

39 PÓŁMARATON GOCHÓW

B4SPORT

Wydarzenie: 39 Półmaraton Gochów i Bieg Św. Katarzyny
Organizator: Kompleks Basenowo-Rekreacyjny „NIMFA” Sp.z.o.o.
 Klub Biegacza „Goch” Bytów
Data: 2019-06-02
Miejsce: Bytów
Dystans: 21.1 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 21.1km	Różn	Tempo min/km	Tempo km/h
1	ZBLEWSKI Tadeusz	214	LKB IM. BRACI PETK	M-35	1	01:18:26.90		3:43	16.1 (100%)
2	LABUDDA Wojciech	101	PRZYJACIELE W BIEGU	M-35	2	01:18:52.55	+00:00:25 (0.5%)	3:44	16.1 (100%)
3	JANISZEWSKI Marek	61	DRUTEX	M-35	3	01:21:10.00	+00:02:43 (3.3%)	3:50	15.6 (96.9%)
4	KOBUS Tomasz	85	TRI TEAM BYTÓW	M-35	4	01:21:43.30	+00:03:16 (4.0%)	3:52	15.5 (96.3%)
5	JAKUBEK Patryk	60	ŚWIAT PŁYTEK U KRYSPINA	M-18	1	01:21:56.20	+00:03:29 (4.3%)	3:53	15.4 (95.7%)
6	ZIEMAN Michał	217	KB GOCH BYTÓW	M-30	1	01:22:58.20	+00:04:31 (5.4%)	3:55	15.3 (95.0%)
7	ZWOLSKI Andrzej	219	ŚCIGAŁ TEAM	M-50	1	01:25:35.45	+00:07:08 (8.3%)	4:03	14.8 (91.9%)
8	KLEINSZMIDT Ryszard	77	UNIPEX	M-50	2	01:26:01.85	+00:07:34 (8.8%)	4:04	14.7 (91.3%)
9	GOSTKOWSKI Łukasz	45	KB GOCH BYTÓW	M-30	2	01:26:13.40	+00:07:46 (9.0%)	4:05	14.7 (91.3%)
10	ECK Mathias	28		M-35	5	01:26:44.75	+00:08:17 (9.6%)	4:06	14.6 (90.7%)
11	WENDT Patryk	203	WENCIK TEAM	M-30	3	01:27:53.70	+00:09:26 (10.7%)	4:09	14.4 (89.4%)
12	GLAZIK Dariusz	40	ŚCIGAŁ TEAM	M-40	1	01:28:18.50	+00:09:51 (11.2%)	4:11	14.3 (88.8%)
13	RYBARCZYK Maciej	156		M-45	1	01:28:28.50	+00:10:01 (11.3%)	4:11	14.3 (88.8%)
14	ROSZKOWSKI Zdzisław	150	PRZYJACIELE W BIEGU	M-55	1	01:28:48.35	+00:10:21 (11.7%)	4:12	14.3 (88.8%)
15	GLISZCZYŃSKI Michał	41	NADLEŚNICTWO BYTÓW	M-25	1	01:28:59.30	+00:10:32 (11.8%)	4:13	14.2 (88.2%)
16	WALCZAK Jędrzej	198		M-30	4	01:29:11.55	+00:10:44 (12.0%)	4:13	14.2 (88.2%)
17	KRYCZKA Stanisław	92	MTS HAMER MIASTKO	M-50	3	01:29:19.00	+00:10:52 (12.2%)	4:13	14.2 (88.2%)
18	SKORUPSKI Robert	163	STOPA SŁUPSK	M-40	2	01:29:52.75	+00:11:25 (12.7%)	4:15	14.1 (87.6%)
19	RUTKOWSKA Joanna	154	GKS KASZUBI LUZINO	K-40	1	01:30:12.85	+00:11:45 (13.0%)	4:16	14 (87.0%)
20	ELENDT Tomasz	29		M-25	2	01:30:15.75	+00:11:48 (13.1%)	4:16	14 (87.0%)
21	WEGNER Przemysław	201		M-40	3	01:30:41.00	+00:12:14 (13.5%)	4:17	14 (87.0%)
22	MALEK-PODJASKI Marcin	113		M-25	3	01:32:03.90	+00:13:37 (14.8%)	4:21	13.8 (85.7%)
23	CICHOSZ-MIELEWCZYK Mateusz	16	ŚWIAT PŁYTEK U KRYSPINA	M-30	5	01:32:13.10	+00:13:46 (14.9%)	4:22	13.7 (85.1%)
24	WEGNER Stachu	202		M-35	6	01:32:28.45	+00:14:01 (15.2%)	4:22	13.7 (85.1%)
25	MAJEWSKI Artur	111	NADLEŚNICTWO MIROSŁAWIEC	M-40	4	01:32:30.00	+00:14:03 (15.2%)	4:23	13.7 (85.1%)
26	KARCZEWSKI Damian	73	KĘBŁOWO BIEGA	M-30	6	01:32:42.25	+00:14:15 (15.4%)	4:23	13.7 (85.1%)
27	HYNECK Albert-Christhard	57		M-18	2	01:32:43.85	+00:14:16 (15.4%)	4:23	13.7 (85.1%)

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						21.1km	Różn		
28	RYGIELSKI Arkadiusz	159	KLUB BIEGACZA MOWI	M-30	7	01:32:52.35	+00:14:25 (15.5%)	4:24	13.6 (84.5%)
29	ZAWADA Piotr	213		M-50	4	01:33:00.60	+00:14:33 (15.7%)	4:24	13.6 (84.5%)
30	STOLTMAN Marcin	166	ŚWIAT PŁYTEK U KRYSPIŃ	M-25	4	01:33:13.00	+00:14:46 (15.8%)	4:25	13.6 (84.5%)
31	LABUDA Oktawiusz	98	LO BYTÓW	M-18	3	01:33:31.40	+00:15:04 (16.1%)	4:25	13.5 (83.9%)
32	TUWALSKA Elżbieta	195	LKS ZANTYR SZTUM	K-40	2	01:33:45.95	+00:15:19 (16.3%)	4:26	13.5 (83.9%)
33	TUWALSKA Małgorzata	194	LKS ZANTYR SZTUM	K-40	3	01:34:17.90	+00:15:51 (16.8%)	4:28	13.4 (83.2%)
34	JABŁONOWSKI Wojciech	58	FM2012/KLUB 42,2	M-45	2	01:34:30.90	+00:16:04 (17.0%)	4:28	13.4 (83.2%)
35	CHAŁUPA Daniel	14	KB GOCH BYTÓW	M-40	5	01:34:37.45	+00:16:10 (17.1%)	4:29	13.4 (83.2%)
36	WĘSIERSKI Krystian	205	DRUTEX	M-30	8	01:34:41.10	+00:16:14 (17.1%)	4:29	13.4 (83.2%)
37	OWŚNICKI Wojciech	237		M-40	6	01:35:16.90	+00:16:50 (17.7%)	4:30	13.3 (82.6%)
38	KUKLINSKI Maciej	97	METROŻERCY	M-45	3	01:35:17.05	+00:16:50 (17.7%)	4:30	13.3 (82.6%)
39	SABISZ Krzysztof	234	KB GOCH BYTÓW	M-30	9	01:35:39.35	+00:17:12 (18.0%)	4:31	13.2 (82.0%)
40	ZDANIUKIEWICZ Grzegorz	223	MTS HAMER MIASTKO	M-30	10	01:36:28.90	+00:18:02 (18.7%)	4:34	13.1 (81.4%)
41	CIESIULSKI Marek	19	KĘBŁOWO BIEGA	M-25	5	01:36:33.45	+00:18:06 (18.8%)	4:34	13.1 (81.4%)
42	PAWŁOWSKI Mariusz	136	METROŻERCY	M-30	11	01:36:47.20	+00:18:20 (18.9%)	4:35	13.1 (81.4%)
43	KUCZKOWSKI Michał	95	TRI TEAM BYTÓW	M-35	7	01:36:49.05	+00:18:22 (19.0%)	4:35	13.1 (81.4%)
44	SZRYWER Daniel	181	ŚWIAT PŁYTEK U KRYSPIŃ	M-25	6	01:36:55.05	+00:18:28 (19.1%)	4:35	13.1 (81.4%)
45	GORZKOWSKI Paweł	44	STOPA SŁUPSK	M-35	8	01:37:00.10	+00:18:33 (19.1%)	4:35	13 (80.7%)
46	CZARNOWSKI Emilian	230	WKS MOŻYNO	M-18	4	01:37:22.90	+00:18:56 (19.4%)	4:36	13 (80.7%)
47	RUDNIK Krzysztof	243		M-35	9	01:37:24.45	+00:18:57 (19.5%)	4:36	13 (80.7%)
48	JANKIEWICZ Maciej	62	SPÓJNIA BIAŁE BŁOTA	M-35	10	01:37:34.05	+00:19:07 (19.6%)	4:37	13 (80.7%)
49	WNUK Stanisław	235		M-55	2	01:37:46.30	+00:19:19 (19.8%)	4:38	12.9 (80.1%)
50	GRACHEL Przemek	47	NA TRASIE TEAM	M-35	11	01:38:02.35	+00:19:35 (20.0%)	4:38	12.9 (80.1%)
51	RUCIŃSKI Marek	151	VEL-DĄBRÓWNO	M-50	5	01:38:02.65	+00:19:35 (20.0%)	4:38	12.9 (80.1%)
52	BELIŃSKA Patrycja	5	RUN BYDGOSZCZ	K-30	1	01:38:12.05	+00:19:45 (20.1%)	4:39	12.9 (80.1%)
53	WNUK LIPIŃSKI Michał	207		M-30	12	01:38:40.70	+00:20:13 (20.5%)	4:40	12.8 (79.5%)
54	RYCHERT Sylwester	158	KPW GDYNIA	M-25	7	01:38:53.15	+00:20:26 (20.7%)	4:41	12.8 (79.5%)
55	LEWAŃCZYK Marcin	107	METROŻERCY	M-35	12	01:39:18.80	+00:20:51 (21.0%)	4:42	12.7 (78.9%)
56	KUJAWSKA-FREJLICH Joanna	96	ALTE MEDIA TEAM	K-30	2	01:39:28.40	+00:21:01 (21.1%)	4:42	12.7 (78.9%)
57	GAWRON Piotr	37	KB GOCH BYTÓW	M-40	7	01:39:40.05	+00:21:13 (21.3%)	4:43	12.7 (78.9%)
58	NOWODWORSKA Justyna	129	RUNTASTYCZNI TEAM BYTÓW	K-30	3	01:39:49.85	+00:21:22 (21.4%)	4:43	12.7 (78.9%)
59	PĘKAŁA Piotr	137		M-45	4	01:40:15.10	+00:21:48 (21.7%)	4:45	12.6 (78.3%)
60	SADOWSKI Paweł	160	STOPA SŁUPSK	M-40	8	01:40:28.20	+00:22:01 (21.9%)	4:45	12.6 (78.3%)
61	GRZONKA Piotr	51		M-35	13	01:40:35.40	+00:22:08 (22.0%)	4:46	12.6 (78.3%)
62	SZCZĘK Małgorzata	177	RUNTASTYCZNI TEAM BYTÓW	K-30	4	01:41:01.40	+00:22:34 (22.3%)	4:47	12.5 (77.6%)
63	ŻURAWIK Piotr	220	KORZYBSKIE REKINY	M-45	5	01:41:15.95	+00:22:49 (22.5%)	4:47	12.5 (77.6%)
64	PATELCZYK Sławomir	233		M-40	9	01:41:39.80	+00:23:12 (22.8%)	4:49	12.5 (77.6%)
65	OSTASZEWSKI Daniel	133		M-25	8	01:41:42.55	+00:23:15 (22.9%)	4:49	12.4 (77.0%)
66	BARGAŃSKA Justyna	2	RUNTASTYCZNI TEAM BYTÓW	K-40	4	01:41:48.40	+00:23:21 (22.9%)	4:49	12.4 (77.0%)
67	KLUCZEWSKA Emilia	80	RUNTASTYCZNI TEAM BYTÓW	K-35	1	01:41:50.45	+00:23:23 (23.0%)	4:49	12.4 (77.0%)
68	CHWOJNICKI Janusz	15	EX. BYTOVIA BYTÓW	M-45	6	01:42:11.90	+00:23:45 (23.2%)	4:50	12.4 (77.0%)
69	KNUT Paweł	83		M-25	9	01:43:15.40	+00:24:48 (24.0%)	4:53	12.3 (76.4%)
70	LESNER Damian	103	PRZYJACIELE W BIEGU	M-45	7	01:43:18.15	+00:24:51 (24.1%)	4:53	12.3 (76.4%)
71	FASZCZEWSKI Adam	30		M-40	10	01:43:20.65	+00:24:53 (24.1%)	4:53	12.2 (75.8%)

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72	TOMASZEWSKI Krzysztof	189	NADLEŚNICTWO KOLBUDY	M-55	3	01:43:33.55	+00:25:06 (24.2%)	4:54	12.2 (75.8%)
73	PIŁCZYŃSKI Zbigniew	138		M-55	4	01:43:45.60	+00:25:18 (24.4%)	4:55	12.2 (75.8%)
74	SZWABA Marcin	182		M-35	14	01:43:52.75	+00:25:25 (24.5%)	4:55	12.2 (75.8%)
75	KALIŃSKI Przemysław	71	FARM FRITES POLAND	M-35	15	01:43:53.30	+00:25:26 (24.5%)	4:55	12.2 (75.8%)
76	WYSIŃSKA Lucyna	245	LADY FITNESS	K-30	5	01:43:56.25	+00:25:29 (24.5%)	4:55	12.2 (75.8%)
77	SŁAWSKI Krzysztof	164		M-45	8	01:43:58.50	+00:25:31 (24.6%)	4:55	12.2 (75.8%)
78	KLIMKIEWICZ Konrad	78		M-25	10	01:43:59.80	+00:25:32 (24.6%)	4:55	12.2 (75.8%)
79	KRUK Irek	90	KLUB 42,2 LĘBORK	M-45	9	01:44:00.00	+00:25:33 (24.6%)	4:55	12.2 (75.8%)
80	WASZAK Karol	200	KORZYBSKIE REKINY	M-30	13	01:44:01.00	+00:25:34 (24.6%)	4:55	12.2 (75.8%)
81	WOJCIECHOWSKI Dariusz	208	KWATERY U WOJCIECHOWSKICH SWORNEGACIE	M-45	10	01:44:10.70	+00:25:43 (24.7%)	4:56	12.2 (75.8%)
82	MARCHEWKA Emil	114		M-30	14	01:44:24.85	+00:25:57 (24.9%)	4:56	12.1 (75.2%)
83	GAWIN Andrzej	36	MTS HAMER MIASTKO	M-30	15	01:44:37.95	+00:26:11 (25.0%)	4:57	12.1 (75.2%)
84	WILUSZ Krzysztof	206	STOPA SŁUPSK	M-35	16	01:44:57.65	+00:26:30 (25.3%)	4:58	12.1 (75.2%)
85	SZYCA Łukasz	242		M-35	17	01:45:18.35	+00:26:51 (25.5%)	4:59	12 (74.5%)
86	PROTASEWICZ Andrzej	142		M-40	11	01:45:33.00	+00:27:06 (25.7%)	5:00	12 (74.5%)
87	BARZESTOWSKI Maciej	240	DZBAN TEAM	M-25	11	01:45:40.30	+00:27:13 (25.8%)	5:00	12 (74.5%)
88	KŁODAWSKI Przemysław	81		M-30	16	01:45:50.60	+00:27:23 (25.9%)	5:00	12 (74.5%)
89	MIŁEJKO Arkadiusz	122	AKADEMIA BIEGOWA KARTUZY	M-40	12	01:46:17.35	+00:27:50 (26.2%)	5:02	11.9 (73.9%)
90	GÓRA Roman	46		M-55	5	01:46:28.95	+00:28:02 (26.3%)	5:02	11.9 (73.9%)
91	RETZLAFF Maciej	147		M-35	18	01:46:29.70	+00:28:02 (26.3%)	5:02	11.9 (73.9%)
92	HERMAN Karina	55		K-45	1	01:46:33.45	+00:28:06 (26.4%)	5:03	11.9 (73.9%)
93	GRAJCZYK Piotr	48		M-18	5	01:46:34.30	+00:28:07 (26.4%)	5:03	11.9 (73.9%)
94	SZADRIN Andrej	174	KB GOCH BYTÓW	M-35	19	01:46:38.65	+00:28:11 (26.4%)	5:03	11.9 (73.9%)
95	KLINKUSZ Adrian	79		M-40	13	01:46:51.50	+00:28:24 (26.6%)	5:03	11.8 (73.3%)
96	SULL Kacper	171	NIGHT RUNNERS SŁUPSK	M-18	6	01:46:55.65	+00:28:28 (26.6%)	5:04	11.8 (73.3%)
97	GIERLACH Jacek	226	STOPA SŁUPSK	M-30	17	01:46:58.35	+00:28:31 (26.7%)	5:04	11.8 (73.3%)
98	RESZKOWSKI Sebastian	146		M-30	18	01:46:58.60	+00:28:31 (26.7%)	5:04	11.8 (73.3%)
99	JERCZEK Sławomir	227	WOJSKI MŁYN	M-45	11	01:47:07.80	+00:28:40 (26.8%)	5:04	11.8 (73.3%)
100	MROCEK GLISZCZYŃSKI Mateusz	222		M-30	19	01:47:13.55	+00:28:46 (26.8%)	5:04	11.8 (73.3%)
101	RUDNIK Jerzy	152	FLORIAN CHOJNICE	M-65	1	01:47:14.05	+00:28:47 (26.8%)	5:04	11.8 (73.3%)
102	ROSIAK Jacek	149		M-45	12	01:47:27.95	+00:29:01 (27.0%)	5:05	11.8 (73.3%)
103	SKOMOROWSKI Michał	162	USTKA	M-30	20	01:47:28.80	+00:29:01 (27.0%)	5:05	11.8 (73.3%)
104	STRZELECKI Zbigniew	168	KORZYBSKIE REKINY	M-60	1	01:47:37.20	+00:29:10 (27.1%)	5:06	11.8 (73.3%)
105	SZYMAŃSKI Piotr	184		M-45	13	01:47:38.75	+00:29:11 (27.1%)	5:06	11.8 (73.3%)
106	LEŚNIEWSKI Mariusz	106		M-45	14	01:47:56.25	+00:29:29 (27.3%)	5:06	11.7 (72.7%)
107	KAPICA Daniel	72	NADLEŚNICTWO STRZELCE OPOLSKIE	M-25	12	01:48:09.65	+00:29:42 (27.5%)	5:07	11.7 (72.7%)
108	NADOLSKI Tomasz	127	DRUŻYNA OLBRZYMA	M-45	15	01:48:23.40	+00:29:56 (27.6%)	5:08	11.7 (72.7%)
109	JAROS Adam	64		M-40	14	01:48:29.45	+00:30:02 (27.7%)	5:08	11.7 (72.7%)
110	SZCZEPAŃSKI Marcin	236	POLITECHNIKA GD.	M-30	21	01:48:35.40	+00:30:08 (27.8%)	5:08	11.7 (72.7%)
111	ŚWIERCZ Iwona	186	BYLEDOBIEC ANIN	K-50	1	01:48:53.80	+00:30:26 (28.0%)	5:09	11.6 (72.0%)
112	KAŚNICKA Tamara	75		K-40	5	01:49:08.15	+00:30:41 (28.1%)	5:10	11.6 (72.0%)
113	HEILGEIST Patrick	52		M-35	20	01:49:10.30	+00:30:43 (28.1%)	5:10	11.6 (72.0%)
114	PASZTALENIEC Władysław	241		M-40	15	01:49:24.55	+00:30:57 (28.3%)	5:11	11.6 (72.0%)
115	ROLBIECKI Adam	148		M-40	16	01:49:30.30	+00:31:03 (28.4%)	5:11	11.6 (72.0%)

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116	SAŁABON Grzegorz	161	LĘBORSKIE LWY	M-50	6	01:49:30.85	+00:31:03 (28.4%)	5:11	11.6 (72.0%)
117	CIESIULSKA Natalia	17	KĘBŁOWO BIEGA	K-30	6	01:49:31.40	+00:31:04 (28.4%)	5:11	11.6 (72.0%)
118	CIESIULSKI Przemysław	18	KĘBŁOWO BIEGA	M-30	22	01:49:32.45	+00:31:05 (28.4%)	5:11	11.6 (72.0%)
119	CIESIULSKI Dariusz	20	KĘBŁOWO BIEGA	M-30	23	01:49:34.15	+00:31:07 (28.4%)	5:11	11.6 (72.0%)
120	WIRSKA Karolina	224		K-35	2	01:49:48.05	+00:31:21 (28.6%)	5:12	11.5 (71.4%)
121	JIAO Jasmer	66		M-35	21	01:50:00.45	+00:31:33 (28.7%)	5:12	11.5 (71.4%)
122	OPANOWSKI Adrian	131	KPW GDYNIA	M-30	24	01:50:05.20	+00:31:38 (28.7%)	5:13	11.5 (71.4%)
123	DROZD Michał	27		M-30	25	01:50:18.90	+00:31:52 (28.9%)	5:13	11.5 (71.4%)
124	JASZEWSKI Tomasz	65	KB GOCH BYTÓW	M-40	17	01:50:19.60	+00:31:52 (28.9%)	5:13	11.5 (71.4%)
125	WAHRENBERG Sabine	197		K-50	2	01:50:24.05	+00:31:57 (28.9%)	5:13	11.5 (71.4%)
126	KLEBBA Artur	76	DRUTEX	M-40	18	01:50:31.10	+00:32:04 (29.0%)	5:14	11.5 (71.4%)
127	WEROCHOWSKI Wojciech	204	AMATORZY PAWŁA GRZONKI	M-40	19	01:50:32.05	+00:32:05 (29.0%)	5:14	11.5 (71.4%)
128	PAWŁOWSKA Ewelina	135	METROŻERCY	K-25	1	01:50:32.55	+00:32:05 (29.0%)	5:14	11.5 (71.4%)
129	ZĘBALA Dariusz	216	DRUTEX	M-40	20	01:50:33.25	+00:32:06 (29.0%)	5:14	11.5 (71.4%)
130	TROJAŃSKA Aleksandra	191		K-18	1	01:50:33.75	+00:32:06 (29.0%)	5:14	11.5 (71.4%)
131	TREDER Marian	190	TEAM TREDER	M-50	7	01:50:41.40	+00:32:14 (29.1%)	5:14	11.4 (70.8%)
132	TANDECKI Grzegorz	188		M-45	16	01:51:43.25	+00:33:16 (29.8%)	5:17	11.3 (70.2%)
133	ZMUDA-TRZEBIATOWSKI Jędrzej	218	ZSEU BYTÓW	M-18	7	01:51:48.05	+00:33:21 (29.8%)	5:17	11.3 (70.2%)
134	ADRYAN Adam	1		M-40	21	01:52:18.95	+00:33:52 (30.2%)	5:19	11.3 (70.2%)
135	ZEBZDA Robert	215		M-40	22	01:52:45.50	+00:34:18 (30.4%)	5:20	11.2 (69.6%)
136	KAJZER Piotr	70	KRWIOŻERCZE BORSUKI	M-35	22	01:53:07.80	+00:34:40 (30.7%)	5:21	11.2 (69.6%)
137	ŚWIETLIK Tomasz	187	LEO TEAM	M-55	6	01:53:34.40	+00:35:07 (30.9%)	5:22	11.1 (68.9%)
138	SZCZEPAŃSKI Mieszko	176		M-25	13	01:53:41.80	+00:35:14 (31.0%)	5:23	11.1 (68.9%)
139	MACIEJEWSKI Grzegorz	221		M-40	23	01:54:20.25	+00:35:53 (31.4%)	5:25	11.1 (68.9%)
140	GALĘBA Szymon	35	ŚWIAT PŁYTEK U KRYSPIŃSKA	M-40	24	01:54:34.65	+00:36:07 (31.5%)	5:25	11 (68.3%)
141	LUNK Krzysztof	109	PRZYJACIELE W BIEGU	M-40	25	01:54:45.10	+00:36:18 (31.6%)	5:26	11 (68.3%)
142	CZAPIEWSKA Joanna	21		K-45	2	01:55:02.55	+00:36:35 (31.8%)	5:27	11 (68.3%)
143	JAFFKE Jarosław	59	PRZYJACIELE W BIEGU	M-40	26	01:55:02.65	+00:36:35 (31.8%)	5:27	11 (68.3%)
144	DERING Marcin	232		M-30	26	01:55:19.20	+00:36:52 (32.0%)	5:27	11 (68.3%)
145	GAJEK Artur	34	KORZYBSKIE REKINY	M-40	27	01:55:20.10	+00:36:53 (32.0%)	5:27	11 (68.3%)
146	MATUSZYŃSKI Mirosław	117		M-40	28	01:55:52.20	+00:37:25 (32.3%)	5:29	10.9 (67.7%)
147	SKOSOLAS Agnieszka	244		K-40	6	01:56:03.70	+00:37:36 (32.4%)	5:30	10.9 (67.7%)
148	KOWALCZYK Seweryn	88	TEAM BIEGOWY SZCZECINEK	M-25	14	01:56:09.05	+00:37:42 (32.5%)	5:30	10.9 (67.7%)
149	SZYCHUŁDA Adam	183	'ZORZA' GDYNIA	M-60	2	01:56:15.20	+00:37:48 (32.5%)	5:30	10.9 (67.7%)
150	MAZUREK Ryszard	118		M-65	2	01:56:20.70	+00:37:53 (32.6%)	5:30	10.9 (67.7%)
151	HINCKA Marzenaa	246	PRZYJACIELE W BIEGU	K-35	3	01:56:46.80	+00:38:19 (32.8%)	5:32	10.8 (67.1%)
152	CYWIŃSKA Agnieszka	125	MTS HAMER MIASTKO	K-30	7	01:57:04.55	+00:38:37 (33.0%)	5:32	10.8 (67.1%)
153	OSIECKI Adam	132		M-40	29	01:57:16.50	+00:38:49 (33.1%)	5:33	10.8 (67.1%)
154	ZŁOTOWSKI Piotr	231	SPORTEVO	M-65	3	01:57:22.65	+00:38:55 (33.2%)	5:33	10.8 (67.1%)
155	CZAPIEWSKA-SIEKIERKA Ewa	22	PAŃSTWOWA STRAŻ POŻARNA	K-40	7	01:58:04.80	+00:39:37 (33.6%)	5:35	10.7 (66.5%)
156	PARUSIŃSKI Jan	134		M-65	4	01:58:32.75	+00:40:05 (33.8%)	5:37	10.7 (66.5%)
157	JUSZKIEWICZ Krystian	69		M-25	15	01:58:37.30	+00:40:10 (33.9%)	5:37	10.7 (66.5%)
158	BIELEWICZ Anna	6	STOPA SŁUPSK	K-40	8	01:58:40.70	+00:40:13 (33.9%)	5:37	10.7 (66.5%)
159	LISIUS Tomasz	108		M-55	7	01:58:52.80	+00:40:25 (34.0%)	5:38	10.7 (66.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto		Tempo min/km	Tempo km/h
						21.1km	Różn		
160	KĘDZIERSKI Maciej	238		M-45	17	01:59:50.80	+00:41:23 (34.5%)	5:40	10.6 (65.8%)
161	JÓSKOWSKI Bogdan	68	REKOWO BIEGA	M-45	18	02:00:00.70	+00:41:33 (34.6%)	5:41	10.5 (65.2%)
162	PRĄDZYNSKA Weronika	141		K-18	2	02:00:23.95	+00:41:57 (34.8%)	5:42	10.5 (65.2%)
163	KĘPKA Karolina	89	STOPA SŁUPSK	K-40	9	02:00:32.40	+00:42:05 (34.9%)	5:42	10.5 (65.2%)
164	MIZERA Agnieszka	123	BYLEDOBIEC ANIN	K-50	3	02:00:37.15	+00:42:10 (35.0%)	5:43	10.5 (65.2%)
165	KOBIEROWSKI Edward	84	KB GOCH BYTÓW	M-40	30	02:01:10.95	+00:42:44 (35.3%)	5:44	10.4 (64.6%)
166	SZRAMA Marian	180	BAZA 44	M-50	8	02:01:35.30	+00:43:08 (35.5%)	5:45	10.4 (64.6%)
167	GRUCHAŁA Natalia	49	RUNTASTYCZNI TEAM BYTÓW	K-30	8	02:02:47.00	+00:44:20 (36.1%)	5:49	10.3 (64.0%)
168	RYBARCZYK Irena	157		K-40	10	02:03:18.70	+00:44:51 (36.4%)	5:50	10.3 (64.0%)
169	TRYBUŁA Magdalena	192	WATAHA	K-40	11	02:03:19.55	+00:44:52 (36.4%)	5:50	10.3 (64.0%)
170	PUDELSKI Józef	239		M-35	23	02:03:26.15	+00:44:59 (36.4%)	5:50	10.3 (64.0%)
171	KUBIŃSKA Beata	93	NIGHT RUNNERS SŁUPSK	K-50	4	02:03:47.00	+00:45:20 (36.6%)	5:51	10.2 (63.4%)
172	REMBALSKI Piotr	145	ŚWIAT PŁYTEK U KRYSPIŃ	M-45	19	02:04:14.00	+00:45:47 (36.9%)	5:53	10.2 (63.4%)
173	CAROLIN Hilpert	13		M-30	27	02:04:36.05	+00:46:09 (37.0%)	5:54	10.2 (63.4%)
174	FLISIKOWSKI Radosław	32	KOŚCIERSKI KLUB MORSZA FORREST GUMP	M-40	31	02:04:45.40	+00:46:18 (37.1%)	5:54	10.1 (62.7%)
175	KASZOWICZ Marek	74	RCI BYDGOSZCZ	M-45	20	02:04:57.60	+00:46:30 (37.2%)	5:55	10.1 (62.7%)
176	MIERSKA Elżbieta	121		K-30	9	02:05:40.35	+00:47:13 (37.6%)	5:57	10.1 (62.7%)
177	PISKORSKI Piotr	140	GOLUB-DOBRZYŃ	M-40	32	02:05:41.70	+00:47:14 (37.6%)	5:57	10.1 (62.7%)
178	KOT Daniel	87	KOT TEAM	M-40	33	02:05:44.40	+00:47:17 (37.6%)	5:57	10.1 (62.7%)
179	LEŚNIEWSKI Michał	105	NZN NOGA ZA NOGĄ	M-30	28	02:05:47.65	+00:47:20 (37.6%)	5:57	10.1 (62.7%)
180	KRUSZYŃSKI Stanisław	91	DARŁOWSKIECHARTY .KLUBMORSÓW, DARŁOWO	M-55	8	02:06:29.20	+00:48:02 (38.0%)	5:59	10 (62.1%)
181	CZAPIEWSKI Grzegorz	23		M-45	21	02:06:41.65	+00:48:14 (38.1%)	6:00	10 (62.1%)
182	TRZEWIKOWSKA Marzena	193		K-40	12	02:07:38.55	+00:49:11 (38.5%)	6:02	9.9 (61.5%)
183	KUBIŃSKI Rafał	94	NIGHT RUNNERS SŁUPSK	M-50	9	02:08:01.30	+00:49:34 (38.7%)	6:04	9.9 (61.5%)
184	MIĄSKOWSKA Adriana	120	A&R TEAM	K-35	4	02:08:35.40	+00:50:08 (39.0%)	6:05	9.8 (60.9%)
185	RADTKE Rafał	143	A&R TEAM	M-40	34	02:08:36.20	+00:50:09 (39.0%)	6:05	9.8 (60.9%)
186	DĄBROWSKI Dariusz	228		M-55	9	02:08:37.90	+00:50:11 (39.0%)	6:05	9.8 (60.9%)
187	STYP-REKOWSKI Piotr	170		M-35	24	02:08:49.15	+00:50:22 (39.1%)	6:06	9.8 (60.9%)
188	STYKUĆ Dariusz	169	KEEP CALM & RUN	M-30	29	02:09:25.50	+00:50:58 (39.4%)	6:08	9.8 (60.9%)
189	SUMISŁAWSKI Edmund	173		M-70	1	02:09:34.05	+00:51:07 (39.5%)	6:08	9.8 (60.9%)
190	BÜHNER Horst	12		M-70	2	02:09:36.85	+00:51:09 (39.5%)	6:08	9.8 (60.9%)
191	MOTOWIDŁO-ZAWADZKA Izabella	124	DECATHLON POWER SŁUPSK	K-40	13	02:10:55.80	+00:52:28 (40.1%)	6:12	9.7 (60.2%)
192	CZECH Roman	24	KB GOCH BYTÓW	M-70	3	02:11:07.30	+00:52:40 (40.2%)	6:12	9.7 (60.2%)
193	KNITTER-KLASA Edyta	82	AKADEMIA BIEGOWA KIEŁPINO	K-50	5	02:12:44.60	+00:54:17 (40.9%)	6:17	9.5 (59.0%)
194	ŚMIGAJ Mirosław	185	KLUB MARATOŃCZYKÓW NIEPEŁNOSPRAWNYCH	M-60	3	02:13:36.65	+00:55:09 (41.3%)	6:19	9.5 (59.0%)
195	BARSZCZEWSKI Sebastian Stanisław	229	BP WWF	M-45	22	02:14:58.05	+00:56:31 (41.9%)	6:23	9.4 (58.4%)
196	ZABROCKI Karol	210		M-35	25	02:15:47.25	+00:57:20 (42.2%)	6:26	9.3 (57.8%)
197	GIERSEWSKA Magdalena	39		K-40	14	02:16:32.15	+00:58:05 (42.5%)	6:28	9.3 (57.8%)
198	GONTEK Łukasz	43	VWBATORY	M-35	26	02:16:40.65	+00:58:13 (42.6%)	6:28	9.3 (57.8%)
199	BONIEWSKA Urszula	8		K-30	10	02:17:46.70	+00:59:19 (43.1%)	6:31	9.2 (57.1%)
200	NOWAKOWSKI Czesław	128	KB GOCH BYTÓW	M-70	4	02:18:45.85	+01:00:18 (43.5%)	6:34	9.1 (56.5%)
201	SZMIGIERO Sebastian	179	W.P.K SŁOŃ TEAM	M-40	35	02:21:11.35	+01:02:44 (44.4%)	6:41	9 (55.9%)
202	MAJKOWSKI Stanisław	112	KB GOCH BYTÓW	M-60	4	02:24:30.95	+01:06:04 (45.7%)	6:50	8.8 (54.7%)
203	BROKOS Tomasz	10	DCT DRUŻYNA BIEGOWA	M-30	30	02:25:00.70	+01:06:33 (45.9%)	6:52	8.7 (54.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 21.1km	Różn	Tempo min/km	Tempo km/h
204	BUDZYŃSKA Elżbieta	11		K-50	6	02:26:03.70	+01:07:36 (46.3%)	6:55	8.7 (54.0%)
205	ZAGRABSKI Kazik	211	BIEGAM DLA ZDROWIA	M-60	5	02:27:34.35	+01:09:07 (46.8%)	6:59	8.6 (53.4%)
206	SULL Agnieszka	172	NIGHT RUNNERS SŁUPSK	K-45	3	02:28:13.25	+01:09:46 (47.1%)	7:01	8.5 (52.8%)
207	BARTSCH Aleksandra	3	BIGYELLOWFOOT ADVENTURE TEAM	K-30	11	02:28:14.00	+01:09:47 (47.1%)	7:01	8.5 (52.8%)
208	MATTHES Jan	116		M-55	10	02:28:14.85	+01:09:47 (47.1%)	7:01	8.5 (52.8%)
209	ZASADA Joanna	212	WYMIATACZE	K-40	15	02:28:20.75	+01:09:53 (47.1%)	7:01	8.5 (52.8%)
210	MARCZAK Małgorzata	115		K-55	1	02:31:16.85	+01:12:49 (48.1%)	7:10	8.4 (52.2%)
211	STRZELECKA-DRAGUN Halina	167	INTEGRACYJNY KLUB SPORTOWY ZRYW SŁUPSK	K-60	1	02:33:50.90	+01:15:24 (49.0%)	7:17	8.2 (50.9%)
212	SZARMACH Bogumiła	175	WOLNY BIEGACZ	K-40	16	02:34:36.15	+01:16:09 (49.3%)	7:19	8.2 (50.9%)
213	FURMAN Tomasz	33	KLUB MATIEGO JEŻOWE	M-45	23	02:39:37.05	+01:21:10 (50.9%)	7:33	7.9 (49.1%)
214	ŁACH Wiesław	110		M-45	24	02:39:38.75	+01:21:11 (50.9%)	7:33	7.9 (49.1%)
215	MEJ Paweł	119	BOSY BIEGACZ - MAŁOPOLSKA	M-45	25	02:56:54.45	+01:38:27 (55.7%)	8:23	7.2 (44.7%)
	FIGIEL Dominika	31	NIGHT RUNNERS SŁUPSK	K-25		DNF		-	- (0.0%)

Znaleziono 216 wynik(ów)