

41.PKO PÓŁMARATON SZCZECIN "NA RATY" - EDYCJA WIRTUALNA

B4SPORT

Wydarzenie: WIRTUALNY 41. PKO PÓŁMARATON SZCZECIN
Organizator: Stowarzyszenie K2 Partners
Data: 2020-08-01
Miejsce: Polska
Dystans: 21.1 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
1	SARBAK Grzegorz	813	MUKS JEDYNKA MIĘDZYCHÓD	M 20	1	00:00:00	21,1 KM	+00:00:00	3:46	15.9 (100%)
2	GODLEWSKI Krzysztof	96	LOVE LIFE	M 30	1	00:00:00	21,1 KM	+00:01:09	3:50	15.6 (98.1%)
3	FIGGA Ryszard	541	MARATON GORLICE	M 60	1	00:00:00	21,1 KM	+00:10:26	4:16	14 (88.1%)
4	SZYMANOWICZ Mariusz	330	CHARTY CHARTOWO/KB MANIAC POZNAŃ	M 40	1	00:00:00	21,1 KM	+00:10:26	4:16	14 (88.1%)
5	KLEPARSKI Krzysztof	335	ZAZBIEGANI	M 30	2	00:00:00	21,1 KM	+00:10:37	4:17	14 (88.1%)
6	SKWARYŁO Dariusz	573	STOCZNIOWIEC POZNAŃ	M 30	3	00:00:00	21,1 KM	+00:11:26	4:19	13.9 (87.4%)
7	IGLESIAS Javier	447		M 20	2	00:00:00	21,1 KM	+00:12:53	4:23	13.7 (86.2%)
8	KOPEĆ Mirosław	145	WATAHA	M 40	2	00:00:00	21,1 KM	+00:13:28	4:25	13.6 (85.5%)
9	CZAJA Małgorzata	939	MINICLASSIC.PL	K 40	1	00:00:00	21,1 KM	+00:14:50	4:29	13.4 (84.3%)
10	WOLLNY Kamil	1028	EKO- OKNA RUNNERS	M 20	3	00:00:00	21,1 KM	+00:16:01	4:32	13.2 (83.0%)
11	ILCEWICZ Wojciech	924		M 30	4	00:00:00	21,1 KM	+00:16:08	4:32	13.2 (83.0%)
12	ŁOŚ Jarosław	64	#RUSZ4LITERY	M 30	5	00:00:00	21,1 KM	+00:16:09	4:32	13.2 (83.0%)
13	SKWARYŁO Kamil	546	STOCZNIOWIEC POZNAŃ	M 20	4	00:00:00	21,1 KM	+00:18:08	4:38	12.9 (81.1%)
14	BIELATKO Marcin	463	DRAWNO	M 30	6	00:00:00	21,1 KM	+00:18:34	4:39	12.9 (81.1%)
15	BOGUCKI Tomasz	1017	GOSIR OSIELSKO	M 40	3	00:00:00	21,1 KM	+00:18:51	4:40	12.8 (80.5%)
16	DUDEK Maciej	1057		K 30	1	00:00:00	21,1 KM	+00:19:30	4:42	12.8 (80.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
17	BRYGAŁA Magdalena	999		K 40	2	00:00:00	21,1 KM	+00:20:39	4:45	12.6 (79.2%)
18	MINOROWICZ Paweł	65		M 30	7	00:00:00	21,1 KM	+00:21:51	4:48	12.5 (78.6%)
19	SKOWRONSKI Tomasz	350	TOMASZ SKOWRONSKI	M 30	8	00:00:00	21,1 KM	+00:22:10	4:49	12.4 (78.0%)
20	DORNIAK Karol	1139		M 30	9	00:00:00	21,1 KM	+00:22:22	4:50	12.4 (78.0%)
21	LER Łukasz	357		M 20	5	00:00:00	21,1 KM	+00:22:51	4:51	12.3 (77.4%)
22	SZCZEPANIAK Paweł	1123		M 30	10	00:00:00	21,1 KM	+00:22:56	4:52	12.3 (77.4%)
23	BOBOWSKI Wojciech	757	WKKW	M 30	11	00:00:00	21,1 KM	+00:23:02	4:52	12.3 (77.4%)
24	AUGUSTYNIAK Jakub	1006		M 30	12	00:00:00	21,1 KM	+00:23:08	4:52	12.3 (77.4%)
25	MELNYK Sergii	737	AMATOR	M 20	6	00:00:00	21,1 KM	+00:23:15	4:52	12.3 (77.4%)
26	WOŹNIAK Urszula	889		K 40	3	00:00:00	21,1 KM	+00:23:20	4:53	12.3 (77.4%)
27	TRONIARZ Marcin	173		M 40	4	00:00:00	21,1 KM	+00:23:37	4:53	12.2 (76.7%)
28	MARCHACZ Grzegorz	107		M 30	13	00:00:00	21,1 KM	+00:23:45	4:54	12.2 (76.7%)
29	WAWRZYNIAK Bartosz	555		M 30	14	00:00:00	21,1 KM	+00:24:24	4:56	12.2 (76.7%)
30	PAKOS Marta	687	12 BZ	K 30	2	00:00:00	21,1 KM	+00:24:40	4:56	12.1 (76.1%)
31	KOWALAK Robert	951		M 30	15	00:00:00	21,1 KM	+00:25:01	4:57	12.1 (76.1%)
32	COELHO Tulio	30		M 50	1	00:00:00	21,1 KM	+00:25:03	4:58	12.1 (76.1%)
33	DEMBIŃSKI Maciej	164		M 50	2	00:00:00	21,1 KM	+00:25:41	4:59	12 (75.5%)
34	JARCZYŃSKI Adam	511		M 20	7	00:00:00	21,1 KM	+00:26:32	5:02	11.9 (74.8%)
35	BRODOWSKI Grzegorz	1023		M 40	5	00:00:00	21,1 KM	+00:26:37	5:02	11.9 (74.8%)
36	KOŁACKI Paweł	154		M 30	16	00:00:00	21,1 KM	+00:27:26	5:04	11.8 (74.2%)
37	HEDA Paweł	1084	KSRG OSP NIETULISKO DUŻE	M 40	6	00:00:00	21,1 KM	+00:27:33	5:05	11.8 (74.2%)
38	BARTNIK Rafał	33	ZABIEGANY WOŁOMIN	M 40	7	00:00:00	21,1 KM	+00:27:45	5:05	11.8 (74.2%)
39	CHARĘZA Marcin	1036		M 30	17	00:00:00	21,1 KM	+00:27:51	5:06	11.8 (74.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
40	ZIELIŃSKA Renata	1067		K 50	1	00:00:00	21,1 KM	+00:28:08	5:06	11.7 (73.6%)
41	SOLARZ Szymon	950		M 30	18	00:00:00	21,1 KM	+00:28:33	5:08	11.7 (73.6%)
42	BANASIEWICZ Zbigniew	1106	WIECZORNE BIEGANIE W SZCZECINIE	M 30	19	00:00:00	21,1 KM	+00:28:38	5:08	11.7 (73.6%)
43	JAMROZY Ryszard	961	TRUCHT	M 50	3	00:00:00	21,1 KM	+00:28:40	5:08	11.7 (73.6%)
44	DUDEK Marcin	278		M 40	8	00:00:00	21,1 KM	+00:28:48	5:08	11.7 (73.6%)
45	DURKOWSKI Marek	246		M 30	20	00:00:00	21,1 KM	+00:28:50	5:08	11.7 (73.6%)
46	SZLESZYŃSKI Andrzej	719		M 50	4	00:00:00	21,1 KM	+00:29:18	5:10	11.6 (73.0%)
47	KRUPIŃSKI Mikołaj	755		M 20	8	00:00:00	21,1 KM	+00:29:34	5:10	11.6 (73.0%)
48	BOROWSKI Rafał	615		M 20	9	00:00:00	21,1 KM	+00:29:45	5:11	11.6 (73.0%)
49	RETECKI Tomasz	704		M 40	9	00:00:00	21,1 KM	+00:29:51	5:11	11.5 (72.3%)
50	ZARYCZAŃSKI Michał	786		M 30	21	00:00:00	21,1 KM	+00:29:52	5:11	11.5 (72.3%)
51	KOMOROWSKA Marcelina	1009	GOSIR OSIELSKO	K 20	1	00:00:00	21,1 KM	+00:30:11	5:12	11.5 (72.3%)
52	ROGULSKA-NOWAK Justyna	1175	KB WYSZKÓW	K 30	3	00:00:00	21,1 KM	+00:30:23	5:13	11.5 (72.3%)
53	KONIECZNY Piotr	609	NKB CHYŻY NOWY TOMYŚL	M 30	22	00:00:00	21,1 KM	+00:30:25	5:13	11.5 (72.3%)
54	DAMOISEAUX Philippe	262		M 20	10	00:00:00	21,1 KM	+00:30:30	5:13	11.5 (72.3%)
55	NURKIEWICZ Jarosław	862	KUNG FU PANDY 3	M 40	10	00:00:00	21,1 KM	+00:30:34	5:13	11.5 (72.3%)
56	WINIARZ Łukasz	758		M 30	23	00:00:00	21,1 KM	+00:30:36	5:13	11.5 (72.3%)
57	KONDELA Paweł	60	AKTYWNE CHOSZCZNO	M 40	11	00:00:00	21,1 KM	+00:30:37	5:13	11.5 (72.3%)
58	KULIBERDA Dariusz	768		M 40	12	00:00:00	21,1 KM	+00:30:59	5:14	11.4 (71.7%)
59	GAZDOWICZ Michał	465	BRZOZOWSKI KLUB BIEGACZA	M 20	11	00:00:00	21,1 KM	+00:31:11	5:15	11.4 (71.7%)
60	ZAJĄC Patryk	805		M 20	12	00:00:00	21,1 KM	+00:31:16	5:15	11.4 (71.7%)
61	ŻYŁOWSKI Filip	1046		M 20	13	00:00:00	21,1 KM	+00:31:20	5:15	11.4 (71.7%)
62	MIKOŁAJCZYK Jakub	110	-	M 20	14	00:00:00	21,1 KM	+00:31:26	5:16	11.4 (71.7%)
63	BIENIEK Piotr	296	AMATOR	M 50	5	00:00:00	21,1 KM	+00:31:28	5:16	11.4 (71.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
64	SIKORA Łukasz	214		M 30	24	00:00:00	21,1 KM	+00:31:37	5:16	11.4 (71.7%)
65	KLAMKA Rafał	1154		M 30	25	00:00:00	21,1 KM	+00:31:42	5:16	11.4 (71.7%)
66	REIM Sebastian	343		M 30	26	00:00:00	21,1 KM	+00:32:37	5:19	11.3 (71.1%)
67	SEDLACZEK Anna	2		K 30	4	00:00:00	21,1 KM	+00:32:38	5:19	11.3 (71.1%)
68	SURAŻYŃSKI Bartosz	1061		M 30	27	00:00:00	21,1 KM	+00:32:56	5:20	11.2 (70.4%)
69	GAJDZIŃSKA Anna	263		K 30	5	00:00:00	21,1 KM	+00:32:59	5:20	11.2 (70.4%)
70	LIS Tomasz	789		M 30	28	00:00:00	21,1 KM	+00:33:14	5:21	11.2 (70.4%)
71	KUSIAK Dariusz	643		M 30	29	00:00:00	21,1 KM	+00:33:15	5:21	11.2 (70.4%)
72	NASIŁOWSKI Marcin	1119		M 40	13	00:00:00	21,1 KM	+00:33:21	5:21	11.2 (70.4%)
73	GBYL Łukasz	917		M 30	30	00:00:00	21,1 KM	+00:33:22	5:21	11.2 (70.4%)
74	PELC Tomasz	581	BENEFITUS TOMASZ PELC	M 40	14	00:00:00	21,1 KM	+00:33:41	5:22	11.2 (70.4%)
75	KIEŁBASA Łukasz	711		M 30	31	00:00:00	21,1 KM	+00:34:06	5:23	11.1 (69.8%)
76	KULAK Paulina	213		K 30	6	00:00:00	21,1 KM	+00:34:10	5:23	11.1 (69.8%)
77	BORKOWSKA Agnieszka	664		K 30	7	00:00:00	21,1 KM	+00:34:23	5:24	11.1 (69.8%)
78	KORTUS Jarosław	686	12 BZ	M 30	32	00:00:00	21,1 KM	+00:34:23	5:24	11.1 (69.8%)
79	STASZKIEWICZ Lucyna	1019	1967	K 50	2	00:00:00	21,1 KM	+00:34:27	5:24	11.1 (69.8%)
80	JARONIAK Tomasz	783		M 40	15	00:00:00	21,1 KM	+00:34:27	5:25	11.1 (69.8%)
81	KRZYWIEC Marcin	129		M 30	33	00:00:00	21,1 KM	+00:34:29	5:24	11.1 (69.8%)
82	RUBINOWSKI Jarek	886		M 40	16	00:00:00	21,1 KM	+00:34:29	5:24	11.1 (69.8%)
83	ADAMOWICZ Sylwia	385	TORPEDY	K 40	4	00:00:00	21,1 KM	+00:34:31	5:24	11.1 (69.8%)
84	GOŁACKA Katarzyna	1071		K 20	2	00:00:00	21,1 KM	+00:34:42	5:25	11.1 (69.8%)
85	LEP Łukasz	431		M 30	34	00:00:00	21,1 KM	+00:34:51	5:25	11 (69.2%)
86	ZBICIAK Adam	1056		M 50	6	00:00:00	21,1 KM	+00:35:02	5:26	11 (69.2%)
87	OSTASZEWSKI Marcin	642		M 40	17	00:00:00	21,1 KM	+00:35:09	5:26	11 (69.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
88	SOLECKA Katarzyna	176		K 20	3	00:00:00	21,1 KM	+00:35:10	5:26	11 (69.2%)
89	KĄŻMIERCZAK Norbert	429	TUP TUP TEAM	M 40	18	00:00:00	21,1 KM	+00:35:10	5:26	11 (69.2%)
90	OSTASZEWSKI Paweł	727		M 20	15	00:00:00	21,1 KM	+00:35:11	5:26	11 (69.2%)
91	MACIEJOWICZ Michał	706		M 30	35	00:00:00	21,1 KM	+00:35:24	5:27	11 (69.2%)
92	FELTYNOWSKA Asia	20		K 20	4	00:00:00	21,1 KM	+00:35:25	5:27	11 (69.2%)
93	WAŻNY Wojciech	543		M 30	36	00:00:00	21,1 KM	+00:35:26	5:27	11 (69.2%)
94	ANTKOWIAK Sebastian	1079	DB - ACTIVE	M 40	19	00:00:00	21,1 KM	+00:35:27	5:27	11 (69.2%)
95	BARCKI Mariusz	814	WWW.VISTA.SZCZECIN.PL	M 30	37	00:00:00	21,1 KM	+00:35:38	5:28	11 (69.2%)
96	DUCHER Loniek	1093	FINISZ MORĄG	M 50	7	00:00:00	21,1 KM	+00:35:39	5:28	11 (69.2%)
97	NASTAŃSKA Magdalena	851		K 40	5	00:00:00	21,1 KM	+00:35:42	5:28	11 (69.2%)
98	POLAŃCZYK Paulina	15	KACPER&ZUZIA	K 30	8	00:00:00	21,1 KM	+00:35:53	5:28	10.9 (68.6%)
99	BACZYŃSKI Maciej	466	RODZINAPL	M 40	20	00:00:00	21,1 KM	+00:35:53	5:28	10.9 (68.6%)
100	PONCYLIUSZ Monika	833	NEW BALANCE RUN CLUB	K 30	9	00:00:00	21,1 KM	+00:35:53	5:28	10.9 (68.6%)
101	STANKIEWICZ Izabela	639		K 40	6	00:00:00	21,1 KM	+00:36:03	5:29	10.9 (68.6%)
102	ZAJAS Krzysztof	49		M 30	38	00:00:00	21,1 KM	+00:36:08	5:29	10.9 (68.6%)
103	ŚLIWA Jerzy	724		M 50	8	00:00:00	21,1 KM	+00:36:08	5:29	10.9 (68.6%)
104	KUPCZYŃSKI Piotr	100		M 40	21	00:00:00	21,1 KM	+00:36:10	5:29	10.9 (68.6%)
105	SINECKI Krystian	245	SYCOWSKIAMATOR	M 30	39	00:00:00	21,1 KM	+00:36:14	5:29	10.9 (68.6%)
106	ZAJĄCZKOWSKA Magda	1024		K 40	7	00:00:00	21,1 KM	+00:36:23	5:30	10.9 (68.6%)
107	JUSZCZYK Tomasz	412		M 30	40	00:00:00	21,1 KM	+00:36:26	5:30	10.9 (68.6%)
108	KWIATEK Rafał	180		M 30	41	00:00:00	21,1 KM	+00:36:35	5:30	10.9 (68.6%)
109	MIELNIK Michał	382		M 20	16	00:00:00	21,1 KM	+00:36:35	5:30	10.9 (68.6%)
110	WOJTYNIAK Roman	631		M 50	9	00:00:00	21,1 KM	+00:36:43	5:31	10.9 (68.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
111	SADKOWSKI Wojciech	1127		M 30	42	00:00:00	21,1 KM	+00:36:51	5:31	10.9 (68.6%)
112	PRZYBYSZEWSKI Marcin	186	12BZ	M 20	17	00:00:00	21,1 KM	+00:36:52	5:31	10.9 (68.6%)
113	MAJKA Maja	927		K 30	10	00:00:00	21,1 KM	+00:36:56	5:31	10.8 (67.9%)
114	REJNOWICZ Dawid	922		M 20	18	00:00:00	21,1 KM	+00:36:58	5:31	10.8 (67.9%)
115	DZYRUK Maciej	746		M 30	43	00:00:00	21,1 KM	+00:37:08	5:32	10.8 (67.9%)
116	LASZCZAK Judyta	938	PKO BP SA	K 30	11	00:00:00	21,1 KM	+00:37:09	5:32	10.8 (67.9%)
117	NAWROCKI Michał	392	12BZ	M 30	44	00:00:00	21,1 KM	+00:37:12	5:32	10.8 (67.9%)
118	GIZA Bogumiła	264		K 20	5	00:00:00	21,1 KM	+00:37:25	5:33	10.8 (67.9%)
119	UMIŃSKI Piotr	665		M 30	45	00:00:00	21,1 KM	+00:37:28	5:33	10.8 (67.9%)
120	JACOBY Melanie	248	ITAX	K 30	12	00:00:00	21,1 KM	+00:37:28	5:33	10.8 (67.9%)
121	WOJCIECHOWSKI Karol	188		M 30	46	00:00:00	21,1 KM	+00:37:32	5:33	10.8 (67.9%)
122	NOWAK Kamil	1078	BIEGANIE USKRZYDLA	M 30	47	00:00:00	21,1 KM	+00:37:34	5:33	10.8 (67.9%)
123	MICHAŁOWSKI Maciej	1113	PŁYŃ POD PRĄD	M 40	22	00:00:00	21,1 KM	+00:37:35	5:33	10.8 (67.9%)
124	SZEWCZYK Karolina	637		K 30	13	00:00:00	21,1 KM	+00:37:40	5:33	10.8 (67.9%)
125	ADACH Anna	712		K 40	8	00:00:00	21,1 KM	+00:37:44	5:34	10.8 (67.9%)
126	WASIELEWSKI Sylwester	133		M 40	23	00:00:00	21,1 KM	+00:37:45	5:34	10.8 (67.9%)
127	SZULŻYCKI Krzysztof	1021		M 20	19	00:00:00	21,1 KM	+00:37:53	5:34	10.8 (67.9%)
128	PIECHOWICZ Dariusz	1027		M 40	24	00:00:00	21,1 KM	+00:37:54	5:34	10.8 (67.9%)
129	DERBISZEWSKI Robert	775		M 20	20	00:00:00	21,1 KM	+00:37:56	5:34	10.8 (67.9%)
130	SIWEK Magdalena	481		K 30	14	00:00:00	21,1 KM	+00:37:56	5:34	10.8 (67.9%)
131	KACZMAREK Jarosław	1088	TRITON KONIN	M 30	48	00:00:00	21,1 KM	+00:37:56	5:34	10.8 (67.9%)
132	NASTAŃSKI Jerzy	853		M 60	2	00:00:00	21,1 KM	+00:38:07	5:35	10.7 (67.3%)
133	LITWIŃSKI Michał	552		M 30	49	00:00:00	21,1 KM	+00:38:08	5:35	10.7 (67.3%)
134	MARKIEWICZ Anna	634		K 40	9	00:00:00	21,1 KM	+00:38:12	5:35	10.7 (67.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
135	TUZIMEK Piotr	1244		M 40	25	00:00:00	21,1 KM	+00:38:20	5:35	10.7 (67.3%)
136	NOWAK Rafal	2000	BODAIKAN	M 40	26	00:00:00	21,1 KM	+00:38:29	5:36	10.7 (67.3%)
137	PIERSA Jakub	1099		M 20	21	00:00:00	21,1 KM	+00:38:34	5:36	10.7 (67.3%)
138	GABRYŚ Dominik	74		M 40	27	00:00:00	21,1 KM	+00:38:39	5:36	10.7 (67.3%)
139	ANUSZKIEWICZ Marek	223		M 50	10	00:00:00	21,1 KM	+00:38:42	5:36	10.7 (67.3%)
140	PIECHOTA Artur	836	WOJSKOWY KLUB HONOROWYCH DAWCÓW KRWI	M 30	50	00:00:00	21,1 KM	+00:38:48	5:37	10.7 (67.3%)
141	KRÓL Pola	182		K 20	6	00:00:00	21,1 KM	+00:38:59	5:37	10.7 (67.3%)
142	ŚWIREK Dominika	484		K 30	15	00:00:00	21,1 KM	+00:39:02	5:37	10.7 (67.3%)
143	SYC Piotr	657		M 30	51	00:00:00	21,1 KM	+00:39:04	5:37	10.7 (67.3%)
144	CYBUL Anna	520		K 40	10	00:00:00	21,1 KM	+00:39:06	5:38	10.7 (67.3%)
145	BARTNIK Ania	378	WIECZORNE BIEGANIE W OPOLU	K 30	16	00:00:00	21,1 KM	+00:39:18	5:38	10.6 (66.7%)
146	URBANIAK Remigiusz	829		M 30	52	00:00:00	21,1 KM	+00:39:19	5:38	10.6 (66.7%)
147	KOT Arkadiusz	76		M 50	11	00:00:00	21,1 KM	+00:39:19	5:38	10.6 (66.7%)
148	KOWALCZYK Krzysztof	367		M 50	12	00:00:00	21,1 KM	+00:39:23	5:38	10.6 (66.7%)
149	NAWOJOWSKI Adam	80	BRAK	M 50	13	00:00:00	21,1 KM	+00:39:36	5:39	10.6 (66.7%)
150	MICHOŃ Marcin	753		M 20	22	00:00:00	21,1 KM	+00:39:37	5:39	10.6 (66.7%)
151	KLETT Agata	1013	GOSIR OSIELSKO	K 30	17	00:00:00	21,1 KM	+00:39:46	5:39	10.6 (66.7%)
152	OKRĘGLICKA Barbara	371	RUN PASJA	K 50	3	00:00:00	21,1 KM	+00:39:47	5:39	10.6 (66.7%)
153	KONIECKI Tomasz	317		M 40	28	00:00:00	21,1 KM	+00:39:48	5:40	10.6 (66.7%)
154	PISKORSKI Radosław	779		M 20	23	00:00:00	21,1 KM	+00:39:50	5:40	10.6 (66.7%)
155	PARNOWSKA Marlena	1053	12BZ	K 30	18	00:00:00	21,1 KM	+00:40:01	5:40	10.6 (66.7%)
156	BRYŁA Grzegorz	1121		M 40	29	00:00:00	21,1 KM	+00:40:11	5:41	10.6 (66.7%)
157	GAJDA Beata	777		K 50	4	00:00:00	21,1 KM	+00:40:19	5:41	10.5 (66.0%)
158	ŻUBERT Natalia	675		K 30	19	00:00:00	21,1 KM	+00:40:36	5:42	10.5 (66.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
159	CZERWONKA Maciej	670		M 30	53	00:00:00	21,1 KM	+00:40:38	5:42	10.5 (66.0%)
160	KACZMAREK Monika	726	PHOENIX CONTACT WIELKOPOLSKA	K 30	20	00:00:00	21,1 KM	+00:40:38	5:42	10.5 (66.0%)
161	CZAJKOWSKI Sebastian	419		M 30	54	00:00:00	21,1 KM	+00:40:44	5:42	10.5 (66.0%)
162	PRZEKLASA Wojciech	472	WWW.ROWEREMPOPODLASIU.PL	M 50	14	00:00:00	21,1 KM	+00:40:47	5:42	10.5 (66.0%)
163	SAFAREWICZ Tomasz	557		M 40	30	00:00:00	21,1 KM	+00:40:48	5:42	10.5 (66.0%)
164	SUSZEK Jacek	423		M 30	55	00:00:00	21,1 KM	+00:40:52	5:43	10.5 (66.0%)
165	BENTKOWSKA Agnieszka	574	POBIEDZISKA RUNNING TEAM	K 40	11	00:00:00	21,1 KM	+00:40:57	5:43	10.5 (66.0%)
166	GŁADYSZ Łukasz	7	TT SZCZECIN	M 30	56	00:00:00	21,1 KM	+00:40:58	5:43	10.5 (66.0%)
167	KOŻYCZAK Aleksandra	198		K 20	7	00:00:00	21,1 KM	+00:41:06	5:43	10.5 (66.0%)
168	MARZEC Kamil	769		M 20	24	00:00:00	21,1 KM	+00:41:07	5:43	10.5 (66.0%)
169	ĆWIRTA-BAŃKOWSKA Małgorzata	988		K 20	8	00:00:00	21,1 KM	+00:41:08	5:43	10.5 (66.0%)
170	OKRĘGLICKI Antoni	370	RUN PASJA	M 70+	1	00:00:00	21,1 KM	+00:41:17	5:44	10.5 (66.0%)
171	JASTRZĘBSKA-DEMCZAR Aneta	395		K 40	12	00:00:00	21,1 KM	+00:41:18	5:44	10.4 (65.4%)
172	TROJNAR Jarosław	1090	BANDA ŁYSEGO	M 30	57	00:00:00	21,1 KM	+00:41:30	5:44	10.4 (65.4%)
173	MURAWSKI Arkadiusz	683		M 20	25	00:00:00	21,1 KM	+00:41:38	5:45	10.4 (65.4%)
174	HAŁKA Justyna	966	TRUCHT ŁOBEZ	M 40	31	00:00:00	21,1 KM	+00:41:46	5:45	10.4 (65.4%)
175	NYKOLAJCZUK Robert	1120		M 40	32	00:00:00	21,1 KM	+00:41:49	5:45	10.4 (65.4%)
176	RUDAWSKA Marzenna	667		K 40	13	00:00:00	21,1 KM	+00:41:54	5:45	10.4 (65.4%)
177	RUDNIK-MIJAL Małgorzata	1137	ZMĘCZENI NA STARCIE	K 40	14	00:00:00	21,1 KM	+00:41:58	5:46	10.4 (65.4%)
178	JANISZEWSKI Jakub	879	SII RUNNING TEAM	M 30	58	00:00:00	21,1 KM	+00:41:59	5:46	10.4 (65.4%)
179	KRÓL Arkadiusz	576		M 40	33	00:00:00	21,1 KM	+00:42:00	5:46	10.4 (65.4%)
180	ZUBRZYCKA Emilia	178		K 20	9	00:00:00	21,1 KM	+00:42:02	5:46	10.4 (65.4%)
181	PILAWSKI Piotr	268		M 20	26	00:00:00	21,1 KM	+00:42:05	5:46	10.4 (65.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
182	DATA Krystian	266	K.A. TEAM BYSTRA	M 20	27	00:00:00	21,1 KM	+00:42:11	5:46	10.4 (65.4%)
183	RUMIŃSKI Patryk	1138		M 30	59	00:00:00	21,1 KM	+00:42:12	5:46	10.4 (65.4%)
184	KRUMPLEWSKI Mariusz	135		M 40	34	00:00:00	21,1 KM	+00:42:22	5:47	10.4 (65.4%)
185	KALINKA-BASZUN Daria	510		K 30	21	00:00:00	21,1 KM	+00:42:33	5:47	10.4 (65.4%)
186	BLICHARZ Kamila	1125		K 30	22	00:00:00	21,1 KM	+00:42:37	5:48	10.3 (64.8%)
187	TEŚLUK Marcin	6		M 30	60	00:00:00	21,1 KM	+00:42:49	5:48	10.3 (64.8%)
188	SIECZKOWSKI Marcin	81		M 40	35	00:00:00	21,1 KM	+00:42:53	5:48	10.3 (64.8%)
189	KĘDZIORA Małgorzata	680		K 20	10	00:00:00	21,1 KM	+00:42:56	5:48	10.3 (64.8%)
190	DOLATA Marcin	187		M 40	36	00:00:00	21,1 KM	+00:43:00	5:49	10.3 (64.8%)
191	SERAFIN Michał	403	HWBC	M 30	61	00:00:00	21,1 KM	+00:43:08	5:49	10.3 (64.8%)
192	JÓSEWICZ Grzegorz	453		M 30	62	00:00:00	21,1 KM	+00:43:15	5:49	10.3 (64.8%)
193	PRZEWOSKA Paulina	5	TRITON KONIN	K 30	23	00:00:00	21,1 KM	+00:43:19	5:50	10.3 (64.8%)
194	OTKAŁA Karol	41		M 30	63	00:00:00	21,1 KM	+00:43:22	5:50	10.3 (64.8%)
195	STEFANIUK Tomasz	792	PGB	M 40	37	00:00:00	21,1 KM	+00:43:26	5:50	10.3 (64.8%)
196	MISZCZYK Sebastian	47		M 20	28	00:00:00	21,1 KM	+00:43:30	5:50	10.3 (64.8%)
197	KLIMONTOWICZ Kuba	1073		M 40	38	00:00:00	21,1 KM	+00:43:42	5:51	10.3 (64.8%)
198	SMOLIŃSKI Piotr	702		M 50	15	00:00:00	21,1 KM	+00:43:42	5:51	10.3 (64.8%)
199	KOCHANOWICZ Marek	565	KB WIKON NOWA SÓL	M 40	39	00:00:00	21,1 KM	+00:43:44	5:51	10.3 (64.8%)
200	HUDECKI Dominik	73		M 30	64	00:00:00	21,1 KM	+00:43:52	5:51	10.2 (64.2%)
201	SOBOL Dominik	292		M 20	29	00:00:00	21,1 KM	+00:44:11	5:52	10.2 (64.2%)
202	KAMIŃSKI Kamil	342		M 30	65	00:00:00	21,1 KM	+00:44:11	5:52	10.2 (64.2%)
203	MIŚ Paweł	969		M 30	66	00:00:00	21,1 KM	+00:44:17	5:52	10.2 (64.2%)
204	SIERZPUTOWSKI Piotr	1110		M 20	30	00:00:00	21,1 KM	+00:44:20	5:52	10.2 (64.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
205	MARCINEK Marcin	868		M 30	67	00:00:00	21,1 KM	+00:44:20	5:52	10.2 (64.2%)
206	KOBA Magda	238		K 30	24	00:00:00	21,1 KM	+00:44:20	5:52	10.2 (64.2%)
207	KNAP Leszek	89	WŁĄSNY	M 30	68	00:00:00	21,1 KM	+00:44:21	5:52	10.2 (64.2%)
208	GOYKE Sebastian	614		M 20	31	00:00:00	21,1 KM	+00:44:23	5:53	10.2 (64.2%)
209	SIENKIEWICZ Robert	522		M 50	16	00:00:00	21,1 KM	+00:44:24	5:53	10.2 (64.2%)
210	KOSTRZEWSKA - BOSAK Paulina	201	GOSCINIEC TEAM	K 30	25	00:00:00	21,1 KM	+00:44:27	5:53	10.2 (64.2%)
211	KNOP Damian	363	GEBERIT TEAM	M 30	69	00:00:00	21,1 KM	+00:44:33	5:53	10.2 (64.2%)
212	GĘBSKI Mieczysław	1082		M 60	3	00:00:00	21,1 KM	+00:44:35	5:53	10.2 (64.2%)
213	KRYSIAK Kamil	928	KB PENTO STRZELCE KRAJ.	M 30	70	00:00:00	21,1 KM	+00:44:36	5:53	10.2 (64.2%)
214	RYBICKI Kamil	443	12 BZ	M 20	32	00:00:00	21,1 KM	+00:44:40	5:53	10.2 (64.2%)
215	CIESIELSKI Krzysztof	51	FAST WALKER	M 60	4	00:00:00	21,1 KM	+00:44:41	5:53	10.2 (64.2%)
216	LOBA Arkadiusz	1243		M 20	33	00:00:00	21,1 KM	+00:44:42	5:53	10.2 (64.2%)
217	KOWALCZUK Tomasz	866		M 40	40	00:00:00	21,1 KM	+00:44:43	5:53	10.2 (64.2%)
218	LASZKIEWICZ Patrycja	944		K 40	15	00:00:00	21,1 KM	+00:44:55	5:54	10.2 (64.2%)
219	JANCZYNSKI Karol	953	JK84	M 30	71	00:00:00	21,1 KM	+00:44:57	5:54	10.2 (64.2%)
220	PARTYKA Agata	854	BIEGNĘ BYLE DOBIEC	K 40	16	00:00:00	21,1 KM	+00:44:58	5:56	10.1 (63.5%)
221	ZIELIŃSKI Marcin	693		M 30	72	00:00:00	21,1 KM	+00:45:10	5:55	10.1 (63.5%)
222	GABRYLEWSKA-KOTIK Mirosława	1066		K 30	26	00:00:00	21,1 KM	+00:45:11	5:56	10.1 (63.5%)
223	KILKOWSKI Jarosław	366		M 50	17	00:00:00	21,1 KM	+00:45:12	5:55	10.1 (63.5%)
224	ZATOŃSKI Robert	640		M 20	34	00:00:00	21,1 KM	+00:45:20	5:55	10.1 (63.5%)
225	FRANKÓW Mirosław	881		M 40	41	00:00:00	21,1 KM	+00:45:23	5:55	10.1 (63.5%)
226	DZIDO Edyta	146	NIDZICA BIEGA	K 40	17	00:00:00	21,1 KM	+00:45:25	5:58	10.1 (63.5%)
227	KOLBER Karol	858		M 20	35	00:00:00	21,1 KM	+00:45:29	5:56	10.1 (63.5%)
228	SURDAcki Jerzy	63	DRUŻYNA SZPIKU	M 20	36	00:00:00	21,1 KM	+00:45:30	5:56	10.1 (63.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
229	POPIOŁEK Przemysław	1026		M 40	42	00:00:00	21,1 KM	+00:45:39	5:56	10.1 (63.5%)
230	SZCZYGIELSKI Krzysztof	1048		M 30	73	00:00:00	21,1 KM	+00:45:42	5:56	10.1 (63.5%)
231	KACIUPA Arkadiusz	495		M 20	37	00:00:00	21,1 KM	+00:45:42	5:56	10.1 (63.5%)
232	FARGANUS Monika	815	ZABIEGANI Z LEŚNEJ	K 30	27	00:00:00	21,1 KM	+00:45:44	5:56	10.1 (63.5%)
233	KOLBER Monika	859		K 30	28	00:00:00	21,1 KM	+00:45:45	5:56	10.1 (63.5%)
234	SĘK Marcin	908		M 30	74	00:00:00	21,1 KM	+00:45:47	5:57	10.1 (63.5%)
235	CHRUL Tomasz	975		M 30	75	00:00:00	21,1 KM	+00:45:50	5:57	10.1 (63.5%)
236	GRZELAK Jakub	812	ENEA BIEGAMY ZBIERAMY PAMAGAMY	M 20	38	00:00:00	21,1 KM	+00:45:58	5:57	10.1 (63.5%)
237	MASŁOWSKA Barbara	53		K 40	18	00:00:00	21,1 KM	+00:46:03	5:57	10.1 (63.5%)
238	KOWALCZYK Monika	900		K 30	29	00:00:00	21,1 KM	+00:46:06	5:57	10.1 (63.5%)
239	JANKOWSKI Maciej	647	FAURECIA RUN	M 50	18	00:00:00	21,1 KM	+00:46:07	5:57	10.1 (63.5%)
240	SZAKOŁA Paweł	226		M 30	76	00:00:00	21,1 KM	+00:46:07	5:57	10.1 (63.5%)
241	ZATOŃSKI Michał	799		M 20	39	00:00:00	21,1 KM	+00:46:14	5:58	10 (62.9%)
242	ŚLACHCIAK Jacek	499		M 50	19	00:00:00	21,1 KM	+00:46:15	5:58	10 (62.9%)
243	ŚLACHCIAK Joanna	817		K 50	5	00:00:00	21,1 KM	+00:46:15	5:58	10 (62.9%)
244	RADWAN Olimpia	698		K 40	19	00:00:00	21,1 KM	+00:46:17	5:58	10 (62.9%)
245	SAWA Malwina	993		K 30	30	00:00:00	21,1 KM	+00:46:17	5:59	10 (62.9%)
246	BLICHARSKA Marta	1141	12BZ TEAM	K 30	31	00:00:00	21,1 KM	+00:46:32	5:59	10 (62.9%)
247	WAKUŁA Aleksander	716		M 20	40	00:00:00	21,1 KM	+00:46:35	5:59	10 (62.9%)
248	OKRĄGŁA Agnieszka	17		K 30	32	00:00:00	21,1 KM	+00:46:36	5:59	10 (62.9%)
249	SIU Artur	791		M 30	77	00:00:00	21,1 KM	+00:46:39	5:59	10 (62.9%)
250	KUBIAK Tomasz	1031	KW PSP SZCZECIN	M 30	78	00:00:00	21,1 KM	+00:46:42	5:59	10 (62.9%)
251	PIETRZAK Jolanta	648		K 30	33	00:00:00	21,1 KM	+00:46:50	6:00	10 (62.9%)
252	PIETRZAK Katarzyna	242		K 30	34	00:00:00	21,1 KM	+00:46:51	6:00	10 (62.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
253	WOLSKA Aleksandra	821		K 40	20	00:00:00	21,1 KM	+00:46:53	6:00	10 (62.9%)
254	KALINOWSKI Łukasz	460		M 30	79	00:00:00	21,1 KM	+00:46:57	6:00	10 (62.9%)
255	LEWANDOWSKI Maciej	882	FCBPOLSKA	M 20	41	00:00:00	21,1 KM	+00:46:58	6:00	10 (62.9%)
256	SZCZESZEK Marcin	679	BIEGANIE USKRZYDLA	M 30	80	00:00:00	21,1 KM	+00:47:02	6:00	10 (62.9%)
257	SODNOMGOMBO Alimaa	98	FIZJOBIEGACZE SZCZECIN	K 50	6	00:00:00	21,1 KM	+00:47:14	6:01	10 (62.9%)
258	JACHYM Jakub	561		M 30	81	00:00:00	21,1 KM	+00:47:21	6:01	10 (62.9%)
259	BANACH Andrzej	247		M 30	82	00:00:00	21,1 KM	+00:47:21	6:01	10 (62.9%)
260	LEWSZYK Anna	890		K 50	7	00:00:00	21,1 KM	+00:47:26	6:01	10 (62.9%)
261	BIEDRZYŃSKI Roman	410		M 30	83	00:00:00	21,1 KM	+00:47:27	6:01	10 (62.9%)
262	HAŁAS Ewa	386		K 30	35	00:00:00	21,1 KM	+00:47:32	6:01	9.9 (62.3%)
263	POŚLEDNIA Teresa	368	WIECZORNE BIEGANIE W OPOLU	K 40	21	00:00:00	21,1 KM	+00:47:32	6:01	9.9 (62.3%)
264	WALASZCZYK Patrycja	987		K 20	11	00:00:00	21,1 KM	+00:47:35	6:02	9.9 (62.3%)
265	GOŁUBOWICZ Marzena	409		K 30	36	00:00:00	21,1 KM	+00:47:35	6:02	9.9 (62.3%)
266	IMIANOWSKA Ewa	230		K 40	22	00:00:00	21,1 KM	+00:47:43	6:02	9.9 (62.3%)
267	ŁUSIAK Małgorzata	825		K 40	23	00:00:00	21,1 KM	+00:47:47	6:02	9.9 (62.3%)
268	LACH Marta	941	SLOW JOGINNG BIAŁOŁĘKA	K 40	24	00:00:00	21,1 KM	+00:47:48	6:02	9.9 (62.3%)
269	WICIAK Natalia	819		K 30	37	00:00:00	21,1 KM	+00:47:49	6:02	9.9 (62.3%)
270	MATLUCH Agata	946		K 40	25	00:00:00	21,1 KM	+00:47:49	6:02	9.9 (62.3%)
271	OSOWSKI Dominik	586		M 20	42	00:00:00	21,1 KM	+00:47:51	6:02	9.9 (62.3%)
272	WYSZOMIRSKI Marek	1086		M 40	43	00:00:00	21,1 KM	+00:47:58	6:03	9.9 (62.3%)
273	KOŃCZAL Artur	699		M 40	44	00:00:00	21,1 KM	+00:47:59	6:03	9.9 (62.3%)
274	SURDAKCI Jerzy	42	DRUŻYNA SZPIKU	M 40	45	00:00:00	21,1 KM	+00:48:00	6:03	9.9 (62.3%)
275	MORAWIAK Krzysztof	1826		M 30	84	00:00:00	21,1 KM	+00:48:05	6:03	9.9 (62.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
276	SZCZEPARA Katarzyna	655		K 20	12	00:00:00	21,1 KM	+00:48:08	6:03	9.9 (62.3%)
277	KOCOŃ Przemysław	290		M 40	46	00:00:00	21,1 KM	+00:48:10	6:03	9.9 (62.3%)
278	GIERMAKOWSKI Maciej	963		M 30	85	00:00:00	21,1 KM	+00:48:11	6:03	9.9 (62.3%)
279	GROCHALSKA Agata	462		K 50	8	00:00:00	21,1 KM	+00:48:11	6:03	9.9 (62.3%)
280	RÓŻALSKI Piotr	990	PSG	M 40	47	00:00:00	21,1 KM	+00:48:23	6:05	9.8 (61.6%)
281	SAWKA Sylwester	898		M 30	86	00:00:00	21,1 KM	+00:48:35	6:04	9.9 (62.3%)
282	ROSOŁOWSKI Krystian	1072		M 30	87	00:00:00	21,1 KM	+00:48:41	6:05	9.9 (62.3%)
283	SPROGIS-PIETRUCZUK Katarzyna	420		K 30	38	00:00:00	21,1 KM	+00:48:51	6:05	9.8 (61.6%)
284	KOBYŁECKA Sylwia	361	TEAM ZABIEGANEDNI	K 30	39	00:00:00	21,1 KM	+00:48:52	6:05	9.8 (61.6%)
285	BAJOREK Jacek	254		M 40	48	00:00:00	21,1 KM	+00:48:54	6:05	9.8 (61.6%)
286	DUDA Karolina	119	1988	K 30	40	00:00:00	21,1 KM	+00:49:03	6:06	9.8 (61.6%)
287	DRĄG Rafał	801		M 30	88	00:00:00	21,1 KM	+00:49:03	6:06	9.8 (61.6%)
288	PAWŁOWSKA Monika	172		K 40	26	00:00:00	21,1 KM	+00:49:06	6:06	9.8 (61.6%)
289	WÓJCIK Aleksandra	592	WÓJCIKI	K 30	41	00:00:00	21,1 KM	+00:49:06	6:06	9.8 (61.6%)
290	SZUDERA Kamila	196		K 30	42	00:00:00	21,1 KM	+00:49:07	6:06	9.8 (61.6%)
291	MAŁASIEWICZ Marta	518	AUTOLIV POLAND SP. Z O.O.	K 40	27	00:00:00	21,1 KM	+00:49:08	6:06	9.8 (61.6%)
292	DĄBROWSKA Joanna	962		K 30	43	00:00:00	21,1 KM	+00:49:14	6:06	9.8 (61.6%)
293	MINER Artur	75		M 40	49	00:00:00	21,1 KM	+00:49:20	6:07	9.8 (61.6%)
294	SEWERYN Karolina	654		K 20	13	00:00:00	21,1 KM	+00:49:24	6:07	9.8 (61.6%)
295	GRĘBICKI Sławomir	413	WKU STARGARD	M 40	50	00:00:00	21,1 KM	+00:49:41	6:08	9.8 (61.6%)
296	MATLUCH Jacek	945		M 40	51	00:00:00	21,1 KM	+00:49:43	6:08	9.8 (61.6%)
297	SURDAKKA Joanna	43		K 40	28	00:00:00	21,1 KM	+00:49:58	6:08	9.8 (61.6%)
298	PISZCZEK Sławomir	623		M 40	52	00:00:00	21,1 KM	+00:50:10	6:09	9.7 (61.0%)
299	ROSZATYCKI Łukasz	1128		M 30	89	00:00:00	21,1 KM	+00:50:11	6:09	9.7 (61.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
300	KUJDA Renata	677		K 30	44	00:00:00	21,1 KM	+00:50:23	6:10	9.7 (61.0%)
301	TOWIAŃSKI Patryk	578		M 30	90	00:00:00	21,1 KM	+00:50:25	6:10	9.7 (61.0%)
302	WOSZCZYŃSKI Adrian	161		M 20	43	00:00:00	21,1 KM	+00:50:27	6:10	9.7 (61.0%)
303	RADWAN Jakub	700		M 30	91	00:00:00	21,1 KM	+00:50:27	6:10	9.7 (61.0%)
304	WOŹNIAK Sebastian	653		M 20	44	00:00:00	21,1 KM	+00:50:29	6:10	9.7 (61.0%)
305	LEŃ Grzegorz	598	ŻARY RUNNERS TEAM	M 40	53	00:00:00	21,1 KM	+00:50:31	6:10	9.7 (61.0%)
306	MANDUK-CZYŻYK Nina	459	MEDICONCONSULT	K 30	45	00:00:00	21,1 KM	+00:50:31	6:10	9.7 (61.0%)
307	MIKOŁAJCZYK Alicja	112	AGB NYGUS CHOJNA	K 30	46	00:00:00	21,1 KM	+00:50:33	6:10	9.7 (61.0%)
308	SUSZEK Edyta	806		K 30	47	00:00:00	21,1 KM	+00:50:33	6:10	9.7 (61.0%)
309	KOWALCZYK Mirosławao	352		K 50	9	00:00:00	21,1 KM	+00:50:38	6:10	9.7 (61.0%)
310	LEŃ Joanna	599		K 40	29	00:00:00	21,1 KM	+00:50:40	6:10	9.7 (61.0%)
311	HADRO Sławek	823	AKTYWNY DYNÓW	M 30	92	00:00:00	21,1 KM	+00:50:41	6:10	9.7 (61.0%)
312	KACZMAREK Krystian	489		M 20	45	00:00:00	21,1 KM	+00:50:45	6:11	9.7 (61.0%)
313	PAWŁOWSKA-ZALEJSKA Justyna	490		K 30	48	00:00:00	21,1 KM	+00:50:48	6:11	9.7 (61.0%)
314	KOCZWARA Anna	1055	SMOK WAWELSKI	K 30	49	00:00:00	21,1 KM	+00:50:50	6:11	9.7 (61.0%)
315	MARKULAK Ella	442	CFZ	K 40	30	00:00:00	21,1 KM	+00:50:56	6:11	9.7 (61.0%)
316	NIEDŹWIECKI Robert	197		M 40	54	00:00:00	21,1 KM	+00:51:04	6:12	9.7 (61.0%)
317	RYBSKI Mariusz	921		M 40	55	00:00:00	21,1 KM	+00:51:04	6:12	9.7 (61.0%)
318	WALACHOWSKA Agnieszka	454		K 40	31	00:00:00	21,1 KM	+00:51:06	6:12	9.7 (61.0%)
319	TYTONIK Marek	117	UKS-47 JUDO BUSHIDO-MORUS	M 40	56	00:00:00	21,1 KM	+00:51:07	6:12	9.7 (61.0%)
320	NIEDŹWIECKI Bastian	123		M 20	46	00:00:00	21,1 KM	+00:51:10	6:12	9.7 (61.0%)
321	URASINSKA Elżbieta	116		K 50	10	00:00:00	21,1 KM	+00:51:15	6:12	9.7 (61.0%)
322	DOTKA Ryszard	566		M 20	47	00:00:00	21,1 KM	+00:51:17	6:12	9.7 (61.0%)
323	BILIŃSKI Zbigniew	818		M 50	20	00:00:00	21,1 KM	+00:51:20	6:12	9.7 (61.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
324	NOWAK Monika	899		K 40	32	00:00:00	21,1 KM	+00:51:21	6:12	9.7 (61.0%)
325	KADUSHKA Leanid	326		M 30	93	00:00:00	21,1 KM	+00:51:31	6:13	9.6 (60.4%)
326	PONCYLIUSZ Rafał	1087	NEW BALANCE RUN CLUB	M 30	94	00:00:00	21,1 KM	+00:51:33	6:13	9.6 (60.4%)
327	ŚLUSARCZYK Roman	827		M 30	95	00:00:00	21,1 KM	+00:51:34	6:13	9.6 (60.4%)
328	PASTERNAK Zbigniew	959	OPEL ACTIVE TEAM	M 40	57	00:00:00	21,1 KM	+00:51:36	6:13	9.6 (60.4%)
329	HOŁOWACZ Tomasz	754	KONDYCJA	M 70+	2	00:00:00	21,1 KM	+00:51:36	6:13	9.6 (60.4%)
330	OLENDEREK Monika	130		K 40	33	00:00:00	21,1 KM	+00:51:36	6:13	9.6 (60.4%)
331	ROGIEN Arkadiusz	636	12BZ KU CZCI I PAMIĘCI	M 40	58	00:00:00	21,1 KM	+00:51:38	6:13	9.6 (60.4%)
332	ANTOSIK Nataniel	299		M 20	48	00:00:00	21,1 KM	+00:51:39	6:13	9.6 (60.4%)
333	ŁOPATA Marcin	893		M 40	59	00:00:00	21,1 KM	+00:51:51	6:14	9.6 (60.4%)
334	GARBACKI Igor	797		M 20	49	00:00:00	21,1 KM	+00:51:53	6:14	9.6 (60.4%)
335	SZYDZIAK Kamila	824		K 30	50	00:00:00	21,1 KM	+00:51:54	6:14	9.6 (60.4%)
336	WĘGIELSKA-ŚLIWA Agnieszka	638		K 40	34	00:00:00	21,1 KM	+00:51:57	6:14	9.6 (60.4%)
337	MADERA Marcin	914		M 30	96	00:00:00	21,1 KM	+00:52:11	6:15	9.6 (60.4%)
338	TYCZYŃSKA Małgorzata	1042	SZYBKIE ŻÓŁWIE	K 50	11	00:00:00	21,1 KM	+00:52:13	6:15	9.6 (60.4%)
339	KUROWSKA Iwona	258		K 40	35	00:00:00	21,1 KM	+00:52:14	6:15	9.6 (60.4%)
340	NASTAŁY Wiktoria	857		K 20	14	00:00:00	21,1 KM	+00:52:15	6:15	9.6 (60.4%)
341	NOWAKOWSKA Edyta	996		K 20	15	00:00:00	21,1 KM	+00:52:25	6:15	9.6 (60.4%)
342	MECHLIŃSKI Tomasz	1145		M 40	60	00:00:00	21,1 KM	+00:52:26	6:15	9.6 (60.4%)
343	KOZŁOWSKI Pawel	1107		M 30	97	00:00:00	21,1 KM	+00:52:27	6:22	9.4 (59.1%)
344	DUNAJ Przemysław	509		M 40	61	00:00:00	21,1 KM	+00:52:36	6:16	9.6 (60.4%)
345	CHOSZCZ Agnieszka	930		K 50	12	00:00:00	21,1 KM	+00:52:38	6:16	9.6 (60.4%)
346	ŚLIWIŃSKA Iwona	455		K 40	36	00:00:00	21,1 KM	+00:52:38	6:16	9.6 (60.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
347	RZAŚA Agnieszka	662		K 40	37	00:00:00	21,1 KM	+00:52:45	6:16	9.6 (60.4%)
348	KRYMOWSKI Rafał	219		M 30	98	00:00:00	21,1 KM	+00:52:49	6:17	9.5 (59.7%)
349	DĄBROWSKA Anna	1102		K 40	38	00:00:00	21,1 KM	+00:52:53	6:17	9.5 (59.7%)
350	FRĄCKOWSKA Patrycja	1016	GOSIR OSIELSKO	K 30	51	00:00:00	21,1 KM	+00:52:54	6:17	9.5 (59.7%)
351	WOCHOWSKA Izabela	340	WITUNIA WEEKEND MARATON	K 40	39	00:00:00	21,1 KM	+00:53:03	6:17	9.5 (59.7%)
352	PIETRZAK-KOBIERSKA Joanna	896		K 30	52	00:00:00	21,1 KM	+00:53:05	6:17	9.5 (59.7%)
353	GADOMSKI Piotr	605		M 40	62	00:00:00	21,1 KM	+00:53:06	6:17	9.5 (59.7%)
354	MOŃ Bartłomiej	1108		M 30	99	00:00:00	21,1 KM	+00:53:09	6:17	9.5 (59.7%)
355	PENTEŁA Mariusz	446		M 40	63	00:00:00	21,1 KM	+00:53:15	6:18	9.5 (59.7%)
356	GRZESIAK Ryś	778		M 50	21	00:00:00	21,1 KM	+00:53:16	6:18	9.5 (59.7%)
357	JANKOWSKI Piotr	751	12BZ KU CZCI PAMIĘCI	M 30	100	00:00:00	21,1 KM	+00:53:16	6:18	9.5 (59.7%)
358	MICHALAK Anna	132		K 30	53	00:00:00	21,1 KM	+00:53:20	6:18	9.5 (59.7%)
359	ŚWINCZYK Tomasz	514		M 30	101	00:00:00	21,1 KM	+00:53:24	6:18	9.5 (59.7%)
360	PUCZEL Piotr	200		M 30	102	00:00:00	21,1 KM	+00:53:25	6:18	9.5 (59.7%)
361	DREWNIAK Artur	1029		M 30	103	00:00:00	21,1 KM	+00:53:28	6:18	9.5 (59.7%)
362	WIETRZYK Adriana	929		K 40	40	00:00:00	21,1 KM	+00:53:29	6:18	9.5 (59.7%)
363	BEJNAROWICZ Oliwia	747		K 20	16	00:00:00	21,1 KM	+00:53:31	6:19	9.5 (59.7%)
364	WOCHOWSKI Jarosław	341	WITUNIA WEEKEND MARATON	M 40	64	00:00:00	21,1 KM	+00:53:36	6:19	9.5 (59.7%)
365	ROMAŃSKA Joanna	177		K 30	54	00:00:00	21,1 KM	+00:53:38	6:20	9.4 (59.1%)
366	GAWROŃSKA Angelika	83		K 20	17	00:00:00	21,1 KM	+00:53:38	6:19	9.5 (59.7%)
367	LASZCZYK Nadia	844		K 30	55	00:00:00	21,1 KM	+00:53:40	6:21	9.4 (59.1%)
368	CZYŻYK Przemysław	458		M 30	104	00:00:00	21,1 KM	+00:53:42	6:19	9.5 (59.7%)
369	CHMIELUK Arkadiusz	479		M 20	50	00:00:00	21,1 KM	+00:53:44	6:20	9.5 (59.7%)
370	JESIŃSKA Monika	591		K 30	56	00:00:00	21,1 KM	+00:53:58	6:20	9.5 (59.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
371	MARECKA Anna	179		K 20	18	00:00:00	21,1 KM	+00:54:03	6:22	9.4 (59.1%)
372	ZALEJSKI Tomasz	491		M 40	65	00:00:00	21,1 KM	+00:54:06	6:20	9.5 (59.7%)
373	ŁĘCKI Krzysztof	18	K(R)OPKA TEAM	M 20	51	00:00:00	21,1 KM	+00:54:06	6:20	9.5 (59.7%)
374	KOTŁOWSKA Marlena	353	KWIDZYN BIEGA	K 40	41	00:00:00	21,1 KM	+00:54:09	6:20	9.5 (59.7%)
375	OSTASZEWSKA Zofia	780		K 20	19	00:00:00	21,1 KM	+00:54:13	6:21	9.4 (59.1%)
376	KRAWCZEWSKA Karolina	1010		K 30	57	00:00:00	21,1 KM	+00:54:14	6:21	9.4 (59.1%)
377	MARENDZIAK Wiktor	796		M 20	52	00:00:00	21,1 KM	+00:54:15	6:21	9.4 (59.1%)
378	BARTKOWSKI Dawid	740		M 30	105	00:00:00	21,1 KM	+00:54:16	6:21	9.4 (59.1%)
379	KAP Michał	705		M 30	106	00:00:00	21,1 KM	+00:54:20	6:21	9.4 (59.1%)
380	PIASECKI Krzysztof	1133		M 30	107	00:00:00	21,1 KM	+00:54:20	6:21	9.4 (59.1%)
381	PATYNOWSKI Maciej	503		M 30	108	00:00:00	21,1 KM	+00:54:23	6:21	9.4 (59.1%)
382	BYRA Marek	1100		M 40	66	00:00:00	21,1 KM	+00:54:28	6:21	9.4 (59.1%)
383	KAPCIA Michał	289		M 30	109	00:00:00	21,1 KM	+00:54:28	6:21	9.4 (59.1%)
384	BOROWIAK Marlena	846		K 40	42	00:00:00	21,1 KM	+00:54:29	6:21	9.4 (59.1%)
385	TARGOSZYŃSKA Patrycja	354		K 40	43	00:00:00	21,1 KM	+00:54:37	6:22	9.4 (59.1%)
386	STRUŚ Krzysztof	590		M 30	110	00:00:00	21,1 KM	+00:54:49	6:22	9.4 (59.1%)
387	STRZĘPKA Adam	167		M 30	111	00:00:00	21,1 KM	+00:54:50	6:22	9.4 (59.1%)
388	SZMYT Tomasz	57		M 20	53	00:00:00	21,1 KM	+00:54:51	6:22	9.4 (59.1%)
389	PIEGAT Agnieszka	894		K 30	58	00:00:00	21,1 KM	+00:54:56	6:23	9.4 (59.1%)
390	HALAMA-JONKISZ Katarzyna	723		K 30	59	00:00:00	21,1 KM	+00:55:10	6:23	9.4 (59.1%)
391	KONOPACKI Piotr	356		M 40	67	00:00:00	21,1 KM	+00:55:16	6:23	9.4 (59.1%)
392	SUSZCZYK Monika	542		M 40	68	00:00:00	21,1 KM	+00:55:18	6:24	9.4 (59.1%)
393	KOZAK Mariusz	729		M 30	112	00:00:00	21,1 KM	+00:55:19	6:24	9.4 (59.1%)
394	IZAK Katarzyna	111		K 40	44	00:00:00	21,1 KM	+00:55:20	6:24	9.4 (59.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
395	TOŁKACZ Karolina	85	SZCZECIN	K 30	60	00:00:00	21,1 KM	+00:55:21	6:24	9.4 (59.1%)
396	PASZEK Sebastian	738		M 30	113	00:00:00	21,1 KM	+00:55:26	6:24	9.4 (59.1%)
397	TARASIEWICZ Sylwia	1114		K 30	61	00:00:00	21,1 KM	+00:55:27	6:24	9.4 (59.1%)
398	KOZINIEC Ewelina	570	DRUŻYNA FILIPA	K 40	45	00:00:00	21,1 KM	+00:55:29	6:24	9.4 (59.1%)
399	MICHALCZUK Karolina	90		K 30	62	00:00:00	21,1 KM	+00:55:34	6:24	9.4 (59.1%)
400	WILCZEK Tomasz	611		M 20	54	00:00:00	21,1 KM	+00:55:37	6:24	9.4 (59.1%)
401	WOŹNIAK Agnieszka	249		K 40	46	00:00:00	21,1 KM	+00:55:37	6:24	9.4 (59.1%)
402	SIKORSKI Paweł	689		M 30	114	00:00:00	21,1 KM	+00:55:42	6:25	9.3 (58.5%)
403	KOBYLNIK Agata	16	FIZJOTERAPIA NA KÓŁKACH	K 30	63	00:00:00	21,1 KM	+00:55:46	6:25	9.3 (58.5%)
404	LIPKO Adam	998	DZIK SŁAWATYCZE	M 40	69	00:00:00	21,1 KM	+00:55:49	6:27	9.3 (58.5%)
405	KUJAWIAK Marta	269		K 20	20	00:00:00	21,1 KM	+00:55:53	6:25	9.3 (58.5%)
406	WOŹNIAK Joanna	852		K 30	64	00:00:00	21,1 KM	+00:55:57	6:25	9.3 (58.5%)
407	MOKICKI Piotr	526	CERSANIT RUNING TEAM	M 40	70	00:00:00	21,1 KM	+00:56:00	6:26	9.3 (58.5%)
408	MOGILEWSKI Krzysztof	209		M 50	22	00:00:00	21,1 KM	+00:56:00	6:26	9.3 (58.5%)
409	LITWIC Dariusz	190		M 50	23	00:00:00	21,1 KM	+00:56:02	6:26	9.3 (58.5%)
410	SZYRWIŃSKI Andrzej	276		M 60	5	00:00:00	21,1 KM	+00:56:04	6:26	9.3 (58.5%)
411	KUŚNIERZ Mateusz	593		M 20	55	00:00:00	21,1 KM	+00:56:13	6:26	9.3 (58.5%)
412	SZCZUREK Michał	4		M 20	56	00:00:00	21,1 KM	+00:56:20	6:27	9.3 (58.5%)
413	GRYSAK Iwona	205		K 20	21	00:00:00	21,1 KM	+00:56:24	6:27	9.3 (58.5%)
414	WOŹNIAK Piotr	422	WIECZORNE BIEGANIE W SZCZECINIE	M 30	115	00:00:00	21,1 KM	+00:56:25	6:27	9.3 (58.5%)
415	KOŁACKA Anna	155		K 30	65	00:00:00	21,1 KM	+00:56:28	6:27	9.3 (58.5%)
416	HAŁKA Justyna	965	TRUCHT ŁOBEZ	K 30	66	00:00:00	21,1 KM	+00:56:29	6:27	9.3 (58.5%)
417	KACZOR Renata	718		K 40	47	00:00:00	21,1 KM	+00:56:36	6:27	9.3 (58.5%)
418	GÓRNA Halina	399		K 30	67	00:00:00	21,1 KM	+00:56:40	6:27	9.3 (58.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
419	PASZEK Anna	739		K 30	68	00:00:00	21,1 KM	+00:56:43	6:28	9.3 (58.5%)
420	KOLATOR Witold	976		M 30	116	00:00:00	21,1 KM	+00:56:47	6:28	9.3 (58.5%)
421	JEDNACZ Bartosz	582		M 30	117	00:00:00	21,1 KM	+00:56:50	6:28	9.3 (58.5%)
422	EMIELJANIUK Adam	835		M 30	118	00:00:00	21,1 KM	+00:56:58	6:28	9.3 (58.5%)
423	GRABOWSKI Michał	760		M 30	119	00:00:00	21,1 KM	+00:57:01	6:28	9.3 (58.5%)
424	GRUCELSKA Malgorzata	383		K 30	69	00:00:00	21,1 KM	+00:57:02	6:29	9.3 (58.5%)
425	HEJMEJ Kamila	1022		K 30	70	00:00:00	21,1 KM	+00:57:04	6:29	9.3 (58.5%)
426	ADAMIAK Andrzej	434		M 50	24	00:00:00	21,1 KM	+00:57:12	6:29	9.2 (57.9%)
427	ŚCIBIOREK Arkadiusz	692		M 30	120	00:00:00	21,1 KM	+00:57:13	6:29	9.2 (57.9%)
428	PIECHOTA Wojciech	547		M 40	71	00:00:00	21,1 KM	+00:57:17	6:29	9.2 (57.9%)
429	STENBOROWSKI Włodzimierz	516	AIRFORCE	M 40	72	00:00:00	21,1 KM	+00:57:18	6:29	9.2 (57.9%)
430	GARUS Wiktor	663		M 40	73	00:00:00	21,1 KM	+00:57:32	6:30	9.2 (57.9%)
431	NOWEK Katarzyna	260	AKADEMIA HOLISTYCZNA	K 30	71	00:00:00	21,1 KM	+00:57:33	6:30	9.2 (57.9%)
432	MIKOŁAJCZAK Magdalena	981		K 30	72	00:00:00	21,1 KM	+00:57:35	6:30	9.2 (57.9%)
433	JANKOWIAK Angelika	1051		K 20	22	00:00:00	21,1 KM	+00:57:35	6:30	9.2 (57.9%)
434	KACZMAREK Anna	282		K 30	73	00:00:00	21,1 KM	+00:57:43	6:30	9.2 (57.9%)
435	PENAR Emilia	482		K 20	23	00:00:00	21,1 KM	+00:57:50	6:31	9.2 (57.9%)
436	BARTKOWSKA Beata	79		K 50	13	00:00:00	21,1 KM	+00:58:02	6:31	9.2 (57.9%)
437	KONIECZNA Natalia	39	BRAK	K 40	48	00:00:00	21,1 KM	+00:58:11	6:32	9.2 (57.9%)
438	PAWŁOWSKA-CYPRYSIAK Karolina	515		K 30	74	00:00:00	21,1 KM	+00:58:12	6:32	9.2 (57.9%)
439	WIKLIK Piotr	750	WATAHA TEAM	M 50	25	00:00:00	21,1 KM	+00:58:19	6:32	9.2 (57.9%)
440	PAŹDZIOR Beata	875		K 40	49	00:00:00	21,1 KM	+00:58:25	6:32	9.2 (57.9%)
441	KALICKI Paweł	544		M 20	57	00:00:00	21,1 KM	+00:58:25	6:33	9.2 (57.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
442	MICHALSKI Cezary	149		M 60	6	00:00:00	21,1 KM	+00:58:37	6:33	9.1 (57.2%)
443	CHOMA Marlena	22	FIZJOTERAPIA NA KÓŁKACH	K 40	50	00:00:00	21,1 KM	+00:58:38	6:33	9.1 (57.2%)
444	LISIŃSKI Andrzej	185		M 30	121	00:00:00	21,1 KM	+00:58:47	6:33	9.1 (57.2%)
445	ŚCIESIŃSKA Justyna	1014	GOSIR OSIELSKO	K 40	51	00:00:00	21,1 KM	+00:58:49	6:34	9.1 (57.2%)
446	SKRZYPCZAK Marta	225		K 40	52	00:00:00	21,1 KM	+00:58:54	6:34	9.1 (57.2%)
447	STRAŻYŃSKA-MATYSIAK Joanna	61		K 30	75	00:00:00	21,1 KM	+00:58:56	6:34	9.1 (57.2%)
448	POLARCZYK Tomasz	1135		M 40	74	00:00:00	21,1 KM	+00:59:00	6:34	9.1 (57.2%)
449	PYTEL Rafał	23		M 20	58	00:00:00	21,1 KM	+00:59:00	6:34	9.1 (57.2%)
450	BIAŁKOWSKI Mateusz	895		M 30	122	00:00:00	21,1 KM	+00:59:06	6:34	9.1 (57.2%)
451	MICHAŚ Gerard	617		M 40	75	00:00:00	21,1 KM	+00:59:08	6:34	9.1 (57.2%)
452	BODZINSKA Iwona	628		K 30	76	00:00:00	21,1 KM	+00:59:16	6:35	9.1 (57.2%)
453	KĘDZIERSKI Mieczysław	338		M 60	7	00:00:00	21,1 KM	+00:59:22	6:35	9.1 (57.2%)
454	PAWLAK Emilia	487		K 40	53	00:00:00	21,1 KM	+00:59:28	6:35	9.1 (57.2%)
455	STACHOWIAK Witold	828		M 20	59	00:00:00	21,1 KM	+00:59:28	6:35	9.1 (57.2%)
456	PILŚNIAK Tomasz	1025		M 40	76	00:00:00	21,1 KM	+00:59:37	6:36	9.1 (57.2%)
457	RZESZUT Stanisław	621		M 20	60	00:00:00	21,1 KM	+00:59:38	6:36	9.1 (57.2%)
458	STACHOWICZ-HAWRYLAK Sylwia	375	ZACHODNIOPOMCENTRUMONKOLOGII	K 40	54	00:00:00	21,1 KM	+00:59:38	6:36	9.1 (57.2%)
459	WALENTYNOWICZ Aneta	11	LOTOS RUNNING TEAM / PRUSZCZ BIEGA	K 40	55	00:00:00	21,1 KM	+00:59:43	6:36	9.1 (57.2%)
460	BUKOWICKI Przemek	608		M 30	123	00:00:00	21,1 KM	+00:59:45	6:36	9.1 (57.2%)
461	KOS Roman	473		M 40	77	00:00:00	21,1 KM	+00:59:46	6:36	9.1 (57.2%)
462	RATAJCZAK Krzysztof	765		M 50	26	00:00:00	21,1 KM	+00:59:47	6:36	9.1 (57.2%)
463	DOBROWOLSKI Piotr	1149		M 40	78	00:00:00	21,1 KM	+00:59:49	6:36	9.1 (57.2%)
464	MIEDZINSKA Iwona	1083		K 40	56	00:00:00	21,1 KM	+00:59:55	6:37	9.1 (57.2%)
465	SOBCZYK-HRUSZOWIEC Dorota	224		K 30	77	00:00:00	21,1 KM	+01:00:10	6:37	9 (56.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
466	MĄDRZYK Magdalena	734	WIECZORNE BIEGANIE W SZCZECINIE	K 40	57	00:00:00	21,1 KM	+01:00:10	6:37	9 (56.6%)
467	CZAJKA Daniel	294		M 30	124	00:00:00	21,1 KM	+01:00:14	6:38	9 (56.6%)
468	PAWELEC Artur	1001	12 DYWIZJA	M 40	79	00:00:00	21,1 KM	+01:00:15	6:38	9 (56.6%)
469	WIĄCEK Piotr	761		M 50	27	00:00:00	21,1 KM	+01:00:16	6:38	9 (56.6%)
470	MIZIA Marta	1130		K 40	58	00:00:00	21,1 KM	+01:00:26	6:38	9 (56.6%)
471	SYNAL Marta	347	FITOLAA TEAM	K 40	59	00:00:00	21,1 KM	+01:00:26	6:38	9 (56.6%)
472	BUCHERT Krzysztof	1126		M 40	80	00:00:00	21,1 KM	+01:00:28	6:38	9 (56.6%)
473	ŻŁOBICKA Agnieszka	406	DAR-BUD TEAM	K 30	78	00:00:00	21,1 KM	+01:00:32	6:38	9 (56.6%)
474	ŻUKROWSKA Kornelia	1150		K 30	79	00:00:00	21,1 KM	+01:00:33	6:39	9 (56.6%)
475	SIWY-HUDOWSKA Anna	450		K 40	60	00:00:00	21,1 KM	+01:00:36	6:39	9 (56.6%)
476	BIERNAT Ewa	274		K 30	80	00:00:00	21,1 KM	+01:00:46	6:39	9 (56.6%)
477	ILICZ Łukasz	837	BIAŁYSTOK BIEGA TEAM	M 20	61	00:00:00	21,1 KM	+01:00:50	6:39	9 (56.6%)
478	KURCZYNA Sabina	286		K 30	81	00:00:00	21,1 KM	+01:00:51	6:39	9 (56.6%)
479	LITVINSKAYA Anna	1117		K 30	82	00:00:00	21,1 KM	+01:00:56	6:40	9 (56.6%)
480	BANCHENKO Tetiana	838		K 20	24	00:00:00	21,1 KM	+01:01:07	6:40	9 (56.6%)
481	ADAMIAK Marcin	872		M 30	125	00:00:00	21,1 KM	+01:01:11	6:40	9 (56.6%)
482	ŁUCZAK Arkadiusz	232	SMOK WAWELSKI	M 30	126	00:00:00	21,1 KM	+01:01:11	6:40	9 (56.6%)
483	SIKORA Magdalena	505		K 30	83	00:00:00	21,1 KM	+01:01:13	6:40	9 (56.6%)
484	WAJDA Bartosz	849	AKTYWNE LISEWO	M 40	81	00:00:00	21,1 KM	+01:01:15	6:40	9 (56.6%)
485	LUDWIKOWSKA Agnieszka	919		K 20	25	00:00:00	21,1 KM	+01:01:26	6:41	9 (56.6%)
486	ULLRICH Klaus	504	FAJNY	M 50	28	00:00:00	21,1 KM	+01:01:34	6:41	9 (56.6%)
487	GIERCHOWSKA Monika	421	BBL POLICE	K 20	26	00:00:00	21,1 KM	+01:01:37	6:42	9 (56.6%)
488	ŁUC Dominika	369		K 30	84	00:00:00	21,1 KM	+01:01:38	6:42	9 (56.6%)
489	NACEWICZ Ewa	839		K 30	85	00:00:00	21,1 KM	+01:01:40	6:42	9 (56.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
490	KUCHARSKI Jacek	1101	FIRMA USŁUGOWO-HANDLOWA "JESSE" JACEK KUCHARSKI	M 40	82	00:00:00	21,1 KM	+01:01:46	6:42	8.9 (56.0%)
491	KUBA Magdalena	811	#BBKTS	K 30	86	00:00:00	21,1 KM	+01:01:48	6:42	8.9 (56.0%)
492	NAREWSKI Hubert	298		M 50	29	00:00:00	21,1 KM	+01:01:49	6:42	8.9 (56.0%)
493	KRAWCZYK Michał	1144		M 40	83	00:00:00	21,1 KM	+01:01:51	6:42	8.9 (56.0%)
494	ŚWITAJ Katarzyna	199		K 20	27	00:00:00	21,1 KM	+01:01:53	6:42	8.9 (56.0%)
495	WIELIŃSKI Krzysztof	688	KB HERMES GRYFINO	M 60	8	00:00:00	21,1 KM	+01:01:58	6:43	8.9 (56.0%)
496	MADEJ Natalia	316	ADS MASNA	K 30	87	00:00:00	21,1 KM	+01:01:58	6:43	8.9 (56.0%)
497	TROFIMCZYK Paweł	748		M 40	84	00:00:00	21,1 KM	+01:02:03	6:43	8.9 (56.0%)
498	KOSIŃSKI Mateusz	36	CORREADORES	M 20	62	00:00:00	21,1 KM	+01:02:04	6:43	8.9 (56.0%)
499	KACZMAREK Anna	531		K 30	88	00:00:00	21,1 KM	+01:02:05	6:43	8.9 (56.0%)
500	MALARZ-KRYMOWSKA Bernadetta	210		K 40	61	00:00:00	21,1 KM	+01:02:07	6:43	8.9 (56.0%)
501	RZESZUT Robert	620		M 40	85	00:00:00	21,1 KM	+01:02:14	6:43	8.9 (56.0%)
502	MISZKIEŁO Adrian	1033	LIPA PIOTROWSKA	M 40	86	00:00:00	21,1 KM	+01:02:20	6:44	8.9 (56.0%)
503	TANONA Paweł	548		M 20	63	00:00:00	21,1 KM	+01:02:24	6:44	8.9 (56.0%)
504	ŻURAWIŃSKI Łukasz	158		M 30	127	00:00:00	21,1 KM	+01:02:24	6:44	8.9 (56.0%)
505	MUSIAŁ Anna	307	DBL	K 20	28	00:00:00	21,1 KM	+01:02:29	6:44	8.9 (56.0%)
506	STALMACH Martyna	641		K 20	29	00:00:00	21,1 KM	+01:02:35	6:44	8.9 (56.0%)
507	STALMACH Krzysztof	1118		M 30	128	00:00:00	21,1 KM	+01:02:37	6:44	8.9 (56.0%)
508	SROCZYŃSKA Izabela	935		K 30	89	00:00:00	21,1 KM	+01:02:40	6:45	8.9 (56.0%)
509	KORNEL Maja	37	CORREADORES	K 30	90	00:00:00	21,1 KM	+01:02:45	6:45	8.9 (56.0%)
510	BAKACZ Natalia	903		K 20	30	00:00:00	21,1 KM	+01:02:50	6:45	8.9 (56.0%)
511	LUDEW Tomasz	194		M 20	64	00:00:00	21,1 KM	+01:02:50	6:45	8.9 (56.0%)
512	RAMOTOWSKA Dorota	313		K 30	91	00:00:00	21,1 KM	+01:02:51	6:45	8.9 (56.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
513	GAJEWSKI Mateusz	830		M 30	129	00:00:00	21,1 KM	+01:02:53	6:45	8.9 (56.0%)
514	SŁUGOCKA Marta	612		K 30	92	00:00:00	21,1 KM	+01:02:54	6:45	8.9 (56.0%)
515	LONGA Kinga	1092		K 20	31	00:00:00	21,1 KM	+01:02:58	6:45	8.9 (56.0%)
516	SKONIECZKA Marek	1116		M 40	87	00:00:00	21,1 KM	+01:03:07	6:46	8.9 (56.0%)
517	KREFT Szymon	1004	ZMOTYWOWANI	M 40	88	00:00:00	21,1 KM	+01:03:08	6:46	8.9 (56.0%)
518	WASZKIEWICZ Paulina	358		K 30	93	00:00:00	21,1 KM	+01:03:10	6:46	8.9 (56.0%)
519	WOJTKOWIAK Joanna	306	1991	K 20	32	00:00:00	21,1 KM	+01:03:12	6:46	8.9 (56.0%)
520	OLEJARZ Grzegorz	255		M 40	89	00:00:00	21,1 KM	+01:03:16	6:46	8.9 (56.0%)
521	RUTKOWSKA Aleksandra	540		K 30	94	00:00:00	21,1 KM	+01:03:20	6:46	8.8 (55.3%)
522	SOSNA Arkadiusz	206		M 30	130	00:00:00	21,1 KM	+01:03:20	6:46	8.8 (55.3%)
523	JOB Małgorzata	181		K 40	62	00:00:00	21,1 KM	+01:03:22	6:47	8.8 (55.3%)
524	ŻURAWIŃSKA Magdalena	147		K 30	95	00:00:00	21,1 KM	+01:03:25	6:47	8.8 (55.3%)
525	LISIŃSKA Monika	184		K 30	96	00:00:00	21,1 KM	+01:03:26	6:47	8.8 (55.3%)
526	WIŚNIEWSKI Wojciech	907		M 20	65	00:00:00	21,1 KM	+01:03:26	6:47	8.8 (55.3%)
527	MENDRYGAŁ Marcin	1044		M 30	131	00:00:00	21,1 KM	+01:03:30	6:47	8.8 (55.3%)
528	PAŁAMAR Krzysztof	38		M 50	30	00:00:00	21,1 KM	+01:03:31	6:47	8.8 (55.3%)
529	BOGUSZ Damian	1050		M 30	132	00:00:00	21,1 KM	+01:03:41	6:47	8.8 (55.3%)
530	STEMPNIAK Zbigniew	492	REBELS LEGION TEAM	M 40	90	00:00:00	21,1 KM	+01:03:43	6:48	8.8 (55.3%)
531	POLARCZYK Karolina	1134		K 30	97	00:00:00	21,1 KM	+01:03:44	6:48	8.8 (55.3%)
532	BEDNARCZYK Wojciech	564		M 40	91	00:00:00	21,1 KM	+01:03:45	6:48	8.8 (55.3%)
533	ILCZYSZYN Dominika	84		K 40	63	00:00:00	21,1 KM	+01:03:47	6:48	8.8 (55.3%)
534	SZAJKOWSKA Ewa	300		K 40	64	00:00:00	21,1 KM	+01:03:51	6:48	8.8 (55.3%)
535	TEŁAKOWSKA Anita	87		K 30	98	00:00:00	21,1 KM	+01:03:59	6:48	8.8 (55.3%)
536	PIOTROWICZ Piotr	942	COMSECO.EU	M 40	92	00:00:00	21,1 KM	+01:03:59	6:48	8.8 (55.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
537	KANIA Karolina	344		K 30	99	00:00:00	21,1 KM	+01:04:04	6:49	8.8 (55.3%)
538	KOCZARA Marcin	345		M 30	133	00:00:00	21,1 KM	+01:04:04	6:49	8.8 (55.3%)
539	SZYDŁOWSKA Ewa	756	BIEGANIE AMATORSKIE	K 50	14	00:00:00	21,1 KM	+01:04:05	6:49	8.8 (55.3%)
540	WYSOCKA Małgorzata	193		K 20	33	00:00:00	21,1 KM	+01:04:11	6:49	8.8 (55.3%)
541	BUJALSKI Konrad	967	FARMACJA TARCHOMIN	M 20	66	00:00:00	21,1 KM	+01:04:12	6:49	8.8 (55.3%)
542	CHKHABERIDZE Giorgi	163		M 30	134	00:00:00	21,1 KM	+01:04:14	6:49	8.8 (55.3%)
543	WYSKIEL Maciej	887		M 30	135	00:00:00	21,1 KM	+01:04:17	6:49	8.8 (55.3%)
544	NASKRĘT Mariusz	627		M 40	93	00:00:00	21,1 KM	+01:04:19	6:49	8.8 (55.3%)
545	TRAWIŃSKI Andrzej	708		M 30	136	00:00:00	21,1 KM	+01:04:19	6:49	8.8 (55.3%)
546	BAŃCZYK Dariusz	1060		M 40	94	00:00:00	21,1 KM	+01:04:19	6:49	8.8 (55.3%)
547	NABAKOWSKI Maciej	684		M 40	95	00:00:00	21,1 KM	+01:04:24	6:49	8.8 (55.3%)
548	MĄCZKA Anna	45		K 30	100	00:00:00	21,1 KM	+01:04:28	6:50	8.8 (55.3%)
549	TARNOWSKA-LAMENT Aleksandra	888		K 30	101	00:00:00	21,1 KM	+01:04:41	6:50	8.8 (55.3%)
550	GRZESIAK Maciej	308		M 40	96	00:00:00	21,1 KM	+01:04:42	6:50	8.8 (55.3%)
551	PACIOREK Marek	1142	26 WOG	M 60	9	00:00:00	21,1 KM	+01:04:47	6:51	8.8 (55.3%)
552	TOKAREK Justyna	790	TRINEGU	K 30	102	00:00:00	21,1 KM	+01:04:49	6:51	8.8 (55.3%)
553	KMINIKOWSKA Grazyna	742		K 40	65	00:00:00	21,1 KM	+01:04:51	6:51	8.8 (55.3%)
554	BIEŃKOWSKA-GLIGA Anna	109		K 40	66	00:00:00	21,1 KM	+01:04:52	6:51	8.8 (55.3%)
555	KŁOPOTOWSKA Agnieszka	1109		K 30	103	00:00:00	21,1 KM	+01:04:53	6:51	8.8 (55.3%)
556	TERA Michał	497		M 30	137	00:00:00	21,1 KM	+01:04:59	6:51	8.7 (54.7%)
557	WRÓBLEWSKA Magda	964		K 40	67	00:00:00	21,1 KM	+01:05:01	6:51	8.7 (54.7%)
558	TROJNAR Krzysztof	502	BANDA ŁYSEGO	M 60	10	00:00:00	21,1 KM	+01:05:09	6:52	8.7 (54.7%)
559	KOP-OSTROWSKA Iga	794		K 20	34	00:00:00	21,1 KM	+01:05:14	6:52	8.7 (54.7%)
560	BARTKIEWICZ Malgorzata	70		K 30	104	00:00:00	21,1 KM	+01:05:14	6:52	8.7 (54.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
561	KWIATKOWSKI Paweł	373		M 50	31	00:00:00	21,1 KM	+01:05:19	6:52	8.7 (54.7%)
562	PAWELEC Adrianna	1122		K 40	68	00:00:00	21,1 KM	+01:05:32	6:53	8.7 (54.7%)
563	OKULICZ Anita	477		K 30	105	00:00:00	21,1 KM	+01:05:33	6:53	8.7 (54.7%)
564	FOIGT Marta	1039		K 20	35	00:00:00	21,1 KM	+01:05:42	6:53	8.7 (54.7%)
565	BOJANOWSKI Marcin	496	NORDIC WALKING KIEKRZ POLAND	M 30	138	00:00:00	21,1 KM	+01:05:43	6:56	8.7 (54.7%)
566	FAJFER Jacek	982		M 50	32	00:00:00	21,1 KM	+01:05:43	6:53	8.7 (54.7%)
567	ANDRZEJEWSKA Sonia	283		K 20	36	00:00:00	21,1 KM	+01:05:43	6:53	8.7 (54.7%)
568	SOBOTA Edyta	681	LIV POLSKA/COOLBIKE SZCZECIN	K 30	106	00:00:00	21,1 KM	+01:05:47	6:53	8.7 (54.7%)
569	KUBIK-GRECZUK Kalina	396	BIEGNEPOMEDAL	K 30	107	00:00:00	21,1 KM	+01:05:53	6:54	8.7 (54.7%)
570	KOSTRZEWA-KAP Małgorzata	567		K 30	108	00:00:00	21,1 KM	+01:05:58	6:54	8.7 (54.7%)
571	GIERASIMOWICZ Anna	600		K 50	15	00:00:00	21,1 KM	+01:06:04	6:54	8.7 (54.7%)
572	BIEGAŃSKI Piotr	656		M 30	139	00:00:00	21,1 KM	+01:06:14	6:55	8.7 (54.7%)
573	MEDZIŃSKI Dariusz	956		M 40	97	00:00:00	21,1 KM	+01:06:15	6:55	8.7 (54.7%)
574	TERA Joanna	498		K 30	109	00:00:00	21,1 KM	+01:06:15	6:55	8.7 (54.7%)
575	MEDZIŃSKA Małgorzata	957		K 40	69	00:00:00	21,1 KM	+01:06:15	6:55	8.7 (54.7%)
576	JABŁOŃSKI Ryszard	280	FITNESSFITBACK	M 50	33	00:00:00	21,1 KM	+01:06:23	6:55	8.7 (54.7%)
577	SKOWRON Tomasz	256		M 40	98	00:00:00	21,1 KM	+01:06:31	6:55	8.7 (54.7%)
578	KOTARSKA-SKONIECZKA Anna	1115		K 40	70	00:00:00	21,1 KM	+01:06:34	6:56	8.7 (54.7%)
579	MICHALSKI Piter	3	LIDER PITER	M 20	67	00:00:00	21,1 KM	+01:06:35	6:56	8.7 (54.7%)
580	KAŁUZIŃSKA Aleksandra	1132		K 40	71	00:00:00	21,1 KM	+01:06:41	6:56	8.6 (54.1%)
581	GRUSZCZYŃSKA Joanna	440		K 20	37	00:00:00	21,1 KM	+01:06:42	6:56	8.6 (54.1%)
582	KRZYCZMONIK Bartosz	493		M 40	99	00:00:00	21,1 KM	+01:06:42	6:57	8.6 (54.1%)
583	JARUSZEWSKA Jowita	524	1976	K 40	72	00:00:00	21,1 KM	+01:06:48	6:56	8.6 (54.1%)
584	ZWOLIŃSKI Bartłomiej	630		M 20	68	00:00:00	21,1 KM	+01:06:49	6:56	8.6 (54.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
585	KAPLEWSKA Małgorzata	1		K 20	38	00:00:00	21,1 KM	+01:06:51	6:56	8.6 (54.1%)
586	BOREK Marta	91		K 30	110	00:00:00	21,1 KM	+01:06:55	6:57	8.6 (54.1%)
587	JANIK Justyna	355	BYLE DO PRZODU	K 20	39	00:00:00	21,1 KM	+01:07:00	6:57	8.6 (54.1%)
588	MAZURKIEWICZ Łukasz	610		M 20	69	00:00:00	21,1 KM	+01:07:04	6:57	8.6 (54.1%)
589	KUBASIK Anna	417	KUBASIK TEAM	K 40	73	00:00:00	21,1 KM	+01:07:09	6:58	8.6 (54.1%)
590	STRÓŻYK-KOZŁOWSKA Paulina	595		K 30	111	00:00:00	21,1 KM	+01:07:10	6:57	8.6 (54.1%)
591	ZAKRZEWSKI Tomasz	310		M 40	100	00:00:00	21,1 KM	+01:07:11	6:57	8.6 (54.1%)
592	ROŻKOWSKI Roman	126	1958	M 60	11	00:00:00	21,1 KM	+01:07:35	6:59	8.6 (54.1%)
593	TYCZYŃSKA Anna	920		K 30	112	00:00:00	21,1 KM	+01:07:36	6:59	8.6 (54.1%)
594	ZATYLNA Joanna	156		K 40	74	00:00:00	21,1 KM	+01:07:38	6:59	8.6 (54.1%)
595	DĄBSKA Ludmiła	325		K 50	16	00:00:00	21,1 KM	+01:07:40	7:00	8.6 (54.1%)
596	JUSZKIEWICZ Małgorzata	1148		K 40	75	00:00:00	21,1 KM	+01:07:45	6:59	8.6 (54.1%)
597	FLORKIEWICZ Michał	507		M 30	140	00:00:00	21,1 KM	+01:07:47	6:59	8.6 (54.1%)
598	SZNAJDER Mirosław	635		M 40	101	00:00:00	21,1 KM	+01:07:47	6:59	8.6 (54.1%)
599	BORUCH Katarzyna	1045		K 40	76	00:00:00	21,1 KM	+01:07:54	6:59	8.6 (54.1%)
600	PESTKA Paweł	1020	KOŹMINBIEGA	M 30	141	00:00:00	21,1 KM	+01:07:55	6:59	8.6 (54.1%)
601	WRONA Zdzisław	652		M 50	34	00:00:00	21,1 KM	+01:07:59	7:00	8.6 (54.1%)
602	NOWAK Marcin	1105		M 20	70	00:00:00	21,1 KM	+01:08:02	7:00	8.6 (54.1%)
603	SOŁDECKA Anna	800		K 40	77	00:00:00	21,1 KM	+01:08:10	7:00	8.6 (54.1%)
604	KOBUS Kasia	114		K 40	78	00:00:00	21,1 KM	+01:08:14	7:00	8.6 (54.1%)
605	SZEWCZYK Magdalena	910		K 30	113	00:00:00	21,1 KM	+01:08:16	7:00	8.6 (54.1%)
606	SIKORA Krzysztof	66	PYRZYCE BIEGAJĄ	M 60	12	00:00:00	21,1 KM	+01:08:18	7:01	8.6 (54.1%)
607	WALENCZAK Magda	983		K 30	114	00:00:00	21,1 KM	+01:08:25	7:01	8.5 (53.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
608	KACZOROWSKI Krzysztof	101		M 40	102	00:00:00	21,1 KM	+01:08:31	7:01	8,5 (53.5%)
609	ROGOWSKA Milena	763		K 40	79	00:00:00	21,1 KM	+01:08:35	7:01	8,5 (53.5%)
610	KACZMAREK Arleta	241	KOBIECE BIEGANIE	K 30	115	00:00:00	21,1 KM	+01:08:42	7:02	8,5 (53.5%)
611	ŁOWIŃSKI Łukasz	384	INTELLIGENTNAFARMA.PL	M 30	142	00:00:00	21,1 KM	+01:08:45	7:02	8,5 (53.5%)
612	KILKOWSKA Joanna	365		K 50	17	00:00:00	21,1 KM	+01:08:47	7:02	8,5 (53.5%)
613	KOTLICKA Kamila	218		K 30	116	00:00:00	21,1 KM	+01:08:51	7:02	8,5 (53.5%)
614	SGCK Mick	616		M 30	143	00:00:00	21,1 KM	+01:09:03	7:03	8,5 (53.5%)
615	MATYJA Mariusz	1002		M 40	103	00:00:00	21,1 KM	+01:09:06	7:03	8,5 (53.5%)
616	SYNAK Ewa	867		K 40	80	00:00:00	21,1 KM	+01:09:23	7:04	8,5 (53.5%)
617	MIORS Edyta	203	EMÓWTEAM	K 40	81	00:00:00	21,1 KM	+01:09:26	7:04	8,5 (53.5%)
618	KOWAL Jakub	731	12 BZ "KU CZCI PAMIĘCI"	M 30	144	00:00:00	21,1 KM	+01:09:28	7:04	8,5 (53.5%)
619	CABEL Marcin	651	KS AMATOR WROCŁAW	M 30	145	00:00:00	21,1 KM	+01:09:39	7:04	8,5 (53.5%)
620	WITTULA-PREJS Magda	78	PIEKIELNIE ZGRANI	K 40	82	00:00:00	21,1 KM	+01:09:40	7:04	8,5 (53.5%)
621	POLNIK Mariusz	973		M 40	104	00:00:00	21,1 KM	+01:09:42	7:05	8,5 (53.5%)
622	ONYSZK Marta	527		K 30	117	00:00:00	21,1 KM	+01:09:44	7:05	8,5 (53.5%)
623	WITCZAK Dorota	767	WIECZORNE BIEGANIE W SZCZECINIE	K 20	40	00:00:00	21,1 KM	+01:09:54	7:05	8,5 (53.5%)
624	BURY Liliana	650	ZMOTYWOWANI	K 30	118	00:00:00	21,1 KM	+01:09:55	7:10	8,4 (52.8%)
625	SZYSZKA Bożena	297		K 30	119	00:00:00	21,1 KM	+01:10:00	7:05	8,5 (53.5%)
626	MUSIK Marzena	802		K 30	120	00:00:00	21,1 KM	+01:10:01	7:05	8,5 (53.5%)
627	DZIURLA Bartosz	619	GRODZISKI KLUB BIEGACZA	M 20	71	00:00:00	21,1 KM	+01:10:03	7:06	8,5 (53.5%)
628	KOŚCIŃSKA Elżbieta	240		K 40	83	00:00:00	21,1 KM	+01:10:06	7:06	8,4 (52.8%)
629	SZYDEŁKO Agata	730		K 30	121	00:00:00	21,1 KM	+01:10:11	7:06	8,4 (52.8%)
630	TELAKOWSKI Marcin	86		M 40	105	00:00:00	21,1 KM	+01:10:14	7:06	8,4 (52.8%)
631	ŁOCHOWSKI Radosław	192	IUVO SMART HOME	M 30	146	00:00:00	21,1 KM	+01:10:25	7:07	8,4 (52.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
632	KACZMAREK Artur	468	TORPEDY	M 40	106	00:00:00	21,1 KM	+01:10:26	7:07	8.4 (52.8%)
633	POLISZCZUK Maria	142	KB KROKUS KWIATKOWICE	K 40	84	00:00:00	21,1 KM	+01:10:29	7:07	8.4 (52.8%)
634	WOLSKA Joanna	749		K 30	122	00:00:00	21,1 KM	+01:10:38	7:07	8.4 (52.8%)
635	LEWERA Katarzyna	607		K 30	123	00:00:00	21,1 KM	+01:10:38	7:07	8.4 (52.8%)
636	RATAJCZAK Alicja	764		K 20	41	00:00:00	21,1 KM	+01:10:39	7:07	8.4 (52.8%)
637	BUCZYNSKI Adrian	97		M 40	107	00:00:00	21,1 KM	+01:10:45	7:08	8.4 (52.8%)
638	FRĄTCZAK Marzena	106		K 30	124	00:00:00	21,1 KM	+01:10:59	7:08	8.4 (52.8%)
639	MALISZEWSKI Dariusz	986		M 30	147	00:00:00	21,1 KM	+01:11:04	7:08	8.4 (52.8%)
640	WOŹNIAK Maciej	707		M 40	108	00:00:00	21,1 KM	+01:11:05	7:08	8.4 (52.8%)
641	ZDANOWICZ Pawel	500		M 30	148	00:00:00	21,1 KM	+01:11:06	7:09	8.4 (52.8%)
642	SŁOWIK Magda	781		K 40	85	00:00:00	21,1 KM	+01:11:23	7:09	8.4 (52.8%)
643	WÓJTOWICZ Janusz	362		M 50	35	00:00:00	21,1 KM	+01:11:34	7:10	8.4 (52.8%)
644	ZUBEL Michał	220	ZADYSZKA OŚWIĘCIM	M 40	109	00:00:00	21,1 KM	+01:11:37	7:10	8.4 (52.8%)
645	KUPIS Katarzyna	405	RUN EXPERT TEAM	K 40	86	00:00:00	21,1 KM	+01:11:44	7:10	8.4 (52.8%)
646	SZMELING Grzegorz	974		M 30	149	00:00:00	21,1 KM	+01:11:50	7:11	8.4 (52.8%)
647	REWERS Aleksandra	183		K 30	125	00:00:00	21,1 KM	+01:11:54	7:11	8.3 (52.2%)
648	SIENKIEWICZ Jolanta	281	ZAZBIEGANI	K 50	18	00:00:00	21,1 KM	+01:11:56	7:11	8.3 (52.2%)
649	KUZNETSOVA Maria	360		K 30	126	00:00:00	21,1 KM	+01:11:59	7:11	8.3 (52.2%)
650	KOSTARCZYK-SZKWAREK Rozalia	483		K 40	87	00:00:00	21,1 KM	+01:12:06	7:11	8.3 (52.2%)
651	HILLEMANN Cathleen	873	TEAM ERDINGER ALKOHOLFREI	K 30	127	00:00:00	21,1 KM	+01:12:10	7:12	8.3 (52.2%)
652	STYLSKA Anna	166		K 40	88	00:00:00	21,1 KM	+01:12:17	7:12	8.3 (52.2%)
653	GREENDA Agata	438		K 40	89	00:00:00	21,1 KM	+01:12:19	7:12	8.3 (52.2%)
654	ŁUSZCZEK Monika	437		K 40	90	00:00:00	21,1 KM	+01:12:19	7:12	8.3 (52.2%)
655	GNIEDZIEJKO Piotr	29		M 50	36	00:00:00	21,1 KM	+01:12:22	7:12	8.3 (52.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
656	KRAWCZYK Marta	1143		K 40	91	00:00:00	21,1 KM	+01:12:25	7:12	8.3 (52.2%)
657	JARCZEWSKA Renata	12		K 50	19	00:00:00	21,1 KM	+01:12:30	7:12	8.3 (52.2%)
658	SZYMAŃSKA-OBIDZIŃSKA Renata	855	RS ARCHITEKTURA TEAM	K 40	92	00:00:00	21,1 KM	+01:12:34	7:13	8.3 (52.2%)
659	SOCHA Marian	874		M 60	13	00:00:00	21,1 KM	+01:12:36	7:13	8.3 (52.2%)
660	KOCZĄB Marta	1069		K 20	42	00:00:00	21,1 KM	+01:12:47	7:13	8.3 (52.2%)
661	HŁADKULIK Krzysztof	1038		M 60	14	00:00:00	21,1 KM	+01:12:57	7:14	8.3 (52.2%)
662	GAWLIK Jacek	9		M 30	150	00:00:00	21,1 KM	+01:13:04	7:14	8.3 (52.2%)
663	KWIECIEN Marcin	571		M 40	110	00:00:00	21,1 KM	+01:13:12	7:14	8.3 (52.2%)
664	ABOUQORA Emilia	68	PARKRUN	K 30	128	00:00:00	21,1 KM	+01:13:14	7:15	8.3 (52.2%)
665	PRAŁAT Jolanta	904		K 40	93	00:00:00	21,1 KM	+01:13:14	7:15	8.3 (52.2%)
666	TOMASZUK Mariusz	324	APN HATTRICK	M 30	151	00:00:00	21,1 KM	+01:13:22	7:15	8.3 (52.2%)
667	RACHUTA Piotr	333	ZAZBIEGANI	M 40	111	00:00:00	21,1 KM	+01:13:27	7:15	8.3 (52.2%)
668	HUDECKA Evelyn	8		K 30	129	00:00:00	21,1 KM	+01:13:37	7:16	8.3 (52.2%)
669	WINIARZ Karolina	669		K 30	130	00:00:00	21,1 KM	+01:13:41	7:16	8.3 (52.2%)
670	SUROWIEC Piotr	936		M 20	72	00:00:00	21,1 KM	+01:13:41	7:16	8.3 (52.2%)
671	WASYLÓW Katarzyna	550		K 50	20	00:00:00	21,1 KM	+01:13:45	7:16	8.2 (51.6%)
672	CIEŚLAK Adam	415		M 50	37	00:00:00	21,1 KM	+01:13:46	7:16	8.2 (51.6%)
673	PAWLIK Marcin	243		M 30	152	00:00:00	21,1 KM	+01:13:48	7:16	8.2 (51.6%)
674	JÓSEWICZ Monika	452		K 40	94	00:00:00	21,1 KM	+01:13:56	7:17	8.2 (51.6%)
675	WOŹNY Anna	393		K 40	95	00:00:00	21,1 KM	+01:13:57	7:17	8.2 (51.6%)
676	NOWAK Małgorzata	668		K 40	96	00:00:00	21,1 KM	+01:14:03	7:17	8.2 (51.6%)
677	KNAPIK Jerzy	1240		M 70+	3	00:00:00	21,1 KM	+01:14:05	7:17	8.2 (51.6%)
678	MAŁODOBRY Krzysztof	58		M 50	38	00:00:00	21,1 KM	+01:14:10	7:17	8.2 (51.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
679	RADZIWIŁŁOWICZ Nesajem	1103		M 40	112	00:00:00	21,1 KM	+01:14:20	7:18	8.2 (51.6%)
680	KOP-OSTROWSKI Paweł	659		M 40	113	00:00:00	21,1 KM	+01:14:31	7:18	8.2 (51.6%)
681	ZAGÓRSKA Aleksandra	234		K 20	43	00:00:00	21,1 KM	+01:14:37	7:19	8.2 (51.6%)
682	BAJENA Iwona	741		K 30	131	00:00:00	21,1 KM	+01:14:47	7:19	8.2 (51.6%)
683	KOZICKI Sławomir	28		M 30	153	00:00:00	21,1 KM	+01:14:50	7:19	8.2 (51.6%)
684	KARCZ Barbara	902	DZIEŁO POMOCY ŚW. OJCA PIO	K 30	132	00:00:00	21,1 KM	+01:14:57	7:19	8.2 (51.6%)
685	JANIC Anna	646		K 40	97	00:00:00	21,1 KM	+01:15:05	7:20	8.2 (51.6%)
686	WOŻNA Joanna	212		K 40	98	00:00:00	21,1 KM	+01:15:07	7:20	8.2 (51.6%)
687	JURKIEWICZ Katarzyna	222		K 40	99	00:00:00	21,1 KM	+01:15:08	7:20	8.2 (51.6%)
688	JAWORSKI Adam	971	SZCZECIŃSKI KLUB SPORTOWY HUSARIA	M 30	154	00:00:00	21,1 KM	+01:15:11	7:20	8.2 (51.6%)
689	CIEŚLAK Helana	414	LEGENDARY POWER SZEWC	K 50	21	00:00:00	21,1 KM	+01:15:12	7:20	8.2 (51.6%)
690	KRAJCZYŃSKA Anna	152		K 20	44	00:00:00	21,1 KM	+01:15:22	7:21	8.2 (51.6%)
691	MISIUK Marta	597	SZALONE MAMUŚKI	K 30	133	00:00:00	21,1 KM	+01:15:34	7:21	8.2 (51.6%)
692	RYBICKI Marcin	842		M 40	114	00:00:00	21,1 KM	+01:15:37	7:21	8.1 (50.9%)
693	SOCHA Marek	250		M 30	155	00:00:00	21,1 KM	+01:15:42	7:22	8.1 (50.9%)
694	KOZACZUK-BRAJERSKA Magda	934		K 30	134	00:00:00	21,1 KM	+01:15:43	7:22	8.1 (50.9%)
695	RATAJCZAK Beata	766		K 50	22	00:00:00	21,1 KM	+01:15:44	7:22	8.1 (50.9%)
696	LEDZION Robert	774		M 40	115	00:00:00	21,1 KM	+01:15:50	7:22	8.1 (50.9%)
697	KOŚCIŃSKI Jacek	364		M 40	116	00:00:00	21,1 KM	+01:15:53	7:22	8.1 (50.9%)
698	PASTERNAK Anna	960	OPEL ACTIVE TEAM	K 40	100	00:00:00	21,1 KM	+01:16:08	7:23	8.1 (50.9%)
699	MIELEWCZYK Justyna	649	ZMOTYWOWANI	K 30	135	00:00:00	21,1 KM	+01:16:14	7:23	8.1 (50.9%)
700	MLECZKO Anna	104		K 30	136	00:00:00	21,1 KM	+01:16:35	7:24	8.1 (50.9%)
701	BRZEZIŃSKA Diana	46		K 20	45	00:00:00	21,1 KM	+01:16:45	7:25	8.1 (50.9%)
702	WOJTKOWIAK Robert	305	SZYBKIE ŚLIMAKI	M 30	156	00:00:00	21,1 KM	+01:16:49	7:25	8.1 (50.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
703	SOBOLEWSKI Oskar	553		M 20	73	00:00:00	21,1 KM	+01:16:57	7:25	8.1 (50.9%)
704	TYCZYŃSKA Joanna	772	MAMY-BIEGAMY	K 30	137	00:00:00	21,1 KM	+01:16:58	7:25	8.1 (50.9%)
705	JANECZEK-WRZEŚNIAK Anna	644		K 30	138	00:00:00	21,1 KM	+01:17:06	7:26	8.1 (50.9%)
706	STEKLA Anna	804		K 30	139	00:00:00	21,1 KM	+01:17:08	7:26	8.1 (50.9%)
707	KALINOWSKA Katarzyna	461		K 30	140	00:00:00	21,1 KM	+01:17:19	7:26	8.1 (50.9%)
708	FUŁCZYŃSKA - OSTAPOWICZ Małgorzata	228		K 30	141	00:00:00	21,1 KM	+01:17:26	7:27	8.1 (50.9%)
709	KĘDZIERSKI Mieczysław	319		M 60	15	00:00:00	21,1 KM	+01:17:29	7:27	8.1 (50.9%)
710	WĘGRZYN Damian	549		M 30	157	00:00:00	21,1 KM	+01:17:29	7:27	8.1 (50.9%)
711	JUSZCZAK Magda	50		K 40	101	00:00:00	21,1 KM	+01:17:37	7:27	8 (50.3%)
712	GIERBA Klaudia	398		K 20	46	00:00:00	21,1 KM	+01:17:41	7:27	8 (50.3%)
713	WAJDZIAK Marcelina	682		K 20	47	00:00:00	21,1 KM	+01:17:41	7:27	8 (50.3%)
714	DABKOWSKA Patrycja	449		K 40	102	00:00:00	21,1 KM	+01:17:49	7:28	8 (50.3%)
715	KURASIŃSKA Dorota	471		K 40	103	00:00:00	21,1 KM	+01:17:51	7:28	8 (50.3%)
716	OKOŁO-KUŁAK Marzena	911		K 30	142	00:00:00	21,1 KM	+01:17:54	7:28	8 (50.3%)
717	MACHOWSKI Maciej	870		M 30	158	00:00:00	21,1 KM	+01:17:54	7:28	8 (50.3%)
718	NARÓC Daria	1104		K 20	48	00:00:00	21,1 KM	+01:18:00	7:28	8 (50.3%)
719	CZEKALSKI Marcin	407		M 40	117	00:00:00	21,1 KM	+01:18:01	7:28	8 (50.3%)
720	PETERSBURSKI Robert	978	K2 PARTNERS / TYMTRITEAM	M 40	118	00:00:00	21,1 KM	+01:18:02	7:28	8 (50.3%)
721	ŚWIST Joanna	512		K 30	143	00:00:00	21,1 KM	+01:18:06	7:28	8 (50.3%)
722	PAŁAMAR Anna	926		K 20	49	00:00:00	21,1 KM	+01:18:11	7:29	8 (50.3%)
723	BRETSZNAJDER Paweł	506		M 30	159	00:00:00	21,1 KM	+01:18:11	7:29	8 (50.3%)
724	MURASZESWKA Justyna	1065		K 40	104	00:00:00	21,1 KM	+01:18:14	7:29	8 (50.3%)
725	ZIÓŁKOWSKI Marek	1136		M 30	160	00:00:00	21,1 KM	+01:18:14	7:29	8 (50.3%)
726	FIEDOROWICZ Damian	948		M 40	119	00:00:00	21,1 KM	+01:18:16	7:29	8 (50.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
727	POL Krzysztof	923		M 40	120	00:00:00	21,1 KM	+01:18:18	7:29	8 (50.3%)
728	WYPYCH Sylwia	997		K 30	144	00:00:00	21,1 KM	+01:18:21	7:29	8 (50.3%)
729	LUDKOWSKA Anna	743		K 40	105	00:00:00	21,1 KM	+01:18:25	7:29	8 (50.3%)
730	GIERBA Grzegorz	400		M 40	121	00:00:00	21,1 KM	+01:18:28	7:29	8 (50.3%)
731	PACUDA Arkadiusz	517		M 40	122	00:00:00	21,1 KM	+01:18:37	7:30	8 (50.3%)
732	ROLNICZAK Joanna	88	TRZCIANKA	K 30	145	00:00:00	21,1 KM	+01:18:44	7:30	8 (50.3%)
733	MIERSKA Matylda	1259		K 20	50	00:00:00	21,1 KM	+01:18:48	7:30	8 (50.3%)
734	SAMBORSKI Artur	433	RUN FOR FUN TEAM	M 20	74	00:00:00	21,1 KM	+01:18:51	7:31	8 (50.3%)
735	ZOMERFELD Kacper	143	KB KROKUS KWIATKOWICE	M 20	75	00:00:00	21,1 KM	+01:18:53	7:31	8 (50.3%)
736	CHOCHOŁ Daniel	44		M 20	76	00:00:00	21,1 KM	+01:18:54	7:31	8 (50.3%)
737	KOWALEWSKA Joanna	160		K 30	146	00:00:00	21,1 KM	+01:19:02	7:31	8 (50.3%)
738	WERNER Oliwia	685		K 20	51	00:00:00	21,1 KM	+01:19:04	7:31	8 (50.3%)
739	DOMAŃSKA Ania	901	MAMY-BIEGAMY	K 30	147	00:00:00	21,1 KM	+01:19:14	7:32	8 (50.3%)
740	KAŻMIERCZAK Aleksandra	1011		K 40	106	00:00:00	21,1 KM	+01:19:14	7:32	8 (50.3%)
741	BOROWIK Agata	1094	CAŁA OLEŚNICA BIEGA	K 30	148	00:00:00	21,1 KM	+01:19:21	7:32	8 (50.3%)
742	STROJNA Karolina	1041		K 20	52	00:00:00	21,1 KM	+01:19:37	7:33	7.9 (49.7%)
743	MOLIŃSKA Arleta	26		K 40	107	00:00:00	21,1 KM	+01:19:38	7:33	7.9 (49.7%)
744	MISIEK Paulina	137	CIASTKI.PZ	K 30	149	00:00:00	21,1 KM	+01:19:43	7:33	7.9 (49.7%)
745	WOJTKOWIAK Grażyna	304	SZYBKIE ŚLIMAKI / BABCIA BIEGA	K 50	23	00:00:00	21,1 KM	+01:19:44	7:33	7.9 (49.7%)
746	GINIEWSKI Piotr	329		M 40	123	00:00:00	21,1 KM	+01:19:45	7:33	7.9 (49.7%)
747	TOMASZEWICZ Bogdan	1005		M 50	39	00:00:00	21,1 KM	+01:19:46	7:33	7.9 (49.7%)
748	KUKUŁOWICZ Anna	252		K 40	108	00:00:00	21,1 KM	+01:19:47	7:33	7.9 (49.7%)
749	MALINOWSKI Sebastian	404		M 40	124	00:00:00	21,1 KM	+01:19:49	7:33	7.9 (49.7%)
750	FIEDOROWICZ Julia	949		K 20	53	00:00:00	21,1 KM	+01:20:11	7:34	7.9 (49.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
751	RACILEWICZ Iwona	175		K 40	109	00:00:00	21,1 KM	+01:20:13 7:34	7.9 (49.7%)	
752	DAKOWICZ Maciej	697		M 30	161	00:00:00	21,1 KM	+01:20:16 7:35	7.9 (49.7%)	
753	RÓŻAŃSKA Justyna	332	ZAZBIEGANI	K 30	150	00:00:00	21,1 KM	+01:20:23 7:35	7.9 (49.7%)	
754	KRASOWSKI Tomasz	82		M 40	125	00:00:00	21,1 KM	+01:20:24 7:35	7.9 (49.7%)	
755	KUCZKOWSKA Katarzyna	59		K 30	151	00:00:00	21,1 KM	+01:20:27 7:35	7.9 (49.7%)	
756	ZIELIŃSKI Filip	374		M 20	77	00:00:00	21,1 KM	+01:20:28 7:35	7.9 (49.7%)	
757	KAWULAK Kazimierz	448	KB MCKIS JAWORZNO	M 50	40	00:00:00	21,1 KM	+01:20:29 7:36	7.9 (49.7%)	
758	KACZMARZYK Beata	337		K 50	24	00:00:00	21,1 KM	+01:20:30 7:35	7.9 (49.7%)	
759	SZCZERBIŃSKA Barbara	349		K 60	1	00:00:00	21,1 KM	+01:20:31 7:35	7.9 (49.7%)	
760	MELSKA Karolina	529		K 30	152	00:00:00	21,1 KM	+01:20:31 7:35	7.9 (49.7%)	
761	BIAŁOŻYŃSKA Agnieszka	312	MORSY SIADŁO	K 30	153	00:00:00	21,1 KM	+01:20:31 7:35	7.9 (49.7%)	
762	GRUŻEWSKI Wacław	150	STARGARD JA SIĘ NIE ŚCIGAM	M 60	16	00:00:00	21,1 KM	+01:20:32 7:35	7.9 (49.7%)	
763	GABRYELSKA Elżbieta	525		K 30	154	00:00:00	21,1 KM	+01:20:35 7:35	7.9 (49.7%)	
764	CHOLEWA Łukasz	139		M 40	126	00:00:00	21,1 KM	+01:20:48 7:40	7.8 (49.1%)	
765	SKOCZYLAS Anita	416	MUAY RUNNING TEAM	K 40	110	00:00:00	21,1 KM	+01:20:56 7:37	7.9 (49.7%)	
766	CHOSZCZ Piotr	871		M 50	41	00:00:00	21,1 KM	+01:21:01 7:37	7.9 (49.7%)	
767	CYANKIEWICZ Agnieszka	169	KIJANKI	K 40	111	00:00:00	21,1 KM	+01:21:04 7:37	7.9 (49.7%)	
768	DRZEWIŃSKA Katarzyna	732		K 30	155	00:00:00	21,1 KM	+01:21:32 7:38	7.8 (49.1%)	
769	RYBICKI Zbigniew	840		M 60	17	00:00:00	21,1 KM	+01:21:34 7:38	7.8 (49.1%)	
770	WIERZBICKI Adrian	601		M 30	162	00:00:00	21,1 KM	+01:21:35 7:47	7.7 (48.4%)	
771	SKOWROŃ-GINIEWSKA Katarzyna	328		K 40	112	00:00:00	21,1 KM	+01:21:40 7:39	7.8 (49.1%)	
772	MARENDZIAK Wimar Production Jarosław	795		M 40	127	00:00:00	21,1 KM	+01:21:41 7:39	7.8 (49.1%)	

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
773	BOUTIN Peter	878		M 50	42	00:00:00	21,1 KM	+01:22:00	7:39	7.8 (49.1%)
774	PRUSIŃSKI Arkadiusz	494		M 30	163	00:00:00	21,1 KM	+01:22:03	7:40	7.8 (49.1%)
775	NONAS Michał	165		M 40	128	00:00:00	21,1 KM	+01:22:11	7:40	7.8 (49.1%)
776	MALINOWSKA Katarzyna	388		K 40	113	00:00:00	21,1 KM	+01:22:19	7:40	7.8 (49.1%)
777	SZYMUSIK Maja	348		K 40	114	00:00:00	21,1 KM	+01:22:24	7:41	7.8 (49.1%)
778	STOLARZ Nina	1063		K 40	115	00:00:00	21,1 KM	+01:22:29	7:41	7.8 (49.1%)
779	BOHM Radoslaw	985		M 40	129	00:00:00	21,1 KM	+01:22:34	7:41	7.8 (49.1%)
780	PROSTECKA-SIWY Izabela	52		K 40	116	00:00:00	21,1 KM	+01:22:36	7:41	7.8 (49.1%)
781	BUCHERT Monika	1091		K 40	117	00:00:00	21,1 KM	+01:22:36	7:41	7.8 (49.1%)
782	KARPIAK Daniel	1068	ZG RUN	M 40	130	00:00:00	21,1 KM	+01:22:57	7:42	7.8 (49.1%)
783	KIELANOWSKI Michał	1077		M 40	131	00:00:00	21,1 KM	+01:22:59	7:42	7.8 (49.1%)
784	PIERZAKOWSKA Agnieszka	596	SZALONE MAMUŚKI	K 30	156	00:00:00	21,1 KM	+01:23:00	7:42	7.8 (49.1%)
785	MASTERNAK Oskar	424		M 30	164	00:00:00	21,1 KM	+01:23:10	7:43	7.8 (49.1%)
786	SIWY Robert	55		M 40	132	00:00:00	21,1 KM	+01:23:16	7:43	7.8 (49.1%)
787	GRABARA Adam	632		M 40	133	00:00:00	21,1 KM	+01:23:23	7:43	7.8 (49.1%)
788	KASOWSKI Bogusz	822		M 30	165	00:00:00	21,1 KM	+01:23:25	7:44	7.8 (49.1%)
789	MAREK Ewa	1089		K 30	157	00:00:00	21,1 KM	+01:23:26	7:44	7.8 (49.1%)
790	STASZCZYK Kinga	303		K 30	158	00:00:00	21,1 KM	+01:23:41	7:44	7.7 (48.4%)
791	ŻURAWSKI Jakub	703		M 40	134	00:00:00	21,1 KM	+01:23:49	7:45	7.7 (48.4%)
792	WOJTOWICZ Krzysztof	1129	DELOITTE ADVENTURE TEAM	M 40	135	00:00:00	21,1 KM	+01:24:01	7:45	7.7 (48.4%)
793	GRZYWACZ Gabriela	25		K 20	54	00:00:00	21,1 KM	+01:24:10	7:46	7.7 (48.4%)
794	WOŹNIAK Alina	191		K 50	25	00:00:00	21,1 KM	+01:24:17	7:46	7.7 (48.4%)
795	STÜDEMANN Krystyna	992		K 30	159	00:00:00	21,1 KM	+01:24:20	7:46	7.7 (48.4%)
796	DOBRUDZKA Weronika	690	12BZ	K 20	55	00:00:00	21,1 KM	+01:24:21	7:46	7.7 (48.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
797	WŁOSIŃSKA Beata	153	ROZBIEGANE MYŚŁOWICE	K 40	118	00:00:00	21,1 KM	+01:24:39	7:47	7.7 (48.4%)
798	KOŚCIUSZKIEWICZ Jakub	545		M 30	166	00:00:00	21,1 KM	+01:24:43	7:47	7.7 (48.4%)
799	ŚWIĄTEK Joanna	216	SKS	K 30	160	00:00:00	21,1 KM	+01:24:55	7:48	7.7 (48.4%)
800	KORACH Barbara	67	KOBIETY NA MEDAL	K 20	56	00:00:00	21,1 KM	+01:25:03	7:57	7.5 (47.2%)
801	BAIARDA Marta	733		K 40	119	00:00:00	21,1 KM	+01:25:14	7:49	7.7 (48.4%)
802	MIKIERYSZ Monika	678		K 50	26	00:00:00	21,1 KM	+01:25:23	7:49	7.7 (48.4%)
803	ADAMCZYK Kamila	1147		K 30	161	00:00:00	21,1 KM	+01:25:30	7:49	7.7 (48.4%)
804	BINEROWSKA Edyta	933		K 30	162	00:00:00	21,1 KM	+01:25:38	7:50	7.7 (48.4%)
805	WILK Monika	884		K 30	163	00:00:00	21,1 KM	+01:25:42	7:50	7.7 (48.4%)
806	KURATOWSKA Małgorzata	883	MISS	K 20	57	00:00:00	21,1 KM	+01:25:42	7:50	7.7 (48.4%)
807	ORZECHOWSKA Anna	14	12BZ	K 30	164	00:00:00	21,1 KM	+01:25:43	7:50	7.7 (48.4%)
808	WALEWSKA Alicja	594	BIEGACZE JUNIORA RUNNERS TEAM	K 30	165	00:00:00	21,1 KM	+01:25:44	7:50	7.6 (47.8%)
809	CWAJDA Karolina	798		K 30	166	00:00:00	21,1 KM	+01:25:52	7:50	7.6 (47.8%)
810	KURZYŃSKI Ryszard	207		M 40	136	00:00:00	21,1 KM	+01:25:53	7:51	7.6 (47.8%)
811	BORTNOWSKI Michał	1085		M 30	167	00:00:00	21,1 KM	+01:25:58	7:51	7.6 (47.8%)
812	BARTCZAK Iga	860		K 30	167	00:00:00	21,1 KM	+01:26:14	7:52	7.6 (47.8%)
813	ANTOŃCZAK Łukasz	19	BORSUKI	M 30	168	00:00:00	21,1 KM	+01:26:21	7:52	7.6 (47.8%)
814	UMIŃSKA Marzena	519		K 30	168	00:00:00	21,1 KM	+01:26:22	7:52	7.6 (47.8%)
815	JAKUBIAK Mariusz	952		M 40	137	00:00:00	21,1 KM	+01:26:28	7:52	7.6 (47.8%)
816	ROJEWSKA Agnieszka	237	AKTYWNIE W PNIEWACH	K 30	169	00:00:00	21,1 KM	+01:26:34	7:52	7.6 (47.8%)
817	SZUSTAK Krzysztof	321		M 40	138	00:00:00	21,1 KM	+01:26:34	7:52	7.6 (47.8%)
818	BRETSZNAJDER Alicja	476		K 30	170	00:00:00	21,1 KM	+01:26:36	7:53	7.6 (47.8%)
819	SARNOWSKI Dariusz	231		M 20	78	00:00:00	21,1 KM	+01:26:40	7:53	7.6 (47.8%)
820	SZADKOWSKA Dorota	359		K 30	171	00:00:00	21,1 KM	+01:26:43	7:53	7.6 (47.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
821	MOMOT Sylwia	221		K 40	120	00:00:00	21,1 KM	+01:27:07	7:54	7.6 (47.8%)
822	PANKOWSKI Jerzy	784		M 30	169	00:00:00	21,1 KM	+01:27:12	7:54	7.6 (47.8%)
823	NIEMIEC Joanna	968		K 30	172	00:00:00	21,1 KM	+01:27:38	7:56	7.6 (47.8%)
824	GLWIŃSKA Magdalena	251		K 30	173	00:00:00	21,1 KM	+01:27:49	7:56	7.6 (47.8%)
825	PIKULSKA Mariola	235		K 40	121	00:00:00	21,1 KM	+01:27:51	8:01	7.5 (47.2%)
826	BURZYŃSKA Paulina	1047		K 20	58	00:00:00	21,1 KM	+01:27:56	7:56	7.5 (47.2%)
827	PIECHOWICZ Aneta	1054		K 40	122	00:00:00	21,1 KM	+01:28:11	7:57	7.5 (47.2%)
828	GŁADZIK Anna	389	KOMPAS TEAM	K 30	174	00:00:00	21,1 KM	+01:28:14	7:57	7.5 (47.2%)
829	FUŁCZYŃSKI - OSTAPOWICZ Wojciech	229		M 30	170	00:00:00	21,1 KM	+01:28:36	7:58	7.5 (47.2%)
830	CYWIŃSKA Ewa	72		K 40	123	00:00:00	21,1 KM	+01:28:37	7:58	7.5 (47.2%)
831	GŁÓWCZYŃSKA Grażyna	897		K 40	124	00:00:00	21,1 KM	+01:28:45	7:59	7.5 (47.2%)
832	MAK Edyta	562	NAVIGO POZNAN	K 40	125	00:00:00	21,1 KM	+01:28:53	7:59	7.5 (47.2%)
833	GIEDA Elżbieta	32	MUKS SZOK BOJANOWO	K 30	175	00:00:00	21,1 KM	+01:29:07	8:00	7.5 (47.2%)
834	WOLNICKI Tomasz	947		M 30	171	00:00:00	21,1 KM	+01:29:14	8:00	7.5 (47.2%)
835	WALENT Marta	736	WIECZORNE BIEGANIE W SZCZECINIE	K 30	176	00:00:00	21,1 KM	+01:29:22	8:00	7.5 (47.2%)
836	MAKSIMOWICZ Paweł	208		M 30	172	00:00:00	21,1 KM	+01:29:26	8:01	7.5 (47.2%)
837	KUGIEL Grzegorz	320	DRUŻYNAMOJACUKRZYCA.PL&BATORY LOTO	M 30	173	00:00:00	21,1 KM	+01:29:30	8:01	7.5 (47.2%)
838	GRZEGORCZYK Michał	809		M 30	174	00:00:00	21,1 KM	+01:29:31	8:01	7.5 (47.2%)
839	KORTUS-WOJCIECHOWSKA Katarzyna	474		K 40	126	00:00:00	21,1 KM	+01:29:34	8:01	7.5 (47.2%)
840	DZIAŁOWSKI Dariusz	31		M 40	139	00:00:00	21,1 KM	+01:30:08	8:03	7.5 (47.2%)
841	MARIAŃSKA Anna	127		K 40	127	00:00:00	21,1 KM	+01:30:23	8:03	7.4 (46.5%)
842	GRYCZKOWSKI Piotr	695		M 30	175	00:00:00	21,1 KM	+01:30:54	8:05	7.4 (46.5%)
843	URBAN Henryk	159	ROCK&)RUNNER	M 60	18	00:00:00	21,1 KM	+01:31:04	8:05	7.4 (46.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
844	POSIECZEK Mariusz	535	GMINA GOLENIÓW	M 50	43	00:00:00	21,1 KM	+01:31:05	8:05	7.4 (46.5%)
845	STRĄK Ewa	876		K 20	59	00:00:00	21,1 KM	+01:31:10	8:06	7.4 (46.5%)
846	WIŚNIEWSKA Hanna	40		K 30	177	00:00:00	21,1 KM	+01:31:22	8:06	7.4 (46.5%)
847	HAJNRYCH Katarzyna	1037		K 40	128	00:00:00	21,1 KM	+01:31:24	8:06	7.4 (46.5%)
848	KUŁAKOWSKI Robert	10	KIBICE POMORKA TEAM #BIEGACZE	M 40	140	00:00:00	21,1 KM	+01:31:31	8:07	7.4 (46.5%)
849	GRZESZKOWIAK Magdalena	523	LIGOWIEC.NET	K 30	178	00:00:00	21,1 KM	+01:31:41	8:07	7.4 (46.5%)
850	GIERKA Aleksandra	834		K 20	60	00:00:00	21,1 KM	+01:31:49	8:07	7.4 (46.5%)
851	WOJTAT Halina	728		K 50	27	00:00:00	21,1 KM	+01:31:55	8:08	7.4 (46.5%)
852	KANABAJ Dorota	380		K 30	179	00:00:00	21,1 KM	+01:32:00	8:08	7.4 (46.5%)
853	KAZUBEK Maciej	227		M 40	141	00:00:00	21,1 KM	+01:32:23	8:09	7.4 (46.5%)
854	WIECZOREK Piotr	709		M 40	142	00:00:00	21,1 KM	+01:32:28	8:09	7.4 (46.5%)
855	HANKE Ilona	577		K 40	129	00:00:00	21,1 KM	+01:32:29	8:09	7.3 (45.9%)
856	MROCZKA Anna	826		K 40	130	00:00:00	21,1 KM	+01:32:33	8:09	7.3 (45.9%)
857	RATUSZYNSKI Artur	113		M 40	143	00:00:00	21,1 KM	+01:32:53	8:10	7.3 (45.9%)
858	CHADASIEWICZ Antonina	735		K 20	61	00:00:00	21,1 KM	+01:33:05	8:11	7.3 (45.9%)
859	KOŚCIAŃSKA-SNACKA Marietta	401		K 40	131	00:00:00	21,1 KM	+01:33:16	8:12	7.3 (45.9%)
860	KUSZYK Małgorzata	144		K 40	132	00:00:00	21,1 KM	+01:33:39	8:13	7.3 (45.9%)
861	ZWYRBLIS-KŁAPOUCH Wioletta	170		K 40	133	00:00:00	21,1 KM	+01:34:01	8:14	7.3 (45.9%)
862	SIKORA Magda	411		K 30	180	00:00:00	21,1 KM	+01:34:23	8:15	7.3 (45.9%)
863	GRODOŃ Piotr	394	CARBON SILESIA SPORT	M 30	176	00:00:00	21,1 KM	+01:34:41	8:16	7.3 (45.9%)
864	KUSIEWICZ Agnieszka	1052		K 40	134	00:00:00	21,1 KM	+01:34:47	8:16	7.3 (45.9%)
865	NOWICKA Agnieszka	162		K 30	181	00:00:00	21,1 KM	+01:35:19	8:17	7.2 (45.3%)
866	SZEPKE Robert	151	SOBOTNI BIEGACZE ŚWINOUJŚCIE	M 40	144	00:00:00	21,1 KM	+01:35:21	8:17	7.2 (45.3%)
867	MADEJAK Anna	217		K 20	62	00:00:00	21,1 KM	+01:35:42	8:18	7.2 (45.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
868	POLAKOWICZ Aleksandra	785		K 40	135	00:00:00	21,1 KM	+01:35:44	8:19	7.2 (45.3%)
869	KRAWCZYK Roman	937	R-O KRA	M 50	44	00:00:00	21,1 KM	+01:35:46	8:19	7.2 (45.3%)
870	ŻELAZKO Paulina	418		K 20	63	00:00:00	21,1 KM	+01:36:12	8:20	7.2 (45.3%)
871	BIEŃKOWSKI Mariusz	666		M 40	145	00:00:00	21,1 KM	+01:36:17	8:30	7 (44.0%)
872	HADZIK Tomasz	604	DZIKI LIGOTA	M 20	79	00:00:00	21,1 KM	+01:36:50	8:22	7.2 (45.3%)
873	MAZUR Sylwia	762	SKRZYDLACI DZIECIOM	K 40	136	00:00:00	21,1 KM	+01:37:01	8:22	7.2 (45.3%)
874	KUSTOWSKA Joanna	725		K 30	182	00:00:00	21,1 KM	+01:37:02	8:22	7.2 (45.3%)
875	SADOWSKA Kamila	984		K 20	64	00:00:00	21,1 KM	+01:37:15	8:23	7.2 (45.3%)
876	JANKOWSKI Remigiusz	140		M 30	177	00:00:00	21,1 KM	+01:37:27	8:23	7.1 (44.7%)
877	SIWICKA Aleksandra	115		K 30	183	00:00:00	21,1 KM	+01:37:29	8:24	7.1 (44.7%)
878	RESZKIS Monika	676		K 40	137	00:00:00	21,1 KM	+01:37:51	8:25	7.1 (44.7%)
879	WALATEK Piotr	1034		M 50	45	00:00:00	21,1 KM	+01:37:51	8:25	7.1 (44.7%)
880	BORKOWSKI Leszek	445	NOWI SIEDLCE - NW WSCHÓD	M 50	46	00:00:00	21,1 KM	+01:37:57	8:25	7.1 (44.7%)
881	POLUS Magdalena	530	ZMĘCZENI NA STARCIE DOBIEGNIĘW	K 30	184	00:00:00	21,1 KM	+01:37:59	8:25	7.1 (44.7%)
882	BIEGANSKI Tomasz	891		M 30	178	00:00:00	21,1 KM	+01:38:03	8:25	7.1 (44.7%)
883	GIBAS-JASTRZĘBSKA Iwona	721		K 40	138	00:00:00	21,1 KM	+01:38:37	8:27	7.1 (44.7%)
884	PAKUŁA Aleksandra	554		K 20	65	00:00:00	21,1 KM	+01:38:40	8:27	7.1 (44.7%)
885	WAŁĘZA Marcel	131		M 30	179	00:00:00	21,1 KM	+01:38:46	8:27	7.1 (44.7%)
886	WRUCIŃSKI Adam	168	WATAHA TEAM	M 50	47	00:00:00	21,1 KM	+01:38:46	8:27	7.1 (44.7%)
887	ADAMSKI Adam	776		M 40	146	00:00:00	21,1 KM	+01:38:49	8:27	7.1 (44.7%)
888	WITCZAK Dorota	322	RUNNER'S POWER	K 50	28	00:00:00	21,1 KM	+01:38:55	8:28	7.1 (44.7%)
889	PAWŁOWICZ Kamila	426		K 40	139	00:00:00	21,1 KM	+01:38:56	8:28	7.1 (44.7%)
890	KAMIŃSKA Maja	456		K 30	185	00:00:00	21,1 KM	+01:39:02	8:28	7.1 (44.7%)
891	MIZERSKA Jagoda	480		K 30	186	00:00:00	21,1 KM	+01:39:55	8:30	7 (44.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
892	PIERUN Beata	436		K 30	187	00:00:00	21,1 KM	+01:40:09	8:31	7 (44.0%)
893	TOMOLIK Magdalena	267		K 40	140	00:00:00	21,1 KM	+01:40:11	8:31	7 (44.0%)
894	PODBIERA Ewa	439	VRC	K 40	141	00:00:00	21,1 KM	+01:40:18	8:32	7 (44.0%)
895	GRABARCZYK Katarzyna	1081		K 20	66	00:00:00	21,1 KM	+01:40:21	8:32	7 (44.0%)
896	MAKSYSZ Roksana	1070	#CZELADZBIEGA	K 40	142	00:00:00	21,1 KM	+01:41:13	8:34	7 (44.0%)
897	BARTCZAK Lidia	537		K 40	143	00:00:00	21,1 KM	+01:41:56	8:36	7 (44.0%)
898	WOJAKOWSKA Nadia	832	K&K RUN	K 20	67	00:00:00	21,1 KM	+01:42:18	8:37	7 (44.0%)
899	HÄNSCH Uwe	603	TRAMPE	M 50	48	00:00:00	21,1 KM	+01:43:14	8:40	6.9 (43.4%)
900	WASYLÓW Karolina	551		K 20	68	00:00:00	21,1 KM	+01:43:23	8:40	6.9 (43.4%)
901	GAPINSKI Rafal	62	PROGDAR MARATHON TEAM	M 40	147	00:00:00	21,1 KM	+01:43:41	8:41	6.9 (43.4%)
902	CAŁY Alicja	376		K 30	188	00:00:00	21,1 KM	+01:43:54	8:42	6.9 (43.4%)
903	BODNAR Zbigniew	48	BIEG KORCZAKA	M 70+	4	00:00:00	21,1 KM	+01:43:54	8:42	6.9 (43.4%)
904	JANCZYNSKA Maria	954	JK84	K 60	2	00:00:00	21,1 KM	+01:43:56	8:42	6.9 (43.4%)
905	ŚWIĄTKOWSKI Adam	287	FUTSAL LEGIA WARSZAWA	M 30	180	00:00:00	21,1 KM	+01:44:04	8:42	6.9 (43.4%)
906	KACZMAREK-ZAROK Marzena	34		K 40	144	00:00:00	21,1 KM	+01:44:04	8:42	6.9 (43.4%)
907	WIELGOSZ Małgorzata	850		K 20	69	00:00:00	21,1 KM	+01:44:13	8:43	6.9 (43.4%)
908	SAWICKI Michał	848		M 20	80	00:00:00	21,1 KM	+01:44:13	8:43	6.9 (43.4%)
909	TLAŁKA Jakub	892		M 30	181	00:00:00	21,1 KM	+01:44:24	8:43	6.9 (43.4%)
910	SZ Krystian	916		M 30	182	00:00:00	21,1 KM	+01:44:47	8:44	6.9 (43.4%)
911	ŻEBIEŁOWICZ Dariusz	696		M 50	49	00:00:00	21,1 KM	+01:44:56	8:45	6.9 (43.4%)
912	KRYSMANN-PUŁAWSKA Małgorzata	658	BEMOWO BIEGA	K 40	145	00:00:00	21,1 KM	+01:45:33	8:46	6.8 (42.8%)
913	PASICH Aleksandra	288		K 20	70	00:00:00	21,1 KM	+01:45:35	8:47	6.8 (42.8%)
914	MARKOWSKA-BAUMGART Aneta	1015		K 50	29	00:00:00	21,1 KM	+01:45:53	8:47	6.8 (42.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
915	ANIELSKA Anna	128		K 30	189	00:00:00	21,1 KM	+01:45:54	8:47	6.8 (42.8%)
916	GROCHOCKA Dorota	770		K 30	190	00:00:00	21,1 KM	+01:46:23	8:49	6.8 (42.8%)
917	SZEWCZYK Łukasz	13		M 30	183	00:00:00	21,1 KM	+01:46:26	8:49	6.8 (42.8%)
918	DOLICHER Robert	174		M 40	148	00:00:00	21,1 KM	+01:46:27	8:49	6.8 (42.8%)
919	OLEARCZYK Joanna	270		K 40	146	00:00:00	21,1 KM	+01:46:39	8:50	6.8 (42.8%)
920	HAJDUKIEWICZ Anna	171		K 30	191	00:00:00	21,1 KM	+01:48:01	8:53	6.7 (42.1%)
921	STWORA Arkadiusz	906	1995	M 40	149	00:00:00	21,1 KM	+01:48:16	8:54	6.7 (42.1%)
922	KOWALSKI Bartosz	1131		M 20	81	00:00:00	21,1 KM	+01:48:25	8:55	6.7 (42.1%)
923	MICHOŃ Radosław	141		M 30	184	00:00:00	21,1 KM	+01:48:37	8:55	6.7 (42.1%)
924	WOŹNIAK Barbara	387		K 60	3	00:00:00	21,1 KM	+01:49:09	8:57	6.7 (42.1%)
925	PAWLAK Katarzyna	259	MAMY-BIEGAMY	K 30	192	00:00:00	21,1 KM	+01:49:26	8:58	6.7 (42.1%)
926	WINIARSKA Anna	1018		K 40	147	00:00:00	21,1 KM	+01:50:08	9:00	6.7 (42.1%)
927	BRODOWSKA Weronika	475		K 20	71	00:00:00	21,1 KM	+01:50:19	9:00	6.7 (42.1%)
928	SZEWCAK Wiesław	69		M 40	150	00:00:00	21,1 KM	+01:50:39	9:01	6.6 (41.5%)
929	RUBAJ Anna	56		K 30	193	00:00:00	21,1 KM	+01:51:59	9:05	6.6 (41.5%)
930	BOJAR Joanna	1032	POLONIA ŚRODA WIELKOPOLSKA	K 30	194	00:00:00	21,1 KM	+01:52:03	9:05	6.6 (41.5%)
931	WAWRZOS Rafał	843	OSNOWA RUN	M 30	185	00:00:00	21,1 KM	+01:52:04	9:10	6.5 (40.9%)
932	TUPAJ Łukasz	372		M 20	82	00:00:00	21,1 KM	+01:52:12	9:05	6.6 (41.5%)
933	STANKIEWICZ-TARNOWSKA Gabriela	1030	PKO BANK POLSKI	K 50	30	00:00:00	21,1 KM	+01:52:27	9:06	6.6 (41.5%)
934	BIELECKA Monika	428	TUPTUP TEAM	K 40	148	00:00:00	21,1 KM	+01:52:45	9:07	6.6 (41.5%)
935	STEMPNIAK Katarzyna	488	REBELS LEGION TEAM	K 30	195	00:00:00	21,1 KM	+01:54:49	9:13	6.5 (40.9%)
936	ŁOBODZIŃSKA Wanda	958	RAZ SZCZECIN	K 60	4	00:00:00	21,1 KM	+01:56:08	9:17	6.5 (40.9%)
937	SIENKIEWICZ Anna	291	ŁÓDŹ KOCHA SPORT	K 30	196	00:00:00	21,1 KM	+01:56:37	9:18	6.4 (40.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
938	PIKULSKI Tomasz	233		M 20	83	00:00:00	21,1 KM	+01:57:01	9:19	6.4 (40.3%)
939	BARTCZAK Mirosława	861		K 70+	1	00:00:00	21,1 KM	+01:57:34	9:21	6.4 (40.3%)
940	SAMBORSKA Ola	432	RUN FOR FUN TEAM	K 20	72	00:00:00	21,1 KM	+01:58:12	9:22	6.4 (40.3%)
941	CZAJA Alicja	720		K 30	197	00:00:00	21,1 KM	+02:00:11	9:28	6.3 (39.6%)
942	MACIEJEWSKA Malgorzata	1097	POLSKA RUNNING TEAM	K 40	149	00:00:00	21,1 KM	+02:00:14	9:28	6.3 (39.6%)
943	MALECKA-KRUK Bogna	277		K 40	150	00:00:00	21,1 KM	+02:00:44	9:30	6.3 (39.6%)
944	GAWRON Monika	425		K 30	198	00:00:00	21,1 KM	+02:00:49	9:30	6.3 (39.6%)
945	KULCZYCKI Jan	660		M 60	19	00:00:00	21,1 KM	+02:01:37	9:32	6.3 (39.6%)
946	LUBELSKA Żaneta	318	4	K 20	73	00:00:00	21,1 KM	+02:02:32	9:35	6.3 (39.6%)
947	KOROLUK Sławomir	189		M 40	151	00:00:00	21,1 KM	+02:02:38	9:35	6.3 (39.6%)
948	CZERWIŃSKA Gabriela	253		K 20	74	00:00:00	21,1 KM	+02:03:06	9:36	6.2 (39.0%)
949	WOŹNIEWSKA Grażyna	102		K 50	31	00:00:00	21,1 KM	+02:04:05	9:39	6.2 (39.0%)
950	DZIADECKA Joanna	845	WIECZORNE BIEGANIE W SZCZECINIE	K 40	151	00:00:00	21,1 KM	+02:04:41	9:41	6.2 (39.0%)
951	CIEŚLA Monika	1058		K 40	152	00:00:00	21,1 KM	+02:05:07	9:42	6.2 (39.0%)
952	JARZĄBEK Magdalena	633		K 30	199	00:00:00	21,1 KM	+02:05:30	9:43	6.2 (39.0%)
953	KOWALCZYK Kinga	331	ZAZBIEGANI	K 20	75	00:00:00	21,1 KM	+02:06:06	9:45	6.1 (38.4%)
954	ROKITA Aneta	105		K 40	153	00:00:00	21,1 KM	+02:07:17	9:48	6.1 (38.4%)
955	SIKORSKA Iwona	691		K 30	200	00:00:00	21,1 KM	+02:07:31	9:49	6.1 (38.4%)
956	KRANZMANN ŻELEPIEŃ Anna	379		K 40	154	00:00:00	21,1 KM	+02:08:03	9:50	6.1 (38.4%)
957	PARCHIMOWICZ Janusz	215		M 60	20	00:00:00	21,1 KM	+02:08:12	9:51	6.1 (38.4%)
958	PARUSEL Marcin	1080	KOMITET SPORTU I TURYSTYKI KRZYSZTOFA PODGÓRSKIEGO	M 20	84	00:00:00	21,1 KM	+02:11:29	10:00	6 (37.7%)
959	BUDZIK Małgorzata	93	ŚWIAT PŁYTEK U KRYSPIŃ	K 20	76	00:00:00	21,1 KM	+02:11:51	10:01	6 (37.7%)
960	DĄBROWSKA Ewa	864		K 40	155	00:00:00	21,1 KM	+02:12:15	10:02	6 (37.7%)
961	PIÓRO Grzegorz	1000	GP2Z	M 20	85	00:00:00	21,1 KM	+02:12:59	10:05	5.9 (37.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
962	BARAN Seweryn	92	ŚWIAT PŁYTEK U KRYSPIŃ	M 20	86	00:00:00	21,1 KM	+02:13:43	10:07	5.9 (37.1%)
963	JANKOWSKI Michał	381		M 30	186	00:00:00	21,1 KM	+02:14:14	10:08	5.9 (37.1%)
964	JADASZ Mirosław	810		M 30	187	00:00:00	21,1 KM	+02:15:15	10:11	5.9 (37.1%)
965	CIEŚLA Karolina	972		K 30	201	00:00:00	21,1 KM	+02:15:39	10:12	5.9 (37.1%)
966	TATARCZUK-GÓRECKA Monika	773		K 30	202	00:00:00	21,1 KM	+02:16:18	10:14	5.9 (37.1%)
967	DYRDA Justyna	121	MIRMARK	K 40	156	00:00:00	21,1 KM	+02:17:34	10:18	5.8 (36.5%)
968	PŁOSA Monika	315		K 30	203	00:00:00	21,1 KM	+02:23:00	10:33	5.7 (35.8%)
969	MIRSKA Beata	816		K 50	32	00:00:00	21,1 KM	+02:23:14	10:34	5.7 (35.8%)
970	JEZIERSKI Grzegorz	572		M 20	87	00:00:00	21,1 KM	+02:23:41	10:35	5.7 (35.8%)
971	KŁOBUCHOWSKA Karolina	295		K 20	77	00:00:00	21,1 KM	+02:24:36	10:38	5.6 (35.2%)
972	CETERA Janusz	905		M 60	21	00:00:00	21,1 KM	+02:25:15	10:39	5.6 (35.2%)
973	RYDELEK Agnieszka	1012		K 30	204	00:00:00	21,1 KM	+02:26:14	10:42	5.6 (35.2%)
974	TOPOLEWICZ Beata	932		K 50	33	00:00:00	21,1 KM	+02:28:06	10:47	5.6 (35.2%)
975	ULLRICH Magdalena	501	FAJNY	K 40	157	00:00:00	21,1 KM	+02:28:38	10:49	5.5 (34.6%)
976	TOPOLEWICZ Jerzy	931		M 50	50	00:00:00	21,1 KM	+02:29:17	10:51	5.5 (34.6%)
977	KARDYNAŁ Beata	877	SAMOTNYCH SERC	K 50	34	00:00:00	21,1 KM	+02:30:14	10:54	5.5 (34.6%)
978	BOJARSKI Kamil	1140		M 20	88	00:00:00	21,1 KM	+02:33:15	11:02	5.4 (34.0%)
979	ROSZATYCKA-KRAUSE Agnieszka	311	DMUCHAWIEC GOLENIÓW	K 40	158	00:00:00	21,1 KM	+02:40:17	11:22	5.3 (33.3%)
980	GROLIK Beata	869	BBKTS	K 20	78	00:00:00	21,1 KM	+02:41:29	11:26	5.2 (32.7%)
981	KLICH Artur	54		M 40	152	00:00:00	21,1 KM	+02:42:14	11:28	5.2 (32.7%)
982	KORCIPA Agata	339		K 30	205	00:00:00	21,1 KM	+02:43:18	11:31	5.2 (32.7%)
983	KIELISZEK Gabriela	391		K 60	5	00:00:00	21,1 KM	+02:49:57	11:50	5.1 (32.1%)
984	PNIEWSKI Mariusz	1096		M 30	188	00:00:00	21,1 KM	+02:50:32	11:51	5.1 (32.1%)
985	TARASIUK Bartosz	513		M 30	189	00:00:00	21,1 KM	+02:59:14	12:16	4.9 (30.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
986	CHABIŃSKI Artur	1040		M 30	190	00:00:00	21,1 KM	+03:00:00	12:18	4.9 (30.8%)
987	MARCHLIK Krzysztof	261		M 20	89	00:00:00	21,1 KM	+03:06:24	12:36	4.8 (30.2%)
988	MOTYL Dominika	77		K 20	79	00:00:00	21,1 KM	+03:08:46	12:43	4.7 (29.6%)
989	GODYN Magda	909		K 40	159	00:00:00	21,1 KM	+03:13:37	12:57	4.6 (28.9%)
990	BLOCK Andrea	715	PASEWALK	K 50	35	00:00:00	21,1 KM	+03:13:49	12:57	4.6 (28.9%)
991	SCHILLING Frau	714	PASEWALK	K 60	6	00:00:00	21,1 KM	+03:13:49	12:57	4.6 (28.9%)
992	KRÓL Magdalena	390		K 30	206	00:00:00	21,1 KM	+03:15:27	13:02	4.6 (28.9%)
993	GÓRECKI Marek	771		M 30	191	00:00:00	21,1 KM	+03:15:50	13:03	4.6 (28.9%)
994	SKOCZYL Wojtek	1003		M 30	192	00:00:00	21,1 KM	+03:17:56	13:13	4.5 (28.3%)
995	WESOŁOWSKA Magdalena	613		K 30	207	00:00:00	21,1 KM	+03:21:36	13:20	4.5 (28.3%)
996	CZARNECKI Adrian	1098	BRAK	M 40	153	00:00:00	21,1 KM	+03:26:51	13:35	4.4 (27.7%)
997	MATUSZAK Kamila	351		K 20	80	00:00:00	21,1 KM	+03:40:14	14:13	4.2 (26.4%)
998	JAKOBSZE Paulina	301	KU AZS UAM POZNAŃ	K 30	208	00:00:00	21,1 KM	+03:40:20	14:13	4.2 (26.4%)
999	KORDON Anna	977	ŁAZISKIE ŁAZIKI	K 30	209	00:00:00	21,1 KM	+03:42:14	14:18	4.2 (26.4%)
1000	CABAJ Dorota	275		K 30	210	00:00:00	21,1 KM	+03:49:35	14:39	4.1 (25.8%)
1001	KWIECIEN Jan	579		M 60	22	00:00:00	21,1 KM	+03:49:35	14:39	4.1 (25.8%)
1002	KWIECIEN Marta	580		K 30	211	00:00:00	21,1 KM	+03:49:35	14:39	4.1 (25.8%)
1003	SZYBOWSKA Emilia	602		K 30	212	00:00:00	21,1 KM	+03:52:04	14:46	4.1 (25.8%)
1004	KOCIŃSKA Dorota	302	IPA	K 30	213	00:00:00	21,1 KM	+03:54:40	14:54	4 (25.2%)
1005	JUSIŃSKI Michał	1242		M 30	193	00:00:00	21,1 KM	+03:59:53	15:08	4 (25.2%)
1006	DZIADECKI Grzegorz	847	WIECZORNE BIEGANIE W SZCZECINIE	M 50	51	00:00:00	21,1 KM	+04:00:44	15:11	4 (25.2%)
1007	ŁUKASIEWICZ-WESELAK Justyna	148		K 30	214	00:00:00	21,1 KM	+04:13:54	15:48	3.8 (23.9%)
1008	WASILEWSKA Ilona	626	ŻÓŁWIKERSI	K 30	215	00:00:00	21,1 KM	+04:25:16	16:21	3.7 (23.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
1009	TUROWSKA Anna	752		K 30	216	00:00:00	21,1 KM	+05:16:40	18:47	3.2 (20.1%)
1010	GAPIŃSKI Wojciech	991	WIECZORNE BIEGANIE W SZCZECINIE	M 30	194	00:00:00	21,1 KM	+05:17:31	18:49	3.2 (20.1%)
1011	SERĘGA Tomasz	560	WKURW_TEAM	M 40	154	00:00:00	21,1 KM	+06:35:50	22:32	2.7 (17.0%)
1012	CHRZANOWSKA Weronika	1146		K 30	217	00:00:00	21,1 KM	+06:38:07	22:38	2.6 (16.4%)
1013	ŁUKASZEWSKA Malwina	563		K 30	218	00:00:00	21,1 KM	+07:06:40	24:00	2.5 (15.7%)
1014	SZMAJDA Katarzyna	538		K 20	81	00:00:00	21,1 KM	+07:21:11	24:41	2.4 (15.1%)
1015	KOPROWICZ Ewelina	1241		K 30	219	00:00:00	21,1 KM	+11:04:31	35:16	1.7 (10.7%)
1016	CIOCH-KSIAŻEK Iwona	485		K 40	160	00:00:00	21,1 KM	+191:56:1	549:34	0.1 (0.6%)
1017	SIKORSKA Magdalena	293		K 40	161	00:00:00	21,1 KM	+215:23:1	616:15	0.1 (0.6%)
1018	SCHMIDT Franek	1035		M - wózki aktywne	1	00:00:00	21,1 KM	+24:52:54	74:32	0.8 (5.0%)
1019	MAZUREK Ewa	618		K 30	220	00:00:00	21,1 KM	+420:03:1	1198:15	0.1 (0.6%)
1020	GAPIŃSKA Irmina	989	WIECZORNE BIEGANIE W SZCZECINIE	K 30	221	00:00:00	20,3 KM	+03:53:13	15:25	3.9 (24.5%)
1021	SOKÓŁ Mariola	521		M 40	155	00:00:00	20,2 KM	+01:34:44	8:39	6.9 (43.4%)
1022	KOTFICA-TELEJ Agnieszka	856	RAZ SZCZECIN	K 40	162	00:00:00	19,5 KM	+01:10:12	7:40	7.8 (49.1%)
1023	ONYSZK Michał	528		M 30	195	00:00:00	18,2 KM	+00:58:41	7:37	7.9 (49.7%)
1024	BIEGA Joanna	925	SLOW JOGGING BIAŁOŁĘKA	K 30	222	00:00:00	17,8 KM	+02:09:17	11:46	5.1 (32.1%)
1025	STUDZIŃSKI Michał	314		M 30	196	00:00:00	16,2 KM	+00:27:47	6:39	9 (56.6%)
1026	MARKS Katarzyna	717		K 40	163	00:00:00	15,1 KM	+00:32:56	7:27	8 (50.3%)
1027	PANKOWSKA Aleksandra	918		K 30	223	00:00:00	14,0 KM	+	5:02	11.9 (74.8%)
1028	KOZIOŁ Adam	204		M 40	156	00:00:00	14,0 KM	+00:20:08	7:09	8.4 (52.8%)
1029	HADRYŚ Grzegorz	323		M 30	197	00:00:00	13,0 KM	+00:13:19	7:08	8.4 (52.8%)
1030	HALEC Paulina	880	RAZEM RAŻNIEJ	K 30	224	00:00:00	13,0 KM	+00:10:43	6:57	8.6 (54.1%)
1031	PIONTEK Elżbieta	782		K 60	7	00:00:00	11,5 KM	+00:03:38	7:14	8.3 (52.2%)
1032	BOGAJCZYK Marta	701	LUB WYBIERZ Z LISTY	K 20	82	00:00:00	11,1 KM	+00:15:09	8:33	7 (44.0%)

Znaleziono 1032 wynik(ów)