

4. BIEG "STARGARD DLA NIEPODLEGŁEJ" - 5 KM

B4SPORT
INTELEGENE ZAWODY SPORTOWE

Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

4. BIEG "STARGARD DLA NIEPODLEGŁEJ"
Ośrodek Sportu i Rekreacji OSiR Stargard Sp. z o.o.
2021-11-11
Stargard
5 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	2.5km	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	WASZCZUK Tomasz	189	WASZCZUK TEAM	OPEN -M	1	00:09:36	00:18:58.85		3:47	15.8 (100%)
2	ŁUKASZEWSKI Sebastian	170	SKL STARGARD	OPEN -M	2	00:09:38	00:19:30.20	+00:00:31 (2.7%)	3:54	15.4 (97.5%)
3	MARKIEWICZ Kamil	26	BRIDGESTONE STARGARD RUNNERS	OPEN -M	3	00:09:56	00:20:02.65	+00:01:04 (5.4%)	4:00	15 (94.9%)
4	TIETZ Przemysław	53		OPEN -M	4	00:09:56	00:20:09.60	+00:01:11 (5.9%)	4:01	14.9 (94.3%)
5	KACZOR Michał	200		OPEN -M	5	00:09:58	00:20:55.30	+00:01:56 (9.3%)	4:11	14.3 (90.5%)
6	POCHRANOWICZ Barbara	198		OPEN -K	1	00:11:08	00:21:37.05	+00:02:38 (12.2%)	4:19	13.9 (88.0%)
7	PANASIUK Krzysztof	37		OPEN -M	6	00:11:27	00:21:50.65	+00:02:53 (13.2%)	4:22	13.7 (86.7%)
8	KOSZTOWNY Agata	197		OPEN -K	2	00:11:07	00:22:04.80	+00:03:06 (14.0%)	4:24	13.6 (86.1%)
9	KRAJEWSKI Sławomir	33		OPEN -M	7	00:11:12	00:22:15.40	+00:03:17 (14.7%)	4:27	13.5 (85.4%)
10	PAUL Kuba	65		OPEN -M	8	00:12:22	00:22:18.30	+00:03:19 (14.9%)	4:27	13.5 (85.4%)
11	PIĄTEK Stanisław	172		OPEN -M	9	00:11:19	00:22:25.00	+00:03:30 (15.5%)	4:29	13.4 (84.8%)
12	KAZIDRÓG Robert	31	RK78	OPEN -M	10	00:11:20	00:23:06.10	+00:04:09 (17.9%)	4:37	13 (82.3%)
13	OSTROWSKI Sylwester	176		OPEN -M	11	00:11:49	00:23:36.05	+00:04:38 (19.6%)	4:43	12.7 (80.4%)
14	MAROWSKI Marcin	82		OPEN -M	12	00:11:49	00:23:47.75	+00:04:51 (20.3%)	4:45	12.6 (79.7%)
15	JADRYCH Zbigniew	23	STARGARD JA SIĘ NIE ŚCIGAM	OPEN -M	13	00:11:34	00:23:49.20	+00:04:51 (20.4%)	4:45	12.6 (79.7%)
16	KUĆ Dariusz	150		OPEN -M	14	00:12:04	00:24:01.75	+00:05:04 (21.1%)	4:48	12.5 (79.1%)
17	JANCZARA Sebastian	69	STARGARD. JA SIĘ NIE ŚCIGAM	OPEN -M	15	00:11:37	00:24:18.70	+00:05:20 (21.9%)	4:51	12.3 (77.8%)
18	SKUPINSKA Sandra	63		OPEN -K	3	00:12:22	00:24:23.30	+00:05:24 (22.2%)	4:52	12.3 (77.8%)
19	KRUPA Daniel	194		OPEN -M	16	00:11:42	00:24:25.30	+00:05:27 (22.3%)	4:53	12.3 (77.8%)
20	STRZYGA Mariusz	42		OPEN -M	17	00:12:18	00:24:39.80	+00:05:42 (23.1%)	4:55	12.2 (77.2%)
21	ZASADA Jarosław	169		OPEN -M	18	00:12:25	00:24:49.15	+00:05:54 (23.7%)	4:57	12.1 (76.6%)
22	BADOWSKI Marcin	43	NASZ STARGARD	OPEN -M	19	00:12:14	00:25:03.25	+00:06:07 (24.3%)	5:00	12 (75.9%)
23	HERTEL Andrzej	59		OPEN -M	20	00:12:01	00:25:09.55	+00:06:14 (24.7%)	5:01	11.9 (75.3%)
24	SUCHARSKA Ryszard	165		OPEN -K	4	00:12:21	00:25:23.70	+00:06:27 (25.4%)	5:04	11.8 (74.7%)
25	LACHOWICZ Blanka	62		OPEN -K	5	00:12:22	00:25:35.45	+00:06:40 (26.0%)	5:07	11.7 (74.1%)
26	POLAK Grzegorz	20		OPEN -M	21	00:12:46	00:25:55.30	+00:06:58 (26.8%)	5:11	11.6 (73.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	2.5km	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
27	TAŻBIERSKI Paweł	41		OPEN -M	22	00:13:00	00:25:52.35	+00:07:02 (27.0%)	5:10	11.6 (73.4%)
28	ŻAK Sebastian	30		OPEN -M	23	00:12:58	00:25:52.50	+00:07:03 (27.1%)	5:10	11.6 (73.4%)
29	KISIEL Łukasz	24		OPEN -M	24	00:12:58	00:26:37.60	+00:07:49 (29.1%)	5:19	11.3 (71.5%)
30	WASZAK Krzysztof	68	STC	OPEN -M	25	00:13:32	00:26:58.45	+00:08:04 (29.8%)	5:23	11.1 (70.3%)
31	KACZYŃSKA Patrycja	39		OPEN -K	6	00:13:28	00:27:26.25	+00:08:29 (30.9%)	5:29	10.9 (69.0%)
32	RYKIEL Marcin	87		OPEN -M	26	00:13:18	00:27:43.55	+00:08:46 (31.5%)	5:32	10.8 (68.4%)
33	KUBIAK-WÓJCIK Agnieszka	35		OPEN -K	7	00:13:28	00:27:58.40	+00:09:00 (32.1%)	5:35	10.7 (67.7%)
34	ŚCIEŻOR Rafał	66		OPEN -M	27	00:13:54	00:28:11.85	+00:09:17 (32.8%)	5:38	10.6 (67.1%)
35	KILAR Michał	28	VERTEMED	OPEN -M	28	00:13:31	00:28:21.10	+00:09:25 (33.1%)	5:40	10.6 (67.1%)
36	NADOBNA Kamila	61	STARGARD JA SIĘ NIE ŚCIGAM	OPEN -K	8	00:13:57	00:28:25.70	+00:09:29 (33.3%)	5:41	10.6 (67.1%)
37	URBAŃSKA-IZYDORCZYK Kinga	60	STARGARD JA SIĘ NIE ŚCIGAM	OPEN -K	9	00:13:57	00:28:26.25	+00:09:30 (33.3%)	5:41	10.6 (67.1%)
38	ŁAGONDA Norbert	64		OPEN -M	29	00:13:28	00:28:33.00	+00:09:35 (33.5%)	5:42	10.5 (66.5%)
39	MNICH Łukasz	29		OPEN -M	30	00:15:32	00:29:12.90	+00:10:22 (35.3%)	5:50	10.3 (65.2%)
40	WESOŁA Monika	34		OPEN -K	10	00:15:32	00:29:13.50	+00:10:23 (35.3%)	5:50	10.3 (65.2%)
41	MAKOWSKI Robert	47	BRAK	OPEN -M	31	00:14:44	00:29:24.70	+00:10:35 (35.8%)	5:52	10.2 (64.6%)
42	SZŁĘK Kamil	32		OPEN -M	32	00:14:33	00:29:43.15	+00:10:53 (36.4%)	5:56	10.1 (63.9%)
43	LEWANDOWSKA Marika	70		OPEN -K	11	00:14:48	00:29:57.80	+00:11:01 (36.7%)	5:59	10 (63.3%)
44	DURA-POMARAŃSKI Maciej	21		OPEN -M	33	00:13:32	00:29:57.00	+00:11:02 (36.7%)	5:59	10 (63.3%)
45	REKOWSKI Adam	103		OPEN -M	34	00:14:49	00:30:13.85	+00:11:17 (37.2%)	6:02	9.9 (62.7%)
46	KUCYRKA Marcin	58	STARGARD	OPEN -M	35	00:13:56	00:30:31.25	+00:11:34 (37.8%)	6:06	9.8 (62.0%)
47	KUDLA Gosia	45		OPEN -K	12	00:15:07	00:30:42.80	+00:11:47 (38.3%)	6:08	9.8 (62.0%)
48	STELMACH Artur	25		OPEN -M	36	00:15:19	00:30:36.20	+00:11:47 (38.3%)	6:07	9.8 (62.0%)
49	BORZYM Krzysztof	73		OPEN -M	37	00:15:12	00:31:01.30	+00:12:06 (38.9%)	6:12	9.7 (61.4%)
50	HAJDUK Jarosław	48		OPEN -M	38	00:15:40	00:31:02.35	+00:12:12 (39.1%)	6:12	9.7 (61.4%)
51	BORZYM Justyna	72		OPEN -K	13	00:15:12	00:31:17.10	+00:12:22 (39.4%)	6:15	9.6 (60.8%)
52	WYRWAŁ Bogdan	46	BRAK	OPEN -M	39	00:15:08	00:31:12.65	+00:12:23 (39.4%)	6:14	9.6 (60.8%)
53	STĘPIEŃ Mateusz	80		OPEN -M	40	00:15:57	00:32:01.65	+00:13:12 (41.0%)	6:24	9.4 (59.5%)
54	KACZMARCZYK Stanisław	96		OPEN -K	14	00:15:52	00:32:10.60	+00:13:12 (41.0%)	6:26	9.3 (58.9%)
55	HAJDUK Joanna	49		OPEN -K	15	00:15:40	00:32:05.50	+00:13:16 (41.1%)	6:25	9.4 (59.5%)
56	CHMIELEWSKI Maciej	51	STC STARGARD	OPEN -M	41	00:13:09	00:30:11.10	+00:13:41 (41.8%)	6:02	9.9 (62.7%)
57	SZOTOWICZ Monika	149	STC STARGARD	OPEN -K	16	00:15:31	00:32:32.55	+00:13:41 (41.8%)	6:30	9.2 (58.2%)
58	PŁACHECKI Piotr	55		OPEN -M	42	00:16:22	00:32:35.65	+00:13:45 (41.9%)	6:31	9.2 (58.2%)
59	JASIEWICZ Zbigniew	56		OPEN -M	43	00:16:20	00:32:33.80	+00:13:45 (42.0%)	6:30	9.2 (58.2%)
60	BASIAK Mirosław	199		OPEN -M	44	00:15:33	00:33:27.85	+00:14:30 (43.3%)	6:41	9 (57.0%)
61	JAROSZ Klaudia	75		OPEN -K	17	00:16:23	00:33:36.25	+00:14:45 (43.7%)	6:43	8.9 (56.3%)
62	FELISIAK Małgorzata	171		OPEN -K	18	00:16:24	00:33:59.85	+00:15:04 (44.2%)	6:47	8.8 (55.7%)
63	MALEC Mariusz	40	NIEZDIAGNOZOWANI W SZALE	OPEN -M	45	00:17:22	00:35:56.70	+00:17:01 (47.2%)	7:11	8.3 (52.5%)
64	ADAMCEWICZ Ewa	83		OPEN -K	19	00:17:28	00:36:12.60	+00:17:22 (47.7%)	7:14	8.3 (52.5%)
65	RUNO Ela	44	STARGARD. JA SIĘ NIE ŚCIGAM	OPEN -K	20	00:18:59	00:39:09.15	+00:20:13 (51.5%)	7:49	7.7 (48.7%)
66	KONIUSZANIEC Agata	167		OPEN -K	21	00:19:44	00:40:15.95	+00:21:21 (52.9%)	8:03	7.5 (47.5%)
67	NAWROCKA Wiktoria	88		OPEN -K	22	00:20:22	00:43:00.75	+00:24:11 (56.0%)	8:36	7 (44.3%)
68	SKRZYPOCZYŃSKI Rafał	89		OPEN -M	46	00:14:25		+00:18:13	5:46	10.4 (65.8%)
DNC	WÓJCIK Dawid	79		OPEN -M						(0.0%)

