

3000 M - K POW. 41 LAT

B4SPORT
INTELEGENE ZAWODY SPORTOWE

Wydarzenie: Mistrzostwa 12 Dywizji Zmechanizowanej w Biegach
Przełajowych
Organizator: 12 plog
Data: 2024-03-12
Miejsce: Kołobrzeg
Dystans: 3 km



Klasyfikacja: Wszyscy

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | 1km | 2km | Czas netto 3km | Różn | Tempo min/km | Tempo km/h |
|-----|--|-----------|-----------------|-----------|------|----------|----------|--------------------|-------------------|--------------|--------------|
| 1 | ST.SZER. MATEJCZUK Agata | 34 | 25 BKPOW | | | 00:04:24 | 00:09:01 | 00:13:30.35 | | 4:30 | 13.3 (100%) |
| 2 | MJR SZUMAN Katarzyna | 40 | 2 BZ | | | 00:04:27 | 00:09:07 | 00:13:42.00 | +00:00:11 (1.4%) | 4:34 | 13.1 (98.5%) |
| 3 | ST.SZER. SPEC. EWERT-KRZEMIENIEWSKA Linda | 38 | 12 BZ | | | 00:04:27 | 00:09:10 | 00:13:54.17 | +00:00:23 (2.9%) | 4:38 | 12.9 (97.0%) |
| 4 | SZER. ŁUC Bożena | 29 | BWD | | | 00:04:24 | 00:09:09 | 00:14:05.41 | +00:00:35 (4.1%) | 4:41 | 12.8 (96.2%) |
| 5 | SZER. ANDRUKANIEC Iлона | 37 | 12 PLOG/12 BDOW | | | 00:04:26 | 00:09:19 | 00:14:37.02 | +00:01:06 (7.6%) | 4:52 | 12.3 (92.5%) |
| 6 | KPR. GÓRECKA Małgorzata | 35 | 2 BZ | | | 00:04:40 | 00:09:44 | 00:14:51.51 | +00:01:21 (9.1%) | 4:57 | 12.1 (91.0%) |
| 7 | SZER. ORZEŁ Anna | 32 | 8 PLOT | | | 00:04:41 | 00:09:52 | 00:15:01.21 | +00:01:30 (10.1%) | 5:00 | 12 (90.2%) |
| 8 | KPR. PODOLAK Anna | 33 | 8 PLOT | | | 00:04:59 | 00:10:15 | 00:15:13.50 | +00:01:43 (11.3%) | 5:04 | 11.8 (88.7%) |
| 9 | SZER. GRYNKIEWICZ Anna | 30 | BWD | | | 00:04:52 | 00:10:09 | 00:15:19.21 | +00:01:48 (11.8%) | 5:06 | 11.8 (88.7%) |
| 10 | SZER. CHEŁMOWSKA Agnieszka | 31 | 5 PA | | | 00:04:26 | 00:10:07 | 00:16:07.66 | +00:02:37 (16.3%) | 5:22 | 11.2 (84.2%) |
| 11 | SZER. OLSZEWSKA Natalia | 36 | CSWŁĄD | | | 00:05:09 | 00:10:48 | 00:16:27.20 | +00:02:56 (17.9%) | 5:29 | 10.9 (82.0%) |
| 12 | KPR. GAĆKOWSKA Marzena | 39 | 7 BOW | | | 00:05:57 | 00:11:50 | 00:17:37.25 | +00:04:06 (23.4%) | 5:52 | 10.2 (76.7%) |

Znaleziono 12 wynik(ów)