



3X BABIA GÓRA MARATON

B4SPORT
INTELEGENTNE ZAWODY SPORTOWE

Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

ULTRAMARATON BABIA GÓRA
KOZICA Fundacja Biegów Górskich
2023-06-03
Babia Góra
39 km

B4SPORT
INTELEGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Babia 1 4.5km	Raisztg 15km	Krowiarki 18.5km	Babia 2 22km	Krowiarki 27km	Babia 3 34km	Czas netto 39km	Czas brutto 39km	Różn	Tempo min/km	Tempo km/h
1	PIETRZYK Mariusz	275		M2	1	00:44:58	01:24:56	02:03:06	02:50:28	03:18:59	04:25:44	04:53:00.35	04:53:04.20		7:30	8 (100%)
2	BABIS Piotr	359	MOUNTAIN PRO TEAM	M1	1	00:44:59	01:23:16	02:05:07	02:54:14	03:19:48	04:31:05	04:56:45.80	04:56:47.35	+00:03:43 (1.3%)	7:36	7.9 (98.8%)
3	KOPCEWICZ Tomasz	333		M2	2	00:46:34	01:27:28	02:09:59	03:00:02	03:26:58	04:43:27	05:09:38.85	05:09:40.60	+00:16:36 (5.4%)	7:56	7.6 (95.0%)
4	STASZYK Michał	287		M1	2	00:46:05	01:24:57	02:04:17	02:56:24	03:25:26	04:44:51	05:13:49.20	05:13:54.00	+00:20:49 (6.6%)	8:02	7.5 (93.8%)
5	HANKUS Tadeusz	241	HKS RUN	M2	3	00:46:12	01:27:41	02:10:54	03:02:17	03:29:52	04:48:18	05:16:07.50	05:16:09.85	+00:23:05 (7.3%)	8:06	7.4 (92.5%)
6	TATAREK-KONIK Agnieszka	219		K1	1	00:48:49	01:33:14	02:16:26	03:08:12	03:39:10	04:50:45	05:22:53.70	05:22:55.95	+00:29:51 (9.2%)	8:16	7.2 (90.0%)
7	STANKIEWICZ Tomasz	309	PLANYBIEGOWE.PL	M1	3	00:52:39	01:34:25	02:18:24	03:12:40	03:39:11		05:25:21.45	05:25:24.85	+00:32:20 (9.9%)	8:20	7.2 (90.0%)
8	BUJAK Krzysztof	354		M2	4	00:52:05	01:39:09	02:25:27	03:19:22	03:50:24	04:58:35	05:27:31.00	05:27:35.30	+00:34:31 (10.5%)	8:23	7.1 (88.8%)
9	ZAKRZYŃSKI Paweł	284	CSC ADVENTURE ACADEMY	M2	5	00:52:06	01:34:31	02:21:03	03:14:22	03:44:04	05:03:32	05:34:23.85	05:34:29.10	+00:41:24 (12.4%)	8:34	7 (87.5%)
10	HERCHEL Arkadiusz	335		M2	6	00:51:38	01:35:56	02:21:33	03:17:26	03:48:31	05:09:46	05:38:44.65	05:38:51.00	+00:45:46 (13.5%)	8:41	6.9 (86.3%)
11	TROJANOWSKI Artur	283	CARBON SILESIA SPORT	M2	7	00:46:04	01:28:30	02:13:16	03:05:30	03:39:22	05:02:32	05:39:35.00	05:39:38.70	+00:46:34 (13.7%)	8:42	6.9 (86.3%)
12	PODBIELSKI Krystian	296	KAJA TEAM	M2	8	00:50:56	01:37:44	02:23:28	03:19:38	03:52:28	05:13:00	05:45:35.70	05:45:39.25	+00:52:35 (15.2%)	8:51	6.8 (85.0%)
13	LATAŃSKI Eryk	237		M1	4	00:52:43	01:36:43	02:23:31	03:22:45	03:53:58	05:17:42	05:46:16.00	05:46:22.75	+00:53:18 (15.4%)	8:52	6.8 (85.0%)
14	BARANOWSKI Jacek	350	JACEKBIEGA RUNNING TEAM	M2	9	00:54:22	01:40:48	02:30:02	03:23:12	03:55:44	05:14:18	05:47:34.30	05:47:37.10	+00:54:32 (15.7%)	8:54	6.7 (83.8%)
15	WNEK Marek	321	SOF	M1	5	00:50:06	01:35:11	02:24:51	03:20:15	03:55:32	05:18:22	05:50:40.65	05:50:44.75	+00:57:40 (16.4%)	8:59	6.7 (83.8%)
16	ZBORUCKI Jan	279	PRZEDWOJEWSKI TEAM	M2	10	00:53:01	01:40:37	02:28:17	03:26:34	04:00:43	05:19:31	05:52:54.75	05:52:58.75	+00:59:54 (17.0%)	9:02	6.6 (82.5%)
17	KOZA Janusz	343	SOK Z GÓR	M2	11	00:51:38	01:35:57	02:23:57	03:25:28	03:58:54	05:25:44	05:56:08.20	05:56:12.40	+01:03:08 (17.7%)	9:07	6.6 (82.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Babia 1 Raisztag Krowiarki Babia 2 Krowiarki Babia 3						Czas netto 39km	Czas brutto 39km	Różn	Tempo min/km	Tempo km/h
						4.5km	15km	18.5km	22km	27km	34km					
18	WESTENHOLC Mariusz	327	SOF	M2	12	00:51:08	01:35:56	02:24:52	03:24:52	03:58:44	05:29:23	06:00:43.70	06:00:47.40	+01:07:43 (18.8%)	9:14	6.5 (81.3%)
19	RUSIN Krzysztof	337		M1	6	00:50:33	01:39:13	02:24:03	03:27:08	04:00:29	05:25:41	06:01:13.75	06:01:18.90	+01:08:14 (18.9%)	9:15	6.5 (81.3%)
20	SMACZNY Bartłomiej	221		M2	13	00:53:38	01:37:08	02:24:53	03:27:26	04:00:58	05:34:48	06:07:33.30	06:07:40.75	+01:14:36 (20.3%)	9:25	6.4 (80.0%)
21	MISZTAL Rafał	289	LOS PANTALONES ROJOS	M3	1	00:53:50	01:41:24	02:30:05	03:37:24	04:13:16	05:35:53	06:08:53.45	06:08:58.45	+01:15:54 (20.6%)	9:27	6.3 (78.8%)
22	KORCZAK Marcin	329	SOF	M2	14	00:49:50	01:35:06	02:29:47	03:47:59	04:30:55	05:43:04	06:15:55.15	06:15:59.45	+01:22:55 (22.1%)	9:38	6.2 (77.5%)
23	KUCIAK Bartosz	278		M2	15	00:57:23	01:46:37	02:37:06	03:38:20	04:13:21	05:42:47	06:16:05.70	06:16:11.55	+01:23:07 (22.1%)	9:38	6.2 (77.5%)
24	ŚNIEŻEK Piotr	308	PRZEMYSKI KLUB BIEGACZA	M3	2	00:56:33	01:46:07	02:35:15	03:34:35	04:11:44	05:42:27	06:17:55.05	06:18:03.95	+01:24:59 (22.5%)	9:41	6.2 (77.5%)
25	RUSIN Szymon	268		M1	7	00:53:19	01:40:22	02:31:03	03:35:16	04:16:25	05:48:32	06:18:17.95	06:18:31.45	+01:25:27 (22.6%)	9:41	6.2 (77.5%)
26	KUKLA Maciej	226		M2	16	00:51:28	01:42:11	02:33:23	03:30:57	04:13:03	05:43:03	06:19:42.20	06:19:44.70	+01:26:40 (22.8%)	9:44	6.2 (77.5%)
27	KIJANKA Artur	336		M3	3	00:53:39	01:46:02	02:35:16	03:34:24	04:11:31	05:33:36	06:20:21.85	06:20:26.45	+01:27:22 (23.0%)	9:45	6.2 (77.5%)
28	KOZAKIEWICZ Tomek	253	CAŁE ŻYCIE NA REDUKCJI	M1	8	00:53:59	01:45:24	02:38:53	03:38:50	04:17:01	05:47:24	06:21:12.30	06:21:20.45	+01:28:16 (23.1%)	9:46	6.1 (76.3%)
29	HANDL Martin	212		M1	9	00:50:46	01:42:21	02:36:37	03:36:57	04:11:35	05:46:31	06:25:39.30	06:25:42.30	+01:32:38 (24.0%)	9:53	6.1 (76.3%)
30	BUDREWICZ Katarzyna	247	WIOSKA BIEGACZY	K2	1	00:58:13	01:49:23	02:44:42	03:47:12	04:22:04	05:50:59	06:26:31.30	06:26:40.65	+01:33:36 (24.2%)	9:54	6.1 (76.3%)
31	KORECKI Andrzej	304	77CATS_ULTRA	M2	17	00:56:59	01:45:52	02:40:20	03:43:00	04:22:17	05:53:14	06:32:08.45	06:32:13.60	+01:39:09 (25.3%)	10:03	6 (75.0%)
32	URBANIAK Hubert	324	ROZBIEGANY RAWICZ	M2	18	00:56:43	01:49:54	02:41:28	03:44:12	04:23:27	05:55:04	06:34:19.10	06:34:25.35	+01:41:21 (25.7%)	10:06	5.9 (73.8%)
33	NARWOJSZ Arkadiusz	302	INŻYNIERIA BIEGANIA	M2	19	00:50:25	01:35:35	02:22:39	03:20:16	03:53:54	05:55:52	06:30:06.80	06:35:06.80	+01:42:02 (25.8%)	10:00	6 (75.0%)
34	SUTKOWSKI Jan	244		M2	20	01:01:06	01:52:05	02:53:37	03:55:50	04:30:25	06:06:31	06:37:14.80	06:37:27.25	+01:44:23 (26.3%)	10:11	5.9 (73.8%)
35	ŁYCZAK Artur	270	KNURÓW MASTERS	M3	4	00:57:56	01:49:09	02:42:57	03:47:32	04:27:39	06:02:09	06:38:05.10	06:38:12.15	+01:45:07 (26.4%)	10:12	5.9 (73.8%)
36	KOWALEWSKA Małgorzata	299	RUNPASSION.PL	K2	2	01:03:12	01:57:34	02:50:44	03:57:01	04:37:05	06:05:05	06:43:57.75	06:44:03.20	+01:50:59 (27.5%)	10:21	5.8 (72.5%)
37	ZIOBROWSKI Łukasz	319	SZTUKA RUCHU	M2	21	01:04:23	01:56:53	02:50:10	03:57:53	04:37:09	06:09:13	06:43:52.10	06:44:06.10	+01:51:01 (27.5%)	10:21	5.8 (72.5%)
38	GRANOPS Maciej	325		M2	22	00:59:33	01:51:47	02:49:56	03:50:08	04:29:09	06:04:33	06:44:25.20	06:44:37.15	+01:51:32 (27.6%)	10:22	5.8 (72.5%)
39	GIERUSZKA Dariusz	209	AKTYWNA PSZCZYNA RUNNERS TEAM	M3	5	00:59:16	01:51:40	02:49:58	03:53:09	04:31:45	06:09:07	06:46:37.65	06:46:51.00	+01:53:46 (28.0%)	10:25	5.8 (72.5%)
40	GUŻ Andrzej	232	UNBOUNDED	M2	23	00:48:15	01:33:17	02:22:33	03:18:02	04:00:45	06:09:28	06:48:10.15	06:48:13.60	+01:55:09 (28.2%)	10:27	5.7 (71.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Babia 1 Raisztag Krowiarki Babia 2 Krowiarki Babia 3						Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						4.5km	15km	18.5km	22km	27km	34km	39km	39km			
41	AZAREWICZ Grzegorz	344		M2	24	00:57:22	01:54:48	02:49:59	03:43:35	04:25:03	06:03:56	06:49:44.90	06:49:59.00	+01:56:54 (28.5%)	10:30	5.7 (71.3%)
42	ŚMIGIELSKA-STASICKA Monika	355	ZADYSZKA OŚWIĘCIM	K2	3	01:01:03	01:56:31	02:54:47	04:01:45	04:40:24	06:12:47	06:53:19.80	06:53:19.80	+02:00:15 (29.1%)	10:35	5.7 (71.3%)
43	PUCHNIARZ Artur	266	RUNPASSION.PL TEAM	M2	25	01:00:44	01:49:38	02:39:35	03:43:43	04:26:53	06:10:09	06:57:14.00	06:57:17.10	+02:04:12 (29.8%)	10:41	5.6 (70.0%)
44	KOSAKOWSKI Sławomir	273		M3	6	00:55:17	01:49:56	02:40:57	03:45:29	04:30:53	06:09:36	06:58:23.80	06:58:29.45	+02:05:25 (30.0%)	10:43	5.6 (70.0%)
45	PESZKE Artur	305		M2	26	00:54:51	01:46:21	02:39:53	03:53:16	04:33:32	06:20:13	06:58:31.55	06:58:34.15	+02:05:29 (30.0%)	10:43	5.6 (70.0%)
46	ZAJĄC Marcin	228	77CATS ULTRA	M2	27	01:05:16	02:03:06	03:00:25	04:09:20	04:46:56	06:27:02	07:00:49.10	07:00:54.75	+02:07:50 (30.4%)	10:47	5.6 (70.0%)
47	WOJCIECHOWSKI Jarosław	210	CZASEM BIEGAM	M3	7	01:00:01	01:56:32	02:47:34	03:49:52	04:33:26	06:18:09	07:00:50.55	07:01:05.90	+02:08:01 (30.4%)	10:47	5.6 (70.0%)
48	WESOŁOWSKI Krzysztof	338	WOLSKI KOLEKTYW BIEGOWY	M2	28	00:58:27	01:48:54	02:40:15	03:54:13	04:32:54	06:24:40	07:01:07.05	07:01:18.40	+02:08:14 (30.4%)	10:47	5.6 (70.0%)
49	BIEŃ Magdalena	261		K2	4	01:02:37	02:02:12	03:03:48	04:14:43	04:55:06	06:29:45	07:05:36.55	07:05:41.80	+02:12:37 (31.2%)	10:54	5.5 (68.8%)
50	PALUCH Karol	267		M2	29	00:58:52	01:54:15	02:52:30	04:04:13	04:46:12	06:26:02	07:07:27.05	07:07:29.05	+02:14:24 (31.4%)	10:57	5.5 (68.8%)
51	KOZAKIEWICZ Beata	255	CAŁE ŻYCIE NA REDUKCJI	K1	2	01:00:47	01:56:46	02:56:20	04:05:14	04:46:48	06:25:29	07:07:21.95	07:07:29.80	+02:14:25 (31.4%)	10:57	5.5 (68.8%)
52	CUPAK Łukasz	224		M2	30	00:57:53	01:52:10	02:51:00	04:00:47	04:46:43	06:26:05	07:08:11.00	07:08:16.55	+02:15:12 (31.6%)	10:58	5.5 (68.8%)
53	STOLIŃSKI Przemek	230		M2	31	00:58:46	01:53:52	02:50:08	04:00:02	04:42:43	06:21:34	07:09:23.40	07:09:31.55	+02:16:27 (31.8%)	11:00	5.4 (67.5%)
54	MIECH Szymon	306	HUSARIA RACE TEAM	M2	32	00:58:01	01:52:20	02:48:51	03:58:29	04:40:47	06:25:00	07:12:14.85	07:12:23.00	+02:19:18 (32.2%)	11:04	5.4 (67.5%)
55	GUZIK Robert	215	PEDRAFORCA	M3	8	01:01:41	01:58:41	02:59:49	04:07:26	04:48:02	06:28:31	07:12:25.45	07:12:34.05	+02:19:29 (32.2%)	11:05	5.4 (67.5%)
56	RATAJCZAK Paweł	326	RATAJCZAK TEAM	M2	33	01:01:25	01:56:32	02:50:47	04:04:11	04:47:15	06:28:49	07:13:35.60	07:13:44.85	+02:20:40 (32.4%)	11:07	5.4 (67.5%)
57	CZERWIŃSKI Wojciech	347		M1	10	01:04:00	01:59:46	03:01:14	04:12:20	04:53:08	06:36:35	07:14:15.55	07:14:22.75	+02:21:18 (32.5%)	11:08	5.4 (67.5%)
58	WROBLEWSKI Mateusz	233		M1	11	00:59:37	01:56:20	02:53:55	04:02:58	04:47:48	06:29:50	07:15:11.10	07:15:20.50	+02:22:16 (32.7%)	11:09	5.4 (67.5%)
59	CZARNECKA Magdalena	202		K1	3	01:01:11	01:57:33	03:00:40	04:05:14	04:45:58	06:32:45	07:15:49.80	07:15:55.35	+02:22:51 (32.8%)	11:10	5.4 (67.5%)
60	ANDRÓSZOWSKI Mateusz	282	SUMMIT SC	M1	12	01:05:23	02:02:32	03:04:04	04:12:36	04:53:21	06:39:34	07:17:51.20	07:17:51.20	+02:24:47 (33.1%)	11:13	5.3 (66.3%)
61	PUKOCZ Paweł	245	FUTURE PROCESSING RUNNING TEAM	M2	34	01:04:32	02:00:41	03:02:36	04:14:55	04:55:14	06:45:06	07:18:15.90	07:18:17.95	+02:25:13 (33.1%)	11:14	5.3 (66.3%)
62	BUDREWICZ Maciej	248	BUDRYSY	M2	35	01:00:39	02:00:36	03:02:23	04:05:42	04:52:45	06:35:43	07:22:34.95	07:22:44.45	+02:29:40 (33.8%)	11:20	5.3 (66.3%)
63	ŁYSIAK Sylwia	207	ROZBIEGANY RAWICZ	K2	5	00:59:33	01:52:08	02:55:43	04:08:26	04:52:10	06:40:33	07:22:43.30	07:22:48.35	+02:29:44 (33.8%)	11:21	5.3 (66.3%)
64	TURLEJ Dariusz	339	BEZ KONDYCJI	M3	9	01:07:52	02:08:45	03:07:57	04:18:15	05:01:35	06:49:35	07:25:17.30	07:25:36.35	+02:32:32 (34.2%)	11:25	5.3 (66.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Babia 1					Babia 2			Czas netto		Czas brutto		Różn	Tempo min/km	Tempo km/h
						4.5km	15km	18.5km	22km	27km	34km	39km	39km							
65	BROJA Rafał	301		M2	36	00:53:36	01:46:01	02:40:26	03:50:40	04:46:43	06:28:11	07:26:20.30	07:26:27.75	+02:33:23 (34.4%)	11:26	5.2 (65.0%)				
66	RATAJCZAK Dorota	201	RATAJCZAK RUN	K2	6	01:05:10	02:06:26	03:08:54	04:22:59	05:08:31	06:50:24	07:26:25.50	07:26:35.35	+02:33:31 (34.4%)	11:26	5.2 (65.0%)				
67	KOZŁOWSKA Iwona	322	LESZ NO LIMITS RUNNERS	K3	1	01:05:57	02:08:53	03:10:43	04:23:35	05:08:46	06:48:51	07:27:37.95	07:27:42.65	+02:34:38 (34.5%)	11:28	5.2 (65.0%)				
68	STEGNER Anna	208		K2	7	01:08:08	02:09:02	03:14:55	04:25:55	05:16:18	06:49:53	07:30:42.65	07:30:57.75	+02:37:53 (35.0%)	11:33	5.2 (65.0%)				
69	RZESZÓTKO Marzena	341	KW ZAKOPANE	K3	2	01:04:27	02:10:14	03:19:17	04:28:19	05:16:55	06:54:24	07:40:36.25	07:40:41.00	+02:47:36 (36.4%)	11:48	5.1 (63.8%)				
70	KUPCZYK Michał	216		M2	37	00:58:22	01:51:51	02:57:57	04:16:47	05:00:02	06:57:56	07:41:27.05	07:41:33.20	+02:48:29 (36.5%)	11:49	5.1 (63.8%)				
71	FRANICA Tomasz	340		M2	38	01:05:54	02:03:18	03:28:30	04:36:24	05:16:43	06:55:05	07:41:14.90	07:41:33.30	+02:48:29 (36.5%)	11:49	5.1 (63.8%)				
72	CICHOŃ Magdalena	313	PROFIL OPOLE	K2	8	01:08:50	02:15:39	03:38:44	04:48:55	05:38:06	07:10:12	07:47:36.95	07:47:45.85	+02:54:41 (37.3%)	11:59	5 (62.5%)				
73	CHOJNACKI Przemysław	307	BOX88	M2	39	01:08:47	02:15:30	03:38:41	04:48:50	05:38:01	07:10:19	07:47:36.25	07:47:45.95	+02:54:41 (37.3%)	11:59	5 (62.5%)				
74	BARTOSIEWICZ Adam	314		M2	40	01:05:52	02:09:29	03:19:02	04:28:22	05:17:13	06:59:05	07:48:50.90	07:49:02.25	+02:55:58 (37.5%)	12:01	5 (62.5%)				
75	GŁOWIŃSKI Robert	238		M2	41	01:02:13	01:56:46	02:56:21	04:06:44	04:59:45	06:57:34	07:50:25.30	07:50:32.70	+02:57:28 (37.7%)	12:03	5 (62.5%)				
76	KANDEFER Beata	277	KB ATHLETIC ZRĘCIN	K3	3	01:01:18	01:56:52	02:58:56	04:24:55	05:09:02	07:09:58	07:52:08.80	07:52:12.10	+02:59:07 (37.9%)	12:06	5 (62.5%)				
77	WÓJCIK Marta	217	KBKS RADOMSKO	K1	4	01:05:17	02:00:41	03:03:42	04:21:19	05:06:14	07:18:14	07:56:26.95	07:56:33.20	+03:03:29 (38.5%)	12:12	4.9 (61.3%)				
78	TOMASZEWSKI Michał	311	BIEG OPOLSKI	M2	42	01:15:35		03:41:58	04:53:04	05:38:03	07:14:31	07:56:41.75	07:56:52.25	+03:03:48 (38.5%)	12:13	4.9 (61.3%)				
79	MOKRZYCKA Weronika	231		K2	9	01:09:37		03:19:10	04:34:51	05:20:52	07:09:14	07:57:55.95	07:58:06.30	+03:05:02 (38.7%)	12:15	4.9 (61.3%)				
80	SMYKA Michał	259		M1	13	01:00:21	01:58:54	02:59:30	04:11:05	05:01:11	07:05:50	07:57:57.95	07:58:06.45	+03:05:02 (38.7%)	12:15	4.9 (61.3%)				
81	KOŻDOŃ Sandra	280	ORLICA_PL	K2	10	01:03:23	02:04:22	03:24:05	04:33:35	05:19:38	07:09:10	07:58:26.85	07:58:37.30	+03:05:33 (38.8%)	12:16	4.9 (61.3%)				
82	VAŠICA Martin	281	ŠEDÍ VLČI	M2	43	01:03:26	02:04:23	03:24:09	04:33:37	05:19:38	07:09:08	07:58:32.25	07:58:42.40	+03:05:38 (38.8%)	12:16	4.9 (61.3%)				
83	PROSOWIECKA SMAK Katarzyna	310		K2	11	01:08:46	02:15:29	03:38:44	04:48:53	05:38:02	07:14:38	08:05:12.90	08:05:21.55	+03:12:17 (39.6%)	12:26	4.8 (60.0%)				
84	WALKOWIAK Marcin	258		M1	14	01:00:31	01:58:46	03:02:22	04:25:24	05:26:37	07:23:53	08:09:06.35	08:09:18.50	+03:16:14 (40.1%)	12:32	4.8 (60.0%)				
85	TWORZYDŁO Piotr	218	N/D	M3	10	00:55:04	01:47:25	02:40:36	03:47:21	04:32:49	06:10:35	08:10:04.70	08:10:10.65	+03:17:06 (40.2%)	12:33	4.8 (60.0%)				
86	SWOBODA Katarzyna	269		K2	12	01:05:32		03:20:25	04:36:51	05:33:33	07:16:30	08:11:35.45	08:11:40.40	+03:18:36 (40.4%)	12:36	4.8 (60.0%)				
87	KOZIŃSKI Wojciech	242		M2	44	01:06:43		03:19:42	04:36:35	05:28:54	07:19:22	08:12:15.45	08:12:27.00	+03:19:22 (40.5%)	12:37	4.8 (60.0%)				
88	NOWAK Sylwester	298	SOF	M2	45	01:02:45	02:05:22	03:10:48	04:27:04	05:20:55	07:22:50	08:13:43.20	08:13:47.10	+03:20:42 (40.6%)	12:39	4.7 (58.8%)				

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Biegi						Czas		Różn	Tempo min/km	Tempo km/h
						Babia 1 4.5km	Raisztag 15km	Krowiarki 18.5km	Babia 2 22km	Krowiarki 27km	Babia 3 34km	39km netto	39km brutto			
89	CHUDYBA Michał	288		M2	46	01:07:03		03:23:05	04:39:49	05:30:11	07:25:42	08:15:09.65	08:15:27.75	+03:22:23 (40.8%)	12:41	4.7 (58.8%)
90	BUDREWICZ Dominik	246	BUDRYSY	M2	47	01:04:40	02:05:52	03:11:58	04:39:23	05:25:58	07:25:05	08:18:29.40	08:18:39.10	+03:25:34 (41.2%)	12:46	4.7 (58.8%)
91	WOŻNY Alicja	295		K2	13	01:22:26		03:43:00	05:00:54	05:46:06	07:35:46	08:18:46.60	08:19:02.10	+03:25:57 (41.3%)	12:47	4.7 (58.8%)
92	ZIEMNIAK Jarosław	330		M3	11	01:11:43		03:38:45	05:02:46	05:41:20	07:41:39	08:19:26.65	08:19:42.35	+03:26:38 (41.4%)	12:48	4.7 (58.8%)
93	FRASZCZYŃSKI Norbert	220		M2	48	01:01:30	02:03:11	03:24:26	04:36:53	05:24:17	07:33:35	08:23:23.30	08:23:34.35	+03:30:30 (41.8%)	12:54	4.6 (57.5%)
94	KOPER Dariusz	223		M2	49	01:03:26	02:04:25	03:29:30	04:49:32	05:37:54	07:39:58	08:26:10.30	08:26:16.45	+03:33:12 (42.1%)	12:58	4.6 (57.5%)
95	ROGAŁA Maciej	348	T.U.R.-BIEGNIĘTY ULTRAS	M3	12	01:07:21		03:35:16	04:49:58	05:43:41	07:36:30	08:30:23.40	08:30:40.45	+03:37:36 (42.6%)	13:05	4.6 (57.5%)
96	MACH Patryk	323		M2	50	01:02:40	02:02:12	03:26:33	04:45:02	05:37:46	07:36:31	08:34:25.90	08:34:38.80	+03:41:34 (43.1%)	13:11	4.5 (56.3%)
97	CYGAN Lukasz	243	AMBITNY AMATOR	M2	51	01:13:16		03:33:12	04:47:50	05:40:21	07:39:33	08:37:39.65	08:37:59.25	+03:44:55 (43.4%)	13:16	4.5 (56.3%)
98	SZWARCZUK Ewa	342	GIBASÓWKA	K3	4	01:11:02	02:17:44	03:38:08	05:01:42	05:50:19	07:52:27	08:37:58.45	08:38:05.95	+03:45:01 (43.4%)	13:16	4.5 (56.3%)
99	STABLA Kasia	254	PIRACI Z SZARLOTY	K2	14	01:07:28		03:38:09	04:55:09	05:46:39	07:50:56	08:37:58.65	08:38:06.20	+03:45:02 (43.4%)	13:16	4.5 (56.3%)
100	NOWAK Sławomir	256	RUNNING TEAM MILICZ	M2	52	01:10:57	02:18:43	03:34:34	04:57:23	05:46:51	07:48:50	08:39:15.60	08:39:31.20	+03:46:27 (43.6%)	13:18	4.5 (56.3%)
101	NAMIOTA Maciej	316		M2	53	01:16:59		03:34:49	04:54:21	05:44:05	07:45:44	08:41:05.00	08:41:19.40	+03:48:15 (43.8%)	13:21	4.5 (56.3%)
102	SZMYT Piotr	286	BIEGAJĄCE KREJZOLE	M2	54	01:12:35	02:17:50	03:40:07	05:02:59	05:51:43	07:52:26	08:43:34.50	08:43:51.35	+03:50:47 (44.1%)	13:25	4.5 (56.3%)
103	KŁODAWSKI Marek	272		M2	55	01:03:56	02:03:55	03:31:19	04:58:59	05:59:39	07:53:05	08:47:01.75	08:47:05.50	+03:54:01 (44.4%)	13:30	4.4 (55.0%)
104	KATOLIK Jolanta	213		K2	15	01:12:18	02:21:40	03:40:11	05:07:59	05:56:17	07:56:20	08:48:22.75	08:48:39.35	+03:55:35 (44.6%)	13:32	4.4 (55.0%)
105	PAŁKOWSKA Agata	320		K3	5	01:08:28	02:17:45	03:41:17	04:58:53	05:57:59	07:56:18	08:53:50.30	08:54:01.85	+04:00:57 (45.1%)	13:41	4.4 (55.0%)
106	SLADECZEK Jarek	290		M2	56	01:16:21		03:46:51	05:01:34	05:50:48	07:56:06	08:56:41.80	08:56:57.95	+04:03:53 (45.4%)	13:45	4.4 (55.0%)
107	KOZINA Małgorzata	292	BIEGNIJ OŁAWO	K2	16	01:17:41		03:47:19	05:12:04	06:13:09	08:09:54	09:08:43.85	09:08:52.75	+04:15:48 (46.6%)	14:04	4.3 (53.8%)
108	BEŁZA Michał	262		M2	57	01:04:03		03:19:17	04:36:45	05:40:08	07:49:01	09:10:25.15	09:10:33.30	+04:17:29 (46.8%)	14:06	4.3 (53.8%)
109	PAWLIK Katarzyna	332		K2	17	01:16:31		03:41:58	05:11:03	06:03:41	08:11:15	09:15:33.40	09:15:43.85	+04:22:39 (47.3%)	14:14	4.2 (52.5%)
110	POCHYLSKI Dominik	293		M3	13	01:16:09		03:41:04	05:13:35	06:04:45	08:23:23	09:17:13.70	09:17:31.25	+04:24:27 (47.4%)	14:17	4.2 (52.5%)
111	PASIEKA Grzegorz	260	SZTYWNE KULASY	M1	15	01:10:33		03:43:35	05:01:30	06:06:20	08:11:44	09:21:48.10	09:22:02.25	+04:28:58 (47.9%)	14:24	4.2 (52.5%)
112	DYMOWSKI Piotr	300		M2	58	01:08:09		03:43:03	05:10:15	06:02:10	08:17:31	09:26:06.90	09:26:14.10	+04:33:09 (48.2%)	14:30	4.1 (51.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Babia 1						Czas		Różn	Tempo min/km	Tempo km/h
						4.5km	Raisztag 15km	Krowiarki 18.5km	Babia 2 22km	Krowiarki 27km	Babia 3 34km	netto 39km	brutto 39km			
113	CHROMIK Krzysztof	222		M2	59	01:08:35	02:13:43	03:41:29	05:09:22	06:06:31	08:19:24	09:26:24.15	09:26:30.90	+04:33:26 (48.3%)	14:31	4.1 (51.3%)
114	DYCZKA Jakub	276		M1	16	01:15:22		03:41:47	05:07:38	06:07:31	08:09:50	09:26:11.25	09:26:31.50	+04:33:27 (48.3%)	14:31	4.1 (51.3%)
115	SZULC Łukasz	239	IRONSZULC	M2	60	01:12:30		03:45:02	05:06:36	06:12:02	08:11:42	09:28:31.70	09:28:34.95	+04:35:30 (48.5%)	14:34	4.1 (51.3%)
116	MIELCAREK Agnieszka	297		K2	18	01:18:12		03:53:01	05:17:57	06:08:24	08:30:51	09:31:39.80	09:31:53.30	+04:38:49 (48.8%)	14:39	4.1 (51.3%)
116	MIELCAREK Krzysztof	353		M2	61	01:17:52		03:53:02	05:17:53	06:08:20	08:30:11	09:31:39.45	09:31:53.30	+04:38:49 (48.8%)	14:39	4.1 (51.3%)
118	KOJDER Michał	206		M2	62	01:08:31	02:21:07	03:44:52	05:11:17	06:12:05	08:34:26	09:33:57.45	09:34:09.55	+04:41:05 (49.0%)	14:43	4.1 (51.3%)
119	SZELAĞIEWICZ Arek	205	CI OD RUDEGO KOTA	M2	63	01:08:29	02:19:52	03:44:50	05:11:14	06:07:01	08:34:52	09:33:58.45	09:34:09.80	+04:41:05 (49.0%)	14:43	4.1 (51.3%)
120	KULIGA Ewa	203	EASYRUN RACIBÓRZ	K2	19	01:27:25		04:09:48	05:29:38	06:28:52	08:39:17	09:51:52.40	09:52:06.55	+04:59:02 (50.5%)	15:10	4 (50.0%)
121	NIZIOŁEK Marek	214	PEDRAFORCA	M3	14	01:29:04		04:10:32	05:44:08	06:39:54	08:58:28	09:54:10.50	09:54:21.25	+05:01:17 (50.7%)	15:14	3.9 (48.8%)
122	KŁOPOTOWSKA SOSNA Kaśka	358	UNLIMITED SPORT 2.0	K3	6	01:28:18		04:10:06	05:41:51	06:39:47	08:54:35	09:55:51.50	09:55:58.25	+05:02:54 (50.8%)	15:16	3.9 (48.8%)
123	KAŁŁAUR Krzysztof	257		M2	64	01:29:31		04:10:16	05:44:11	06:39:59	08:58:15	10:04:15.55	10:04:34.05	+05:11:29 (51.5%)	15:29	3.9 (48.8%)
124	MARCINIAK Maciej	351	MM-PROJEKT	M2	65	01:16:47		04:08:47	05:31:51	06:36:37	08:56:28	10:14:32.05	10:14:47.15	+05:21:42 (52.3%)	15:45	3.8 (47.5%)
125	KULIGA Marek	252	EASYRUN RACIBÓRZ	M2	66	01:23:20		04:09:53	05:30:53	06:29:48	08:44:13	10:16:15.75	10:16:31.05	+05:23:26 (52.5%)	15:48	3.8 (47.5%)
126	ŚRODA Sławomir	234	ULTRASZWAGRY	M1	17	01:25:43		04:14:32	05:50:02	06:44:09	09:00:43	10:26:19.30	10:26:41.35	+05:33:37 (53.2%)	16:03	3.7 (46.3%)
127	NOWAKOWSKA Magdalena	265	ULTRASZWAGRY	K1	5	01:26:06		04:12:30	05:50:03	06:46:30	09:00:50	10:26:20.45	10:26:42.10	+05:33:37 (53.2%)	16:03	3.7 (46.3%)
128	KLUSEK Tomasz	264	ULTRASZWAGRY	M1	18	01:25:49		04:14:37	05:50:04	06:46:30	09:00:50	10:26:20.25	10:26:42.30	+05:33:38 (53.2%)	16:03	3.7 (46.3%)
129	KANTORSKI Dariusz	227	KANTI_TEAM	M2	67	01:12:19		03:35:44	05:04:27	06:22:03	08:46:23	10:30:08.70	10:30:26.15	+05:37:21 (53.5%)	16:09	3.7 (46.3%)
130	KULIGA Michał	251	EASYRUN RACIBÓRZ	M2	68	01:22:54		04:09:56	05:32:08	06:36:38	08:53:26	10:30:13.70	10:30:29.15	+05:37:24 (53.5%)	16:09	3.7 (46.3%)
131	FALBA Paweł	229	BORYS TEAM	M2	69	01:17:03		03:46:46	05:37:00	06:38:46	09:09:03	10:32:52.10	10:32:56.45	+05:39:52 (53.7%)	16:13	3.7 (46.3%)
	PIESZYK Arkadiusz	291	OBORNICKI KLUB LEKKOATLETYCZNY	M2		01:16:51 DNF	02:17:00 DNF	03:38:41 DNF	05:17:32 DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)
	SMYKOWSKA Magdalena	331	RYKOWISKO	K1		00:54:00 DNF	01:46:05 DNF	02:36:29 DNF	03:35:53 DNF	04:11:35 DNF	05:37:07 DNF	DNF	DNF	-	-	- (0.0%)
	ŚLESICKI Konstanty	345		M1		01:03:58 DNF	02:05:40 DNF	03:14:35 DNF	DNF	04:17:53 DNF	DNF	DNF	DNF	-	-	- (0.0%)
	LOSOR Andrzej	263		M2		01:17:58 DNF	DNF	04:47:46 DNF	DNF	05:14:51 DNF	DNF	DNF	DNF	-	-	- (0.0%)
	BŁYSZCZEK Piotr	315		M1		00:52:35 DNF	01:37:08 DNF	02:26:50 DNF	03:37:18 DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Babia 1 4.5km	Raisztag 15km	Krowiarki 18.5km	Babia 2 22km	Krowiarki 27km	Babia 3 34km	Czas netto 39km	Czas brutto 39km	Różn	Tempo min/km	Tempo km/h
	ŻABSKI Jacek	235		M3		01:05:59 DNF	02:12:53 DNF	03:26:15 DNF	04:46:31 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	WALKOWIAK Jacek	317	TEAM KOTLAREK RUNNERS	M3		01:08:26 DNF	02:17:36 DNF	03:49:32 DNF	05:26:15 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	ERBEL Anna	271		K1		01:36:03 DNF	DNF	04:35:04 DNF	06:19:05 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	SOKOŁOWSKI Marcin	240		M3		01:13:42 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	POLAŃSKI Franciszek	367		M1		DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)

Znaleziono 141 wynik(ów)