	7:47	7.7 (63.6%)
68	<b>RZEPECKA- GONTAR Anna</b>	<b>664</b>		K-OPEN	10			01:53:40	<b>03:11:40.15</b>	<b>03:11:52.05</b>	+01:10:14 (36.6%)	7:47	7.7 (63.6%)
69	<b>GAŁKA Marcin</b>	<b>494</b>	#SOBASTEAM	M-OPEN	59			01:55:02	<b>03:12:29.05</b>	<b>03:12:38.75</b>	+01:11:01 (36.9%)	7:49	7.7 (63.6%)
70	<b>NESTERUK Bartosz</b>	<b>616</b>	WŁADZIU BIEGA	M-OPEN	60			01:49:57	<b>03:12:54.55</b>	<b>03:13:05.05</b>	+01:11:27 (37.0%)	7:50	7.7 (63.6%)
71	<b>BIELEC Kinga</b>	<b>460</b>	BEFIT24TEAM	K-OPEN	11			01:56:33	<b>03:13:30.30</b>	<b>03:13:36.70</b>	+01:11:59 (37.2%)	7:51	7.6 (62.8%)
72	<b>WIKTOR Wojciech</b>	<b>721</b>		M-OPEN	61			01:54:43	<b>03:13:53.75</b>	<b>03:14:08.50</b>	+01:12:30 (37.4%)	7:52	7.6 (62.8%)
73	<b>WALKOWIAK Bartek</b>	<b>192</b>	MB MOTORS POZNAŃ	M-OPEN	62			01:32:42	<b>03:14:45.80</b>	<b>03:14:53.25</b>	+01:13:15 (37.6%)	7:55	7.6 (62.8%)
74	<b>KONIK Diana</b>	<b>548</b>		K-OPEN	12			01:56:25	<b>03:16:21.15</b>	<b>03:16:28.00</b>	+01:14:50 (38.1%)	7:58	7.5 (62.0%)
75	<b>TKACZYK Michał</b>	<b>700</b>	OBSTACLE CENTER TEAM	M-OPEN	63			01:54:02	<b>03:16:27.20</b>	<b>03:16:34.15</b>	+01:14:56 (38.1%)	7:59	7.5 (62.0%)
76	<b>ROZNIERSKA Dagmara</b>	<b>660</b>	KB SOBÓTKA	K-OPEN	13		KB Sobótka	01:53:31	<b>03:17:20.80</b>	<b>03:17:23.40</b>	+01:15:45 (38.4%)	8:01	7.5 (62.0%)
77	<b>MIJAKOWSKI Pawel</b>	<b>600</b>	MIJAKOWSKI TEAM	M-OPEN	64			01:58:32	<b>03:17:19.05</b>	<b>03:17:25.75</b>	+01:15:48 (38.4%)	8:01	7.5 (62.0%)
78	<b>SZEWCZYK Wiesław</b>	<b>692</b>		M-OPEN	65			01:54:57	<b>03:17:08.70</b>	<b>03:17:26.55</b>	+01:15:49 (38.4%)	8:00	7.5 (62.0%)
79	<b>SOKÓŁ Dominika</b>	<b>674</b>		K-OPEN	14			01:57:27	<b>03:17:39.95</b>	<b>03:17:54.00</b>	+01:16:16 (38.5%)	8:02	7.5 (62.0%)
80	<b>KLIMEK Marek</b>	<b>541</b>		M-OPEN	66			01:51:45	<b>03:18:33.65</b>	<b>03:18:39.95</b>	+01:17:02 (38.8%)	8:04	7.4 (61.2%)
81	<b>SUCHENEK Karol</b>	<b>686</b>		M-OPEN	67			01:52:44	<b>03:19:03.25</b>	<b>03:19:07.80</b>	+01:17:30 (38.9%)	8:05	7.4 (61.2%)
82	<b>KOWALCZYK Maria</b>	<b>555</b>		K-OPEN	15			01:54:14	<b>03:20:17.00</b>	<b>03:20:22.10</b>	+01:18:44 (39.3%)	8:08	7.4 (61.2%)
83	<b>TYLIBA Ireneusz</b>	<b>758</b>	X-TEAM	M-OPEN	68			01:57:54	<b>03:20:20.15</b>	<b>03:20:39.20</b>	+01:19:01 (39.4%)	8:08	7.4 (61.2%)
84	<b>GAWĘŁ Michał</b>	<b>496</b>	BRONOWICE TEŻ BIEGAJĄ	M-OPEN	69			01:52:44	<b>03:20:56.40</b>	<b>03:21:08.10</b>	+01:19:30 (39.5%)	8:10	7.3 (60.3%)
85	<b>STACHERA Aleksandra</b>	<b>677</b>	EFFI RUN TEAM	K-OPEN	16			02:01:34	<b>03:22:21.50</b>	<b>03:22:26.25</b>	+01:20:48 (39.9%)	8:13	7.3 (60.3%)
86	<b>JELTEMA Bastin</b>	<b>525</b>	WM TRISELF	M-OPEN	70			01:49:21	<b>03:22:56.45</b>	<b>03:23:07.85</b>	+01:21:30 (40.1%)	8:14	7.3 (60.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Klasyfikacja mieszkańców gminy	Drużyna 1	Lubań 14km	Czas netto 24.6km	Czas brutto 24.6km	Różn	Tempo min/km	Tempo km/h
87	<b>NOWIŃSKI Jakub</b>	<b>621</b>	GRUPA JEDNOOSOBOWA OZDROWIEŃCY	M-OPEN	71			02:01:39	<b>03:23:28.35</b>	<b>03:23:45.35</b>	+01:22:07 (40.3%)	8:16	7.3 (60.3%)
88	<b>TOPORKIEWICZ Bartosz</b>	<b>707</b>	TRAIL IS OUR WAY TEAM	M-OPEN	72			01:56:18	<b>03:24:24.80</b>	<b>03:24:33.50</b>	+01:22:55 (40.5%)	8:18	7.2 (59.5%)
89	<b>NESTERUK Julita</b>	<b>617</b>		K-OPEN	17			01:56:44	<b>03:24:20.65</b>	<b>03:24:36.65</b>	+01:22:59 (40.6%)	8:18	7.2 (59.5%)
90	<b>MAZUR Agnieszka</b>	<b>598</b>		K-OPEN	18			01:59:44	<b>03:25:03.45</b>	<b>03:25:28.90</b>	+01:23:51 (40.8%)	8:20	7.2 (59.5%)
91	<b>SOBCZAK Magdalena</b>	<b>672</b>	WYBIEGAJ SIEBIE	K-OPEN	19		Wybiegaj Siebie	02:00:28	<b>03:24:53.25</b>	<b>03:25:32.35</b>	+01:23:54 (40.8%)	8:19	7.2 (59.5%)
92	<b>NIECKARZ Adam</b>	<b>618</b>	DECATHLON CAR ŁÓDŹ	M-OPEN	73			02:00:50	<b>03:25:35.65</b>	<b>03:25:59.50</b>	+01:24:21 (41.0%)	8:21	7.2 (59.5%)
93	<b>SALIŃSKI Bartosz</b>	<b>665</b>	AUGUSTEAM/WKURW_TEAM	M-OPEN	74			02:01:07	<b>03:26:20.25</b>	<b>03:26:30.65</b>	+01:24:53 (41.1%)	8:23	7.2 (59.5%)
94	<b>WYSIŃSKI Grzegorz</b>	<b>732</b>	SUPERSONIC HIGH KICK BOYZ	M-OPEN	75			02:02:22	<b>03:26:32.55</b>	<b>03:26:57.00</b>	+01:25:19 (41.2%)	8:23	7.1 (58.7%)
95	<b>KAZIMIERCZAK Andrzej</b>	<b>538</b>	SUPERSONIC HIGH KICK BOYZ	M-OPEN	76			02:02:20	<b>03:26:33.30</b>	<b>03:26:57.25</b>	+01:25:19 (41.2%)	8:23	7.1 (58.7%)
96	<b>BUDZIASZEK Agnieszka</b>	<b>471</b>	EFFI RUN TEAM	K-OPEN	20			02:02:48	<b>03:27:01.75</b>	<b>03:27:08.10</b>	+01:25:30 (41.3%)	8:24	7.1 (58.7%)
97	<b>GÓRNICKI Tomasz</b>	<b>509</b>		M-OPEN	77			02:05:43	<b>03:27:29.45</b>	<b>03:27:59.60</b>	+01:26:22 (41.5%)	8:26	7.1 (58.7%)
98	<b>PIECZARKOWSKA-MRÓZ Zuzanna</b>	<b>639</b>	KKM KALORYFER	K-OPEN	21			02:04:33	<b>03:28:05.05</b>	<b>03:28:26.05</b>	+01:26:48 (41.6%)	8:27	7.1 (58.7%)
99	<b>ŚLIŹ Lucyna</b>	<b>697</b>	KUŹNIA TRIARHLONU	K-OPEN	22			01:56:41	<b>03:29:07.00</b>	<b>03:29:19.10</b>	+01:27:41 (41.9%)	8:30	7.1 (58.7%)
100	<b>ŚLIŹ Piotr</b>	<b>696</b>		M-OPEN	78			01:56:43	<b>03:29:06.10</b>	<b>03:29:19.20</b>	+01:27:41 (41.9%)	8:29	7.1 (58.7%)
101	<b>POKRYSZKA Wojciech</b>	<b>644</b>	DECATHLON CD ŁÓDŹ	M-OPEN	79			02:02:47	<b>03:31:17.10</b>	<b>03:31:37.70</b>	+01:30:00 (42.5%)	8:35	7 (57.9%)
102	<b>KOWALCZYK Artur</b>	<b>554</b>		M-OPEN	80			01:57:52	<b>03:31:55.45</b>	<b>03:32:37.85</b>	+01:31:00 (42.8%)	8:36	7 (57.9%)
103	<b>KUBIK Marta</b>	<b>568</b>	ADRIAN! BŁAGAM WOLNIEJ	K-OPEN	23			02:06:51	<b>03:32:36.10</b>	<b>03:32:58.95</b>	+01:31:21 (42.9%)	8:38	6.9 (57.0%)
104	<b>WÓJCIK Marta</b>	<b>728</b>	KBKS RADOMSKO	K-OPEN	24		KBKS Radomsko	02:10:03	<b>03:33:31.60</b>	<b>03:33:39.35</b>	+01:32:01 (43.1%)	8:40	6.9 (57.0%)
105	<b>SZYMURA Karol</b>	<b>695</b>	LOLO	M-OPEN	81			02:06:51	<b>03:33:29.90</b>	<b>03:33:55.55</b>	+01:32:18 (43.1%)	8:40	6.9 (57.0%)
106	<b>STALOWSKA Jolanta</b>	<b>678</b>	OSTROBIEC	K-OPEN	25			02:06:20	<b>03:34:07.55</b>	<b>03:34:24.75</b>	+01:32:47 (43.3%)	8:42	6.9 (57.0%)
107	<b>CZAPSKI Piotr</b>	<b>477</b>		M-OPEN	82			02:13:05	<b>03:36:44.80</b>	<b>03:37:04.85</b>	+01:35:27 (44.0%)	8:48	6.8 (56.2%)
108	<b>CYRAN Wojtek</b>	<b>475</b>		M-OPEN	83			02:02:08	<b>03:36:23.80</b>	<b>03:37:07.30</b>	+01:35:29 (44.0%)	8:47	6.8 (56.2%)
109	<b>KONARSKI Paweł</b>	<b>547</b>		M-OPEN	84			02:05:34	<b>03:36:54.15</b>	<b>03:37:12.30</b>	+01:35:34 (44.0%)	8:49	6.8 (56.2%)
110	<b>WIECH Anna</b>	<b>719</b>	#ADAMCZERWIŃSKITEAM	K-OPEN	26			02:13:21	<b>03:36:47.05</b>	<b>03:37:23.65</b>	+01:35:46 (44.1%)	8:48	6.8 (56.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Klasyfikacja mieszkańców gminy	Drużyna 1	Lubań 14km	Czas netto 24.6km	Czas brutto 24.6km	Różn	Tempo min/km	Tempo km/h
111	WITKOWSKI Witold	724		M-OPEN	85			02:00:48	03:37:40.60	03:37:55.80	+01:36:18 (44.2%)	8:50	6.8 (56.2%)
112	BARTOSIEWICZ Adam	457		M-OPEN	86			02:09:14	03:38:00.45	03:38:10.40	+01:36:32 (44.3%)	8:51	6.8 (56.2%)
113	SIEJKOWSKI Krzysztof	666		M-OPEN	87			02:08:28	03:38:18.85	03:38:52.10	+01:37:14 (44.4%)	8:52	6.8 (56.2%)
114	MATYSZCZAK Mateusz	597		M-OPEN	88			02:03:00	03:38:48.05	03:39:02.20	+01:37:24 (44.5%)	8:53	6.7 (55.4%)
115	WIERZBIŃSKI Błażej	720		M-OPEN	89			02:06:10	03:38:46.95	03:39:09.20	+01:37:31 (44.5%)	8:53	6.7 (55.4%)
116	STOLARSKA Monika	681	KBKS RADOMSKO	K-OPEN	27		KBKS Radomsko	02:10:22	03:39:03.45	03:39:11.50	+01:37:33 (44.5%)	8:54	6.7 (55.4%)
117	PIĘTA Marlena	653	OSTROBIEC	K-OPEN	28		OstroBiec	02:09:44	03:39:05.35	03:39:25.40	+01:37:47 (44.6%)	8:54	6.7 (55.4%)
118	KRĘPA Agnieszka	560	WKURW_TEAM	K-OPEN	29			02:15:39	03:39:07.95	03:39:35.65	+01:37:58 (44.6%)	8:54	6.7 (55.4%)
119	PAWELCZYK Krzysztof	751	TNSCON	M-OPEN	90			02:04:31	03:39:25.20	03:39:41.90	+01:38:04 (44.6%)	8:55	6.7 (55.4%)
120	MIŁKOWSKI Dawid	604		M-OPEN	91			02:04:36	03:39:50.90	03:39:58.95	+01:38:21 (44.7%)	8:56	6.7 (55.4%)
121	PILCH Patryk	641		M-OPEN	92			02:04:01	03:39:50.95	03:39:59.00	+01:38:21 (44.7%)	8:56	6.7 (55.4%)
122	KULA Piotr	767		M-OPEN	93			02:09:16	03:39:25.00	03:40:03.45	+01:38:25 (44.7%)	8:55	6.7 (55.4%)
123	WÓJTOWICZ Robert	729		M-OPEN	94			02:00:52	03:40:39.85	03:40:48.50	+01:39:10 (44.9%)	8:58	6.7 (55.4%)
124	WOŹNIAK Janusz	726	PORMAT JEDLICZE BIEGA	M-OPEN	95			02:06:48	03:40:38.55	03:40:58.05	+01:39:20 (45.0%)	8:58	6.7 (55.4%)
125	KOŁODZIEJ Tomasz	769		M-OPEN	96			02:09:34	03:42:23.65	03:42:39.10	+01:41:01 (45.4%)	9:02	6.6 (54.5%)
126	MOCZYDŁOWSKI Paweł	606		M-OPEN	97			02:12:56	03:42:53.05	03:43:30.20	+01:41:52 (45.6%)	9:03	6.6 (54.5%)
127	WIŚNIEWSKI Włodzimierz	723	SPC	M-OPEN	98		SPC	02:07:16	03:44:20.15	03:44:37.05	+01:42:59 (45.9%)	9:07	6.6 (54.5%)
128	RYAN Timothy	663		M-OPEN	99			02:04:57	03:45:11.00	03:45:43.20	+01:44:05 (46.1%)	9:09	6.6 (54.5%)
129	GOTKIEWICZ- CICHON Edyta	507		K-OPEN	30			02:06:53	03:45:46.55	03:46:03.85	+01:44:26 (46.2%)	9:10	6.5 (53.7%)
130	POPŁAWSKA Anna	646	KUŹNIA TRIATHLONU	K-OPEN	31			02:09:02	03:46:06.15	03:46:17.40	+01:44:39 (46.3%)	9:11	6.5 (53.7%)
131	ŻUWALSKI Grzegorz	748	ROZBIEGAJMY RADOMSKO	M-OPEN	100		Rozbiegajmy Radomsko	02:06:36	03:46:38.25	03:46:48.95	+01:45:11 (46.4%)	9:12	6.5 (53.7%)
132	DAWIDZIUK Adrian	483	PROJEKT 1000UP	M-OPEN	101		Od Bałtyku, aż do Tatr	02:11:20	03:47:06.90	03:47:10.20	+01:45:32 (46.5%)	9:13	6.5 (53.7%)
133	ZADYKOWICZ- DAWIDZIUK Katarzyna	735	PROJEKT 1000UP	K-OPEN	32		Od Bałtyku, aż do Tatr	02:11:15	03:47:07.65	03:47:10.35	+01:45:32 (46.5%)	9:13	6.5 (53.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Klasyfikacja mieszkańców gminy	Drużyna 1	Lubań 14km	Czas netto 24.6km	Czas brutto 24.6km	Różn	Tempo min/km	Tempo km/h
134	MILARSKI Andrzej	602	SKAWINA BIEGA	M-OPEN	102			02:09:51	03:47:45.10	03:48:09.65	+01:46:32 (46.7%)	9:15	6.5 (53.7%)
135	SŁUPSKA Zuzanna	670		K-OPEN	33			02:13:54	03:47:55.30	03:48:32.30	+01:46:54 (46.8%)	9:15	6.5 (53.7%)
136	UCIŃSKI Grzegorz	714		M-OPEN	103			02:07:04	03:49:50.30	03:50:06.90	+01:48:29 (47.1%)	9:20	6.4 (52.9%)
137	FLIEGER Rafal	490	***** ***	M-OPEN	104			02:23:49	03:51:26.00	03:51:26.00	+01:49:48 (47.4%)	9:24	6.4 (52.9%)
138	TRZECIAK Mateusz	708	***** ***	M-OPEN	105	nie		02:21:39	03:51:37.00	03:51:37.00	+01:49:59 (47.5%)	9:24	6.4 (52.9%)
139	RAJCA Agnieszka	654		K-OPEN	34			02:16:31	03:51:44.95	03:52:06.65	+01:50:29 (47.6%)	9:25	6.4 (52.9%)
140	KOPEĆ Sebastian	551		M-OPEN	106			02:13:44	03:52:24.70	03:52:27.45	+01:50:49 (47.7%)	9:26	6.4 (52.9%)
141	JAGODA Grzegorz	521		M-OPEN	107			02:09:57	03:53:36.55	03:54:01.85	+01:52:24 (48.0%)	9:29	6.3 (52.1%)
142	JAGODA Michał	522		M-OPEN	108			02:09:53	03:53:36.30	03:54:02.40	+01:52:24 (48.0%)	9:29	6.3 (52.1%)
143	KORSAK Piotr	552		M-OPEN	109			02:14:08	03:53:52.30	03:54:20.55	+01:52:43 (48.1%)	9:30	6.3 (52.1%)
144	OKÓLSKA Aneta	755	KAY-MAX	K-OPEN	35			02:18:49	03:54:00.10	03:54:22.95	+01:52:45 (48.1%)	9:30	6.3 (52.1%)
145	KAMIŃSKI Paweł	532		M-OPEN	110			02:18:27	03:54:11.55	03:54:42.55	+01:53:05 (48.2%)	9:31	6.3 (52.1%)
146	KULAK-OKÓLSKA Nina	753	KAY-MAX	K-OPEN	36			02:18:54	03:54:19.00	03:54:42.70	+01:53:05 (48.2%)	9:31	6.3 (52.1%)
147	KACZMAREK Piotr	531		M-OPEN	111			02:17:43	03:55:28.40	03:55:41.65	+01:54:04 (48.4%)	9:34	6.3 (52.1%)
148	MIKOŁAJCZYK Jarosław	756		M-OPEN	112			02:19:48	03:56:02.95	03:56:06.60	+01:54:29 (48.5%)	9:35	6.3 (52.1%)
149	HOŁUJ Andrzej	517		M-OPEN	113			02:11:32	03:55:48.70	03:56:12.70	+01:54:35 (48.5%)	9:35	6.3 (52.1%)
150	CHRZANOWSKA Olga	473		K-OPEN	37			02:19:31	03:56:19.60	03:56:43.00	+01:55:05 (48.6%)	9:36	6.2 (51.2%)
151	LISZKOWSKI Artur	579		M-OPEN	114			02:17:16	03:56:19.25	03:56:47.00	+01:55:09 (48.6%)	9:36	6.2 (51.2%)
152	MATYSIK Marta	596	WYZNAWCY BRONKA LIBIĄŻ	K-OPEN	38			02:18:54	03:56:49.00	03:57:21.80	+01:55:44 (48.8%)	9:37	6.2 (51.2%)
153	SPYTEK Justyna	676	TEAM ZABIEGANE DNI (TZD)	K-OPEN	39			02:20:19	03:57:05.25	03:57:28.40	+01:55:50 (48.8%)	9:38	6.2 (51.2%)
154	MILKA-NEUMAN Aleksandra	603		K-OPEN	40			02:19:29	03:57:35.20	03:58:04.70	+01:56:27 (48.9%)	9:39	6.2 (51.2%)
155	TOKARSKA Bożena	703	#ADAMCZERWIŃSKITEAM	K-OPEN	41			02:22:04	03:58:07.15	03:58:44.00	+01:57:06 (49.1%)	9:40	6.2 (51.2%)
156	PASTWA Grzegorz	761		M-OPEN	115			02:31:54	03:59:32.70	03:59:34.00	+01:57:56 (49.2%)	9:44	6.2 (51.2%)
157	OKÓLSKI Paweł	754	KAY-MAX	M-OPEN	116			02:18:44	03:59:44.30	04:00:08.40	+01:58:30 (49.4%)	9:44	6.2 (51.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Klasyfikacja mieszkańców gminy	Drużyna 1	Lubań 14km	Czas netto 24.6km	Czas brutto 24.6km	Różn	Tempo min/km	Tempo km/h
158	<b>CZACHOWSKI Michał</b>	<b>476</b>		M-OPEN	117			02:23:15	<b>04:00:13.00</b>	<b>04:00:13.00</b>	+01:58:35 (49.4%)	9:45	6.1 (50.4%)
159	<b>KWIATKOWSKI Jakub</b>	<b>572</b>	ITMBW KRAKÓW	M-OPEN	118			02:30:40	<b>03:59:53.20</b>	<b>04:00:28.75</b>	+01:58:51 (49.4%)	9:45	6.2 (51.2%)
160	<b>DROSIO Klaudia</b>	<b>486</b>	KASZANKI	K-OPEN	42				<b>03:59:57.85</b>	<b>04:00:32.25</b>	+01:58:54 (49.4%)	9:45	6.2 (51.2%)
161	<b>KARCZ Joanna</b>	<b>533</b>	BĘDUSKA BRYGADA BIEGOWA	K-OPEN	43			02:21:35	<b>04:00:25.10</b>	<b>04:00:34.20</b>	+01:58:56 (49.4%)	9:46	6.1 (50.4%)
162	<b>KUCZ Dariusz</b>	<b>570</b>		M-OPEN	119			02:14:39	<b>04:00:52.00</b>	<b>04:01:08.60</b>	+01:59:31 (49.6%)	9:47	6.1 (50.4%)
163	<b>OSKWAREK Bogdan</b>	<b>626</b>		M-OPEN	120			02:18:47	<b>04:00:55.05</b>	<b>04:01:10.55</b>	+01:59:33 (49.6%)	9:47	6.1 (50.4%)
164	<b>KRYSKA Aleksandra</b>	<b>768</b>		K-OPEN	44			02:22:45	<b>04:01:21.60</b>	<b>04:01:44.50</b>	+02:00:06 (49.7%)	9:48	6.1 (50.4%)
165	<b>OGORZAŁEK Mateusz</b>	<b>622</b>	REDLINETEAM	M-OPEN	121			02:24:12	<b>04:01:18.25</b>	<b>04:01:50.60</b>	+02:00:13 (49.7%)	9:48	6.1 (50.4%)
166	<b>ROBACZEWSKI Patryk</b>	<b>657</b>	SPC	M-OPEN	122		SPC	02:13:57	<b>04:02:11.15</b>	<b>04:02:24.70</b>	+02:00:47 (49.8%)	9:50	6.1 (50.4%)
167	<b>NAWROT Waldek</b>	<b>614</b>	J U V E R U N	M-OPEN	123			02:13:53	<b>04:03:55.55</b>	<b>04:04:09.15</b>	+02:02:31 (50.2%)	9:54	6.1 (50.4%)
168	<b>GRZEGORZEWSKA Marlina</b>	<b>510</b>		K-OPEN	45			02:25:19	<b>04:04:15.20</b>	<b>04:04:46.90</b>	+02:03:09 (50.3%)	9:55	6 (49.6%)
169	<b>KASIŃSKI Wojciech</b>	<b>535</b>	ULTRAPLESS	M-OPEN	124			02:25:13	<b>04:04:16.40</b>	<b>04:04:47.60</b>	+02:03:10 (50.3%)	9:55	6 (49.6%)
170	<b>WARLIKOWSKA Karolina</b>	<b>716</b>	SPC	K-OPEN	46		SPC	02:19:05	<b>04:05:07.20</b>	<b>04:05:16.30</b>	+02:03:38 (50.4%)	9:57	6 (49.6%)
171	<b>PANASIUK Olga</b>	<b>630</b>	DECATHLON	K-OPEN	47			02:21:48	<b>04:05:01.95</b>	<b>04:05:22.90</b>	+02:03:45 (50.4%)	9:57	6 (49.6%)
172	<b>OLSZEWSKI Jacek</b>	<b>623</b>		M-OPEN	125			02:22:33	<b>04:05:00.20</b>	<b>04:05:30.90</b>	+02:03:53 (50.5%)	9:57	6 (49.6%)
173	<b>GAWRYSZEWSKI Michał</b>	<b>497</b>		M-OPEN	126			02:21:24	<b>04:05:28.80</b>	<b>04:05:37.30</b>	+02:03:59 (50.5%)	9:58	6 (49.6%)
174	<b>MIKULSKA Aneta</b>	<b>601</b>	PATO TEAM	K-OPEN	48			02:34:53	<b>04:05:11.35</b>	<b>04:05:38.50</b>	+02:04:00 (50.5%)	9:58	6 (49.6%)
175	<b>TOKARSKI Rafał</b>	<b>704</b>		M-OPEN	127			02:21:39	<b>04:05:34.25</b>	<b>04:06:11.35</b>	+02:04:33 (50.6%)	9:58	6 (49.6%)
176	<b>ŻUWALSKA Dorota</b>	<b>747</b>	ROZBIEGAJMY RADOMSKO	K-OPEN	49		Rozbiegajmy Radomsko	02:25:44	<b>04:06:59.30</b>	<b>04:07:09.00</b>	+02:05:31 (50.8%)	10:02	6 (49.6%)
177	<b>CHUDEK Zbigniew</b>	<b>474</b>		M-OPEN	128			02:24:55	<b>04:06:55.50</b>	<b>04:07:29.35</b>	+02:05:51 (50.9%)	10:02	6 (49.6%)
178	<b>KOŁCZ Sara</b>	<b>546</b>	RAZEM DAMY RADEĘ	K-OPEN	50			02:28:06	<b>04:07:10.40</b>	<b>04:07:37.10</b>	+02:05:59 (50.9%)	10:02	6 (49.6%)
179	<b>KOCOT Aleksandra</b>	<b>543</b>	RAZEM DAMY RADEĘ	K-OPEN	51			02:28:16	<b>04:08:22.35</b>	<b>04:08:47.20</b>	+02:07:09 (51.1%)	10:05	5.9 (48.8%)
180	<b>PARFIENIUK Michał</b>	<b>631</b>	BIAŁYSTOK BIEGA TEAM	M-OPEN	129			02:23:50	<b>04:10:03.30</b>	<b>04:10:31.40</b>	+02:08:53 (51.5%)	10:09	5.9 (48.8%)
181	<b>STANEK Tomasz</b>	<b>679</b>		M-OPEN	130			02:17:36	<b>04:11:13.80</b>	<b>04:11:18.45</b>	+02:09:40 (51.6%)	10:12	5.9 (48.8%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Klasyfikacja mieszkańców gminy	Drużyna 1	Lubań 14km	Czas netto 24.6km	Czas brutto 24.6km	Różn	Tempo min/km	Tempo km/h
182	<b>CZARNECKI Rafał</b>	<b>479</b>		M-OPEN	131			02:25:09	<b>04:11:08.00</b>	<b>04:11:46.40</b>	+02:10:08 (51.7%)	10:12	5.9 (48.8%)
183	<b>TUREK Katarzyna</b>	<b>711</b>		K-OPEN	52			02:32:25	<b>04:11:39.35</b>	<b>04:11:49.25</b>	+02:10:11 (51.7%)	10:13	5.9 (48.8%)
184	<b>ARASZKIEWICZ Michał</b>	<b>451</b>		M-OPEN	132			02:29:18	<b>04:12:50.45</b>	<b>04:13:17.75</b>	+02:11:40 (52.0%)	10:16	5.8 (47.9%)
185	<b>SKRODZIUK Dariusz</b>	<b>669</b>	MATNER RUNNING TEAM	M-OPEN	133			02:28:33	<b>04:14:29.80</b>	<b>04:15:04.80</b>	+02:13:27 (52.3%)	10:20	5.8 (47.9%)
186	<b>PIOTROWSKA Anna</b>	<b>642</b>	SPARTANIE DZIECIOM / META NADARZYN	K-OPEN	53			02:35:31	<b>04:14:44.30</b>	<b>04:15:13.50</b>	+02:13:35 (52.3%)	10:21	5.8 (47.9%)
187	<b>BOKSA Anna</b>	<b>468</b>	KKM KALORYFER	K-OPEN	54			02:35:46	<b>04:14:48.05</b>	<b>04:15:16.10</b>	+02:13:38 (52.4%)	10:21	5.8 (47.9%)
188	<b>ZIMNOTA Łukasz</b>	<b>743</b>		M-OPEN	134			02:22:21	<b>04:15:12.55</b>	<b>04:15:17.90</b>	+02:13:40 (52.4%)	10:22	5.8 (47.9%)
189	<b>ZIMNOTA Piotr</b>	<b>744</b>		M-OPEN	135			02:22:31	<b>04:15:12.95</b>	<b>04:15:18.05</b>	+02:13:40 (52.4%)	10:22	5.8 (47.9%)
190	<b>STUDZIŃSKA Joanna</b>	<b>684</b>		K-OPEN	55			02:30:47	<b>04:14:56.70</b>	<b>04:15:18.65</b>	+02:13:41 (52.4%)	10:21	5.8 (47.9%)
191	<b>TOKARSKA Donata</b>	<b>702</b>	OSTROBIEC	K-OPEN	56			02:30:19	<b>04:14:59.45</b>	<b>04:15:19.85</b>	+02:13:42 (52.4%)	10:21	5.8 (47.9%)
192	<b>WARA-WĄSOWSKI Maciej</b>	<b>760</b>	SZAKALE BAŁUT	M-OPEN	136			02:21:06	<b>04:15:14.70</b>	<b>04:15:33.30</b>	+02:13:55 (52.4%)	10:22	5.8 (47.9%)
193	<b>KSIĄŻEK-BARCIK Ewa</b>	<b>567</b>		K-OPEN	57			02:34:02	<b>04:15:58.00</b>	<b>04:15:58.00</b>	+02:14:20 (52.5%)	10:24	5.8 (47.9%)
194	<b>KAWECKI Dariusz</b>	<b>537</b>	ETISOFT RUNNING TEAM	M-OPEN	137			02:27:11	<b>04:17:09.25</b>	<b>04:17:36.55</b>	+02:15:59 (52.8%)	10:27	5.7 (47.1%)
195	<b>HOLEWA Rafał</b>	<b>515</b>	CABALLO BLANCO TEAM	M-OPEN	138			02:30:22	<b>04:17:13.90</b>	<b>04:17:50.15</b>	+02:16:12 (52.8%)	10:27	5.7 (47.1%)
196	<b>KRÓLAK Magda</b>	<b>561</b>	TENPO PRYMA SORT	K-OPEN	58			02:29:04	<b>04:17:39.75</b>	<b>04:18:09.70</b>	+02:16:32 (52.9%)	10:28	5.7 (47.1%)
197	<b>TOMASZEWSKI Krzysztof</b>	<b>705</b>	SPC	M-OPEN	139		SPC	02:35:45	<b>04:18:03.55</b>	<b>04:18:15.95</b>	+02:16:38 (52.9%)	10:29	5.7 (47.1%)
198	<b>STRZELECKA Izabela</b>	<b>682</b>		K-OPEN	59			02:31:54	<b>04:18:11.25</b>	<b>04:18:25.10</b>	+02:16:47 (52.9%)	10:29	5.7 (47.1%)
199	<b>MODZELEWSKA Karolina</b>	<b>608</b>	SPC	K-OPEN	60		SPC	02:44:25	<b>04:18:12.65</b>	<b>04:18:27.10</b>	+02:16:49 (52.9%)	10:29	5.7 (47.1%)
200	<b>RELUGA Dariusz</b>	<b>656</b>		M-OPEN	140			02:24:11	<b>04:20:38.35</b>	<b>04:20:42.85</b>	+02:19:05 (53.3%)	10:35	5.7 (47.1%)
201	<b>ŁASKAWSKA Justyna</b>	<b>584</b>		K-OPEN	61			02:31:13	<b>04:20:54.30</b>	<b>04:21:41.15</b>	+02:20:03 (53.5%)	10:36	5.7 (47.1%)
202	<b>DOBRZYŃSKA Małgorzata</b>	<b>484</b>	SPC	K-OPEN	62		SPC	02:44:27	<b>04:21:26.10</b>	<b>04:21:41.70</b>	+02:20:04 (53.5%)	10:37	5.6 (46.3%)
203	<b>ŻOŁYNIAK Szymon</b>	<b>745</b>		M-OPEN	141			02:31:13	<b>04:21:03.50</b>	<b>04:21:55.15</b>	+02:20:17 (53.6%)	10:36	5.7 (47.1%)
204	<b>WRONA Anna</b>	<b>731</b>	META NADARZYN	K-OPEN	63				<b>04:21:33.45</b>	<b>04:22:02.80</b>	+02:20:25 (53.6%)	10:37	5.6 (46.3%)
205	<b>HANGIEL Urszula</b>	<b>513</b>		K-OPEN	64				<b>04:21:34.80</b>	<b>04:22:14.15</b>	+02:20:36 (53.6%)	10:37	5.6 (46.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Klasyfikacja mieszkańców gminy	Drużyna 1	Lubań 14km	Czas		Różn	Tempo min/km	Tempo km/h
									netto 24.6km	brutto 24.6km			
206	LATAŁA Bożena	574		K-OPEN	65				04:21:56.95	04:22:17.55	+02:20:40 (53.6%)	10:38	5.6 (46.3%)
207	BOGUSZ Tomasz	466	PROGRAMISTAWRUCHU	M-OPEN	142			02:17:26	04:24:25.00	04:24:48.80	+02:23:11 (54.1%)	10:44	5.6 (46.3%)
208	HYCIEK Patrycja	518		K-OPEN	66			02:29:28	04:24:56.70	04:25:22.80	+02:23:45 (54.2%)	10:46	5.6 (46.3%)
209	HOLLY Katarzyna	516		K-OPEN	67			02:29:25	04:24:57.90	04:25:23.55	+02:23:46 (54.2%)	10:46	5.6 (46.3%)
210	HYCIEK Piotr	519		M-OPEN	143			02:31:26	04:24:58.00	04:25:24.75	+02:23:47 (54.2%)	10:46	5.6 (46.3%)
211	KOZIARA Maciek	557		M-OPEN	144				04:25:16.65	04:25:46.15	+02:24:08 (54.2%)	10:46	5.6 (46.3%)
212	MATYNIAK Barbara	595	WYZNAWCY BRONKA LIBIĄŻ	K-OPEN	68			02:30:03	04:25:17.50	04:25:50.50	+02:24:12 (54.2%)	10:47	5.6 (46.3%)
213	NOWAK Roman	619		M-OPEN	145			02:46:04	04:27:01.25	04:27:39.55	+02:26:02 (54.6%)	10:51	5.5 (45.5%)
214	BARSKA- OLSZEWSKA Ewa	456	ROZBIEGAJMY RADOMSKO	K-OPEN	69		Rozbiegajmy Radomsko	02:35:29	04:28:29.40	04:28:44.50	+02:27:06 (54.7%)	10:54	5.5 (45.5%)
215	KUCHARSKA Aneta	569	ROZBIEGAJMY RADOMSKO	K-OPEN	70		Rozbiegajmy Radomsko	02:35:34	04:28:29.40	04:28:44.75	+02:27:07 (54.7%)	10:54	5.5 (45.5%)
216	PAWLIŃSKA Ewelina	634		K-OPEN	71				04:28:36.35	04:29:05.20	+02:27:27 (54.8%)	10:55	5.5 (45.5%)
217	WÓJTOWICZ Izabela	730		K-OPEN	72			02:32:57	04:29:00.55	04:29:18.15	+02:27:40 (54.8%)	10:56	5.5 (45.5%)
218	MAJEWSKA Monika	587	OSTROBIEC	K-OPEN	73			02:44:44	04:29:08.45	04:29:29.00	+02:27:51 (54.9%)	10:56	5.5 (45.5%)
219	GAJEWSKI Karol	492	WILCZY TEAM	M-OPEN	146				04:28:53.65	04:29:34.80	+02:27:57 (54.9%)	10:55	5.5 (45.5%)
220	PERLAK Magdalena	636		K-OPEN	74			02:44:52	04:29:15.50	04:29:37.40	+02:27:59 (54.9%)	10:56	5.5 (45.5%)
221	BIERNAT Mateusz	463		M-OPEN	147			02:44:54	04:29:15.05	04:29:37.45	+02:27:59 (54.9%)	10:56	5.5 (45.5%)
222	GLINKOWSKA Monika	501		K-OPEN	75				04:29:12.35	04:29:42.50	+02:28:04 (54.9%)	10:56	5.5 (45.5%)
223	GOLIŃSKI Mieczysław	504	NAUKA BIEGA	M-OPEN	148			02:47:11	04:26:31.15	04:29:46.60	+02:28:09 (54.9%)	10:50	5.5 (45.5%)
224	MODELSKA Małgorzata	607	AZS AWF MASTERS	K-OPEN	76		AZS AWF Masters		04:30:10.15	04:30:21.25	+02:28:43 (55.0%)	10:58	5.5 (45.5%)
225	TKACZYK-TOFIL Katarzyna	701	OSTROBIEC	K-OPEN	77			02:44:34	04:31:32.30	04:31:51.50	+02:30:13 (55.3%)	11:02	5.4 (44.6%)
226	KOWALCZYK Anna	556	DOGOŃ GRODZISK MAZOWIECKI	K-OPEN	78				04:32:07.95	04:32:27.00	+02:30:49 (55.4%)	11:03	5.4 (44.6%)
227	JUREK Jarosław	529	JURKI W TRASIE	M-OPEN	149			02:33:43	04:34:00.45	04:34:35.70	+02:32:58 (55.7%)	11:08	5.4 (44.6%)
228	PAWŁOWSKA- JUREK Paulina	635	JURKI W TRASIE	K-OPEN	79			02:33:49	04:34:01.40	04:34:35.90	+02:32:58 (55.7%)	11:08	5.4 (44.6%)
229	MANOWSKI Robert	589	WSA	M-OPEN	150			02:44:31	04:34:56.30	04:35:02.40	+02:33:24 (55.8%)	11:10	5.4 (44.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Klasyfikacja mieszkańców gminy	Drużyna 1	Lubań 14km	Czas netto 24.6km	Czas brutto 24.6km	Różn	Tempo min/km	Tempo km/h
230	STEFAN Edyta	680	NAUKA BIEGA	K-OPEN	80			02:47:28	04:32:18.85	04:35:33.55	+02:33:56 (55.9%)	11:04	5.4 (44.6%)
231	GOLIŃSKA Anna	503	NAUKA BIEGA	K-OPEN	81			02:47:22	04:32:19.15	04:35:33.65	+02:33:56 (55.9%)	11:04	5.4 (44.6%)
232	SURZYN Aleksandra	688	CZWARTUNIO TEAM	K-OPEN	82			02:44:38	04:35:51.20	04:36:08.50	+02:34:30 (56.0%)	11:12	5.4 (44.6%)
233	KOJDER-MALICKA Olga	544	OSTROBIEC	K-OPEN	83			02:45:29	04:36:18.40	04:36:38.45	+02:35:00 (56.0%)	11:13	5.3 (43.8%)
234	CZARNECKA Agnieszka	478		K-OPEN	84				04:36:25.85	04:37:03.70	+02:35:26 (56.1%)	11:14	5.3 (43.8%)
235	HEJMEJ Kamila	514		K-OPEN	85			02:44:49	04:36:30.35	04:37:03.85	+02:35:26 (56.1%)	11:14	5.3 (43.8%)
236	KIL Marcin	539	FUNDACJA NA FALI SPORTU	M-OPEN	151			02:34:11	04:36:40.25	04:37:14.00	+02:35:36 (56.1%)	11:14	5.3 (43.8%)
237	SOKOLOWSKA Katarzyna	673		K-OPEN	86				04:37:09.85	04:37:44.20	+02:36:06 (56.2%)	11:15	5.3 (43.8%)
238	NAWROT Magdalena	615	J U V E R U N	K-OPEN	87			02:52:30	04:38:02.60	04:38:19.05	+02:36:41 (56.3%)	11:18	5.3 (43.8%)
239	GEMZIK Agata	498	J U V E R U N	K-OPEN	88			02:52:38	04:38:02.75	04:38:19.35	+02:36:41 (56.3%)	11:18	5.3 (43.8%)
240	OSTANIEWICZ Kamila	627	SPC	K-OPEN	89		SPC	02:47:52	04:38:10.75	04:38:28.90	+02:36:51 (56.3%)	11:18	5.3 (43.8%)
241	REKOWSKI Kacper	655	SPC	M-OPEN	152		SPC	02:47:47	04:38:09.55	04:38:28.95	+02:36:51 (56.3%)	11:18	5.3 (43.8%)
242	GARBACIAK Anna	495	ROZBIEGAJMY RADOMSKO	K-OPEN	90		Rozbiegajmy Radomsko	02:44:52	04:38:49.35	04:38:58.80	+02:37:21 (56.4%)	11:20	5.3 (43.8%)
243	ZBROJA Basia	739	KBKS	K-OPEN	91		KBKS Radomsko	02:44:49	04:38:51.45	04:39:00.00	+02:37:22 (56.4%)	11:20	5.3 (43.8%)
244	ROZNERSKI Łukasz	661	KB SOBÓTKA	M-OPEN	153		KB Sobótka	02:44:54	04:38:39.30	04:39:04.95	+02:37:27 (56.4%)	11:19	5.3 (43.8%)
245	KLIMCZAK Justyna	540	FLORIAN CHOJNICE	K-OPEN	92			02:50:24	04:39:19.30	04:39:42.00	+02:38:04 (56.5%)	11:21	5.3 (43.8%)
246	SULIGA Wioletta	687	AUGUSTEAM	K-OPEN	93			02:52:59	04:45:06.30	04:45:17.70	+02:43:40 (57.4%)	11:35	5.2 (43.0%)
247	WĄSOWSKA Jagoda	717	KS PEGAZ PIASECZNO	K-OPEN	94			02:47:21	04:46:33.50	04:46:58.75	+02:45:21 (57.6%)	11:38	5.2 (43.0%)
248	GĘBSKA Aleksandra	499	KB MCKIS JAWORZNO	K-OPEN	95			02:44:13	04:46:44.25	04:47:16.90	+02:45:39 (57.7%)	11:39	5.1 (42.1%)
249	GĘBSKI Grzegorz	500	KB MCKIS JAWORZNO	M-OPEN	154			02:44:15	04:46:44.50	04:47:17.20	+02:45:39 (57.7%)	11:39	5.1 (42.1%)
250	BEDNARSKA- KOZIOŁ Danuta	459	WKURW_TEAM	K-OPEN	96			02:54:11	04:50:39.00	04:50:51.35	+02:49:13 (58.2%)	11:48	5.1 (42.1%)
251	KARPIŃSKA Karolina	534	EXTREME TRAUMA TEAM / NOWA HUTA TEAM	K-OPEN	97			02:52:47	04:50:44.85	04:51:12.45	+02:49:34 (58.2%)	11:49	5.1 (42.1%)
252	KACZMAREK Jolanta	530	KBKS RADOMSKO	K-OPEN	98		KBKS Radomsko	02:51:50	04:54:49.80	04:55:01.65	+02:53:24 (58.8%)	11:59	5 (41.3%)
253	KLUZA- WIECZOREK Ewa	542	KBKS RADOMSKO	K-OPEN	99		KBKS Radomsko	02:51:52	04:54:49.80	04:55:01.95	+02:53:24 (58.8%)	11:59	5 (41.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Klasyfikacja mieszkańców gminy	Drużyna 1	Lubań 14km	Czas netto 24.6km	Czas brutto 24.6km	Różn	Tempo min/km	Tempo km/h
254	<b>TUSIŃSKA Mariola</b>	<b>712</b>	OSTROBIEC	K-OPEN	100			02:50:05	<b>04:55:03.20</b>	<b>04:55:22.55</b>	+02:53:45 (58.8%)	11:59	5 (41.3%)
255	<b>TYRKA-KACZMAREK Karolina</b>	<b>713</b>	KACZMAREK TEAM	K-OPEN	101			02:44:54	<b>04:57:22.65</b>	<b>04:57:37.20</b>	+02:55:59 (59.1%)	12:05	5 (41.3%)
256	<b>SOKULSKI Marcin</b>	<b>675</b>	KASZANKI	M-OPEN	155			02:52:01	<b>04:59:15.20</b>	<b>04:59:57.80</b>	+02:58:20 (59.5%)	12:09	4.9 (40.5%)
257	<b>MARKIEWICZ Urszula</b>	<b>592</b>		K-OPEN	102			02:58:00	<b>05:01:54.45</b>	<b>05:02:24.05</b>	+03:00:46 (59.8%)	12:16	4.9 (40.5%)
258	<b>POPŁAWSKI Piotr</b>	<b>647</b>	PGB SPORTOWA PACZKA	M-OPEN	156			02:58:10	<b>05:01:54.20</b>	<b>05:02:24.40</b>	+03:00:46 (59.8%)	12:16	4.9 (40.5%)
259	<b>SKOWRONEK Maciej</b>	<b>777</b>	TIM TI RIM TIM TEAM	M-OPEN	157			02:51:42	<b>05:01:45.20</b>	<b>05:02:44.00</b>	+03:01:06 (59.8%)	12:15	4.9 (40.5%)
260	<b>DADAŚ Elżbieta</b>	<b>481</b>	BP RUNNING TEAM GLIWICE	K-OPEN	103			02:58:24	<b>05:04:53.00</b>	<b>05:05:19.70</b>	+03:03:42 (60.2%)	12:23	4.8 (39.7%)
261	<b>SOWA Grzegorz</b>	<b>759</b>	ITMBW KRAKÓW	M-OPEN	158			02:56:55	<b>05:05:35.70</b>	<b>05:06:11.35</b>	+03:04:33 (60.3%)	12:25	4.8 (39.7%)
262	<b>POTERAŁSKA Emilia</b>	<b>648</b>	KBKS RADOMSKO	K-OPEN	104		KBKS Radomsko	02:55:30	<b>05:08:52.20</b>	<b>05:09:00.70</b>	+03:07:23 (60.6%)	12:33	4.8 (39.7%)
263	<b>FATAŁSKA Monika</b>	<b>488</b>		K-OPEN	105			02:58:55	<b>05:09:20.40</b>	<b>05:09:59.70</b>	+03:08:22 (60.8%)	12:34	4.8 (39.7%)
264	<b>JANECZEK Jarosław</b>	<b>523</b>	KAJTEX.COM	M-OPEN	159			02:58:47	<b>05:09:21.15</b>	<b>05:09:59.90</b>	+03:08:22 (60.8%)	12:34	4.8 (39.7%)
265	<b>MALANOWSKA Anna</b>	<b>588</b>	IDĘ, BO MOGĘ	K-OPEN	106			03:00:06	<b>05:10:37.50</b>	<b>05:10:45.55</b>	+03:09:08 (60.9%)	12:37	4.8 (39.7%)
266	<b>BIELIK Radosław</b>	<b>462</b>	WKURW_TEAM KRAKÓW	M-OPEN	160			02:56:56	<b>05:13:53.85</b>	<b>05:14:21.75</b>	+03:12:44 (61.3%)	12:45	4.7 (38.8%)
267	<b>KOPEĆ Dariusz</b>	<b>550</b>	ROZBIEGAJMY RADOMSKO/ SZANSANA5	M-OPEN	161		Rozbiegajmy Radomsko	03:09:17	<b>05:14:59.05</b>	<b>05:15:09.65</b>	+03:13:32 (61.4%)	12:48	4.7 (38.8%)
268	<b>PRZEPIÓRA-KAŁKA Katarzyna</b>	<b>650</b>	ROZBIEGAJMY RADOMSKO	K-OPEN	107		Rozbiegajmy Radomsko	03:09:09	<b>05:14:59.75</b>	<b>05:15:09.95</b>	+03:13:32 (61.4%)	12:48	4.7 (38.8%)
269	<b>PRĘGOWSKI Grzegorz</b>	<b>649</b>	EKOBIEGI	M-OPEN	162			03:11:29	<b>05:14:56.30</b>	<b>05:15:25.50</b>	+03:13:47 (61.4%)	12:48	4.7 (38.8%)
270	<b>KRZYWIK Daniel</b>	<b>566</b>	POCHODZONE NW RADOMSKO	M-OPEN	163			02:56:34	<b>05:19:40.50</b>	<b>05:19:59.40</b>	+03:18:21 (62.0%)	12:59	4.6 (38.0%)
271	<b>KRZYSZKOWSKA-CUDAK Anna</b>	<b>563</b>	ROZBIEGAJMY RADOMSKO	K-OPEN	108		Rozbiegajmy Radomsko	03:09:28	<b>05:21:34.45</b>	<b>05:21:47.40</b>	+03:20:09 (62.2%)	13:04	4.6 (38.0%)
272	<b>KUTA Wojciech</b>	<b>571</b>		M-OPEN	164			03:30:25	<b>05:39:56.30</b>	<b>05:40:36.45</b>	+03:38:58 (64.3%)	13:49	4.3 (35.5%)
273	<b>WOJTKOWSKA-WOŚKO Małgorzata</b>	<b>763</b>	KLINIKA ZDROWIA I URODY	K-OPEN	109			03:11:34	<b>05:43:07.05</b>	<b>05:43:21.70</b>	+03:41:44 (64.6%)	13:56	4.3 (35.5%)
274	<b>WOŚKO Gabriela</b>	<b>762</b>	KLINIKA ZDROWIA I URODY	K-OPEN	110			03:13:11	<b>05:43:08.25</b>	<b>05:43:22.10</b>	+03:41:44 (64.6%)	13:56	4.3 (35.5%)
275	<b>PSZCZÓŁKA-OWAD Dominicos</b>	<b>792</b>		M-OPEN	165				<b>05:56:26.00</b>	<b>05:56:26.00</b>	+03:54:48 (65.9%)	14:29	4.1 (33.9%)
276	<b>MAJEWSKA Edyta</b>	<b>765</b>	WYBIEGAJ SIEBIE	K-OPEN	111			03:05:57	<b>05:58:52.15</b>	<b>05:59:32.30</b>	+03:57:54 (66.2%)	14:35	4.1 (33.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Klasyfikacja mieszkańców gminy	Drużyna 1	Lubań 14km	Czas netto 24.6km	Czas brutto 24.6km	Różn	Tempo min/km	Tempo km/h
	<b>MÓRAWSKI Sławomir</b>	<b>610</b>		M-OPEN				DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>ROSINSKA Monika</b>	<b>659</b>	WYBIEGAJ SIEBIE	K-OPEN				DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>SYDO Paweł</b>	<b>690</b>		M-OPEN				DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)

Znaleziono 279 wynik(ów)