

3000 M - K DO 35 LAT

B4SPORT
INTELEGENE ZAWODY SPORTOWE

Wydarzenie: II Spartakiada Dowództwa Generalnego RSZ
Organizator: 32 Baza Lotnictwa Taktycznego
Data: 2024-04-17
Miejsce: Łask
Dystans: 3 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Związki Taktyczne	Centra Szkolenia	0.1km	1km	2km	Czas netto 3km	Różn	Tempo min/km	Tempo km/h
1	KPR. BILAWA Karolina	1	11 DKPANC	ZT	1	ZT		00:00:12	00:03:42	00:07:17	00:10:52.46		3:37	16.6 (100%)
2	KPR. KLAYBOR Natalia	2	11 DKPANC	ZT	2	ZT		00:00:12	00:03:51	00:07:28	00:11:02.16	+00:00:09 (1.5%)	3:40	16.3 (98.2%)
3	KPR. JAKIMCZUK Aleksandra	7	16 DZ	ZT	3	ZT		00:00:13	00:03:51	00:07:31	00:11:13.88	+00:00:21 (3.2%)	3:44	16 (96.4%)
4	SZER. WITEK Karolina	13	2 SLT	ZT	4	ZT		00:00:13	00:03:56	00:07:42	00:11:33.11	+00:00:40 (5.9%)	3:51	15.6 (94.0%)
5	SZER. METLICKA Wiktoria	6	12 DZ	ZT	5	ZT		00:00:13	00:03:57	00:07:48	00:11:45.27	+00:00:52 (7.5%)	3:55	15.3 (92.2%)
6	ST.SZER. DROZD Karolina	3	11 DKPANC	ZT	6	ZT		00:00:13	00:04:00	00:07:55	00:11:53.21	+00:01:00 (8.5%)	3:57	15.1 (91.0%)
7	MAT TEREFENKO Joanna	9	CSMW	CS	1		CS	00:00:16	00:04:05	00:08:05	00:12:05.06	+00:01:12 (10.0%)	4:01	14.9 (89.8%)
8	SZER. KULAWCZYK Weronika	9	18 DZ	ZT	7	ZT		00:00:13	00:03:59	00:08:04	00:12:08.06	+00:01:15 (10.4%)	4:02	14.8 (89.2%)
9	ST.SIERŻ. KOROTKO Justyna	8	16 DZ	ZT	8	ZT		00:00:14	00:04:08	00:08:10	00:12:10.36	+00:01:17 (10.7%)	4:03	14.8 (89.2%)
10	ST.SZER.SPEC. KIC Ewelina	10	18 DZ	ZT	9	ZT		00:00:13	00:04:01	00:08:12	00:12:28.76	+00:01:36 (12.9%)	4:09	14.4 (86.7%)
11	ST.SZER.SPEC. GIELNIK Katarzyna	4	12 DZ	ZT	10	ZT		00:00:13	00:04:05	00:08:23	00:12:49.40	+00:01:56 (15.2%)	4:16	14 (84.3%)
12	POR. FAŁEK Patrycja	18	4 SLSZ	ZT	11	ZT		00:00:15	00:04:14	00:08:33	00:12:50.09	+00:01:57 (15.3%)	4:16	14 (84.3%)
13	PLUT. HISZCZYŃSKA Aleksandra	11	CSSP	CS	2		CS	00:00:16	00:04:15	00:08:31	00:12:51.86	+00:01:59 (15.5%)	4:17	14 (84.3%)

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											3km	Różn		
14	ST.MAR. RYTLEWSKA Alicja	22	3 FO	ZT	12	ZT		00:00:13	00:04:20	00:08:44	00:13:06.21	+00:02:13 (17.0%)	4:22	13.7 (82.5%)
15	SZER. KITA Natalia	3	CSAIU	CS	3		CS	00:00:16	00:04:23	00:08:46	00:13:09.52	+00:02:17 (17.4%)	4:23	13.7 (82.5%)
16	SZER. JONIEC Angelika	5	12 DZ	ZT	13	ZT		00:00:14	00:04:25	00:08:57	00:13:23.46	+00:02:31 (18.8%)	4:27	13.4 (80.7%)
17	ST.SZER. MAZURKIEWICZ Magdalena	14	2 SLT	ZT	14	ZT		00:00:16	00:04:31	00:08:59	00:13:23.70	+00:02:31 (18.8%)	4:27	13.4 (80.7%)
18	ST.KPR. WILCZYŃSKA Beata	15	2 SLT	ZT	15	ZT		00:00:16	00:04:31	00:08:59	00:13:27.56	+00:02:35 (19.2%)	4:29	13.4 (80.7%)
19	SZER. GRONOWSKA Justyna	17	3 SLTR	ZT	16	ZT		00:00:17	00:04:37	00:09:13	00:13:41.34	+00:02:48 (20.6%)	4:33	13.2 (79.5%)
20	MAR. KOTLEWSKA Aleksandra	24	8 FOW	ZT	17	ZT		00:00:15	00:04:35	00:09:14	00:13:42.57	+00:02:50 (20.7%)	4:34	13.1 (78.9%)
21	KPR. ZYGMUNT Agata	4	CSWLĄD	CS	4		CS	00:00:18	00:04:41	00:09:22	00:13:47.87	+00:02:55 (21.2%)	4:35	13.1 (78.9%)
22	SZER. KACZMAREK Karolina	5	CSWLĄD	CS	5		CS	00:00:17	00:04:41	00:09:19	00:13:56.61	+00:03:04 (22.0%)	4:38	12.9 (77.7%)
23	SZER. WIĄCEK Karina	11	1 SLT	ZT	18	ZT		00:00:13	00:04:27	00:09:17	00:14:02.14	+00:03:09 (22.5%)	4:40	12.8 (77.1%)
24	POR.MAR. PRZYMUSZAŁA Alicja	25	8 FOW	ZT	19	ZT		00:00:15	00:04:39	00:09:23	00:14:05.23	+00:03:12 (22.8%)	4:41	12.8 (77.1%)
25	SZER. ROSTKOWSKA Sandra	2	CSAIU	CS	6		CS	00:00:16	00:04:37	00:09:26	00:14:07.62	+00:03:15 (23.0%)	4:42	12.8 (77.1%)
26	ST.KPR. GŁADYSZEWSKA Martyna	1	CSAIU	CS	7		CS	00:00:17	00:04:50	00:09:37	00:14:20.28	+00:03:27 (24.2%)	4:46	12.6 (75.9%)
27	POR. JASTRZĘBSKA Karolina	20	4 SLSZ	ZT	20	ZT		00:00:15	00:04:43	00:09:33	00:14:22.42	+00:03:29 (24.3%)	4:47	12.5 (75.3%)
28	SZER. WENDLAND Aleksandra	16	3 SLTR	ZT	21	ZT		00:00:18	00:04:46	00:09:42	00:14:24.89	+00:03:32 (24.6%)	4:48	12.5 (75.3%)
29	MAR. DWULIT Aleksandra	10	CSMW	CS	8		CS	00:00:16	00:04:52	00:09:45	00:14:28.41	+00:03:35 (24.9%)	4:49	12.4 (74.7%)
30	MAR. PRZYBYLIŃSKA Roksana	23	8 FOW	ZT	22	ZT		00:00:15	00:04:57	00:10:01	00:15:02.11	+00:04:09 (27.7%)	5:00	12 (72.3%)
31	ST.SZER. FLISZKIEWICZ Małgorzata	19	4 SLSZ	ZT	23	ZT		00:00:18	00:05:06	00:10:09	00:15:04.03	+00:04:11 (27.8%)	5:01	11.9 (71.7%)
32	SZER. MIŁKOWSKA Monika	6	CSWLĄD	CS	9		CS	00:00:17	00:04:52	00:10:07	00:15:14.54	+00:04:22 (28.7%)	5:04	11.8 (71.1%)
33	SZER. CELMER Patrycja	12	1 SLT	ZT	24	ZT		00:00:16	00:04:53	00:10:08	00:15:24.53	+00:04:32 (29.4%)	5:08	11.7 (70.5%)
34	ST.KPR. PLUDRA Aleksandra	7	CSWIICH	CS	10		CS	00:00:18	00:05:02	00:10:20	00:15:39.78	+00:04:47 (30.6%)	5:13	11.5 (69.3%)
35	ST.SZER. KLICH Justyna	8	CSWIICH	CS	11		CS	00:00:17	00:05:13	00:10:34	00:15:41.39	+00:04:48 (30.7%)	5:13	11.5 (69.3%)
36	SZER. GRZELCZYK Maksymiliana	12	CSSP	CS	12		CS	00:00:18	00:05:13	00:10:33	00:15:41.68	+00:04:49 (30.7%)	5:13	11.5 (69.3%)

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37	MAR. SANTOS Martyna	21	3 FO	ZT	25	ZT		00:00:18	00:05:07	00:10:31	00:16:01.08	+00:05:08 (32.1%)	5:20	11.2 (67.5%)
38	KPR. KOSTYŁA Adrianna	13	CSSP	CS	13		CS	00:00:20	00:05:33	00:11:13	00:16:46.74	+00:05:54 (35.2%)	5:35	10.7 (64.5%)

Znaleziono 38 wynik(ów)