



**Wydarzenie:**  
**Organizator:**  
**Data:**  
**Miejsce:**  
**Dystans:**

ULTRAMARATON BABIA GÓRA 2021  
KOZICA Fundacja Biegów Górskich  
2021-06-12  
Babia Góra  
20.5 km

## 2XBABIA GÓRA SKYRACE®

B4SPORT

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Open M

| Msc | Zawodnik           | Numer | Klub                                        | Kategoria | Mkat | Babia 1<br>4.5km | Markowe<br>13.2km | Babia 2<br>15.5km | Czas<br>netto<br>20.5km | Czas<br>brutto<br>20.5km | Różn                 | Tempo<br>min/km | Tempo<br>km/h  |
|-----|--------------------|-------|---------------------------------------------|-----------|------|------------------|-------------------|-------------------|-------------------------|--------------------------|----------------------|-----------------|----------------|
| 1   | MAREK Dariusz      | 331   | MONK SANDALS TEAM                           | M2        | 1    | 00:41:19         | 01:26:45          | 01:58:21          | 02:21:14.30             | 02:21:47.85              |                      | 6:53            | 8.7<br>(100%)  |
| 2   | URBAŃCZYK Karol    | 332   | NON STOP TRAIL                              | M1        | 1    | 00:41:29         | 01:30:31          | 02:03:39          | 02:26:48.25             | 02:27:22.45              | +00:05:34<br>(3.8%)  | 7:09            | 8.4<br>(96.6%) |
| 3   | BROJ Marcel        | 308   | BROJ TEAM ŻLINICE                           | M1        | 2    | 00:42:27         |                   | 02:06:10          | 02:31:40.60             | 02:32:15.35              | +00:10:27<br>(6.9%)  | 7:23            | 8.1<br>(93.1%) |
| 4   | STREIT Dawid       | 355   | SBRT BIELSKO-BIAŁA                          | M2        | 2    | 00:46:02         | 01:36:02          | 02:11:37          | 02:36:07.25             | 02:36:41.65              | +00:14:53<br>(9.5%)  | 7:36            | 7.9<br>(90.8%) |
| 5   | ŻÓŁTEK Grzegorz    | 506   |                                             | M1        | 3    | 00:42:58         | 01:35:34          | 02:10:27          | 02:39:47.30             | 02:40:22.35              | +00:18:34<br>(11.6%) | 7:47            | 7.7<br>(88.5%) |
| 6   | BUCZYŃSKI Adam     | 362   | NON STOP TRAIL                              | M2        | 3    | 00:45:44         | 01:37:22          | 02:12:46          | 02:40:19.10             | 02:40:53.65              | +00:19:05<br>(11.9%) | 7:49            | 7.7<br>(88.5%) |
| 7   | SUROWIEC Michał    | 320   |                                             | M2        | 4    | 00:44:21         | 01:34:00          | 02:13:30          | 02:42:52.35             | 02:43:27.15              | +00:21:39<br>(13.2%) | 7:56            | 7.6<br>(87.4%) |
| 8   | KOPCEWICZ Tomasz   | 571   |                                             | M2        | 5    | 00:48:28         | 01:41:22          | 02:18:25          | 02:43:20.80             | 02:43:55.20              | +00:22:07<br>(13.5%) | 7:58            | 7.5<br>(86.2%) |
| 9   | BYRTEK Kamil       | 526   | WWW.EKOIDEA.SKLEP.PL                        | M1        | 4    | 00:44:19         | 01:36:30          | 02:15:28          | 02:44:39.90             | 02:45:14.35              | +00:23:26<br>(14.2%) | 8:01            | 7.5<br>(86.2%) |
| 10  | SZKOŁA Wojciech    | 315   | NATURAL BORN RUNNERS                        | M2        | 6    | 00:48:29         | 01:41:20          | 02:17:36          | 02:45:15.70             | 02:45:50.75              | +00:24:02<br>(14.5%) | 8:03            | 7.4<br>(85.1%) |
| 11  | JUREWICZ Krzysztof | 509   |                                             | M2        | 7    | 00:50:02         | 01:42:28          | 02:20:30          | 02:47:02.20             | 02:47:38.35              | +00:25:50<br>(15.4%) | 8:08            | 7.4<br>(85.1%) |
| 12  | CHAJDAS Mateusz    | 467   | LEROY MERLIN KATOWICE / INŻYNIERIA BIEGANIA | M1        | 5    | 00:48:44         | 01:41:27          | 02:22:04          | 02:49:26.60             | 02:50:02.55              | +00:28:14<br>(16.6%) | 8:15            | 7.3<br>(83.9%) |
| 13  | PYREK Przemysław   | 311   | TRAINING BY PP                              | M1        | 6    | 00:49:59         | 01:44:15          | 02:22:53          | 02:50:01.45             | 02:50:35.15              | +00:28:47<br>(16.9%) | 8:17            | 7.2<br>(82.8%) |
| 14  | PACHUT Jerzy       | 480   |                                             | M1        | 7    | 00:45:27         | 01:36:47          | 02:19:14          | 02:50:48.55             | 02:51:22.35              | +00:29:34<br>(17.3%) | 8:19            | 7.2<br>(82.8%) |
| 15  | PERYKASZA Paweł    | 551   | GRUPALUKTRANS.PL                            | M2        | 8    | 00:52:07         | 01:47:28          | 02:28:25          | 02:55:01.15             | 02:55:36.60              | +00:33:48<br>(19.3%) | 8:32            | 7<br>(80.5%)   |

| Msc | Zawodnik               | Numer | Klub                               | Kategoria | Mkat | Babia 1<br>4.5km | Markowe<br>13.2km | Babia 2<br>15.5km | Czas<br>netto<br>20.5km | Czas<br>brutto<br>20.5km | Różn                 | Tempo<br>min/km | Tempo<br>km/h  |
|-----|------------------------|-------|------------------------------------|-----------|------|------------------|-------------------|-------------------|-------------------------|--------------------------|----------------------|-----------------|----------------|
| 16  | KASZUBA Bartosz        | 337   | GERIATRIC TEAM                     | M2        | 9    | 00:53:49         | 01:51:05          | 02:32:18          | 02:56:37.75             | 02:57:14.75              | +00:35:26<br>(20.0%) | 8:36            | 7<br>(80.5%)   |
| 17  | MACHALSKI Sebastian    | 365   |                                    | M2        | 10   | 00:52:09         | 01:48:14          | 02:29:28          | 02:57:24.45             | 02:58:00.10              | +00:36:12<br>(20.3%) | 8:39            | 6.9<br>(79.3%) |
| 18  | KALUŽA Luboš           | 502   | JAHUDKY                            | M2        | 11   | 00:52:20         | 01:51:50          | 02:36:37          | 03:05:00.70             | 03:05:37.05              | +00:43:49<br>(23.6%) | 9:01            | 6.6<br>(75.9%) |
| 19  | GRAMS Krzysztof        | 383   |                                    | M2        | 12   | 00:54:42         | 01:52:18          | 02:36:33          | 03:05:20.05             | 03:05:58.45              | +00:44:10<br>(23.8%) | 9:02            | 6.6<br>(75.9%) |
| 20  | KLONOWSKI Kamil        | 482   | KLONO TEAM                         | M1        | 8    | 00:54:19         | 01:52:09          | 02:36:35          | 03:08:28.20             | 03:09:02.05              | +00:47:14<br>(25.0%) | 9:11            | 6.5<br>(74.7%) |
| 21  | ZBORUCKI Jan           | 544   | LATAJACY CYRK                      | M2        | 13   | 00:58:52         | 02:00:10          | 02:41:35          | 03:11:05.90             | 03:11:42.15              | +00:49:54<br>(26.0%) | 9:19            | 6.4<br>(73.6%) |
| 22  | DANIELAK Tomasz        | 357   |                                    | M1        | 9    | 01:04:19         | 02:03:53          | 02:46:13          | 03:12:41.45             | 03:13:35.50              | +00:51:47<br>(26.8%) | 9:23            | 6.4<br>(73.6%) |
| 23  | RUMIAN Jakub           | 373   | KW KRAKÓW                          | M1        | 10   | 00:54:42         | 01:56:47          | 02:44:37          | 03:14:18.85             | 03:14:55.60              | +00:53:07<br>(27.3%) | 9:28            | 6.3<br>(72.4%) |
| 24  | SZYMURA Wojciech       | 552   |                                    | M2        | 14   | 00:56:13         | 01:56:37          | 02:44:59          | 03:15:49.55             | 03:16:26.10              | +00:54:38<br>(27.8%) | 9:33            | 6.3<br>(72.4%) |
| 25  | ZIOBROWSKI Łukasz      | 487   | SZTUKA RUCHU                       | M2        | 15   | 00:54:18         |                   | 02:42:18          | 03:17:48.40             | 03:18:25.10              | +00:56:37<br>(28.5%) | 9:38            | 6.2<br>(71.3%) |
| 26  | WOJCIECHOWSKI Jarosław | 387   | CZASEM BIEGAM                      | M3        | 1    | 01:00:16         | 02:04:11          | 02:45:43          | 03:19:00.00             | 03:19:40.05              | +00:57:52<br>(29.0%) | 9:42            | 6.2<br>(71.3%) |
| 27  | JĘDRZEJAK Piotr        | 338   |                                    | M2        | 16   | 00:56:21         | 02:02:55          | 02:46:47          | 03:19:45.45             | 03:20:29.05              | +00:58:41<br>(29.3%) | 9:44            | 6.2<br>(71.3%) |
| 28  | KRZYŻANOWSKI Łukasz    | 340   | NOWA HUTA TEAM                     | M2        | 17   | 00:58:22         | 02:03:11          | 02:48:44          | 03:19:53.30             | 03:20:30.05              | +00:58:42<br>(29.3%) | 9:45            | 6.2<br>(71.3%) |
| 29  | CHUDY Tobiasz          | 326   | R-TEAM                             | M1        | 11   | 00:57:28         | 01:59:01          | 02:46:45          | 03:21:26.95             | 03:22:09.95              | +01:00:22<br>(29.9%) | 9:49            | 6.1<br>(70.1%) |
| 30  | PUCHNIARZ Artur        | 343   |                                    | M2        | 18   | 00:58:51         | 02:03:27          | 02:48:20          | 03:23:59.05             | 03:24:33.00              | +01:02:45<br>(30.7%) | 9:57            | 6<br>(69.0%)   |
| 31  | DĄBROWSKI Michał       | 472   | ULTRAPOŚLADACH/ TEAM ZABIEGANE DNI | M2        | 19   | 00:57:59         | 02:02:17          | 02:51:32          | 03:23:45.85             | 03:24:43.10              | +01:02:55<br>(30.7%) | 9:56            | 6<br>(69.0%)   |
| 32  | GÓRAK Grzegorz         | 564   |                                    | M2        | 20   | 00:56:12         | 01:58:10          | 02:49:23          | 03:24:39.90             | 03:25:22.05              | +01:03:34<br>(31.0%) | 9:58            | 6<br>(69.0%)   |
| 33  | ŚWIĄDER Mirosław       | 466   | INTEL RUNNERS/RUNPASSION.PL TEAM   | M3        | 2    | 00:54:34         | 02:00:16          | 02:46:54          | 03:27:36.80             | 03:28:25.80              | +01:06:37<br>(32.0%) | 10:07           | 5.9<br>(67.8%) |
| 34  | ROŚ Dominik            | 559   |                                    | M1        | 12   | 01:01:37         | 02:05:46          | 02:55:19          | 03:27:46.80             | 03:28:28.10              | +01:06:40<br>(32.0%) | 10:08           | 5.9<br>(67.8%) |
| 35  | PRZYBYŁOWSKI Piotr     | 462   |                                    | M2        | 21   | 00:55:56         | 02:03:24          | 02:51:43          | 03:28:14.45             | 03:28:51.80              | +01:07:03<br>(32.1%) | 10:09           | 5.9<br>(67.8%) |
| 36  | FURMAŃSKI Kuba         | 511   |                                    | M2        | 22   | 00:58:36         | 02:03:25          | 02:52:29          | 03:28:22.70             | 03:29:02.70              | +01:07:14<br>(32.2%) | 10:09           | 5.9<br>(67.8%) |
| 37  | ŁEBKOWSKI Tomasz       | 431   |                                    | M2        | 23   | 00:55:32         | 02:05:37          | 02:49:02          | 03:28:25.45             | 03:29:03.55              | +01:07:15<br>(32.2%) | 10:10           | 5.9<br>(67.8%) |
| 38  | SZELAĞ Dariusz         | 413   | LISY PUTYNI                        | M2        | 24   | 01:00:10         | 02:06:55          | 02:58:14          | 03:29:09.50             | 03:29:45.35              | +01:07:57<br>(32.4%) | 10:12           | 5.9<br>(67.8%) |

| Msc | Zawodnik             | Numer | Klub               | Kategoria | Mkat | Babia 1<br>4.5km | Markowe<br>13.2km | Babia 2<br>15.5km | Czas<br>netto<br>20.5km | Czas<br>brutto<br>20.5km | Różn                 | Tempo<br>min/km | Tempo<br>km/h  |
|-----|----------------------|-------|--------------------|-----------|------|------------------|-------------------|-------------------|-------------------------|--------------------------|----------------------|-----------------|----------------|
| 39  | TOBERA Łukasz        | 505   |                    | M2        | 25   | 01:01:20         | 02:07:18          | 02:55:25          | 03:30:02.30             | 03:30:43.15              | +01:08:55<br>(32.7%) | 10:14           | 5.9<br>(67.8%) |
| 40  | OSIURAK Łukasz       | 325   | SYN LASU           | M2        | 26   | 00:55:37         | 02:02:40          | 02:53:49          | 03:30:23.95             | 03:31:01.60              | +01:09:13<br>(32.8%) | 10:15           | 5.8<br>(66.7%) |
| 41  | OLIWA Edward         | 491   | ITMBW KRAKÓW       | M3        | 3    | 00:57:55         | 02:05:10          | 02:53:37          | 03:31:54.75             | 03:32:29.60              | +01:10:41<br>(33.3%) | 10:20           | 5.8<br>(66.7%) |
| 42  | ORZYŁOWSKI Maciej    | 464   |                    | M2        | 27   | 01:00:10         | 02:01:43          | 02:57:52          | 03:34:55.20             | 03:35:43.60              | +01:13:55<br>(34.3%) | 10:29           | 5.7<br>(65.5%) |
| 43  | BOHDANOWICZ Krystian | 495   | ATLAS RUNNING TEAM | M2        | 28   | 01:01:28         | 02:10:10          | 03:01:03          | 03:36:10.05             | 03:36:46.10              | +01:14:58<br>(34.6%) | 10:32           | 5.7<br>(65.5%) |
| 44  | KOŁODZIEJ Tomasz     | 530   |                    | M2        | 29   | 01:00:53         | 02:10:17          | 02:59:04          | 03:37:04.55             | 03:37:45.40              | +01:15:57<br>(34.9%) | 10:35           | 5.7<br>(65.5%) |
| 45  | KRAJKA Jarosław      | 451   | UMCS BIEGA         | M2        | 30   | 01:00:10         | 02:10:08          | 03:01:36          | 03:37:19.20             | 03:37:56.45              | +01:16:08<br>(34.9%) | 10:36           | 5.7<br>(65.5%) |
| 46  | PAPAJ Jakub          | 358   |                    | M2        | 31   | 01:01:58         | 02:10:37          | 03:02:32          | 03:38:42.10             | 03:39:17.15              | +01:17:29<br>(35.3%) | 10:40           | 5.6<br>(64.4%) |
| 47  | RYBKOWSKI Hubert     | 351   |                    | M2        | 32   | 01:07:00         | 02:20:40          | 03:06:11          | 03:38:42.45             | 03:39:22.80              | +01:17:34<br>(35.4%) | 10:40           | 5.6<br>(64.4%) |
| 48  | ZIĘBA Łukasz         | 405   | HUSARIA RACE TEAM  | M1        | 13   | 00:59:52         | 02:08:01          | 02:59:24          | 03:39:17.50             | 03:40:06.60              | +01:18:18<br>(35.6%) | 10:41           | 5.6<br>(64.4%) |
| 49  | ZAJDEL Michał        | 557   | SOCIOS SILESIA     | M2        | 33   | 01:00:32         | 02:08:19          | 02:58:33          | 03:39:58.20             | 03:40:33.00              | +01:18:45<br>(35.7%) | 10:43           | 5.6<br>(64.4%) |
| 50  | DANIELAK Roman       | 333   |                    | M3        | 4    | 01:06:17         | 02:13:31          | 03:03:14          | 03:39:43.90             | 03:40:38.05              | +01:18:50<br>(35.7%) | 10:43           | 5.6<br>(64.4%) |
| 51  | PATRO Bartłomiej     | 418   |                    | M1        | 14   | 00:59:50         | 02:08:43          | 02:59:40          | 03:40:01.95             | 03:40:44.95              | +01:18:57<br>(35.8%) | 10:43           | 5.6<br>(64.4%) |
| 52  | MALINA Michał        | 322   | HUTNIK RUN         | M2        | 34   | 01:03:05         | 02:12:28          | 03:01:11          | 03:40:12.95             | 03:40:50.60              | +01:19:02<br>(35.8%) | 10:44           | 5.6<br>(64.4%) |
| 53  | WOJDYŁA Paweł        | 350   |                    | M1        | 15   | 01:00:02         | 02:10:42          | 03:00:25          | 03:43:27.45             | 03:44:08.50              | +01:22:20<br>(36.7%) | 10:54           | 5.5<br>(63.2%) |
| 54  | SZYSZKA Ryszard      | 379   |                    | M2        | 35   | 01:02:40         | 02:15:25          | 03:02:49          | 03:43:49.80             | 03:44:30.05              | +01:22:42<br>(36.8%) | 10:55           | 5.5<br>(63.2%) |
| 55  | KAMIŃSKI Wojtek      | 390   |                    | M2        | 36   | 00:59:51         | 02:08:06          | 03:05:54          | 03:43:43.85             | 03:44:32.70              | +01:22:44<br>(36.9%) | 10:54           | 5.5<br>(63.2%) |
| 56  | BORKOWSKI Grzegorz   | 471   | GDYNSKI TRIATHLON  | M2        | 37   | 01:02:00         | 02:12:28          | 03:07:22          | 03:43:59.05             | 03:44:48.90              | +01:23:01<br>(36.9%) | 10:55           | 5.5<br>(63.2%) |
| 57  | CHUDY Ariel          | 342   | R-TEAM             | M2        | 38   | 01:01:38         | 02:14:03          | 03:05:09          | 03:44:06.20             | 03:44:49.95              | +01:23:02<br>(36.9%) | 10:55           | 5.5<br>(63.2%) |
| 58  | SZAŁAŚNY Piotr       | 438   | TESTYOUTDOOROWE.PL | M1        | 16   | 01:06:54         | 02:20:43          | 03:12:06          | 03:48:53.50             | 03:49:43.55              | +01:27:55<br>(38.3%) | 11:09           | 5.4<br>(62.1%) |
| 59  | SKALSKI Rafał        | 444   |                    | M1        | 17   | 01:07:46         | 02:23:02          | 03:15:37          | 03:50:18.80             | 03:51:15.05              | +01:29:27<br>(38.7%) | 11:14           | 5.3<br>(60.9%) |
| 60  | MURAWSKI Michał      | 512   |                    | M2        | 39   | 01:06:09         | 02:17:26          | 03:10:49          | 03:51:11.90             | 03:52:03.45              | +01:30:15<br>(38.9%) | 11:16           | 5.3<br>(60.9%) |
| 61  | KNUŻYŃSKI Marcin     | 446   |                    | M3        | 5    | 01:00:04         | 02:14:15          | 03:05:00          | 03:51:59.65             | 03:52:40.35              | +01:30:52<br>(39.1%) | 11:18           | 5.3<br>(60.9%) |

| Msc | Zawodnik                 | Numer | Klub                   | Kategoria | Mkat | Babia 1<br>4.5km | Markowe<br>13.2km | Babia 2<br>15.5km | Czas<br>netto<br>20.5km | Czas<br>brutto<br>20.5km | Różn                 | Tempo<br>min/km | Tempo<br>km/h  |
|-----|--------------------------|-------|------------------------|-----------|------|------------------|-------------------|-------------------|-------------------------|--------------------------|----------------------|-----------------|----------------|
| 62  | ROSTWOROWSKI Jerzy       | 468   | SNW KW KRAKÓW          | M1        | 18   | 01:04:44         | 02:17:22          | 03:11:53          | 03:53:27.05             | 03:54:24.10              | +01:32:36<br>(39.5%) | 11:23           | 5.3<br>(60.9%) |
| 63  | MAZURKIEWICZ Maksymilian | 450   |                        | M1        | 19   | 01:04:20         | 02:20:22          | 03:12:10          | 03:53:46.65             | 03:54:29.35              | +01:32:41<br>(39.5%) | 11:24           | 5.3<br>(60.9%) |
| 64  | WAWRZYNIAK Krystian      | 561   | KB ODRA OPOLE          | M1        | 20   | 01:05:39         | 02:20:28          | 03:12:45          | 03:54:26.25             | 03:55:13.05              | +01:33:25<br>(39.7%) | 11:26           | 5.2<br>(59.8%) |
| 65  | ANTOŃCZYK Krzysztof      | 417   | TUSKARORA              | M3        | 6    | 01:02:13         | 02:18:18          | 03:12:16          | 03:54:41.65             | 03:55:21.10              | +01:33:33<br>(39.8%) | 11:26           | 5.2<br>(59.8%) |
| 66  | SKOWRONEK Robert         | 354   |                        | M2        | 40   | 01:04:03         | 02:17:19          | 03:11:56          | 03:54:41.95             | 03:55:23.85              | +01:33:36<br>(39.8%) | 11:26           | 5.2<br>(59.8%) |
| 67  | SWAT Damian              | 300   |                        | M1        | 21   | 01:06:03         | 02:17:49          | 03:17:16          | 03:54:29.15             | 03:55:24.35              | +01:33:36<br>(39.8%) | 11:26           | 5.2<br>(59.8%) |
| 68  | KRZEPKOWSKI Radosław     | 539   | ADIDAS RUNNERS WARSAW  | M2        | 41   | 01:10:23         | 02:23:43          | 03:16:37          | 03:55:02.80             | 03:55:44.10              | +01:33:56<br>(39.8%) | 11:27           | 5.2<br>(59.8%) |
| 69  | GŁOWACKI Krzysztof       | 360   |                        | M1        | 22   | 01:04:58         | 02:17:52          | 03:15:16          | 03:55:32.70             | 03:56:08.55              | +01:34:20<br>(40.0%) | 11:29           | 5.2<br>(59.8%) |
| 70  | ORĘDARZ Roman            | 445   |                        | M3        | 7    | 00:59:36         | 02:14:22          | 03:14:59          | 03:55:49.45             | 03:56:23.95              | +01:34:36<br>(40.0%) | 11:30           | 5.2<br>(59.8%) |
| 71  | GOLARA Mariusz           | 403   |                        | M1        | 23   | 00:59:42         | 02:11:01          | 03:10:46          | 03:56:02.50             | 03:56:41.55              | +01:34:53<br>(40.1%) | 11:30           | 5.2<br>(59.8%) |
| 72  | RZESZOTARSKI Tomasz      | 344   | WYBITE JEDYNKI         | M2        | 42   | 01:07:02         | 02:22:29          | 03:15:10          | 03:56:32.05             | 03:57:11.35              | +01:35:23<br>(40.2%) | 11:32           | 5.2<br>(59.8%) |
| 73  | SKWARNECKI Damian        | 381   | ŁODZIANKA TEAM         | M2        | 43   | 01:04:43         | 02:28:14          | 03:23:45          | 03:57:46.40             | 03:58:26.55              | +01:36:38<br>(40.5%) | 11:35           | 5.2<br>(59.8%) |
| 74  | WIECZOREK Łukasz         | 310   | OSP GĄSAWA             | M2        | 44   | 01:02:29         | 02:15:20          | 03:14:25          | 03:58:51.00             | 03:59:34.30              | +01:37:46<br>(40.8%) | 11:39           | 5.1<br>(58.6%) |
| 75  | MARSZALEK Jan            | 497   | ITMBW KRAKÓW           | M1        | 24   | 01:06:08         | 02:20:58          | 03:20:26          | 03:59:07.40             | 03:59:54.45              | +01:38:06<br>(40.9%) | 11:39           | 5.1<br>(58.6%) |
| 76  | LESIŃSKI Marcin          | 442   | LM CONSULTING          | M2        | 45   | 01:04:57         | 02:20:33          | 03:13:44          | 04:00:36.40             | 04:01:11.95              | +01:39:24<br>(41.2%) | 11:44           | 5.1<br>(58.6%) |
| 77  | KOWALCZYK Rafał          | 521   |                        | M1        | 25   | 01:04:44         | 02:25:03          | 03:17:15          | 04:02:38.90             | 04:03:37.80              | +01:41:49<br>(41.8%) | 11:50           | 5.1<br>(58.6%) |
| 78  | PODCZASZY Tomasz         | 494   | AZS AWF MASTERS KRAKÓW | M2        | 46   | 01:03:19         | 02:18:23          | 03:15:27          | 04:03:29.30             | 04:04:08.70              | +01:42:20<br>(41.9%) | 11:52           | 5.1<br>(58.6%) |
| 79  | BARAN Mariusz            | 568   | JURA TEAM              | M2        | 47   | 01:05:23         | 02:21:48          | 03:18:55          | 04:04:50.45             | 04:05:38.65              | +01:43:50<br>(42.3%) | 11:56           | 5<br>(57.5%)   |
| 80  | ZIEMNIAK Jarosław        | 392   |                        | M3        | 8    | 01:11:41         | 02:25:25          | 03:26:19          | 04:05:30.25             | 04:06:23.20              | +01:44:35<br>(42.4%) | 11:58           | 5<br>(57.5%)   |
| 81  | KOWALSKI Krzysztof       | 314   | HRMAXCROSSTEAM         | M3        | 9    | 01:04:30         | 02:23:51          | 03:19:03          | 04:07:01.10             | 04:07:40.55              | +01:45:52<br>(42.7%) | 12:02           | 5<br>(57.5%)   |
| 82  | SOBSTEŁ Przemek          | 463   |                        | M2        | 48   | 01:03:38         | 02:18:50          | 03:23:07          | 04:07:12.30             | 04:07:57.50              | +01:46:09<br>(42.8%) | 12:03           | 5<br>(57.5%)   |
| 83  | SKOLIMOWSKI Marcin       | 527   |                        | M2        | 49   | 01:12:17         | 02:30:58          | 03:29:43          | 04:07:40.55             | 04:08:36.50              | +01:46:48<br>(43.0%) | 12:04           | 5<br>(57.5%)   |
| 84  | KOZERA Bartłomiej        | 369   |                        | M2        | 50   | 01:06:34         | 02:22:38          | 03:26:51          | 04:08:10.60             | 04:08:53.45              | +01:47:05<br>(43.0%) | 12:06           | 5<br>(57.5%)   |

| Msc | Zawodnik              | Numer | Klub                  | Kategoria | Mkat | Biegi            |                   |                   | Czas netto<br>20.5km | Czas brutto<br>20.5km | Różn                 | Tempo<br>min/km | Tempo<br>km/h  |
|-----|-----------------------|-------|-----------------------|-----------|------|------------------|-------------------|-------------------|----------------------|-----------------------|----------------------|-----------------|----------------|
|     |                       |       |                       |           |      | Babia 1<br>4.5km | Markowe<br>13.2km | Babia 2<br>15.5km |                      |                       |                      |                 |                |
| 85  | GIERUSZKA Dariusz     | 404   | ADIDAS RUNNERS WARSAW | M3        | 10   | 01:07:37         | 02:22:31          | 03:29:33          | 04:08:38.40          | 04:09:15.40           | +01:47:27<br>(43.1%) | 12:07           | 4.9<br>(56.3%) |
| 86  | PAWIŃSKI Artur        | 313   |                       | M2        | 51   | 01:12:25         | 02:31:53          | 03:30:56          | 04:08:48.95          | 04:09:39.50           | +01:47:51<br>(43.2%) | 12:08           | 4.9<br>(56.3%) |
| 87  | MADETKO Arkadiusz     | 504   |                       | M1        | 26   | 01:06:50         | 02:22:17          | 03:22:45          | 04:08:59.10          | 04:09:52.85           | +01:48:05<br>(43.3%) | 12:08           | 4.9<br>(56.3%) |
| 88  | SOLOVIOV Volodymyr    | 475   |                       | M1        | 27   | 01:10:13         | 02:29:11          | 03:29:28          | 04:10:21.90          | 04:11:08.85           | +01:49:21<br>(43.5%) | 12:12           | 4.9<br>(56.3%) |
| 89  | ROMAŃSKI Grzegorz     | 550   |                       | M3        | 11   | 01:04:57         | 02:21:54          | 03:18:55          | 04:11:09.90          | 04:11:52.65           | +01:50:04<br>(43.7%) | 12:15           | 4.9<br>(56.3%) |
| 90  | KRASUSKI Marcin       | 535   |                       | M2        | 52   | 01:04:54         | 02:24:02          | 03:21:17          | 04:11:49.90          | 04:12:34.55           | +01:50:46<br>(43.9%) | 12:17           | 4.9<br>(56.3%) |
| 91  | CZAJKOWSKI Tomasz     | 372   |                       | M2        | 53   | 01:05:33         | 02:26:02          | 03:23:21          | 04:12:01.40          | 04:12:42.85           | +01:50:55<br>(43.9%) | 12:17           | 4.9<br>(56.3%) |
| 92  | DEJA Dariusz          | 548   |                       | M2        | 54   | 01:11:30         | 02:29:48          | 03:27:53          | 04:12:20.35          | 04:13:06.20           | +01:51:18<br>(44.0%) | 12:18           | 4.9<br>(56.3%) |
| 93  | MIECH Szymon          | 470   |                       | M2        | 55   | 01:00:29         | 02:16:31          | 03:17:18          | 04:16:37.35          | 04:17:17.05           | +01:55:29<br>(44.9%) | 12:31           | 4.8<br>(55.2%) |
| 94  | GĘSIAREK Grzegorz     | 335   |                       | M2        | 56   | 01:08:58         | 02:26:25          | 03:32:08          | 04:17:04.10          | 04:17:41.30           | +01:55:53<br>(45.0%) | 12:32           | 4.8<br>(55.2%) |
| 95  | SMYRAK Emil           | 456   |                       | M1        | 28   | 01:11:24         | 02:33:12          | 03:36:33          | 04:18:58.10          | 04:19:57.35           | +01:58:09<br>(45.5%) | 12:37           | 4.7<br>(54.0%) |
| 96  | WRONA Sylwester       | 560   |                       | M2        | 57   | 01:07:56         | 02:31:01          | 03:36:18          | 04:19:44.15          | 04:20:26.10           | +01:58:38<br>(45.6%) | 12:40           | 4.7<br>(54.0%) |
| 97  | BUCIK Michał          | 348   |                       | M2        | 58   | 01:11:26         | 02:32:12          | 03:29:42          | 04:19:36.75          | 04:20:29.55           | +01:58:41<br>(45.6%) | 12:39           | 4.7<br>(54.0%) |
| 98  | HENSZKE Waldemar      | 520   |                       | M2        | 59   | 03:36:17         |                   |                   | 04:22:23.25          | 04:23:08.40           | +02:01:20<br>(46.1%) | 12:47           | 4.7<br>(54.0%) |
| 99  | NOWAK Sławomir        | 324   | RUNNING TEAM MILICZ   | M2        | 60   | 01:10:20         | 02:35:52          | 03:37:30          | 04:23:06.30          | 04:24:04.35           | +02:02:16<br>(46.3%) | 12:50           | 4.7<br>(54.0%) |
| 100 | RYCHLIK Sebastian     | 536   | LISY PUSTYNI          | M2        | 61   | 01:14:43         | 02:44:32          | 03:41:40          | 04:24:46.45          | 04:25:23.10           | +02:03:35<br>(46.6%) | 12:54           | 4.6<br>(52.9%) |
| 101 | GOLLY Arkadiusz       | 522   | KB ODRA OPOLE         | M1        | 29   | 01:12:14         | 02:36:35          | 03:39:51          | 04:24:40.20          | 04:25:29.70           | +02:03:41<br>(46.6%) | 12:54           | 4.6<br>(52.9%) |
| 102 | HRYCAJ Marcin         | 562   |                       | M2        | 62   | 01:02:11         | 02:22:27          | 03:18:14          | 04:25:46.30          | 04:26:23.35           | +02:04:35<br>(46.8%) | 12:57           | 4.6<br>(52.9%) |
| 103 | BOROWSKI Marcin       | 434   |                       | M1        | 30   | 01:11:13         | 02:34:54          | 03:37:18          | 04:26:12.60          | 04:27:09.95           | +02:05:22<br>(46.9%) | 12:59           | 4.6<br>(52.9%) |
| 104 | WOJTOWICZ Emil        | 546   |                       | M2        | 63   | 01:16:14         | 02:40:40          | 03:41:24          | 04:28:37.60          | 04:29:26.15           | +02:07:38<br>(47.4%) | 13:06           | 4.6<br>(52.9%) |
| 105 | RYPUŁA Jacek          | 398   | ZEN RUNNING TEAM      | M2        | 64   | 01:10:51         | 02:43:38          | 03:47:55          | 04:30:04.80          | 04:30:59.60           | +02:09:11<br>(47.7%) | 13:10           | 4.6<br>(52.9%) |
| 106 | GŁOWACKI Radosław     | 301   |                       | M1        | 31   | 01:11:22         | 02:36:07          |                   | 04:30:34.15          | 04:31:26.50           | +02:09:38<br>(47.8%) | 13:11           | 4.5<br>(51.7%) |
| 107 | BŁĄŻEJOWSKI Krzysztof | 303   |                       | M3        | 12   | 01:13:22         | 02:44:49          | 03:44:44          | 04:34:33.45          | 04:35:23.15           | +02:13:35<br>(48.5%) | 13:23           | 4.5<br>(51.7%) |

| Msc | Zawodnik                  | Numer | Klub                 | Kategoria | Mkat | Babia 1<br>4.5km | Markowe<br>13.2km | Babia 2<br>15.5km | Czas<br>netto<br>20.5km | Czas<br>brutto<br>20.5km | Różn                 | Tempo<br>min/km | Tempo<br>km/h  |
|-----|---------------------------|-------|----------------------|-----------|------|------------------|-------------------|-------------------|-------------------------|--------------------------|----------------------|-----------------|----------------|
| 108 | NOWAKOWSKI<br>Wiesław     | 422   | BIEGAM BO LUBIĘ      | M3        | 13   | 01:10:28         | 02:38:12          | 03:46:33          | 04:36:39.05             | 04:37:17.60              | +02:15:29<br>(48.9%) | 13:29           | 4.4<br>(50.6%) |
| 109 | HADAM Przemysław          | 368   |                      | M2        | 65   | 01:19:00         | 02:44:14          | 03:53:55          | 04:39:15.75             | 04:40:08.05              | +02:18:20<br>(49.4%) | 13:37           | 4.4<br>(50.6%) |
| 110 | SIESS Jarosław            | 513   |                      | M3        | 14   | 01:11:22         | 02:35:56          | 03:40:01          | 04:41:28.70             | 04:42:19.85              | +02:20:32<br>(49.8%) | 13:43           | 4.4<br>(50.6%) |
| 111 | KULIGA Michał             | 518   | EASYRUN RACIBÓRZ     | M2        | 66   | 01:13:22         | 02:43:54          | 03:46:48          | 04:41:47.40             | 04:42:39.25              | +02:20:51<br>(49.8%) | 13:44           | 4.4<br>(50.6%) |
| 112 | PONIATOWSKI<br>Krzysztof  | 424   |                      | M2        | 67   | 01:21:53         | 02:50:12          | 03:59:29          | 04:46:02.55             | 04:46:54.70              | +02:25:06<br>(50.6%) | 13:57           | 4.3<br>(49.4%) |
| 113 | FRYDRYCHOWICZ<br>Michał   | 545   |                      | M2        | 68   | 01:14:40         | 02:51:37          | 04:00:23          | 04:47:42.80             | 04:48:41.10              | +02:26:53<br>(50.9%) | 14:02           | 4.3<br>(49.4%) |
| 114 | ZIĘBA Dawid               | 363   | IDEOAKTYWNI          | M1        | 32   | 01:18:36         | 02:51:33          | 03:57:45          | 04:50:23.10             | 04:51:13.20              | +02:29:25<br>(51.3%) | 14:09           | 4.2<br>(48.3%) |
| 115 | BAKA Marcin               | 558   | GTS                  | M3        | 15   | 01:17:02         | 02:48:42          | 04:04:25          | 04:51:30.45             | 04:52:23.85              | +02:30:36<br>(51.5%) | 14:13           | 4.2<br>(48.3%) |
| 116 | WIŚNIEWSKI<br>Włodzimierz | 425   | SPC                  | M3        | 16   | 01:07:26         | 02:38:22          | 04:02:55          | 04:51:54.40             | 04:52:49.45              | +02:31:01<br>(51.6%) | 14:14           | 4.2<br>(48.3%) |
| 117 | KĄKOL Jarosław            | 427   | SUSKA GRUPA BIEGOWA  | M1        | 33   | 01:21:02         | 02:52:28          | 04:07:53          | 04:52:12.10             | 04:52:52.45              | +02:31:04<br>(51.6%) | 14:15           | 4.2<br>(48.3%) |
| 118 | ŁATKA Szymon              | 454   |                      | M1        | 34   | 01:18:47         | 02:53:16          | 04:01:04          | 04:55:26.05             | 04:55:58.05              | +02:34:10<br>(52.1%) | 14:24           | 4.2<br>(48.3%) |
| 119 | GRABOWSKI Stanisław       | 452   | EKSKADRA             | M3        | 17   | 01:11:04         | 02:53:05          | 04:03:50          | 04:57:05.50             | 04:57:44.85              | +02:35:57<br>(52.4%) | 14:29           | 4.1<br>(47.1%) |
| 120 | HEJNAR Jerzy              | 553   |                      | M3        | 18   | 01:17:45         | 02:46:39          | 04:04:50          | 05:01:14.85             | 05:02:02.30              | +02:40:14<br>(53.1%) | 14:41           | 4.1<br>(47.1%) |
| 121 | DĄBROWSKI Michał          | 516   | CINCLUS              | M3        | 19   | 01:15:10         | 02:54:20          | 04:09:45          | 05:03:19.70             | 05:04:03.35              | +02:42:15<br>(53.4%) | 14:47           | 4.1<br>(47.1%) |
| 122 | ZIELIŃSKI Bartłomiej      | 555   | ZIELIŃSKI BARTŁOMIEJ | M2        | 69   | 01:12:26         | 02:48:55          | 04:06:54          | 05:04:56.60             | 05:05:32.45              | +02:43:44<br>(53.6%) | 14:52           | 4<br>(46.0%)   |
| 123 | BOCIAĞA Andrzej           | 305   |                      | M1        | 35   | 01:23:48         | 03:01:09          | 04:10:00          | 05:04:54.05             | 05:05:36.80              | +02:43:48<br>(53.6%) | 14:52           | 4<br>(46.0%)   |
| 124 | JANISZEWSKI Jakub         | 543   | SPC                  | M3        | 20   | 01:31:13         | 03:00:43          | 04:18:42          | 05:06:17.15             | 05:07:11.05              | +02:45:23<br>(53.8%) | 14:56           | 4<br>(46.0%)   |
| 125 | PYZIK Krzysztof           | 519   |                      | M2        | 70   | 01:19:54         | 02:54:21          | 04:16:02          | 05:07:29.95             | 05:08:18.60              | +02:46:30<br>(54.0%) | 14:59           | 4<br>(46.0%)   |
| 126 | CUPAK Łukasz              | 410   |                      | M2        | 71   | 01:19:22         | 02:57:07          | 04:11:43          | 05:08:09.35             | 05:08:48.70              | +02:47:00<br>(54.1%) | 15:01           | 4<br>(46.0%)   |
| 127 | SYKUŁA Rafał              | 498   | TRUCK BULLS          | M2        | 72   | 01:21:31         | 03:07:03          | 04:22:14          | 05:08:17.35             | 05:09:00.20              | +02:47:12<br>(54.1%) | 15:02           | 4<br>(46.0%)   |
| 128 | WIDŁAK Krzysztof          | 572   |                      | M1        | 36   | 01:22:33         | 03:12:51          | 04:27:03          | 05:14:48.65             | 05:15:30.50              | +02:53:42<br>(55.1%) | 15:21           | 3.9<br>(44.8%) |
| 129 | LUX Tomasz                | 420   |                      | M1        | 37   | 01:22:24         | 03:00:02          | 04:24:58          | 05:18:01.95             | 05:18:57.85              | +02:57:10<br>(55.5%) | 15:30           | 3.9<br>(44.8%) |
| 130 | SYPNIEWSKI Rafał          | 525   | EVERRUN              | M2        | 73   | 01:20:47         | 03:01:37          | 04:20:26          | 05:27:02.75             | 05:27:50.05              | +03:06:02<br>(56.7%) | 15:57           | 3.8<br>(43.7%) |

| Msc | Zawodnik           | Numer | Klub             | Kategoria | Mkat | Babia 1<br>4.5km | Markowe<br>13.2km | Babia 2<br>15.5km | Czas<br>netto<br>20.5km | Czas<br>brutto<br>20.5km | Różn                 | Tempo<br>min/km | Tempo<br>km/h  |
|-----|--------------------|-------|------------------|-----------|------|------------------|-------------------|-------------------|-------------------------|--------------------------|----------------------|-----------------|----------------|
| 131 | WIEKIERA Adam      | 565   |                  | M2        | 74   | 01:15:21         | 02:49:16          | 04:24:27          | 05:29:47.45             | 05:30:32.65              | +03:08:44<br>(57.1%) | 16:05           | 3.7<br>(42.5%) |
| 132 | CHROMIK Krzysztof  | 411   |                  | M2        | 75   | 01:18:49         | 03:00:49          | 04:23:00          | 05:33:54.70             | 05:34:33.55              | +03:12:45<br>(57.6%) | 16:17           | 3.7<br>(42.5%) |
| 133 | TRELA Roman        | 499   | TRUCKS BULLS     | M2        | 76   | 01:21:33         | 03:07:10          | 04:30:07          | 05:36:00.10             | 05:36:42.30              | +03:14:54<br>(57.9%) | 16:23           | 3.7<br>(42.5%) |
| 134 | TARASIUK Bartosz   | 334   |                  | M1        | 38   | 01:15:50         | 02:43:51          | 04:35:55          | 05:37:16.00             | 05:38:07.05              | +03:16:19<br>(58.1%) | 16:27           | 3.6<br>(41.4%) |
| 135 | ŁUGOWSKI Sebastian | 486   |                  | M2        | 77   | 01:25:57         | 03:10:51          | 04:32:25          | 05:38:15.80             | 05:39:09.05              | +03:17:21<br>(58.2%) | 16:30           | 3.6<br>(41.4%) |
| 136 | KOS Wojciech       | 443   |                  | M3        | 21   | 01:32:46         | 03:24:31          | 04:51:47          | 05:43:27.35             | 05:44:16.45              | +03:22:28<br>(58.8%) | 16:45           | 3.6<br>(41.4%) |
| 137 | RYPUŁA Zenon       | 408   | ZEN RUNNING TEAM | M3        | 22   | 01:27:23         | 03:12:34          | 04:41:52          | 05:45:45.95             | 05:46:43.40              | +03:24:55<br>(59.1%) | 16:51           | 3.6<br>(41.4%) |
| 138 | TARASIUK Łukasz    | 316   |                  | M2        | 78   | 01:16:00         | 02:43:54          | 04:35:57          | 05:46:55.35             | 05:47:45.45              | +03:25:57<br>(59.2%) | 16:55           | 3.5<br>(40.2%) |
| 139 | DOROŻAŁA Lechosław | 385   |                  | M2        | 79   | 01:26:29         | 03:22:53          | 05:00:41          | 05:53:49.75             | 05:54:45.80              | +03:32:57<br>(60.0%) | 17:15           | 3.5<br>(40.2%) |
| 140 | ZEMŁA Krzysztof    | 304   |                  | M3        | 23   | 01:28:03         | 03:21:08          | 05:05:21          | 06:02:00.05             | 06:02:48.25              | +03:41:00<br>(60.9%) | 17:39           | 3.4<br>(39.1%) |
|     | ŁATKA Maciek       | 458   |                  | M1        |      | 01:21:02<br>DNF  | 02:44:55<br>DNF   | 03:43:49<br>DNF   | DNF                     | DNF                      |                      | -               | -<br>(0.0%)    |
|     | KUNZ Marcin        | 376   | LACHO TEAM       | M1        |      | 00:49:06<br>DNF  | DNF               | DNF               | DNF                     | DNF                      |                      | -               | -<br>(0.0%)    |
|     | ŁATKA Mateusz      | 455   |                  | M1        |      | 01:20:40<br>DNF  | DNF               | DNF               | DNF                     | DNF                      |                      | -               | -<br>(0.0%)    |
|     | WIDUCH Jarek       | 507   |                  | M1        |      | DNF              | DNF               | DNF               | DNF                     | DNF                      |                      | -               | -<br>(0.0%)    |

Znaleziono 144 wynik(ów)