



2X BABIA GÓRA SKYRACE®

B4SPORT

Wydarzenie: ULTRAMARATON BABIA GÓRA
Organizator: KOZICA Fundacja Biegów Górskich
Data: 2023-06-03
Miejsce: Babia Góra
Dystans: 20.5 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Babia 1 4.5km	Markowe 13.2km	Babia 2 15.5km	Czas netto 20.5km	Czas brutto 20.5km	Różn	Tempo min/km	Tempo km/h
1	DUDCZAK Michał	613	THE NORTH FACE	M1	1	00:38:11	01:19:06	01:46:20	02:04:19.65	02:04:20.90		6:03	9.9 (100%)
2	KOZLOVSKÝ Vladimír	539	FENIX SKI TEAM JESEŇÍK	M1	2	00:38:37	01:20:02	01:49:53	02:10:48.20	02:10:49.75	+00:06:28 (5.0%)	6:22	9.4 (94.9%)
3	SIOŁA Karol	579		M1	3	00:40:08	01:24:25	01:52:08	02:10:51.30	02:10:52.75	+00:06:31 (5.0%)	6:22	9.4 (94.9%)
4	BALIGA Cezary	560	HOKA GARMIN TEAM	M1	4	00:40:31	01:24:24	01:54:39	02:14:49.95	02:14:52.00	+00:10:31 (7.8%)	6:34	9.1 (91.9%)
5	KUNZ Marcin	529		M1	5	00:40:34	01:24:11	01:55:53	02:16:34.00	02:16:35.55	+00:12:14 (9.0%)	6:39	9 (90.9%)
6	DUDA Sebastian	599	UKS TRÓJKA MIKOŁÓW	M1	6	00:43:06	01:30:00	02:00:24	02:22:38.85	02:22:39.90	+00:18:19 (12.8%)	6:57	8.6 (86.9%)
7	PRZYBYŁA Paweł	607	GUNCLUB BIELSKO-BIAŁA	M2	1	00:43:00	01:30:56	02:02:01	02:22:58.60	02:23:01.25	+00:18:40 (13.1%)	6:58	8.6 (86.9%)
8	GUZIK Łukasz	578	KCDO.PL	M1	7	00:43:37	01:28:57	02:03:05	02:23:56.25	02:24:01.60	+00:19:40 (13.7%)	7:01	8.5 (85.9%)
9	CHLEBDA Łukasz	604		M2	2	00:39:50	01:27:53	01:59:10	02:24:48.90	02:24:50.85	+00:20:29 (14.2%)	7:03	8.5 (85.9%)
10	PARIS Nicola	563	TRUDA BOYS 91	M1	8	00:42:06	01:30:56	02:02:32	02:25:21.20	02:25:26.75	+00:21:05 (14.5%)	7:05	8.5 (85.9%)
11	MILEWSKI Dominik	553	LA SPORTIVA	M1	9	00:39:32	01:22:58	01:55:00	02:27:21.05	02:27:22.65	+00:23:01 (15.6%)	7:11	8.3 (83.8%)
12	KLIMCZAK Mikołaj	476	PRZEDWOJEWSKI TEAM	M1	10	00:41:04	01:29:33	02:07:49	02:32:38.50	02:32:39.45	+00:28:18 (18.5%)	7:26	8.1 (81.8%)
13	JARZĄBEK Robert	438	ALPIN SPORT TEAM / GO APTIV	M1	11	00:48:09	01:38:18	02:11:44	02:35:05.45	02:35:07.90	+00:30:47 (19.8%)	7:33	7.9 (79.8%)
14	POLAŃSKI Tomasz	612	THE RYCHTERS	M2	3	00:47:07	01:38:22	02:12:45	02:36:55.35	02:36:57.80	+00:32:36 (20.8%)	7:39	7.8 (78.8%)
15	KUJAWSKI Bartosz	605	GRUPETTO GORLICE	M1	12	00:45:51	01:34:56	02:14:04	02:37:05.60	02:37:08.05	+00:32:47 (20.9%)	7:39	7.8 (78.8%)

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						Babia 1 4.5km	Markowe 13.2km	Babia 2 15.5km					
16	KIDOŃ Robert	619	ORAWARUN	M2	4	00:47:48	01:39:18	02:15:55	02:37:08.40	02:37:12.10	+00:32:51 (20.9%)	7:39	7.8 (78.8%)
17	CHAJDAS Mateusz	582		M1	13	00:46:45	01:37:04	02:14:58	02:37:44.45	02:37:46.45	+00:33:25 (21.2%)	7:41	7.8 (78.8%)
18	SZKOŁA Paweł	454		M2	5	00:47:57	01:38:45	02:17:13	02:39:27.55	02:39:31.70	+00:35:10 (22.1%)	7:46	7.7 (77.8%)
19	STREIT Dawid	558	NON STOP TRAIL	M2	6	00:46:16	01:38:42	02:15:12	02:40:34.30	02:40:37.50	+00:36:16 (22.6%)	7:49	7.7 (77.8%)
20	ŁYJAK Olga	568	ATTIQ TEAM	K2	1	00:47:53	01:41:27	02:18:08	02:41:31.90	02:41:33.45	+00:37:12 (23.0%)	7:52	7.6 (76.8%)
21	KWIATKOWSKA Kinga	574	HOKA GARMIN TEAM	K1	1	00:52:07	01:44:37	02:21:30	02:44:40.00	02:44:43.50	+00:40:22 (24.5%)	8:01	7.5 (75.8%)
22	GOŁĄB Marek	447	BANDA GRUDNIA	M2	7	00:47:20	01:41:02	02:18:19	02:46:05.65	02:46:07.80	+00:41:46 (25.1%)	8:06	7.4 (74.7%)
23	LASSAK Beata	621	KW ZAKOPANE	K1	2	00:49:36	01:43:59	02:20:02	02:47:10.55	02:47:12.15	+00:42:51 (25.6%)	8:09	7.4 (74.7%)
24	RUSEK Marcin	564	BARTOSZ GORCZYCA TEAM	M2	8	00:49:17	01:43:59	02:22:07	02:47:32.45	02:47:36.95	+00:43:16 (25.8%)	8:10	7.3 (73.7%)
25	BOLECHOWSKA Dominika	606	ALPIN SPORT	K2	2	00:48:49	01:44:36	02:20:50	02:47:51.20	02:47:54.70	+00:43:33 (25.9%)	8:11	7.3 (73.7%)
26	TOPOROWICZ Agata	500		K2	3	00:50:59	01:47:00	02:24:55	02:48:40.60	02:48:45.20	+00:44:24 (26.3%)	8:13	7.3 (73.7%)
27	SZUKAŁA Michał	601	HIT THE TRAIL	M1	14	00:45:44	01:39:31	02:16:14	02:49:13.45	02:49:16.35	+00:44:55 (26.5%)	8:15	7.3 (73.7%)
28	WOWER Bartłomiej	491	CSC ADVENTURE ACADEMY	M2	9	00:52:11	01:48:28	02:26:47	02:52:17.30	02:52:19.15	+00:47:58 (27.8%)	8:24	7.1 (71.7%)
29	BUCZYŃSKI Adam	416	NON STOP TRAIL	M2	10	00:47:11	01:42:12	02:20:23	02:52:16.80	02:52:21.15	+00:48:00 (27.9%)	8:24	7.1 (71.7%)
30	WOJCIECHOWSKI Mateusz	594	KTÓRĘDYNADMORSKIEOKO	M2	11	00:49:17	01:46:28	02:26:53	02:52:50.10	02:52:52.25	+00:48:31 (28.1%)	8:25	7.1 (71.7%)
31	KOCOŃ Justyna	537	TRAIL IS OUR WAY	K1	3	00:50:33	01:47:03	02:27:20	02:54:10.70	02:54:13.55	+00:49:52 (28.6%)	8:29	7.1 (71.7%)
32	NOWACKI Mateusz	434	PRZEDWOJEWSKI TEAM	M2	12	00:48:51	01:45:11		02:56:20.60	02:56:22.95	+00:52:02 (29.5%)	8:36	7 (70.7%)
33	BOCHENEK Magdalena	452	G.O.A.T. TEAM MICHAŁOWICE	K1	4	00:52:49	01:49:23	02:33:16	02:56:54.20	02:56:56.50	+00:52:35 (29.7%)	8:37	7 (70.7%)
34	CIECHANSKI Adam	581	TRUCHT.COM	M1	15	00:52:38	01:48:29	02:32:36	02:58:20.95	02:58:22.80	+00:54:01 (30.3%)	8:41	6.9 (69.7%)
35	CHROBACZYŃSKI Rafał	569		M1	16	00:48:24	01:45:26	02:25:30	02:58:19.40	02:58:23.85	+00:54:02 (30.3%)	8:41	6.9 (69.7%)
36	DANIELAK Tomasz	470		M1	17	00:56:01	01:52:27	02:33:45	02:59:11.65	02:59:20.40	+00:54:59 (30.7%)	8:44	6.9 (69.7%)
37	RAJSKI Rafal	425	WARTKIE KIYRPE	M2	13	00:52:56	01:51:30	02:35:15	03:00:18.40	03:00:20.25	+00:55:59 (31.0%)	8:47	6.8 (68.7%)
38	WRÓBLEWSKI Adrian	482	ZGRUPKA PROMOBIL TEAM	M2	14	00:50:46	01:50:28	02:32:32	03:00:29.00	03:00:32.80	+00:56:11 (31.1%)	8:48	6.8 (68.7%)

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						Babia 1 4.5km	Markowe 13.2km	Babia 2 15.5km					
39	GIBAS Rafał	507		M2	15	00:50:59	01:49:54	02:30:12	03:01:05.70	03:01:12.45	+00:56:51 (31.4%)	8:50	6.8 (68.7%)
40	JUDASZ Leszek	488		M1	18	00:51:33	01:48:40	02:33:46	03:01:27.10	03:01:32.65	+00:57:11 (31.5%)	8:51	6.8 (68.7%)
41	KIDOŃ Anna	543	ORAWARUN	K2	4	00:57:58	01:59:01	02:39:48	03:02:59.30	03:03:02.25	+00:58:41 (32.1%)	8:55	6.7 (67.7%)
42	TOMIK Malgorzata	481	LA SPORTIVA POLSKA	K1	5	00:51:29	01:53:06	02:34:14	03:04:08.55	03:04:10.70	+00:59:49 (32.5%)	8:58	6.7 (67.7%)
43	KMEŤOVÁ Kristína	483		K1	6	00:53:40	01:56:13	02:37:29	03:04:28.10	03:04:30.85	+01:00:09 (32.6%)	8:59	6.7 (67.7%)
44	SZNAJDER Jarosław	517	RUNPROGRESS.PL TEAM	M3	1	00:52:53	01:52:30	02:36:41	03:05:05.70	03:05:09.50	+01:00:48 (32.8%)	9:01	6.6 (66.7%)
45	WÓJCICKI Dariusz	512	CSC ADVENTURE ACADEMY	M3	2	00:54:28	01:53:58	02:37:27	03:06:11.20	03:06:14.05	+01:01:53 (33.2%)	9:04	6.6 (66.7%)
46	LELITO Piotr	443		M2	16	00:54:42	01:54:25	02:37:43	03:06:16.35	03:06:21.60	+01:02:00 (33.3%)	9:05	6.6 (66.7%)
47	PĘKSA Bogdan	577	BP	M1	19	00:56:13	01:56:57	02:40:41	03:06:50.10	03:06:56.55	+01:02:35 (33.5%)	9:06	6.6 (66.7%)
48	ORZYŁOWSKI Maciej	446	RUNPASSION	M2	17	00:54:37	01:53:33	02:39:55	03:07:19.90	03:07:26.55	+01:03:05 (33.7%)	9:08	6.6 (66.7%)
49	ŁĘŻNIAK Aleksander	401	MONK SANDALS	M1	20	00:52:34	01:50:36	02:40:10	03:08:18.70	03:08:23.20	+01:04:02 (34.0%)	9:11	6.5 (65.7%)
50	ZIĘBA Paweł	473	PRESS GLASS - SPORT AND SUPPORT	M1	21	00:53:12	01:55:45	02:37:47	03:08:53.55	03:08:59.05	+01:04:38 (34.2%)	9:12	6.5 (65.7%)
51	BARANOWSKI Maciej	505	JACEKBIEGA RUNNING TEAM	M2	18	00:49:29	01:46:27	02:31:16	03:09:11.05	03:09:12.10	+01:04:51 (34.3%)	9:13	6.5 (65.7%)
52	WYSŁUCH Izabela	427		K1	7	00:56:21	01:58:23	02:41:44	03:09:10.20	03:09:14.25	+01:04:53 (34.3%)	9:13	6.5 (65.7%)
53	KOSMOWSKI Michal	475	TRINERGY	M2	19	00:51:34	01:57:01	02:38:11	03:09:31.70	03:09:35.20	+01:05:14 (34.4%)	9:14	6.5 (65.7%)
54	ZAJDER Paweł	514	PRZEDWOJEWSKI TEAM	M1	22	00:53:22	01:53:34	02:41:04	03:10:18.50	03:10:29.50	+01:06:08 (34.7%)	9:16	6.5 (65.7%)
55	MALECKA-LEŃ Patrycja	414	STAJNIA BALONA	K2	5	00:55:29	01:59:16	02:43:29	03:11:14.40	03:11:17.35	+01:06:56 (35.0%)	9:19	6.4 (64.6%)
56	KOZAK Tomasz	570		M1	23	00:54:32	01:54:59	02:40:10	03:11:31.35	03:11:41.30	+01:07:20 (35.1%)	9:20	6.4 (64.6%)
57	DOŁŻYCKI Paweł	432		M1	24	00:53:05	01:56:30	02:40:03	03:12:22.70	03:12:27.45	+01:08:06 (35.4%)	9:23	6.4 (64.6%)
58	MATYSIAK Marcin	572	ULTRAWYRYPA.PL	M2	20	00:52:06	01:55:37		03:12:30.85	03:12:33.75	+01:08:12 (35.4%)	9:23	6.4 (64.6%)
59	DZIKOWSKI Michal	484		M1	25	00:54:58	01:57:02	02:40:20	03:14:38.30	03:14:41.45	+01:10:20 (36.1%)	9:29	6.3 (63.6%)
60	LEŚNIEWSKI-PARFIANOWICZ Grzegorz	442	TEAM SALVAGENTE LEŚNE WILCZE JEDNOROŻCE	M1	26	00:55:31	01:57:30	02:42:55	03:14:48.10	03:15:01.60	+01:10:40 (36.2%)	9:30	6.3 (63.6%)
61	HOLC Katarzyna	449	BANDA GRUDNIA	K1	8	00:53:58	01:59:54	02:43:07	03:16:44.25	03:16:46.85	+01:12:25 (36.8%)	9:35	6.3 (63.6%)

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						Babia 1 4.5km	Markowe 13.2km	Babia 2 15.5km					
62	HETMAŃCZYK Jakub	602		M2	21	00:55:29	01:59:33	02:46:01	03:17:50.85	03:17:57.90	+01:13:37 (37.2%)	9:39	6.2 (62.6%)
63	KRÓTKI Stanisław	591		M2	22	00:54:20	01:59:51	02:45:34	03:19:28.95	03:19:34.95	+01:15:14 (37.7%)	9:43	6.2 (62.6%)
64	KOŁODZIEJSKI Jarek	533	OWOCBIEGATEAM	M2	23	00:57:55	02:01:32	02:48:17	03:19:33.00	03:19:43.40	+01:15:22 (37.7%)	9:44	6.2 (62.6%)
65	JANKOWSKI Dawid	455		M2	24	00:53:51	01:59:07	02:46:04	03:19:40.20	03:19:46.15	+01:15:25 (37.8%)	9:44	6.2 (62.6%)
66	PYTEL Sergiusz	448	SEROWY	M1	27	00:53:37	01:56:53	02:42:33	03:20:59.15	03:21:15.25	+01:16:54 (38.2%)	9:48	6.1 (61.6%)
67	MECHLIŃSKI Bartłomiej	468		M2	25	00:52:43	02:00:15	02:45:40	03:21:24.75	03:21:28.55	+01:17:07 (38.3%)	9:49	6.1 (61.6%)
68	SWAT Damian	462		M1	28	01:00:52	02:05:21	02:55:01	03:22:22.05	03:22:32.20	+01:18:11 (38.6%)	9:52	6.1 (61.6%)
69	PRZYBYŁOWSKI Piotr	573		M2	26	00:55:28	02:01:15	02:46:15	03:22:53.10	03:22:58.35	+01:18:37 (38.7%)	9:53	6.1 (61.6%)
70	JAKUBIEC Ewa	477		K1	9	00:57:24	02:05:31	02:55:14	03:25:26.05	03:25:30.05	+01:21:09 (39.5%)	10:01	6 (60.6%)
71	MROWIEC Bernard	524	MKS VICTORIA RACIBÓRZ	M3	3	00:56:21	02:05:33	02:53:25	03:25:22.30	03:25:30.25	+01:21:09 (39.5%)	10:01	6 (60.6%)
72	MUCHA Agnieszka	493		K2	6	00:56:15	02:05:34	02:53:12	03:26:28.95	03:26:34.55	+01:22:13 (39.8%)	10:04	6 (60.6%)
73	RYBKOWSKI Hubert	445	KTÓRĘDYNADMORSKIEOKO	M2	27	01:01:04	02:15:30	02:56:58	03:26:49.05	03:26:57.00	+01:22:36 (39.9%)	10:05	5.9 (59.6%)
74	KOŁODZIEJ Tomasz	474		M2	28	00:57:17	02:04:21	02:54:47	03:29:53.20	03:29:57.20	+01:25:36 (40.8%)	10:14	5.9 (59.6%)
75	WOLF Krzysiek	518		M1	29	00:51:22	01:54:29	02:48:46	03:30:20.65	03:30:27.15	+01:26:06 (40.9%)	10:15	5.8 (58.6%)
76	KRZEPKOWSKI Radosław	433	ADIDAS RUNNERS WARSAW	M2	29	01:00:49	02:08:25	02:56:50	03:30:27.70	03:30:42.45	+01:26:21 (41.0%)	10:15	5.8 (58.6%)
77	GOTKIEWICZ- CICHON Edyta	467		K2	7	01:00:04	02:09:40	02:57:09	03:30:35.75	03:30:44.75	+01:26:23 (41.0%)	10:16	5.8 (58.6%)
78	KULAWIK Bartek	465		M2	30	00:57:54	02:08:30	02:56:06	03:32:16.40	03:32:21.60	+01:28:00 (41.4%)	10:21	5.8 (58.6%)
79	SMUDA Krzysztof	403	RUNNINGPERFORMANCE.PL	M1	30	00:57:09	02:02:29	02:54:44	03:34:03.45	03:34:05.45	+01:29:44 (41.9%)	10:26	5.7 (57.6%)
80	SALIK Stanisław	600		M2	31	01:03:09	02:15:05	03:00:13	03:34:53.10	03:35:13.75	+01:30:52 (42.2%)	10:28	5.7 (57.6%)
81	SŁOCIŃSKA Paulina	415		K1	10	00:56:22	02:09:21	02:56:59	03:35:03.20	03:35:21.75	+01:31:00 (42.3%)	10:29	5.7 (57.6%)
82	PIĄTON Piotr	556		M2	32	01:04:37	02:14:00	03:04:27	03:36:25.25	03:36:44.85	+01:32:23 (42.6%)	10:33	5.7 (57.6%)
83	SZYMAŃSKI Kamil	496		M1	31	01:07:34	02:14:21	03:05:47	03:37:06.45	03:37:16.75	+01:32:55 (42.8%)	10:35	5.7 (57.6%)
84	JURZEC Andrzej	565	DZIKI GOŃ	M2	33	01:00:27	02:07:31	03:01:49	03:37:12.60	03:37:18.15	+01:32:57 (42.8%)	10:35	5.7 (57.6%)

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						Babia 1 4.5km	Markowe 13.2km	Babia 2 15.5km					
85	TUREK Krystian	535	NARLI.PL	M1	32	01:00:18	02:09:33	03:05:14	03:37:55.05	03:38:02.55	+01:33:41 (43.0%)	10:37	5.6 (56.6%)
86	STERNAL Grzegorz	489		M2	34	00:59:46	02:08:16	03:06:02	03:39:39.35	03:39:59.60	+01:35:38 (43.5%)	10:42	5.6 (56.6%)
87	PAPAJ Jakub	486		M2	35	01:05:03	02:14:05	03:04:15	03:40:21.80	03:40:28.55	+01:36:07 (43.6%)	10:44	5.6 (56.6%)
88	ARTYM Magda	436	#TRENUJZKOSTEREM	K3	1	01:02:27	02:16:30	03:06:03	03:40:33.80	03:40:38.15	+01:36:17 (43.6%)	10:45	5.6 (56.6%)
89	GRZYBOWSKI Maciek	525	ACTI-VIT	M2	36	00:59:07	02:05:31	02:57:50	03:42:39.95	03:42:50.70	+01:38:29 (44.2%)	10:51	5.5 (55.6%)
90	SOWA-LEWANDOWSKA Katarzyna	541	UKS LIDER/TECHNIKAM	K2	8	01:05:40	02:16:51	03:11:02	03:43:02.00	03:43:22.50	+01:39:01 (44.3%)	10:52	5.5 (55.6%)
91	ŁAŻEŃSKI Łukasz	596		M1	33	01:00:54	02:16:37	03:09:32	03:44:30.60	03:44:39.00	+01:40:18 (44.6%)	10:57	5.5 (55.6%)
92	DZIERŻAK Elżbieta	546	WWW.TRENINGFIZJOTERAPIA.PL	K2	9	01:06:22	02:21:47	03:10:43	03:44:49.45	03:44:56.95	+01:40:36 (44.7%)	10:58	5.5 (55.6%)
93	FERENC Ela	453		K1	11	01:05:48	02:17:24	03:09:28	03:45:28.70	03:45:42.80	+01:41:21 (44.9%)	10:59	5.5 (55.6%)
94	ZBARAZA Nikodem	461		M1	34	01:01:49	02:13:26	03:03:58	03:45:40.65	03:45:49.85	+01:41:28 (44.9%)	11:00	5.5 (55.6%)
95	WEINBERG Kamil	536	DROGA DO ULTRA / BIEGIEM PO PIWO	M3	4	01:08:35	02:24:18	03:15:25	03:48:04.65	03:48:16.05	+01:43:55 (45.5%)	11:07	5.4 (54.5%)
96	SZCZYGIEL-SOMMER Ola	407	GRUPA NOMAX	K2	10	01:03:18	02:21:45	03:12:51	03:49:53.75	03:49:59.90	+01:45:39 (45.9%)	11:12	5.4 (54.5%)
97	TOMASZEWSKI Marcin	585		M2	37	01:01:04	02:17:05	03:11:17	03:49:54.30	03:50:01.35	+01:45:40 (45.9%)	11:12	5.4 (54.5%)
98	KARPIERZ Tomasz	444		M1	35	01:08:02	02:19:16	03:09:53	03:50:55.40	03:51:11.45	+01:46:50 (46.2%)	11:15	5.3 (53.5%)
99	BOCZKOWSKA Justyna	501		K3	2	01:07:21	02:22:26	03:16:13	03:51:01.35	03:51:11.75	+01:46:50 (46.2%)	11:16	5.3 (53.5%)
100	GRZĄDKA Anna	502		K2	11	01:04:53	02:21:54	03:13:35	03:52:45.65	03:52:52.00	+01:48:31 (46.6%)	11:21	5.3 (53.5%)
101	CZERNICKI Jakub	441	TRI SUCHY LAS	M2	38	01:06:08	02:24:14	03:13:27	03:53:35.40	03:53:47.65	+01:49:26 (46.8%)	11:23	5.3 (53.5%)
102	ANTOŃCZYK Julia	540		K1	12	01:05:48	02:22:36	03:14:13	03:53:52.45	03:53:55.60	+01:49:34 (46.8%)	11:24	5.3 (53.5%)
103	ANTOŃCZYK Krzysztof	490		M3	5	01:02:16	02:22:37	03:14:09	03:53:53.10	03:53:56.35	+01:49:35 (46.8%)	11:24	5.3 (53.5%)
104	HARASIMOWICZ Aleksandra	554		K1	13	01:04:46	02:19:23	03:16:54	03:53:54.80	03:54:01.75	+01:49:40 (46.9%)	11:24	5.3 (53.5%)
105	OLMA Dariusz	494	OPTYMISTA AMATOR	M2	39	01:03:02	02:20:17	03:17:47	03:55:16.00	03:55:25.55	+01:51:04 (47.2%)	11:28	5.2 (52.5%)
106	WĄSOWICZ Paweł	492	FIZJOTERAPIA WĄSOWICZ	M1	36	01:00:08	02:12:09	03:18:59	03:55:29.90	03:55:50.45	+01:51:29 (47.3%)	11:29	5.2 (52.5%)
107	OZIĘBŁOWSKI Paweł	562	MACIEJKOWICKA STOPA	M2	40	01:00:17	02:17:50	03:13:43	03:55:57.25	03:56:05.85	+01:51:44 (47.3%)	11:30	5.2 (52.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas			Czas netto 20.5km	Czas brutto 20.5km	Różn	Tempo min/km	Tempo km/h
						Babia 1 4.5km	Markowe 13.2km	Babia 2 15.5km					
108	SKOWRONEK Robert	411		M3	6	01:04:44	02:21:19	03:17:04	03:56:02.95	03:56:08.30	+01:51:47 (47.3%)	11:30	5.2 (52.5%)
109	ANCZOK Wojciech	559		M2	41	01:00:17	02:19:21	03:12:31	03:56:10.10	03:56:19.95	+01:51:59 (47.4%)	11:31	5.2 (52.5%)
110	NATONIK Joanna	592		K1	14	01:10:42	02:27:42	03:22:22	03:57:56.35	03:58:09.95	+01:53:49 (47.8%)	11:36	5.2 (52.5%)
111	GARCÍA GIRON Jose	422		M2	42	01:00:53	02:12:56	03:10:50	03:58:04.75	03:58:20.70	+01:53:59 (47.8%)	11:36	5.2 (52.5%)
112	STROCZYŃSKI Paweł	542	TYSKIE SINICE	M2	43	01:02:21	02:20:22	03:12:49	03:58:32.50	03:58:46.35	+01:54:25 (47.9%)	11:38	5.2 (52.5%)
113	GÓRSKI Jakub	523	RAPID RUNNERS TEAM	M2	44	01:06:12	02:24:41	03:18:30	03:58:51.95	03:59:05.90	+01:54:45 (48.0%)	11:39	5.1 (51.5%)
114	BOŁDYS Paweł	464	TRENER BIEGACZY RUNONLINE.PL	M2	45	01:07:21	02:22:49	03:20:18	03:58:59.15	03:59:08.70	+01:54:47 (48.0%)	11:39	5.1 (51.5%)
115	NYC-ZIMNY Małgorzata	509	4TRITEAM	K2	12	01:05:00	02:26:14	03:20:44	03:59:13.00	03:59:15.00	+01:54:54 (48.0%)	11:40	5.1 (51.5%)
116	LASYK Agnieszka	586		K2	13	01:03:24	02:31:09	03:17:10	03:59:55.20	04:00:06.90	+01:55:46 (48.2%)	11:42	5.1 (51.5%)
117	KRAWIEC Dominik	480		M1	37	01:07:48	02:25:39	03:20:46	03:59:58.50	04:00:09.75	+01:55:48 (48.2%)	11:42	5.1 (51.5%)
118	KOPEĆ Renata	589	TRAIL IS OUR WAY	K2	14	01:13:24	02:31:15	03:25:39	04:01:20.30	04:01:28.70	+01:57:07 (48.5%)	11:46	5.1 (51.5%)
119	ZAJĄC Przemysław	513		M1	38	01:04:08	02:22:09	03:22:02	04:01:52.20	04:02:03.00	+01:57:42 (48.6%)	11:47	5.1 (51.5%)
120	BRZEZIŃSKI Piotr	561	FASOLKI	M2	46	01:02:12	02:20:55	03:18:32	04:02:34.00	04:02:43.25	+01:58:22 (48.8%)	11:49	5.1 (51.5%)
121	RESPONDEK Michał	530		M1	39	00:58:37	02:10:12	03:12:28	04:04:45.50	04:05:01.70	+02:00:40 (49.3%)	11:56	5 (50.5%)
122	ADAMCZYK Mirosław	521	CSC ADVENTURE ACADEMY	M3	7	01:02:06	02:19:39	03:20:45	04:05:41.05	04:05:44.90	+02:01:24 (49.4%)	11:59	5 (50.5%)
123	SARNOWSKA Karolina	406	PRORUNNING PROMOTION	K2	15	01:08:07	02:29:52	03:27:59	04:06:00.90	04:06:06.55	+02:01:45 (49.5%)	12:00	5 (50.5%)
124	KORZENIOWSKA Magdalena	515	NIEPOŁOMICE BIEGAJĄ	K2	16	01:10:18	02:30:43	03:28:48	04:07:38.85	04:07:47.55	+02:03:26 (49.8%)	12:04	5 (50.5%)
125	BĄK Artur	516	ELITARNY KLUB GERIATRYCZNY	M3	8	01:10:17	02:30:42	03:28:28	04:07:39.10	04:07:47.70	+02:03:26 (49.8%)	12:04	5 (50.5%)
126	BAJAN Tomasz	593	ŻONA NIE WIE, ŻE TU JESTEM ,)	M2	47	00:57:49	02:08:54	03:19:38	04:09:15.75	04:09:20.35	+02:04:59 (50.1%)	12:09	4.9 (49.5%)
127	MIGASIEWICZ Marcin	520	RUNINNG TEAM MILICZ	M1	40	01:07:14	02:31:58	03:24:27	04:09:10.00	04:09:24.15	+02:05:03 (50.1%)	12:09	4.9 (49.5%)
128	GĘSIAREK Grzegorz	538		M2	48	01:07:30	02:24:11	03:25:42	04:09:24.25	04:09:35.30	+02:05:14 (50.2%)	12:09	4.9 (49.5%)
129	KRAJEWSKA-PALUCH Ewa	431		K2	17	01:05:22	02:28:05	03:23:22	04:11:19.60	04:11:27.70	+02:07:06 (50.5%)	12:15	4.9 (49.5%)
130	GIERMAK Maciej	412		M1	41	01:06:01	02:35:32	03:28:52	04:13:18.10	04:13:35.95	+02:09:15 (51.0%)	12:21	4.9 (49.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat				Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						Babia 1 4.5km	Markowe 13.2km	Babia 2 15.5km	20.5km	20.5km			
131	GALUSKIN Alexey	409		M2	49	01:07:09	02:32:30	03:29:32	04:16:14.10	04:16:21.45	+02:12:00 (51.5%)	12:29	4.8 (48.5%)
132	SKROBAŃSKA Katarzyna	532	SKROBKITEAM	K2	18	01:12:04	02:35:57	03:37:07	04:16:55.70	04:17:06.60	+02:12:45 (51.6%)	12:31	4.8 (48.5%)
133	NIEWIADOMSKI Marek	547	CROSS KRAPKOWICE	M2	50	01:05:39	02:25:15	03:27:53	04:17:02.90	04:17:17.60	+02:12:56 (51.7%)	12:32	4.8 (48.5%)
134	SZCZYGIEŁ Szymon	479		M1	42	01:01:16	02:22:29	03:26:48	04:17:17.00	04:17:23.15	+02:13:02 (51.7%)	12:33	4.8 (48.5%)
135	SZCZYGIEŁ Przemysław	478		M2	51	01:01:14	02:22:29	03:26:52	04:17:17.65	04:17:23.80	+02:13:02 (51.7%)	12:33	4.8 (48.5%)
136	SZYSZKA Ryszard	426		M2	52	01:01:09	02:24:10	03:27:08	04:17:36.95	04:17:45.10	+02:13:24 (51.8%)	12:33	4.8 (48.5%)
137	HATCHEN Jens	611	WM TRISELF	M2	53	01:07:20	02:33:29	03:27:52	04:18:27.95	04:18:45.40	+02:14:24 (51.9%)	12:36	4.8 (48.5%)
138	MAJEWSKI Piotr	423	OLKUSZBIEGA.PL	M2	54	01:08:28	02:28:19	03:26:36	04:19:42.70	04:19:59.05	+02:15:38 (52.2%)	12:40	4.7 (47.5%)
139	JARECKI Paweł	548		M2	55	01:01:47	02:25:13	03:31:49	04:21:19.90	04:21:35.50	+02:17:14 (52.5%)	12:44	4.7 (47.5%)
140	WOŚ Anna	506	REHABILITACJA AKDEMIA RUCHU	K2	19	01:12:25	02:39:18	03:42:48	04:22:31.05	04:22:50.35	+02:18:29 (52.7%)	12:48	4.7 (47.5%)
141	DANIELAK Roman	469		M3	9	01:07:21	02:22:19	03:30:44	04:22:36.30	04:22:51.15	+02:18:30 (52.7%)	12:48	4.7 (47.5%)
142	WOŚ Krzysztof	504	JAKUB WĘDROWYCZ RUNNING ACADEMY	M2	56	01:12:13	02:39:22	03:43:01	04:22:43.75	04:23:03.05	+02:18:42 (52.7%)	12:48	4.7 (47.5%)
143	RYBA Maria	472	BOB CZARNA PERŁA	K2	20	01:07:08	02:29:03	03:38:02	04:22:54.70	04:23:06.10	+02:18:45 (52.7%)	12:49	4.7 (47.5%)
144	MERTAS Dominik	410	RYBNICKA GRUPA BIEGOWA PĘDZIMY RAZEM	M2	57	01:10:59	02:39:02	03:42:21	04:24:43.30	04:24:50.05	+02:20:29 (53.0%)	12:54	4.6 (46.5%)
145	BŁĄŻEJOWSKI Krzysztof	440		M3	10	01:10:59	02:42:59	03:38:11	04:25:42.45	04:26:04.00	+02:21:43 (53.3%)	12:57	4.6 (46.5%)
146	ZIÓŁEK Andrzej	419		M3	11	01:09:48	02:34:53	03:38:18	04:27:01.55	04:27:12.10	+02:22:51 (53.5%)	13:01	4.6 (46.5%)
147	POLEC Tomasz	552		M2	58	01:06:32	02:28:15	03:26:33	04:27:42.50	04:27:59.45	+02:23:38 (53.6%)	13:03	4.6 (46.5%)
148	ROLIK Anna	597		K2	21	01:10:23	02:40:33	03:36:25	04:28:36.55	04:28:46.10	+02:24:25 (53.7%)	13:06	4.6 (46.5%)
149	RYNDAK Mariusz	598		M3	12	01:10:23	02:40:35	03:37:25	04:28:35.95	04:28:46.25	+02:24:25 (53.7%)	13:06	4.6 (46.5%)
150	BOCHENEK Tomasz	459	"ŻÓŁWIE MI POUCCIEKAŁY"	M2	59	01:07:53	02:34:17	03:45:31	04:32:06.55	04:32:14.65	+02:27:53 (54.3%)	13:16	4.5 (45.5%)
151	BARANSKI Adrian	424	POMORZEHZR	M1	43	01:06:03	02:30:42	03:41:16	04:32:58.95	04:33:13.05	+02:28:52 (54.5%)	13:18	4.5 (45.5%)
152	BLOCH Cezary	603	SIXA	M2	60	01:07:33	02:35:17	03:44:30	04:33:25.80	04:33:35.30	+02:29:14 (54.5%)	13:20	4.5 (45.5%)
153	NADERA Łukasz	557		M1	44	01:05:57	02:24:12	03:38:28	04:35:55.20	04:36:09.15	+02:31:48 (55.0%)	13:27	4.5 (45.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas			Czas netto 20.5km	Czas brutto 20.5km	Różn	Tempo min/km	Tempo km/h
						Babia 1 4.5km	Markowe 13.2km	Babia 2 15.5km					
154	SIWEK Michał	466	-	M1	45	01:09:40	02:34:54	03:46:55	04:36:04.25	04:36:17.10	+02:31:56 (55.0%)	13:28	4.5 (45.5%)
155	RYBA Bartłomiej	471		M2	61	01:07:16	02:34:12	03:42:13	04:36:22.15	04:36:33.70	+02:32:12 (55.0%)	13:28	4.5 (45.5%)
156	SOBOLEWSKI Adam	527		M2	62	01:02:04	02:27:20	03:38:14	04:37:16.40	04:37:28.35	+02:33:07 (55.2%)	13:31	4.4 (44.4%)
157	FERFECKI Marek	497	WĘDROWYCZ TEAM	M2	63	01:12:29	02:44:14	03:52:03	04:41:08.30	04:41:26.55	+02:37:05 (55.8%)	13:42	4.4 (44.4%)
158	ŚWISTEK Aleksandra	498	MISTRZOWSKI TRENING	K1	15	01:10:56	02:48:07	03:54:51	04:43:22.50	04:43:35.55	+02:39:14 (56.2%)	13:49	4.3 (43.4%)
159	PASIERBEK Agnieszka	495		K2	22	01:15:06	02:44:34	03:53:03	04:43:35.90	04:43:51.05	+02:39:30 (56.2%)	13:50	4.3 (43.4%)
160	BĄKOWSKI Włodzimierz	580	KS KANDAHAR	M3	13	01:09:26	02:44:36	03:50:47	04:45:41.30	04:45:56.30	+02:41:35 (56.5%)	13:56	4.3 (43.4%)
161	DELMANOWICZ Julia	499	ŚLĘZAK TEAM	K1	16	01:10:58	02:48:09	03:54:50	04:47:54.45	04:48:07.45	+02:43:46 (56.8%)	14:02	4.3 (43.4%)
162	CISZAK Wojtek	457	DZIKIE KUNY	M2	64	01:08:15	02:40:17	03:58:29	04:49:43.20	04:49:51.45	+02:45:30 (57.1%)	14:07	4.2 (42.4%)
163	TEISTER Wojciech	551	MARATON TRZECH JEZIOR	M2	65	01:12:51	02:43:54	04:04:23	04:50:09.40	04:50:28.75	+02:46:07 (57.2%)	14:09	4.2 (42.4%)
164	CZACHOWSKI Michał	555	ZWAWĘ ZOLWIE	M3	14	01:24:04	02:58:03	04:14:42	04:50:33.30	04:50:55.00	+02:46:34 (57.3%)	14:10	4.2 (42.4%)
165	DULĘBA Tomasz	408		M3	15	01:07:27	02:34:15	03:48:48	04:50:50.25	04:51:02.20	+02:46:41 (57.3%)	14:11	4.2 (42.4%)
166	KERSZKA Tomasz	413		M2	66	01:00:18	02:16:10	03:49:15	04:52:53.05	04:53:06.85	+02:48:45 (57.6%)	14:17	4.2 (42.4%)
167	GALIKOWSKI Maciej	463	SWOJSCY MULTI FOOD	M2	67	01:06:35	02:44:37	03:56:00	04:53:30.95	04:53:38.00	+02:49:17 (57.7%)	14:19	4.2 (42.4%)
168	GŁUSZCZYŃSKI Mateusz	437		M1	46	01:15:08	02:48:40	04:00:19	04:54:08.30	04:54:28.05	+02:50:07 (57.8%)	14:20	4.2 (42.4%)
169	HANGIEL Urszula	519	ŻWAWĘ ŻÓŁWIE	K2	23	01:23:52	02:57:58	04:14:35	04:54:34.00	04:54:56.05	+02:50:35 (57.8%)	14:22	4.2 (42.4%)
170	ŁATKA Mateusz	545		M1	47	01:16:54	02:57:19	04:13:24	05:00:48.40	05:01:07.55	+02:56:46 (58.7%)	14:40	4.1 (41.4%)
171	SYNOWIEC Marta	420		K1	17	01:17:07	02:55:23	04:17:43	05:02:30.55	05:02:35.80	+02:58:14 (58.9%)	14:45	4.1 (41.4%)
172	ŁATKA Dorota	544		K2	24	01:24:00	03:05:33	04:18:29	05:02:59.60	05:03:18.15	+02:58:57 (59.0%)	14:46	4.1 (41.4%)
173	ZALAS Jerzy	418		M3	16	01:12:29	02:47:31	03:53:34	05:04:14.60	05:04:26.95	+03:00:06 (59.2%)	14:50	4 (40.4%)
174	KRÓL Elżbieta	510	ESKADRA KRAKÓW	K3	3	01:10:54	02:51:48		05:09:26.95	05:09:35.55	+03:05:14 (59.8%)	15:05	4 (40.4%)
175	KARKOSZKA Dawid	522	DIM	M1	48	01:09:00	02:38:12	04:08:52	05:10:54.05	05:11:03.70	+03:06:42 (60.0%)	15:09	4 (40.4%)
176	WÓJCIK Magdalena	549		K1	18	01:13:42	02:50:49	04:04:51	05:11:18.15	05:11:31.70	+03:07:10 (60.1%)	15:11	4 (40.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Babia 1 4.5km	Markowe 13.2km	Babia 2 15.5km	Czas netto 20.5km	Czas brutto 20.5km	Różn	Tempo min/km	Tempo km/h
177	KALITOWSKI Maciej	534		M2	68	01:20:51	02:58:19	04:24:35	05:14:18.70	05:14:27.90	+03:10:07 (60.5%)	15:19	3.9 (39.4%)
178	SIEMIĄTKOWSKI Krzysztof	609	#BIEGAMWOLNOALEDOKŁADNIE	M2	69	01:17:22	02:55:45	04:14:38	05:16:06.55	05:16:23.75	+03:12:02 (60.7%)	15:25	3.9 (39.4%)
179	CZYŻ Justyna	526		K2	25	01:19:32	03:05:20	04:19:28	05:24:04.60	05:24:21.55	+03:20:00 (61.7%)	15:48	3.8 (38.4%)
180	PALUCH Łukasz	590		M2	70	01:25:08	03:11:54	04:26:35	05:24:50.20	05:25:03.25	+03:20:42 (61.7%)	15:50	3.8 (38.4%)
181	SZYMURA Izabela	460	RYBNICKA GRUPA BIEGOWA PĘDZIMY RAZEM	K2	26	01:19:35	03:15:14	04:28:22	05:25:54.60	05:26:01.05	+03:21:40 (61.9%)	15:53	3.8 (38.4%)
182	ZAJĄC Aga	430	77CATS ULTRA	K2	27	01:24:10	03:11:53	04:29:20	05:27:19.60	05:27:32.00	+03:23:11 (62.0%)	15:58	3.8 (38.4%)
183	MENDOCHA Jakub	458		M1	49	01:26:06	03:17:47	04:41:34	05:37:12.90	05:37:29.80	+03:33:08 (63.2%)	16:26	3.6 (36.4%)
184	CHERVET Cedric	571		M2	71	01:23:22	03:18:58	04:46:51	05:43:01.25	05:43:16.25	+03:38:55 (63.8%)	16:43	3.6 (36.4%)
185	MORAWSKA Anna	402		K3	4	01:27:57	03:24:58	04:46:59	05:44:03.40	05:44:19.05	+03:39:58 (63.9%)	16:46	3.6 (36.4%)
186	DULSKI Daniel	608	ALPIN SPORT TEAM	M1	50	00:39:49					+00:01:38	8:50	6.8 (68.7%)
DNC	SZCZEPANIAK Witold	610		M2		00:43:04	01:30:31	02:04:14	02:48:42.05	02:48:44.00		0:00	7.3 (73.7%)
	JELTEMA Bastin	421	WM TRISELF	M2		01:28:00 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	JAGIELSKI Robert	417		M2		02:57:06 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	HUDASZEK Magda	429		K1		00:55:19 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	MAREK Dariusz	450	SCARPA TEAM POLAND / #R	M2		DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	PONIKIEWSKA Anna	487		K1		DNF	DNF	DNF	DNF	DNF		-	- (0.0%)

Znaleziono 192 wynik(ów)