



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

4 CROSS PRECON POLSKA JASTROWIE - 5,3 KM

4 CROSS PRECON POLSKA JASTROWIE
Urząd Gminy i Miasta w Jastrowiu
2019-04-06
Jastrowie
5.3 km

B4SPORT



Klasyfikacja: K-OPEN

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5.3km	Różn	Tempo min/km	Tempo km/h
1	SZABAŁOWSKA Małgorzata	206	MKL SZCZECINEK	K-OPEN	1	00:22:00.19		4:09	14.4 (100%)
2	KOWALIK Natalia	98	MKL SZCZECINEK	K-OPEN	2	00:22:36.18	+00:00:35 (2.7%)	4:16	14.1 (97.9%)
3	ZIELIŃSKA Anna	257	TRUCHT ŁOBEZ	K-OPEN	3	00:22:37.55	+00:00:37 (2.8%)	4:16	14.1 (97.9%)
4	WERNER Kamila	230	BIEGAJ Z CERKIEM	K-OPEN	4	00:22:43.53	+00:00:43 (3.2%)	4:17	14 (97.2%)
5	SZMAGLIŃSKA Karolina	209	FLORIAN CHOJNICE	K-OPEN	5	00:24:11.07	+00:02:10 (9.0%)	4:33	13.1 (91.0%)
6	JESIONOWSKA-ŁASKAWIEC Agnieszka	81	JW 4580	K-OPEN	6	00:28:04.63	+00:06:04 (21.6%)	5:17	11.3 (78.5%)
7	KUŚMIDER Katarzyna	203	RUNDORFINA	K-OPEN	7	00:28:07.58	+00:06:07 (21.8%)	5:18	11.3 (78.5%)
8	SYSKA Ewa	204	TAKE RUN	K-OPEN	8	00:28:12.48	+00:06:12 (22.0%)	5:19	11.3 (78.5%)
9	DUDZIŃSKA Patrycja	32	ZASAPANI - HYDRO TRZCIANKA	K-OPEN	9	00:28:44.88	+00:06:44 (23.5%)	5:25	11.1 (77.1%)
10	KURZAWIŃSKA-JABŁOŃSKA Kasia	116	CZARNE BIEGA	K-OPEN	10	00:29:10.09	+00:07:09 (24.6%)	5:30	10.9 (75.7%)
11	WICHA Marzena	232		K-OPEN	11	00:29:51.47	+00:07:51 (26.3%)	5:37	10.7 (74.3%)
12	SERWATKA Ewelina	194	BORNE BIEGA	K-OPEN	12	00:30:00.28	+00:08:00 (26.7%)	5:39	10.6 (73.6%)
13	OLSZEWSKA Paulina	156	ATHLETIC GYM FITNESS	K-OPEN	13	00:30:56.51	+00:08:56 (28.9%)	5:50	10.3 (71.5%)
14	WÓDECKA Dorota	248		K-OPEN	14	00:31:06.74	+00:09:06 (29.3%)	5:52	10.2 (70.8%)
15	WITKOWSKA Aleksandra	242	MOW JASTROWIE	K-OPEN	15	00:31:20.54	+00:09:20 (29.8%)	5:54	10.1 (70.1%)
16	WOŁOWIEC Monika	246		K-OPEN	16	00:31:31.84	+00:09:31 (30.2%)	5:56	10.1 (70.1%)
17	KLUPŚ Agata	89		K-OPEN	17	00:31:33.39	+00:09:33 (30.3%)	5:57	10.1 (70.1%)
18	NITA Katarzyna	148	VILLAGE PUNK RUN	K-OPEN	18	00:31:36.70	+00:09:36 (30.4%)	5:57	10.1 (70.1%)
19	MATUSZAK Justyna	133	RUNDORFINA	K-OPEN	19	00:31:43.17	+00:09:42 (30.6%)	5:59	10 (69.4%)
20	SZOPIERAJ Danuta	210		K-OPEN	20	00:31:58.32	+00:09:58 (31.2%)	6:01	9.9 (68.8%)
21	MAŃKOWSKA Janina	130	-	K-OPEN	21	00:32:16.46	+00:10:16 (31.8%)	6:05	9.9 (68.8%)
22	PFAIFER Aleksandra	163		K-OPEN	22	00:32:20.54	+00:10:20 (32.0%)	6:06	9.8 (68.1%)
23	PRZEDNÓWEK Mariola	175	CZARNE BIEGA	K-OPEN	23	00:32:47.15	+00:10:46 (32.9%)	6:11	9.7 (67.4%)
24	NIEDZIELA Dorota	145	LILLSPORT	K-OPEN	24	00:32:53.92	+00:10:53 (33.1%)	6:12	9.7 (67.4%)
25	DEPTUŁA-BILL Bożena	28		K-OPEN	25	00:32:59.36	+00:10:59 (33.3%)	6:13	9.6 (66.7%)
26	WOJTECZKO Magdalena	244	RUNDORFINA	K-OPEN	26	00:34:11.47	+00:12:11 (35.6%)	6:26	9.3 (64.6%)
27	FIRLEJ Agnieszka	38	RUNDORFINA	K-OPEN	27	00:34:14.71	+00:12:14 (35.7%)	6:27	9.3 (64.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5.3km	Różn	Tempo min/km	Tempo km/h
28	KRÓLIKOWSKA Katarzyna	105		K-OPEN	28	00:35:09.96	+00:13:09 (37.4%)	6:38	9 (62.5%)
29	PIECHOTA Elżbieta	164	WATAHA WAŁCZ	K-OPEN	29	00:35:12.17	+00:13:11 (37.5%)	6:38	9 (62.5%)
30	DUBISZ Joanna	30	LILLSPORT	K-OPEN	30	00:35:29.31	+00:13:29 (38.0%)	6:41	9 (62.5%)
31	PAWŁOWSKA Anna	159		K-OPEN	31	00:35:30.08	+00:13:29 (38.0%)	6:41	9 (62.5%)
32	GROBELNA Katarzyna	54		K-OPEN	32	00:35:33.22	+00:13:33 (38.1%)	6:42	8.9 (61.8%)
33	MAZUR Anna	134		K-OPEN	33	00:35:50.79	+00:13:50 (38.6%)	6:45	8.9 (61.8%)
34	WIŚNIK Joanna	241	ROZBIEGANE JASTROWIE	K-OPEN	34	00:35:52.29	+00:13:52 (38.7%)	6:46	8.9 (61.8%)
35	KOWALSKA Magdalena	99		K-OPEN	35	00:36:01.98	+00:14:01 (38.9%)	6:47	8.8 (61.1%)
36	KUC-BREJNA Anna	113		K-OPEN	36	00:36:04.02	+00:14:03 (39.0%)	6:48	8.8 (61.1%)
37	PAZIO Magdalena	162		K-OPEN	37	00:36:12.50	+00:14:12 (39.2%)	6:49	8.8 (61.1%)
38	KWIATKOWSKA Agnieszka	119	RESPECT LOTYŃ	K-OPEN	38	00:37:01.61	+00:15:01 (40.6%)	6:59	8.6 (59.7%)
39	KUICH Anna	114	LILLSPORT	K-OPEN	39	00:37:02.01	+00:15:01 (40.6%)	6:59	8.6 (59.7%)
40	WAWRZONOWSKA Katarzyna	227		K-OPEN	40	00:37:02.17	+00:15:01 (40.6%)	6:59	8.6 (59.7%)
41	MOWCZAN Regina	142		K-OPEN	41	00:37:04.28	+00:15:04 (40.6%)	6:59	8.6 (59.7%)
42	CHYBIŃSKA Katarzyna	23	ENDORFINY WAŁCZ	K-OPEN	42	00:38:10.86	+00:16:10 (42.4%)	7:12	8.3 (57.6%)
43	RYCERSKA Magdalena	185		K-OPEN	43	00:38:15.56	+00:16:15 (42.5%)	7:13	8.3 (57.6%)
44	KWIATKOWSKA Magdalena	120	ENDORFINY WAŁCZ	K-OPEN	44	00:38:17.38	+00:16:17 (42.5%)	7:13	8.3 (57.6%)
45	NOWACKA Ewa	149	ENDORFINY WALCZ	K-OPEN	45	00:38:17.90	+00:16:17 (42.5%)	7:13	8.3 (57.6%)
46	ANDRYSZEWSKA Sandra	3	MOW JASTROWIE	K-OPEN	46	00:38:41.50	+00:16:41 (43.1%)	7:17	8.2 (56.9%)
47	TORSKA-SZABAŁOWSKA Iwona	220		K-OPEN	47	00:39:07.76	+00:17:07 (43.8%)	7:23	8.1 (56.3%)
48	MADZIŃSKA Agnieszka	129	ENDORFINY WAŁCZ	K-OPEN	48	00:39:27.23	+00:17:27 (44.2%)	7:26	8.1 (56.3%)
49	SUCHANOWSKA Anna	200	RESPECT LOTYŃ	K-OPEN	49	00:39:30.01	+00:17:29 (44.3%)	7:27	8.1 (56.3%)
50	KOGUCIUK Małgorzata	93	JAGODA TEAM	K-OPEN	50	00:39:39.37	+00:17:39 (44.5%)	7:29	8 (55.6%)
51	ŁABĄDŹ Katarzyna	125	LILLSPORT	K-OPEN	51	00:39:52.72	+00:17:52 (44.8%)	7:31	8 (55.6%)
52	JARECKA Aleksandra	76		K-OPEN	52	00:39:53.73	+00:17:53 (44.8%)	7:31	8 (55.6%)
53	KRÓLIKOWSKA Jadwiga	104		K-OPEN	53	00:40:49.96	+00:18:49 (46.1%)	7:42	7.8 (54.2%)
54	KĘDZIORA Lucyna	88	ENDORFINY WAŁCZ	K-OPEN	54	00:40:55.44	+00:18:55 (46.2%)	7:43	7.8 (54.2%)
55	BRZEZINSKA Marta	13	WAŁCZ	K-OPEN	55	00:40:56.63	+00:18:56 (46.3%)	7:43	7.8 (54.2%)
56	FRĄTCZAK Marzena	42		K-OPEN	56	00:40:57.49	+00:18:57 (46.3%)	7:43	7.8 (54.2%)
57	KANIECKA Joanna	83	ENDORFINY WAŁCZ	K-OPEN	57	00:40:57.92	+00:18:57 (46.3%)	7:43	7.8 (54.2%)
58	GRONOWSKA Sylwia	56		K-OPEN	58	00:42:29.65	+00:20:29 (48.2%)	8:00	7.5 (52.1%)
59	ADAMSKA Magdalena	1		K-OPEN	59	00:42:32.73	+00:20:32 (48.3%)	8:01	7.5 (52.1%)
60	WILCZYŃSKA Agata	236		K-OPEN	60	00:44:00.95	+00:22:00 (50.0%)	8:18	7.2 (50.0%)
61	WILCZYŃSKA Katarzyna	237		K-OPEN	61	00:44:01.53	+00:22:01 (50.0%)	8:18	7.2 (50.0%)
62	ŚWIERCZ Beata	217		K-OPEN	62	00:44:02.66	+00:22:02 (50.0%)	8:18	7.2 (50.0%)
63	DZIUBCZYŃSKA Ewa	35		K-OPEN	63	00:44:03.60	+00:22:03 (50.1%)	8:18	7.2 (50.0%)
64	ZABŁOCKA Marika	251	MOW JASTROWIE	K-OPEN	64	00:52:36.83	+00:30:36 (58.2%)	9:55	6 (41.7%)
65	JASKULAK Aleksandra	79	MOW JASTROWIE	K-OPEN	65	00:54:22.24	+00:32:22 (59.5%)	10:15	5.8 (40.3%)

Znaleziono 65 wynik(ów)