

# 3 KOŁOBRZESKI TRIATHLON INDOOR

B4SPORT  
INTELEGENE ZAWODY SPORTOWE

**Organizator:** HOTEL SEASIDE  
**Data:** 2025-03-29  
**Miejsce:** Kołobrzeg  
**Dystans:** 12 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Pływanie		T1	Rower		T2	Bieg		Czas	
						Pływanie 0.6km	Poz		Rower 8km	Poz		Bieg 2.3km	Poz	Czas netto 11km	Różn
1	PIETRUCZUK Christopher	40		M30-39	1	00:04:21	2	00:00:30	00:12:11	1	00:00:02	00:10:51	1	00:27:55.83	
2	LIS Łukasz	41		M30-39	2	00:03:55	1	00:00:29	00:12:34	2	00:00:02	00:11:34	4	00:28:34.11	+00:00:38 (2.2%)
3	DAWIDZIUK Maciej	42		M40-49	1	00:05:17	11	00:00:27	00:13:30	4	00:00:02	00:11:16	2	00:30:32.54	+00:02:36 (8.6%)
4	KAZANECKI Tomasz	74		M40-49	2	00:05:05	8	00:00:31	00:13:12	3	00:00:02	00:12:57	12	00:31:47.86	+00:03:52 (12.2%)
5	JAHNZ Karolina	6		K40-49	1	00:04:44	4	00:00:29	00:15:09	25	00:00:02	00:11:51	7	00:32:15.99	+00:04:20 (13.4%)
6	PARCHETA Wojciech	48		M16-29	1	00:05:23	15	00:00:27	00:13:58	8	00:00:02	00:12:35	9	00:32:25.67	+00:04:29 (13.9%)
7	FOLTYNIEWICZ Hanna	23		K16-29	1	00:04:22	3	00:00:30	00:16:19	41	00:00:02	00:11:17	3	00:32:30.53	+00:04:34 (14.1%)
8	FOLTYNIEWICZ Maciej	79		M50+	1	00:05:17	12	00:00:32	00:15:02	22	00:00:02	00:11:45	6	00:32:38.70	+00:04:42 (14.4%)
9	ABRAMCZYK Rafał	45		M50+	2	00:05:08	10	00:00:28	00:13:47	6	00:00:02	00:13:17	15	00:32:42.34	+00:04:46 (14.6%)
10	KOWALEWSKI Maciej	19		M16-29	2	00:04:47	5	00:00:31	00:15:33	34	00:00:02	00:12:20	8	00:33:13.71	+00:05:17 (15.9%)
11	TOMCZAK Tomasz	87		M50+	3	00:05:02	7	00:00:30	00:15:20	29	00:00:02	00:13:10	14	00:34:04.82	+00:06:08 (18.0%)
12	KOZIEŁ Sebastian	20		M16-29	3	00:07:08	42	00:00:28	00:15:08	24	00:00:02	00:11:39	5	00:34:25.22	+00:06:29 (18.9%)
13	GERKE Mateusz	18		M30-39	3	00:06:05	29	00:00:28	00:14:33	14	00:00:02	00:13:17	16	00:34:25.23	+00:06:29 (18.9%)

					□ Pływanie	T1	□ Rower	T2	□ Bieg	Czas		
14	<b>JAKUBISZYN Mariusz , JAŚKOWIEC Martyna , OSTOLSKI Adam</b>	<b>101</b>	SZTAFETA	K-OPEN	1	<b>00:06:01</b> 28	00:00:29	<b>00:15:08</b> 23	00:00:02	<b>00:13:02</b> 13	<b>00:34:42.92</b>	+00:06:47 (19.5%)
15	<b>BRZOZOWSKI Paweł</b>	<b>47</b>		M30-39	4	<b>00:05:53</b> 24	00:00:33	<b>00:14:25</b> 11	00:00:02	<b>00:14:01</b> 19	<b>00:34:54.42</b>	+00:06:58 (20.0%)
16	<b>TYL Paweł</b>	<b>9</b>		M40-49	3	<b>00:07:35</b> 52	00:00:33	<b>00:14:30</b> 13	00:00:02	<b>00:12:35</b> 11	<b>00:35:15.54</b>	+00:07:19 (20.8%)
17	<b>HAWROT Sylwester</b>	<b>85</b>		M50+	4	<b>00:06:11</b> 30	00:00:29	<b>00:14:55</b> 20	00:00:02	<b>00:13:41</b> 18	<b>00:35:18.03</b>	+00:07:22 (20.9%)
18	<b>GROCKI Damian</b>	<b>88</b>		M40-49	4	<b>00:05:24</b> 16	00:00:30	<b>00:13:43</b> 5	00:00:02	<b>00:15:46</b> 39	<b>00:35:25.97</b>	+00:07:30 (21.2%)
19	<b>OZIMEK Robert</b>	<b>73</b>		M40-49	5	<b>00:05:53</b> 23	00:00:35	<b>00:13:47</b> 7	00:00:02	<b>00:15:19</b> 34	<b>00:35:36.31</b>	+00:07:40 (21.6%)
20	<b>KORBUSZEWSKI Arkadiusz</b>	<b>22</b>		M16-29	4	<b>00:05:49</b> 22	00:00:29	<b>00:15:22</b> 31	00:00:02	<b>00:14:04</b> 21	<b>00:35:46.72</b>	+00:07:50 (21.9%)
21	<b>CHODOR Martyna</b>	<b>46</b>		K40-49	2	<b>00:05:36</b> 18	00:00:33	<b>00:15:13</b> 27	00:00:02	<b>00:14:29</b> 24	<b>00:35:53.22</b>	+00:07:57 (22.2%)
22	<b>JASIUCHNA Marek</b>	<b>31</b>		M40-49	6	<b>00:05:56</b> 25	00:00:30	<b>00:14:18</b> 10	00:00:02	<b>00:15:09</b> 32	<b>00:35:55.20</b>	+00:07:59 (22.2%)
23	<b>BENTKOWSKA Natalia</b>	<b>91</b>		K30-39	1	<b>00:05:38</b> 19	00:00:30	<b>00:16:21</b> 42	00:00:02	<b>00:14:05</b> 22	<b>00:36:36.33</b>	+00:08:40 (23.7%)
24	<b>BLUMA Tomasz</b>	<b>8</b>		M40-49	7	<b>00:06:36</b> 34	00:00:30	<b>00:14:28</b> 12	00:00:02	<b>00:15:08</b> 31	<b>00:36:44.91</b>	+00:08:49 (24.0%)
25	<b>NAWODZIŃSKI Grzegorz</b>	<b>89</b>		M40-49	8	<b>00:06:52</b> 38	00:00:29	<b>00:15:23</b> 32	00:00:02	<b>00:14:15</b> 23	<b>00:37:01.74</b>	+00:09:05 (24.6%)
26	<b>ELIASZ Paweł</b>	<b>90</b>		M50+	5	<b>00:06:12</b> 31	00:00:30	<b>00:15:28</b> 33	00:00:02	<b>00:15:05</b> 29	<b>00:37:17.18</b>	+00:09:21 (25.1%)
27	<b>KROCZYŃSKI Sławomir</b>	<b>82</b>		M50+	6	<b>00:07:31</b> 51	00:00:34	<b>00:14:42</b> 17	00:00:02	<b>00:14:42</b> 26	<b>00:37:31.35</b>	+00:09:35 (25.6%)
28	<b>ADAMCZYK Mateusz</b>	<b>16</b>		M30-39	5	<b>00:07:45</b> 54	00:00:39	<b>00:14:44</b> 19	00:00:02	<b>00:14:39</b> 25	<b>00:37:49.96</b>	+00:09:54 (26.2%)
29	<b>WACHUŁKA Rafał</b>	<b>10</b>		M40-49	9	<b>00:06:52</b> 37	00:00:32	<b>00:14:16</b> 9	00:00:02	<b>00:16:10</b> 43	<b>00:37:52.23</b>	+00:09:56 (26.2%)
30	<b>NADZIEJA-USEWICZ Emilia</b>	<b>75</b>		K16-29	2	<b>00:05:23</b> 14	00:00:30	<b>00:19:22</b> 72	00:00:02	<b>00:12:35</b> 10	<b>00:37:52.97</b>	+00:09:57 (26.3%)
31	<b>JANKOWSKI Jakub</b>	<b>35</b>		M50+	7	<b>00:05:08</b> 9	00:00:32	<b>00:15:10</b> 26	00:00:02	<b>00:17:10</b> 50	<b>00:38:02.00</b>	+00:10:06 (26.6%)
32	<b>SZAŁA Angelika , KUBIAK Monika , KUBIAK Rafał</b>	<b>98</b>	SZTAFETA	Sztafety	1	<b>00:05:38</b> 20	00:00:27	<b>00:16:43</b> 49	00:00:02	<b>00:15:28</b> 36	<b>00:38:18.80</b>	+00:10:22 (27.1%)
33	<b>KARPOWICZ Tomek , KARPOWICZ Artur , KARPOWICZ Joanna</b>	<b>100</b>	SZTAFETA	M-OPEN	1	<b>00:05:22</b> 13	00:00:30	<b>00:14:57</b> 21	00:00:02	<b>00:17:30</b> 53	<b>00:38:21.18</b>	+00:10:25 (27.2%)
34	<b>KIRAGA Jarek</b>	<b>34</b>		M30-39	6	<b>00:07:40</b> 53	00:00:31	<b>00:14:43</b> 18	00:00:02	<b>00:15:37</b> 38	<b>00:38:33.00</b>	+00:10:37 (27.5%)
35	<b>SALASA Paweł , JAKOWIEC Marian , ADOMAITIS Andrius</b>	<b>102</b>	SZTAFETA	K-OPEN	2	<b>00:05:47</b> 21	00:00:33	<b>00:18:50</b> 67	00:00:02	<b>00:13:31</b> 17	<b>00:38:43.03</b>	+00:10:47 (27.9%)
36	<b>GROCKA Renata , GROCKA Natalia , MACHALICA Michał</b>	<b>99</b>	SZTAFETA	Sztafety	2	<b>00:04:54</b> 6	00:00:32	<b>00:19:14</b> 71	00:00:02	<b>00:14:02</b> 20	<b>00:38:44.99</b>	+00:10:49 (27.9%)
37	<b>GAŁAN Leszek</b>	<b>80</b>		M50+	8	<b>00:07:24</b> 48	00:00:33	<b>00:15:19</b> 28	00:00:02	<b>00:15:27</b> 35	<b>00:38:45.40</b>	+00:10:49 (27.9%)

					Pływanie		T1	Rower		T2	Bieg		Czas	
38	MARCINKOWSKI Marek	72	M40-49	10	00:06:37	36	00:00:28	00:16:48	52	00:00:02	00:14:55	28	00:38:50.57	+00:10:54 (28.1%)
39	NAZOREK Jacek	38	M40-49	11	00:07:52	55	00:00:30	00:14:35	15	00:00:02	00:16:06	42	00:39:05.46	+00:11:09 (28.6%)
40	PRAŁAT Dominik	21	M16-29	5	00:07:20	44	00:00:36	00:15:49	37	00:00:02	00:15:29	37	00:39:16.98	+00:11:21 (28.9%)
41	KAŁUŻA Mariusz	27	M40-49	12	00:09:13	67	00:00:38	00:14:38	16	00:00:02	00:15:06	30	00:39:37.03	+00:11:41 (29.5%)
42	ADAMCZYK Bartosz	17	M30-39	7	00:06:01	27	00:00:36	00:15:22	30	00:00:02	00:17:46	56	00:39:47.35	+00:11:51 (29.8%)
43	JAROŃ-WACHUŁKA Agnieszka	4	K40-49	3	00:06:34	33	00:00:30	00:17:00	53	00:00:02	00:15:58	41	00:40:04.32	+00:12:08 (30.3%)
44	KOWOLIK Piotr	86	M40-49	13	00:08:28	63	00:00:32	00:15:37	35	00:00:02	00:15:49	40	00:40:28.00	+00:12:32 (31.0%)
45	BARUTOWICZ Grzegorz	78	M40-49	14	00:07:57	57	00:00:32	00:16:46	50	00:00:02	00:15:16	33	00:40:33.79	+00:12:37 (31.1%)
46	POŁOŃSKI Marcin	84	M30-39	8	00:06:00	26	00:00:34	00:16:12	40	00:00:02	00:17:49	58	00:40:37.94	+00:12:42 (31.3%)
47	KUĆKO Patryk	96	M16-29	6	00:08:02	59	00:00:51	00:15:41	36	00:00:02	00:16:31	46	00:41:07.25	+00:13:11 (32.1%)
48	SAWICZ Agnieszka	33	K30-39	2	00:07:26	49	00:00:32	00:15:58	39	00:00:02	00:17:18	51	00:41:16.00	+00:13:20 (32.3%)
49	REŃSKI Dominik	32	M40-49	15	00:06:12	32	00:00:30	00:16:46	51	00:00:02	00:17:49	59	00:41:19.00	+00:13:23 (32.4%)
50	SŁOWIK Łukasz	15	M30-39	9	00:08:02	60	00:00:30	00:16:42	48	00:00:02	00:16:12	45	00:41:28.91	+00:13:33 (32.7%)
51	SAWICKA Urszula	67	K30-39	3	00:07:20	45	00:00:32	00:17:28	60	00:00:02	00:16:12	44	00:41:34.10	+00:13:38 (32.8%)
52	KOWALSKA Katarzyna	69	K30-39	4	00:07:01	39	00:00:34	00:17:25	59	00:00:02	00:16:43	47	00:41:45.92	+00:13:50 (33.1%)
53	MAJEWSKI Krzysztof	37	M40-49	16	00:07:55	56	00:00:31	00:16:32	44	00:00:02	00:16:46	48	00:41:46.69	+00:13:50 (33.1%)
54	TYSZER Joanna	30	K30-39	5	00:07:03	41	00:00:32	00:16:37	46	00:00:02	00:17:40	55	00:41:54.07	+00:13:58 (33.3%)
55	KRUPIAK-NEUMANN Katarzyna	5	K30-39	6	00:05:35	17	00:00:33	00:17:22	57	00:00:02	00:19:42	69	00:43:14.21	+00:15:18 (35.4%)
56	TYL Katarzyna	3	K40-49	4	00:07:03	40	00:00:34	00:18:02	64	00:00:02	00:17:46	57	00:43:27.89	+00:15:32 (35.7%)
57	JANUSZCZAK Franciszek	77	M50+	9	00:09:16	69	00:00:42	00:15:54	38	00:00:02	00:17:37	54	00:43:31.99	+00:15:36 (35.8%)
58	MAŁKOWSKI Paweł	71	M30-39	10	00:08:55	65	00:00:44	00:17:10	54	00:00:02	00:17:02	49	00:43:53.00	+00:15:57 (36.4%)
59	MOŹDŻYŃSKI Tomasz	25	M40-49	17	00:07:22	46	00:00:35	00:17:48	62	00:01:02	00:17:23	52	00:44:10.65	+00:16:14 (36.8%)
60	MODELSKI Marek	2	M30-39	11	00:08:00	58	00:00:35	00:17:19	56	00:00:02	00:18:22	61	00:44:18.44	+00:16:22 (37.0%)
61	NADKAŃSKI Andrzej	81	M50+	10	00:08:03	61	00:00:38	00:16:37	45	00:00:02	00:19:04	63	00:44:24.95	+00:16:29 (37.1%)

					□ Pływanie	T1	□ Rower	T2	□ Bieg	Czas				
62	JARZYNA Maciej	24	M30-39	12	00:08:39	64	00:00:36	00:16:22	43	00:00:02	00:19:10	65	00:44:49.04	+00:16:53 (37.7%)
63	TKACZYK Agata	36	K30-39	7	00:07:10	43	00:00:38	00:17:34	61	00:00:02	00:19:26	67	00:44:50.00	+00:16:54 (37.7%)
64	HORNIATKIEWICZ Aleksander	76	M50+	11	00:10:23	75	00:00:33	00:19:10	70	00:00:02	00:14:42	27	00:44:50.33	+00:16:54 (37.7%)
65	MOŹDŻYŃSKI Daniel	26	M40-49	18	00:09:24	70	00:01:04	00:16:42	47	00:00:02	00:18:14	60	00:45:26.00	+00:17:30 (38.5%)
66	BLUMA Marta	68	K40-49	5	00:08:24	62	00:00:34	00:19:04	69	00:00:02	00:19:16	66	00:47:20.87	+00:19:25 (41.0%)
67	KAŁUŻA Marta	28	K40-49	6	00:07:23	47	00:00:37	00:17:12	55	00:00:02	00:22:06	74	00:47:20.89	+00:19:25 (41.0%)
68	LIS Ewa	29	K30-39	8	00:07:26	50	00:00:31	00:19:57	74	00:00:02	00:19:39	68	00:47:35.00	+00:19:39 (41.3%)
69	SALAWA Anna	14	K30-39	9	00:10:06	73	00:00:37	00:18:34	66	00:00:02	00:18:41	62	00:48:00.52	+00:20:04 (41.8%)
70	SZYMAŃSKI Sebastian	7	M40-49	19	00:09:01	66	00:00:35	00:19:49	73	00:00:02	00:19:07	64	00:48:34.69	+00:20:38 (42.5%)
71	KRÓL Magdalena	94	K30-39	10	00:09:35	71	00:00:47	00:20:06	75	00:00:02	00:20:05	71	00:50:35.72	+00:22:39 (44.8%)
72	BŁAŻEWICZ Michał	1	M40-49	20	00:10:09	74	00:00:41	00:19:04	68	00:00:02	00:20:40	72	00:50:36.56	+00:22:40 (44.8%)
73	SPYCHAŁA Miłosz	92	M30-39	13	00:10:00	72	00:00:48	00:17:58	63	00:00:02	00:21:57	73	00:50:45.28	+00:22:49 (45.0%)
74	MISZTAL Anita	44	K50+	1	00:10:37	76	00:00:37	00:18:05	65	00:00:02	00:22:08	75	00:51:29.89	+00:23:34 (45.8%)
75	BOŚKO Paulina	93	K30-39	11	00:10:46	77	00:00:36	00:20:26	76	00:00:02	00:19:52	70	00:51:42.97	+00:23:47 (46.0%)
76	HORNIATKIEWICZ Małgorzata	83	K50+	2	00:09:13	68	00:00:36	00:17:22	58	00:00:02	00:24:59	77	00:52:12.18	+00:24:16 (46.5%)
77	WASIUCZYŃSKI Grzegorz	43	M50+	12	00:13:12	79	00:00:41	00:25:44	77	00:00:02	00:22:10	76	01:01:49.46	+00:33:53 (54.8%)
DQ	KALETA Cezary , KALETA Alicja , KALETA Sebastian	97	SZTAFETA K-OPEN		DQ	35	DQ	DQ		DQ	DQ		00:29:16.70	DQ
DQ	X X	113			DQ	80	DQ	DQ		DQ	DQ		DQ	
DQ	XX Xx	114			DQ	81	DQ	DQ		DQ	DQ		DQ	
	SKROBIŃSKI Paweł	95	M30-39		00:12:41	78							DNF	
	PITROWSKA Elżbieta	70	K40-49		07:37:45	82							DNF	

Znaleziono 82 wynik(ów)