



2XBABIA GÓRA SKYRACE®

B4SPORT

Wydarzenie: ULTRAMARATON BABIA GÓRA 2022
Organizator: KOZICA Fundacja Biegów Górskich
Data: 2022-06-11
Miejsce: Babia Góra
Dystans: 20.5 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Babia 1 4.5km	Markowe 13.2km	Babia 2 15.5km	Czas netto 20.5km	Czas brutto 20.5km	Różn	Tempo min/km	Tempo km/h
1	KUNZ Marcin	366	LACHO TEAM	M1	1	00:42:48	01:28:56	02:02:20	02:23:28.10	02:23:30.90		6:59	8.6 (100%)
2	BROJ Marcel	472	BROJ TEAM ŻLINICE	M1	2	00:41:09	01:33:35	02:02:25	02:24:34.50	02:24:37.55	+00:01:06 (0.8%)	7:03	8.5 (98.8%)
3	SEMPER Mateusz	524	MKS-MOS PŁOMIEŃ SOSNOWIEC	M1	3	00:41:45	01:30:21	02:08:21	02:33:22.75	02:33:25.60	+00:09:54 (6.5%)	7:28	8 (93.0%)
4	CHAJDAS Mateusz	446		M1	4	00:45:45	01:36:21	02:13:00	02:36:58.50	02:37:01.55	+00:13:30 (8.6%)	7:39	7.8 (90.7%)
5	SZKOŁA Paweł	542		M2	1	00:48:51	01:37:48	02:15:09	02:38:56.60	02:39:00.60	+00:15:29 (9.7%)	7:45	7.7 (89.5%)
6	STREIT Dawid	406	NON STOP TRAIL	M2	2	00:44:38	01:35:52	02:11:53	02:41:51.30	02:41:54.75	+00:18:23 (11.4%)	7:53	7.6 (88.4%)
7	ŻWIRSKI Marcin	552		M1	5	00:46:50	01:41:19	02:15:30	02:43:56.45	02:44:01.00	+00:20:30 (12.5%)	7:59	7.5 (87.2%)
8	SZYJKA Jacek	439	KS KANDAHAR	M2	3	00:49:20	01:41:31	02:19:10	02:44:07.55	02:44:12.10	+00:20:41 (12.6%)	8:00	7.5 (87.2%)
9	KOLASA Bartłomiej	354	OBIDOWA GŁUSZEC	M1	6	00:49:28	01:44:16	02:20:09	02:44:13.50	02:44:18.65	+00:20:47 (12.7%)	8:00	7.5 (87.2%)
10	WASIEWICZ Adam	396	NIE MÓJ CYRK, MOJE MAŁPY	M2	4	00:48:02	01:42:40	02:19:56	02:44:35.15	02:44:40.75	+00:21:09 (12.9%)	8:01	7.5 (87.2%)
11	MORAWSKI Przemysław	563	ZACZERPNAĆ STOPĄ	M2	5	00:48:49	01:44:33	02:23:00	02:47:57.80	02:48:01.50	+00:24:30 (14.6%)	8:11	7.3 (84.9%)
12	ŁYJAK Olga	575		K2	1	00:49:43	01:46:40	02:23:02	02:48:12.55	02:48:15.65	+00:24:44 (14.7%)	8:12	7.3 (84.9%)
13	GRUCEL Sławomir	511		M2	6	00:48:05	01:44:50	02:23:03	02:51:24.10	02:51:27.90	+00:27:57 (16.3%)	8:21	7.2 (83.7%)
14	FALANA Sebastian	347		M2	7	00:44:30	01:37:47	02:21:05	02:54:09.60	02:54:15.40	+00:30:44 (17.6%)	8:29	7.1 (82.6%)
15	POKRYWKA Robert	445		M1	7	00:48:08	01:44:03	02:23:54	02:54:45.60	02:54:51.15	+00:31:20 (17.9%)	8:31	7 (81.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Babia 1 4.5km	Markowe 13.2km	Babia 2 15.5km	Czas netto 20.5km	Czas brutto 20.5km	Różn	Tempo min/km	Tempo km/h
16	STANKIEWICZ Tomasz	501	PLANYBIEGOWE.PL	M1	8	00:51:17	01:48:27	02:28:37	02:55:59.75	02:56:04.30	+00:32:33 (18.5%)	8:35	7 (81.4%)
17	CIEŚLAR Michał	540		M1	9	00:49:17	01:45:39	02:25:56	02:56:41.70	02:56:49.40	+00:33:18 (18.8%)	8:37	7 (81.4%)
18	WIELOPOLSKI Jan	486		M2	8	00:50:59	01:52:10	02:32:10	02:58:55.70	02:59:03.95	+00:35:33 (19.9%)	8:43	6.9 (80.2%)
19	KRÓTKI Stanisław	471		M2	9	00:52:03	01:51:38	02:30:34	02:59:13.50	02:59:17.80	+00:35:46 (20.0%)	8:44	6.9 (80.2%)
20	STARZAK Paweł	559	ZŁOŚNIK BIEGA	M2	10	00:46:18	01:43:17	02:30:41	02:59:44.10	02:59:46.35	+00:36:15 (20.2%)	8:46	6.8 (79.1%)
21	SKIBA Maciej	522	GOR3CA TEAM/SKIBASPORT.PL	M1	10	00:51:12	01:50:19	02:31:30	03:00:05.40	03:00:12.70	+00:36:41 (20.4%)	8:47	6.8 (79.1%)
22	TRĄBICKI Adam	509	INBORNMEDIA	M1	11	00:52:12	01:50:24	02:34:04	03:01:01.30	03:01:09.65	+00:37:38 (20.8%)	8:49	6.8 (79.1%)
23	NIWIŃSKI Maciej	487	VEGAN ZABIERZÓW BIEGA	M2	11	00:52:06	01:51:44	02:34:58	03:01:39.20	03:01:43.75	+00:38:12 (21.0%)	8:51	6.8 (79.1%)
24	PACHURA Kinga	666	ULTRA BABIA	K2	2	00:54:03	01:52:49	02:36:07	03:02:13.70	03:02:16.45	+00:38:45 (21.3%)	8:53	6.8 (79.1%)
25	SIEROCIN Jakub	326	KDATP	M2	12	00:53:39	01:52:47	02:35:14	03:02:13.40	03:02:21.95	+00:38:51 (21.3%)	8:53	6.8 (79.1%)
26	KIDOŃ Anna	418	ORAWARUN	K1	1	00:56:57	01:58:16	02:39:04	03:03:29.90	03:03:33.25	+00:40:02 (21.8%)	8:57	6.7 (77.9%)
27	MALECKA-LEŃ Patrycja	498	STAJNIA BALONA / RESOVIA RZESZÓW	K2	3	00:54:34	01:54:36	02:37:23	03:04:03.95	03:04:07.00	+00:40:36 (22.1%)	8:58	6.7 (77.9%)
28	LUZAR Rafal	386		M2	13	00:53:37	01:52:05	02:36:27	03:05:47.90	03:05:50.80	+00:42:19 (22.8%)	9:03	6.6 (76.7%)
29	RADKO Marcin	488	THE MONTAGE	M2	14	00:50:56	01:50:38	02:38:00	03:06:04.65	03:06:12.75	+00:42:41 (22.9%)	9:04	6.6 (76.7%)
30	SZNAJDER Jarosław	564	RUNPROGRESS.PL TEAM	M3	1	00:54:20	01:54:02	02:38:31	03:06:14.30	03:06:19.95	+00:42:49 (23.0%)	9:05	6.6 (76.7%)
31	TOMIK Małgorzata	577		K1	2	00:54:14	01:58:36	02:38:36	03:08:44.35	03:08:48.35	+00:45:17 (24.0%)	9:12	6.5 (75.6%)
32	TARGOSZ Michał	565	#ADAMCZERWIŃSKITEAM	M2	15	00:48:54	01:51:56	02:33:57	03:09:07.60	03:09:09.70	+00:45:38 (24.1%)	9:13	6.5 (75.6%)
33	WESOŁOWSKI Józef	430		M1	12	00:55:01	01:53:55	02:41:16	03:09:30.40	03:09:33.75	+00:46:02 (24.3%)	9:14	6.5 (75.6%)
34	LELITO Piotr	331		M2	16	00:55:32	01:57:34	02:40:28	03:11:43.55	03:11:49.05	+00:48:18 (25.2%)	9:21	6.4 (74.4%)
35	ORZYŁOWSKI Maciej	515	RUNPASSION	M2	17	00:55:10	01:57:37	02:43:39	03:12:30.60	03:12:35.45	+00:49:04 (25.5%)	9:23	6.4 (74.4%)
36	HETMAŃCZYK Jakub	319	ŚMIERDZĄCA STOPA	M2	18	00:55:15	01:57:31	02:43:01	03:12:40.75	03:12:50.10	+00:49:19 (25.6%)	9:23	6.4 (74.4%)
37	WEŁNA Bartosz	579		M2	19	00:56:44	01:58:39	02:43:42	03:13:05.45	03:13:10.30	+00:49:39 (25.7%)	9:25	6.4 (74.4%)
38	KOZA Janusz	302	SOK Z GÓR	M2	20	00:55:13	01:57:26	02:44:39	03:14:52.30	03:15:09.40	+00:51:38 (26.5%)	9:30	6.3 (73.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas			Czas netto 20.5km	Czas brutto 20.5km	Różn	Tempo min/km	Tempo km/h
						Babia 1 4.5km	Markowe 13.2km	Babia 2 15.5km					
39	ZIELIŃSKA Kinga	441		K1	3	00:53:38	01:59:34	02:43:07	03:17:09.80	03:17:15.45	+00:53:44 (27.2%)	9:37	6.2 (72.1%)
40	SOBIERAJ Grzegorz	567		M2	21	00:56:22	01:58:52	02:49:16	03:18:33.10	03:18:41.70	+00:55:10 (27.8%)	9:41	6.2 (72.1%)
41	CYBA Anna	435		K2	4	00:56:43	02:03:41	02:46:03	03:19:16.20	03:19:21.75	+00:55:50 (28.0%)	9:43	6.2 (72.1%)
42	LESIAK Tomasz	534	ZESPÓŁ BIEGOWY PIOTRA PASZYŃSKIEGO	M2	22	00:55:26	01:58:43	02:44:52	03:21:33.55	03:21:39.15	+00:58:08 (28.8%)	9:49	6.1 (70.9%)
43	PRZYBYŁOWSKI Piotr	453		M2	23	00:54:19	02:01:38	02:46:34	03:22:03.85	03:22:12.40	+00:58:41 (29.0%)	9:51	6.1 (70.9%)
44	ŁYCZAK Artur	387		M3	2	00:59:07	02:04:51	02:52:07	03:22:35.50	03:22:43.15	+00:59:12 (29.2%)	9:52	6.1 (70.9%)
45	KOWALEWSKA Małgorzata	391		K2	5	00:57:45	02:04:47	02:48:13	03:22:42.25	03:22:47.40	+00:59:16 (29.2%)	9:53	6.1 (70.9%)
46	RUSIN Szymon	421		M1	13	00:54:17	01:56:50	02:50:05	03:23:47.35	03:24:04.15	+01:00:33 (29.7%)	9:56	6 (69.8%)
47	BRUS Marcin	334		M2	24	00:57:34	02:01:42	02:50:40	03:25:06.05	03:25:12.50	+01:01:41 (30.1%)	10:00	6 (69.8%)
48	KUBIAK Jagoda	475		K2	6	01:00:04	02:07:32	02:51:22	03:25:07.15	03:25:12.60	+01:01:41 (30.1%)	10:00	6 (69.8%)
49	TARNAWSKI Marcin	429		M2	25	00:55:28	01:59:45	02:51:11	03:25:12.15	03:25:18.75	+01:01:47 (30.1%)	10:00	6 (69.8%)
50	BARTECKI Jakub	368	NORMA STAL AG	M1	14	00:50:55	01:56:39	02:45:00	03:25:43.35	03:25:45.35	+01:02:14 (30.2%)	10:02	6 (69.8%)
51	MIROŚLAW Albert	367	WW TEAM	M3	3	01:00:12	02:07:19	02:53:09	03:26:04.60	03:26:15.25	+01:02:44 (30.4%)	10:03	6 (69.8%)
52	BRZOZOWSKA Joanna	556		K1	4	00:59:42	02:06:32	02:51:38	03:26:16.45	03:26:20.25	+01:02:49 (30.4%)	10:03	6 (69.8%)
53	MARCIN Goleń	482		M1	15	01:00:11	02:06:56	02:55:31	03:27:14.20	03:27:20.70	+01:03:49 (30.8%)	10:06	5.9 (68.6%)
54	KLIMCA Piotr	497	TEAM MILIARDOWICE	M1	16	00:56:39	02:03:52	02:56:47	03:27:27.25	03:27:40.25	+01:04:09 (30.9%)	10:07	5.9 (68.6%)
55	RĘKOSIEWICZ Jakub	459		M2	26	00:56:17	02:05:25	02:53:04	03:28:34.05	03:28:47.05	+01:05:16 (31.3%)	10:10	5.9 (68.6%)
56	KUBIAK Karolina	474		K2	7	01:02:07	02:11:22	03:01:01	03:28:47.85	03:28:55.35	+01:05:24 (31.3%)	10:11	5.9 (68.6%)
57	KOŚLACZ Tomasz	562	MAG	M2	27	00:59:17	02:06:24	03:00:05	03:31:30.00	03:31:39.60	+01:08:08 (32.2%)	10:19	5.8 (67.4%)
58	BIEŃ Magdalena	578		K2	8	00:59:50	02:09:49	02:58:58	03:32:18.25	03:32:22.20	+01:08:51 (32.4%)	10:21	5.8 (67.4%)
59	SZEJKA Leszek	512	RUN PROGRESS TEAM	M2	28	00:57:52	02:05:33	02:58:27	03:32:15.45	03:32:25.50	+01:08:54 (32.4%)	10:21	5.8 (67.4%)
60	DANIELAK Tomasz	455		M1	17	01:01:45	02:05:56	02:58:02	03:30:33.30	03:32:35.85	+01:09:04 (32.5%)	10:16	5.8 (67.4%)
61	SOLKA Maciej	383	GÓRA BIEGA	M1	18	00:55:50	02:00:47	02:56:53	03:32:31.60	03:32:40.00	+01:09:09 (32.5%)	10:22	5.8 (67.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Babia 1	Markowe	Babia 2	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						4.5km	13.2km	15.5km	20.5km	20.5km			
62	ANDRÓSZOWSKI Mateusz	494	SUMMIT28.PL	M1	19	01:00:18	02:05:39	02:56:33	03:32:17.85	03:32:40.25	+01:09:09 (32.5%)	10:21	5.8 (67.4%)
63	MAREK Sławomir	500	WILD BUCHAYS	M2	29	00:58:00	02:07:16	02:59:19	03:32:55.80	03:33:01.05	+01:09:30 (32.6%)	10:23	5.8 (67.4%)
64	PŁAZIAK-KOWALSKA Magdalena	530	2K	K2	9	01:00:56	02:11:13	02:59:53	03:33:12.35	03:33:19.25	+01:09:48 (32.7%)	10:24	5.8 (67.4%)
65	SZOT Iwona	394	WW TEAM	K3	1	00:59:41	02:14:21	03:00:20	03:33:23.30	03:33:33.95	+01:10:03 (32.8%)	10:24	5.8 (67.4%)
66	MUTRYNOWSKI Piotr	451		M2	30	01:05:09	02:13:46	03:03:21	03:33:29.40	03:33:50.80	+01:10:19 (32.9%)	10:24	5.8 (67.4%)
67	CZŁONKOWSKI Piotr	452	OLIMPIJCZYK SZCZĘKOCINY	M2	31	00:57:42	02:06:51	02:58:18	03:35:30.25	03:35:39.55	+01:12:08 (33.5%)	10:30	5.7 (66.3%)
68	FORTAK Rafał	308		M1	20	00:54:57	01:58:58	03:01:09	03:36:33.50	03:36:47.25	+01:13:16 (33.8%)	10:33	5.7 (66.3%)
69	SZCZYGIEŁ-SOMMER Ola	414	GRUPA NOMAX	K2	10	01:03:24	02:13:39	03:02:45	03:37:40.30	03:37:46.75	+01:14:15 (34.1%)	10:37	5.7 (66.3%)
70	BRODA Dominik	503		M2	32	00:58:57	02:09:09	03:00:12	03:38:05.55	03:38:18.55	+01:14:47 (34.3%)	10:38	5.6 (65.1%)
71	ZIELIŃSKA Iwona	389		K2	11	01:01:26	02:14:09	03:03:02	03:39:09.80	03:39:15.05	+01:15:44 (34.5%)	10:41	5.6 (65.1%)
72	JANKOWSKI Dawid	397		M2	33	00:59:09	02:10:03	03:01:16	03:41:43.05	03:41:53.25	+01:18:22 (35.3%)	10:48	5.5 (64.0%)
73	MUCHA Agnieszka	359		K2	12	01:00:31	02:18:00	03:09:09	03:43:32.10	03:43:49.65	+01:20:18 (35.9%)	10:54	5.5 (64.0%)
74	LORANC Paweł	526	WILD BUCHAYS	M2	34	01:01:28	02:14:33	03:10:17	03:44:25.75	03:44:31.85	+01:21:00 (36.1%)	10:56	5.5 (64.0%)
75	PORAJ Paweł	476		M1	21	01:03:14	02:15:04	03:10:33	03:44:21.90	03:44:37.45	+01:21:06 (36.1%)	10:56	5.5 (64.0%)
76	KOWALIK Michał	576		M1	22	00:59:22	02:10:06	03:03:51	03:44:53.20	03:45:10.60	+01:21:39 (36.3%)	10:58	5.5 (64.0%)
77	ŻOŁNIERCZYK Stanisław	431		M2	35	00:56:36	02:08:03	03:01:40	03:45:20.25	03:45:35.10	+01:22:04 (36.4%)	10:59	5.5 (64.0%)
78	KANDEFER Beata	510	KB ATHLETIC ZRĘCIN	K3	2	00:59:13	02:10:58	03:03:20	03:45:33.10	03:45:38.30	+01:22:07 (36.4%)	11:00	5.5 (64.0%)
79	KUNC Oliver	508	WARSAW INTERNATIONAL TRIATHLON CLUB	M1	23	01:01:22	02:14:05	03:09:16	03:46:48.90	03:46:53.75	+01:23:22 (36.7%)	11:03	5.4 (62.8%)
80	MUCHA Miłosz	384	KLUB BIEGAJĄCYCH LEŚNIKÓW	M1	24	01:00:50	02:10:01	03:05:08	03:46:56.65	03:47:07.45	+01:23:36 (36.8%)	11:04	5.4 (62.8%)
81	PIELKA Robert	490		M2	36	01:00:25	02:13:26	03:11:50	03:46:59.35	03:47:12.25	+01:23:41 (36.8%)	11:04	5.4 (62.8%)
82	ZIĘBA Łukasz	362	HUSARIA RACE TEAM	M1	25	00:58:49	02:09:10	03:02:33	03:46:58.95	03:47:12.85	+01:23:41 (36.8%)	11:04	5.4 (62.8%)
82	KOZAKIEWICZ Tomek	402	CAŁE ŻYCIE NA REDUKCJI	M1	25	01:00:53	02:15:06	03:09:14	03:47:03.40	03:47:12.85	+01:23:41 (36.8%)	11:04	5.4 (62.8%)
84	DZIADEK Joanna	545		K2	13	00:58:46	02:14:18	03:06:24	03:47:06.20	03:47:14.45	+01:23:43 (36.8%)	11:04	5.4 (62.8%)

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						Babia 1 4.5km	Markowe 13.2km	Babia 2 15.5km					
85	KOPIENIAK Emil	504	TRĄBIKI	M1	27	00:59:26	02:13:31	03:08:13	03:47:27.55	03:47:45.90	+01:24:15 (37.0%)	11:05	5.4 (62.8%)
86	STAWIARSKI Jakub	336	ZA LINIĄ METY	M1	28	01:03:45	02:17:51	03:13:20	03:47:52.55	03:48:06.45	+01:24:35 (37.1%)	11:06	5.4 (62.8%)
87	FILIPOWSKI Rafał	351	#KUBAPIECHTEAM	M2	37	00:59:57	02:12:47	03:11:48	03:48:09.95	03:48:26.75	+01:24:55 (37.2%)	11:07	5.4 (62.8%)
88	RYBKOWSKI Hubert	309	KTÓRĘDYNADMORSKIEOKO	M2	38	00:59:52	02:10:50	03:06:49	03:48:50.55	03:48:53.45	+01:25:22 (37.3%)	11:09	5.4 (62.8%)
89	LEWNIOWSKI Błażej	546		M2	39	01:03:50	02:20:29	03:16:23	03:50:01.40	03:50:08.70	+01:26:37 (37.6%)	11:13	5.3 (61.6%)
90	ANTOŃCZYK Krzysztof	398		M3	4	01:00:27	02:16:23	03:10:07	03:50:05.70	03:50:12.90	+01:26:42 (37.7%)	11:13	5.3 (61.6%)
91	OLSZEWSKI Artur	483		M2	40	01:03:11	02:16:08	03:15:31	03:50:06.85	03:50:14.35	+01:26:43 (37.7%)	11:13	5.3 (61.6%)
92	KOŁODZIEJ Tomasz	517		M2	41	01:02:29	02:17:38	03:14:21	03:50:44.90	03:50:51.60	+01:27:20 (37.8%)	11:15	5.3 (61.6%)
93	DZIEWOŃSKI Konrad	549		M2	42	01:00:34	02:13:37	03:10:30	03:50:45.50	03:51:01.50	+01:27:30 (37.9%)	11:15	5.3 (61.6%)
94	GIERUSZKA Dariusz	375	AKTYWNA PSZCZYNA RUNNERS TEAM	M3	5	01:01:14	02:15:02	03:14:22	03:50:55.30	03:51:04.75	+01:27:33 (37.9%)	11:15	5.3 (61.6%)
95	WOJTALA Bartłomiej	528	UWAGA NA DZIADA!	M2	43	01:01:32	02:09:21	03:13:48	03:51:17.45	03:51:25.10	+01:27:54 (38.0%)	11:16	5.3 (61.6%)
96	SZYSZKA Ryszard	324		M2	44	00:58:18	02:10:47	03:06:18	03:51:33.35	03:51:37.60	+01:28:06 (38.0%)	11:17	5.3 (61.6%)
97	SKOWRONEK Robert	342		M2	45	01:03:12	02:15:18	03:11:59	03:51:30.00	03:51:43.00	+01:28:12 (38.1%)	11:17	5.3 (61.6%)
98	SADO Tomasz	485	AZS AWF KRAKÓW MASTERS	M1	29	00:58:04	02:04:50	02:59:38	03:51:50.00	03:52:01.60	+01:28:30 (38.1%)	11:18	5.3 (61.6%)
99	SOBEL-ADAMSKA Dorota	436	STARA KOCIARA	K2	14	01:00:45	02:20:30	03:12:57	03:53:51.10	03:54:04.10	+01:30:33 (38.7%)	11:24	5.3 (61.6%)
100	PALUCH Karol	518		M2	46	00:58:35	02:14:13	03:06:47	03:54:16.80	03:54:31.50	+01:31:00 (38.8%)	11:25	5.3 (61.6%)
101	WOŁOSZYN Piotr	480	A NA CO TO KOMU POTRZEBNE	M2	47	00:57:49	02:08:22	03:18:13	03:55:12.25	03:55:23.45	+01:31:52 (39.0%)	11:28	5.2 (60.5%)
102	GRABSKI Konrad	380	NIEPOŁOMICE BIEGAJĄ	M2	48	01:07:13	02:26:54	03:21:57	03:55:20.25	03:55:43.35	+01:32:12 (39.1%)	11:28	5.2 (60.5%)
103	SOKÓŁ Dominika	469		K1	5	01:06:07	02:17:45	03:18:48	03:56:02.60	03:56:13.90	+01:32:43 (39.2%)	11:30	5.2 (60.5%)
104	SIKLUCKI Grzegorz	412	ONE WAY TICKET	M3	6	01:05:56	02:19:02	03:20:10	03:56:17.40	03:56:28.30	+01:32:57 (39.3%)	11:31	5.2 (60.5%)
105	RYBKOWSKA Ewa	329	KTÓRĘDYNADMORSKIEOKO	K2	15	01:06:18	02:26:16	03:20:14	03:56:26.65	03:56:30.75	+01:32:59 (39.3%)	11:32	5.2 (60.5%)
106	NOWAK Sławomir	357	RUNNING TEAM MILICZ	M2	49	01:03:28	02:18:09	03:16:33	03:57:52.45	03:58:03.95	+01:34:33 (39.7%)	11:36	5.2 (60.5%)
107	ŚLIŻ Lucyna	356	KUŹNIA TRIATHLONU	K2	16	00:58:57	02:14:57	03:08:50	03:58:16.85	03:58:32.80	+01:35:01 (39.8%)	11:37	5.2 (60.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Babia 1 4.5km	Markowe 13.2km	Babia 2 15.5km	Czas netto 20.5km	Czas brutto 20.5km	Różn	Tempo min/km	Tempo km/h
108	ŚLIŹ Piotr	352		M2	50	00:58:55	02:13:36	03:08:44	03:58:17.30	03:58:32.90	+01:35:02 (39.8%)	11:37	5.2 (60.5%)
109	CZAJKOWSKI Marek	523	WARSZAWA-ŻOLIBORZ	M2	51	00:56:52	02:13:21	03:08:32	03:58:32.45	03:58:36.40	+01:35:05 (39.9%)	11:38	5.2 (60.5%)
110	KORZENIOWSKA Magdalena	449	NIEPOŁOMICE BIEGAJĄ	K2	17	01:08:26	02:24:14	03:20:49	03:58:18.10	03:58:39.90	+01:35:09 (39.9%)	11:37	5.2 (60.5%)
111	GOTKIEWICZ- CICHONŃ Edyta	419		K2	18	01:03:17	02:17:58	03:19:35	03:59:30.55	03:59:41.00	+01:36:10 (40.1%)	11:40	5.1 (59.3%)
112	KĄKOL Jarosław	484	SUSKA GRUPA BIEGOWA	M1	30	01:18:36	02:31:51	03:24:11	04:02:35.85	04:02:45.80	+01:39:14 (40.9%)	11:50	5.1 (59.3%)
113	BIT Wojciech	377	KREJZI PICZES	M2	52	01:08:40	02:28:14	03:23:20	04:02:31.85	04:02:51.90	+01:39:21 (40.9%)	11:49	5.1 (59.3%)
114	LEJA Wojciech	470	MATNER RUNNING TEAM	M1	31	01:00:23	02:15:45	03:15:43	04:03:32.80	04:03:39.70	+01:40:08 (41.1%)	11:52	5.1 (59.3%)
115	SKWARNECKI Damian	337	ŁODZIANKA TEAM	M2	53	01:05:20	02:22:55	03:23:28	04:03:35.70	04:03:44.45	+01:40:13 (41.1%)	11:52	5 (58.1%)
116	WEINBERG Kamil	535	DROGA DO ULTRA/BIEGIEM PO PIWO	M3	7	01:08:55	02:27:55	03:27:35	04:04:04.10	04:04:17.00	+01:40:46 (41.3%)	11:54	5 (58.1%)
117	WRÓBEL Jakub	505	TROŁBIKI	M2	54	00:59:39	02:20:52	03:19:07	04:04:09.15	04:04:28.70	+01:40:57 (41.3%)	11:54	5 (58.1%)
118	LASOTA Arkadiusz	360		M3	8	01:06:30	02:24:43	03:24:08	04:04:23.05	04:04:32.35	+01:41:01 (41.3%)	11:55	5 (58.1%)
119	STEFANIUK Marzena	479	A NA CO TO KOMU POTRZEBNE	K2	19	01:07:12	02:26:12	03:24:31	04:04:20.30	04:04:33.45	+01:41:02 (41.3%)	11:55	5 (58.1%)
120	KOT Tomasz	348		M2	55	01:04:40	02:21:08	03:27:39	04:05:18.35	04:05:31.20	+01:42:00 (41.5%)	11:57	5 (58.1%)
121	BEDNARZ Małgorzata	314	OTM.B	K2	20	01:07:56	02:30:26	03:27:51	04:05:40.05	04:05:46.80	+01:42:15 (41.6%)	11:59	5 (58.1%)
122	LEJA Michał	513		M1	32	00:56:33	02:00:45	03:20:54	04:06:51.70	04:07:00.85	+01:43:29 (41.9%)	12:02	5 (58.1%)
123	FIGIEL Bartosz	390		M2	56	01:05:17	02:25:19	03:22:44	04:07:04.50	04:07:14.55	+01:43:43 (42.0%)	12:03	5 (58.1%)
124	TOKARZEWSKA Katarzyna	378	NBR TEAM	K2	21	01:08:00	02:30:26	03:29:25	04:07:38.40	04:07:44.20	+01:44:13 (42.1%)	12:04	5 (58.1%)
125	GĘSIAREK Grzegorz	507		M2	57	01:07:59	02:26:54	03:23:58	04:07:50.30	04:07:58.00	+01:44:27 (42.1%)	12:05	5 (58.1%)
126	DANIELAK Roman	405		M3	9	01:11:41	02:33:04	03:28:14	04:07:52.75	04:08:12.75	+01:44:41 (42.2%)	12:05	5 (58.1%)
127	BARANOWSKI Michał	506		M2	58	01:04:24	02:19:39	03:16:33	04:08:35.00	04:08:55.25	+01:45:24 (42.3%)	12:07	4.9 (57.0%)
128	KOPACZ Kamil	372	MIECHOWICKA GRUPA BIEGOWA	M1	33	01:03:25	02:19:44	03:19:15	04:09:29.00	04:09:38.45	+01:46:07 (42.5%)	12:10	4.9 (57.0%)
129	FRAŃSKI Łukasz	382	NKB CHYŻY NOWY TOMYŚL	M2	59	01:11:07	02:31:13	03:30:36	04:09:56.20	04:10:08.40	+01:46:37 (42.6%)	12:11	4.9 (57.0%)
130	SYCHOWSKI Dawid	310		M2	60	01:03:52	02:25:43	03:20:11	04:09:55.60	04:10:13.50	+01:46:42 (42.6%)	12:11	4.9 (57.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Babia 1 4.5km	Markowe 13.2km	Babia 2 15.5km	Czas netto 20.5km	Czas brutto 20.5km	Różn	Tempo min/km	Tempo km/h
131	SWAT Damian	339		M1	34	01:03:15	02:29:31	03:34:24	04:06:37.85	04:11:00.15	+01:47:29 (42.8%)	12:01	5 (58.1%)
132	LASONCZYK Karol	415		M1	35	01:02:19	02:15:53	03:19:38	04:10:58.75	04:11:17.70	+01:47:46 (42.9%)	12:14	4.9 (57.0%)
133	MROWKA Malgorzata	532		K2	22	01:11:49	02:32:56	03:30:31	04:11:17.20	04:11:23.60	+01:47:52 (42.9%)	12:15	4.9 (57.0%)
134	MRÓWKA Michał	533	OBOZY GÓRSKIE	M2	61	01:10:11	02:32:48	03:28:33	04:11:51.50	04:11:58.50	+01:48:27 (43.0%)	12:17	4.9 (57.0%)
135	FILIPEK Przemysław	456	KB MCKIS JAWORZNO	M2	62	01:05:28	02:23:54	03:27:36	04:12:40.20	04:12:47.95	+01:49:17 (43.2%)	12:19	4.9 (57.0%)
136	KRÓL Tomasz	447		M1	36	01:06:55	02:25:37	03:25:15	04:13:54.00	04:14:15.70	+01:50:44 (43.6%)	12:23	4.8 (55.8%)
137	PALUCH Piotr	519		M2	63	01:03:01	02:24:40	03:28:53	04:14:33.10	04:14:47.65	+01:51:16 (43.7%)	12:25	4.8 (55.8%)
138	BOCZKOWSKA Justyna	401		K3	3	01:08:11	02:29:23	03:34:10	04:16:10.65	04:16:19.20	+01:52:48 (44.0%)	12:29	4.8 (55.8%)
139	MUNIAK Krzysztof	561		M2	64	01:02:02	02:19:15	03:34:59	04:16:15.40	04:16:29.95	+01:52:59 (44.0%)	12:30	4.8 (55.8%)
140	WÓJCIK Marta	426	KBKS RADOMSKO	K1	6	01:14:01	02:32:54	03:36:24	04:16:25.65	04:16:30.20	+01:52:59 (44.0%)	12:30	4.8 (55.8%)
141	BEDNARZ Sebastian	304	OTM.B	M3	10	01:07:50	02:38:14	03:27:44	04:17:57.25	04:18:12.30	+01:54:41 (44.4%)	12:34	4.8 (55.8%)
142	KUCIEL Dawid	531		M1	37	01:10:00	02:31:17	03:32:42	04:18:33.25	04:18:51.45	+01:55:20 (44.6%)	12:36	4.8 (55.8%)
143	BĄK Paulina	538	SISTERS	K2	23	01:08:36	02:34:15	03:38:00	04:18:36.25	04:18:53.45	+01:55:22 (44.6%)	12:36	4.8 (55.8%)
144	RYPUŁA Maria	442	ZEN RUNNING TEAM	K2	24	01:08:59	02:33:53	03:40:42	04:19:16.90	04:19:32.50	+01:56:01 (44.7%)	12:38	4.7 (54.7%)
145	PONIATOWSKI Krzysztof	374	RODZINNA GRUPA ROWEROWA	M2	65	01:12:21	02:34:22	03:39:34	04:19:38.95	04:19:45.55	+01:56:14 (44.8%)	12:39	4.7 (54.7%)
146	TYLKA Gosia	425		K1	7	01:12:17	02:36:51	03:38:46	04:19:48.05	04:20:03.35	+01:56:32 (44.8%)	12:40	4.7 (54.7%)
147	RYPUŁA Jacek	443	ZEN RUNNING TEAM	M2	66	01:08:58	02:34:48	03:41:04	04:20:27.50	04:20:43.45	+01:57:12 (45.0%)	12:42	4.7 (54.7%)
148	CICHOŃ Konrad	514		M1	38	01:11:56	02:38:35	03:39:08	04:23:12.95	04:23:27.20	+01:59:56 (45.5%)	12:50	4.7 (54.7%)
149	WROŃSKI Franciszek	568	VIVA PASKRZYN	M1	39	01:13:53	02:32:43	03:35:19	04:23:36.70	04:23:49.70	+02:00:18 (45.6%)	12:51	4.7 (54.7%)
150	BŁĄŻEJOWSKI Krzysztof	399		M3	11	01:14:05	02:42:53	03:41:56	04:23:59.15	04:24:18.10	+02:00:47 (45.7%)	12:52	4.7 (54.7%)
151	GRZĘDA Szymon	416		M1	40	01:02:20	02:17:53	03:20:59	04:24:10.10	04:24:29.65	+02:00:58 (45.7%)	12:53	4.7 (54.7%)
152	KOCIUBA Katarzyna	349		K2	25	01:19:31	02:45:26	03:48:28	04:25:25.60	04:25:31.80	+02:02:00 (46.0%)	12:56	4.6 (53.5%)
153	KAWUŁOK Łukasz	373	VSOFTTEAM	M2	67	01:12:27	02:39:50	03:42:05	04:25:34.25	04:25:47.25	+02:02:16 (46.0%)	12:57	4.6 (53.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas			Czas netto 20.5km	Czas brutto 20.5km	Różn	Tempo min/km	Tempo km/h
						Babia 1 4.5km	Markowe 13.2km	Babia 2 15.5km					
154	KUŚWIK Beata	403	CAŁE ŻYCIE NA REDUKCJI	K1	8	01:10:06	02:35:08	03:40:34	04:25:49.60	04:25:59.40	+02:02:28 (46.0%)	12:58	4.6 (53.5%)
155	RZESZOTARSKI Tomasz	315	KTÓRĘDY NAD MORSKIE OKO	M2	68	01:03:17	02:18:56	03:21:20	04:26:02.05	04:26:05.40	+02:02:34 (46.1%)	12:58	4.6 (53.5%)
156	NOCULAK Krystian	548		M2	69	00:59:10	02:18:23	03:10:40	04:27:39.65	04:27:59.25	+02:04:28 (46.4%)	13:03	4.6 (53.5%)
157	BĄK Piotr	499	WILD BUCHAYS	M2	70	01:11:11	02:40:06	03:41:31	04:28:15.50	04:28:20.35	+02:04:49 (46.5%)	13:05	4.6 (53.5%)
158	CIECHALSKA Ola	521		K2	26	01:10:25	02:32:15	03:37:17	04:28:14.20	04:28:27.35	+02:04:56 (46.5%)	13:05	4.6 (53.5%)
159	PIEKARSKI Ryszard	395		M1	41	01:10:04	02:33:09	03:44:34	04:30:10.05	04:30:19.05	+02:06:48 (46.9%)	13:10	4.6 (53.5%)
160	BESZTOCHA Jadwiga	461	ZEN RUNNING TEAM	K2	27	01:13:07	02:42:49	03:46:37	04:30:51.60	04:31:06.75	+02:07:35 (47.1%)	13:12	4.5 (52.3%)
161	NIELEPIEC Artur	550		M2	71	01:01:51	02:25:25	03:32:52	04:33:04.55	04:33:16.55	+02:09:45 (47.5%)	13:19	4.5 (52.3%)
162	WNUK Mirosław	321		M3	12	01:09:17	02:39:57	03:47:27	04:33:31.35	04:33:42.35	+02:10:11 (47.6%)	13:20	4.5 (52.3%)
163	MIKULSKI Wojciech	437	4F RUNNING TEAM	M2	72	01:12:57	02:40:28	03:48:01	04:33:29.30	04:33:51.80	+02:10:20 (47.6%)	13:20	4.5 (52.3%)
164	TKACZ Przemysław	438	PRZEMYSKI KLUB BIEGACZA	M2	73	01:13:09	02:40:29	03:47:53	04:33:29.40	04:33:52.30	+02:10:21 (47.6%)	13:20	4.5 (52.3%)
165	SIESS Małgorzata	363		K1	9	01:15:20	02:42:57	03:45:38	04:33:43.50	04:34:03.35	+02:10:32 (47.6%)	13:21	4.5 (52.3%)
166	ZIĘBA Dawid	385	IDEOAKTYWNI	M1	42	01:12:23	02:41:40	03:53:48	04:37:50.85	04:38:05.70	+02:14:34 (48.4%)	13:33	4.4 (51.2%)
167	ŁATKA Maciej	433		M1	43	01:09:00	02:48:21	03:57:12	04:42:31.20	04:42:48.80	+02:19:17 (49.3%)	13:46	4.4 (51.2%)
168	PAWLIKOWSKA Anna	413		K2	28	01:10:03	02:44:26	03:47:53	04:42:46.05	04:42:58.70	+02:19:27 (49.3%)	13:47	4.3 (50.0%)
169	IZDEBSKI Adrian	417		M2	74	01:15:59	02:44:22	03:53:22	04:43:49.40	04:44:08.70	+02:20:37 (49.5%)	13:50	4.3 (50.0%)
170	KULIGA Michał	317	EASYRUN RACIBÓRZ	M2	75	01:12:28	02:47:00	03:53:51	04:47:03.05	04:47:20.00	+02:23:49 (50.1%)	14:00	4.3 (50.0%)
171	KULIGA Ewa	311	EASYRUN RACIBÓRZ	K2	29	01:12:31	02:46:40	03:54:31	04:47:03.60	04:47:20.10	+02:23:49 (50.1%)	14:00	4.3 (50.0%)
172	DAMASZEK Grzegorz	491		M2	76	01:10:22	02:46:44	04:00:49	04:49:16.55	04:49:31.05	+02:26:00 (50.4%)	14:06	4.3 (50.0%)
173	SZAREK Robert	340		M3	13	01:12:31	02:43:09	03:57:18	04:50:00.00	04:50:12.20	+02:26:41 (50.5%)	14:08	4.2 (48.8%)
174	ROGÓŻ Elżbieta	325	#ULTRATRACK	K2	30	01:09:58	02:47:07	03:54:45	04:51:38.00	04:51:50.30	+02:28:19 (50.8%)	14:13	4.2 (48.8%)
175	DULIBAN-NOWAK Gabriela	543	STREET KRAV MAGA MEHRSTEIN PRZEWORSK	K2	31	01:16:10	02:48:48	04:05:27	04:51:56.55	04:52:09.70	+02:28:38 (50.9%)	14:14	4.2 (48.8%)
176	GRAJDEK Wiktor	322		M1	44	01:17:34	02:55:35	03:56:32	04:54:29.75	04:54:51.15	+02:31:20 (51.3%)	14:21	4.2 (48.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas			Czas netto 20.5km	Czas brutto 20.5km	Różn	Tempo min/km	Tempo km/h
						Babia 1 4.5km	Markowe 13.2km	Babia 2 15.5km					
177	OSINSKI Norbert	388		M1	45	01:09:36	02:42:49	03:55:21	04:55:54.35	04:56:05.85	+02:32:34 (51.5%)	14:26	4.2 (48.8%)
178	ŁUGOWSKI Sebastian	381		M2	77	01:12:29	02:46:47	04:05:13	04:56:35.50	04:56:55.70	+02:33:24 (51.7%)	14:28	4.1 (47.7%)
179	KASKA Krzysztof	432		M3	14	01:13:48	02:49:55	03:59:13	04:57:21.60	04:57:36.75	+02:34:05 (51.8%)	14:30	4.1 (47.7%)
180	LEŚNIEWICZ Danuta	392	MINIONSSPEEDTEAM	K2	32	01:05:27	02:40:57	04:09:56	05:01:33.75	05:01:52.50	+02:38:21 (52.5%)	14:42	4.1 (47.7%)
181	PARASZKA Łukasz	393	MINIONSSPEEDTEAM	M1	46	01:05:21	02:40:58	04:09:56	05:01:33.90	05:01:52.70	+02:38:21 (52.5%)	14:42	4.1 (47.7%)
182	PIĄTEK Tomasz	525	WILDBUHAYS	M2	78	01:16:02	02:46:20	04:11:58	05:01:50.25	05:01:56.65	+02:38:25 (52.5%)	14:43	4.1 (47.7%)
183	PODLEWSKI Wojciech	333	KS SPORTIVA	M3	15	01:13:44	02:53:43	04:03:54	05:02:29.65	05:02:34.70	+02:39:03 (52.6%)	14:45	4.1 (47.7%)
184	PODSTAWSKA Justyna	495		K1	10	01:24:24	03:01:00	04:12:07	05:02:42.50	05:03:03.30	+02:39:32 (52.6%)	14:45	4.1 (47.7%)
185	FRANEK Sebastian	307	WLKP MOUNTAINS ULTRA	M2	79	01:11:09	02:42:34	04:03:04	05:03:27.15	05:03:39.05	+02:40:08 (52.7%)	14:48	4.1 (47.7%)
186	PYREK Iwona	303		K2	33	01:22:09	03:05:04	04:17:55	05:05:31.45	05:05:44.30	+02:42:13 (53.1%)	14:54	4 (46.5%)
187	WALCZAK Jakub	496		M3	16	01:12:22	02:52:36	04:02:24	05:06:09.95	05:06:22.95	+02:42:52 (53.2%)	14:56	4 (46.5%)
188	STEFANIAK Bożena	424		K3	4	01:14:04	02:55:08	04:17:49	05:06:57.60	05:07:13.60	+02:43:42 (53.3%)	14:58	4 (46.5%)
189	URBAŃCZYK Paweł	529		M1	47	01:23:42	02:58:57	04:15:40	05:07:58.20	05:08:15.70	+02:44:44 (53.4%)	15:01	4 (46.5%)
190	SZCZEŚNIAK Agnieszka	318	SB SOBOLE	K2	34	01:20:52	03:06:06	04:16:43	05:09:31.90	05:09:43.95	+02:46:13 (53.7%)	15:05	4 (46.5%)
191	SOBULSKI Karol	327	SB SOBOLE	M2	80	01:19:51	03:05:57	04:16:27	05:09:32.35	05:09:44.35	+02:46:13 (53.7%)	15:05	4 (46.5%)
192	MORAWSKA Anna	316		K3	5	01:23:38	03:06:49	04:17:32	05:10:31.70	05:10:51.85	+02:47:20 (53.8%)	15:08	4 (46.5%)
193	ŁATKA Dorota	407		K2	35	01:29:00	03:11:15	04:26:19	05:16:16.30	05:16:32.40	+02:53:01 (54.7%)	15:25	3.9 (45.3%)
194	DOROŻAŁA Natalia	428		K2	36	01:28:08	03:20:46	04:28:24	05:18:01.75	05:18:25.90	+02:54:55 (54.9%)	15:30	3.9 (45.3%)
195	ADRIAN Maciej	477		M1	48	01:11:40	02:41:00	04:27:44	05:16:45.85	05:18:30.40	+02:54:59 (54.9%)	15:27	3.9 (45.3%)
196	TOMCZYK Rafał	369		M3	17	01:16:02	03:01:08	04:23:39	05:19:42.60	05:20:04.60	+02:56:33 (55.2%)	15:35	3.8 (44.2%)
197	KARLIŃSKI Łukasz	370		M2	81	01:17:52	03:01:10	04:23:37	05:20:21.65	05:20:44.25	+02:57:13 (55.3%)	15:37	3.8 (44.2%)
198	NAWROCKA Natalia	353		K1	11	01:24:52	03:07:35	04:23:08	05:20:33.90	05:20:47.45	+02:57:16 (55.3%)	15:38	3.8 (44.2%)
199	PICHER RÓŻYŁO Joanna	313		K2	37	01:29:01	03:15:57	04:29:43	05:21:18.40	05:21:42.35	+02:58:11 (55.4%)	15:40	3.8 (44.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat				Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						Babia 1 4.5km	Markowe 13.2km	Babia 2 15.5km	20.5km	20.5km			
200	WOŹNIAK Radosław	323		M3	18	01:28:55	03:15:45	04:29:49	05:21:18.85	05:21:42.70	+02:58:11 (55.4%)	15:40	3.8 (44.2%)
201	ZAGÓRSKA Beata	536		K2	38	01:23:10	03:08:41	04:28:41	05:22:24.25	05:22:40.80	+02:59:09 (55.5%)	15:43	3.8 (44.2%)
202	ZIMNY Marcin	400	LEGIA WARSZAWA	M2	82	01:23:11	03:05:25	04:27:29	05:22:59.90	05:23:25.65	+02:59:54 (55.6%)	15:45	3.8 (44.2%)
203	ZIMNY Łukasz	410	JELONKI RUNNING CLUB	M1	49	01:26:54	03:05:20	04:27:40	05:23:00.80	05:23:26.15	+02:59:55 (55.6%)	15:45	3.8 (44.2%)
204	SZYMAŃSKI Kamil	404		M1	50	01:16:10	02:55:17	04:16:55	05:25:14.70	05:25:25.25	+03:01:54 (55.9%)	15:51	3.8 (44.2%)
205	RYGUŁA Mikołaj	555		M1	51	01:21:31	02:59:10	04:21:41	05:25:19.40	05:25:25.30	+03:01:54 (55.9%)	15:52	3.8 (44.2%)
206	MARCINIAK Agata	338	ŁODZIANKA TEAM	K2	39	01:29:53	03:14:43	04:38:03	05:29:09.65	05:29:33.00	+03:06:02 (56.5%)	16:03	3.7 (43.0%)
207	PELCNER Marcin	467		M3	19	01:21:22	03:05:07	04:37:41	05:34:55.45	05:35:08.45	+03:11:37 (57.2%)	16:20	3.7 (43.0%)
208	HOLONA Bożena	560		K3	6	01:33:23	03:20:34	04:46:08	05:37:04.75	05:37:22.30	+03:13:51 (57.5%)	16:26	3.6 (41.9%)
209	STANISZEWSKI Rafał	464	TURBODZIKI	M2	83	01:23:41	03:20:05	04:36:56	05:39:58.05	05:40:10.45	+03:16:39 (57.8%)	16:35	3.6 (41.9%)
210	GOLA Karolina	539	SISTERS	K2	40	01:38:45	03:28:38	04:53:53	05:40:27.15	05:40:44.45	+03:17:13 (57.9%)	16:36	3.6 (41.9%)
211	HOLONA Julia	569		K1	12	01:28:13	03:23:32	04:44:12	05:44:11.65	05:44:29.70	+03:20:58 (58.3%)	16:47	3.6 (41.9%)
212	DOROŻAŁA Lechosław	427		M3	20	01:28:21	03:28:20	04:52:28	05:48:06.05	05:48:31.30	+03:25:00 (58.8%)	16:58	3.5 (40.7%)
213	RYPUŁA Grażyna	462	ZEN RUNNING TEAM	K3	7	01:32:11	03:23:23	04:48:48	05:51:12.55	05:51:28.75	+03:27:57 (59.2%)	17:07	3.5 (40.7%)
214	CISICKA Daria	358		K1	13	01:29:00	03:32:49	05:04:12	05:58:45.75	05:59:00.10	+03:35:29 (60.0%)	17:30	3.4 (39.5%)
Przekroczony limit czasu: 06:00:00													
215	SYPNIEWSKA Hanna	537	SPARTANIE DZIECIOM	K3	8	01:41:19	03:55:24	05:24:33	06:22:39.05	06:23:00.10	+03:59:29 (62.5%)	18:39	3.2 (37.2%)
216	BAROSZ Natalia Paulina	547		K1	14								(0.0%)
DNC	PARIS Nicola	450	LA RECASTELLO	K1		00:42:23	00:59:20						(0.0%)
	ŚLESICKI Konstanty	544		M1		01:15:20 DNF	03:00:34 DNF	DNF	DNF	DNF		-	- (0.0%)
	MROZIK Magdalena	345	POWER TRAINING	K2		01:24:30 DNF	03:20:22 DNF	DNF	DNF	DNF		-	- (0.0%)
	RYPUŁA Zenon	466	ZEN RUNNING TEAM	M3		01:33:15 DNF	03:36:12 DNF	DNF	DNF	DNF		-	- (0.0%)
	PACHUT Jerzy	328	MY ENDURANCE COACHING TEAM	M1		00:56:31 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	WIECZOREK Wojciech	554		M2		01:28:24 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Babia 1 4.5km	Markowe 13.2km	Babia 2 15.5km	Czas netto 20.5km	Czas brutto 20.5km	Różn	Tempo min/km	Tempo km/h
	MAREK Dariusz	301	MONK SANDALS TEAM	M2		DNF	DNF	DNF	DNF	DNF		-	- (0.0%)

Znaleziono 223 wynik(ów)