

# 3 X HON - ETAP I

**Wydarzenie:** Festiwal Biegu Rzeźnika  
**Organizator:** Fundacja Bieg Rzeźnika  
**Data:** 2017-06-14  
**Miejsce:** Cisna  
**Dystans:** 3.5 km

Klasyfikacja: Mężczyźni

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start_All_Brutto 0.03km	Czas netto 3.5km	Czas brutto 3.5km	Różn	Tempo min/km	Tempo km/h
1	<b>CZUBA Jarek</b>	<b>2206</b>	ABORE2000	M20	1	00:00:06	<b>00:23:02.75</b>	<b>00:23:02.75</b>		6:34	9.1 (100%)
2	<b>DOMISZEWSKI Ignacy</b>	<b>2236</b>	MKS HALICZ	M20	2	00:00:06	<b>00:23:03.60</b>	<b>00:23:03.60</b>	+00:00:00 (0.1%)	6:35	9.1 (100%)
3	<b>GARDENER Jacek</b>	<b>2216</b>	ALPIN SPORT TEAM / JBRT	M50	1	00:00:06	<b>00:23:45.40</b>	<b>00:23:45.40</b>	+00:00:42 (3.0%)	6:47	8.8 (96.7%)
4	<b>BRZĘCZEK Michał</b>	<b>2222</b>		M40	1	00:00:07	<b>00:24:18.85</b>	<b>00:24:18.85</b>	+00:01:16 (5.2%)	6:56	8.6 (94.5%)
5	<b>MATYSIAK Bartłomiej</b>	<b>2229</b>	JACEKBIEGA RUNNING TEAM	M30	1	00:00:06	<b>00:24:39.20</b>	<b>00:24:39.20</b>	+00:01:36 (6.5%)	7:02	8.5 (93.4%)
6	<b>SNARSKI Bogdan</b>	<b>2269</b>	ALBATROSY	M30	2	00:00:08	<b>00:25:10.05</b>	<b>00:25:10.05</b>	+00:02:07 (8.4%)	7:11	8.3 (91.2%)
7	<b>SZALAK Paweł</b>	<b>2233</b>	BANDA GRUDNIA	M40	2	00:00:07	<b>00:25:28.00</b>	<b>00:25:28.00</b>	+00:02:25 (9.5%)	7:16	8.2 (90.1%)
8	<b>ZĄBCZYŃSKI Dominik</b>	<b>2202</b>	ALPIN SPORT TEAM/ OTK RZEŹNIK	M40	3	00:00:06	<b>00:25:56.30</b>	<b>00:25:56.30</b>	+00:02:53 (11.2%)	7:24	8.1 (89.0%)
9	<b>GRYGIEL Marek</b>	<b>2232</b>		M40	4	00:00:11	<b>00:28:08.00</b>	<b>00:28:08.00</b>	+00:05:05 (18.1%)	8:02	7.5 (82.4%)
10	<b>LENGIEWICZ Jakub</b>	<b>2240</b>	OTK RZEŹNIK	M40	5	00:00:08	<b>00:28:52.35</b>	<b>00:28:52.35</b>	+00:05:49 (20.2%)	8:14	7.3 (80.2%)
11	<b>ZWOLIŃSKI Łukasz</b>	<b>2260</b>	MISTRZOSTWA OTK	M30	3	00:00:07	<b>00:28:54.45</b>	<b>00:28:54.45</b>	+00:05:51 (20.3%)	8:15	7.3 (80.2%)
12	<b>KAPAON Aleksander</b>	<b>2231</b>		M20	3	00:00:08	<b>00:28:59.55</b>	<b>00:28:59.55</b>	+00:05:56 (20.5%)	8:16	7.2 (79.1%)
13	<b>JACHIMEK Bartłomiej</b>	<b>2230</b>	JACEKBIEGA RUNNING TEAM	M40	6	00:00:09	<b>00:29:29.00</b>	<b>00:29:29.00</b>	+00:06:26 (21.8%)	8:25	7.1 (78.0%)
14	<b>DOMISZEWSKI Wojciech</b>	<b>2235</b>		M50	2	00:00:12	<b>00:29:30.30</b>	<b>00:29:30.30</b>	+00:06:27 (21.9%)	8:25	7.1 (78.0%)
15	<b>LEWANDOWSKI Paweł</b>	<b>2213</b>	KLUB SZALONEGO BIEGACZA	M30	4	00:00:08	<b>00:29:31.15</b>	<b>00:29:31.15</b>	+00:06:28 (21.9%)	8:26	7.1 (78.0%)
16	<b>KAPAON Andrzej</b>	<b>2234</b>		M20	4	00:00:09	<b>00:29:38.50</b>	<b>00:29:38.50</b>	+00:06:35 (22.3%)	8:28	7.1 (78.0%)
17	<b>KĘDZIORA Tomasz</b>	<b>2211</b>	POBIEDZISKA RUNNING TEAM	M30	5	00:00:08	<b>00:30:05.10</b>	<b>00:30:05.10</b>	+00:07:02 (23.4%)	8:35	7 (76.9%)
18	<b>STACHURSKI Paweł</b>	<b>2220</b>		M30	6	00:00:07	<b>00:30:11.40</b>	<b>00:30:11.40</b>	+00:07:08 (23.7%)	8:37	7 (76.9%)
19	<b>RAUCHFLEISZ Antoś</b>	<b>2223</b>	CZOPKI KOLCZASTE	M40	7	00:00:09	<b>00:30:53.40</b>	<b>00:30:53.40</b>	+00:07:50 (25.4%)	8:49	6.8 (74.7%)
20	<b>MARCOL Mateusz</b>	<b>2299</b>		M20	5	00:00:07	<b>00:31:36.35</b>	<b>00:31:36.35</b>	+00:08:33 (27.1%)	9:01	6.6 (72.5%)
21	<b>WOSIK Marek</b>	<b>2205</b>		M60	1	00:00:08	<b>00:31:49.95</b>	<b>00:31:49.95</b>	+00:08:47 (27.6%)	9:05	6.6 (72.5%)
22	<b>DAWID Mirosław</b>	<b>2215</b>		M50	3	00:00:07	<b>00:33:24.80</b>	<b>00:33:24.80</b>	+00:10:22 (31.0%)	9:32	6.3 (69.2%)
23	<b>USZYŃSKI Grzegorz</b>	<b>2243</b>		M40	8	00:00:13	<b>00:35:54.35</b>	<b>00:35:54.35</b>	+00:12:51 (35.8%)	10:15	5.8 (63.7%)
24	<b>PODLASZEWSKI Jacek</b>	<b>2207</b>	SPC	M40	9	00:00:11	<b>00:37:52.25</b>	<b>00:37:52.25</b>	+00:14:49 (39.1%)	10:49	5.5 (60.4%)
25	<b>FALKOWSKI Piotr</b>	<b>2242</b>	FKS PEGAZ	M40	10	00:00:09	<b>00:39:18.30</b>	<b>00:39:18.30</b>	+00:16:15 (41.4%)	11:13	5.3 (58.2%)
26	<b>JAWORSKI Bartłomiej</b>	<b>2244</b>	SPC	M20	6	00:00:14	<b>00:44:23.85</b>	<b>00:44:23.85</b>	+00:21:21 (48.1%)	12:40	4.7 (51.6%)
27	<b>BARYZA Robert</b>	<b>2208</b>	SPC	M40	11	00:00:15	<b>00:44:33.95</b>	<b>00:44:33.95</b>	+00:21:31 (48.3%)	12:43	4.7 (51.6%)
28	<b>JASKULSKI Kacper</b>	<b>2225</b>	SPC	M20	7	00:00:17	<b>00:58:18.80</b>	<b>00:58:18.80</b>	+00:35:16 (60.5%)	16:39	3.6 (39.6%)
29	<b>SAMEREK Dariusz</b>	<b>2228</b>	SPC	M30	7	00:00:16	<b>00:58:38.85</b>	<b>00:58:38.85</b>	+00:35:36 (60.7%)	16:45	3.6 (39.6%)

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30	<b>JASKULSKI Karol</b>	<b>2224</b>	SPC	M30	8	00:00:17	<b>01:00:00.25</b>	<b>01:00:00.25</b>	+00:36:57 (61.6%)	17:08	3.5 (38.5%)

Znaleziono 30 wynik(ów)