



34KM ZIMNY WDŻAR - GUT WINTER

B4SPORT

Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

Gorce Ultra Trail - Winter
Fundacja Run Vegan
2021-02-20
Ochoznica Górna
29.5 km

B4SPORT
INTELEGNTE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Klasyfikacja mieszkańców gminy | Czas startu | Wdżar 16km | Lubań 20km | Czas netto 29.5km | Czas brutto 29.5km | Różn | Tempo min/km | Tempo km/h |
|-----|--------------------------------|------------|-------------------------|-----------|------|--------------------------------------|----------------|---------------|---------------|-------------------------|--------------------------|----------------------|-----------------|-----------------|
| 1 | GRZĄDZIEL Dominik | 279 | ATTIQ TEAM | M-OPEN | 1 | | 01:46:44 | 01:19:30 | 01:49:10 | 02:37:50.60 | 04:24:34.75 | | 5:21 | 11.2 (100%) |
| 2 | FLOREK Sebastian | 200 | | M-OPEN | 2 | | 00:59:48 | 01:25:33 | 02:00:38 | 02:51:10.95 | 03:50:59.20 | +00:13:20 (7.8%) | 5:48 | 10.3 (92.0%) |
| 3 | SUROWIEC Michał | 270 | | M-OPEN | 3 | | 02:01:26 | 01:23:10 | 02:00:36 | 02:56:41.25 | 04:58:08.10 | +00:18:50 (10.7%) | 5:59 | 10 (89.3%) |
| 4 | SZMAJDUCH Mariusz | 278 | | M-OPEN | 4 | | 01:01:45 | 01:32:21 | 02:11:11 | 03:07:49.60 | 04:09:34.60 | +00:29:59 (16.0%) | 6:22 | 9.4 (83.9%) |
| 5 | KUREK Jacek | 201 | ŚWIETLIKOWO | M-OPEN | 5 | | 00:43:12 | 01:37:56 | 02:14:56 | 03:10:19.15 | 03:53:31.80 | +00:32:28 (17.1%) | 6:27 | 9.3 (83.0%) |
| 6 | ZBOZIEN Jarosław | 202 | RMT TEAM | M-OPEN | 6 | | 00:59:49 | 01:34:18 | 02:14:40 | 03:12:32.15 | 04:12:21.60 | +00:34:41 (18.0%) | 6:31 | 9.2 (82.1%) |
| 7 | SZKOŁA Paweł | 277 | RPM DZIKI W GÓRACH | M-OPEN | 7 | | 01:21:31 | 01:38:17 | 02:18:24 | 03:17:26.25 | 04:38:57.40 | +00:39:35 (20.1%) | 6:41 | 9 (80.4%) |
| 8 | MOSKALIK Tomasz | 204 | TG SOKÓŁ ZAKOPANE | M-OPEN | 8 | | 01:00:02 | 01:36:32 | 02:17:24 | 03:18:18.05 | 04:18:20.70 | +00:40:27 (20.4%) | 6:43 | 8.9 (79.5%) |
| 9 | RUSEK Marcin | 211 | RPM DZIKI W GÓRACH | M-OPEN | 9 | | 01:21:30 | 01:38:20 | 02:20:58 | 03:24:49.65 | 04:46:20.50 | +00:46:59 (22.9%) | 6:56 | 8.6 (76.8%) |
| 10 | KOZIEŁ Grzegorz | 206 | STS BIEGATON MIKOŁÓW | M-OPEN | 10 | | 00:44:41 | 01:46:06 | 02:28:36 | 03:27:13.20 | 04:11:54.55 | +00:49:22 (23.8%) | 7:01 | 8.5 (75.9%) |
| 11 | BARANOWSKI Jacek | 273 | JACEKBIEGA RUNNING TEAM | M-OPEN | 11 | | 01:30:37 | 01:43:46 | 02:27:03 | 03:29:18.50 | 04:59:56.15 | +00:51:27 (24.6%) | 7:05 | 8.5 (75.9%) |
| 12 | WRÓBLEWSKI Konrad | 213 | | M-OPEN | 12 | | 01:08:21 | 01:40:52 | 02:21:58 | 03:30:39.35 | 04:39:00.85 | +00:52:48 (25.1%) | 7:08 | 8.4 (75.0%) |
| 13 | JASNOCH Marcin | 203 | STS BIEGATON MIKOŁÓW | M-OPEN | 13 | | 00:44:39 | 01:46:12 | 02:29:28 | 03:31:16.85 | 04:15:55.85 | +00:53:26 (25.3%) | 7:09 | 8.4 (75.0%) |
| 14 | TATAREK-KONIK Agnieszka | 208 | | K-OPEN | 1 | | 01:00:43 | 01:47:02 | 02:27:41 | 03:34:21.25 | 04:35:04.40 | +00:56:30 (26.4%) | 7:15 | 8.3 (74.1%) |
| 15 | WĘGLIŃSKI Mikołaj | 205 | | M-OPEN | 14 | | 00:53:30 | 01:44:22 | 02:29:19 | 03:36:57.95 | 04:30:28.25 | +00:59:07 (27.2%) | 7:21 | 8.2 (73.2%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Klasyfikacja mieszkańców gminy | | | Czas netto 29.5km | Czas brutto 29.5km | Różn | Tempo min/km | Tempo km/h |
|-----|------------------------------|------------|-----------------------------|-----------------------|------|--------------------------------|------------|------------|--------------------|--------------------|-------------------|--------------|-------------|
| | | | | | | Czas startu | Wdźar 16km | Lubań 20km | | | | | |
| 16 | WIERZBA Michał | 235 | | M-OPEN | 15 | | | | | | | | |
| | | | | | | | | | 03:47:51.90 | 04:55:40.35 | +01:10:01 (30.7%) | 7:43 | 7.8 (69.6%) |
| 17 | TABIS-HUBKA Rafal | 224 | RESHAPERUNNERS | M-OPEN | 16 | | | | | | | | |
| | | | | | | | | | 03:50:24.70 | 04:51:03.55 | +01:12:34 (31.5%) | 7:48 | 7.7 (68.8%) |
| 18 | CURZYDŁO Bogdan | 220 | POZYTYWNIIE ZABIEGANI SANOK | M-OPEN | 17 | | | | | | | | |
| | | | | | | | | | 03:51:27.00 | 04:12:43.30 | +01:13:36 (31.8%) | 7:50 | 7.6 (67.9%) |
| 19 | KRAJKA Jarosław | 210 | UMCS BIEGA | M-OPEN | 18 | | | | | | | | |
| | | | | | | | | | 03:53:42.70 | 04:55:14.25 | +01:15:52 (32.5%) | 7:55 | 7.6 (67.9%) |
| 20 | KURNYTA Sławomir | 212 | | Mieszkaniec Ochołnicy | 1 | Tak | | | | | | | |
| | | | | | | | | | 03:54:36.90 | 04:57:23.35 | +01:16:46 (32.7%) | 7:57 | 7.5 (67.0%) |
| 21 | NOWOROLNIK Piotr | 226 | LKS LUBAŃ TYLMANOWA | Mieszkaniec Ochołnicy | 2 | Tak | | | | | | | |
| | | | | | | | | | 03:57:06.35 | 04:59:52.80 | +01:19:15 (33.4%) | 8:02 | 7.5 (67.0%) |
| 22 | GLAB Krzysztof | 209 | VEGE KLOBUCK NGB | M-OPEN | 19 | | | | | | | | |
| | | | | | | | | | 03:57:34.80 | 04:58:28.50 | +01:19:44 (33.6%) | 8:03 | 7.5 (67.0%) |
| 23 | SZYSZŁO Tomasz | 219 | POZYTYWNIIE ZABIEGANI SANOK | M-OPEN | 20 | | | | | | | | |
| | | | | | | | | | 04:05:57.70 | 04:27:03.90 | +01:28:07 (35.8%) | 8:20 | 7.2 (64.3%) |
| 24 | FEODORÓW Wojciech | 225 | RESHAPE RUNNERS | M-OPEN | 21 | | | | | | | | |
| | | | | | | | | | 04:14:15.70 | 05:14:54.80 | +01:36:25 (37.9%) | 8:37 | 7 (62.5%) |
| 25 | PETER Marcin | 231 | | M-OPEN | 22 | | | | | | | | |
| | | | | | | | | | 04:14:35.60 | 05:14:53.20 | +01:36:45 (38.0%) | 8:37 | 7 (62.5%) |
| 26 | KWAŚNIEWSKI Krzysztof | 216 | TRENER FOREST | M-OPEN | 23 | | | | | | | | |
| | | | | | | | | | 04:19:07.30 | 05:26:09.00 | +01:41:16 (39.1%) | 8:47 | 6.8 (60.7%) |
| 27 | SŁABOŃ Mariusz | 215 | KIWK-A BIEGA | M-OPEN | 24 | | | | | | | | |
| | | | | | | | | | 04:20:19.50 | 05:05:02.95 | +01:42:28 (39.4%) | 8:49 | 6.8 (60.7%) |
| 28 | KŁOSOWSKI Rafał | 269 | RPM DZIKI W GÓRACH | M-OPEN | 25 | | | | | | | | |
| | | | | | | | | | 04:20:30.60 | 05:42:02.00 | +01:42:40 (39.4%) | 8:49 | 6.8 (60.7%) |
| 29 | NAPIERAŁA Marcin | 214 | | M-OPEN | 26 | | | | | | | | |
| | | | | | | | | | 04:26:24.85 | 05:29:50.10 | +01:48:34 (40.8%) | 9:01 | 6.6 (58.9%) |
| 30 | ZIELIŃSKI Sebastian | 237 | POZYTYWNIIE ZABIEGANI SANOK | M-OPEN | 27 | | | | | | | | |
| | | | | | | | | | 04:27:22.15 | 04:48:41.00 | +01:49:31 (41.0%) | 9:03 | 6.6 (58.9%) |
| 31 | CHOJNACKI Mikołaj | 280 | WARSAW RUN CLUB | M-OPEN | 28 | | | | | | | | |
| | | | | | | | | | 04:32:38.40 | 05:42:39.45 | +01:54:47 (42.1%) | 9:14 | 6.5 (58.0%) |
| 32 | MAKARENKOV Sergii | 295 | | | | | | | | | | | |
| | | | | | | | | | 04:38:13.55 | 05:45:55.20 | +02:00:22 (43.3%) | 9:25 | 6.4 (57.1%) |
| 33 | KOZDROJ Wioletta | 281 | DOPGOŃ GRODZISK MAZOWIECKI | K-OPEN | 2 | | | | | | | | |
| | | | | | | | | | 04:42:06.95 | 05:48:33.85 | +02:04:16 (44.1%) | 9:33 | 6.3 (56.3%) |
| 34 | KLUBA Magdalena | 222 | FALSTART RUDNIKI | K-OPEN | 3 | | | | | | | | |
| | | | | | | | | | 04:50:49.60 | 05:54:42.20 | +02:12:59 (45.7%) | 9:51 | 6.1 (54.5%) |
| 35 | KRUSZEWSKI Jacek | 261 | MARKOWI BIEGACZE | M-OPEN | 29 | | | | | | | | |
| | | | | | | | | | 04:54:20.00 | 06:10:44.65 | +02:16:29 (46.4%) | 9:58 | 6 (53.6%) |
| 36 | KANDEFER Beata | 221 | KB ATHLETIC ZRĘCIN | K-OPEN | 4 | | | | | | | | |
| | | | | | | | | | 04:54:26.40 | 05:29:04.05 | +02:16:35 (46.4%) | 9:58 | 6 (53.6%) |
| 37 | SKROBEK Karolina | 238 | VEGE RUNNERS | K-OPEN | 5 | | | | | | | | |
| | | | | | | | | | 04:55:59.60 | 05:59:01.65 | +02:18:09 (46.7%) | 10:02 | 6 (53.6%) |
| 38 | CZARDYBON Michał | 247 | CZARNE SROPY | M-OPEN | 30 | | | | | | | | |
| | | | | | | | | | 04:59:12.95 | 06:19:02.25 | +02:21:22 (47.2%) | 10:08 | 5.9 (52.7%) |

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|-----|----------------------------|------------|------------------------------------|-----------|------|--------------------------------------|----------------|---------------|---------------|-------------------------|--------------------------|----------------------|-----------------|----------------|
| 39 | KUBRAK Kamil | 250 | CZARNE STOPY | M-OPEN | 31 | | 01:19:44 | 02:22:08 | 03:19:39 | 04:59:15.45 | 06:19:00.15 | +02:21:24 (47.3%) | 10:08 | 5.9 (52.7%) |
| 40 | STĘPKOWSKA Berta | 232 | UMCS BIEGA | K-OPEN | 6 | | 01:04:08 | 02:26:53 | 03:23:26 | 05:00:09.95 | 06:04:18.30 | +02:22:19 (47.4%) | 10:10 | 5.9 (52.7%) |
| 41 | GAJOS Anna | 229 | LUBELSKIE STOWARZYSZENIE BIEGOWE | K-OPEN | 7 | | 01:04:01 | 02:26:49 | 03:23:41 | 05:00:16.10 | 06:04:17.75 | +02:22:25 (47.4%) | 10:10 | 5.9 (52.7%) |
| 42 | KANTOR Darek | 234 | JAN KANTOR TEAM | M-OPEN | 32 | | 01:04:14 | 02:27:00 | 03:25:16 | 05:00:22.10 | 06:04:36.65 | +02:22:31 (47.5%) | 10:10 | 5.9 (52.7%) |
| 43 | JAGIELSKA Magdalena | 240 | | K-OPEN | 8 | | 01:08:56 | 02:35:02 | 03:33:12 | 05:01:44.20 | 06:10:40.55 | +02:23:53 (47.7%) | 10:13 | 5.9 (52.7%) |
| 44 | JAGIELSKI Paweł | 233 | | M-OPEN | 33 | | 01:08:57 | 02:35:21 | 03:31:54 | 05:02:09.00 | 06:11:06.95 | +02:24:18 (47.8%) | 10:14 | 5.9 (52.7%) |
| 45 | MAJTYKA Tomasz | 230 | LOS TREPOS COMPANIEROS | M-OPEN | 34 | | 01:02:10 | 02:27:28 | 03:25:30 | 05:03:35.20 | 06:05:45.90 | +02:25:44 (48.0%) | 10:17 | 5.8 (51.8%) |
| 46 | HEJDUK Monika | 244 | UMCS BIEGA | K-OPEN | 9 | | 01:04:12 | 02:26:58 | 03:28:04 | 05:04:52.70 | 06:09:05.05 | +02:27:02 (48.2%) | 10:20 | 5.8 (51.8%) |
| 47 | SZABELAK Witold | 249 | KINGRUNNER ULTRA | M-OPEN | 35 | | 01:11:00 | 02:39:18 | 03:35:21 | 05:05:45.00 | 06:16:45.95 | +02:27:54 (48.4%) | 10:21 | 5.8 (51.8%) |
| 48 | JAWORSKI Jarosław | 256 | STS BIEGATON | M-OPEN | 36 | | 00:44:34 | 02:21:30 | 03:26:51 | 05:09:10.90 | 05:53:45.80 | +02:31:20 (48.9%) | 10:28 | 5.7 (50.9%) |
| 49 | CZAJKOWSKI Michał | 258 | | M-OPEN | 37 | | 01:35:05 | 02:31:23 | 03:30:48 | 05:10:58.40 | 06:46:03.55 | +02:33:07 (49.2%) | 10:32 | 5.7 (50.9%) |
| 50 | WOJCIESZAK Klaudia | 294 | | K-OPEN | 10 | | 01:06:34 | 02:27:20 | 03:26:38 | 05:12:14.75 | 06:18:49.25 | +02:34:24 (49.4%) | 10:35 | 5.7 (50.9%) |
| 51 | ALBINIAK Marcin | 263 | DRUŻYNA CYKORA | M-OPEN | 38 | | 01:04:03 | 02:28:35 | 03:31:38 | 05:16:00.00 | 06:20:03.00 | +02:38:09 (50.0%) | 10:42 | 5.6 (50.0%) |
| 52 | JELINSKI Jaroslaw | 241 | | M-OPEN | 39 | | 01:03:18 | 02:37:13 | 03:35:58 | 05:16:56.65 | 06:20:14.90 | +02:39:06 (50.2%) | 10:44 | 5.6 (50.0%) |
| 53 | FREJ Miłosz | 246 | LOS TREPOS COMPANIEROS | M-OPEN | 40 | | 01:02:34 | 02:27:12 | 03:35:34 | 05:17:57.75 | 06:20:32.45 | +02:40:07 (50.4%) | 10:46 | 5.6 (50.0%) |
| 54 | KIDA Andrzej | 245 | LOS TREPOS COMPANIEROS | M-OPEN | 41 | | 01:02:33 | 02:27:09 | 03:35:30 | 05:17:59.20 | 06:20:32.40 | +02:40:08 (50.4%) | 10:46 | 5.6 (50.0%) |
| 55 | TUSIŃSKI Seweryn | 257 | OSTROBIEC | M-OPEN | 42 | | 00:30:21 | 02:33:21 | 03:40:00 | 05:24:02.45 | 05:54:24.30 | +02:46:11 (51.3%) | 10:59 | 5.5 (49.1%) |
| 56 | INDRASZAK Adam | 271 | | M-OPEN | 43 | | 01:15:47 | 02:32:20 | 03:29:54 | 05:25:38.40 | 06:41:25.90 | +02:47:47 (51.5%) | 11:02 | 5.4 (48.2%) |
| 57 | ŁASKAWSKA Justyna | 260 | | K-OPEN | 11 | | 01:18:56 | 02:44:20 | 03:46:00 | 05:27:38.20 | 06:46:34.75 | +02:49:47 (51.8%) | 11:06 | 5.4 (48.2%) |
| 58 | GNOT Krzysztof | 253 | | M-OPEN | 44 | | 01:01:57 | 02:42:26 | 03:41:11 | 05:27:45.45 | 06:29:42.80 | +02:49:54 (51.8%) | 11:06 | 5.4 (48.2%) |
| 59 | KUCZEK Katarzyna | 243 | SIEMIANOWICE I PRZYJACIELE BIEGAJĄ | K-OPEN | 12 | | 00:32:46 | 02:49:07 | 03:48:51 | 05:31:20.60 | 06:04:06.75 | +02:53:30 (52.4%) | 11:13 | 5.3 (47.3%) |
| 60 | MALISZEWSKA Marta | 248 | KINGRUNNER ULTRA | K-OPEN | 13 | | 01:10:59 | 02:46:36 | 03:54:48 | 05:35:44.95 | 06:46:44.00 | +02:57:54 (53.0%) | 11:22 | 5.3 (47.3%) |
| 61 | SULIKOWSKI Kuba | 272 | VEGE RUNNERS | M-OPEN | 45 | | 01:16:57 | 02:33:39 | 03:47:37 | 05:38:30.95 | 06:55:28.60 | +03:00:40 (53.4%) | 11:28 | 5.2 (46.4%) |

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|-----|---------------------------------|------------|---------------------------|-----------|------|--------------------------------------|----------------|-----------------|-----------------|-------------------------|--------------------------|----------------------|-----------------|----------------|
| 62 | URBAŃSKI Mirosław | 262 | | M-OPEN | 46 | | 01:03:18 | 02:37:17 | 03:46:10 | 05:38:43.65 | 06:42:01.70 | +03:00:53 (53.4%) | 11:28 | 5.2 (46.4%) |
| 63 | KORNIŁOW Piotr | 267 | | M-OPEN | 47 | | 01:35:03 | 02:58:16 | 04:09:55 | 05:50:32.15 | 07:25:35.15 | +03:12:41 (55.0%) | 11:52 | 5 (44.6%) |
| 64 | ROSA Alex | 274 | | M-OPEN | 48 | | 01:19:09 | 02:47:07 | 03:55:21 | 05:51:57.05 | 07:11:06.50 | +03:14:06 (55.2%) | 11:55 | 5 (44.6%) |
| 65 | KUCZKOWSKI Krzysztof | 217 | | M-OPEN | 49 | | 01:19:08 | 02:47:02 | 03:55:14 | 05:51:58.60 | 07:11:06.65 | +03:14:08 (55.2%) | 11:55 | 5 (44.6%) |
| 66 | MAJCHRZAK Joanna | 254 | | K-OPEN | 14 | | 01:19:03 | 02:47:10 | 03:55:34 | 05:52:01.40 | 07:11:04.90 | +03:14:10 (55.2%) | 11:55 | 5 (44.6%) |
| 67 | HORBACZ-ROSA Hanna | 275 | | K-OPEN | 15 | | 01:19:01 | 02:47:19 | 03:55:44 | 05:52:03.95 | 07:11:05.65 | +03:14:13 (55.2%) | 11:56 | 5 (44.6%) |
| 68 | WOJS Tomasz | 265 | SG - IPA | M-OPEN | 50 | | 00:15:39 | 02:50:53 | 04:04:45 | 05:54:55.30 | 06:10:34.55 | +03:17:04 (55.5%) | 12:01 | 5 (44.6%) |
| 69 | SZYSZKA Marek | 251 | STS BIEGATON MIKOŁÓW | M-OPEN | 51 | | 00:44:44 | 02:55:55 | 04:03:48 | 06:03:03.75 | 06:47:48.10 | +03:25:13 (56.5%) | 12:18 | 4.9 (43.8%) |
| 70 | KOWALCZYK Anna | 255 | DOGOŃ GRODZISK MAZOWIECKI | K-OPEN | 16 | | 00:33:53 | 02:56:27 | 04:11:04 | 06:03:56.50 | 06:37:49.90 | +03:26:05 (56.6%) | 12:20 | 4.9 (43.8%) |
| 71 | ZGRAJ Leszek | 223 | STS BIEGATON | M-OPEN | 52 | | 00:44:13 | 03:00:01 | 04:07:07 | 06:05:22.40 | 06:49:35.90 | +03:27:31 (56.8%) | 12:23 | 4.8 (42.9%) |
| 72 | KUŁACZKOWSKI Konrad | 268 | | M-OPEN | 53 | | 01:16:05 | 02:53:18 | 04:07:42 | 06:13:38.15 | 07:29:43.20 | +03:35:47 (57.8%) | 12:39 | 4.7 (42.0%) |
| 73 | MZYK Fabian | 264 | STS BIEGATON MIKOŁÓW | M-OPEN | 54 | | 00:44:39 | 02:55:49 | 04:09:26 | 06:20:42.95 | 07:05:22.80 | +03:42:52 (58.5%) | 12:54 | 4.6 (41.1%) |
| | PASTERNOK Marian | 207 | RESHAPE RUNNERS | M-OPEN | | | DNF | 01:52:05 DNF | 02:39:53 DNF | DNF | DNF | | - | - (0.0%) |

Znaleziono 74 wynik(ów)