



**Wydarzenie:**  
**Organizator:**  
**Data:**  
**Miejsce:**  
**Dystans:**

## 4 CROSS PRECON POLSKA JASTROWIE - 10,6KM

4 CROSS PRECON POLSKA JASTROWIE  
Urząd Gminy i Miasta w Jastrowiu  
2019-04-06  
Jastrowie  
10.6 km

B4SPORT



Klasyfikacja: K-OPEN

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start_All 5.3km	Czas netto 10.6km	Różn	Tempo min/km	Tempo km/h
1	WIRKUS Antonina	238	MKL SZCZECINEK	K-30	1	00:21:51	<b>00:44:24.34</b>		4:11	14.3 (100%)
2	TRZEPACZ Gabriela	221	PRECON POLSKA	K-16	1	00:24:04	<b>00:49:05.92</b>	+00:04:41 (9.6%)	4:37	13 (90.9%)
3	CHORAŻY Karolina	21	LEO-TEAM	K-30	2	00:24:47	<b>00:49:42.77</b>	+00:05:18 (10.7%)	4:41	12.8 (89.5%)
4	ŁAWNICZAK Justyna	127	#ZABIEGANINOCA	K-30	3	00:24:52	<b>00:50:00.30</b>	+00:05:35 (11.2%)	4:43	12.7 (88.8%)
5	GÓRA Agnieszka	52	#ZABIEGANINOCA	K-40	1	00:24:58	<b>00:50:03.32</b>	+00:05:38 (11.3%)	4:43	12.7 (88.8%)
6	FIŁONOWICZ Monika	37		K-40	2	00:24:51	<b>00:50:34.20</b>	+00:06:09 (12.2%)	4:46	12.6 (88.1%)
7	PADUCH Ewa	158		K-50+	1	00:25:21	<b>00:51:10.64</b>	+00:06:46 (13.2%)	4:49	12.4 (86.7%)
8	GRZYB Magdalena	58	RUNDORFINA	K-16	2	00:26:34	<b>00:53:06.35</b>	+00:08:42 (16.4%)	5:00	12 (83.9%)
9	CHODOR Izabela	20	TRIPAKA	K-30	4	00:26:27	<b>00:54:02.41</b>	+00:09:38 (17.8%)	5:05	11.8 (82.5%)
10	JAGODZIŃSKA Aleksandra	69	JAGODA TEAM	K-40	3	00:28:14	<b>00:57:12.14</b>	+00:12:47 (22.4%)	5:23	11.1 (77.6%)
11	ROME CZ-KAZIK Gabriela	184		K-40	4	00:28:03	<b>00:57:26.59</b>	+00:13:02 (22.7%)	5:25	11.1 (77.6%)
12	DOLAT Justyna	29	HUSARIA RACE TEAM	K-30	5	00:29:15	<b>00:58:49.80</b>	+00:14:25 (24.5%)	5:33	10.8 (75.5%)
13	CENTKA Katarzyna	17	ŚWIĘTA TEAM	K-40	5	00:29:36	<b>01:00:07.55</b>	+00:15:43 (26.1%)	5:40	10.6 (74.1%)
14	KLUPŚ Monika	90	ROZBIEGANE JASTROWIE	K-40	6	00:29:29	<b>01:00:12.11</b>	+00:15:47 (26.2%)	5:40	10.6 (74.1%)
15	KAPECKA Małgorzata	84		K-30	6	00:30:10	<b>01:00:19.13</b>	+00:15:54 (26.4%)	5:41	10.5 (73.4%)
16	ZAKIELARZ Anna	253	PRECON POLSKA	K-30	7	00:29:25	<b>01:00:28.45</b>	+00:16:04 (26.6%)	5:42	10.5 (73.4%)
17	ROKITA Emilia	182	CZARNE BIEGA	K-30	8	00:29:18	<b>01:00:59.06</b>	+00:16:34 (27.2%)	5:45	10.4 (72.7%)
18	GAŁAN Joanna	44		K-50+	2	00:30:40	<b>01:01:05.35</b>	+00:16:41 (27.3%)	5:45	10.4 (72.7%)
19	RADWAŃSKA Agnieszka	179		K-16	3	00:29:55	<b>01:01:45.73</b>	+00:17:21 (28.1%)	5:49	10.3 (72.0%)
20	SZYMIKOWSKA Magdalena	214		K-30	9	00:30:57	<b>01:02:08.30</b>	+00:17:43 (28.5%)	5:51	10.2 (71.3%)
21	DUCHNOWSKA Kamila	31	HUSARIA RACE TEAM	K-30	10	00:30:43	<b>01:02:46.91</b>	+00:18:22 (29.3%)	5:55	10.1 (70.6%)
22	PYREK Iwona	177		K-30	11	00:30:39	<b>01:03:03.49</b>	+00:18:39 (29.6%)	5:56	10.1 (70.6%)
23	BANACZYK Wioletta	5	LILLSPORT	K-50+	3	00:31:03	<b>01:03:25.31</b>	+00:19:00 (30.0%)	5:59	10 (69.9%)
24	GAWROŃSKA Weronika	46	TERMINATORUN	K-16	4	00:30:45	<b>01:03:29.14</b>	+00:19:04 (30.1%)	5:59	10 (69.9%)
25	BODZIONY Amelia	10		K-30	12	00:32:09	<b>01:03:40.28</b>	+00:19:15 (30.3%)	6:00	10 (69.9%)
26	SKOCZYLAS Bożena	195	BIEGAM BO LUBIĘ	K-40	7	00:29:22	<b>01:04:29.00</b>	+00:20:04 (31.1%)	6:05	9.9 (69.2%)
27	ZAKIELARZ Adriana	255	ROZBIEGANE JASTROWIE	K-30	13	00:32:55	<b>01:06:22.35</b>	+00:21:58 (33.1%)	6:15	9.6 (67.1%)

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							netto 10.6km				
28	<b>STRÓŻYŃSKA-ZDZIABEK Magdalena</b>	<b>199</b>	ABERDEENSHIRE	K-50+	4	00:34:05	<b>01:09:00.32</b>	+00:24:35 (35.6%)	6:30	9.2 (64.3%)	
29	<b>KUBIAK Danuta</b>	<b>112</b>	CZARNE BIEGA	K-50+	5	00:34:12	<b>01:10:27.81</b>	+00:26:03 (37.0%)	6:38	9 (62.9%)	

Znaleziono 29 wynik(ów)