



# 2XBABIA GÓRA SKYRACE®

B4SPORT

**Wydarzenie:** ULTRAMARATON BABIA GÓRA 2021  
**Organizator:** KOZICA Fundacja Biegów Górskich  
**Data:** 2021-06-12  
**Miejsce:** Babia Góra  
**Dystans:** 20.5 km

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Babia 1 4.5km	Markowe 13.2km	Babia 2 15.5km	Czas netto 20.5km	Czas brutto 20.5km	Różn	Tempo min/km	Tempo km/h
1	<b>MAREK Dariusz</b>	<b>331</b>	MONK SANDALS TEAM	M2	1	00:41:19	01:26:45	01:58:21	<b>02:21:14.30</b>	<b>02:21:47.85</b>		6:53	8.7 (100%)
2	<b>URBAŃCZYK Karol</b>	<b>332</b>	NON STOP TRAIL	M1	1	00:41:29	01:30:31	02:03:39	<b>02:26:48.25</b>	<b>02:27:22.45</b>	+00:05:34 (3.8%)	7:09	8.4 (96.6%)
3	<b>BROJ Marcel</b>	<b>308</b>	BROJ TEAM ŻLINICE	M1	2	00:42:27		02:06:10	<b>02:31:40.60</b>	<b>02:32:15.35</b>	+00:10:27 (6.9%)	7:23	8.1 (93.1%)
4	<b>STREIT Dawid</b>	<b>355</b>	SBRT BIELSKO-BIAŁA	M2	2	00:46:02	01:36:02	02:11:37	<b>02:36:07.25</b>	<b>02:36:41.65</b>	+00:14:53 (9.5%)	7:36	7.9 (90.8%)
5	<b>ŻÓŁTEK Grzegorz</b>	<b>506</b>		M1	3	00:42:58	01:35:34	02:10:27	<b>02:39:47.30</b>	<b>02:40:22.35</b>	+00:18:34 (11.6%)	7:47	7.7 (88.5%)
6	<b>BUCZYŃSKI Adam</b>	<b>362</b>	NON STOP TRAIL	M2	3	00:45:44	01:37:22	02:12:46	<b>02:40:19.10</b>	<b>02:40:53.65</b>	+00:19:05 (11.9%)	7:49	7.7 (88.5%)
7	<b>SUROWIEC Michał</b>	<b>320</b>		M2	4	00:44:21	01:34:00	02:13:30	<b>02:42:52.35</b>	<b>02:43:27.15</b>	+00:21:39 (13.2%)	7:56	7.6 (87.4%)
8	<b>KOPCEWICZ Tomasz</b>	<b>571</b>		M2	5	00:48:28	01:41:22	02:18:25	<b>02:43:20.80</b>	<b>02:43:55.20</b>	+00:22:07 (13.5%)	7:58	7.5 (86.2%)
9	<b>BYRTEK Kamil</b>	<b>526</b>	WWW.EKOIDEA.SKLEP.PL	M1	4	00:44:19	01:36:30	02:15:28	<b>02:44:39.90</b>	<b>02:45:14.35</b>	+00:23:26 (14.2%)	8:01	7.5 (86.2%)
10	<b>SZKOŁA Wojciech</b>	<b>315</b>	NATURAL BORN RUNNERS	M2	6	00:48:29	01:41:20	02:17:36	<b>02:45:15.70</b>	<b>02:45:50.75</b>	+00:24:02 (14.5%)	8:03	7.4 (85.1%)
11	<b>JUREWICZ Krzysztof</b>	<b>509</b>		M2	7	00:50:02	01:42:28	02:20:30	<b>02:47:02.20</b>	<b>02:47:38.35</b>	+00:25:50 (15.4%)	8:08	7.4 (85.1%)
12	<b>CHAJDAS Mateusz</b>	<b>467</b>	LEROY MERLIN KATOWICE / INŻYNIERIA BIEGANIA	M1	5	00:48:44	01:41:27	02:22:04	<b>02:49:26.60</b>	<b>02:50:02.55</b>	+00:28:14 (16.6%)	8:15	7.3 (83.9%)
13	<b>PYREK Przemysław</b>	<b>311</b>	TRAINING BY PP	M1	6	00:49:59	01:44:15	02:22:53	<b>02:50:01.45</b>	<b>02:50:35.15</b>	+00:28:47 (16.9%)	8:17	7.2 (82.8%)
14	<b>PACHUT Jerzy</b>	<b>480</b>		M1	7	00:45:27	01:36:47	02:19:14	<b>02:50:48.55</b>	<b>02:51:22.35</b>	+00:29:34 (17.3%)	8:19	7.2 (82.8%)
15	<b>PERYKASZA Paweł</b>	<b>551</b>	GRUPALUKTRANS.PL	M2	8	00:52:07	01:47:28	02:28:25	<b>02:55:01.15</b>	<b>02:55:36.60</b>	+00:33:48 (19.3%)	8:32	7 (80.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas			Czas netto 20.5km	Czas brutto 20.5km	Różn	Tempo min/km	Tempo km/h
						Babia 1 4.5km	Markowe 13.2km	Babia 2 15.5km					
16	<b>KASZUBA Bartosz</b>	<b>337</b>	GERIATRIC TEAM	M2	9	00:53:49	01:51:05	02:32:18	<b>02:56:37.75</b>	<b>02:57:14.75</b>	+00:35:26 (20.0%)	8:36	7 (80.5%)
17	<b>MACHALSKI Sebastian</b>	<b>365</b>		M2	10	00:52:09	01:48:14	02:29:28	<b>02:57:24.45</b>	<b>02:58:00.10</b>	+00:36:12 (20.3%)	8:39	6.9 (79.3%)
18	<b>KALUŽA Luboš</b>	<b>502</b>	JAHUDKY	M2	11	00:52:20	01:51:50	02:36:37	<b>03:05:00.70</b>	<b>03:05:37.05</b>	+00:43:49 (23.6%)	9:01	6.6 (75.9%)
19	<b>GRAMS Krzysztof</b>	<b>383</b>		M2	12	00:54:42	01:52:18	02:36:33	<b>03:05:20.05</b>	<b>03:05:58.45</b>	+00:44:10 (23.8%)	9:02	6.6 (75.9%)
20	<b>KIDOŃ Anna</b>	<b>481</b>	ORAWARUN	K1	1	00:57:33	01:58:30	02:39:28	<b>03:05:42.40</b>	<b>03:06:18.05</b>	+00:44:30 (23.9%)	9:03	6.6 (75.9%)
21	<b>KLONOWSKI Kamil</b>	<b>482</b>	KLONO TEAM	M1	8	00:54:19	01:52:09	02:36:35	<b>03:08:28.20</b>	<b>03:09:02.05</b>	+00:47:14 (25.0%)	9:11	6.5 (74.7%)
22	<b>BIESZCZAD Patrycja</b>	<b>349</b>		K2	1	00:57:13	01:58:12	02:42:02	<b>03:08:50.40</b>	<b>03:09:27.75</b>	+00:47:39 (25.2%)	9:12	6.5 (74.7%)
23	<b>ZBORUCKI Jan</b>	<b>544</b>	LATAJACY CYRK	M2	13	00:58:52	02:00:10	02:41:35	<b>03:11:05.90</b>	<b>03:11:42.15</b>	+00:49:54 (26.0%)	9:19	6.4 (73.6%)
24	<b>LIPNICKA Marta</b>	<b>469</b>	KARKONOSZ RUNNING TEAM	K1	2	00:55:36	01:57:19	02:42:10	<b>03:12:24.15</b>	<b>03:12:59.70</b>	+00:51:11 (26.5%)	9:23	6.4 (73.6%)
25	<b>DANIELAK Tomasz</b>	<b>357</b>		M1	9	01:04:19	02:03:53	02:46:13	<b>03:12:41.45</b>	<b>03:13:35.50</b>	+00:51:47 (26.8%)	9:23	6.4 (73.6%)
26	<b>MALECKA-LEŃ Patrycja</b>	<b>563</b>	STAJNIA BALONA	K2	2	00:56:19	01:59:47	02:44:43	<b>03:13:49.35</b>	<b>03:14:23.65</b>	+00:52:35 (27.1%)	9:27	6.3 (72.4%)
27	<b>RUMIAN Jakub</b>	<b>373</b>	KW KRAKÓW	M1	10	00:54:42	01:56:47	02:44:37	<b>03:14:18.85</b>	<b>03:14:55.60</b>	+00:53:07 (27.3%)	9:28	6.3 (72.4%)
28	<b>SZYMURA Wojciech</b>	<b>552</b>		M2	14	00:56:13	01:56:37	02:44:59	<b>03:15:49.55</b>	<b>03:16:26.10</b>	+00:54:38 (27.8%)	9:33	6.3 (72.4%)
29	<b>GOŁĘBIEWSKA Oliwia</b>	<b>570</b>		K1	3	00:58:53	02:01:01	02:46:16	<b>03:17:10.45</b>	<b>03:17:47.00</b>	+00:55:59 (28.3%)	9:37	6.2 (71.3%)
30	<b>ZIOBROWSKI Łukasz</b>	<b>487</b>	SZTUKA RUCHU	M2	15	00:54:18		02:42:18	<b>03:17:48.40</b>	<b>03:18:25.10</b>	+00:56:37 (28.5%)	9:38	6.2 (71.3%)
31	<b>SZELEREWICZ-GŁADYSZ Paulina</b>	<b>547</b>	NIEPOŁOMICE BIEGAJĄ	K2	3	00:59:44	02:02:36	02:48:42	<b>03:18:01.55</b>	<b>03:18:36.95</b>	+00:56:49 (28.6%)	9:39	6.2 (71.3%)
32	<b>WOJCIECHOWSKI Jarosław</b>	<b>387</b>	CZASEM BIEGAM	M3	1	01:00:16	02:04:11	02:45:43	<b>03:19:00.00</b>	<b>03:19:40.05</b>	+00:57:52 (29.0%)	9:42	6.2 (71.3%)
33	<b>ŻÓŁTAK Anna</b>	<b>529</b>	LKB RUDNIK	K1	4	00:54:43	01:59:01	02:43:41	<b>03:19:52.50</b>	<b>03:20:27.45</b>	+00:58:39 (29.3%)	9:44	6.2 (71.3%)
34	<b>JĘDRZEJAK Piotr</b>	<b>338</b>		M2	16	00:56:21	02:02:55	02:46:47	<b>03:19:45.45</b>	<b>03:20:29.05</b>	+00:58:41 (29.3%)	9:44	6.2 (71.3%)
35	<b>KRZYŻANOWSKI Łukasz</b>	<b>340</b>	NOWA HUTA TEAM	M2	17	00:58:22	02:03:11	02:48:44	<b>03:19:53.30</b>	<b>03:20:30.05</b>	+00:58:42 (29.3%)	9:45	6.2 (71.3%)
36	<b>CHUDY Tobiasz</b>	<b>326</b>	R-TEAM	M1	11	00:57:28	01:59:01	02:46:45	<b>03:21:26.95</b>	<b>03:22:09.95</b>	+01:00:22 (29.9%)	9:49	6.1 (70.1%)
37	<b>LISOWSKA-WOŚ Agnieszka</b>	<b>416</b>	NIEPOŁOMICE BIEGAJĄ	K2	4	01:00:37	02:06:09	02:53:39	<b>03:23:09.15</b>	<b>03:23:45.30</b>	+01:01:57 (30.4%)	9:54	6.1 (70.1%)
38	<b>PUCHNIARZ Artur</b>	<b>343</b>		M2	18	00:58:51	02:03:27	02:48:20	<b>03:23:59.05</b>	<b>03:24:33.00</b>	+01:02:45 (30.7%)	9:57	6 (69.0%)

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						Babia 1 4.5km	Markowe 13.2km	Babia 2 15.5km					
39	<b>DĄBROWSKI Michał</b>	<b>472</b>	ULTRAPOŚLADACH/ TEAM ZABIEGANE DNI	M2	19	00:57:59	02:02:17	02:51:32	<b>03:23:45.85</b>	<b>03:24:43.10</b>	+01:02:55 (30.7%)	9:56	6 (69.0%)
40	<b>GÓRAK Grzegorz</b>	<b>564</b>		M2	20	00:56:12	01:58:10	02:49:23	<b>03:24:39.90</b>	<b>03:25:22.05</b>	+01:03:34 (31.0%)	9:58	6 (69.0%)
41	<b>ŚWIĄDER Mirosław</b>	<b>466</b>	INTEL RUNNERS/RUNPASSION.PL TEAM	M3	2	00:54:34	02:00:16	02:46:54	<b>03:27:36.80</b>	<b>03:28:25.80</b>	+01:06:37 (32.0%)	10:07	5.9 (67.8%)
42	<b>ROŚ Dominik</b>	<b>559</b>		M1	12	01:01:37	02:05:46	02:55:19	<b>03:27:46.80</b>	<b>03:28:28.10</b>	+01:06:40 (32.0%)	10:08	5.9 (67.8%)
43	<b>PRZYBYŁOWSKI Piotr</b>	<b>462</b>		M2	21	00:55:56	02:03:24	02:51:43	<b>03:28:14.45</b>	<b>03:28:51.80</b>	+01:07:03 (32.1%)	10:09	5.9 (67.8%)
44	<b>FURMAŃSKI Kuba</b>	<b>511</b>		M2	22	00:58:36	02:03:25	02:52:29	<b>03:28:22.70</b>	<b>03:29:02.70</b>	+01:07:14 (32.2%)	10:09	5.9 (67.8%)
45	<b>ŁEBKOWSKI Tomasz</b>	<b>431</b>		M2	23	00:55:32	02:05:37	02:49:02	<b>03:28:25.45</b>	<b>03:29:03.55</b>	+01:07:15 (32.2%)	10:10	5.9 (67.8%)
46	<b>SZELAĞ Dariusz</b>	<b>413</b>	LISY PUTYNI	M2	24	01:00:10	02:06:55	02:58:14	<b>03:29:09.50</b>	<b>03:29:45.35</b>	+01:07:57 (32.4%)	10:12	5.9 (67.8%)
47	<b>TOBERA Łukasz</b>	<b>505</b>		M2	25	01:01:20	02:07:18	02:55:25	<b>03:30:02.30</b>	<b>03:30:43.15</b>	+01:08:55 (32.7%)	10:14	5.9 (67.8%)
48	<b>OSIURAK Łukasz</b>	<b>325</b>	SYN LASU	M2	26	00:55:37	02:02:40	02:53:49	<b>03:30:23.95</b>	<b>03:31:01.60</b>	+01:09:13 (32.8%)	10:15	5.8 (66.7%)
49	<b>OLIWA Edward</b>	<b>491</b>	ITMBW KRAKÓW	M3	3	00:57:55	02:05:10	02:53:37	<b>03:31:54.75</b>	<b>03:32:29.60</b>	+01:10:41 (33.3%)	10:20	5.8 (66.7%)
50	<b>BRZOZOWSKA Joanna</b>	<b>569</b>	ZADYSZKA	K1	5	01:00:07	02:04:18	02:53:23	<b>03:33:07.00</b>	<b>03:33:43.45</b>	+01:11:55 (33.7%)	10:23	5.8 (66.7%)
51	<b>HALTOF Ewa</b>	<b>515</b>	JAHUDKY	K1	6	00:58:03	02:06:37	02:53:59	<b>03:33:09.70</b>	<b>03:33:48.10</b>	+01:12:00 (33.7%)	10:23	5.8 (66.7%)
52	<b>ORZYŁOWSKI Maciej</b>	<b>464</b>		M2	27	01:00:10	02:01:43	02:57:52	<b>03:34:55.20</b>	<b>03:35:43.60</b>	+01:13:55 (34.3%)	10:29	5.7 (65.5%)
53	<b>BOHDANOWICZ Krystian</b>	<b>495</b>	ATLAS RUNNING TEAM	M2	28	01:01:28	02:10:10	03:01:03	<b>03:36:10.05</b>	<b>03:36:46.10</b>	+01:14:58 (34.6%)	10:32	5.7 (65.5%)
54	<b>KUBIAK Karolina</b>	<b>328</b>		K2	5	01:06:38	02:16:46	03:06:50	<b>03:36:51.10</b>	<b>03:37:32.95</b>	+01:15:45 (34.8%)	10:34	5.7 (65.5%)
55	<b>KOŁODZIEJ Tomasz</b>	<b>530</b>		M2	29	01:00:53	02:10:17	02:59:04	<b>03:37:04.55</b>	<b>03:37:45.40</b>	+01:15:57 (34.9%)	10:35	5.7 (65.5%)
56	<b>KRAJKA Jarosław</b>	<b>451</b>	UMCS BIEGA	M2	30	01:00:10	02:10:08	03:01:36	<b>03:37:19.20</b>	<b>03:37:56.45</b>	+01:16:08 (34.9%)	10:36	5.7 (65.5%)
57	<b>PAPAJ Jakub</b>	<b>358</b>		M2	31	01:01:58	02:10:37	03:02:32	<b>03:38:42.10</b>	<b>03:39:17.15</b>	+01:17:29 (35.3%)	10:40	5.6 (64.4%)
58	<b>RYBKOWSKI Hubert</b>	<b>351</b>		M2	32	01:07:00	02:20:40	03:06:11	<b>03:38:42.45</b>	<b>03:39:22.80</b>	+01:17:34 (35.4%)	10:40	5.6 (64.4%)
59	<b>ZIĘBA Łukasz</b>	<b>405</b>	HUSARIA RACE TEAM	M1	13	00:59:52	02:08:01	02:59:24	<b>03:39:17.50</b>	<b>03:40:06.60</b>	+01:18:18 (35.6%)	10:41	5.6 (64.4%)
60	<b>ZAJDEL Michał</b>	<b>557</b>	SOCIOS SILESIA	M2	33	01:00:32	02:08:19	02:58:33	<b>03:39:58.20</b>	<b>03:40:33.00</b>	+01:18:45 (35.7%)	10:43	5.6 (64.4%)
61	<b>DANIELAK Roman</b>	<b>333</b>		M3	4	01:06:17	02:13:31	03:03:14	<b>03:39:43.90</b>	<b>03:40:38.05</b>	+01:18:50 (35.7%)	10:43	5.6 (64.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Babia 1			Czas		Różn	Tempo min/km	Tempo km/h
						4.5km	Markowe 13.2km	Babia 2 15.5km	netto 20.5km	brutto 20.5km			
62	<b>PATRO Bartłomiej</b>	<b>418</b>		M1	14	00:59:50	02:08:43	02:59:40	<b>03:40:01.95</b>	<b>03:40:44.95</b>	+01:18:57 (35.8%)	10:43	5.6 (64.4%)
63	<b>MALINA Michał</b>	<b>322</b>	HUTNIK RUN	M2	34	01:03:05	02:12:28	03:01:11	<b>03:40:12.95</b>	<b>03:40:50.60</b>	+01:19:02 (35.8%)	10:44	5.6 (64.4%)
64	<b>WOJDYŁA Paweł</b>	<b>350</b>		M1	15	01:00:02	02:10:42	03:00:25	<b>03:43:27.45</b>	<b>03:44:08.50</b>	+01:22:20 (36.7%)	10:54	5.5 (63.2%)
65	<b>SZYSZKA Ryszard</b>	<b>379</b>		M2	35	01:02:40	02:15:25	03:02:49	<b>03:43:49.80</b>	<b>03:44:30.05</b>	+01:22:42 (36.8%)	10:55	5.5 (63.2%)
66	<b>KAMIŃSKI Wojtek</b>	<b>390</b>		M2	36	00:59:51	02:08:06	03:05:54	<b>03:43:43.85</b>	<b>03:44:32.70</b>	+01:22:44 (36.9%)	10:54	5.5 (63.2%)
67	<b>BORKOWSKI Grzegorz</b>	<b>471</b>	GDYNSKI TRIATHLON	M2	37	01:02:00	02:12:28	03:07:22	<b>03:43:59.05</b>	<b>03:44:48.90</b>	+01:23:01 (36.9%)	10:55	5.5 (63.2%)
68	<b>CHUDY Ariel</b>	<b>342</b>	R-TEAM	M2	38	01:01:38	02:14:03	03:05:09	<b>03:44:06.20</b>	<b>03:44:49.95</b>	+01:23:02 (36.9%)	10:55	5.5 (63.2%)
69	<b>MUCHA Agnieszka</b>	<b>378</b>		K2	6	01:01:23	02:16:55	03:07:11	<b>03:47:36.25</b>	<b>03:48:14.50</b>	+01:26:26 (37.9%)	11:06	5.4 (62.1%)
70	<b>SZAŁAŚNY Piotr</b>	<b>438</b>	TESTYOUTDOOROWE.PL	M1	16	01:06:54	02:20:43	03:12:06	<b>03:48:53.50</b>	<b>03:49:43.55</b>	+01:27:55 (38.3%)	11:09	5.4 (62.1%)
71	<b>MAGDA Katarzyna</b>	<b>460</b>		K2	7	01:10:05	02:21:59	03:14:49	<b>03:50:27.55</b>	<b>03:51:05.65</b>	+01:29:17 (38.6%)	11:14	5.3 (60.9%)
72	<b>SKALSKI Rafał</b>	<b>444</b>		M1	17	01:07:46	02:23:02	03:15:37	<b>03:50:18.80</b>	<b>03:51:15.05</b>	+01:29:27 (38.7%)	11:14	5.3 (60.9%)
73	<b>MURAWSKI Michał</b>	<b>512</b>		M2	39	01:06:09	02:17:26	03:10:49	<b>03:51:11.90</b>	<b>03:52:03.45</b>	+01:30:15 (38.9%)	11:16	5.3 (60.9%)
74	<b>KNUŻYŃSKI Marcin</b>	<b>446</b>		M3	5	01:00:04	02:14:15	03:05:00	<b>03:51:59.65</b>	<b>03:52:40.35</b>	+01:30:52 (39.1%)	11:18	5.3 (60.9%)
75	<b>BOCZKOWSKA Justyna</b>	<b>459</b>		K3	1	01:06:27	02:21:58	03:14:48	<b>03:51:55.10</b>	<b>03:52:41.55</b>	+01:30:53 (39.1%)	11:18	5.3 (60.9%)
76	<b>ROSTWOROWSKI Jerzy</b>	<b>468</b>	SNW KW KRAKÓW	M1	18	01:04:44	02:17:22	03:11:53	<b>03:53:27.05</b>	<b>03:54:24.10</b>	+01:32:36 (39.5%)	11:23	5.3 (60.9%)
77	<b>MAZURKIEWICZ Maksymilian</b>	<b>450</b>		M1	19	01:04:20	02:20:22	03:12:10	<b>03:53:46.65</b>	<b>03:54:29.35</b>	+01:32:41 (39.5%)	11:24	5.3 (60.9%)
78	<b>STEGNER Anna</b>	<b>391</b>	SPRTANIE DZIECIOM	K2	8	01:10:09	02:24:03	03:17:29	<b>03:54:09.55</b>	<b>03:54:50.40</b>	+01:33:02 (39.6%)	11:25	5.3 (60.9%)
79	<b>WAWRZYNIAK Krystian</b>	<b>561</b>	KB ODRA OPOLE	M1	20	01:05:39	02:20:28	03:12:45	<b>03:54:26.25</b>	<b>03:55:13.05</b>	+01:33:25 (39.7%)	11:26	5.2 (59.8%)
80	<b>ANTOŃCZYK Krzysztof</b>	<b>417</b>	TUSKARORA	M3	6	01:02:13	02:18:18	03:12:16	<b>03:54:41.65</b>	<b>03:55:21.10</b>	+01:33:33 (39.8%)	11:26	5.2 (59.8%)
81	<b>SKOWRONEK Robert</b>	<b>354</b>		M2	40	01:04:03	02:17:19	03:11:56	<b>03:54:41.95</b>	<b>03:55:23.85</b>	+01:33:36 (39.8%)	11:26	5.2 (59.8%)
82	<b>SWAT Damian</b>	<b>300</b>		M1	21	01:06:03	02:17:49	03:17:16	<b>03:54:29.15</b>	<b>03:55:24.35</b>	+01:33:36 (39.8%)	11:26	5.2 (59.8%)
83	<b>TOKARZEWSKA Katarzyna</b>	<b>492</b>		K2	9	01:08:14	02:24:05	03:19:02	<b>03:54:49.75</b>	<b>03:55:28.60</b>	+01:33:40 (39.8%)	11:27	5.2 (59.8%)
84	<b>KRZEPKOWSKI Radosław</b>	<b>539</b>	ADIDAS RUNNERS WARSAW	M2	41	01:10:23	02:23:43	03:16:37	<b>03:55:02.80</b>	<b>03:55:44.10</b>	+01:33:56 (39.8%)	11:27	5.2 (59.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas			Czas netto 20.5km	Czas brutto 20.5km	Różn	Tempo min/km	Tempo km/h
						Babia 1 4.5km	Markowe 13.2km	Babia 2 15.5km					
85	<b>GŁOWACKI Krzysztof</b>	<b>360</b>		M1	22	01:04:58	02:17:52	03:15:16	<b>03:55:32.70</b>	<b>03:56:08.55</b>	+01:34:20 (40.0%)	11:29	5.2 (59.8%)
86	<b>ORĘDARZ Roman</b>	<b>445</b>		M3	7	00:59:36	02:14:22	03:14:59	<b>03:55:49.45</b>	<b>03:56:23.95</b>	+01:34:36 (40.0%)	11:30	5.2 (59.8%)
87	<b>GOLARA Mariusz</b>	<b>403</b>		M1	23	00:59:42	02:11:01	03:10:46	<b>03:56:02.50</b>	<b>03:56:41.55</b>	+01:34:53 (40.1%)	11:30	5.2 (59.8%)
88	<b>GARBOVA Sandy</b>	<b>421</b>	JAHUDKY	K1	7	01:07:44	02:25:03	03:15:21	<b>03:56:20.90</b>	<b>03:57:09.40</b>	+01:35:21 (40.2%)	11:31	5.2 (59.8%)
89	<b>RZESZOTARSKI Tomasz</b>	<b>344</b>	WYBITE JEDYNKI	M2	42	01:07:02	02:22:29	03:15:10	<b>03:56:32.05</b>	<b>03:57:11.35</b>	+01:35:23 (40.2%)	11:32	5.2 (59.8%)
90	<b>SKWARNECKI Damian</b>	<b>381</b>	ŁODZIANKA TEAM	M2	43	01:04:43	02:28:14	03:23:45	<b>03:57:46.40</b>	<b>03:58:26.55</b>	+01:36:38 (40.5%)	11:35	5.2 (59.8%)
91	<b>WIECZOREK Łukasz</b>	<b>310</b>	OSP GAŚAWA	M2	44	01:02:29	02:15:20	03:14:25	<b>03:58:51.00</b>	<b>03:59:34.30</b>	+01:37:46 (40.8%)	11:39	5.1 (58.6%)
92	<b>MARSZALEK Jan</b>	<b>497</b>	ITMBW KRAKÓW	M1	24	01:06:08	02:20:58	03:20:26	<b>03:59:07.40</b>	<b>03:59:54.45</b>	+01:38:06 (40.9%)	11:39	5.1 (58.6%)
93	<b>LESIŃSKI Marcin</b>	<b>442</b>	LM CONSULTING	M2	45	01:04:57	02:20:33	03:13:44	<b>04:00:36.40</b>	<b>04:01:11.95</b>	+01:39:24 (41.2%)	11:44	5.1 (58.6%)
94	<b>KORZENIOWSKA Magdalena</b>	<b>393</b>	NIEPOŁOMICE BIEGAJĄ	K2	10	01:10:15	02:27:33	03:20:32	<b>04:00:43.00</b>	<b>04:01:21.75</b>	+01:39:33 (41.3%)	11:44	5.1 (58.6%)
95	<b>WOJCIECHOWSKA Aleksandra</b>	<b>423</b>		K1	8	01:06:19	02:22:29	03:18:23	<b>04:00:48.15</b>	<b>04:01:26.40</b>	+01:39:38 (41.3%)	11:44	5.1 (58.6%)
96	<b>KOWALCZYK Rafał</b>	<b>521</b>		M1	25	01:04:44	02:25:03	03:17:15	<b>04:02:38.90</b>	<b>04:03:37.80</b>	+01:41:49 (41.8%)	11:50	5.1 (58.6%)
97	<b>PODCZASZY Tomasz</b>	<b>494</b>	AZS AWF MASTERS KRAKÓW	M2	46	01:03:19	02:18:23	03:15:27	<b>04:03:29.30</b>	<b>04:04:08.70</b>	+01:42:20 (41.9%)	11:52	5.1 (58.6%)
98	<b>BARAN Mariusz</b>	<b>568</b>	JURA TEAM	M2	47	01:05:23	02:21:48	03:18:55	<b>04:04:50.45</b>	<b>04:05:38.65</b>	+01:43:50 (42.3%)	11:56	5 (57.5%)
99	<b>ZIEMNIAK Jarosław</b>	<b>392</b>		M3	8	01:11:41	02:25:25	03:26:19	<b>04:05:30.25</b>	<b>04:06:23.20</b>	+01:44:35 (42.4%)	11:58	5 (57.5%)
100	<b>KOWALSKI Krzysztof</b>	<b>314</b>	HRMAXCROSSTEAM	M3	9	01:04:30	02:23:51	03:19:03	<b>04:07:01.10</b>	<b>04:07:40.55</b>	+01:45:52 (42.7%)	12:02	5 (57.5%)
101	<b>SOBSTEŁ Przemek</b>	<b>463</b>		M2	48	01:03:38	02:18:50	03:23:07	<b>04:07:12.30</b>	<b>04:07:57.50</b>	+01:46:09 (42.8%)	12:03	5 (57.5%)
102	<b>SKOLIMOWSKI Marcin</b>	<b>527</b>		M2	49	01:12:17	02:30:58	03:29:43	<b>04:07:40.55</b>	<b>04:08:36.50</b>	+01:46:48 (43.0%)	12:04	5 (57.5%)
103	<b>MUSZAŃSKA Alicja</b>	<b>341</b>	ASW JUDO JASŁO	K2	11	01:11:27	02:27:59	03:24:54	<b>04:08:09.80</b>	<b>04:08:50.65</b>	+01:47:02 (43.0%)	12:06	5 (57.5%)
104	<b>KOZERA Bartłomiej</b>	<b>369</b>		M2	50	01:06:34	02:22:38	03:26:51	<b>04:08:10.60</b>	<b>04:08:53.45</b>	+01:47:05 (43.0%)	12:06	5 (57.5%)
105	<b>BARAN Marta</b>	<b>567</b>	JURA TEAM	K2	12	01:09:01	02:27:41	03:29:36	<b>04:08:19.90</b>	<b>04:09:07.20</b>	+01:47:19 (43.1%)	12:06	5 (57.5%)
106	<b>GIERUSZKA Dariusz</b>	<b>404</b>		M3	10	01:07:37	02:22:31	03:29:33	<b>04:08:38.40</b>	<b>04:09:15.40</b>	+01:47:27 (43.1%)	12:07	4.9 (56.3%)
107	<b>PAWIŃSKI Artur</b>	<b>313</b>	ADIDAS RUNNERS WARSAW	M2	51	01:12:25	02:31:53	03:30:56	<b>04:08:48.95</b>	<b>04:09:39.50</b>	+01:47:51 (43.2%)	12:08	4.9 (56.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Babia 1			Czas		Różn	Tempo min/km	Tempo km/h
						4.5km	Markowe 13.2km	Babia 2 15.5km	netto 20.5km	brutto 20.5km			
108	<b>MADETKO Arkadiusz</b>	<b>504</b>		M1	26	01:06:50	02:22:17	03:22:45	<b>04:08:59.10</b>	<b>04:09:52.85</b>	+01:48:05 (43.3%)	12:08	4.9 (56.3%)
109	<b>SOLOVIOV Volodymyr</b>	<b>475</b>		M1	27	01:10:13	02:29:11	03:29:28	<b>04:10:21.90</b>	<b>04:11:08.85</b>	+01:49:21 (43.5%)	12:12	4.9 (56.3%)
110	<b>ROMAŃSKI Grzegorz</b>	<b>550</b>		M3	11	01:04:57	02:21:54	03:18:55	<b>04:11:09.90</b>	<b>04:11:52.65</b>	+01:50:04 (43.7%)	12:15	4.9 (56.3%)
111	<b>KRASUSKI Marcin</b>	<b>535</b>		M2	52	01:04:54	02:24:02	03:21:17	<b>04:11:49.90</b>	<b>04:12:34.55</b>	+01:50:46 (43.9%)	12:17	4.9 (56.3%)
112	<b>CZAJKOWSKI Tomasz</b>	<b>372</b>		M2	53	01:05:33	02:26:02	03:23:21	<b>04:12:01.40</b>	<b>04:12:42.85</b>	+01:50:55 (43.9%)	12:17	4.9 (56.3%)
113	<b>DEJA Dariusz</b>	<b>548</b>		M2	54	01:11:30	02:29:48	03:27:53	<b>04:12:20.35</b>	<b>04:13:06.20</b>	+01:51:18 (44.0%)	12:18	4.9 (56.3%)
114	<b>MAŃKOWSKA Anna</b>	<b>401</b>	DRUŻYNA WILKA	K2	13	01:12:01	02:37:54	03:36:20	<b>04:15:05.35</b>	<b>04:15:48.50</b>	+01:54:00 (44.6%)	12:26	4.8 (55.2%)
115	<b>MIECH Szymon</b>	<b>470</b>		M2	55	01:00:29	02:16:31	03:17:18	<b>04:16:37.35</b>	<b>04:17:17.05</b>	+01:55:29 (44.9%)	12:31	4.8 (55.2%)
116	<b>GĘSIAREK Grzegorz</b>	<b>335</b>		M2	56	01:08:58	02:26:25	03:32:08	<b>04:17:04.10</b>	<b>04:17:41.30</b>	+01:55:53 (45.0%)	12:32	4.8 (55.2%)
117	<b>PASEK Monika</b>	<b>406</b>	DANIEL WOSIK TERVEL TEAM	K2	14	01:12:07	02:38:38	03:36:38	<b>04:18:42.15</b>	<b>04:19:25.75</b>	+01:57:37 (45.3%)	12:37	4.8 (55.2%)
118	<b>SMYRAK Emil</b>	<b>456</b>		M1	28	01:11:24	02:33:12	03:36:33	<b>04:18:58.10</b>	<b>04:19:57.35</b>	+01:58:09 (45.5%)	12:37	4.7 (54.0%)
119	<b>WRONA Sylwester</b>	<b>560</b>		M2	57	01:07:56	02:31:01	03:36:18	<b>04:19:44.15</b>	<b>04:20:26.10</b>	+01:58:38 (45.6%)	12:40	4.7 (54.0%)
120	<b>BUCIK Michał</b>	<b>348</b>		M2	58	01:11:26	02:32:12	03:29:42	<b>04:19:36.75</b>	<b>04:20:29.55</b>	+01:58:41 (45.6%)	12:39	4.7 (54.0%)
121	<b>SIESS Małgorzata</b>	<b>317</b>	UKS AZYMUT PABIANICE	K1	9	01:10:23	02:32:43	03:34:44	<b>04:20:13.65</b>	<b>04:21:04.60</b>	+01:59:16 (45.7%)	12:41	4.7 (54.0%)
122	<b>POŁĘĆ Eliza</b>	<b>437</b>	KRISS COACHING	K2	15	01:12:03	02:38:00	03:37:13	<b>04:22:08.15</b>	<b>04:22:51.60</b>	+02:01:03 (46.1%)	12:47	4.7 (54.0%)
122	<b>NARUSZEWICZ Olga</b>	<b>528</b>		K2	15	01:12:03	02:37:55	03:37:10	<b>04:22:07.40</b>	<b>04:22:51.60</b>	+02:01:03 (46.1%)	12:47	4.7 (54.0%)
124	<b>HENSZKE Waldemar</b>	<b>520</b>		M2	59	03:36:17			<b>04:22:23.25</b>	<b>04:23:08.40</b>	+02:01:20 (46.1%)	12:47	4.7 (54.0%)
125	<b>KAMIŃSKA Sylwia</b>	<b>554</b>		K1	10	01:12:10		03:39:13	<b>04:22:50.95</b>	<b>04:23:22.95</b>	+02:01:35 (46.2%)	12:49	4.7 (54.0%)
126	<b>NOWAK Sławomir</b>	<b>324</b>	RUNNING TEAM MILICZ	M2	60	01:10:20	02:35:52	03:37:30	<b>04:23:06.30</b>	<b>04:24:04.35</b>	+02:02:16 (46.3%)	12:50	4.7 (54.0%)
127	<b>RYCHLIK Sebastian</b>	<b>536</b>	LISY PUSTYNI	M2	61	01:14:43	02:44:32	03:41:40	<b>04:24:46.45</b>	<b>04:25:23.10</b>	+02:03:35 (46.6%)	12:54	4.6 (52.9%)
128	<b>GOLLY Arkadiusz</b>	<b>522</b>		M1	29	01:12:14	02:36:35	03:39:51	<b>04:24:40.20</b>	<b>04:25:29.70</b>	+02:03:41 (46.6%)	12:54	4.6 (52.9%)
129	<b>HRYCAJ Marcin</b>	<b>562</b>	KB ODRA OPOLE	M2	62	01:02:11	02:22:27	03:18:14	<b>04:25:46.30</b>	<b>04:26:23.35</b>	+02:04:35 (46.8%)	12:57	4.6 (52.9%)
130	<b>BOROWSKI Marcin</b>	<b>434</b>		M1	30	01:11:13	02:34:54	03:37:18	<b>04:26:12.60</b>	<b>04:27:09.95</b>	+02:05:22 (46.9%)	12:59	4.6 (52.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Babia 1	Markowe	Babia 2	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						4.5km	13.2km	15.5km	20.5km	20.5km			
131	KATOLIK Jolanta	367		K2	17	01:14:02	02:41:40	03:44:45	04:28:33.35	04:29:25.70	+02:07:37 (47.4%)	13:06	4.6 (52.9%)
132	WOJTOWICZ Emil	546		M2	63	01:16:14	02:40:40	03:41:24	04:28:37.60	04:29:26.15	+02:07:38 (47.4%)	13:06	4.6 (52.9%)
133	RYPUŁA Maria	399	ZEN RUNNING TEAM	K2	18	01:10:52	02:43:38	03:47:44	04:30:03.15	04:30:59.10	+02:09:11 (47.7%)	13:10	4.6 (52.9%)
134	RYPUŁA Jacek	398	ZEN RUNNING TEAM	M2	64	01:10:51	02:43:38	03:47:55	04:30:04.80	04:30:59.60	+02:09:11 (47.7%)	13:10	4.6 (52.9%)
135	GŁOWACKI Radosław	301		M1	31	01:11:22	02:36:07		04:30:34.15	04:31:26.50	+02:09:38 (47.8%)	13:11	4.5 (51.7%)
136	BŁĄŻEJOWSKI Krzysztof	303		M3	12	01:13:22	02:44:49	03:44:44	04:34:33.45	04:35:23.15	+02:13:35 (48.5%)	13:23	4.5 (51.7%)
137	NOWAKOWSKI Wiesław	422	BIEGAM BO LUBIĘ	M3	13	01:10:28	02:38:12	03:46:33	04:36:39.05	04:37:17.60	+02:15:29 (48.9%)	13:29	4.4 (50.6%)
138	HADAM Przemysław	368		M2	65	01:19:00	02:44:14	03:53:55	04:39:15.75	04:40:08.05	+02:18:20 (49.4%)	13:37	4.4 (50.6%)
139	KOCIUBA Katarzyna	426		K2	19	01:17:55	02:50:09	03:54:16	04:39:35.05	04:40:26.70	+02:18:38 (49.4%)	13:38	4.4 (50.6%)
140	KULIGA Ewa	517	EASYRUN RACIBÓRZ	K2	20	01:13:29	02:44:02	03:47:00	04:39:52.60	04:40:43.60	+02:18:55 (49.5%)	13:39	4.4 (50.6%)
141	SIESS Jarosław	513		M3	14	01:11:22	02:35:56	03:40:01	04:41:28.70	04:42:19.85	+02:20:32 (49.8%)	13:43	4.4 (50.6%)
142	KULIGA Michał	518	EASYRUN RACIBÓRZ	M2	66	01:13:22	02:43:54	03:46:48	04:41:47.40	04:42:39.25	+02:20:51 (49.8%)	13:44	4.4 (50.6%)
143	BESZTOCHA Jadwiga	400	ZEN RUNNING TEAM	K2	21	01:14:45	02:46:10	03:53:46	04:43:20.15	04:44:15.70	+02:22:27 (50.1%)	13:49	4.3 (49.4%)
144	PONIATOWSKI Krzysztof	424		M2	67	01:21:53	02:50:12	03:59:29	04:46:02.55	04:46:54.70	+02:25:06 (50.6%)	13:57	4.3 (49.4%)
145	FRYDRYCHOWICZ Michał	545		M2	68	01:14:40	02:51:37	04:00:23	04:47:42.80	04:48:41.10	+02:26:53 (50.9%)	14:02	4.3 (49.4%)
146	ZIĘBA Dawid	363	IDEOAKTYWNI	M1	32	01:18:36	02:51:33	03:57:45	04:50:23.10	04:51:13.20	+02:29:25 (51.3%)	14:09	4.2 (48.3%)
147	BAKA Marcin	558	GTS	M3	15	01:17:02	02:48:42	04:04:25	04:51:30.45	04:52:23.85	+02:30:36 (51.5%)	14:13	4.2 (48.3%)
148	WIŚNIEWSKI Włodzimierz	425	SPC	M3	16	01:07:26	02:38:22	04:02:55	04:51:54.40	04:52:49.45	+02:31:01 (51.6%)	14:14	4.2 (48.3%)
149	KĄKOL Jarosław	427	SUSKA GRUPA BIEGOWA	M1	33	01:21:02	02:52:28	04:07:53	04:52:12.10	04:52:52.45	+02:31:04 (51.6%)	14:15	4.2 (48.3%)
150	ŁATKA Szymon	454		M1	34	01:18:47	02:53:16	04:01:04	04:55:26.05	04:55:58.05	+02:34:10 (52.1%)	14:24	4.2 (48.3%)
151	MAŃKA Justyna	346		K2	22	01:21:53	03:04:00	04:11:31	04:55:52.30	04:56:38.35	+02:34:50 (52.2%)	14:25	4.2 (48.3%)
152	ŁATKA Dorota	453		K2	23	01:25:41	03:01:40	04:07:29	04:56:53.90	04:57:39.65	+02:35:51 (52.4%)	14:28	4.1 (47.1%)
153	GRABOWSKI Stanisław	452	EKSKADRA	M3	17	01:11:04	02:53:05	04:03:50	04:57:05.50	04:57:44.85	+02:35:57 (52.4%)	14:29	4.1 (47.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Babia 1			Czas		Różn	Tempo min/km	Tempo km/h
						4.5km	13.2km	Babia 2 15.5km	netto 20.5km	brutto 20.5km			
154	<b>STĘPIEŃ Daria</b>	<b>329</b>		K2	24	01:21:54	03:03:53	04:14:22	<b>04:59:50.65</b>	<b>05:00:36.40</b>	+02:38:48 (52.8%)	14:37	4.1 (47.1%)
155	<b>HEJNAR Jerzy</b>	<b>553</b>		M3	18	01:17:45	02:46:39	04:04:50	<b>05:01:14.85</b>	<b>05:02:02.30</b>	+02:40:14 (53.1%)	14:41	4.1 (47.1%)
156	<b>DĄBROWSKI Michał</b>	<b>516</b>	CINCLUS	M3	19	01:15:10	02:54:20	04:09:45	<b>05:03:19.70</b>	<b>05:04:03.35</b>	+02:42:15 (53.4%)	14:47	4.1 (47.1%)
157	<b>WILK Magdalena</b>	<b>429</b>	ULTRAPOŚLADACH/TEAM ZABIEGANEDNI	K2	25	01:15:24	02:56:11	04:13:43	<b>05:03:24.00</b>	<b>05:04:03.95</b>	+02:42:16 (53.4%)	14:48	4.1 (47.1%)
158	<b>ZIELIŃSKI Bartłomiej</b>	<b>555</b>	ZIELIŃSKI BARTŁOMIEJ	M2	69	01:12:26	02:48:55	04:06:54	<b>05:04:56.60</b>	<b>05:05:32.45</b>	+02:43:44 (53.6%)	14:52	4 (46.0%)
159	<b>BOCIĄGA Andrzej</b>	<b>305</b>		M1	35	01:23:48	03:01:09	04:10:00	<b>05:04:54.05</b>	<b>05:05:36.80</b>	+02:43:48 (53.6%)	14:52	4 (46.0%)
160	<b>KOZŁOWSKA Anna</b>	<b>514</b>		K2	26	01:23:25	03:01:03	04:13:48	<b>05:05:04.25</b>	<b>05:05:59.45</b>	+02:44:11 (53.7%)	14:52	4 (46.0%)
161	<b>MASZTALSKA Joanna</b>	<b>483</b>		K1	11	01:25:36	03:01:00	04:13:23	<b>05:06:27.15</b>	<b>05:07:06.25</b>	+02:45:18 (53.8%)	14:56	4 (46.0%)
162	<b>JANISZEWSKI Jakub</b>	<b>543</b>	SPC	M3	20	01:31:13	03:00:43	04:18:42	<b>05:06:17.15</b>	<b>05:07:11.05</b>	+02:45:23 (53.8%)	14:56	4 (46.0%)
163	<b>WŁODARCZYK Teresa</b>	<b>549</b>	SPC	K3	2	01:31:12	03:00:45	04:18:41	<b>05:06:18.05</b>	<b>05:07:11.15</b>	+02:45:23 (53.8%)	14:56	4 (46.0%)
164	<b>KUMOR Weronika</b>	<b>523</b>	EVERRUN	K2	27	01:20:46	03:01:13	04:19:38	<b>05:06:41.35</b>	<b>05:07:27.70</b>	+02:45:39 (53.9%)	14:57	4 (46.0%)
165	<b>PYZIK Krzysztof</b>	<b>519</b>		M2	70	01:19:54	02:54:21	04:16:02	<b>05:07:29.95</b>	<b>05:08:18.60</b>	+02:46:30 (54.0%)	14:59	4 (46.0%)
166	<b>DREWNIAK Marta</b>	<b>503</b>		K2	28	01:21:45	03:01:02	04:13:26	<b>05:07:58.90</b>	<b>05:08:37.05</b>	+02:46:49 (54.1%)	15:01	4 (46.0%)
167	<b>CUPAK Łukasz</b>	<b>410</b>		M2	71	01:19:22	02:57:07	04:11:43	<b>05:08:09.35</b>	<b>05:08:48.70</b>	+02:47:00 (54.1%)	15:01	4 (46.0%)
168	<b>SYKUŁA Rafał</b>	<b>498</b>	TRUCK BULLS	M2	72	01:21:31	03:07:03	04:22:14	<b>05:08:17.35</b>	<b>05:09:00.20</b>	+02:47:12 (54.1%)	15:02	4 (46.0%)
169	<b>MARCINIAK Agata</b>	<b>382</b>	ŁODZIANKA TEAM	K2	29	01:27:20	03:07:30	04:20:05	<b>05:11:56.00</b>	<b>05:12:51.75</b>	+02:51:03 (54.7%)	15:12	3.9 (44.8%)
170	<b>WIDŁAK Krzysztof</b>	<b>572</b>		M1	36	01:22:33	03:12:51	04:27:03	<b>05:14:48.65</b>	<b>05:15:30.50</b>	+02:53:42 (55.1%)	15:21	3.9 (44.8%)
171	<b>KUNDA Edyta</b>	<b>402</b>	DRUŻYNA WILKA	K2	30	01:25:34	02:59:45	04:33:10	<b>05:17:03.80</b>	<b>05:17:48.50</b>	+02:56:00 (55.4%)	15:27	3.9 (44.8%)
172	<b>LUX Tomasz</b>	<b>420</b>		M1	37	01:22:24	03:00:02	04:24:58	<b>05:18:01.95</b>	<b>05:18:57.85</b>	+02:57:10 (55.5%)	15:30	3.9 (44.8%)
173	<b>WRÓBEL-GŁOWACKA Honorata</b>	<b>419</b>	ACTIVE JURA	K2	31	01:22:00	03:09:37	04:29:33	<b>05:20:35.25</b>	<b>05:21:19.25</b>	+02:59:31 (55.9%)	15:38	3.8 (43.7%)
174	<b>WILK Wiola</b>	<b>457</b>	ACTIVE JURA	K2	32	01:21:47	03:09:35	04:29:14	<b>05:20:35.25</b>	<b>05:21:19.55</b>	+02:59:31 (55.9%)	15:38	3.8 (43.7%)
175	<b>RYPUŁA Grażyna</b>	<b>433</b>	ZENRUNNINGTEAM	K3	3	01:29:17	03:10:45	04:28:18	<b>05:20:49.80</b>	<b>05:21:43.70</b>	+02:59:55 (55.9%)	15:38	3.8 (43.7%)
176	<b>HOLONA Bożena</b>	<b>327</b>		K3	4	01:36:33	03:13:08	04:35:09	<b>05:24:40.05</b>	<b>05:25:23.95</b>	+03:03:36 (56.4%)	15:50	3.8 (43.7%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas			Czas netto 20.5km	Czas brutto 20.5km	Różn	Tempo min/km	Tempo km/h
						Babia 1 4.5km	Markowe 13.2km	Babia 2 15.5km					
176	ZAGÓRSKA Beata	439		K2	33	01:36:27	03:13:06	04:32:37	05:24:39.70	05:25:23.95	+03:03:36 (56.4%)	15:50	3.8 (43.7%)
178	SYPIEWSKI Rafał	525	EVERRUN	M2	73	01:20:47	03:01:37	04:20:26	05:27:02.75	05:27:50.05	+03:06:02 (56.7%)	15:57	3.8 (43.7%)
179	WIEKIERA Adam	565		M2	74	01:15:21	02:49:16	04:24:27	05:29:47.45	05:30:32.65	+03:08:44 (57.1%)	16:05	3.7 (42.5%)
180	SURZYN Aleksandra	319	MOCNI POMOCNI / CZWARTUNIO TEAM	K1	12	01:25:39	03:13:08	04:36:57	05:32:08.00	05:33:04.65	+03:11:16 (57.4%)	16:12	3.7 (42.5%)
181	CHROMIK Krzysztof	411		M2	75	01:18:49	03:00:49	04:23:00	05:33:54.70	05:34:33.55	+03:12:45 (57.6%)	16:17	3.7 (42.5%)
182	TRELA Roman	499	TRUCKS BULLS	M2	76	01:21:33	03:07:10	04:30:07	05:36:00.10	05:36:42.30	+03:14:54 (57.9%)	16:23	3.7 (42.5%)
183	TARASIUK Bartosz	334		M1	38	01:15:50	02:43:51	04:35:55	05:37:16.00	05:38:07.05	+03:16:19 (58.1%)	16:27	3.6 (41.4%)
184	ŁUGOWSKI Sebastian	486		M2	77	01:25:57	03:10:51	04:32:25	05:38:15.80	05:39:09.05	+03:17:21 (58.2%)	16:30	3.6 (41.4%)
185	WÓJCIK Magdalena	397		K1	13	01:22:17	03:07:33	04:35:38	05:42:28.95	05:43:24.35	+03:21:36 (58.7%)	16:42	3.6 (41.4%)
186	KOS Wojciech	443		M3	21	01:32:46	03:24:31	04:51:47	05:43:27.35	05:44:16.45	+03:22:28 (58.8%)	16:45	3.6 (41.4%)
187	RYPUŁA Zenon	408	ZEN RUNNING TEAM	M3	22	01:27:23	03:12:34	04:41:52	05:45:45.95	05:46:43.40	+03:24:55 (59.1%)	16:51	3.6 (41.4%)
188	WĄSOWICZ Edyta	428		K2	34	01:36:33	03:23:04	04:51:38	05:46:49.60	05:47:41.90	+03:25:54 (59.2%)	16:55	3.5 (40.2%)
189	TARASIUK Łukasz	316		M2	78	01:16:00	02:43:54	04:35:57	05:46:55.35	05:47:45.45	+03:25:57 (59.2%)	16:55	3.5 (40.2%)
190	STOŁOWSKA Natalia	323		K2	35	01:32:06	03:28:12	04:45:05	05:47:32.90	05:48:30.90	+03:26:43 (59.3%)	16:57	3.5 (40.2%)
191	DOROŻAŁA Natalia	384		K1	14	01:26:21	03:22:02	05:00:39	05:53:49.90	05:54:45.50	+03:32:57 (60.0%)	17:15	3.5 (40.2%)
192	DOROŻAŁA Lechosław	385		M2	79	01:26:29	03:22:53	05:00:41	05:53:49.75	05:54:45.80	+03:32:57 (60.0%)	17:15	3.5 (40.2%)
193	WLACH Anna	489	NRG	K2	36	02:01:04	03:42:24	04:56:57	05:37:44.95	05:55:19.40	+03:33:31 (60.1%)	16:28	3.6 (41.4%)
194	SIWINSKA Gosia	356	MELATEAM	K2	37	01:27:06	03:02:51	04:39:42	05:58:28.20	05:59:19.15	+03:37:31 (60.5%)	17:29	3.4 (39.1%)
195	MICHALSKA Ewa	370		K2	38	01:27:08	03:03:44	04:39:45	05:58:35.95	05:59:27.70	+03:37:39 (60.6%)	17:29	3.4 (39.1%)
196	ZEMŁA Krzysztof	304		M3	23	01:28:03	03:21:08	05:05:21	06:02:00.05	06:02:48.25	+03:41:00 (60.9%)	17:39	3.4 (39.1%)
	ŁATKA Maciek	458		M1		01:21:02 DNF	02:44:55 DNF	03:43:49 DNF	DNF	DNF	-	-	- (0.0%)
	HRYNISZYN Agnieszka	493		K1		02:00:44 DNF	DNF	04:57:09 DNF	DNF	DNF	-	-	- (0.0%)
	ORLICZ Bożena	388		K3		01:57:47 DNF	04:15:20 DNF	DNF	DNF	DNF	-	-	- (0.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Babia 1 4.5km	Markowe 13.2km	Babia 2 15.5km	Czas netto 20.5km	Czas brutto 20.5km	Różn	Tempo min/km	Tempo km/h
	<b>KUNZ Marcin</b>	<b>376</b>	LACHO TEAM	M1		00:49:06 DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>MARKOV Ilya</b>	<b>435</b>	NIEPOŁOMICE BIEGAJĄ	K2		00:51:07 DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>ŁATKA Mateusz</b>	<b>455</b>		M1		01:20:40 DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>WIDUCH Jarek</b>	<b>507</b>		M1		DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)

Znaleziono 203 wynik(ów)