

# 41.PKO PÓŁMARATON SZCZECIN "NA RATY" - EDYCJA WIRTUALNA

B4SPORT

**Wydarzenie:** WIRTUALNY 41. PKO PÓŁMARATON SZCZECIN  
**Organizator:** Stowarzyszenie K2 Partners  
**Data:** 2020-08-01  
**Miejsce:** Polska  
**Dystans:** 21.1 km

**B4SPORT**  
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

| Msc | Zawodnik                   | Numer       | Klub                             | Kategoria | Mkat | Czas startu | Dystans        | Różn      | Tempo min/km | Tempo km/h   |
|-----|----------------------------|-------------|----------------------------------|-----------|------|-------------|----------------|-----------|--------------|--------------|
| 1   | <b>SARBAK Grzegorz</b>     | <b>813</b>  | MUKS JEDYNKA MIĘDZYCHÓD          | M 20      | 1    | 00:00:00    | <b>21,1 KM</b> | +00:00:00 | 3:46         | 15.9 (100%)  |
| 2   | <b>GODLEWSKI Krzysztof</b> | <b>96</b>   | LOVE LIFE                        | M 30      | 1    | 00:00:00    | <b>21,1 KM</b> | +00:01:09 | 3:50         | 15.6 (98.1%) |
| 3   | <b>FIGGA Ryszard</b>       | <b>541</b>  | MARATON GORLICE                  | M 60      | 1    | 00:00:00    | <b>21,1 KM</b> | +00:10:26 | 4:16         | 14 (88.1%)   |
| 4   | <b>SZYMANOWICZ Mariusz</b> | <b>330</b>  | CHARTY CHARTOWO/KB MANIAC POZNAŃ | M 40      | 1    | 00:00:00    | <b>21,1 KM</b> | +00:10:26 | 4:16         | 14 (88.1%)   |
| 5   | <b>KLEPARSKI Krzysztof</b> | <b>335</b>  | ZAZBIEGANI                       | M 30      | 2    | 00:00:00    | <b>21,1 KM</b> | +00:10:37 | 4:17         | 14 (88.1%)   |
| 6   | <b>SKWARYŁO Dariusz</b>    | <b>573</b>  | STOCZNIOWIEC POZNAŃ              | M 30      | 3    | 00:00:00    | <b>21,1 KM</b> | +00:11:26 | 4:19         | 13.9 (87.4%) |
| 7   | <b>IGLESIAS Javier</b>     | <b>447</b>  |                                  | M 20      | 2    | 00:00:00    | <b>21,1 KM</b> | +00:12:53 | 4:23         | 13.7 (86.2%) |
| 8   | <b>KOPEĆ Mirosław</b>      | <b>145</b>  | WATAHA                           | M 40      | 2    | 00:00:00    | <b>21,1 KM</b> | +00:13:28 | 4:25         | 13.6 (85.5%) |
| 9   | <b>CZAJA Małgorzata</b>    | <b>939</b>  | MINICLASSIC.PL                   | K 40      | 1    | 00:00:00    | <b>21,1 KM</b> | +00:14:50 | 4:29         | 13.4 (84.3%) |
| 10  | <b>WOLLNY Kamil</b>        | <b>1028</b> | EKO- OKNA RUNNERS                | M 20      | 3    | 00:00:00    | <b>21,1 KM</b> | +00:16:01 | 4:32         | 13.2 (83.0%) |
| 11  | <b>ILCEWICZ Wojciech</b>   | <b>924</b>  |                                  | M 30      | 4    | 00:00:00    | <b>21,1 KM</b> | +00:16:08 | 4:32         | 13.2 (83.0%) |
| 12  | <b>ŁOŚ Jarosław</b>        | <b>64</b>   | #RUSZ4LITERY                     | M 30      | 5    | 00:00:00    | <b>21,1 KM</b> | +00:16:09 | 4:32         | 13.2 (83.0%) |
| 13  | <b>SKWARYŁO Kamil</b>      | <b>546</b>  | STOCZNIOWIEC POZNAŃ              | M 20      | 4    | 00:00:00    | <b>21,1 KM</b> | +00:18:08 | 4:38         | 12.9 (81.1%) |
| 14  | <b>BIELATKO Marcin</b>     | <b>463</b>  | DRAWNO                           | M 30      | 6    | 00:00:00    | <b>21,1 KM</b> | +00:18:34 | 4:39         | 12.9 (81.1%) |
| 15  | <b>BOGUCKI Tomasz</b>      | <b>1017</b> | GOSIR OSIELSKO                   | M 40      | 3    | 00:00:00    | <b>21,1 KM</b> | +00:18:51 | 4:40         | 12.8 (80.5%) |
| 16  | <b>DUDEK Maciej</b>        | <b>1057</b> |                                  | K 30      | 1    | 00:00:00    | <b>21,1 KM</b> | +00:19:30 | 4:42         | 12.8 (80.5%) |

| Msc | Zawodnik                  | Numer       | Klub                     | Kategoria | Mkat | Czas startu | Dystans        | Różn      | Tempo min/km | Tempo km/h   |
|-----|---------------------------|-------------|--------------------------|-----------|------|-------------|----------------|-----------|--------------|--------------|
| 17  | <b>BRYGAŁA Magdalena</b>  | <b>999</b>  |                          | K 40      | 2    | 00:00:00    | <b>21,1 KM</b> | +00:20:39 | 4:45         | 12.6 (79.2%) |
| 18  | <b>MINOROWICZ Paweł</b>   | <b>65</b>   |                          | M 30      | 7    | 00:00:00    | <b>21,1 KM</b> | +00:21:51 | 4:48         | 12.5 (78.6%) |
| 19  | <b>SKOWRONSKI Tomasz</b>  | <b>350</b>  | TOMASZ SKOWRONSKI        | M 30      | 8    | 00:00:00    | <b>21,1 KM</b> | +00:22:10 | 4:49         | 12.4 (78.0%) |
| 20  | <b>DORNIAK Karol</b>      | <b>1139</b> |                          | M 30      | 9    | 00:00:00    | <b>21,1 KM</b> | +00:22:22 | 4:50         | 12.4 (78.0%) |
| 21  | <b>LER Łukasz</b>         | <b>357</b>  |                          | M 20      | 5    | 00:00:00    | <b>21,1 KM</b> | +00:22:51 | 4:51         | 12.3 (77.4%) |
| 22  | <b>SZCZEPANIAK Paweł</b>  | <b>1123</b> |                          | M 30      | 10   | 00:00:00    | <b>21,1 KM</b> | +00:22:56 | 4:52         | 12.3 (77.4%) |
| 23  | <b>BOBOWSKI Wojciech</b>  | <b>757</b>  | WKKW                     | M 30      | 11   | 00:00:00    | <b>21,1 KM</b> | +00:23:02 | 4:52         | 12.3 (77.4%) |
| 24  | <b>AUGUSTYNIAK Jakub</b>  | <b>1006</b> |                          | M 30      | 12   | 00:00:00    | <b>21,1 KM</b> | +00:23:08 | 4:52         | 12.3 (77.4%) |
| 25  | <b>MELNYK Sergii</b>      | <b>737</b>  | AMATOR                   | M 20      | 6    | 00:00:00    | <b>21,1 KM</b> | +00:23:15 | 4:52         | 12.3 (77.4%) |
| 26  | <b>WOŹNIAK Urszula</b>    | <b>889</b>  |                          | K 40      | 3    | 00:00:00    | <b>21,1 KM</b> | +00:23:20 | 4:53         | 12.3 (77.4%) |
| 27  | <b>TRONIARZ Marcin</b>    | <b>173</b>  |                          | M 40      | 4    | 00:00:00    | <b>21,1 KM</b> | +00:23:37 | 4:53         | 12.2 (76.7%) |
| 28  | <b>MARCHACZ Grzegorz</b>  | <b>107</b>  |                          | M 30      | 13   | 00:00:00    | <b>21,1 KM</b> | +00:23:45 | 4:54         | 12.2 (76.7%) |
| 29  | <b>WAWRZYNIAK Bartosz</b> | <b>555</b>  |                          | M 30      | 14   | 00:00:00    | <b>21,1 KM</b> | +00:24:24 | 4:56         | 12.2 (76.7%) |
| 30  | <b>PAKOS Marta</b>        | <b>687</b>  | 12 BZ                    | K 30      | 2    | 00:00:00    | <b>21,1 KM</b> | +00:24:40 | 4:56         | 12.1 (76.1%) |
| 31  | <b>KOWALAK Robert</b>     | <b>951</b>  |                          | M 30      | 15   | 00:00:00    | <b>21,1 KM</b> | +00:25:01 | 4:57         | 12.1 (76.1%) |
| 32  | <b>COELHO Tulio</b>       | <b>30</b>   |                          | M 50      | 1    | 00:00:00    | <b>21,1 KM</b> | +00:25:03 | 4:58         | 12.1 (76.1%) |
| 33  | <b>DEMBIŃSKI Maciej</b>   | <b>164</b>  |                          | M 50      | 2    | 00:00:00    | <b>21,1 KM</b> | +00:25:41 | 4:59         | 12 (75.5%)   |
| 34  | <b>JARCZYŃSKI Adam</b>    | <b>511</b>  |                          | M 20      | 7    | 00:00:00    | <b>21,1 KM</b> | +00:26:32 | 5:02         | 11.9 (74.8%) |
| 35  | <b>BRODOWSKI Grzegorz</b> | <b>1023</b> |                          | M 40      | 5    | 00:00:00    | <b>21,1 KM</b> | +00:26:37 | 5:02         | 11.9 (74.8%) |
| 36  | <b>KOŁACKI Paweł</b>      | <b>154</b>  |                          | M 30      | 16   | 00:00:00    | <b>21,1 KM</b> | +00:27:26 | 5:04         | 11.8 (74.2%) |
| 37  | <b>HEDA Paweł</b>         | <b>1084</b> | KSRG OSP NIETULISKO DUŻE | M 40      | 6    | 00:00:00    | <b>21,1 KM</b> | +00:27:33 | 5:05         | 11.8 (74.2%) |
| 38  | <b>BARTNIK Rafał</b>      | <b>33</b>   | ZABIEGANY WOŁOMIN        | M 40      | 7    | 00:00:00    | <b>21,1 KM</b> | +00:27:45 | 5:05         | 11.8 (74.2%) |
| 39  | <b>CHARĘZA Marcin</b>     | <b>1036</b> |                          | M 30      | 17   | 00:00:00    | <b>21,1 KM</b> | +00:27:51 | 5:06         | 11.8 (74.2%) |

| Msc | Zawodnik                      | Numer       | Klub                            | Kategoria | Mkat | Czas startu | Dystans        | Różn      | Tempo min/km | Tempo km/h   |
|-----|-------------------------------|-------------|---------------------------------|-----------|------|-------------|----------------|-----------|--------------|--------------|
| 40  | <b>ZIELIŃSKA Renata</b>       | <b>1067</b> |                                 | K 50      | 1    | 00:00:00    | <b>21,1 KM</b> | +00:28:08 | 5:06         | 11.7 (73.6%) |
| 41  | <b>SOLARZ Szymon</b>          | <b>950</b>  |                                 | M 30      | 18   | 00:00:00    | <b>21,1 KM</b> | +00:28:33 | 5:08         | 11.7 (73.6%) |
| 42  | <b>BANASIEWICZ Zbigniew</b>   | <b>1106</b> | WIECZORNE BIEGANIE W SZCZECINIE | M 30      | 19   | 00:00:00    | <b>21,1 KM</b> | +00:28:38 | 5:08         | 11.7 (73.6%) |
| 43  | <b>JAMROZY Ryszard</b>        | <b>961</b>  | TRUCHT                          | M 50      | 3    | 00:00:00    | <b>21,1 KM</b> | +00:28:40 | 5:08         | 11.7 (73.6%) |
| 44  | <b>DUDEK Marcin</b>           | <b>278</b>  |                                 | M 40      | 8    | 00:00:00    | <b>21,1 KM</b> | +00:28:48 | 5:08         | 11.7 (73.6%) |
| 45  | <b>DURKOWSKI Marek</b>        | <b>246</b>  |                                 | M 30      | 20   | 00:00:00    | <b>21,1 KM</b> | +00:28:50 | 5:08         | 11.7 (73.6%) |
| 46  | <b>SZLESZYŃSKI Andrzej</b>    | <b>719</b>  |                                 | M 50      | 4    | 00:00:00    | <b>21,1 KM</b> | +00:29:18 | 5:10         | 11.6 (73.0%) |
| 47  | <b>KRUPIŃSKI Mikołaj</b>      | <b>755</b>  |                                 | M 20      | 8    | 00:00:00    | <b>21,1 KM</b> | +00:29:34 | 5:10         | 11.6 (73.0%) |
| 48  | <b>BOROWSKI Rafał</b>         | <b>615</b>  |                                 | M 20      | 9    | 00:00:00    | <b>21,1 KM</b> | +00:29:45 | 5:11         | 11.6 (73.0%) |
| 49  | <b>RETECKI Tomasz</b>         | <b>704</b>  |                                 | M 40      | 9    | 00:00:00    | <b>21,1 KM</b> | +00:29:51 | 5:11         | 11.5 (72.3%) |
| 50  | <b>ZARYCZAŃSKI Michał</b>     | <b>786</b>  |                                 | M 30      | 21   | 00:00:00    | <b>21,1 KM</b> | +00:29:52 | 5:11         | 11.5 (72.3%) |
| 51  | <b>KOMOROWSKA Marcelina</b>   | <b>1009</b> | GOSIR OSIELSKO                  | K 20      | 1    | 00:00:00    | <b>21,1 KM</b> | +00:30:11 | 5:12         | 11.5 (72.3%) |
| 52  | <b>ROGULSKA-NOWAK Justyna</b> | <b>1175</b> | KB WYSZKÓW                      | K 30      | 3    | 00:00:00    | <b>21,1 KM</b> | +00:30:23 | 5:13         | 11.5 (72.3%) |
| 53  | <b>KONIECZNY Piotr</b>        | <b>609</b>  | NKB CHYŻY NOWY TOMYŚL           | M 30      | 22   | 00:00:00    | <b>21,1 KM</b> | +00:30:25 | 5:13         | 11.5 (72.3%) |
| 54  | <b>DAMOISEAUX Philippe</b>    | <b>262</b>  |                                 | M 20      | 10   | 00:00:00    | <b>21,1 KM</b> | +00:30:30 | 5:13         | 11.5 (72.3%) |
| 55  | <b>NURKIEWICZ Jarosław</b>    | <b>862</b>  | KUNG FU PANDY 3                 | M 40      | 10   | 00:00:00    | <b>21,1 KM</b> | +00:30:34 | 5:13         | 11.5 (72.3%) |
| 56  | <b>WINIARZ Łukasz</b>         | <b>758</b>  |                                 | M 30      | 23   | 00:00:00    | <b>21,1 KM</b> | +00:30:36 | 5:13         | 11.5 (72.3%) |
| 57  | <b>KONDELA Paweł</b>          | <b>60</b>   | AKTYWNE CHOSZCZNO               | M 40      | 11   | 00:00:00    | <b>21,1 KM</b> | +00:30:37 | 5:13         | 11.5 (72.3%) |
| 58  | <b>KULIBERDA Dariusz</b>      | <b>768</b>  |                                 | M 40      | 12   | 00:00:00    | <b>21,1 KM</b> | +00:30:59 | 5:14         | 11.4 (71.7%) |
| 59  | <b>GAZDOWICZ Michał</b>       | <b>465</b>  | BRZOZOWSKI KLUB BIEGACZA        | M 20      | 11   | 00:00:00    | <b>21,1 KM</b> | +00:31:11 | 5:15         | 11.4 (71.7%) |
| 60  | <b>ZAJĄC Patryk</b>           | <b>805</b>  |                                 | M 20      | 12   | 00:00:00    | <b>21,1 KM</b> | +00:31:16 | 5:15         | 11.4 (71.7%) |
| 61  | <b>ŻYŁOWSKI Filip</b>         | <b>1046</b> |                                 | M 20      | 13   | 00:00:00    | <b>21,1 KM</b> | +00:31:20 | 5:15         | 11.4 (71.7%) |
| 62  | <b>MIKOŁAJCZYK Jakub</b>      | <b>110</b>  | -                               | M 20      | 14   | 00:00:00    | <b>21,1 KM</b> | +00:31:26 | 5:16         | 11.4 (71.7%) |
| 63  | <b>BIENIEK Piotr</b>          | <b>296</b>  | AMATOR                          | M 50      | 5    | 00:00:00    | <b>21,1 KM</b> | +00:31:28 | 5:16         | 11.4 (71.7%) |

| Msc | Zawodnik                   | Numer       | Klub                  | Kategoria | Mkat | Czas startu | Dystans        | Różn      | Tempo min/km | Tempo km/h   |
|-----|----------------------------|-------------|-----------------------|-----------|------|-------------|----------------|-----------|--------------|--------------|
| 64  | <b>SIKORA Łukasz</b>       | <b>214</b>  |                       | M 30      | 24   | 00:00:00    | <b>21,1 KM</b> | +00:31:37 | 5:16         | 11.4 (71.7%) |
| 65  | <b>KLAMKA Rafał</b>        | <b>1154</b> |                       | M 30      | 25   | 00:00:00    | <b>21,1 KM</b> | +00:31:42 | 5:16         | 11.4 (71.7%) |
| 66  | <b>REIM Sebastian</b>      | <b>343</b>  |                       | M 30      | 26   | 00:00:00    | <b>21,1 KM</b> | +00:32:37 | 5:19         | 11.3 (71.1%) |
| 67  | <b>SEDLACZEK Anna</b>      | <b>2</b>    |                       | K 30      | 4    | 00:00:00    | <b>21,1 KM</b> | +00:32:38 | 5:19         | 11.3 (71.1%) |
| 68  | <b>SURAŻYŃSKI Bartosz</b>  | <b>1061</b> |                       | M 30      | 27   | 00:00:00    | <b>21,1 KM</b> | +00:32:56 | 5:20         | 11.2 (70.4%) |
| 69  | <b>GAJDZIŃSKA Anna</b>     | <b>263</b>  |                       | K 30      | 5    | 00:00:00    | <b>21,1 KM</b> | +00:32:59 | 5:20         | 11.2 (70.4%) |
| 70  | <b>LIS Tomasz</b>          | <b>789</b>  |                       | M 30      | 28   | 00:00:00    | <b>21,1 KM</b> | +00:33:14 | 5:21         | 11.2 (70.4%) |
| 71  | <b>KUSIAK Dariusz</b>      | <b>643</b>  |                       | M 30      | 29   | 00:00:00    | <b>21,1 KM</b> | +00:33:15 | 5:21         | 11.2 (70.4%) |
| 72  | <b>NASIŁOWSKI Marcin</b>   | <b>1119</b> |                       | M 40      | 13   | 00:00:00    | <b>21,1 KM</b> | +00:33:21 | 5:21         | 11.2 (70.4%) |
| 73  | <b>GBYL Łukasz</b>         | <b>917</b>  |                       | M 30      | 30   | 00:00:00    | <b>21,1 KM</b> | +00:33:22 | 5:21         | 11.2 (70.4%) |
| 74  | <b>PELC Tomasz</b>         | <b>581</b>  | BENEFITUS TOMASZ PELC | M 40      | 14   | 00:00:00    | <b>21,1 KM</b> | +00:33:41 | 5:22         | 11.2 (70.4%) |
| 75  | <b>KIEŁBASA Łukasz</b>     | <b>711</b>  |                       | M 30      | 31   | 00:00:00    | <b>21,1 KM</b> | +00:34:06 | 5:23         | 11.1 (69.8%) |
| 76  | <b>KULAK Paulina</b>       | <b>213</b>  |                       | K 30      | 6    | 00:00:00    | <b>21,1 KM</b> | +00:34:10 | 5:23         | 11.1 (69.8%) |
| 77  | <b>BORKOWSKA Agnieszka</b> | <b>664</b>  |                       | K 30      | 7    | 00:00:00    | <b>21,1 KM</b> | +00:34:23 | 5:24         | 11.1 (69.8%) |
| 78  | <b>KORTUS Jarosław</b>     | <b>686</b>  | 12 BZ                 | M 30      | 32   | 00:00:00    | <b>21,1 KM</b> | +00:34:23 | 5:24         | 11.1 (69.8%) |
| 79  | <b>STASZKIEWICZ Lucyna</b> | <b>1019</b> | 1967                  | K 50      | 2    | 00:00:00    | <b>21,1 KM</b> | +00:34:27 | 5:24         | 11.1 (69.8%) |
| 80  | <b>JARONIAK Tomasz</b>     | <b>783</b>  |                       | M 40      | 15   | 00:00:00    | <b>21,1 KM</b> | +00:34:27 | 5:25         | 11.1 (69.8%) |
| 81  | <b>KRZYWIEC Marcin</b>     | <b>129</b>  |                       | M 30      | 33   | 00:00:00    | <b>21,1 KM</b> | +00:34:29 | 5:24         | 11.1 (69.8%) |
| 82  | <b>RUBINOWSKI Jarek</b>    | <b>886</b>  |                       | M 40      | 16   | 00:00:00    | <b>21,1 KM</b> | +00:34:29 | 5:24         | 11.1 (69.8%) |
| 83  | <b>ADAMOWICZ Sylwia</b>    | <b>385</b>  | TORPEDY               | K 40      | 4    | 00:00:00    | <b>21,1 KM</b> | +00:34:31 | 5:24         | 11.1 (69.8%) |
| 84  | <b>GOŁACKA Katarzyna</b>   | <b>1071</b> |                       | K 20      | 2    | 00:00:00    | <b>21,1 KM</b> | +00:34:42 | 5:25         | 11.1 (69.8%) |
| 85  | <b>LEP Łukasz</b>          | <b>431</b>  |                       | M 30      | 34   | 00:00:00    | <b>21,1 KM</b> | +00:34:51 | 5:25         | 11 (69.2%)   |
| 86  | <b>ZBICIAK Adam</b>        | <b>1056</b> |                       | M 50      | 6    | 00:00:00    | <b>21,1 KM</b> | +00:35:02 | 5:26         | 11 (69.2%)   |
| 87  | <b>OSTASZEWSKI Marcin</b>  | <b>642</b>  |                       | M 40      | 17   | 00:00:00    | <b>21,1 KM</b> | +00:35:09 | 5:26         | 11 (69.2%)   |

| Msc | Zawodnik                   | Numer       | Klub                  | Kategoria | Mkat | Czas startu | Dystans        | Różn      | Tempo min/km | Tempo km/h   |
|-----|----------------------------|-------------|-----------------------|-----------|------|-------------|----------------|-----------|--------------|--------------|
| 88  | <b>SOLECKA Katarzyna</b>   | <b>176</b>  |                       | K 20      | 3    | 00:00:00    | <b>21,1 KM</b> | +00:35:10 | 5:26         | 11 (69.2%)   |
| 89  | <b>KĄŻMIERCZAK Norbert</b> | <b>429</b>  | TUP TUP TEAM          | M 40      | 18   | 00:00:00    | <b>21,1 KM</b> | +00:35:10 | 5:26         | 11 (69.2%)   |
| 90  | <b>OSTASZEWSKI Paweł</b>   | <b>727</b>  |                       | M 20      | 15   | 00:00:00    | <b>21,1 KM</b> | +00:35:11 | 5:26         | 11 (69.2%)   |
| 91  | <b>MACIEJOWICZ Michał</b>  | <b>706</b>  |                       | M 30      | 35   | 00:00:00    | <b>21,1 KM</b> | +00:35:24 | 5:27         | 11 (69.2%)   |
| 92  | <b>FELTYNOWSKA Asia</b>    | <b>20</b>   |                       | K 20      | 4    | 00:00:00    | <b>21,1 KM</b> | +00:35:25 | 5:27         | 11 (69.2%)   |
| 93  | <b>WAŻNY Wojciech</b>      | <b>543</b>  |                       | M 30      | 36   | 00:00:00    | <b>21,1 KM</b> | +00:35:26 | 5:27         | 11 (69.2%)   |
| 94  | <b>ANTKOWIAK Sebastian</b> | <b>1079</b> | DB - ACTIVE           | M 40      | 19   | 00:00:00    | <b>21,1 KM</b> | +00:35:27 | 5:27         | 11 (69.2%)   |
| 95  | <b>BARCKI Mariusz</b>      | <b>814</b>  | WWW.VISTA.SZCZECIN.PL | M 30      | 37   | 00:00:00    | <b>21,1 KM</b> | +00:35:38 | 5:28         | 11 (69.2%)   |
| 96  | <b>DUCHER Loniek</b>       | <b>1093</b> | FINISZ MORĄG          | M 50      | 7    | 00:00:00    | <b>21,1 KM</b> | +00:35:39 | 5:28         | 11 (69.2%)   |
| 97  | <b>NASTAŃSKA Magdalena</b> | <b>851</b>  |                       | K 40      | 5    | 00:00:00    | <b>21,1 KM</b> | +00:35:42 | 5:28         | 11 (69.2%)   |
| 98  | <b>POLAŃCZYK Paulina</b>   | <b>15</b>   | KACPER&ZUZIA          | K 30      | 8    | 00:00:00    | <b>21,1 KM</b> | +00:35:53 | 5:28         | 10.9 (68.6%) |
| 99  | <b>BACZYŃSKI Maciej</b>    | <b>466</b>  | RODZINAPL             | M 40      | 20   | 00:00:00    | <b>21,1 KM</b> | +00:35:53 | 5:28         | 10.9 (68.6%) |
| 100 | <b>PONCYLIUSZ Monika</b>   | <b>833</b>  | NEW BALANCE RUN CLUB  | K 30      | 9    | 00:00:00    | <b>21,1 KM</b> | +00:35:53 | 5:28         | 10.9 (68.6%) |
| 101 | <b>STANKIEWICZ Izabela</b> | <b>639</b>  |                       | K 40      | 6    | 00:00:00    | <b>21,1 KM</b> | +00:36:03 | 5:29         | 10.9 (68.6%) |
| 102 | <b>ZAJAS Krzysztof</b>     | <b>49</b>   |                       | M 30      | 38   | 00:00:00    | <b>21,1 KM</b> | +00:36:08 | 5:29         | 10.9 (68.6%) |
| 103 | <b>ŚLIWA Jerzy</b>         | <b>724</b>  |                       | M 50      | 8    | 00:00:00    | <b>21,1 KM</b> | +00:36:08 | 5:29         | 10.9 (68.6%) |
| 104 | <b>KUPCZYŃSKI Piotr</b>    | <b>100</b>  |                       | M 40      | 21   | 00:00:00    | <b>21,1 KM</b> | +00:36:10 | 5:29         | 10.9 (68.6%) |
| 105 | <b>SINECKI Krystian</b>    | <b>245</b>  | SYCOWSKIAMATOR        | M 30      | 39   | 00:00:00    | <b>21,1 KM</b> | +00:36:14 | 5:29         | 10.9 (68.6%) |
| 106 | <b>ZAJĄCZKOWSKA Magda</b>  | <b>1024</b> |                       | K 40      | 7    | 00:00:00    | <b>21,1 KM</b> | +00:36:23 | 5:30         | 10.9 (68.6%) |
| 107 | <b>JUSZCZYK Tomasz</b>     | <b>412</b>  |                       | M 30      | 40   | 00:00:00    | <b>21,1 KM</b> | +00:36:26 | 5:30         | 10.9 (68.6%) |
| 108 | <b>KWIATEK Rafał</b>       | <b>180</b>  |                       | M 30      | 41   | 00:00:00    | <b>21,1 KM</b> | +00:36:35 | 5:30         | 10.9 (68.6%) |
| 109 | <b>MIELNIK Michał</b>      | <b>382</b>  |                       | M 20      | 16   | 00:00:00    | <b>21,1 KM</b> | +00:36:35 | 5:30         | 10.9 (68.6%) |
| 110 | <b>WOJTYNIAK Roman</b>     | <b>631</b>  |                       | M 50      | 9    | 00:00:00    | <b>21,1 KM</b> | +00:36:43 | 5:31         | 10.9 (68.6%) |

| Msc | Zawodnik                     | Numer       | Klub               | Kategoria | Mkat | Czas startu | Dystans        | Różn      | Tempo min/km | Tempo km/h   |
|-----|------------------------------|-------------|--------------------|-----------|------|-------------|----------------|-----------|--------------|--------------|
| 111 | <b>SADKOWSKI Wojciech</b>    | <b>1127</b> |                    | M 30      | 42   | 00:00:00    | <b>21,1 KM</b> | +00:36:51 | 5:31         | 10.9 (68.6%) |
| 112 | <b>PRZYBYSZEWSKI Marcin</b>  | <b>186</b>  | 12BZ               | M 20      | 17   | 00:00:00    | <b>21,1 KM</b> | +00:36:52 | 5:31         | 10.9 (68.6%) |
| 113 | <b>MAJKA Maja</b>            | <b>927</b>  |                    | K 30      | 10   | 00:00:00    | <b>21,1 KM</b> | +00:36:56 | 5:31         | 10.8 (67.9%) |
| 114 | <b>REJNOWICZ Dawid</b>       | <b>922</b>  |                    | M 20      | 18   | 00:00:00    | <b>21,1 KM</b> | +00:36:58 | 5:31         | 10.8 (67.9%) |
| 115 | <b>DZYRUK Maciej</b>         | <b>746</b>  |                    | M 30      | 43   | 00:00:00    | <b>21,1 KM</b> | +00:37:08 | 5:32         | 10.8 (67.9%) |
| 116 | <b>LASZCZAK Judyta</b>       | <b>938</b>  | PKO BP SA          | K 30      | 11   | 00:00:00    | <b>21,1 KM</b> | +00:37:09 | 5:32         | 10.8 (67.9%) |
| 117 | <b>NAWROCKI Michał</b>       | <b>392</b>  | 12BZ               | M 30      | 44   | 00:00:00    | <b>21,1 KM</b> | +00:37:12 | 5:32         | 10.8 (67.9%) |
| 118 | <b>GIZA Bogumiła</b>         | <b>264</b>  |                    | K 20      | 5    | 00:00:00    | <b>21,1 KM</b> | +00:37:25 | 5:33         | 10.8 (67.9%) |
| 119 | <b>UMIŃSKI Piotr</b>         | <b>665</b>  |                    | M 30      | 45   | 00:00:00    | <b>21,1 KM</b> | +00:37:28 | 5:33         | 10.8 (67.9%) |
| 120 | <b>JACOBY Melanie</b>        | <b>248</b>  | ITAX               | K 30      | 12   | 00:00:00    | <b>21,1 KM</b> | +00:37:28 | 5:33         | 10.8 (67.9%) |
| 121 | <b>WOJCIECHOWSKI Karol</b>   | <b>188</b>  |                    | M 30      | 46   | 00:00:00    | <b>21,1 KM</b> | +00:37:32 | 5:33         | 10.8 (67.9%) |
| 122 | <b>NOWAK Kamil</b>           | <b>1078</b> | BIEGANIE USKRZYDLA | M 30      | 47   | 00:00:00    | <b>21,1 KM</b> | +00:37:34 | 5:33         | 10.8 (67.9%) |
| 123 | <b>MICHAŁOWSKI Maciej</b>    | <b>1113</b> | PŁYŃ POD PRĄD      | M 40      | 22   | 00:00:00    | <b>21,1 KM</b> | +00:37:35 | 5:33         | 10.8 (67.9%) |
| 124 | <b>SZEWCZYK Karolina</b>     | <b>637</b>  |                    | K 30      | 13   | 00:00:00    | <b>21,1 KM</b> | +00:37:40 | 5:33         | 10.8 (67.9%) |
| 125 | <b>ADACH Anna</b>            | <b>712</b>  |                    | K 40      | 8    | 00:00:00    | <b>21,1 KM</b> | +00:37:44 | 5:34         | 10.8 (67.9%) |
| 126 | <b>WASIELEWSKI Sylwester</b> | <b>133</b>  |                    | M 40      | 23   | 00:00:00    | <b>21,1 KM</b> | +00:37:45 | 5:34         | 10.8 (67.9%) |
| 127 | <b>SZULŻYCKI Krzysztof</b>   | <b>1021</b> |                    | M 20      | 19   | 00:00:00    | <b>21,1 KM</b> | +00:37:53 | 5:34         | 10.8 (67.9%) |
| 128 | <b>PIECHOWICZ Dariusz</b>    | <b>1027</b> |                    | M 40      | 24   | 00:00:00    | <b>21,1 KM</b> | +00:37:54 | 5:34         | 10.8 (67.9%) |
| 129 | <b>DERBISZEWSKI Robert</b>   | <b>775</b>  |                    | M 20      | 20   | 00:00:00    | <b>21,1 KM</b> | +00:37:56 | 5:34         | 10.8 (67.9%) |
| 130 | <b>SIWEK Magdalena</b>       | <b>481</b>  |                    | K 30      | 14   | 00:00:00    | <b>21,1 KM</b> | +00:37:56 | 5:34         | 10.8 (67.9%) |
| 131 | <b>KACZMAREK Jarosław</b>    | <b>1088</b> | TRITON KONIN       | M 30      | 48   | 00:00:00    | <b>21,1 KM</b> | +00:37:56 | 5:34         | 10.8 (67.9%) |
| 132 | <b>NASTAŃSKI Jerzy</b>       | <b>853</b>  |                    | M 60      | 2    | 00:00:00    | <b>21,1 KM</b> | +00:38:07 | 5:35         | 10.7 (67.3%) |
| 133 | <b>LITWIŃSKI Michał</b>      | <b>552</b>  |                    | M 30      | 49   | 00:00:00    | <b>21,1 KM</b> | +00:38:08 | 5:35         | 10.7 (67.3%) |
| 134 | <b>MARKIEWICZ Anna</b>       | <b>634</b>  |                    | K 40      | 9    | 00:00:00    | <b>21,1 KM</b> | +00:38:12 | 5:35         | 10.7 (67.3%) |

| Msc | Zawodnik                   | Numer       | Klub                                 | Kategoria | Mkat | Czas startu | Dystans        | Różn      | Tempo min/km | Tempo km/h   |
|-----|----------------------------|-------------|--------------------------------------|-----------|------|-------------|----------------|-----------|--------------|--------------|
| 135 | <b>TUZIMEK Piotr</b>       | <b>1244</b> |                                      | M 40      | 25   | 00:00:00    | <b>21,1 KM</b> | +00:38:20 | 5:35         | 10.7 (67.3%) |
| 136 | <b>NOWAK Rafal</b>         | <b>2000</b> | BODAIKAN                             | M 40      | 26   | 00:00:00    | <b>21,1 KM</b> | +00:38:29 | 5:36         | 10.7 (67.3%) |
| 137 | <b>PIERSA Jakub</b>        | <b>1099</b> |                                      | M 20      | 21   | 00:00:00    | <b>21,1 KM</b> | +00:38:34 | 5:36         | 10.7 (67.3%) |
| 138 | <b>GABRYŚ Dominik</b>      | <b>74</b>   |                                      | M 40      | 27   | 00:00:00    | <b>21,1 KM</b> | +00:38:39 | 5:36         | 10.7 (67.3%) |
| 139 | <b>ANUSZKIEWICZ Marek</b>  | <b>223</b>  |                                      | M 50      | 10   | 00:00:00    | <b>21,1 KM</b> | +00:38:42 | 5:36         | 10.7 (67.3%) |
| 140 | <b>PIECHOTA Artur</b>      | <b>836</b>  | WOJSKOWY KLUB HONOROWYCH DAWCÓW KRWI | M 30      | 50   | 00:00:00    | <b>21,1 KM</b> | +00:38:48 | 5:37         | 10.7 (67.3%) |
| 141 | <b>KRÓL Pola</b>           | <b>182</b>  |                                      | K 20      | 6    | 00:00:00    | <b>21,1 KM</b> | +00:38:59 | 5:37         | 10.7 (67.3%) |
| 142 | <b>ŚWIREK Dominika</b>     | <b>484</b>  |                                      | K 30      | 15   | 00:00:00    | <b>21,1 KM</b> | +00:39:02 | 5:37         | 10.7 (67.3%) |
| 143 | <b>SYC Piotr</b>           | <b>657</b>  |                                      | M 30      | 51   | 00:00:00    | <b>21,1 KM</b> | +00:39:04 | 5:37         | 10.7 (67.3%) |
| 144 | <b>CYBUL Anna</b>          | <b>520</b>  |                                      | K 40      | 10   | 00:00:00    | <b>21,1 KM</b> | +00:39:06 | 5:38         | 10.7 (67.3%) |
| 145 | <b>BARTNIK Ania</b>        | <b>378</b>  | WIECZORNE BIEGANIE W OPOLU           | K 30      | 16   | 00:00:00    | <b>21,1 KM</b> | +00:39:18 | 5:38         | 10.6 (66.7%) |
| 146 | <b>URBANIAK Remigiusz</b>  | <b>829</b>  |                                      | M 30      | 52   | 00:00:00    | <b>21,1 KM</b> | +00:39:19 | 5:38         | 10.6 (66.7%) |
| 147 | <b>KOT Arkadiusz</b>       | <b>76</b>   |                                      | M 50      | 11   | 00:00:00    | <b>21,1 KM</b> | +00:39:19 | 5:38         | 10.6 (66.7%) |
| 148 | <b>KOWALCZYK Krzysztof</b> | <b>367</b>  |                                      | M 50      | 12   | 00:00:00    | <b>21,1 KM</b> | +00:39:23 | 5:38         | 10.6 (66.7%) |
| 149 | <b>NAWOJOWSKI Adam</b>     | <b>80</b>   | BRAK                                 | M 50      | 13   | 00:00:00    | <b>21,1 KM</b> | +00:39:36 | 5:39         | 10.6 (66.7%) |
| 150 | <b>MICHOŃ Marcin</b>       | <b>753</b>  |                                      | M 20      | 22   | 00:00:00    | <b>21,1 KM</b> | +00:39:37 | 5:39         | 10.6 (66.7%) |
| 151 | <b>KLETT Agata</b>         | <b>1013</b> | GOSIR OSIELSKO                       | K 30      | 17   | 00:00:00    | <b>21,1 KM</b> | +00:39:46 | 5:39         | 10.6 (66.7%) |
| 152 | <b>OKRĘGLICKA Barbara</b>  | <b>371</b>  | RUN PASJA                            | K 50      | 3    | 00:00:00    | <b>21,1 KM</b> | +00:39:47 | 5:39         | 10.6 (66.7%) |
| 153 | <b>KONIECKI Tomasz</b>     | <b>317</b>  |                                      | M 40      | 28   | 00:00:00    | <b>21,1 KM</b> | +00:39:48 | 5:40         | 10.6 (66.7%) |
| 154 | <b>PISKORSKI Radosław</b>  | <b>779</b>  |                                      | M 20      | 23   | 00:00:00    | <b>21,1 KM</b> | +00:39:50 | 5:40         | 10.6 (66.7%) |
| 155 | <b>PARNOWSKA Marlena</b>   | <b>1053</b> | 12BZ                                 | K 30      | 18   | 00:00:00    | <b>21,1 KM</b> | +00:40:01 | 5:40         | 10.6 (66.7%) |
| 156 | <b>BRYŁA Grzegorz</b>      | <b>1121</b> |                                      | M 40      | 29   | 00:00:00    | <b>21,1 KM</b> | +00:40:11 | 5:41         | 10.6 (66.7%) |
| 157 | <b>GAJDA Beata</b>         | <b>777</b>  |                                      | K 50      | 4    | 00:00:00    | <b>21,1 KM</b> | +00:40:19 | 5:41         | 10.5 (66.0%) |
| 158 | <b>ŻUBERT Natalia</b>      | <b>675</b>  |                                      | K 30      | 19   | 00:00:00    | <b>21,1 KM</b> | +00:40:36 | 5:42         | 10.5 (66.0%) |

| Msc | Zawodnik                           | Numer       | Klub                         | Kategoria | Mkat | Czas startu | Dystans        | Różn      | Tempo min/km | Tempo km/h   |
|-----|------------------------------------|-------------|------------------------------|-----------|------|-------------|----------------|-----------|--------------|--------------|
| 159 | <b>CZERWONKA Maciej</b>            | <b>670</b>  |                              | M 30      | 53   | 00:00:00    | <b>21,1 KM</b> | +00:40:38 | 5:42         | 10.5 (66.0%) |
| 160 | <b>KACZMAREK Monika</b>            | <b>726</b>  | PHOENIX CONTACT WIELKOPOLSKA | K 30      | 20   | 00:00:00    | <b>21,1 KM</b> | +00:40:38 | 5:42         | 10.5 (66.0%) |
| 161 | <b>CZAJKOWSKI Sebastian</b>        | <b>419</b>  |                              | M 30      | 54   | 00:00:00    | <b>21,1 KM</b> | +00:40:44 | 5:42         | 10.5 (66.0%) |
| 162 | <b>PRZEKLASA Wojciech</b>          | <b>472</b>  | WWW.ROWEREMPOPODLASIU.PL     | M 50      | 14   | 00:00:00    | <b>21,1 KM</b> | +00:40:47 | 5:42         | 10.5 (66.0%) |
| 163 | <b>SAFAREWICZ Tomasz</b>           | <b>557</b>  |                              | M 40      | 30   | 00:00:00    | <b>21,1 KM</b> | +00:40:48 | 5:42         | 10.5 (66.0%) |
| 164 | <b>SUSZEK Jacek</b>                | <b>423</b>  |                              | M 30      | 55   | 00:00:00    | <b>21,1 KM</b> | +00:40:52 | 5:43         | 10.5 (66.0%) |
| 165 | <b>BENTKOWSKA Agnieszka</b>        | <b>574</b>  | POBIEDZISKA RUNNING TEAM     | K 40      | 11   | 00:00:00    | <b>21,1 KM</b> | +00:40:57 | 5:43         | 10.5 (66.0%) |
| 166 | <b>GŁADYSZ Łukasz</b>              | <b>7</b>    | TT SZCZECIN                  | M 30      | 56   | 00:00:00    | <b>21,1 KM</b> | +00:40:58 | 5:43         | 10.5 (66.0%) |
| 167 | <b>KOŻYCZAK Aleksandra</b>         | <b>198</b>  |                              | K 20      | 7    | 00:00:00    | <b>21,1 KM</b> | +00:41:06 | 5:43         | 10.5 (66.0%) |
| 168 | <b>MARZEC Kamil</b>                | <b>769</b>  |                              | M 20      | 24   | 00:00:00    | <b>21,1 KM</b> | +00:41:07 | 5:43         | 10.5 (66.0%) |
| 169 | <b>ĆWIRTA-BAŃKOWSKA Małgorzata</b> | <b>988</b>  |                              | K 20      | 8    | 00:00:00    | <b>21,1 KM</b> | +00:41:08 | 5:43         | 10.5 (66.0%) |
| 170 | <b>OKRĘGLICKI Antoni</b>           | <b>370</b>  | RUN PASJA                    | M 70+     | 1    | 00:00:00    | <b>21,1 KM</b> | +00:41:17 | 5:44         | 10.5 (66.0%) |
| 171 | <b>JASTRZĘBSKA-DEMCZAR Aneta</b>   | <b>395</b>  |                              | K 40      | 12   | 00:00:00    | <b>21,1 KM</b> | +00:41:18 | 5:44         | 10.4 (65.4%) |
| 172 | <b>TROJNAR Jarosław</b>            | <b>1090</b> | BANDA ŁYSEGO                 | M 30      | 57   | 00:00:00    | <b>21,1 KM</b> | +00:41:30 | 5:44         | 10.4 (65.4%) |
| 173 | <b>MURAWSKI Arkadiusz</b>          | <b>683</b>  |                              | M 20      | 25   | 00:00:00    | <b>21,1 KM</b> | +00:41:38 | 5:45         | 10.4 (65.4%) |
| 174 | <b>HAŁKA Justyna</b>               | <b>966</b>  | TRUCHT ŁOBEZ                 | M 40      | 31   | 00:00:00    | <b>21,1 KM</b> | +00:41:46 | 5:45         | 10.4 (65.4%) |
| 175 | <b>NYKOLAJCZUK Robert</b>          | <b>1120</b> |                              | M 40      | 32   | 00:00:00    | <b>21,1 KM</b> | +00:41:49 | 5:45         | 10.4 (65.4%) |
| 176 | <b>RUDAWSKA Marzenna</b>           | <b>667</b>  |                              | K 40      | 13   | 00:00:00    | <b>21,1 KM</b> | +00:41:54 | 5:45         | 10.4 (65.4%) |
| 177 | <b>RUDNIK-MIJAL Małgorzata</b>     | <b>1137</b> | ZMĘCZENI NA STARCIE          | K 40      | 14   | 00:00:00    | <b>21,1 KM</b> | +00:41:58 | 5:46         | 10.4 (65.4%) |
| 178 | <b>JANISZEWSKI Jakub</b>           | <b>879</b>  | SII RUNNING TEAM             | M 30      | 58   | 00:00:00    | <b>21,1 KM</b> | +00:41:59 | 5:46         | 10.4 (65.4%) |
| 179 | <b>KRÓL Arkadiusz</b>              | <b>576</b>  |                              | M 40      | 33   | 00:00:00    | <b>21,1 KM</b> | +00:42:00 | 5:46         | 10.4 (65.4%) |
| 180 | <b>ZUBRZYCKA Emilia</b>            | <b>178</b>  |                              | K 20      | 9    | 00:00:00    | <b>21,1 KM</b> | +00:42:02 | 5:46         | 10.4 (65.4%) |
| 181 | <b>PILAWSKI Piotr</b>              | <b>268</b>  |                              | M 20      | 26   | 00:00:00    | <b>21,1 KM</b> | +00:42:05 | 5:46         | 10.4 (65.4%) |



| Msc | Zawodnik                    | Numer       | Klub              | Kategoria | Mkat | Czas startu | Dystans        | Różn      | Tempo min/km | Tempo km/h   |
|-----|-----------------------------|-------------|-------------------|-----------|------|-------------|----------------|-----------|--------------|--------------|
| 182 | <b>DATA Krystian</b>        | <b>266</b>  | K.A. TEAM BYSTRA  | M 20      | 27   | 00:00:00    | <b>21,1 KM</b> | +00:42:11 | 5:46         | 10.4 (65.4%) |
| 183 | <b>RUMIŃSKI Patryk</b>      | <b>1138</b> |                   | M 30      | 59   | 00:00:00    | <b>21,1 KM</b> | +00:42:12 | 5:46         | 10.4 (65.4%) |
| 184 | <b>KRUMPLEWSKI Mariusz</b>  | <b>135</b>  |                   | M 40      | 34   | 00:00:00    | <b>21,1 KM</b> | +00:42:22 | 5:47         | 10.4 (65.4%) |
| 185 | <b>KALINKA-BASZUN Daria</b> | <b>510</b>  |                   | K 30      | 21   | 00:00:00    | <b>21,1 KM</b> | +00:42:33 | 5:47         | 10.4 (65.4%) |
| 186 | <b>BLICHARZ Kamila</b>      | <b>1125</b> |                   | K 30      | 22   | 00:00:00    | <b>21,1 KM</b> | +00:42:37 | 5:48         | 10.3 (64.8%) |
| 187 | <b>TEŚLUK Marcin</b>        | <b>6</b>    |                   | M 30      | 60   | 00:00:00    | <b>21,1 KM</b> | +00:42:49 | 5:48         | 10.3 (64.8%) |
| 188 | <b>SIECZKOWSKI Marcin</b>   | <b>81</b>   |                   | M 40      | 35   | 00:00:00    | <b>21,1 KM</b> | +00:42:53 | 5:48         | 10.3 (64.8%) |
| 189 | <b>KĘDZIORA Małgorzata</b>  | <b>680</b>  |                   | K 20      | 10   | 00:00:00    | <b>21,1 KM</b> | +00:42:56 | 5:48         | 10.3 (64.8%) |
| 190 | <b>DOLATA Marcin</b>        | <b>187</b>  |                   | M 40      | 36   | 00:00:00    | <b>21,1 KM</b> | +00:43:00 | 5:49         | 10.3 (64.8%) |
| 191 | <b>SERAFIN Michał</b>       | <b>403</b>  | HWBC              | M 30      | 61   | 00:00:00    | <b>21,1 KM</b> | +00:43:08 | 5:49         | 10.3 (64.8%) |
| 192 | <b>JÓSEWICZ Grzegorz</b>    | <b>453</b>  |                   | M 30      | 62   | 00:00:00    | <b>21,1 KM</b> | +00:43:15 | 5:49         | 10.3 (64.8%) |
| 193 | <b>PRZEWOSKA Paulina</b>    | <b>5</b>    | TRITON KONIN      | K 30      | 23   | 00:00:00    | <b>21,1 KM</b> | +00:43:19 | 5:50         | 10.3 (64.8%) |
| 194 | <b>OTKAŁA Karol</b>         | <b>41</b>   |                   | M 30      | 63   | 00:00:00    | <b>21,1 KM</b> | +00:43:22 | 5:50         | 10.3 (64.8%) |
| 195 | <b>STEFANIUK Tomasz</b>     | <b>792</b>  | PGB               | M 40      | 37   | 00:00:00    | <b>21,1 KM</b> | +00:43:26 | 5:50         | 10.3 (64.8%) |
| 196 | <b>MISZCZYK Sebastian</b>   | <b>47</b>   |                   | M 20      | 28   | 00:00:00    | <b>21,1 KM</b> | +00:43:30 | 5:50         | 10.3 (64.8%) |
| 197 | <b>KLIMONTOWICZ Kuba</b>    | <b>1073</b> |                   | M 40      | 38   | 00:00:00    | <b>21,1 KM</b> | +00:43:42 | 5:51         | 10.3 (64.8%) |
| 198 | <b>SMOLIŃSKI Piotr</b>      | <b>702</b>  |                   | M 50      | 15   | 00:00:00    | <b>21,1 KM</b> | +00:43:42 | 5:51         | 10.3 (64.8%) |
| 199 | <b>KOCHANOWICZ Marek</b>    | <b>565</b>  | KB WIKON NOWA SÓL | M 40      | 39   | 00:00:00    | <b>21,1 KM</b> | +00:43:44 | 5:51         | 10.3 (64.8%) |
| 200 | <b>HUDECKI Dominik</b>      | <b>73</b>   |                   | M 30      | 64   | 00:00:00    | <b>21,1 KM</b> | +00:43:52 | 5:51         | 10.2 (64.2%) |
| 201 | <b>SOBOL Dominik</b>        | <b>292</b>  |                   | M 20      | 29   | 00:00:00    | <b>21,1 KM</b> | +00:44:11 | 5:52         | 10.2 (64.2%) |
| 202 | <b>KAMIŃSKI Kamil</b>       | <b>342</b>  |                   | M 30      | 65   | 00:00:00    | <b>21,1 KM</b> | +00:44:11 | 5:52         | 10.2 (64.2%) |
| 203 | <b>MIŚ Paweł</b>            | <b>969</b>  |                   | M 30      | 66   | 00:00:00    | <b>21,1 KM</b> | +00:44:17 | 5:52         | 10.2 (64.2%) |
| 204 | <b>SIERZPUTOWSKI Piotr</b>  | <b>1110</b> |                   | M 20      | 30   | 00:00:00    | <b>21,1 KM</b> | +00:44:20 | 5:52         | 10.2 (64.2%) |

| Msc | Zawodnik                           | Numer       | Klub                    | Kategoria | Mkat | Czas startu | Dystans        | Różn      | Tempo min/km | Tempo km/h   |
|-----|------------------------------------|-------------|-------------------------|-----------|------|-------------|----------------|-----------|--------------|--------------|
| 205 | <b>MARCINEK Marcin</b>             | <b>868</b>  |                         | M 30      | 67   | 00:00:00    | <b>21,1 KM</b> | +00:44:20 | 5:52         | 10.2 (64.2%) |
| 206 | <b>KOBA Magda</b>                  | <b>238</b>  |                         | K 30      | 24   | 00:00:00    | <b>21,1 KM</b> | +00:44:20 | 5:52         | 10.2 (64.2%) |
| 207 | <b>KNAP Leszek</b>                 | <b>89</b>   | WŁĄSNY                  | M 30      | 68   | 00:00:00    | <b>21,1 KM</b> | +00:44:21 | 5:52         | 10.2 (64.2%) |
| 208 | <b>GOYKE Sebastian</b>             | <b>614</b>  |                         | M 20      | 31   | 00:00:00    | <b>21,1 KM</b> | +00:44:23 | 5:53         | 10.2 (64.2%) |
| 209 | <b>SIENKIEWICZ Robert</b>          | <b>522</b>  |                         | M 50      | 16   | 00:00:00    | <b>21,1 KM</b> | +00:44:24 | 5:53         | 10.2 (64.2%) |
| 210 | <b>KOSTRZEWSKA - BOSAK Paulina</b> | <b>201</b>  | GOSCINIEC TEAM          | K 30      | 25   | 00:00:00    | <b>21,1 KM</b> | +00:44:27 | 5:53         | 10.2 (64.2%) |
| 211 | <b>KNOP Damian</b>                 | <b>363</b>  | GEBERIT TEAM            | M 30      | 69   | 00:00:00    | <b>21,1 KM</b> | +00:44:33 | 5:53         | 10.2 (64.2%) |
| 212 | <b>GĘBSKI Mieczysław</b>           | <b>1082</b> |                         | M 60      | 3    | 00:00:00    | <b>21,1 KM</b> | +00:44:35 | 5:53         | 10.2 (64.2%) |
| 213 | <b>KRYSIAK Kamil</b>               | <b>928</b>  | KB PENTO STRZELCE KRAJ. | M 30      | 70   | 00:00:00    | <b>21,1 KM</b> | +00:44:36 | 5:53         | 10.2 (64.2%) |
| 214 | <b>RYBICKI Kamil</b>               | <b>443</b>  | 12 BZ                   | M 20      | 32   | 00:00:00    | <b>21,1 KM</b> | +00:44:40 | 5:53         | 10.2 (64.2%) |
| 215 | <b>CIESIELSKI Krzysztof</b>        | <b>51</b>   | FAST WALKER             | M 60      | 4    | 00:00:00    | <b>21,1 KM</b> | +00:44:41 | 5:53         | 10.2 (64.2%) |
| 216 | <b>LOBA Arkadiusz</b>              | <b>1243</b> |                         | M 20      | 33   | 00:00:00    | <b>21,1 KM</b> | +00:44:42 | 5:53         | 10.2 (64.2%) |
| 217 | <b>KOWALCZUK Tomasz</b>            | <b>866</b>  |                         | M 40      | 40   | 00:00:00    | <b>21,1 KM</b> | +00:44:43 | 5:53         | 10.2 (64.2%) |
| 218 | <b>LASZKIEWICZ Patrycja</b>        | <b>944</b>  |                         | K 40      | 15   | 00:00:00    | <b>21,1 KM</b> | +00:44:55 | 5:54         | 10.2 (64.2%) |
| 219 | <b>JANCZYNSKI Karol</b>            | <b>953</b>  | JK84                    | M 30      | 71   | 00:00:00    | <b>21,1 KM</b> | +00:44:57 | 5:54         | 10.2 (64.2%) |
| 220 | <b>PARTYKA Agata</b>               | <b>854</b>  | BIEGNĘ BYLE DOBIEC      | K 40      | 16   | 00:00:00    | <b>21,1 KM</b> | +00:44:58 | 5:56         | 10.1 (63.5%) |
| 221 | <b>ZIELIŃSKI Marcin</b>            | <b>693</b>  |                         | M 30      | 72   | 00:00:00    | <b>21,1 KM</b> | +00:45:10 | 5:55         | 10.1 (63.5%) |
| 222 | <b>GABRYLEWSKA-KOTIK Mirosława</b> | <b>1066</b> |                         | K 30      | 26   | 00:00:00    | <b>21,1 KM</b> | +00:45:11 | 5:56         | 10.1 (63.5%) |
| 223 | <b>KILKOWSKI Jarosław</b>          | <b>366</b>  |                         | M 50      | 17   | 00:00:00    | <b>21,1 KM</b> | +00:45:12 | 5:55         | 10.1 (63.5%) |
| 224 | <b>ZATOŃSKI Robert</b>             | <b>640</b>  |                         | M 20      | 34   | 00:00:00    | <b>21,1 KM</b> | +00:45:20 | 5:55         | 10.1 (63.5%) |
| 225 | <b>FRANKÓW Mirosław</b>            | <b>881</b>  |                         | M 40      | 41   | 00:00:00    | <b>21,1 KM</b> | +00:45:23 | 5:55         | 10.1 (63.5%) |
| 226 | <b>DZIDO Edyta</b>                 | <b>146</b>  | NIDZICA BIEGA           | K 40      | 17   | 00:00:00    | <b>21,1 KM</b> | +00:45:25 | 5:58         | 10.1 (63.5%) |
| 227 | <b>KOLBER Karol</b>                | <b>858</b>  |                         | M 20      | 35   | 00:00:00    | <b>21,1 KM</b> | +00:45:29 | 5:56         | 10.1 (63.5%) |
| 228 | <b>SURDAKCI Jerzy</b>              | <b>63</b>   | DRUŻYNA SZPIKU          | M 20      | 36   | 00:00:00    | <b>21,1 KM</b> | +00:45:30 | 5:56         | 10.1 (63.5%) |

| Msc | Zawodnik                      | Numer       | Klub                           | Kategoria | Mkat | Czas startu | Dystans        | Różn      | Tempo min/km | Tempo km/h   |
|-----|-------------------------------|-------------|--------------------------------|-----------|------|-------------|----------------|-----------|--------------|--------------|
| 229 | <b>POPIOŁEK Przemysław</b>    | <b>1026</b> |                                | M 40      | 42   | 00:00:00    | <b>21,1 KM</b> | +00:45:39 | 5:56         | 10.1 (63.5%) |
| 230 | <b>SZCZYGIELSKI Krzysztof</b> | <b>1048</b> |                                | M 30      | 73   | 00:00:00    | <b>21,1 KM</b> | +00:45:42 | 5:56         | 10.1 (63.5%) |
| 231 | <b>KACIUPA Arkadiusz</b>      | <b>495</b>  |                                | M 20      | 37   | 00:00:00    | <b>21,1 KM</b> | +00:45:42 | 5:56         | 10.1 (63.5%) |
| 232 | <b>FARGANUS Monika</b>        | <b>815</b>  | ZABIEGANI Z LEŚNEJ             | K 30      | 27   | 00:00:00    | <b>21,1 KM</b> | +00:45:44 | 5:56         | 10.1 (63.5%) |
| 233 | <b>KOLBER Monika</b>          | <b>859</b>  |                                | K 30      | 28   | 00:00:00    | <b>21,1 KM</b> | +00:45:45 | 5:56         | 10.1 (63.5%) |
| 234 | <b>SĘK Marcin</b>             | <b>908</b>  |                                | M 30      | 74   | 00:00:00    | <b>21,1 KM</b> | +00:45:47 | 5:57         | 10.1 (63.5%) |
| 235 | <b>CHRUL Tomasz</b>           | <b>975</b>  |                                | M 30      | 75   | 00:00:00    | <b>21,1 KM</b> | +00:45:50 | 5:57         | 10.1 (63.5%) |
| 236 | <b>GRZELAK Jakub</b>          | <b>812</b>  | ENEA BIEGAMY ZBIERAMY PAMAGAMY | M 20      | 38   | 00:00:00    | <b>21,1 KM</b> | +00:45:58 | 5:57         | 10.1 (63.5%) |
| 237 | <b>MASŁOWSKA Barbara</b>      | <b>53</b>   |                                | K 40      | 18   | 00:00:00    | <b>21,1 KM</b> | +00:46:03 | 5:57         | 10.1 (63.5%) |
| 238 | <b>KOWALCZYK Monika</b>       | <b>900</b>  |                                | K 30      | 29   | 00:00:00    | <b>21,1 KM</b> | +00:46:06 | 5:57         | 10.1 (63.5%) |
| 239 | <b>JANKOWSKI Maciej</b>       | <b>647</b>  | FAURECIA RUN                   | M 50      | 18   | 00:00:00    | <b>21,1 KM</b> | +00:46:07 | 5:57         | 10.1 (63.5%) |
| 240 | <b>SZAKOŁA Paweł</b>          | <b>226</b>  |                                | M 30      | 76   | 00:00:00    | <b>21,1 KM</b> | +00:46:07 | 5:57         | 10.1 (63.5%) |
| 241 | <b>ZATOŃSKI Michał</b>        | <b>799</b>  |                                | M 20      | 39   | 00:00:00    | <b>21,1 KM</b> | +00:46:14 | 5:58         | 10 (62.9%)   |
| 242 | <b>ŚLACHCIAK Jacek</b>        | <b>499</b>  |                                | M 50      | 19   | 00:00:00    | <b>21,1 KM</b> | +00:46:15 | 5:58         | 10 (62.9%)   |
| 243 | <b>ŚLACHCIAK Joanna</b>       | <b>817</b>  |                                | K 50      | 5    | 00:00:00    | <b>21,1 KM</b> | +00:46:15 | 5:58         | 10 (62.9%)   |
| 244 | <b>RADWAN Olimpia</b>         | <b>698</b>  |                                | K 40      | 19   | 00:00:00    | <b>21,1 KM</b> | +00:46:17 | 5:58         | 10 (62.9%)   |
| 245 | <b>SAWA Malwina</b>           | <b>993</b>  |                                | K 30      | 30   | 00:00:00    | <b>21,1 KM</b> | +00:46:17 | 5:59         | 10 (62.9%)   |
| 246 | <b>BLICHARSKA Marta</b>       | <b>1141</b> | 12BZ TEAM                      | K 30      | 31   | 00:00:00    | <b>21,1 KM</b> | +00:46:32 | 5:59         | 10 (62.9%)   |
| 247 | <b>WAKUŁA Aleksander</b>      | <b>716</b>  |                                | M 20      | 40   | 00:00:00    | <b>21,1 KM</b> | +00:46:35 | 5:59         | 10 (62.9%)   |
| 248 | <b>OKRĄGŁA Agnieszka</b>      | <b>17</b>   |                                | K 30      | 32   | 00:00:00    | <b>21,1 KM</b> | +00:46:36 | 5:59         | 10 (62.9%)   |
| 249 | <b>SIU Artur</b>              | <b>791</b>  |                                | M 30      | 77   | 00:00:00    | <b>21,1 KM</b> | +00:46:39 | 5:59         | 10 (62.9%)   |
| 250 | <b>KUBIAK Tomasz</b>          | <b>1031</b> | KW PSP SZCZECIN                | M 30      | 78   | 00:00:00    | <b>21,1 KM</b> | +00:46:42 | 5:59         | 10 (62.9%)   |
| 251 | <b>PIETRZAK Jolanta</b>       | <b>648</b>  |                                | K 30      | 33   | 00:00:00    | <b>21,1 KM</b> | +00:46:50 | 6:00         | 10 (62.9%)   |
| 252 | <b>PIETRZAK Katarzyna</b>     | <b>242</b>  |                                | K 30      | 34   | 00:00:00    | <b>21,1 KM</b> | +00:46:51 | 6:00         | 10 (62.9%)   |

| Msc | Zawodnik                   | Numer       | Klub                       | Kategoria | Mkat | Czas startu | Dystans        | Różn      | Tempo min/km | Tempo km/h  |
|-----|----------------------------|-------------|----------------------------|-----------|------|-------------|----------------|-----------|--------------|-------------|
| 253 | <b>WOLSKA Aleksandra</b>   | <b>821</b>  |                            | K 40      | 20   | 00:00:00    | <b>21,1 KM</b> | +00:46:53 | 6:00         | 10 (62.9%)  |
| 254 | <b>KALINOWSKI Łukasz</b>   | <b>460</b>  |                            | M 30      | 79   | 00:00:00    | <b>21,1 KM</b> | +00:46:57 | 6:00         | 10 (62.9%)  |
| 255 | <b>LEWANDOWSKI Maciej</b>  | <b>882</b>  | FCBPOLSKA                  | M 20      | 41   | 00:00:00    | <b>21,1 KM</b> | +00:46:58 | 6:00         | 10 (62.9%)  |
| 256 | <b>SZCZESZEK Marcin</b>    | <b>679</b>  | BIEGANIE USKRZYDLA         | M 30      | 80   | 00:00:00    | <b>21,1 KM</b> | +00:47:02 | 6:00         | 10 (62.9%)  |
| 257 | <b>SODNOMGOMBO Alimaa</b>  | <b>98</b>   | FIZJOBIEGACZE SZCZECIN     | K 50      | 6    | 00:00:00    | <b>21,1 KM</b> | +00:47:14 | 6:01         | 10 (62.9%)  |
| 258 | <b>JACHYM Jakub</b>        | <b>561</b>  |                            | M 30      | 81   | 00:00:00    | <b>21,1 KM</b> | +00:47:21 | 6:01         | 10 (62.9%)  |
| 259 | <b>BANACH Andrzej</b>      | <b>247</b>  |                            | M 30      | 82   | 00:00:00    | <b>21,1 KM</b> | +00:47:21 | 6:01         | 10 (62.9%)  |
| 260 | <b>LEWSZYK Anna</b>        | <b>890</b>  |                            | K 50      | 7    | 00:00:00    | <b>21,1 KM</b> | +00:47:26 | 6:01         | 10 (62.9%)  |
| 261 | <b>BIEDRZYŃSKI Roman</b>   | <b>410</b>  |                            | M 30      | 83   | 00:00:00    | <b>21,1 KM</b> | +00:47:27 | 6:01         | 10 (62.9%)  |
| 262 | <b>HAŁAS Ewa</b>           | <b>386</b>  |                            | K 30      | 35   | 00:00:00    | <b>21,1 KM</b> | +00:47:32 | 6:01         | 9.9 (62.3%) |
| 263 | <b>POŚLEDNIA Teresa</b>    | <b>368</b>  | WIECZORNE BIEGANIE W OPOLU | K 40      | 21   | 00:00:00    | <b>21,1 KM</b> | +00:47:32 | 6:01         | 9.9 (62.3%) |
| 264 | <b>WALASZCZYK Patrycja</b> | <b>987</b>  |                            | K 20      | 11   | 00:00:00    | <b>21,1 KM</b> | +00:47:35 | 6:02         | 9.9 (62.3%) |
| 265 | <b>GOŁUBOWICZ Marzena</b>  | <b>409</b>  |                            | K 30      | 36   | 00:00:00    | <b>21,1 KM</b> | +00:47:35 | 6:02         | 9.9 (62.3%) |
| 266 | <b>IMIANOWSKA Ewa</b>      | <b>230</b>  |                            | K 40      | 22   | 00:00:00    | <b>21,1 KM</b> | +00:47:43 | 6:02         | 9.9 (62.3%) |
| 267 | <b>ŁUSIAK Małgorzata</b>   | <b>825</b>  |                            | K 40      | 23   | 00:00:00    | <b>21,1 KM</b> | +00:47:47 | 6:02         | 9.9 (62.3%) |
| 268 | <b>LACH Marta</b>          | <b>941</b>  | SLOW JOGINNG BIAŁOŁĘKA     | K 40      | 24   | 00:00:00    | <b>21,1 KM</b> | +00:47:48 | 6:02         | 9.9 (62.3%) |
| 269 | <b>WICIAK Natalia</b>      | <b>819</b>  |                            | K 30      | 37   | 00:00:00    | <b>21,1 KM</b> | +00:47:49 | 6:02         | 9.9 (62.3%) |
| 270 | <b>MATLUCH Agata</b>       | <b>946</b>  |                            | K 40      | 25   | 00:00:00    | <b>21,1 KM</b> | +00:47:49 | 6:02         | 9.9 (62.3%) |
| 271 | <b>OSOWSKI Dominik</b>     | <b>586</b>  |                            | M 20      | 42   | 00:00:00    | <b>21,1 KM</b> | +00:47:51 | 6:02         | 9.9 (62.3%) |
| 272 | <b>WYSZOMIRSKI Marek</b>   | <b>1086</b> |                            | M 40      | 43   | 00:00:00    | <b>21,1 KM</b> | +00:47:58 | 6:03         | 9.9 (62.3%) |
| 273 | <b>KOŃCZAL Artur</b>       | <b>699</b>  |                            | M 40      | 44   | 00:00:00    | <b>21,1 KM</b> | +00:47:59 | 6:03         | 9.9 (62.3%) |
| 274 | <b>SURDAKCI Jerzy</b>      | <b>42</b>   | DRUŻYNA SZPIKU             | M 40      | 45   | 00:00:00    | <b>21,1 KM</b> | +00:48:00 | 6:03         | 9.9 (62.3%) |
| 275 | <b>MORAWIAK Krzysztof</b>  | <b>1826</b> |                            | M 30      | 84   | 00:00:00    | <b>21,1 KM</b> | +00:48:05 | 6:03         | 9.9 (62.3%) |

| Msc | Zawodnik                            | Numer       | Klub                      | Kategoria | Mkat | Czas startu | Dystans        | Różn      | Tempo min/km | Tempo km/h  |
|-----|-------------------------------------|-------------|---------------------------|-----------|------|-------------|----------------|-----------|--------------|-------------|
| 276 | <b>SZCZEPARA Katarzyna</b>          | <b>655</b>  |                           | K 20      | 12   | 00:00:00    | <b>21,1 KM</b> | +00:48:08 | 6:03         | 9.9 (62.3%) |
| 277 | <b>KOCOŃ Przemysław</b>             | <b>290</b>  |                           | M 40      | 46   | 00:00:00    | <b>21,1 KM</b> | +00:48:10 | 6:03         | 9.9 (62.3%) |
| 278 | <b>GIERMAKOWSKI Maciej</b>          | <b>963</b>  |                           | M 30      | 85   | 00:00:00    | <b>21,1 KM</b> | +00:48:11 | 6:03         | 9.9 (62.3%) |
| 279 | <b>GROCHALSKA Agata</b>             | <b>462</b>  |                           | K 50      | 8    | 00:00:00    | <b>21,1 KM</b> | +00:48:11 | 6:03         | 9.9 (62.3%) |
| 280 | <b>RÓŻALSKI Piotr</b>               | <b>990</b>  | PSG                       | M 40      | 47   | 00:00:00    | <b>21,1 KM</b> | +00:48:23 | 6:05         | 9.8 (61.6%) |
| 281 | <b>SAWKA Sylwester</b>              | <b>898</b>  |                           | M 30      | 86   | 00:00:00    | <b>21,1 KM</b> | +00:48:35 | 6:04         | 9.9 (62.3%) |
| 282 | <b>ROSOŁOWSKI Krystian</b>          | <b>1072</b> |                           | M 30      | 87   | 00:00:00    | <b>21,1 KM</b> | +00:48:41 | 6:05         | 9.9 (62.3%) |
| 283 | <b>SPROGIS-PIETRUCZUK Katarzyna</b> | <b>420</b>  |                           | K 30      | 38   | 00:00:00    | <b>21,1 KM</b> | +00:48:51 | 6:05         | 9.8 (61.6%) |
| 284 | <b>KOBYŁECKA Sylwia</b>             | <b>361</b>  | TEAM ZABIEGANEDNI         | K 30      | 39   | 00:00:00    | <b>21,1 KM</b> | +00:48:52 | 6:05         | 9.8 (61.6%) |
| 285 | <b>BAJOREK Jacek</b>                | <b>254</b>  |                           | M 40      | 48   | 00:00:00    | <b>21,1 KM</b> | +00:48:54 | 6:05         | 9.8 (61.6%) |
| 286 | <b>DUDA Karolina</b>                | <b>119</b>  | 1988                      | K 30      | 40   | 00:00:00    | <b>21,1 KM</b> | +00:49:03 | 6:06         | 9.8 (61.6%) |
| 287 | <b>DRĄG Rafał</b>                   | <b>801</b>  |                           | M 30      | 88   | 00:00:00    | <b>21,1 KM</b> | +00:49:03 | 6:06         | 9.8 (61.6%) |
| 288 | <b>PAWŁOWSKA Monika</b>             | <b>172</b>  |                           | K 40      | 26   | 00:00:00    | <b>21,1 KM</b> | +00:49:06 | 6:06         | 9.8 (61.6%) |
| 289 | <b>WÓJCIK Aleksandra</b>            | <b>592</b>  | WÓJCIKI                   | K 30      | 41   | 00:00:00    | <b>21,1 KM</b> | +00:49:06 | 6:06         | 9.8 (61.6%) |
| 290 | <b>SZUDERA Kamila</b>               | <b>196</b>  |                           | K 30      | 42   | 00:00:00    | <b>21,1 KM</b> | +00:49:07 | 6:06         | 9.8 (61.6%) |
| 291 | <b>MAŁASIEWICZ Marta</b>            | <b>518</b>  | AUTOLIV POLAND SP. Z O.O. | K 40      | 27   | 00:00:00    | <b>21,1 KM</b> | +00:49:08 | 6:06         | 9.8 (61.6%) |
| 292 | <b>DĄBROWSKA Joanna</b>             | <b>962</b>  |                           | K 30      | 43   | 00:00:00    | <b>21,1 KM</b> | +00:49:14 | 6:06         | 9.8 (61.6%) |
| 293 | <b>MINER Artur</b>                  | <b>75</b>   |                           | M 40      | 49   | 00:00:00    | <b>21,1 KM</b> | +00:49:20 | 6:07         | 9.8 (61.6%) |
| 294 | <b>SEWERYN Karolina</b>             | <b>654</b>  |                           | K 20      | 13   | 00:00:00    | <b>21,1 KM</b> | +00:49:24 | 6:07         | 9.8 (61.6%) |
| 295 | <b>GRĘBICKI Sławomir</b>            | <b>413</b>  | WKU STARGARD              | M 40      | 50   | 00:00:00    | <b>21,1 KM</b> | +00:49:41 | 6:08         | 9.8 (61.6%) |
| 296 | <b>MATLUCH Jacek</b>                | <b>945</b>  |                           | M 40      | 51   | 00:00:00    | <b>21,1 KM</b> | +00:49:43 | 6:08         | 9.8 (61.6%) |
| 297 | <b>SURDAKKA Joanna</b>              | <b>43</b>   |                           | K 40      | 28   | 00:00:00    | <b>21,1 KM</b> | +00:49:58 | 6:08         | 9.8 (61.6%) |
| 298 | <b>PISZCZEK Sławomir</b>            | <b>623</b>  |                           | M 40      | 52   | 00:00:00    | <b>21,1 KM</b> | +00:50:10 | 6:09         | 9.7 (61.0%) |
| 299 | <b>ROSZATYCKI Łukasz</b>            | <b>1128</b> |                           | M 30      | 89   | 00:00:00    | <b>21,1 KM</b> | +00:50:11 | 6:09         | 9.7 (61.0%) |

| Msc | Zawodnik                          | Numer       | Klub                      | Kategoria | Mkat | Czas startu | Dystans        | Różn      | Tempo min/km | Tempo km/h  |
|-----|-----------------------------------|-------------|---------------------------|-----------|------|-------------|----------------|-----------|--------------|-------------|
| 300 | <b>KUJDA Renata</b>               | <b>677</b>  |                           | K 30      | 44   | 00:00:00    | <b>21,1 KM</b> | +00:50:23 | 6:10         | 9.7 (61.0%) |
| 301 | <b>TOWIAŃSKI Patryk</b>           | <b>578</b>  |                           | M 30      | 90   | 00:00:00    | <b>21,1 KM</b> | +00:50:25 | 6:10         | 9.7 (61.0%) |
| 302 | <b>WOSZCZYŃSKI Adrian</b>         | <b>161</b>  |                           | M 20      | 43   | 00:00:00    | <b>21,1 KM</b> | +00:50:27 | 6:10         | 9.7 (61.0%) |
| 303 | <b>RADWAN Jakub</b>               | <b>700</b>  |                           | M 30      | 91   | 00:00:00    | <b>21,1 KM</b> | +00:50:27 | 6:10         | 9.7 (61.0%) |
| 304 | <b>WOŹNIAK Sebastian</b>          | <b>653</b>  |                           | M 20      | 44   | 00:00:00    | <b>21,1 KM</b> | +00:50:29 | 6:10         | 9.7 (61.0%) |
| 305 | <b>LEŃ Grzegorz</b>               | <b>598</b>  | ŻARY RUNNERS TEAM         | M 40      | 53   | 00:00:00    | <b>21,1 KM</b> | +00:50:31 | 6:10         | 9.7 (61.0%) |
| 306 | <b>MANDUK-CZYŻYK Nina</b>         | <b>459</b>  | MEDICONSULT               | K 30      | 45   | 00:00:00    | <b>21,1 KM</b> | +00:50:31 | 6:10         | 9.7 (61.0%) |
| 307 | <b>MIKOŁAJCZYK Alicja</b>         | <b>112</b>  | AGB NYGUS CHOJNA          | K 30      | 46   | 00:00:00    | <b>21,1 KM</b> | +00:50:33 | 6:10         | 9.7 (61.0%) |
| 308 | <b>SUSZEK Edyta</b>               | <b>806</b>  |                           | K 30      | 47   | 00:00:00    | <b>21,1 KM</b> | +00:50:33 | 6:10         | 9.7 (61.0%) |
| 309 | <b>KOWALCZYK Mirosławao</b>       | <b>352</b>  |                           | K 50      | 9    | 00:00:00    | <b>21,1 KM</b> | +00:50:38 | 6:10         | 9.7 (61.0%) |
| 310 | <b>LEŃ Joanna</b>                 | <b>599</b>  |                           | K 40      | 29   | 00:00:00    | <b>21,1 KM</b> | +00:50:40 | 6:10         | 9.7 (61.0%) |
| 311 | <b>HADRO Sławek</b>               | <b>823</b>  | AKTYWNY DYNÓW             | M 30      | 92   | 00:00:00    | <b>21,1 KM</b> | +00:50:41 | 6:10         | 9.7 (61.0%) |
| 312 | <b>KACZMAREK Krystian</b>         | <b>489</b>  |                           | M 20      | 45   | 00:00:00    | <b>21,1 KM</b> | +00:50:45 | 6:11         | 9.7 (61.0%) |
| 313 | <b>PAWŁOWSKA-ZALEJSKA Justyna</b> | <b>490</b>  |                           | K 30      | 48   | 00:00:00    | <b>21,1 KM</b> | +00:50:48 | 6:11         | 9.7 (61.0%) |
| 314 | <b>KOCZWARA Anna</b>              | <b>1055</b> | SMOK WAWELSKI             | K 30      | 49   | 00:00:00    | <b>21,1 KM</b> | +00:50:50 | 6:11         | 9.7 (61.0%) |
| 315 | <b>MARKULAK Ella</b>              | <b>442</b>  | CFZ                       | K 40      | 30   | 00:00:00    | <b>21,1 KM</b> | +00:50:56 | 6:11         | 9.7 (61.0%) |
| 316 | <b>NIEDŹWIECKI Robert</b>         | <b>197</b>  |                           | M 40      | 54   | 00:00:00    | <b>21,1 KM</b> | +00:51:04 | 6:12         | 9.7 (61.0%) |
| 317 | <b>RYBSKI Mariusz</b>             | <b>921</b>  |                           | M 40      | 55   | 00:00:00    | <b>21,1 KM</b> | +00:51:04 | 6:12         | 9.7 (61.0%) |
| 318 | <b>WALACHOWSKA Agnieszka</b>      | <b>454</b>  |                           | K 40      | 31   | 00:00:00    | <b>21,1 KM</b> | +00:51:06 | 6:12         | 9.7 (61.0%) |
| 319 | <b>TYTONIK Marek</b>              | <b>117</b>  | UKS-47 JUDO BUSHIDO-MORUS | M 40      | 56   | 00:00:00    | <b>21,1 KM</b> | +00:51:07 | 6:12         | 9.7 (61.0%) |
| 320 | <b>NIEDŹWIECKI Bastian</b>        | <b>123</b>  |                           | M 20      | 46   | 00:00:00    | <b>21,1 KM</b> | +00:51:10 | 6:12         | 9.7 (61.0%) |
| 321 | <b>URASINSKA Elżbieta</b>         | <b>116</b>  |                           | K 50      | 10   | 00:00:00    | <b>21,1 KM</b> | +00:51:15 | 6:12         | 9.7 (61.0%) |
| 322 | <b>DOTKA Ryszard</b>              | <b>566</b>  |                           | M 20      | 47   | 00:00:00    | <b>21,1 KM</b> | +00:51:17 | 6:12         | 9.7 (61.0%) |
| 323 | <b>BILIŃSKI Zbigniew</b>          | <b>818</b>  |                           | M 50      | 20   | 00:00:00    | <b>21,1 KM</b> | +00:51:20 | 6:12         | 9.7 (61.0%) |

| Msc | Zawodnik                         | Numer       | Klub                   | Kategoria | Mkat | Czas startu | Dystans        | Różn      | Tempo min/km | Tempo km/h  |
|-----|----------------------------------|-------------|------------------------|-----------|------|-------------|----------------|-----------|--------------|-------------|
| 324 | <b>NOWAK Monika</b>              | <b>899</b>  |                        | K 40      | 32   | 00:00:00    | <b>21,1 KM</b> | +00:51:21 | 6:12         | 9.7 (61.0%) |
| 325 | <b>KADUSHKA Leanid</b>           | <b>326</b>  |                        | M 30      | 93   | 00:00:00    | <b>21,1 KM</b> | +00:51:31 | 6:13         | 9.6 (60.4%) |
| 326 | <b>PONCYLIUSZ Rafał</b>          | <b>1087</b> | NEW BALANCE RUN CLUB   | M 30      | 94   | 00:00:00    | <b>21,1 KM</b> | +00:51:33 | 6:13         | 9.6 (60.4%) |
| 327 | <b>ŚLUSARCZYK Roman</b>          | <b>827</b>  |                        | M 30      | 95   | 00:00:00    | <b>21,1 KM</b> | +00:51:34 | 6:13         | 9.6 (60.4%) |
| 328 | <b>PASTERNAK Zbigniew</b>        | <b>959</b>  | OPEL ACTIVE TEAM       | M 40      | 57   | 00:00:00    | <b>21,1 KM</b> | +00:51:36 | 6:13         | 9.6 (60.4%) |
| 329 | <b>HOŁOWACZ Tomasz</b>           | <b>754</b>  | KONDYCJA               | M 70+     | 2    | 00:00:00    | <b>21,1 KM</b> | +00:51:36 | 6:13         | 9.6 (60.4%) |
| 330 | <b>OLENDEREK Monika</b>          | <b>130</b>  |                        | K 40      | 33   | 00:00:00    | <b>21,1 KM</b> | +00:51:36 | 6:13         | 9.6 (60.4%) |
| 331 | <b>ROGIEN Arkadiusz</b>          | <b>636</b>  | 12BZ KU CZCI I PAMIĘCI | M 40      | 58   | 00:00:00    | <b>21,1 KM</b> | +00:51:38 | 6:13         | 9.6 (60.4%) |
| 332 | <b>ANTOSIK Nataniel</b>          | <b>299</b>  |                        | M 20      | 48   | 00:00:00    | <b>21,1 KM</b> | +00:51:39 | 6:13         | 9.6 (60.4%) |
| 333 | <b>ŁOPATA Marcin</b>             | <b>893</b>  |                        | M 40      | 59   | 00:00:00    | <b>21,1 KM</b> | +00:51:51 | 6:14         | 9.6 (60.4%) |
| 334 | <b>GARBACKI Igor</b>             | <b>797</b>  |                        | M 20      | 49   | 00:00:00    | <b>21,1 KM</b> | +00:51:53 | 6:14         | 9.6 (60.4%) |
| 335 | <b>SZYDZIAK Kamila</b>           | <b>824</b>  |                        | K 30      | 50   | 00:00:00    | <b>21,1 KM</b> | +00:51:54 | 6:14         | 9.6 (60.4%) |
| 336 | <b>WĘGIELSKA-ŚLIWA Agnieszka</b> | <b>638</b>  |                        | K 40      | 34   | 00:00:00    | <b>21,1 KM</b> | +00:51:57 | 6:14         | 9.6 (60.4%) |
| 337 | <b>MADERA Marcin</b>             | <b>914</b>  |                        | M 30      | 96   | 00:00:00    | <b>21,1 KM</b> | +00:52:11 | 6:15         | 9.6 (60.4%) |
| 338 | <b>TYCZYŃSKA Małgorzata</b>      | <b>1042</b> | SZYBKIE ŻÓŁWIE         | K 50      | 11   | 00:00:00    | <b>21,1 KM</b> | +00:52:13 | 6:15         | 9.6 (60.4%) |
| 339 | <b>KUROWSKA Iwona</b>            | <b>258</b>  |                        | K 40      | 35   | 00:00:00    | <b>21,1 KM</b> | +00:52:14 | 6:15         | 9.6 (60.4%) |
| 340 | <b>NASTAŁY Wiktoria</b>          | <b>857</b>  |                        | K 20      | 14   | 00:00:00    | <b>21,1 KM</b> | +00:52:15 | 6:15         | 9.6 (60.4%) |
| 341 | <b>NOWAKOWSKA Edyta</b>          | <b>996</b>  |                        | K 20      | 15   | 00:00:00    | <b>21,1 KM</b> | +00:52:25 | 6:15         | 9.6 (60.4%) |
| 342 | <b>MECHLIŃSKI Tomasz</b>         | <b>1145</b> |                        | M 40      | 60   | 00:00:00    | <b>21,1 KM</b> | +00:52:26 | 6:15         | 9.6 (60.4%) |
| 343 | <b>KOZŁOWSKI Pawel</b>           | <b>1107</b> |                        | M 30      | 97   | 00:00:00    | <b>21,1 KM</b> | +00:52:27 | 6:22         | 9.4 (59.1%) |
| 344 | <b>DUNAJ Przemysław</b>          | <b>509</b>  |                        | M 40      | 61   | 00:00:00    | <b>21,1 KM</b> | +00:52:36 | 6:16         | 9.6 (60.4%) |
| 345 | <b>CHOSZCZ Agnieszka</b>         | <b>930</b>  |                        | K 50      | 12   | 00:00:00    | <b>21,1 KM</b> | +00:52:38 | 6:16         | 9.6 (60.4%) |
| 346 | <b>ŚLIWIŃSKA Iwona</b>           | <b>455</b>  |                        | K 40      | 36   | 00:00:00    | <b>21,1 KM</b> | +00:52:38 | 6:16         | 9.6 (60.4%) |

| Msc | Zawodnik                         | Numer       | Klub                    | Kategoria | Mkat | Czas startu | Dystans        | Różn      | Tempo min/km | Tempo km/h  |
|-----|----------------------------------|-------------|-------------------------|-----------|------|-------------|----------------|-----------|--------------|-------------|
| 347 | <b>RZAŚA Agnieszka</b>           | <b>662</b>  |                         | K 40      | 37   | 00:00:00    | <b>21,1 KM</b> | +00:52:45 | 6:16         | 9.6 (60.4%) |
| 348 | <b>KRYMOWSKI Rafał</b>           | <b>219</b>  |                         | M 30      | 98   | 00:00:00    | <b>21,1 KM</b> | +00:52:49 | 6:17         | 9.5 (59.7%) |
| 349 | <b>DĄBROWSKA Anna</b>            | <b>1102</b> |                         | K 40      | 38   | 00:00:00    | <b>21,1 KM</b> | +00:52:53 | 6:17         | 9.5 (59.7%) |
| 350 | <b>FRĄCKOWSKA Patrycja</b>       | <b>1016</b> | GOSIR OSIELSKO          | K 30      | 51   | 00:00:00    | <b>21,1 KM</b> | +00:52:54 | 6:17         | 9.5 (59.7%) |
| 351 | <b>WOCHOWSKA Izabela</b>         | <b>340</b>  | WITUNIA WEEKEND MARATON | K 40      | 39   | 00:00:00    | <b>21,1 KM</b> | +00:53:03 | 6:17         | 9.5 (59.7%) |
| 352 | <b>PIETRZAK-KOBIERSKA Joanna</b> | <b>896</b>  |                         | K 30      | 52   | 00:00:00    | <b>21,1 KM</b> | +00:53:05 | 6:17         | 9.5 (59.7%) |
| 353 | <b>GADOMSKI Piotr</b>            | <b>605</b>  |                         | M 40      | 62   | 00:00:00    | <b>21,1 KM</b> | +00:53:06 | 6:17         | 9.5 (59.7%) |
| 354 | <b>MOŃ Bartłomiej</b>            | <b>1108</b> |                         | M 30      | 99   | 00:00:00    | <b>21,1 KM</b> | +00:53:09 | 6:17         | 9.5 (59.7%) |
| 355 | <b>PENTEŁA Mariusz</b>           | <b>446</b>  |                         | M 40      | 63   | 00:00:00    | <b>21,1 KM</b> | +00:53:15 | 6:18         | 9.5 (59.7%) |
| 356 | <b>GRZESIAK Ryś</b>              | <b>778</b>  |                         | M 50      | 21   | 00:00:00    | <b>21,1 KM</b> | +00:53:16 | 6:18         | 9.5 (59.7%) |
| 357 | <b>JANKOWSKI Piotr</b>           | <b>751</b>  | 12BZ KU CZCI PAMIĘCI    | M 30      | 100  | 00:00:00    | <b>21,1 KM</b> | +00:53:16 | 6:18         | 9.5 (59.7%) |
| 358 | <b>MICHALAK Anna</b>             | <b>132</b>  |                         | K 30      | 53   | 00:00:00    | <b>21,1 KM</b> | +00:53:20 | 6:18         | 9.5 (59.7%) |
| 359 | <b>ŚWINCZYK Tomasz</b>           | <b>514</b>  |                         | M 30      | 101  | 00:00:00    | <b>21,1 KM</b> | +00:53:24 | 6:18         | 9.5 (59.7%) |
| 360 | <b>PUCZEL Piotr</b>              | <b>200</b>  |                         | M 30      | 102  | 00:00:00    | <b>21,1 KM</b> | +00:53:25 | 6:18         | 9.5 (59.7%) |
| 361 | <b>DREWNIAK Artur</b>            | <b>1029</b> |                         | M 30      | 103  | 00:00:00    | <b>21,1 KM</b> | +00:53:28 | 6:18         | 9.5 (59.7%) |
| 362 | <b>WIETRZYK Adriana</b>          | <b>929</b>  |                         | K 40      | 40   | 00:00:00    | <b>21,1 KM</b> | +00:53:29 | 6:18         | 9.5 (59.7%) |
| 363 | <b>BEJNAROWICZ Oliwia</b>        | <b>747</b>  |                         | K 20      | 16   | 00:00:00    | <b>21,1 KM</b> | +00:53:31 | 6:19         | 9.5 (59.7%) |
| 364 | <b>WOCHOWSKI Jarosław</b>        | <b>341</b>  | WITUNIA WEEKEND MARATON | M 40      | 64   | 00:00:00    | <b>21,1 KM</b> | +00:53:36 | 6:19         | 9.5 (59.7%) |
| 365 | <b>ROMAŃSKA Joanna</b>           | <b>177</b>  |                         | K 30      | 54   | 00:00:00    | <b>21,1 KM</b> | +00:53:38 | 6:20         | 9.4 (59.1%) |
| 366 | <b>GAWROŃSKA Angelika</b>        | <b>83</b>   |                         | K 20      | 17   | 00:00:00    | <b>21,1 KM</b> | +00:53:38 | 6:19         | 9.5 (59.7%) |
| 367 | <b>LASZCZYK Nadia</b>            | <b>844</b>  |                         | K 30      | 55   | 00:00:00    | <b>21,1 KM</b> | +00:53:40 | 6:21         | 9.4 (59.1%) |
| 368 | <b>CZYŻYK Przemysław</b>         | <b>458</b>  |                         | M 30      | 104  | 00:00:00    | <b>21,1 KM</b> | +00:53:42 | 6:19         | 9.5 (59.7%) |
| 369 | <b>CHMIELUK Arkadiusz</b>        | <b>479</b>  |                         | M 20      | 50   | 00:00:00    | <b>21,1 KM</b> | +00:53:44 | 6:20         | 9.5 (59.7%) |
| 370 | <b>JESIŃSKA Monika</b>           | <b>591</b>  |                         | K 30      | 56   | 00:00:00    | <b>21,1 KM</b> | +00:53:58 | 6:20         | 9.5 (59.7%) |



| Msc | Zawodnik                        | Numer       | Klub          | Kategoria | Mkat | Czas startu | Dystans        | Różn      | Tempo min/km | Tempo km/h  |
|-----|---------------------------------|-------------|---------------|-----------|------|-------------|----------------|-----------|--------------|-------------|
| 371 | <b>MARECKA Anna</b>             | <b>179</b>  |               | K 20      | 18   | 00:00:00    | <b>21,1 KM</b> | +00:54:03 | 6:22         | 9.4 (59.1%) |
| 372 | <b>ZALEJSKI Tomasz</b>          | <b>491</b>  |               | M 40      | 65   | 00:00:00    | <b>21,1 KM</b> | +00:54:06 | 6:20         | 9.5 (59.7%) |
| 373 | <b>ŁĘCKI Krzysztof</b>          | <b>18</b>   | K(R)OPKA TEAM | M 20      | 51   | 00:00:00    | <b>21,1 KM</b> | +00:54:06 | 6:20         | 9.5 (59.7%) |
| 374 | <b>KOTŁOWSKA Marlena</b>        | <b>353</b>  | KWIDZYN BIEGA | K 40      | 41   | 00:00:00    | <b>21,1 KM</b> | +00:54:09 | 6:20         | 9.5 (59.7%) |
| 375 | <b>OSTASZEWSKA Zofia</b>        | <b>780</b>  |               | K 20      | 19   | 00:00:00    | <b>21,1 KM</b> | +00:54:13 | 6:21         | 9.4 (59.1%) |
| 376 | <b>KRAWCZEWSKA Karolina</b>     | <b>1010</b> |               | K 30      | 57   | 00:00:00    | <b>21,1 KM</b> | +00:54:14 | 6:21         | 9.4 (59.1%) |
| 377 | <b>MARENDZIAK Wiktor</b>        | <b>796</b>  |               | M 20      | 52   | 00:00:00    | <b>21,1 KM</b> | +00:54:15 | 6:21         | 9.4 (59.1%) |
| 378 | <b>BARTKOWSKI Dawid</b>         | <b>740</b>  |               | M 30      | 105  | 00:00:00    | <b>21,1 KM</b> | +00:54:16 | 6:21         | 9.4 (59.1%) |
| 379 | <b>KAP Michał</b>               | <b>705</b>  |               | M 30      | 106  | 00:00:00    | <b>21,1 KM</b> | +00:54:20 | 6:21         | 9.4 (59.1%) |
| 380 | <b>PIASECKI Krzysztof</b>       | <b>1133</b> |               | M 30      | 107  | 00:00:00    | <b>21,1 KM</b> | +00:54:20 | 6:21         | 9.4 (59.1%) |
| 381 | <b>PATYNOWSKI Maciej</b>        | <b>503</b>  |               | M 30      | 108  | 00:00:00    | <b>21,1 KM</b> | +00:54:23 | 6:21         | 9.4 (59.1%) |
| 382 | <b>BYRA Marek</b>               | <b>1100</b> |               | M 40      | 66   | 00:00:00    | <b>21,1 KM</b> | +00:54:28 | 6:21         | 9.4 (59.1%) |
| 383 | <b>KAPCIA Michał</b>            | <b>289</b>  |               | M 30      | 109  | 00:00:00    | <b>21,1 KM</b> | +00:54:28 | 6:21         | 9.4 (59.1%) |
| 384 | <b>BOROWIAK Marlena</b>         | <b>846</b>  |               | K 40      | 42   | 00:00:00    | <b>21,1 KM</b> | +00:54:29 | 6:21         | 9.4 (59.1%) |
| 385 | <b>TARGOSZYŃSKA Patrycja</b>    | <b>354</b>  |               | K 40      | 43   | 00:00:00    | <b>21,1 KM</b> | +00:54:37 | 6:22         | 9.4 (59.1%) |
| 386 | <b>STRUŚ Krzysztof</b>          | <b>590</b>  |               | M 30      | 110  | 00:00:00    | <b>21,1 KM</b> | +00:54:49 | 6:22         | 9.4 (59.1%) |
| 387 | <b>STRZĘPKA Adam</b>            | <b>167</b>  |               | M 30      | 111  | 00:00:00    | <b>21,1 KM</b> | +00:54:50 | 6:22         | 9.4 (59.1%) |
| 388 | <b>SZMYT Tomasz</b>             | <b>57</b>   |               | M 20      | 53   | 00:00:00    | <b>21,1 KM</b> | +00:54:51 | 6:22         | 9.4 (59.1%) |
| 389 | <b>PIEGAT Agnieszka</b>         | <b>894</b>  |               | K 30      | 58   | 00:00:00    | <b>21,1 KM</b> | +00:54:56 | 6:23         | 9.4 (59.1%) |
| 390 | <b>HALAMA-JONKISZ Katarzyna</b> | <b>723</b>  |               | K 30      | 59   | 00:00:00    | <b>21,1 KM</b> | +00:55:10 | 6:23         | 9.4 (59.1%) |
| 391 | <b>KONOPACKI Piotr</b>          | <b>356</b>  |               | M 40      | 67   | 00:00:00    | <b>21,1 KM</b> | +00:55:16 | 6:23         | 9.4 (59.1%) |
| 392 | <b>SUSZCZYK Monika</b>          | <b>542</b>  |               | M 40      | 68   | 00:00:00    | <b>21,1 KM</b> | +00:55:18 | 6:24         | 9.4 (59.1%) |
| 393 | <b>KOZAK Mariusz</b>            | <b>729</b>  |               | M 30      | 112  | 00:00:00    | <b>21,1 KM</b> | +00:55:19 | 6:24         | 9.4 (59.1%) |
| 394 | <b>IZAK Katarzyna</b>           | <b>111</b>  |               | K 40      | 44   | 00:00:00    | <b>21,1 KM</b> | +00:55:20 | 6:24         | 9.4 (59.1%) |

| Msc | Zawodnik                    | Numer       | Klub                            | Kategoria | Mkat | Czas startu | Dystans        | Różn      | Tempo min/km | Tempo km/h  |
|-----|-----------------------------|-------------|---------------------------------|-----------|------|-------------|----------------|-----------|--------------|-------------|
| 395 | <b>TOŁKACZ Karolina</b>     | <b>85</b>   | SZCZECIN                        | K 30      | 60   | 00:00:00    | <b>21,1 KM</b> | +00:55:21 | 6:24         | 9.4 (59.1%) |
| 396 | <b>PASZEK Sebastian</b>     | <b>738</b>  |                                 | M 30      | 113  | 00:00:00    | <b>21,1 KM</b> | +00:55:26 | 6:24         | 9.4 (59.1%) |
| 397 | <b>TARASIEWICZ Sylwia</b>   | <b>1114</b> |                                 | K 30      | 61   | 00:00:00    | <b>21,1 KM</b> | +00:55:27 | 6:24         | 9.4 (59.1%) |
| 398 | <b>KOZINIEC Ewelina</b>     | <b>570</b>  | DRUŻYNA FILIPA                  | K 40      | 45   | 00:00:00    | <b>21,1 KM</b> | +00:55:29 | 6:24         | 9.4 (59.1%) |
| 399 | <b>MICHALCZUK Karolina</b>  | <b>90</b>   |                                 | K 30      | 62   | 00:00:00    | <b>21,1 KM</b> | +00:55:34 | 6:24         | 9.4 (59.1%) |
| 400 | <b>WILCZEK Tomasz</b>       | <b>611</b>  |                                 | M 20      | 54   | 00:00:00    | <b>21,1 KM</b> | +00:55:37 | 6:24         | 9.4 (59.1%) |
| 401 | <b>WOŹNIAK Agnieszka</b>    | <b>249</b>  |                                 | K 40      | 46   | 00:00:00    | <b>21,1 KM</b> | +00:55:37 | 6:24         | 9.4 (59.1%) |
| 402 | <b>SIKORSKI Paweł</b>       | <b>689</b>  |                                 | M 30      | 114  | 00:00:00    | <b>21,1 KM</b> | +00:55:42 | 6:25         | 9.3 (58.5%) |
| 403 | <b>KOBYLNIK Agata</b>       | <b>16</b>   | FIZJOTERAPIA NA KÓŁKACH         | K 30      | 63   | 00:00:00    | <b>21,1 KM</b> | +00:55:46 | 6:25         | 9.3 (58.5%) |
| 404 | <b>LIPKO Adam</b>           | <b>998</b>  | DZIK SŁAWATYCZE                 | M 40      | 69   | 00:00:00    | <b>21,1 KM</b> | +00:55:49 | 6:27         | 9.3 (58.5%) |
| 405 | <b>KUJAWIAK Marta</b>       | <b>269</b>  |                                 | K 20      | 20   | 00:00:00    | <b>21,1 KM</b> | +00:55:53 | 6:25         | 9.3 (58.5%) |
| 406 | <b>WOŹNIAK Joanna</b>       | <b>852</b>  |                                 | K 30      | 64   | 00:00:00    | <b>21,1 KM</b> | +00:55:57 | 6:25         | 9.3 (58.5%) |
| 407 | <b>MOKICKI Piotr</b>        | <b>526</b>  | CERSANIT RUNING TEAM            | M 40      | 70   | 00:00:00    | <b>21,1 KM</b> | +00:56:00 | 6:26         | 9.3 (58.5%) |
| 408 | <b>MOGILEWSKI Krzysztof</b> | <b>209</b>  |                                 | M 50      | 22   | 00:00:00    | <b>21,1 KM</b> | +00:56:00 | 6:26         | 9.3 (58.5%) |
| 409 | <b>LITWIC Dariusz</b>       | <b>190</b>  |                                 | M 50      | 23   | 00:00:00    | <b>21,1 KM</b> | +00:56:02 | 6:26         | 9.3 (58.5%) |
| 410 | <b>SZYRWIŃSKI Andrzej</b>   | <b>276</b>  |                                 | M 60      | 5    | 00:00:00    | <b>21,1 KM</b> | +00:56:04 | 6:26         | 9.3 (58.5%) |
| 411 | <b>KUŚNIERZ Mateusz</b>     | <b>593</b>  |                                 | M 20      | 55   | 00:00:00    | <b>21,1 KM</b> | +00:56:13 | 6:26         | 9.3 (58.5%) |
| 412 | <b>SZCZUREK Michał</b>      | <b>4</b>    |                                 | M 20      | 56   | 00:00:00    | <b>21,1 KM</b> | +00:56:20 | 6:27         | 9.3 (58.5%) |
| 413 | <b>GRYSAK Iwona</b>         | <b>205</b>  |                                 | K 20      | 21   | 00:00:00    | <b>21,1 KM</b> | +00:56:24 | 6:27         | 9.3 (58.5%) |
| 414 | <b>WOŹNIAK Piotr</b>        | <b>422</b>  | WIECZORNE BIEGANIE W SZCZECINIE | M 30      | 115  | 00:00:00    | <b>21,1 KM</b> | +00:56:25 | 6:27         | 9.3 (58.5%) |
| 415 | <b>KOŁACKA Anna</b>         | <b>155</b>  |                                 | K 30      | 65   | 00:00:00    | <b>21,1 KM</b> | +00:56:28 | 6:27         | 9.3 (58.5%) |
| 416 | <b>HAŁKA Justyna</b>        | <b>965</b>  | TRUCHT ŁOBEZ                    | K 30      | 66   | 00:00:00    | <b>21,1 KM</b> | +00:56:29 | 6:27         | 9.3 (58.5%) |
| 417 | <b>KACZOR Renata</b>        | <b>718</b>  |                                 | K 40      | 47   | 00:00:00    | <b>21,1 KM</b> | +00:56:36 | 6:27         | 9.3 (58.5%) |
| 418 | <b>GÓRNA Halina</b>         | <b>399</b>  |                                 | K 30      | 67   | 00:00:00    | <b>21,1 KM</b> | +00:56:40 | 6:27         | 9.3 (58.5%) |

| Msc | Zawodnik                     | Numer | Klub                 | Kategoria | Mkat | Czas startu | Dystans | Różn      | Tempo min/km | Tempo km/h  |
|-----|------------------------------|-------|----------------------|-----------|------|-------------|---------|-----------|--------------|-------------|
| 419 | PASZEK Anna                  | 739   |                      | K 30      | 68   | 00:00:00    | 21,1 KM | +00:56:43 | 6:28         | 9.3 (58.5%) |
| 420 | KOLATOR Witold               | 976   |                      | M 30      | 116  | 00:00:00    | 21,1 KM | +00:56:47 | 6:28         | 9.3 (58.5%) |
| 421 | JEDNACZ Bartosz              | 582   |                      | M 30      | 117  | 00:00:00    | 21,1 KM | +00:56:50 | 6:28         | 9.3 (58.5%) |
| 422 | EMIELJANIUK Adam             | 835   |                      | M 30      | 118  | 00:00:00    | 21,1 KM | +00:56:58 | 6:28         | 9.3 (58.5%) |
| 423 | GRABOWSKI Michał             | 760   |                      | M 30      | 119  | 00:00:00    | 21,1 KM | +00:57:01 | 6:28         | 9.3 (58.5%) |
| 424 | GRUCELSKA Malgorzata         | 383   |                      | K 30      | 69   | 00:00:00    | 21,1 KM | +00:57:02 | 6:29         | 9.3 (58.5%) |
| 425 | HEJMEJ Kamila                | 1022  |                      | K 30      | 70   | 00:00:00    | 21,1 KM | +00:57:04 | 6:29         | 9.3 (58.5%) |
| 426 | ADAMIAK Andrzej              | 434   |                      | M 50      | 24   | 00:00:00    | 21,1 KM | +00:57:12 | 6:29         | 9.2 (57.9%) |
| 427 | ŚCIBIOREK Arkadiusz          | 692   |                      | M 30      | 120  | 00:00:00    | 21,1 KM | +00:57:13 | 6:29         | 9.2 (57.9%) |
| 428 | PIECHOTA Wojciech            | 547   |                      | M 40      | 71   | 00:00:00    | 21,1 KM | +00:57:17 | 6:29         | 9.2 (57.9%) |
| 429 | STENBOROWSKI Włodzimierz     | 516   | AIRFORCE             | M 40      | 72   | 00:00:00    | 21,1 KM | +00:57:18 | 6:29         | 9.2 (57.9%) |
| 430 | GARUS Wiktor                 | 663   |                      | M 40      | 73   | 00:00:00    | 21,1 KM | +00:57:32 | 6:30         | 9.2 (57.9%) |
| 431 | NOWEK Katarzyna              | 260   | AKADEMIA HOLISTYCZNA | K 30      | 71   | 00:00:00    | 21,1 KM | +00:57:33 | 6:30         | 9.2 (57.9%) |
| 432 | MIKOŁAJCZAK Magdalena        | 981   |                      | K 30      | 72   | 00:00:00    | 21,1 KM | +00:57:35 | 6:30         | 9.2 (57.9%) |
| 433 | JANKOWIAK Angelika           | 1051  |                      | K 20      | 22   | 00:00:00    | 21,1 KM | +00:57:35 | 6:30         | 9.2 (57.9%) |
| 434 | KACZMAREK Anna               | 282   |                      | K 30      | 73   | 00:00:00    | 21,1 KM | +00:57:43 | 6:30         | 9.2 (57.9%) |
| 435 | PENAR Emilia                 | 482   |                      | K 20      | 23   | 00:00:00    | 21,1 KM | +00:57:50 | 6:31         | 9.2 (57.9%) |
| 436 | BARTKOWSKA Beata             | 79    |                      | K 50      | 13   | 00:00:00    | 21,1 KM | +00:58:02 | 6:31         | 9.2 (57.9%) |
| 437 | KONIECZNA Natalia            | 39    | BRAK                 | K 40      | 48   | 00:00:00    | 21,1 KM | +00:58:11 | 6:32         | 9.2 (57.9%) |
| 438 | PAWŁOWSKA-CYPRYSIAK Karolina | 515   |                      | K 30      | 74   | 00:00:00    | 21,1 KM | +00:58:12 | 6:32         | 9.2 (57.9%) |
| 439 | WIKLIK Piotr                 | 750   | WATAHA TEAM          | M 50      | 25   | 00:00:00    | 21,1 KM | +00:58:19 | 6:32         | 9.2 (57.9%) |
| 440 | PAŹDZIOR Beata               | 875   |                      | K 40      | 49   | 00:00:00    | 21,1 KM | +00:58:25 | 6:32         | 9.2 (57.9%) |
| 441 | KALICKI Paweł                | 544   |                      | M 20      | 57   | 00:00:00    | 21,1 KM | +00:58:25 | 6:33         | 9.2 (57.9%) |

| Msc | Zawodnik                          | Numer       | Klub                               | Kategoria | Mkat | Czas startu | Dystans        | Różn      | Tempo min/km | Tempo km/h  |
|-----|-----------------------------------|-------------|------------------------------------|-----------|------|-------------|----------------|-----------|--------------|-------------|
| 442 | <b>MICHALSKI Cezary</b>           | <b>149</b>  |                                    | M 60      | 6    | 00:00:00    | <b>21,1 KM</b> | +00:58:37 | 6:33         | 9.1 (57.2%) |
| 443 | <b>CHOMA Marlena</b>              | <b>22</b>   | FIZJOTERAPIA NA KÓŁKACH            | K 40      | 50   | 00:00:00    | <b>21,1 KM</b> | +00:58:38 | 6:33         | 9.1 (57.2%) |
| 444 | <b>LISIŃSKI Andrzej</b>           | <b>185</b>  |                                    | M 30      | 121  | 00:00:00    | <b>21,1 KM</b> | +00:58:47 | 6:33         | 9.1 (57.2%) |
| 445 | <b>ŚCIESIŃSKA Justyna</b>         | <b>1014</b> | GOSIR OSIELSKO                     | K 40      | 51   | 00:00:00    | <b>21,1 KM</b> | +00:58:49 | 6:34         | 9.1 (57.2%) |
| 446 | <b>SKRZYPCZAK Marta</b>           | <b>225</b>  |                                    | K 40      | 52   | 00:00:00    | <b>21,1 KM</b> | +00:58:54 | 6:34         | 9.1 (57.2%) |
| 447 | <b>STRAŻYŃSKA-MATYSIAK Joanna</b> | <b>61</b>   |                                    | K 30      | 75   | 00:00:00    | <b>21,1 KM</b> | +00:58:56 | 6:34         | 9.1 (57.2%) |
| 448 | <b>POLARCZYK Tomasz</b>           | <b>1135</b> |                                    | M 40      | 74   | 00:00:00    | <b>21,1 KM</b> | +00:59:00 | 6:34         | 9.1 (57.2%) |
| 449 | <b>PYTEL Rafał</b>                | <b>23</b>   |                                    | M 20      | 58   | 00:00:00    | <b>21,1 KM</b> | +00:59:00 | 6:34         | 9.1 (57.2%) |
| 450 | <b>BIAŁKOWSKI Mateusz</b>         | <b>895</b>  |                                    | M 30      | 122  | 00:00:00    | <b>21,1 KM</b> | +00:59:06 | 6:34         | 9.1 (57.2%) |
| 451 | <b>MICHAŚ Gerard</b>              | <b>617</b>  |                                    | M 40      | 75   | 00:00:00    | <b>21,1 KM</b> | +00:59:08 | 6:34         | 9.1 (57.2%) |
| 452 | <b>BODZINSKA Iwona</b>            | <b>628</b>  |                                    | K 30      | 76   | 00:00:00    | <b>21,1 KM</b> | +00:59:16 | 6:35         | 9.1 (57.2%) |
| 453 | <b>KĘDZIERSKI Mieczysław</b>      | <b>338</b>  |                                    | M 60      | 7    | 00:00:00    | <b>21,1 KM</b> | +00:59:22 | 6:35         | 9.1 (57.2%) |
| 454 | <b>PAWLAK Emilia</b>              | <b>487</b>  |                                    | K 40      | 53   | 00:00:00    | <b>21,1 KM</b> | +00:59:28 | 6:35         | 9.1 (57.2%) |
| 455 | <b>STACHOWIAK Witold</b>          | <b>828</b>  |                                    | M 20      | 59   | 00:00:00    | <b>21,1 KM</b> | +00:59:28 | 6:35         | 9.1 (57.2%) |
| 456 | <b>PILŚNIAK Tomasz</b>            | <b>1025</b> |                                    | M 40      | 76   | 00:00:00    | <b>21,1 KM</b> | +00:59:37 | 6:36         | 9.1 (57.2%) |
| 457 | <b>RZESZUT Stanisław</b>          | <b>621</b>  |                                    | M 20      | 60   | 00:00:00    | <b>21,1 KM</b> | +00:59:38 | 6:36         | 9.1 (57.2%) |
| 458 | <b>STACHOWICZ-HAWRYLAK Sylwia</b> | <b>375</b>  | ZACHODNIOPOMCENTRUMONKOLOGII       | K 40      | 54   | 00:00:00    | <b>21,1 KM</b> | +00:59:38 | 6:36         | 9.1 (57.2%) |
| 459 | <b>WALENTYNOWICZ Aneta</b>        | <b>11</b>   | LOTOS RUNNING TEAM / PRUSZCZ BIEGA | K 40      | 55   | 00:00:00    | <b>21,1 KM</b> | +00:59:43 | 6:36         | 9.1 (57.2%) |
| 460 | <b>BUKOWICKI Przemek</b>          | <b>608</b>  |                                    | M 30      | 123  | 00:00:00    | <b>21,1 KM</b> | +00:59:45 | 6:36         | 9.1 (57.2%) |
| 461 | <b>KOS Roman</b>                  | <b>473</b>  |                                    | M 40      | 77   | 00:00:00    | <b>21,1 KM</b> | +00:59:46 | 6:36         | 9.1 (57.2%) |
| 462 | <b>RATAJCZAK Krzysztof</b>        | <b>765</b>  |                                    | M 50      | 26   | 00:00:00    | <b>21,1 KM</b> | +00:59:47 | 6:36         | 9.1 (57.2%) |
| 463 | <b>DOBROWOLSKI Piotr</b>          | <b>1149</b> |                                    | M 40      | 78   | 00:00:00    | <b>21,1 KM</b> | +00:59:49 | 6:36         | 9.1 (57.2%) |
| 464 | <b>MIEDZINSKA Iwona</b>           | <b>1083</b> |                                    | K 40      | 56   | 00:00:00    | <b>21,1 KM</b> | +00:59:55 | 6:37         | 9.1 (57.2%) |
| 465 | <b>SOBCZYK-HRUSZOWIEC Dorota</b>  | <b>224</b>  |                                    | K 30      | 77   | 00:00:00    | <b>21,1 KM</b> | +01:00:10 | 6:37         | 9 (56.6%)   |

| Msc | Zawodnik                     | Numer       | Klub                            | Kategoria | Mkat | Czas startu | Dystans        | Różn      | Tempo min/km | Tempo km/h |
|-----|------------------------------|-------------|---------------------------------|-----------|------|-------------|----------------|-----------|--------------|------------|
| 466 | <b>MĄDRZYK Magdalena</b>     | <b>734</b>  | WIECZORNE BIEGANIE W SZCZECINIE | K 40      | 57   | 00:00:00    | <b>21,1 KM</b> | +01:00:10 | 6:37         | 9 (56.6%)  |
| 467 | <b>CZAJKA Daniel</b>         | <b>294</b>  |                                 | M 30      | 124  | 00:00:00    | <b>21,1 KM</b> | +01:00:14 | 6:38         | 9 (56.6%)  |
| 468 | <b>PAWELEC Artur</b>         | <b>1001</b> | 12 DYWIZJA                      | M 40      | 79   | 00:00:00    | <b>21,1 KM</b> | +01:00:15 | 6:38         | 9 (56.6%)  |
| 469 | <b>WIĄCEK Piotr</b>          | <b>761</b>  |                                 | M 50      | 27   | 00:00:00    | <b>21,1 KM</b> | +01:00:16 | 6:38         | 9 (56.6%)  |
| 470 | <b>MIZIA Marta</b>           | <b>1130</b> |                                 | K 40      | 58   | 00:00:00    | <b>21,1 KM</b> | +01:00:26 | 6:38         | 9 (56.6%)  |
| 471 | <b>SYNAL Marta</b>           | <b>347</b>  | FITOLAA TEAM                    | K 40      | 59   | 00:00:00    | <b>21,1 KM</b> | +01:00:26 | 6:38         | 9 (56.6%)  |
| 472 | <b>BUCHERT Krzysztof</b>     | <b>1126</b> |                                 | M 40      | 80   | 00:00:00    | <b>21,1 KM</b> | +01:00:28 | 6:38         | 9 (56.6%)  |
| 473 | <b>ŻŁOBICKA Agnieszka</b>    | <b>406</b>  | DAR-BUD TEAM                    | K 30      | 78   | 00:00:00    | <b>21,1 KM</b> | +01:00:32 | 6:38         | 9 (56.6%)  |
| 474 | <b>ŻUKROWSKA Kornelia</b>    | <b>1150</b> |                                 | K 30      | 79   | 00:00:00    | <b>21,1 KM</b> | +01:00:33 | 6:39         | 9 (56.6%)  |
| 475 | <b>SIWY-HUDOWSKA Anna</b>    | <b>450</b>  |                                 | K 40      | 60   | 00:00:00    | <b>21,1 KM</b> | +01:00:36 | 6:39         | 9 (56.6%)  |
| 476 | <b>BIERNAT Ewa</b>           | <b>274</b>  |                                 | K 30      | 80   | 00:00:00    | <b>21,1 KM</b> | +01:00:46 | 6:39         | 9 (56.6%)  |
| 477 | <b>ILICZ Łukasz</b>          | <b>837</b>  | BIAŁYSTOK BIEGA TEAM            | M 20      | 61   | 00:00:00    | <b>21,1 KM</b> | +01:00:50 | 6:39         | 9 (56.6%)  |
| 478 | <b>KURCZYNA Sabina</b>       | <b>286</b>  |                                 | K 30      | 81   | 00:00:00    | <b>21,1 KM</b> | +01:00:51 | 6:39         | 9 (56.6%)  |
| 479 | <b>LITVINSKAYA Anna</b>      | <b>1117</b> |                                 | K 30      | 82   | 00:00:00    | <b>21,1 KM</b> | +01:00:56 | 6:40         | 9 (56.6%)  |
| 480 | <b>BANCHENKO Tetiana</b>     | <b>838</b>  |                                 | K 20      | 24   | 00:00:00    | <b>21,1 KM</b> | +01:01:07 | 6:40         | 9 (56.6%)  |
| 481 | <b>ADAMIAK Marcin</b>        | <b>872</b>  |                                 | M 30      | 125  | 00:00:00    | <b>21,1 KM</b> | +01:01:11 | 6:40         | 9 (56.6%)  |
| 482 | <b>ŁUCZAK Arkadiusz</b>      | <b>232</b>  | SMOK WAWELSKI                   | M 30      | 126  | 00:00:00    | <b>21,1 KM</b> | +01:01:11 | 6:40         | 9 (56.6%)  |
| 483 | <b>SIKORA Magdalena</b>      | <b>505</b>  |                                 | K 30      | 83   | 00:00:00    | <b>21,1 KM</b> | +01:01:13 | 6:40         | 9 (56.6%)  |
| 484 | <b>WAJDA Bartosz</b>         | <b>849</b>  | AKTYWNE LISEWO                  | M 40      | 81   | 00:00:00    | <b>21,1 KM</b> | +01:01:15 | 6:40         | 9 (56.6%)  |
| 485 | <b>LUDWIKOWSKA Agnieszka</b> | <b>919</b>  |                                 | K 20      | 25   | 00:00:00    | <b>21,1 KM</b> | +01:01:26 | 6:41         | 9 (56.6%)  |
| 486 | <b>ULLRICH Klaus</b>         | <b>504</b>  | FAJNY                           | M 50      | 28   | 00:00:00    | <b>21,1 KM</b> | +01:01:34 | 6:41         | 9 (56.6%)  |
| 487 | <b>GIERCHOWSKA Monika</b>    | <b>421</b>  | BBL POLICE                      | K 20      | 26   | 00:00:00    | <b>21,1 KM</b> | +01:01:37 | 6:42         | 9 (56.6%)  |
| 488 | <b>ŁUC Dominika</b>          | <b>369</b>  |                                 | K 30      | 84   | 00:00:00    | <b>21,1 KM</b> | +01:01:38 | 6:42         | 9 (56.6%)  |
| 489 | <b>NACEWICZ Ewa</b>          | <b>839</b>  |                                 | K 30      | 85   | 00:00:00    | <b>21,1 KM</b> | +01:01:40 | 6:42         | 9 (56.6%)  |

| Msc | Zawodnik                           | Numer       | Klub  | Kategoria | Mkat | Czas startu | Dystans        | Różn      | Tempo min/km | Tempo km/h  |
|-----|------------------------------------|-------------|---|-----------|------|-------------|----------------|-----------|--------------|-------------|
| 490 | <b>KUCHARSKI Jacek</b>             | <b>1101</b> | FIRMA USŁUGOWO-HANDLOWA "JESSE" JACEK KUCHARSKI | M 40      | 82   | 00:00:00    | <b>21,1 KM</b> | +01:01:46 | 6:42         | 8.9 (56.0%) |
| 491 | <b>KUBA Magdalena</b>              | <b>811</b>  | #BBKTS  | K 30      | 86   | 00:00:00    | <b>21,1 KM</b> | +01:01:48 | 6:42         | 8.9 (56.0%) |
| 492 | <b>NAREWSKI Hubert</b>             | <b>298</b>  |   | M 50      | 29   | 00:00:00    | <b>21,1 KM</b> | +01:01:49 | 6:42         | 8.9 (56.0%) |
| 493 | <b>KRAWCZYK Michał</b>             | <b>1144</b> |   | M 40      | 83   | 00:00:00    | <b>21,1 KM</b> | +01:01:51 | 6:42         | 8.9 (56.0%) |
| 494 | <b>ŚWITAJ Katarzyna</b>            | <b>199</b>  |   | K 20      | 27   | 00:00:00    | <b>21,1 KM</b> | +01:01:53 | 6:42         | 8.9 (56.0%) |
| 495 | <b>WIELIŃSKI Krzysztof</b>         | <b>688</b>  | KB HERMES GRYFINO                               | M 60      | 8    | 00:00:00    | <b>21,1 KM</b> | +01:01:58 | 6:43         | 8.9 (56.0%) |
| 496 | <b>MADEJ Natalia</b>               | <b>316</b>  | ADS MASNA                                       | K 30      | 87   | 00:00:00    | <b>21,1 KM</b> | +01:01:58 | 6:43         | 8.9 (56.0%) |
| 497 | <b>TROFIMCZYK Paweł</b>            | <b>748</b>  |   | M 40      | 84   | 00:00:00    | <b>21,1 KM</b> | +01:02:03 | 6:43         | 8.9 (56.0%) |
| 498 | <b>KOSIŃSKI Mateusz</b>            | <b>36</b>   | CORREADORES                                     | M 20      | 62   | 00:00:00    | <b>21,1 KM</b> | +01:02:04 | 6:43         | 8.9 (56.0%) |
| 499 | <b>KACZMAREK Anna</b>              | <b>531</b>  |   | K 30      | 88   | 00:00:00    | <b>21,1 KM</b> | +01:02:05 | 6:43         | 8.9 (56.0%) |
| 500 | <b>MALARZ-KRYMOWSKA Bernadetta</b> | <b>210</b>  |   | K 40      | 61   | 00:00:00    | <b>21,1 KM</b> | +01:02:07 | 6:43         | 8.9 (56.0%) |
| 501 | <b>RZESZUT Robert</b>              | <b>620</b>  |   | M 40      | 85   | 00:00:00    | <b>21,1 KM</b> | +01:02:14 | 6:43         | 8.9 (56.0%) |
| 502 | <b>MISZKIEŁO Adrian</b>            | <b>1033</b> | LIPA PIOTROWSKA                                 | M 40      | 86   | 00:00:00    | <b>21,1 KM</b> | +01:02:20 | 6:44         | 8.9 (56.0%) |
| 503 | <b>TANONA Paweł</b>                | <b>548</b>  |   | M 20      | 63   | 00:00:00    | <b>21,1 KM</b> | +01:02:24 | 6:44         | 8.9 (56.0%) |
| 504 | <b>ŻURAWIŃSKI Łukasz</b>           | <b>158</b>  |   | M 30      | 127  | 00:00:00    | <b>21,1 KM</b> | +01:02:24 | 6:44         | 8.9 (56.0%) |
| 505 | <b>MUSIAŁ Anna</b>                 | <b>307</b>  | DBL   | K 20      | 28   | 00:00:00    | <b>21,1 KM</b> | +01:02:29 | 6:44         | 8.9 (56.0%) |
| 506 | <b>STALMACH Martyna</b>            | <b>641</b>  |   | K 20      | 29   | 00:00:00    | <b>21,1 KM</b> | +01:02:35 | 6:44         | 8.9 (56.0%) |
| 507 | <b>STALMACH Krzysztof</b>          | <b>1118</b> |   | M 30      | 128  | 00:00:00    | <b>21,1 KM</b> | +01:02:37 | 6:44         | 8.9 (56.0%) |
| 508 | <b>SROCZYŃSKA Izabela</b>          | <b>935</b>  |   | K 30      | 89   | 00:00:00    | <b>21,1 KM</b> | +01:02:40 | 6:45         | 8.9 (56.0%) |
| 509 | <b>KORNEL Maja</b>                 | <b>37</b>   | CORREADORES                                     | K 30      | 90   | 00:00:00    | <b>21,1 KM</b> | +01:02:45 | 6:45         | 8.9 (56.0%) |
| 510 | <b>BAKACZ Natalia</b>              | <b>903</b>  |   | K 20      | 30   | 00:00:00    | <b>21,1 KM</b> | +01:02:50 | 6:45         | 8.9 (56.0%) |
| 511 | <b>LUDEW Tomasz</b>                | <b>194</b>  |   | M 20      | 64   | 00:00:00    | <b>21,1 KM</b> | +01:02:50 | 6:45         | 8.9 (56.0%) |
| 512 | <b>RAMOTOWSKA Dorota</b>           | <b>313</b>  |   | K 30      | 91   | 00:00:00    | <b>21,1 KM</b> | +01:02:51 | 6:45         | 8.9 (56.0%) |

| Msc | Zawodnik                    | Numer       | Klub               | Kategoria | Mkat | Czas startu | Dystans        | Różn      | Tempo min/km | Tempo km/h  |
|-----|-----------------------------|-------------|--------------------|-----------|------|-------------|----------------|-----------|--------------|-------------|
| 513 | <b>GAJEWSKI Mateusz</b>     | <b>830</b>  |                    | M 30      | 129  | 00:00:00    | <b>21,1 KM</b> | +01:02:53 | 6:45         | 8.9 (56.0%) |
| 514 | <b>SŁUGOCKA Marta</b>       | <b>612</b>  |                    | K 30      | 92   | 00:00:00    | <b>21,1 KM</b> | +01:02:54 | 6:45         | 8.9 (56.0%) |
| 515 | <b>LONGA Kinga</b>          | <b>1092</b> |                    | K 20      | 31   | 00:00:00    | <b>21,1 KM</b> | +01:02:58 | 6:45         | 8.9 (56.0%) |
| 516 | <b>SKONIECZKA Marek</b>     | <b>1116</b> |                    | M 40      | 87   | 00:00:00    | <b>21,1 KM</b> | +01:03:07 | 6:46         | 8.9 (56.0%) |
| 517 | <b>KREFT Szymon</b>         | <b>1004</b> | ZMOTYWOWANI        | M 40      | 88   | 00:00:00    | <b>21,1 KM</b> | +01:03:08 | 6:46         | 8.9 (56.0%) |
| 518 | <b>WASZKIEWICZ Paulina</b>  | <b>358</b>  |                    | K 30      | 93   | 00:00:00    | <b>21,1 KM</b> | +01:03:10 | 6:46         | 8.9 (56.0%) |
| 519 | <b>WOJTKOWIAK Joanna</b>    | <b>306</b>  | 1991               | K 20      | 32   | 00:00:00    | <b>21,1 KM</b> | +01:03:12 | 6:46         | 8.9 (56.0%) |
| 520 | <b>OLEJARZ Grzegorz</b>     | <b>255</b>  |                    | M 40      | 89   | 00:00:00    | <b>21,1 KM</b> | +01:03:16 | 6:46         | 8.9 (56.0%) |
| 521 | <b>RUTKOWSKA Aleksandra</b> | <b>540</b>  |                    | K 30      | 94   | 00:00:00    | <b>21,1 KM</b> | +01:03:20 | 6:46         | 8.8 (55.3%) |
| 522 | <b>SOSNA Arkadiusz</b>      | <b>206</b>  |                    | M 30      | 130  | 00:00:00    | <b>21,1 KM</b> | +01:03:20 | 6:46         | 8.8 (55.3%) |
| 523 | <b>JOB Małgorzata</b>       | <b>181</b>  |                    | K 40      | 62   | 00:00:00    | <b>21,1 KM</b> | +01:03:22 | 6:47         | 8.8 (55.3%) |
| 524 | <b>ŻURAWIŃSKA Magdalena</b> | <b>147</b>  |                    | K 30      | 95   | 00:00:00    | <b>21,1 KM</b> | +01:03:25 | 6:47         | 8.8 (55.3%) |
| 525 | <b>LISIŃSKA Monika</b>      | <b>184</b>  |                    | K 30      | 96   | 00:00:00    | <b>21,1 KM</b> | +01:03:26 | 6:47         | 8.8 (55.3%) |
| 526 | <b>WIŚNIEWSKI Wojciech</b>  | <b>907</b>  |                    | M 20      | 65   | 00:00:00    | <b>21,1 KM</b> | +01:03:26 | 6:47         | 8.8 (55.3%) |
| 527 | <b>MENDRYGAŁ Marcin</b>     | <b>1044</b> |                    | M 30      | 131  | 00:00:00    | <b>21,1 KM</b> | +01:03:30 | 6:47         | 8.8 (55.3%) |
| 528 | <b>PAŁAMAR Krzysztof</b>    | <b>38</b>   |                    | M 50      | 30   | 00:00:00    | <b>21,1 KM</b> | +01:03:31 | 6:47         | 8.8 (55.3%) |
| 529 | <b>BOGUSZ Damian</b>        | <b>1050</b> |                    | M 30      | 132  | 00:00:00    | <b>21,1 KM</b> | +01:03:41 | 6:47         | 8.8 (55.3%) |
| 530 | <b>STEMPNIAK Zbigniew</b>   | <b>492</b>  | REBELS LEGION TEAM | M 40      | 90   | 00:00:00    | <b>21,1 KM</b> | +01:03:43 | 6:48         | 8.8 (55.3%) |
| 531 | <b>POLARCZYK Karolina</b>   | <b>1134</b> |                    | K 30      | 97   | 00:00:00    | <b>21,1 KM</b> | +01:03:44 | 6:48         | 8.8 (55.3%) |
| 532 | <b>BEDNARCZYK Wojciech</b>  | <b>564</b>  |                    | M 40      | 91   | 00:00:00    | <b>21,1 KM</b> | +01:03:45 | 6:48         | 8.8 (55.3%) |
| 533 | <b>ILCZYSZYN Dominika</b>   | <b>84</b>   |                    | K 40      | 63   | 00:00:00    | <b>21,1 KM</b> | +01:03:47 | 6:48         | 8.8 (55.3%) |
| 534 | <b>SZAJKOWSKA Ewa</b>       | <b>300</b>  |                    | K 40      | 64   | 00:00:00    | <b>21,1 KM</b> | +01:03:51 | 6:48         | 8.8 (55.3%) |
| 535 | <b>TEŁAKOWSKA Anita</b>     | <b>87</b>   |                    | K 30      | 98   | 00:00:00    | <b>21,1 KM</b> | +01:03:59 | 6:48         | 8.8 (55.3%) |
| 536 | <b>PIOTROWICZ Piotr</b>     | <b>942</b>  | COMSECO.EU         | M 40      | 92   | 00:00:00    | <b>21,1 KM</b> | +01:03:59 | 6:48         | 8.8 (55.3%) |

| Msc | Zawodnik                           | Numer       | Klub                | Kategoria | Mkat | Czas startu | Dystans        | Różn      | Tempo min/km | Tempo km/h  |
|-----|------------------------------------|-------------|---------------------|-----------|------|-------------|----------------|-----------|--------------|-------------|
| 537 | <b>KANIA Karolina</b>              | <b>344</b>  |                     | K 30      | 99   | 00:00:00    | <b>21,1 KM</b> | +01:04:04 | 6:49         | 8.8 (55.3%) |
| 538 | <b>KOCZARA Marcin</b>              | <b>345</b>  |                     | M 30      | 133  | 00:00:00    | <b>21,1 KM</b> | +01:04:04 | 6:49         | 8.8 (55.3%) |
| 539 | <b>SZYDŁOWSKA Ewa</b>              | <b>756</b>  | BIEGANIE AMATORSKIE | K 50      | 14   | 00:00:00    | <b>21,1 KM</b> | +01:04:05 | 6:49         | 8.8 (55.3%) |
| 540 | <b>WYSOCKA Małgorzata</b>          | <b>193</b>  |                     | K 20      | 33   | 00:00:00    | <b>21,1 KM</b> | +01:04:11 | 6:49         | 8.8 (55.3%) |
| 541 | <b>BUJALSKI Konrad</b>             | <b>967</b>  | FARMACJA TARCHOMIN  | M 20      | 66   | 00:00:00    | <b>21,1 KM</b> | +01:04:12 | 6:49         | 8.8 (55.3%) |
| 542 | <b>CHKHABERIDZE Giorgi</b>         | <b>163</b>  |                     | M 30      | 134  | 00:00:00    | <b>21,1 KM</b> | +01:04:14 | 6:49         | 8.8 (55.3%) |
| 543 | <b>WYSKIEL Maciej</b>              | <b>887</b>  |                     | M 30      | 135  | 00:00:00    | <b>21,1 KM</b> | +01:04:17 | 6:49         | 8.8 (55.3%) |
| 544 | <b>NASKRĘT Mariusz</b>             | <b>627</b>  |                     | M 40      | 93   | 00:00:00    | <b>21,1 KM</b> | +01:04:19 | 6:49         | 8.8 (55.3%) |
| 545 | <b>TRAWIŃSKI Andrzej</b>           | <b>708</b>  |                     | M 30      | 136  | 00:00:00    | <b>21,1 KM</b> | +01:04:19 | 6:49         | 8.8 (55.3%) |
| 546 | <b>BAŃCZYK Dariusz</b>             | <b>1060</b> |                     | M 40      | 94   | 00:00:00    | <b>21,1 KM</b> | +01:04:19 | 6:49         | 8.8 (55.3%) |
| 547 | <b>NABAKOWSKI Maciej</b>           | <b>684</b>  |                     | M 40      | 95   | 00:00:00    | <b>21,1 KM</b> | +01:04:24 | 6:49         | 8.8 (55.3%) |
| 548 | <b>MAĆZKA Anna</b>                 | <b>45</b>   |                     | K 30      | 100  | 00:00:00    | <b>21,1 KM</b> | +01:04:28 | 6:50         | 8.8 (55.3%) |
| 549 | <b>TARNOWSKA-LAMENT Aleksandra</b> | <b>888</b>  |                     | K 30      | 101  | 00:00:00    | <b>21,1 KM</b> | +01:04:41 | 6:50         | 8.8 (55.3%) |
| 550 | <b>GRZESIAK Maciej</b>             | <b>308</b>  |                     | M 40      | 96   | 00:00:00    | <b>21,1 KM</b> | +01:04:42 | 6:50         | 8.8 (55.3%) |
| 551 | <b>PACIOREK Marek</b>              | <b>1142</b> | 26 WOG              | M 60      | 9    | 00:00:00    | <b>21,1 KM</b> | +01:04:47 | 6:51         | 8.8 (55.3%) |
| 552 | <b>TOKAREK Justyna</b>             | <b>790</b>  | TRINEGU             | K 30      | 102  | 00:00:00    | <b>21,1 KM</b> | +01:04:49 | 6:51         | 8.8 (55.3%) |
| 553 | <b>KMINIKOWSKA Grazyna</b>         | <b>742</b>  |                     | K 40      | 65   | 00:00:00    | <b>21,1 KM</b> | +01:04:51 | 6:51         | 8.8 (55.3%) |
| 554 | <b>BIEŃKOWSKA-GLIGA Anna</b>       | <b>109</b>  |                     | K 40      | 66   | 00:00:00    | <b>21,1 KM</b> | +01:04:52 | 6:51         | 8.8 (55.3%) |
| 555 | <b>KŁOPOTOWSKA Agnieszka</b>       | <b>1109</b> |                     | K 30      | 103  | 00:00:00    | <b>21,1 KM</b> | +01:04:53 | 6:51         | 8.8 (55.3%) |
| 556 | <b>TERA Michał</b>                 | <b>497</b>  |                     | M 30      | 137  | 00:00:00    | <b>21,1 KM</b> | +01:04:59 | 6:51         | 8.7 (54.7%) |
| 557 | <b>WRÓBLEWSKA Magda</b>            | <b>964</b>  |                     | K 40      | 67   | 00:00:00    | <b>21,1 KM</b> | +01:05:01 | 6:51         | 8.7 (54.7%) |
| 558 | <b>TROJNAR Krzysztof</b>           | <b>502</b>  | BANDA ŁYSEGO        | M 60      | 10   | 00:00:00    | <b>21,1 KM</b> | +01:05:09 | 6:52         | 8.7 (54.7%) |
| 559 | <b>KOP-OSTROWSKA Iga</b>           | <b>794</b>  |                     | K 20      | 34   | 00:00:00    | <b>21,1 KM</b> | +01:05:14 | 6:52         | 8.7 (54.7%) |
| 560 | <b>BARTKIEWICZ Malgorzata</b>      | <b>70</b>   |                     | K 30      | 104  | 00:00:00    | <b>21,1 KM</b> | +01:05:14 | 6:52         | 8.7 (54.7%) |



| Msc | Zawodnik                 | Numer | Klub                         | Kategoria | Mkat | Czas startu | Dystans | Różn      | Tempo min/km | Tempo km/h  |
|-----|--------------------------|-------|------------------------------|-----------|------|-------------|---------|-----------|--------------|-------------|
| 561 | KWIATKOWSKI Paweł        | 373   |                              | M 50      | 31   | 00:00:00    | 21,1 KM | +01:05:19 | 6:52         | 8.7 (54.7%) |
| 562 | PAWELEC Adrianna         | 1122  |                              | K 40      | 68   | 00:00:00    | 21,1 KM | +01:05:32 | 6:53         | 8.7 (54.7%) |
| 563 | OKULICZ Anita            | 477   |                              | K 30      | 105  | 00:00:00    | 21,1 KM | +01:05:33 | 6:53         | 8.7 (54.7%) |
| 564 | FOIGT Marta              | 1039  |                              | K 20      | 35   | 00:00:00    | 21,1 KM | +01:05:42 | 6:53         | 8.7 (54.7%) |
| 565 | BOJANOWSKI Marcin        | 496   | NORDIC WALKING KIEKRZ POLAND | M 30      | 138  | 00:00:00    | 21,1 KM | +01:05:43 | 6:56         | 8.7 (54.7%) |
| 566 | FAJFER Jacek             | 982   |                              | M 50      | 32   | 00:00:00    | 21,1 KM | +01:05:43 | 6:53         | 8.7 (54.7%) |
| 567 | ANDRZEJEWSKA Sonia       | 283   |                              | K 20      | 36   | 00:00:00    | 21,1 KM | +01:05:43 | 6:53         | 8.7 (54.7%) |
| 568 | SOBOTA Edyta             | 681   | LIV POLSKA/COOLBIKE SZCZECIN | K 30      | 106  | 00:00:00    | 21,1 KM | +01:05:47 | 6:53         | 8.7 (54.7%) |
| 569 | KUBIK-GRECZUK Kalina     | 396   | BIEGNEPOMEDAL                | K 30      | 107  | 00:00:00    | 21,1 KM | +01:05:53 | 6:54         | 8.7 (54.7%) |
| 570 | KOSTRZEWA-KAP Małgorzata | 567   |                              | K 30      | 108  | 00:00:00    | 21,1 KM | +01:05:58 | 6:54         | 8.7 (54.7%) |
| 571 | GIERASIMOWICZ Anna       | 600   |                              | K 50      | 15   | 00:00:00    | 21,1 KM | +01:06:04 | 6:54         | 8.7 (54.7%) |
| 572 | BIEGAŃSKI Piotr          | 656   |                              | M 30      | 139  | 00:00:00    | 21,1 KM | +01:06:14 | 6:55         | 8.7 (54.7%) |
| 573 | MEDZIŃSKI Dariusz        | 956   |                              | M 40      | 97   | 00:00:00    | 21,1 KM | +01:06:15 | 6:55         | 8.7 (54.7%) |
| 574 | TERA Joanna              | 498   |                              | K 30      | 109  | 00:00:00    | 21,1 KM | +01:06:15 | 6:55         | 8.7 (54.7%) |
| 575 | MEDZIŃSKA Małgorzata     | 957   |                              | K 40      | 69   | 00:00:00    | 21,1 KM | +01:06:15 | 6:55         | 8.7 (54.7%) |
| 576 | JABŁOŃSKI Ryszard        | 280   | FITNESSFITBACK               | M 50      | 33   | 00:00:00    | 21,1 KM | +01:06:23 | 6:55         | 8.7 (54.7%) |
| 577 | SKOWRON Tomasz           | 256   |                              | M 40      | 98   | 00:00:00    | 21,1 KM | +01:06:31 | 6:55         | 8.7 (54.7%) |
| 578 | KOTARSKA-SKONIECZKA Anna | 1115  |                              | K 40      | 70   | 00:00:00    | 21,1 KM | +01:06:34 | 6:56         | 8.7 (54.7%) |
| 579 | MICHALSKI Piter          | 3     | LIDER PITER                  | M 20      | 67   | 00:00:00    | 21,1 KM | +01:06:35 | 6:56         | 8.7 (54.7%) |
| 580 | KAŁUZIŃSKA Aleksandra    | 1132  |                              | K 40      | 71   | 00:00:00    | 21,1 KM | +01:06:41 | 6:56         | 8.6 (54.1%) |
| 581 | GRUSZCZYŃSKA Joanna      | 440   |                              | K 20      | 37   | 00:00:00    | 21,1 KM | +01:06:42 | 6:56         | 8.6 (54.1%) |
| 582 | KRZYCZMONIK Bartosz      | 493   |                              | M 40      | 99   | 00:00:00    | 21,1 KM | +01:06:42 | 6:57         | 8.6 (54.1%) |
| 583 | JARUSZEWSKA Jowita       | 524   | 1976                         | K 40      | 72   | 00:00:00    | 21,1 KM | +01:06:48 | 6:56         | 8.6 (54.1%) |
| 584 | ZWOLIŃSKI Bartłomiej     | 630   |                              | M 20      | 68   | 00:00:00    | 21,1 KM | +01:06:49 | 6:56         | 8.6 (54.1%) |

| Msc | Zawodnik                         | Numer       | Klub            | Kategoria | Mkat | Czas startu | Dystans        | Różn      | Tempo min/km | Tempo km/h  |
|-----|----------------------------------|-------------|-----------------|-----------|------|-------------|----------------|-----------|--------------|-------------|
| 585 | <b>KAPLEWSKA Małgorzata</b>      | <b>1</b>    |                 | K 20      | 38   | 00:00:00    | <b>21,1 KM</b> | +01:06:51 | 6:56         | 8.6 (54.1%) |
| 586 | <b>BOREK Marta</b>               | <b>91</b>   |                 | K 30      | 110  | 00:00:00    | <b>21,1 KM</b> | +01:06:55 | 6:57         | 8.6 (54.1%) |
| 587 | <b>JANIK Justyna</b>             | <b>355</b>  | BYLE DO PRZODU  | K 20      | 39   | 00:00:00    | <b>21,1 KM</b> | +01:07:00 | 6:57         | 8.6 (54.1%) |
| 588 | <b>MAZURKIEWICZ Łukasz</b>       | <b>610</b>  |                 | M 20      | 69   | 00:00:00    | <b>21,1 KM</b> | +01:07:04 | 6:57         | 8.6 (54.1%) |
| 589 | <b>KUBASIK Anna</b>              | <b>417</b>  | KUBASIK TEAM    | K 40      | 73   | 00:00:00    | <b>21,1 KM</b> | +01:07:09 | 6:58         | 8.6 (54.1%) |
| 590 | <b>STRÓŻYK-KOZŁOWSKA Paulina</b> | <b>595</b>  |                 | K 30      | 111  | 00:00:00    | <b>21,1 KM</b> | +01:07:10 | 6:57         | 8.6 (54.1%) |
| 591 | <b>ZAKRZEWSKI Tomasz</b>         | <b>310</b>  |                 | M 40      | 100  | 00:00:00    | <b>21,1 KM</b> | +01:07:11 | 6:57         | 8.6 (54.1%) |
| 592 | <b>ROŻKOWSKI Roman</b>           | <b>126</b>  | 1958            | M 60      | 11   | 00:00:00    | <b>21,1 KM</b> | +01:07:35 | 6:59         | 8.6 (54.1%) |
| 593 | <b>TYCZYŃSKA Anna</b>            | <b>920</b>  |                 | K 30      | 112  | 00:00:00    | <b>21,1 KM</b> | +01:07:36 | 6:59         | 8.6 (54.1%) |
| 594 | <b>ZATYLNA Joanna</b>            | <b>156</b>  |                 | K 40      | 74   | 00:00:00    | <b>21,1 KM</b> | +01:07:38 | 6:59         | 8.6 (54.1%) |
| 595 | <b>DĄBSKA Ludmiła</b>            | <b>325</b>  |                 | K 50      | 16   | 00:00:00    | <b>21,1 KM</b> | +01:07:40 | 7:00         | 8.6 (54.1%) |
| 596 | <b>JUSZKIEWICZ Małgorzata</b>    | <b>1148</b> |                 | K 40      | 75   | 00:00:00    | <b>21,1 KM</b> | +01:07:45 | 6:59         | 8.6 (54.1%) |
| 597 | <b>FLORKIEWICZ Michał</b>        | <b>507</b>  |                 | M 30      | 140  | 00:00:00    | <b>21,1 KM</b> | +01:07:47 | 6:59         | 8.6 (54.1%) |
| 598 | <b>SZNAJDER Mirosław</b>         | <b>635</b>  |                 | M 40      | 101  | 00:00:00    | <b>21,1 KM</b> | +01:07:47 | 6:59         | 8.6 (54.1%) |
| 599 | <b>BORUCH Katarzyna</b>          | <b>1045</b> |                 | K 40      | 76   | 00:00:00    | <b>21,1 KM</b> | +01:07:54 | 6:59         | 8.6 (54.1%) |
| 600 | <b>PESTKA Paweł</b>              | <b>1020</b> | KOŹMINBIEGA     | M 30      | 141  | 00:00:00    | <b>21,1 KM</b> | +01:07:55 | 6:59         | 8.6 (54.1%) |
| 601 | <b>WRONA Zdzisław</b>            | <b>652</b>  |                 | M 50      | 34   | 00:00:00    | <b>21,1 KM</b> | +01:07:59 | 7:00         | 8.6 (54.1%) |
| 602 | <b>NOWAK Marcin</b>              | <b>1105</b> |                 | M 20      | 70   | 00:00:00    | <b>21,1 KM</b> | +01:08:02 | 7:00         | 8.6 (54.1%) |
| 603 | <b>SOŁDECKA Anna</b>             | <b>800</b>  |                 | K 40      | 77   | 00:00:00    | <b>21,1 KM</b> | +01:08:10 | 7:00         | 8.6 (54.1%) |
| 604 | <b>KOBUS Kasia</b>               | <b>114</b>  |                 | K 40      | 78   | 00:00:00    | <b>21,1 KM</b> | +01:08:14 | 7:00         | 8.6 (54.1%) |
| 605 | <b>SZEWCZYK Magdalena</b>        | <b>910</b>  |                 | K 30      | 113  | 00:00:00    | <b>21,1 KM</b> | +01:08:16 | 7:00         | 8.6 (54.1%) |
| 606 | <b>SIKORA Krzysztof</b>          | <b>66</b>   | PYRZYCE BIEGAJĄ | M 60      | 12   | 00:00:00    | <b>21,1 KM</b> | +01:08:18 | 7:01         | 8.6 (54.1%) |
| 607 | <b>WALENCZAK Magda</b>           | <b>983</b>  |                 | K 30      | 114  | 00:00:00    | <b>21,1 KM</b> | +01:08:25 | 7:01         | 8.5 (53.5%) |

| Msc | Zawodnik                     | Numer       | Klub                            | Kategoria | Mkat | Czas startu | Dystans        | Różn      | Tempo min/km | Tempo km/h  |
|-----|------------------------------|-------------|---------------------------------|-----------|------|-------------|----------------|-----------|--------------|-------------|
| 608 | <b>KACZOROWSKI Krzysztof</b> | <b>101</b>  |                                 | M 40      | 102  | 00:00:00    | <b>21,1 KM</b> | +01:08:31 | 7:01         | 8,5 (53.5%) |
| 609 | <b>ROGOWSKA Milena</b>       | <b>763</b>  |                                 | K 40      | 79   | 00:00:00    | <b>21,1 KM</b> | +01:08:35 | 7:01         | 8,5 (53.5%) |
| 610 | <b>KACZMAREK Arleta</b>      | <b>241</b>  | KOBIECE BIEGANIE                | K 30      | 115  | 00:00:00    | <b>21,1 KM</b> | +01:08:42 | 7:02         | 8,5 (53.5%) |
| 611 | <b>ŁOWIŃSKI Łukasz</b>       | <b>384</b>  | INTELLIGENTNAFARMA.PL           | M 30      | 142  | 00:00:00    | <b>21,1 KM</b> | +01:08:45 | 7:02         | 8,5 (53.5%) |
| 612 | <b>KILKOWSKA Joanna</b>      | <b>365</b>  |                                 | K 50      | 17   | 00:00:00    | <b>21,1 KM</b> | +01:08:47 | 7:02         | 8,5 (53.5%) |
| 613 | <b>KOTLICKA Kamila</b>       | <b>218</b>  |                                 | K 30      | 116  | 00:00:00    | <b>21,1 KM</b> | +01:08:51 | 7:02         | 8,5 (53.5%) |
| 614 | <b>SGCK Mick</b>             | <b>616</b>  |                                 | M 30      | 143  | 00:00:00    | <b>21,1 KM</b> | +01:09:03 | 7:03         | 8,5 (53.5%) |
| 615 | <b>MATYJA Mariusz</b>        | <b>1002</b> |                                 | M 40      | 103  | 00:00:00    | <b>21,1 KM</b> | +01:09:06 | 7:03         | 8,5 (53.5%) |
| 616 | <b>SYNAK Ewa</b>             | <b>867</b>  |                                 | K 40      | 80   | 00:00:00    | <b>21,1 KM</b> | +01:09:23 | 7:04         | 8,5 (53.5%) |
| 617 | <b>MIORS Edyta</b>           | <b>203</b>  | EMÓWTEAM                        | K 40      | 81   | 00:00:00    | <b>21,1 KM</b> | +01:09:26 | 7:04         | 8,5 (53.5%) |
| 618 | <b>KOWAL Jakub</b>           | <b>731</b>  | 12 BZ "KU CZCI PAMIĘCI"         | M 30      | 144  | 00:00:00    | <b>21,1 KM</b> | +01:09:28 | 7:04         | 8,5 (53.5%) |
| 619 | <b>CABEL Marcin</b>          | <b>651</b>  | KS AMATOR WROCŁAW               | M 30      | 145  | 00:00:00    | <b>21,1 KM</b> | +01:09:39 | 7:04         | 8,5 (53.5%) |
| 620 | <b>WITTULA-PREJS Magda</b>   | <b>78</b>   | PIEKIELNIE ZGRANI               | K 40      | 82   | 00:00:00    | <b>21,1 KM</b> | +01:09:40 | 7:04         | 8,5 (53.5%) |
| 621 | <b>POLNIK Mariusz</b>        | <b>973</b>  |                                 | M 40      | 104  | 00:00:00    | <b>21,1 KM</b> | +01:09:42 | 7:05         | 8,5 (53.5%) |
| 622 | <b>ONYSZK Marta</b>          | <b>527</b>  |                                 | K 30      | 117  | 00:00:00    | <b>21,1 KM</b> | +01:09:44 | 7:05         | 8,5 (53.5%) |
| 623 | <b>WITCZAK Dorota</b>        | <b>767</b>  | WIECZORNE BIEGANIE W SZCZECINIE | K 20      | 40   | 00:00:00    | <b>21,1 KM</b> | +01:09:54 | 7:05         | 8,5 (53.5%) |
| 624 | <b>BURY Liliana</b>          | <b>650</b>  | ZMOTYWOWANI                     | K 30      | 118  | 00:00:00    | <b>21,1 KM</b> | +01:09:55 | 7:10         | 8,4 (52.8%) |
| 625 | <b>SZYSZKA Bożena</b>        | <b>297</b>  |                                 | K 30      | 119  | 00:00:00    | <b>21,1 KM</b> | +01:10:00 | 7:05         | 8,5 (53.5%) |
| 626 | <b>MUSIK Marzena</b>         | <b>802</b>  |                                 | K 30      | 120  | 00:00:00    | <b>21,1 KM</b> | +01:10:01 | 7:05         | 8,5 (53.5%) |
| 627 | <b>DZIURLA Bartosz</b>       | <b>619</b>  | GRODZISKI KLUB BIEGACZA         | M 20      | 71   | 00:00:00    | <b>21,1 KM</b> | +01:10:03 | 7:06         | 8,5 (53.5%) |
| 628 | <b>KOŚCIŃSKA Elżbieta</b>    | <b>240</b>  |                                 | K 40      | 83   | 00:00:00    | <b>21,1 KM</b> | +01:10:06 | 7:06         | 8,4 (52.8%) |
| 629 | <b>SZYDEŁKO Agata</b>        | <b>730</b>  |                                 | K 30      | 121  | 00:00:00    | <b>21,1 KM</b> | +01:10:11 | 7:06         | 8,4 (52.8%) |
| 630 | <b>TELAKOWSKI Marcin</b>     | <b>86</b>   |                                 | M 40      | 105  | 00:00:00    | <b>21,1 KM</b> | +01:10:14 | 7:06         | 8,4 (52.8%) |
| 631 | <b>ŁOCHOWSKI Radosław</b>    | <b>192</b>  | IUVO SMART HOME                 | M 30      | 146  | 00:00:00    | <b>21,1 KM</b> | +01:10:25 | 7:07         | 8,4 (52.8%) |

| Msc | Zawodnik                           | Numer      | Klub                      | Kategoria | Mkat | Czas startu | Dystans        | Różn      | Tempo min/km | Tempo km/h  |
|-----|------------------------------------|------------|---------------------------|-----------|------|-------------|----------------|-----------|--------------|-------------|
| 632 | <b>KACZMAREK Artur</b>             | <b>468</b> | TORPEDY                   | M 40      | 106  | 00:00:00    | <b>21,1 KM</b> | +01:10:26 | 7:07         | 8.4 (52.8%) |
| 633 | <b>POLISZCZUK Maria</b>            | <b>142</b> | KB KROKUS KWIATKOWICE     | K 40      | 84   | 00:00:00    | <b>21,1 KM</b> | +01:10:29 | 7:07         | 8.4 (52.8%) |
| 634 | <b>WOLSKA Joanna</b>               | <b>749</b> |                           | K 30      | 122  | 00:00:00    | <b>21,1 KM</b> | +01:10:38 | 7:07         | 8.4 (52.8%) |
| 635 | <b>LEWERA Katarzyna</b>            | <b>607</b> |                           | K 30      | 123  | 00:00:00    | <b>21,1 KM</b> | +01:10:38 | 7:07         | 8.4 (52.8%) |
| 636 | <b>RATAJCZAK Alicja</b>            | <b>764</b> |                           | K 20      | 41   | 00:00:00    | <b>21,1 KM</b> | +01:10:39 | 7:07         | 8.4 (52.8%) |
| 637 | <b>BUCZYNSKI Adrian</b>            | <b>97</b>  |                           | M 40      | 107  | 00:00:00    | <b>21,1 KM</b> | +01:10:45 | 7:08         | 8.4 (52.8%) |
| 638 | <b>FRĄTCZAK Marzena</b>            | <b>106</b> |                           | K 30      | 124  | 00:00:00    | <b>21,1 KM</b> | +01:10:59 | 7:08         | 8.4 (52.8%) |
| 639 | <b>MALISZEWSKI Dariusz</b>         | <b>986</b> |                           | M 30      | 147  | 00:00:00    | <b>21,1 KM</b> | +01:11:04 | 7:08         | 8.4 (52.8%) |
| 640 | <b>WOŹNIAK Maciej</b>              | <b>707</b> |                           | M 40      | 108  | 00:00:00    | <b>21,1 KM</b> | +01:11:05 | 7:08         | 8.4 (52.8%) |
| 641 | <b>ZDANOWICZ Pawel</b>             | <b>500</b> |                           | M 30      | 148  | 00:00:00    | <b>21,1 KM</b> | +01:11:06 | 7:09         | 8.4 (52.8%) |
| 642 | <b>SŁOWIK Magda</b>                | <b>781</b> |                           | K 40      | 85   | 00:00:00    | <b>21,1 KM</b> | +01:11:23 | 7:09         | 8.4 (52.8%) |
| 643 | <b>WÓJTOWICZ Janusz</b>            | <b>362</b> |                           | M 50      | 35   | 00:00:00    | <b>21,1 KM</b> | +01:11:34 | 7:10         | 8.4 (52.8%) |
| 644 | <b>ZUBEL Michał</b>                | <b>220</b> | ZADYSZKA OŚWIĘCIM         | M 40      | 109  | 00:00:00    | <b>21,1 KM</b> | +01:11:37 | 7:10         | 8.4 (52.8%) |
| 645 | <b>KUPIS Katarzyna</b>             | <b>405</b> | RUN EXPERT TEAM           | K 40      | 86   | 00:00:00    | <b>21,1 KM</b> | +01:11:44 | 7:10         | 8.4 (52.8%) |
| 646 | <b>SZMELING Grzegorz</b>           | <b>974</b> |                           | M 30      | 149  | 00:00:00    | <b>21,1 KM</b> | +01:11:50 | 7:11         | 8.4 (52.8%) |
| 647 | <b>REWERS Aleksandra</b>           | <b>183</b> |                           | K 30      | 125  | 00:00:00    | <b>21,1 KM</b> | +01:11:54 | 7:11         | 8.3 (52.2%) |
| 648 | <b>SIENKIEWICZ Jolanta</b>         | <b>281</b> | ZAZBIEGANI                | K 50      | 18   | 00:00:00    | <b>21,1 KM</b> | +01:11:56 | 7:11         | 8.3 (52.2%) |
| 649 | <b>KUZNETSOVA Maria</b>            | <b>360</b> |                           | K 30      | 126  | 00:00:00    | <b>21,1 KM</b> | +01:11:59 | 7:11         | 8.3 (52.2%) |
| 650 | <b>KOSTARCZYK-SZKWAREK Rozalia</b> | <b>483</b> |                           | K 40      | 87   | 00:00:00    | <b>21,1 KM</b> | +01:12:06 | 7:11         | 8.3 (52.2%) |
| 651 | <b>HILLEMANN Cathleen</b>          | <b>873</b> | TEAM ERDINGER ALKOHOLFREI | K 30      | 127  | 00:00:00    | <b>21,1 KM</b> | +01:12:10 | 7:12         | 8.3 (52.2%) |
| 652 | <b>STYLSKA Anna</b>                | <b>166</b> |                           | K 40      | 88   | 00:00:00    | <b>21,1 KM</b> | +01:12:17 | 7:12         | 8.3 (52.2%) |
| 653 | <b>GREENDA Agata</b>               | <b>438</b> |                           | K 40      | 89   | 00:00:00    | <b>21,1 KM</b> | +01:12:19 | 7:12         | 8.3 (52.2%) |
| 654 | <b>ŁUSZCZEK Monika</b>             | <b>437</b> |                           | K 40      | 90   | 00:00:00    | <b>21,1 KM</b> | +01:12:19 | 7:12         | 8.3 (52.2%) |
| 655 | <b>GNIEDZIEJKO Piotr</b>           | <b>29</b>  |                           | M 50      | 36   | 00:00:00    | <b>21,1 KM</b> | +01:12:22 | 7:12         | 8.3 (52.2%) |

| Msc | Zawodnik                           | Numer       | Klub                 | Kategoria | Mkat | Czas startu | Dystans        | Różn      | Tempo min/km | Tempo km/h  |
|-----|------------------------------------|-------------|----------------------|-----------|------|-------------|----------------|-----------|--------------|-------------|
| 656 | <b>KRAWCZYK Marta</b>              | <b>1143</b> |                      | K 40      | 91   | 00:00:00    | <b>21,1 KM</b> | +01:12:25 | 7:12         | 8.3 (52.2%) |
| 657 | <b>JARCZEWSKA Renata</b>           | <b>12</b>   |                      | K 50      | 19   | 00:00:00    | <b>21,1 KM</b> | +01:12:30 | 7:12         | 8.3 (52.2%) |
| 658 | <b>SZYMAŃSKA-OBIDZIŃSKA Renata</b> | <b>855</b>  | RS ARCHITEKTURA TEAM | K 40      | 92   | 00:00:00    | <b>21,1 KM</b> | +01:12:34 | 7:13         | 8.3 (52.2%) |
| 659 | <b>SOCHA Marian</b>                | <b>874</b>  |                      | M 60      | 13   | 00:00:00    | <b>21,1 KM</b> | +01:12:36 | 7:13         | 8.3 (52.2%) |
| 660 | <b>KOCZĄB Marta</b>                | <b>1069</b> |                      | K 20      | 42   | 00:00:00    | <b>21,1 KM</b> | +01:12:47 | 7:13         | 8.3 (52.2%) |
| 661 | <b>HŁADKULIK Krzysztof</b>         | <b>1038</b> |                      | M 60      | 14   | 00:00:00    | <b>21,1 KM</b> | +01:12:57 | 7:14         | 8.3 (52.2%) |
| 662 | <b>GAWLIK Jacek</b>                | <b>9</b>    |                      | M 30      | 150  | 00:00:00    | <b>21,1 KM</b> | +01:13:04 | 7:14         | 8.3 (52.2%) |
| 663 | <b>KWIECIEŃ Marcin</b>             | <b>571</b>  |                      | M 40      | 110  | 00:00:00    | <b>21,1 KM</b> | +01:13:12 | 7:14         | 8.3 (52.2%) |
| 664 | <b>ABOUQORA Emilia</b>             | <b>68</b>   | PARKRUN              | K 30      | 128  | 00:00:00    | <b>21,1 KM</b> | +01:13:14 | 7:15         | 8.3 (52.2%) |
| 665 | <b>PRAŁAT Jolanta</b>              | <b>904</b>  |                      | K 40      | 93   | 00:00:00    | <b>21,1 KM</b> | +01:13:14 | 7:15         | 8.3 (52.2%) |
| 666 | <b>TOMASZUK Mariusz</b>            | <b>324</b>  | APN HATTRICK         | M 30      | 151  | 00:00:00    | <b>21,1 KM</b> | +01:13:22 | 7:15         | 8.3 (52.2%) |
| 667 | <b>RACHUTA Piotr</b>               | <b>333</b>  | ZAZBIEGANI           | M 40      | 111  | 00:00:00    | <b>21,1 KM</b> | +01:13:27 | 7:15         | 8.3 (52.2%) |
| 668 | <b>HUDECKA Evelyn</b>              | <b>8</b>    |                      | K 30      | 129  | 00:00:00    | <b>21,1 KM</b> | +01:13:37 | 7:16         | 8.3 (52.2%) |
| 669 | <b>WINIARZ Karolina</b>            | <b>669</b>  |                      | K 30      | 130  | 00:00:00    | <b>21,1 KM</b> | +01:13:41 | 7:16         | 8.3 (52.2%) |
| 670 | <b>SUROWIEC Piotr</b>              | <b>936</b>  |                      | M 20      | 72   | 00:00:00    | <b>21,1 KM</b> | +01:13:41 | 7:16         | 8.3 (52.2%) |
| 671 | <b>WASYLÓW Katarzyna</b>           | <b>550</b>  |                      | K 50      | 20   | 00:00:00    | <b>21,1 KM</b> | +01:13:45 | 7:16         | 8.2 (51.6%) |
| 672 | <b>CIEŚLAK Adam</b>                | <b>415</b>  |                      | M 50      | 37   | 00:00:00    | <b>21,1 KM</b> | +01:13:46 | 7:16         | 8.2 (51.6%) |
| 673 | <b>PAWLIK Marcin</b>               | <b>243</b>  |                      | M 30      | 152  | 00:00:00    | <b>21,1 KM</b> | +01:13:48 | 7:16         | 8.2 (51.6%) |
| 674 | <b>JÓSEWICZ Monika</b>             | <b>452</b>  |                      | K 40      | 94   | 00:00:00    | <b>21,1 KM</b> | +01:13:56 | 7:17         | 8.2 (51.6%) |
| 675 | <b>WOŹNY Anna</b>                  | <b>393</b>  |                      | K 40      | 95   | 00:00:00    | <b>21,1 KM</b> | +01:13:57 | 7:17         | 8.2 (51.6%) |
| 676 | <b>NOWAK Małgorzata</b>            | <b>668</b>  |                      | K 40      | 96   | 00:00:00    | <b>21,1 KM</b> | +01:14:03 | 7:17         | 8.2 (51.6%) |
| 677 | <b>KNAPIK Jerzy</b>                | <b>1240</b> |                      | M 70+     | 3    | 00:00:00    | <b>21,1 KM</b> | +01:14:05 | 7:17         | 8.2 (51.6%) |
| 678 | <b>MAŁODOBRY Krzysztof</b>         | <b>58</b>   |                      | M 50      | 38   | 00:00:00    | <b>21,1 KM</b> | +01:14:10 | 7:17         | 8.2 (51.6%) |

| Msc | Zawodnik                        | Numer       | Klub                              | Kategoria | Mkat | Czas startu | Dystans        | Różn      | Tempo min/km | Tempo km/h  |
|-----|---------------------------------|-------------|-----------------------------------|-----------|------|-------------|----------------|-----------|--------------|-------------|
| 679 | <b>RADZIWIŁŁOWICZ Nesajem</b>   | <b>1103</b> |                                   | M 40      | 112  | 00:00:00    | <b>21,1 KM</b> | +01:14:20 | 7:18         | 8.2 (51.6%) |
| 680 | <b>KOP-OSTROWSKI Paweł</b>      | <b>659</b>  |                                   | M 40      | 113  | 00:00:00    | <b>21,1 KM</b> | +01:14:31 | 7:18         | 8.2 (51.6%) |
| 681 | <b>ZAGÓRSKA Aleksandra</b>      | <b>234</b>  |                                   | K 20      | 43   | 00:00:00    | <b>21,1 KM</b> | +01:14:37 | 7:19         | 8.2 (51.6%) |
| 682 | <b>BAJENA Iwona</b>             | <b>741</b>  |                                   | K 30      | 131  | 00:00:00    | <b>21,1 KM</b> | +01:14:47 | 7:19         | 8.2 (51.6%) |
| 683 | <b>KOZICKI Sławomir</b>         | <b>28</b>   |                                   | M 30      | 153  | 00:00:00    | <b>21,1 KM</b> | +01:14:50 | 7:19         | 8.2 (51.6%) |
| 684 | <b>KARCZ Barbara</b>            | <b>902</b>  | DZIEŁO POMOCY ŚW. OJCA PIO        | K 30      | 132  | 00:00:00    | <b>21,1 KM</b> | +01:14:57 | 7:19         | 8.2 (51.6%) |
| 685 | <b>JANIC Anna</b>               | <b>646</b>  |                                   | K 40      | 97   | 00:00:00    | <b>21,1 KM</b> | +01:15:05 | 7:20         | 8.2 (51.6%) |
| 686 | <b>WOŻNA Joanna</b>             | <b>212</b>  |                                   | K 40      | 98   | 00:00:00    | <b>21,1 KM</b> | +01:15:07 | 7:20         | 8.2 (51.6%) |
| 687 | <b>JURKIEWICZ Katarzyna</b>     | <b>222</b>  |                                   | K 40      | 99   | 00:00:00    | <b>21,1 KM</b> | +01:15:08 | 7:20         | 8.2 (51.6%) |
| 688 | <b>JAWORSKI Adam</b>            | <b>971</b>  | SZCZECIŃSKI KLUB SPORTOWY HUSARIA | M 30      | 154  | 00:00:00    | <b>21,1 KM</b> | +01:15:11 | 7:20         | 8.2 (51.6%) |
| 689 | <b>CIEŚLAK Helana</b>           | <b>414</b>  | LEGENDARY POWER SZEWC             | K 50      | 21   | 00:00:00    | <b>21,1 KM</b> | +01:15:12 | 7:20         | 8.2 (51.6%) |
| 690 | <b>KRAJCZYŃSKA Anna</b>         | <b>152</b>  |                                   | K 20      | 44   | 00:00:00    | <b>21,1 KM</b> | +01:15:22 | 7:21         | 8.2 (51.6%) |
| 691 | <b>MISIUK Marta</b>             | <b>597</b>  | SZALONE MAMUŚKI                   | K 30      | 133  | 00:00:00    | <b>21,1 KM</b> | +01:15:34 | 7:21         | 8.2 (51.6%) |
| 692 | <b>RYBICKI Marcin</b>           | <b>842</b>  |                                   | M 40      | 114  | 00:00:00    | <b>21,1 KM</b> | +01:15:37 | 7:21         | 8.1 (50.9%) |
| 693 | <b>SOCHA Marek</b>              | <b>250</b>  |                                   | M 30      | 155  | 00:00:00    | <b>21,1 KM</b> | +01:15:42 | 7:22         | 8.1 (50.9%) |
| 694 | <b>KOZACZUK-BRAJERSKA Magda</b> | <b>934</b>  |                                   | K 30      | 134  | 00:00:00    | <b>21,1 KM</b> | +01:15:43 | 7:22         | 8.1 (50.9%) |
| 695 | <b>RATAJCZAK Beata</b>          | <b>766</b>  |                                   | K 50      | 22   | 00:00:00    | <b>21,1 KM</b> | +01:15:44 | 7:22         | 8.1 (50.9%) |
| 696 | <b>LEDZION Robert</b>           | <b>774</b>  |                                   | M 40      | 115  | 00:00:00    | <b>21,1 KM</b> | +01:15:50 | 7:22         | 8.1 (50.9%) |
| 697 | <b>KOŚCIŃSKI Jacek</b>          | <b>364</b>  |                                   | M 40      | 116  | 00:00:00    | <b>21,1 KM</b> | +01:15:53 | 7:22         | 8.1 (50.9%) |
| 698 | <b>PASTERNAK Anna</b>           | <b>960</b>  | OPEL ACTIVE TEAM                  | K 40      | 100  | 00:00:00    | <b>21,1 KM</b> | +01:16:08 | 7:23         | 8.1 (50.9%) |
| 699 | <b>MIELEWCZYK Justyna</b>       | <b>649</b>  | ZMOTYWOWANI                       | K 30      | 135  | 00:00:00    | <b>21,1 KM</b> | +01:16:14 | 7:23         | 8.1 (50.9%) |
| 700 | <b>MLECZKO Anna</b>             | <b>104</b>  |                                   | K 30      | 136  | 00:00:00    | <b>21,1 KM</b> | +01:16:35 | 7:24         | 8.1 (50.9%) |
| 701 | <b>BRZEZIŃSKA Diana</b>         | <b>46</b>   |                                   | K 20      | 45   | 00:00:00    | <b>21,1 KM</b> | +01:16:45 | 7:25         | 8.1 (50.9%) |
| 702 | <b>WOJTKOWIAK Robert</b>        | <b>305</b>  | SZYBKIE ŚLIMAKI                   | M 30      | 156  | 00:00:00    | <b>21,1 KM</b> | +01:16:49 | 7:25         | 8.1 (50.9%) |

| Msc | Zawodnik                                  | Numer       | Klub                     | Kategoria | Mkat | Czas startu | Dystans        | Różn      | Tempo min/km | Tempo km/h  |
|-----|---|-------------|--------------------------|-----------|------|-------------|----------------|-----------|--------------|-------------|
| 703 | <b>SOBOLEWSKI Oskar</b>                   | <b>553</b>  |                          | M 20      | 73   | 00:00:00    | <b>21,1 KM</b> | +01:16:57 | 7:25         | 8.1 (50.9%) |
| 704 | <b>TYCZYŃSKA Joanna</b>                   | <b>772</b>  | MAMY-BIEGAMY             | K 30      | 137  | 00:00:00    | <b>21,1 KM</b> | +01:16:58 | 7:25         | 8.1 (50.9%) |
| 705 | <b>JANECZEK-WRZEŚNIAK Anna</b>            | <b>644</b>  |                          | K 30      | 138  | 00:00:00    | <b>21,1 KM</b> | +01:17:06 | 7:26         | 8.1 (50.9%) |
| 706 | <b>STEKLA Anna</b>                        | <b>804</b>  |                          | K 30      | 139  | 00:00:00    | <b>21,1 KM</b> | +01:17:08 | 7:26         | 8.1 (50.9%) |
| 707 | <b>KALINOWSKA Katarzyna</b>               | <b>461</b>  |                          | K 30      | 140  | 00:00:00    | <b>21,1 KM</b> | +01:17:19 | 7:26         | 8.1 (50.9%) |
| 708 | <b>FUŁCZYŃSKA - OSTAPOWICZ Małgorzata</b> | <b>228</b>  |                          | K 30      | 141  | 00:00:00    | <b>21,1 KM</b> | +01:17:26 | 7:27         | 8.1 (50.9%) |
| 709 | <b>KĘDZIERSKI Mieczysław</b>              | <b>319</b>  |                          | M 60      | 15   | 00:00:00    | <b>21,1 KM</b> | +01:17:29 | 7:27         | 8.1 (50.9%) |
| 710 | <b>WĘGRZYN Damian</b>                     | <b>549</b>  |                          | M 30      | 157  | 00:00:00    | <b>21,1 KM</b> | +01:17:29 | 7:27         | 8.1 (50.9%) |
| 711 | <b>JUSZCZAK Magda</b>                     | <b>50</b>   |                          | K 40      | 101  | 00:00:00    | <b>21,1 KM</b> | +01:17:37 | 7:27         | 8 (50.3%)   |
| 712 | <b>GIERBA Klaudia</b>                     | <b>398</b>  |                          | K 20      | 46   | 00:00:00    | <b>21,1 KM</b> | +01:17:41 | 7:27         | 8 (50.3%)   |
| 713 | <b>WAJDZIAK Marcelina</b>                 | <b>682</b>  |                          | K 20      | 47   | 00:00:00    | <b>21,1 KM</b> | +01:17:41 | 7:27         | 8 (50.3%)   |
| 714 | <b>DABKOWSKA Patrycja</b>                 | <b>449</b>  |                          | K 40      | 102  | 00:00:00    | <b>21,1 KM</b> | +01:17:49 | 7:28         | 8 (50.3%)   |
| 715 | <b>KURASIŃSKA Dorota</b>                  | <b>471</b>  |                          | K 40      | 103  | 00:00:00    | <b>21,1 KM</b> | +01:17:51 | 7:28         | 8 (50.3%)   |
| 716 | <b>OKOŁO-KUŁAK Marzena</b>                | <b>911</b>  |                          | K 30      | 142  | 00:00:00    | <b>21,1 KM</b> | +01:17:54 | 7:28         | 8 (50.3%)   |
| 717 | <b>MACHOWSKI Maciej</b>                   | <b>870</b>  |                          | M 30      | 158  | 00:00:00    | <b>21,1 KM</b> | +01:17:54 | 7:28         | 8 (50.3%)   |
| 718 | <b>NARÓC Daria</b>                        | <b>1104</b> |                          | K 20      | 48   | 00:00:00    | <b>21,1 KM</b> | +01:18:00 | 7:28         | 8 (50.3%)   |
| 719 | <b>CZEKALSKI Marcin</b>                   | <b>407</b>  |                          | M 40      | 117  | 00:00:00    | <b>21,1 KM</b> | +01:18:01 | 7:28         | 8 (50.3%)   |
| 720 | <b>PETERSBURSKI Robert</b>                | <b>978</b>  | K2 PARTNERS / TYMTRITEAM | M 40      | 118  | 00:00:00    | <b>21,1 KM</b> | +01:18:02 | 7:28         | 8 (50.3%)   |
| 721 | <b>ŚWIST Joanna</b>                       | <b>512</b>  |                          | K 30      | 143  | 00:00:00    | <b>21,1 KM</b> | +01:18:06 | 7:28         | 8 (50.3%)   |
| 722 | <b>PAŁAMAR Anna</b>                       | <b>926</b>  |                          | K 20      | 49   | 00:00:00    | <b>21,1 KM</b> | +01:18:11 | 7:29         | 8 (50.3%)   |
| 723 | <b>BRETSZNAJDER Paweł</b>                 | <b>506</b>  |                          | M 30      | 159  | 00:00:00    | <b>21,1 KM</b> | +01:18:11 | 7:29         | 8 (50.3%)   |
| 724 | <b>MURASZESWKA Justyna</b>                | <b>1065</b> |                          | K 40      | 104  | 00:00:00    | <b>21,1 KM</b> | +01:18:14 | 7:29         | 8 (50.3%)   |
| 725 | <b>ZIÓŁKOWSKI Marek</b>                   | <b>1136</b> |                          | M 30      | 160  | 00:00:00    | <b>21,1 KM</b> | +01:18:14 | 7:29         | 8 (50.3%)   |
| 726 | <b>FIEDOROWICZ Damian</b>                 | <b>948</b>  |                          | M 40      | 119  | 00:00:00    | <b>21,1 KM</b> | +01:18:16 | 7:29         | 8 (50.3%)   |

| Msc | Zawodnik                      | Numer       | Klub                           | Kategoria | Mkat | Czas startu | Dystans        | Różn      | Tempo min/km | Tempo km/h  |
|-----|-------------------------------|-------------|--------------------------------|-----------|------|-------------|----------------|-----------|--------------|-------------|
| 727 | <b>POL Krzysztof</b>          | <b>923</b>  |                                | M 40      | 120  | 00:00:00    | <b>21,1 KM</b> | +01:18:18 | 7:29         | 8 (50.3%)   |
| 728 | <b>WYPYCH Sylwia</b>          | <b>997</b>  |                                | K 30      | 144  | 00:00:00    | <b>21,1 KM</b> | +01:18:21 | 7:29         | 8 (50.3%)   |
| 729 | <b>LUDKOWSKA Anna</b>         | <b>743</b>  |                                | K 40      | 105  | 00:00:00    | <b>21,1 KM</b> | +01:18:25 | 7:29         | 8 (50.3%)   |
| 730 | <b>GIERBA Grzegorz</b>        | <b>400</b>  |                                | M 40      | 121  | 00:00:00    | <b>21,1 KM</b> | +01:18:28 | 7:29         | 8 (50.3%)   |
| 731 | <b>PACUDA Arkadiusz</b>       | <b>517</b>  |                                | M 40      | 122  | 00:00:00    | <b>21,1 KM</b> | +01:18:37 | 7:30         | 8 (50.3%)   |
| 732 | <b>ROLNICZAK Joanna</b>       | <b>88</b>   | TRZCIANKA                      | K 30      | 145  | 00:00:00    | <b>21,1 KM</b> | +01:18:44 | 7:30         | 8 (50.3%)   |
| 733 | <b>MIERSKA Matylda</b>        | <b>1259</b> |                                | K 20      | 50   | 00:00:00    | <b>21,1 KM</b> | +01:18:48 | 7:30         | 8 (50.3%)   |
| 734 | <b>SAMBORSKI Artur</b>        | <b>433</b>  | RUN FOR FUN TEAM               | M 20      | 74   | 00:00:00    | <b>21,1 KM</b> | +01:18:51 | 7:31         | 8 (50.3%)   |
| 735 | <b>ZOMERFELD Kacper</b>       | <b>143</b>  | KB KROKUS KWIATKOWICE          | M 20      | 75   | 00:00:00    | <b>21,1 KM</b> | +01:18:53 | 7:31         | 8 (50.3%)   |
| 736 | <b>CHOCHOŁ Daniel</b>         | <b>44</b>   |                                | M 20      | 76   | 00:00:00    | <b>21,1 KM</b> | +01:18:54 | 7:31         | 8 (50.3%)   |
| 737 | <b>KOWALEWSKA Joanna</b>      | <b>160</b>  |                                | K 30      | 146  | 00:00:00    | <b>21,1 KM</b> | +01:19:02 | 7:31         | 8 (50.3%)   |
| 738 | <b>WERNER Oliwia</b>          | <b>685</b>  |                                | K 20      | 51   | 00:00:00    | <b>21,1 KM</b> | +01:19:04 | 7:31         | 8 (50.3%)   |
| 739 | <b>DOMAŃSKA Ania</b>          | <b>901</b>  | MAMY-BIEGAMY                   | K 30      | 147  | 00:00:00    | <b>21,1 KM</b> | +01:19:14 | 7:32         | 8 (50.3%)   |
| 740 | <b>KAŻMIERCZAK Aleksandra</b> | <b>1011</b> |                                | K 40      | 106  | 00:00:00    | <b>21,1 KM</b> | +01:19:14 | 7:32         | 8 (50.3%)   |
| 741 | <b>BOROWIK Agata</b>          | <b>1094</b> | CAŁA OLEŚNICA BIEGA            | K 30      | 148  | 00:00:00    | <b>21,1 KM</b> | +01:19:21 | 7:32         | 8 (50.3%)   |
| 742 | <b>STROJNA Karolina</b>       | <b>1041</b> |                                | K 20      | 52   | 00:00:00    | <b>21,1 KM</b> | +01:19:37 | 7:33         | 7.9 (49.7%) |
| 743 | <b>MOLIŃSKA Arleta</b>        | <b>26</b>   |                                | K 40      | 107  | 00:00:00    | <b>21,1 KM</b> | +01:19:38 | 7:33         | 7.9 (49.7%) |
| 744 | <b>MISIEK Paulina</b>         | <b>137</b>  | CIASTKI.PZ                     | K 30      | 149  | 00:00:00    | <b>21,1 KM</b> | +01:19:43 | 7:33         | 7.9 (49.7%) |
| 745 | <b>WOJTKOWIAK Grażyna</b>     | <b>304</b>  | SZYBKIE ŚLIMAKI / BABCIA BIEGA | K 50      | 23   | 00:00:00    | <b>21,1 KM</b> | +01:19:44 | 7:33         | 7.9 (49.7%) |
| 746 | <b>GINIEWSKI Piotr</b>        | <b>329</b>  |                                | M 40      | 123  | 00:00:00    | <b>21,1 KM</b> | +01:19:45 | 7:33         | 7.9 (49.7%) |
| 747 | <b>TOMASZEWICZ Bogdan</b>     | <b>1005</b> |                                | M 50      | 39   | 00:00:00    | <b>21,1 KM</b> | +01:19:46 | 7:33         | 7.9 (49.7%) |
| 748 | <b>KUKUŁOWICZ Anna</b>        | <b>252</b>  |                                | K 40      | 108  | 00:00:00    | <b>21,1 KM</b> | +01:19:47 | 7:33         | 7.9 (49.7%) |
| 749 | <b>MALINOWSKI Sebastian</b>   | <b>404</b>  |                                | M 40      | 124  | 00:00:00    | <b>21,1 KM</b> | +01:19:49 | 7:33         | 7.9 (49.7%) |
| 750 | <b>FIEDOROWICZ Julia</b>      | <b>949</b>  |                                | K 20      | 53   | 00:00:00    | <b>21,1 KM</b> | +01:20:11 | 7:34         | 7.9 (49.7%) |



| Msc | Zawodnik                                    | Numer      | Klub                       | Kategoria | Mkat | Czas startu | Dystans        | Różn           | Tempo min/km | Tempo km/h |
|-----|---|------------|----------------------------|-----------|------|-------------|----------------|----------------|--------------|------------|
| 751 | <b>RACILEWICZ Iwona</b>                     | <b>175</b> |                            | K 40      | 109  | 00:00:00    | <b>21,1 KM</b> | +01:20:13 7:34 | 7.9 (49.7%)  |            |
| 752 | <b>DAKOWICZ Maciej</b>                      | <b>697</b> |                            | M 30      | 161  | 00:00:00    | <b>21,1 KM</b> | +01:20:16 7:35 | 7.9 (49.7%)  |            |
| 753 | <b>RÓŻAŃSKA Justyna</b>                     | <b>332</b> | ZAZBIEGANI                 | K 30      | 150  | 00:00:00    | <b>21,1 KM</b> | +01:20:23 7:35 | 7.9 (49.7%)  |            |
| 754 | <b>KRASOWSKI Tomasz</b>                     | <b>82</b>  |                            | M 40      | 125  | 00:00:00    | <b>21,1 KM</b> | +01:20:24 7:35 | 7.9 (49.7%)  |            |
| 755 | <b>KUCZKOWSKA Katarzyna</b>                 | <b>59</b>  |                            | K 30      | 151  | 00:00:00    | <b>21,1 KM</b> | +01:20:27 7:35 | 7.9 (49.7%)  |            |
| 756 | <b>ZIELIŃSKI Filip</b>                      | <b>374</b> |                            | M 20      | 77   | 00:00:00    | <b>21,1 KM</b> | +01:20:28 7:35 | 7.9 (49.7%)  |            |
| 757 | <b>KAWULAK Kazimierz</b>                    | <b>448</b> | KB MCKIS JAWORZNO          | M 50      | 40   | 00:00:00    | <b>21,1 KM</b> | +01:20:29 7:36 | 7.9 (49.7%)  |            |
| 758 | <b>KACZMARZYK Beata</b>                     | <b>337</b> |                            | K 50      | 24   | 00:00:00    | <b>21,1 KM</b> | +01:20:30 7:35 | 7.9 (49.7%)  |            |
| 759 | <b>SZCZERBIŃSKA Barbara</b>                 | <b>349</b> |                            | K 60      | 1    | 00:00:00    | <b>21,1 KM</b> | +01:20:31 7:35 | 7.9 (49.7%)  |            |
| 760 | <b>MELSKA Karolina</b>                      | <b>529</b> |                            | K 30      | 152  | 00:00:00    | <b>21,1 KM</b> | +01:20:31 7:35 | 7.9 (49.7%)  |            |
| 761 | <b>BIAŁOŻYŃSKA Agnieszka</b>                | <b>312</b> | MORSY SIADŁO               | K 30      | 153  | 00:00:00    | <b>21,1 KM</b> | +01:20:31 7:35 | 7.9 (49.7%)  |            |
| 762 | <b>GRUŻEWSKI Wacław</b>                     | <b>150</b> | STARGARD JA SIĘ NIE ŚCIGAM | M 60      | 16   | 00:00:00    | <b>21,1 KM</b> | +01:20:32 7:35 | 7.9 (49.7%)  |            |
| 763 | <b>GABRYELSKA Elżbieta</b>                  | <b>525</b> |                            | K 30      | 154  | 00:00:00    | <b>21,1 KM</b> | +01:20:35 7:35 | 7.9 (49.7%)  |            |
| 764 | <b>CHOLEWA Łukasz</b>                       | <b>139</b> |                            | M 40      | 126  | 00:00:00    | <b>21,1 KM</b> | +01:20:48 7:40 | 7.8 (49.1%)  |            |
| 765 | <b>SKOCZYLAS Anita</b>                      | <b>416</b> | MUAY RUNNING TEAM          | K 40      | 110  | 00:00:00    | <b>21,1 KM</b> | +01:20:56 7:37 | 7.9 (49.7%)  |            |
| 766 | <b>CHOSZCZ Piotr</b>                        | <b>871</b> |                            | M 50      | 41   | 00:00:00    | <b>21,1 KM</b> | +01:21:01 7:37 | 7.9 (49.7%)  |            |
| 767 | <b>CYANKIEWICZ Agnieszka</b>                | <b>169</b> | KIJANKI                    | K 40      | 111  | 00:00:00    | <b>21,1 KM</b> | +01:21:04 7:37 | 7.9 (49.7%)  |            |
| 768 | <b>DRZEWIŃSKA Katarzyna</b>                 | <b>732</b> |                            | K 30      | 155  | 00:00:00    | <b>21,1 KM</b> | +01:21:32 7:38 | 7.8 (49.1%)  |            |
| 769 | <b>RYBICKI Zbigniew</b>                     | <b>840</b> |                            | M 60      | 17   | 00:00:00    | <b>21,1 KM</b> | +01:21:34 7:38 | 7.8 (49.1%)  |            |
| 770 | <b>WIERZBICKI Adrian</b>                    | <b>601</b> |                            | M 30      | 162  | 00:00:00    | <b>21,1 KM</b> | +01:21:35 7:47 | 7.7 (48.4%)  |            |
| 771 | <b>SKOWROŃ-GINIEWSKA Katarzyna</b>          | <b>328</b> |                            | K 40      | 112  | 00:00:00    | <b>21,1 KM</b> | +01:21:40 7:39 | 7.8 (49.1%)  |            |
| 772 | <b>MARENDZIAK Wimar Production Jarosław</b> | <b>795</b> |                            | M 40      | 127  | 00:00:00    | <b>21,1 KM</b> | +01:21:41 7:39 | 7.8 (49.1%)  |            |

| Msc | Zawodnik                      | Numer       | Klub                    | Kategoria | Mkat | Czas startu | Dystans        | Różn      | Tempo min/km | Tempo km/h  |
|-----|-------------------------------|-------------|-------------------------|-----------|------|-------------|----------------|-----------|--------------|-------------|
| 773 | <b>BOUTIN Peter</b>           | <b>878</b>  |                         | M 50      | 42   | 00:00:00    | <b>21,1 KM</b> | +01:22:00 | 7:39         | 7.8 (49.1%) |
| 774 | <b>PRUSIŃSKI Arkadiusz</b>    | <b>494</b>  |                         | M 30      | 163  | 00:00:00    | <b>21,1 KM</b> | +01:22:03 | 7:40         | 7.8 (49.1%) |
| 775 | <b>NONAS Michał</b>           | <b>165</b>  |                         | M 40      | 128  | 00:00:00    | <b>21,1 KM</b> | +01:22:11 | 7:40         | 7.8 (49.1%) |
| 776 | <b>MALINOWSKA Katarzyna</b>   | <b>388</b>  |                         | K 40      | 113  | 00:00:00    | <b>21,1 KM</b> | +01:22:19 | 7:40         | 7.8 (49.1%) |
| 777 | <b>SZYMUSIK Maja</b>          | <b>348</b>  |                         | K 40      | 114  | 00:00:00    | <b>21,1 KM</b> | +01:22:24 | 7:41         | 7.8 (49.1%) |
| 778 | <b>STOLARZ Nina</b>           | <b>1063</b> |                         | K 40      | 115  | 00:00:00    | <b>21,1 KM</b> | +01:22:29 | 7:41         | 7.8 (49.1%) |
| 779 | <b>BOHM Radoslaw</b>          | <b>985</b>  |                         | M 40      | 129  | 00:00:00    | <b>21,1 KM</b> | +01:22:34 | 7:41         | 7.8 (49.1%) |
| 780 | <b>PROSTECKA-SIWY Izabela</b> | <b>52</b>   |                         | K 40      | 116  | 00:00:00    | <b>21,1 KM</b> | +01:22:36 | 7:41         | 7.8 (49.1%) |
| 781 | <b>BUCHERT Monika</b>         | <b>1091</b> |                         | K 40      | 117  | 00:00:00    | <b>21,1 KM</b> | +01:22:36 | 7:41         | 7.8 (49.1%) |
| 782 | <b>KARPIAK Daniel</b>         | <b>1068</b> | ZG RUN                  | M 40      | 130  | 00:00:00    | <b>21,1 KM</b> | +01:22:57 | 7:42         | 7.8 (49.1%) |
| 783 | <b>KIELANOWSKI Michał</b>     | <b>1077</b> |                         | M 40      | 131  | 00:00:00    | <b>21,1 KM</b> | +01:22:59 | 7:42         | 7.8 (49.1%) |
| 784 | <b>PIERZAKOWSKA Agnieszka</b> | <b>596</b>  | SZALONE MAMUŚKI         | K 30      | 156  | 00:00:00    | <b>21,1 KM</b> | +01:23:00 | 7:42         | 7.8 (49.1%) |
| 785 | <b>MASTERNAK Oskar</b>        | <b>424</b>  |                         | M 30      | 164  | 00:00:00    | <b>21,1 KM</b> | +01:23:10 | 7:43         | 7.8 (49.1%) |
| 786 | <b>SIWY Robert</b>            | <b>55</b>   |                         | M 40      | 132  | 00:00:00    | <b>21,1 KM</b> | +01:23:16 | 7:43         | 7.8 (49.1%) |
| 787 | <b>GRABARA Adam</b>           | <b>632</b>  |                         | M 40      | 133  | 00:00:00    | <b>21,1 KM</b> | +01:23:23 | 7:43         | 7.8 (49.1%) |
| 788 | <b>KASOWSKI Bogusz</b>        | <b>822</b>  |                         | M 30      | 165  | 00:00:00    | <b>21,1 KM</b> | +01:23:25 | 7:44         | 7.8 (49.1%) |
| 789 | <b>MAREK Ewa</b>              | <b>1089</b> |                         | K 30      | 157  | 00:00:00    | <b>21,1 KM</b> | +01:23:26 | 7:44         | 7.8 (49.1%) |
| 790 | <b>STASZCZYK Kinga</b>        | <b>303</b>  |                         | K 30      | 158  | 00:00:00    | <b>21,1 KM</b> | +01:23:41 | 7:44         | 7.7 (48.4%) |
| 791 | <b>ŻURAWSKI Jakub</b>         | <b>703</b>  |                         | M 40      | 134  | 00:00:00    | <b>21,1 KM</b> | +01:23:49 | 7:45         | 7.7 (48.4%) |
| 792 | <b>WOJTOWICZ Krzysztof</b>    | <b>1129</b> | DELOITTE ADVENTURE TEAM | M 40      | 135  | 00:00:00    | <b>21,1 KM</b> | +01:24:01 | 7:45         | 7.7 (48.4%) |
| 793 | <b>GRZYWACZ Gabriela</b>      | <b>25</b>   |                         | K 20      | 54   | 00:00:00    | <b>21,1 KM</b> | +01:24:10 | 7:46         | 7.7 (48.4%) |
| 794 | <b>WOŹNIAK Alina</b>          | <b>191</b>  |                         | K 50      | 25   | 00:00:00    | <b>21,1 KM</b> | +01:24:17 | 7:46         | 7.7 (48.4%) |
| 795 | <b>STÜDEMANN Krystyna</b>     | <b>992</b>  |                         | K 30      | 159  | 00:00:00    | <b>21,1 KM</b> | +01:24:20 | 7:46         | 7.7 (48.4%) |
| 796 | <b>DOBRUDZKA Weronika</b>     | <b>690</b>  | 12BZ                    | K 20      | 55   | 00:00:00    | <b>21,1 KM</b> | +01:24:21 | 7:46         | 7.7 (48.4%) |

| Msc | Zawodnik                     | Numer       | Klub                          | Kategoria | Mkat | Czas startu | Dystans        | Różn      | Tempo min/km | Tempo km/h  |
|-----|------------------------------|-------------|-------------------------------|-----------|------|-------------|----------------|-----------|--------------|-------------|
| 797 | <b>WŁOSIŃSKA Beata</b>       | <b>153</b>  | ROZBIEGANE MYŚŁOWICE          | K 40      | 118  | 00:00:00    | <b>21,1 KM</b> | +01:24:39 | 7:47         | 7.7 (48.4%) |
| 798 | <b>KOŚCIUSZKIEWICZ Jakub</b> | <b>545</b>  |                               | M 30      | 166  | 00:00:00    | <b>21,1 KM</b> | +01:24:43 | 7:47         | 7.7 (48.4%) |
| 799 | <b>ŚWIĄTEK Joanna</b>        | <b>216</b>  | SKS                           | K 30      | 160  | 00:00:00    | <b>21,1 KM</b> | +01:24:55 | 7:48         | 7.7 (48.4%) |
| 800 | <b>KORACH Barbara</b>        | <b>67</b>   | KOBIETY NA MEDAL              | K 20      | 56   | 00:00:00    | <b>21,1 KM</b> | +01:25:03 | 7:57         | 7.5 (47.2%) |
| 801 | <b>BAIARDA Marta</b>         | <b>733</b>  |                               | K 40      | 119  | 00:00:00    | <b>21,1 KM</b> | +01:25:14 | 7:49         | 7.7 (48.4%) |
| 802 | <b>MIKIERYSZ Monika</b>      | <b>678</b>  |                               | K 50      | 26   | 00:00:00    | <b>21,1 KM</b> | +01:25:23 | 7:49         | 7.7 (48.4%) |
| 803 | <b>ADAMCZYK Kamila</b>       | <b>1147</b> |                               | K 30      | 161  | 00:00:00    | <b>21,1 KM</b> | +01:25:30 | 7:49         | 7.7 (48.4%) |
| 804 | <b>BINEROWSKA Edyta</b>      | <b>933</b>  |                               | K 30      | 162  | 00:00:00    | <b>21,1 KM</b> | +01:25:38 | 7:50         | 7.7 (48.4%) |
| 805 | <b>WILK Monika</b>           | <b>884</b>  |                               | K 30      | 163  | 00:00:00    | <b>21,1 KM</b> | +01:25:42 | 7:50         | 7.7 (48.4%) |
| 806 | <b>KURATOWSKA Małgorzata</b> | <b>883</b>  | MISS                          | K 20      | 57   | 00:00:00    | <b>21,1 KM</b> | +01:25:42 | 7:50         | 7.7 (48.4%) |
| 807 | <b>ORZECHOWSKA Anna</b>      | <b>14</b>   | 12BZ                          | K 30      | 164  | 00:00:00    | <b>21,1 KM</b> | +01:25:43 | 7:50         | 7.7 (48.4%) |
| 808 | <b>WALEWSKA Alicja</b>       | <b>594</b>  | BIEGACZE JUNIORA RUNNERS TEAM | K 30      | 165  | 00:00:00    | <b>21,1 KM</b> | +01:25:44 | 7:50         | 7.6 (47.8%) |
| 809 | <b>CWAJDA Karolina</b>       | <b>798</b>  |                               | K 30      | 166  | 00:00:00    | <b>21,1 KM</b> | +01:25:52 | 7:50         | 7.6 (47.8%) |
| 810 | <b>KURZYŃSKI Ryszard</b>     | <b>207</b>  |                               | M 40      | 136  | 00:00:00    | <b>21,1 KM</b> | +01:25:53 | 7:51         | 7.6 (47.8%) |
| 811 | <b>BORTNOWSKI Michał</b>     | <b>1085</b> |                               | M 30      | 167  | 00:00:00    | <b>21,1 KM</b> | +01:25:58 | 7:51         | 7.6 (47.8%) |
| 812 | <b>BARTCZAK Iga</b>          | <b>860</b>  |                               | K 30      | 167  | 00:00:00    | <b>21,1 KM</b> | +01:26:14 | 7:52         | 7.6 (47.8%) |
| 813 | <b>ANTOŃCZAK Łukasz</b>      | <b>19</b>   | BORSUKI                       | M 30      | 168  | 00:00:00    | <b>21,1 KM</b> | +01:26:21 | 7:52         | 7.6 (47.8%) |
| 814 | <b>UMIŃSKA Marzena</b>       | <b>519</b>  |                               | K 30      | 168  | 00:00:00    | <b>21,1 KM</b> | +01:26:22 | 7:52         | 7.6 (47.8%) |
| 815 | <b>JAKUBIAK Mariusz</b>      | <b>952</b>  |                               | M 40      | 137  | 00:00:00    | <b>21,1 KM</b> | +01:26:28 | 7:52         | 7.6 (47.8%) |
| 816 | <b>ROJEWSKA Agnieszka</b>    | <b>237</b>  | AKTYWNIE W PNIEWACH           | K 30      | 169  | 00:00:00    | <b>21,1 KM</b> | +01:26:34 | 7:52         | 7.6 (47.8%) |
| 817 | <b>SZUSTAK Krzysztof</b>     | <b>321</b>  |                               | M 40      | 138  | 00:00:00    | <b>21,1 KM</b> | +01:26:34 | 7:52         | 7.6 (47.8%) |
| 818 | <b>BRETSZNAJDER Alicja</b>   | <b>476</b>  |                               | K 30      | 170  | 00:00:00    | <b>21,1 KM</b> | +01:26:36 | 7:53         | 7.6 (47.8%) |
| 819 | <b>SARNOWSKI Dariusz</b>     | <b>231</b>  |                               | M 20      | 78   | 00:00:00    | <b>21,1 KM</b> | +01:26:40 | 7:53         | 7.6 (47.8%) |
| 820 | <b>SZADKOWSKA Dorota</b>     | <b>359</b>  |                               | K 30      | 171  | 00:00:00    | <b>21,1 KM</b> | +01:26:43 | 7:53         | 7.6 (47.8%) |

| Msc | Zawodnik                                | Numer       | Klub                               | Kategoria | Mkat | Czas startu | Dystans        | Różn      | Tempo min/km | Tempo km/h  |
|-----|---|-------------|------------------------------------|-----------|------|-------------|----------------|-----------|--------------|-------------|
| 821 | <b>MOMOT Sylwia</b>                     | <b>221</b>  |                                    | K 40      | 120  | 00:00:00    | <b>21,1 KM</b> | +01:27:07 | 7:54         | 7.6 (47.8%) |
| 822 | <b>PANKOWSKI Jerzy</b>                  | <b>784</b>  |                                    | M 30      | 169  | 00:00:00    | <b>21,1 KM</b> | +01:27:12 | 7:54         | 7.6 (47.8%) |
| 823 | <b>NIEMIEC Joanna</b>                   | <b>968</b>  |                                    | K 30      | 172  | 00:00:00    | <b>21,1 KM</b> | +01:27:38 | 7:56         | 7.6 (47.8%) |
| 824 | <b>GLIWIŃSKA Magdalena</b>              | <b>251</b>  |                                    | K 30      | 173  | 00:00:00    | <b>21,1 KM</b> | +01:27:49 | 7:56         | 7.6 (47.8%) |
| 825 | <b>PIKULSKA Mariola</b>                 | <b>235</b>  |                                    | K 40      | 121  | 00:00:00    | <b>21,1 KM</b> | +01:27:51 | 8:01         | 7.5 (47.2%) |
| 826 | <b>BURZYŃSKA Paulina</b>                | <b>1047</b> |                                    | K 20      | 58   | 00:00:00    | <b>21,1 KM</b> | +01:27:56 | 7:56         | 7.5 (47.2%) |
| 827 | <b>PIECHOWICZ Aneta</b>                 | <b>1054</b> |                                    | K 40      | 122  | 00:00:00    | <b>21,1 KM</b> | +01:28:11 | 7:57         | 7.5 (47.2%) |
| 828 | <b>GŁADZIK Anna</b>                     | <b>389</b>  | KOMPAS TEAM                        | K 30      | 174  | 00:00:00    | <b>21,1 KM</b> | +01:28:14 | 7:57         | 7.5 (47.2%) |
| 829 | <b>FUŁCZYŃSKI - OSTAPOWICZ Wojciech</b> | <b>229</b>  |                                    | M 30      | 170  | 00:00:00    | <b>21,1 KM</b> | +01:28:36 | 7:58         | 7.5 (47.2%) |
| 830 | <b>CYWIŃSKA Ewa</b>                     | <b>72</b>   |                                    | K 40      | 123  | 00:00:00    | <b>21,1 KM</b> | +01:28:37 | 7:58         | 7.5 (47.2%) |
| 831 | <b>GŁÓWCZYŃSKA Grażyna</b>              | <b>897</b>  |                                    | K 40      | 124  | 00:00:00    | <b>21,1 KM</b> | +01:28:45 | 7:59         | 7.5 (47.2%) |
| 832 | <b>MAK Edyta</b>                        | <b>562</b>  | NAVIGO POZNAN                      | K 40      | 125  | 00:00:00    | <b>21,1 KM</b> | +01:28:53 | 7:59         | 7.5 (47.2%) |
| 833 | <b>GIEDA Elżbieta</b>                   | <b>32</b>   | MUKS SZOK BOJANOWO                 | K 30      | 175  | 00:00:00    | <b>21,1 KM</b> | +01:29:07 | 8:00         | 7.5 (47.2%) |
| 834 | <b>WOLNICKI Tomasz</b>                  | <b>947</b>  |                                    | M 30      | 171  | 00:00:00    | <b>21,1 KM</b> | +01:29:14 | 8:00         | 7.5 (47.2%) |
| 835 | <b>WALENT Marta</b>                     | <b>736</b>  | WIECZORNE BIEGANIE W SZCZECINIE    | K 30      | 176  | 00:00:00    | <b>21,1 KM</b> | +01:29:22 | 8:00         | 7.5 (47.2%) |
| 836 | <b>MAKSIMOWICZ Paweł</b>                | <b>208</b>  |                                    | M 30      | 172  | 00:00:00    | <b>21,1 KM</b> | +01:29:26 | 8:01         | 7.5 (47.2%) |
| 837 | <b>KUGIEL Grzegorz</b>                  | <b>320</b>  | DRUŻYNAMOJACUKRZYCA.PL&BATORY LOTO | M 30      | 173  | 00:00:00    | <b>21,1 KM</b> | +01:29:30 | 8:01         | 7.5 (47.2%) |
| 838 | <b>GRZEGORCZYK Michał</b>               | <b>809</b>  |                                    | M 30      | 174  | 00:00:00    | <b>21,1 KM</b> | +01:29:31 | 8:01         | 7.5 (47.2%) |
| 839 | <b>KORTUS-WOJCIECHOWSKA Katarzyna</b>   | <b>474</b>  |                                    | K 40      | 126  | 00:00:00    | <b>21,1 KM</b> | +01:29:34 | 8:01         | 7.5 (47.2%) |
| 840 | <b>DZIAŁOWSKI Dariusz</b>               | <b>31</b>   |                                    | M 40      | 139  | 00:00:00    | <b>21,1 KM</b> | +01:30:08 | 8:03         | 7.5 (47.2%) |
| 841 | <b>MARIAŃSKA Anna</b>                   | <b>127</b>  |                                    | K 40      | 127  | 00:00:00    | <b>21,1 KM</b> | +01:30:23 | 8:03         | 7.4 (46.5%) |
| 842 | <b>GRYCKOWSKI Piotr</b>                 | <b>695</b>  |                                    | M 30      | 175  | 00:00:00    | <b>21,1 KM</b> | +01:30:54 | 8:05         | 7.4 (46.5%) |
| 843 | <b>URBAN Henryk</b>                     | <b>159</b>  | ROCK&)RUNNER                       | M 60      | 18   | 00:00:00    | <b>21,1 KM</b> | +01:31:04 | 8:05         | 7.4 (46.5%) |

| Msc | Zawodnik                          | Numer       | Klub                          | Kategoria | Mkat | Czas startu | Dystans        | Różn      | Tempo min/km | Tempo km/h  |
|-----|-----------------------------------|-------------|-------------------------------|-----------|------|-------------|----------------|-----------|--------------|-------------|
| 844 | <b>POSIECZEK Mariusz</b>          | <b>535</b>  | GMINA GOLENIÓW                | M 50      | 43   | 00:00:00    | <b>21,1 KM</b> | +01:31:05 | 8:05         | 7.4 (46.5%) |
| 845 | <b>STRĄK Ewa</b>                  | <b>876</b>  |                               | K 20      | 59   | 00:00:00    | <b>21,1 KM</b> | +01:31:10 | 8:06         | 7.4 (46.5%) |
| 846 | <b>WIŚNIEWSKA Hanna</b>           | <b>40</b>   |                               | K 30      | 177  | 00:00:00    | <b>21,1 KM</b> | +01:31:22 | 8:06         | 7.4 (46.5%) |
| 847 | <b>HAJNRYCH Katarzyna</b>         | <b>1037</b> |                               | K 40      | 128  | 00:00:00    | <b>21,1 KM</b> | +01:31:24 | 8:06         | 7.4 (46.5%) |
| 848 | <b>KUŁAKOWSKI Robert</b>          | <b>10</b>   | KIBICE POMORKA TEAM #BIEGACZE | M 40      | 140  | 00:00:00    | <b>21,1 KM</b> | +01:31:31 | 8:07         | 7.4 (46.5%) |
| 849 | <b>GRZESZKOWIAK Magdalena</b>     | <b>523</b>  | LIGOWIEC.NET                  | K 30      | 178  | 00:00:00    | <b>21,1 KM</b> | +01:31:41 | 8:07         | 7.4 (46.5%) |
| 850 | <b>GIERKA Aleksandra</b>          | <b>834</b>  |                               | K 20      | 60   | 00:00:00    | <b>21,1 KM</b> | +01:31:49 | 8:07         | 7.4 (46.5%) |
| 851 | <b>WOJTAT Halina</b>              | <b>728</b>  |                               | K 50      | 27   | 00:00:00    | <b>21,1 KM</b> | +01:31:55 | 8:08         | 7.4 (46.5%) |
| 852 | <b>KANABAJ Dorota</b>             | <b>380</b>  |                               | K 30      | 179  | 00:00:00    | <b>21,1 KM</b> | +01:32:00 | 8:08         | 7.4 (46.5%) |
| 853 | <b>KAZUBEK Maciej</b>             | <b>227</b>  |                               | M 40      | 141  | 00:00:00    | <b>21,1 KM</b> | +01:32:23 | 8:09         | 7.4 (46.5%) |
| 854 | <b>WIECZOREK Piotr</b>            | <b>709</b>  |                               | M 40      | 142  | 00:00:00    | <b>21,1 KM</b> | +01:32:28 | 8:09         | 7.4 (46.5%) |
| 855 | <b>HANKE Ilona</b>                | <b>577</b>  |                               | K 40      | 129  | 00:00:00    | <b>21,1 KM</b> | +01:32:29 | 8:09         | 7.3 (45.9%) |
| 856 | <b>MROCZKA Anna</b>               | <b>826</b>  |                               | K 40      | 130  | 00:00:00    | <b>21,1 KM</b> | +01:32:33 | 8:09         | 7.3 (45.9%) |
| 857 | <b>RATUSZYNSKI Artur</b>          | <b>113</b>  |                               | M 40      | 143  | 00:00:00    | <b>21,1 KM</b> | +01:32:53 | 8:10         | 7.3 (45.9%) |
| 858 | <b>CHADASIEWICZ Antonina</b>      | <b>735</b>  |                               | K 20      | 61   | 00:00:00    | <b>21,1 KM</b> | +01:33:05 | 8:11         | 7.3 (45.9%) |
| 859 | <b>KOŚCIAŃSKA-SNACKA Marietta</b> | <b>401</b>  |                               | K 40      | 131  | 00:00:00    | <b>21,1 KM</b> | +01:33:16 | 8:12         | 7.3 (45.9%) |
| 860 | <b>KUSZYK Małgorzata</b>          | <b>144</b>  |                               | K 40      | 132  | 00:00:00    | <b>21,1 KM</b> | +01:33:39 | 8:13         | 7.3 (45.9%) |
| 861 | <b>ZWYRBLIS-KŁAPOUCH Wioletta</b> | <b>170</b>  |                               | K 40      | 133  | 00:00:00    | <b>21,1 KM</b> | +01:34:01 | 8:14         | 7.3 (45.9%) |
| 862 | <b>SIKORA Magda</b>               | <b>411</b>  |                               | K 30      | 180  | 00:00:00    | <b>21,1 KM</b> | +01:34:23 | 8:15         | 7.3 (45.9%) |
| 863 | <b>GRODOŃ Piotr</b>               | <b>394</b>  | CARBON SILESIA SPORT          | M 30      | 176  | 00:00:00    | <b>21,1 KM</b> | +01:34:41 | 8:16         | 7.3 (45.9%) |
| 864 | <b>KUSIEWICZ Agnieszka</b>        | <b>1052</b> |                               | K 40      | 134  | 00:00:00    | <b>21,1 KM</b> | +01:34:47 | 8:16         | 7.3 (45.9%) |
| 865 | <b>NOWICKA Agnieszka</b>          | <b>162</b>  |                               | K 30      | 181  | 00:00:00    | <b>21,1 KM</b> | +01:35:19 | 8:17         | 7.2 (45.3%) |
| 866 | <b>SZEPKE Robert</b>              | <b>151</b>  | SOBOTNI BIEGACZE ŚWINOUJŚCIE  | M 40      | 144  | 00:00:00    | <b>21,1 KM</b> | +01:35:21 | 8:17         | 7.2 (45.3%) |
| 867 | <b>MADEJAK Anna</b>               | <b>217</b>  |                               | K 20      | 62   | 00:00:00    | <b>21,1 KM</b> | +01:35:42 | 8:18         | 7.2 (45.3%) |

| Msc | Zawodnik                       | Numer       | Klub                           | Kategoria | Mkat | Czas startu | Dystans        | Różn      | Tempo min/km | Tempo km/h  |
|-----|--------------------------------|-------------|--------------------------------|-----------|------|-------------|----------------|-----------|--------------|-------------|
| 868 | <b>POLAKOWICZ Aleksandra</b>   | <b>785</b>  |                                | K 40      | 135  | 00:00:00    | <b>21,1 KM</b> | +01:35:44 | 8:19         | 7.2 (45.3%) |
| 869 | <b>KRAWCZYK Roman</b>          | <b>937</b>  | R-O KRA                        | M 50      | 44   | 00:00:00    | <b>21,1 KM</b> | +01:35:46 | 8:19         | 7.2 (45.3%) |
| 870 | <b>ŻELAZKO Paulina</b>         | <b>418</b>  |                                | K 20      | 63   | 00:00:00    | <b>21,1 KM</b> | +01:36:12 | 8:20         | 7.2 (45.3%) |
| 871 | <b>BIEŃKOWSKI Mariusz</b>      | <b>666</b>  |                                | M 40      | 145  | 00:00:00    | <b>21,1 KM</b> | +01:36:17 | 8:30         | 7 (44.0%)   |
| 872 | <b>HADZIK Tomasz</b>           | <b>604</b>  | DZIKI LIGOTA                   | M 20      | 79   | 00:00:00    | <b>21,1 KM</b> | +01:36:50 | 8:22         | 7.2 (45.3%) |
| 873 | <b>MAZUR Sylwia</b>            | <b>762</b>  | SKRZYDLACI DZIECIOM            | K 40      | 136  | 00:00:00    | <b>21,1 KM</b> | +01:37:01 | 8:22         | 7.2 (45.3%) |
| 874 | <b>KUSTOWSKA Joanna</b>        | <b>725</b>  |                                | K 30      | 182  | 00:00:00    | <b>21,1 KM</b> | +01:37:02 | 8:22         | 7.2 (45.3%) |
| 875 | <b>SADOWSKA Kamila</b>         | <b>984</b>  |                                | K 20      | 64   | 00:00:00    | <b>21,1 KM</b> | +01:37:15 | 8:23         | 7.2 (45.3%) |
| 876 | <b>JANKOWSKI Remigiusz</b>     | <b>140</b>  |                                | M 30      | 177  | 00:00:00    | <b>21,1 KM</b> | +01:37:27 | 8:23         | 7.1 (44.7%) |
| 877 | <b>SIWICKA Aleksandra</b>      | <b>115</b>  |                                | K 30      | 183  | 00:00:00    | <b>21,1 KM</b> | +01:37:29 | 8:24         | 7.1 (44.7%) |
| 878 | <b>RESZKIS Monika</b>          | <b>676</b>  |                                | K 40      | 137  | 00:00:00    | <b>21,1 KM</b> | +01:37:51 | 8:25         | 7.1 (44.7%) |
| 879 | <b>WALATEK Piotr</b>           | <b>1034</b> |                                | M 50      | 45   | 00:00:00    | <b>21,1 KM</b> | +01:37:51 | 8:25         | 7.1 (44.7%) |
| 880 | <b>BORKOWSKI Leszek</b>        | <b>445</b>  | NOWI SIEDLCE - NW WSCHÓD       | M 50      | 46   | 00:00:00    | <b>21,1 KM</b> | +01:37:57 | 8:25         | 7.1 (44.7%) |
| 881 | <b>POLUS Magdalena</b>         | <b>530</b>  | ZMĘCZENI NA STARCIE DOBIEGNIĘW | K 30      | 184  | 00:00:00    | <b>21,1 KM</b> | +01:37:59 | 8:25         | 7.1 (44.7%) |
| 882 | <b>BIEGANSKI Tomasz</b>        | <b>891</b>  |                                | M 30      | 178  | 00:00:00    | <b>21,1 KM</b> | +01:38:03 | 8:25         | 7.1 (44.7%) |
| 883 | <b>GIBAS-JASTRZĘBSKA Iwona</b> | <b>721</b>  |                                | K 40      | 138  | 00:00:00    | <b>21,1 KM</b> | +01:38:37 | 8:27         | 7.1 (44.7%) |
| 884 | <b>PAKUŁA Aleksandra</b>       | <b>554</b>  |                                | K 20      | 65   | 00:00:00    | <b>21,1 KM</b> | +01:38:40 | 8:27         | 7.1 (44.7%) |
| 885 | <b>WAŁĘZA Marcel</b>           | <b>131</b>  |                                | M 30      | 179  | 00:00:00    | <b>21,1 KM</b> | +01:38:46 | 8:27         | 7.1 (44.7%) |
| 886 | <b>WRUCIŃSKI Adam</b>          | <b>168</b>  | WATAHA TEAM                    | M 50      | 47   | 00:00:00    | <b>21,1 KM</b> | +01:38:46 | 8:27         | 7.1 (44.7%) |
| 887 | <b>ADAMSKI Adam</b>            | <b>776</b>  |                                | M 40      | 146  | 00:00:00    | <b>21,1 KM</b> | +01:38:49 | 8:27         | 7.1 (44.7%) |
| 888 | <b>WITCZAK Dorota</b>          | <b>322</b>  | RUNNER'S POWER                 | K 50      | 28   | 00:00:00    | <b>21,1 KM</b> | +01:38:55 | 8:28         | 7.1 (44.7%) |
| 889 | <b>PAWŁOWICZ Kamila</b>        | <b>426</b>  |                                | K 40      | 139  | 00:00:00    | <b>21,1 KM</b> | +01:38:56 | 8:28         | 7.1 (44.7%) |
| 890 | <b>KAMIŃSKA Maja</b>           | <b>456</b>  |                                | K 30      | 185  | 00:00:00    | <b>21,1 KM</b> | +01:39:02 | 8:28         | 7.1 (44.7%) |
| 891 | <b>MIZERSKA Jagoda</b>         | <b>480</b>  |                                | K 30      | 186  | 00:00:00    | <b>21,1 KM</b> | +01:39:55 | 8:30         | 7 (44.0%)   |

| Msc | Zawodnik                            | Numer       | Klub                  | Kategoria | Mkat | Czas startu | Dystans        | Różn      | Tempo min/km | Tempo km/h  |
|-----|-------------------------------------|-------------|-----------------------|-----------|------|-------------|----------------|-----------|--------------|-------------|
| 892 | <b>PIERUN Beata</b>                 | <b>436</b>  |                       | K 30      | 187  | 00:00:00    | <b>21,1 KM</b> | +01:40:09 | 8:31         | 7 (44.0%)   |
| 893 | <b>TOMOLIK Magdalena</b>            | <b>267</b>  |                       | K 40      | 140  | 00:00:00    | <b>21,1 KM</b> | +01:40:11 | 8:31         | 7 (44.0%)   |
| 894 | <b>PODBIERA Ewa</b>                 | <b>439</b>  | VRC                   | K 40      | 141  | 00:00:00    | <b>21,1 KM</b> | +01:40:18 | 8:32         | 7 (44.0%)   |
| 895 | <b>GRABARCZYK Katarzyna</b>         | <b>1081</b> |                       | K 20      | 66   | 00:00:00    | <b>21,1 KM</b> | +01:40:21 | 8:32         | 7 (44.0%)   |
| 896 | <b>MAKSYSZ Roksana</b>              | <b>1070</b> | #CZELADZBIEGA         | K 40      | 142  | 00:00:00    | <b>21,1 KM</b> | +01:41:13 | 8:34         | 7 (44.0%)   |
| 897 | <b>BARTCZAK Lidia</b>               | <b>537</b>  |                       | K 40      | 143  | 00:00:00    | <b>21,1 KM</b> | +01:41:56 | 8:36         | 7 (44.0%)   |
| 898 | <b>WOJAKOWSKA Nadia</b>             | <b>832</b>  | K&K RUN               | K 20      | 67   | 00:00:00    | <b>21,1 KM</b> | +01:42:18 | 8:37         | 7 (44.0%)   |
| 899 | <b>HÄNSCH Uwe</b>                   | <b>603</b>  | TRAMPE                | M 50      | 48   | 00:00:00    | <b>21,1 KM</b> | +01:43:14 | 8:40         | 6.9 (43.4%) |
| 900 | <b>WASYLÓW Karolina</b>             | <b>551</b>  |                       | K 20      | 68   | 00:00:00    | <b>21,1 KM</b> | +01:43:23 | 8:40         | 6.9 (43.4%) |
| 901 | <b>GAPINSKI Rafal</b>               | <b>62</b>   | PROGDAR MARATHON TEAM | M 40      | 147  | 00:00:00    | <b>21,1 KM</b> | +01:43:41 | 8:41         | 6.9 (43.4%) |
| 902 | <b>CAŁY Alicja</b>                  | <b>376</b>  |                       | K 30      | 188  | 00:00:00    | <b>21,1 KM</b> | +01:43:54 | 8:42         | 6.9 (43.4%) |
| 903 | <b>BODNAR Zbigniew</b>              | <b>48</b>   | BIEG KORCZAKA         | M 70+     | 4    | 00:00:00    | <b>21,1 KM</b> | +01:43:54 | 8:42         | 6.9 (43.4%) |
| 904 | <b>JANCZYNSKA Maria</b>             | <b>954</b>  | JK84                  | K 60      | 2    | 00:00:00    | <b>21,1 KM</b> | +01:43:56 | 8:42         | 6.9 (43.4%) |
| 905 | <b>ŚWIĄTKOWSKI Adam</b>             | <b>287</b>  | FUTSAL LEGIA WARSZAWA | M 30      | 180  | 00:00:00    | <b>21,1 KM</b> | +01:44:04 | 8:42         | 6.9 (43.4%) |
| 906 | <b>KACZMAREK-ZAROK Marzena</b>      | <b>34</b>   |                       | K 40      | 144  | 00:00:00    | <b>21,1 KM</b> | +01:44:04 | 8:42         | 6.9 (43.4%) |
| 907 | <b>WIELGOSZ Małgorzata</b>          | <b>850</b>  |                       | K 20      | 69   | 00:00:00    | <b>21,1 KM</b> | +01:44:13 | 8:43         | 6.9 (43.4%) |
| 908 | <b>SAWICKI Michał</b>               | <b>848</b>  |                       | M 20      | 80   | 00:00:00    | <b>21,1 KM</b> | +01:44:13 | 8:43         | 6.9 (43.4%) |
| 909 | <b>TLAŁKA Jakub</b>                 | <b>892</b>  |                       | M 30      | 181  | 00:00:00    | <b>21,1 KM</b> | +01:44:24 | 8:43         | 6.9 (43.4%) |
| 910 | <b>SZ Krystian</b>                  | <b>916</b>  |                       | M 30      | 182  | 00:00:00    | <b>21,1 KM</b> | +01:44:47 | 8:44         | 6.9 (43.4%) |
| 911 | <b>ŻEBIEŁOWICZ Dariusz</b>          | <b>696</b>  |                       | M 50      | 49   | 00:00:00    | <b>21,1 KM</b> | +01:44:56 | 8:45         | 6.9 (43.4%) |
| 912 | <b>KRYSMANN-PUŁAWSKA Małgorzata</b> | <b>658</b>  | BEMOWO BIEGA          | K 40      | 145  | 00:00:00    | <b>21,1 KM</b> | +01:45:33 | 8:46         | 6.8 (42.8%) |
| 913 | <b>PASICH Aleksandra</b>            | <b>288</b>  |                       | K 20      | 70   | 00:00:00    | <b>21,1 KM</b> | +01:45:35 | 8:47         | 6.8 (42.8%) |
| 914 | <b>MARKOWSKA-BAUMGART Aneta</b>     | <b>1015</b> |                       | K 50      | 29   | 00:00:00    | <b>21,1 KM</b> | +01:45:53 | 8:47         | 6.8 (42.8%) |

| Msc | Zawodnik                              | Numer       | Klub                       | Kategoria | Mkat | Czas startu | Dystans        | Różn      | Tempo min/km | Tempo km/h  |
|-----|---------------------------------------|-------------|----------------------------|-----------|------|-------------|----------------|-----------|--------------|-------------|
| 915 | <b>ANIELSKA Anna</b>                  | <b>128</b>  |                            | K 30      | 189  | 00:00:00    | <b>21,1 KM</b> | +01:45:54 | 8:47         | 6.8 (42.8%) |
| 916 | <b>GROCHOCKA Dorota</b>               | <b>770</b>  |                            | K 30      | 190  | 00:00:00    | <b>21,1 KM</b> | +01:46:23 | 8:49         | 6.8 (42.8%) |
| 917 | <b>SZEWCZYK Łukasz</b>                | <b>13</b>   |                            | M 30      | 183  | 00:00:00    | <b>21,1 KM</b> | +01:46:26 | 8:49         | 6.8 (42.8%) |
| 918 | <b>DOLICHER Robert</b>                | <b>174</b>  |                            | M 40      | 148  | 00:00:00    | <b>21,1 KM</b> | +01:46:27 | 8:49         | 6.8 (42.8%) |
| 919 | <b>OLEARCZYK Joanna</b>               | <b>270</b>  |                            | K 40      | 146  | 00:00:00    | <b>21,1 KM</b> | +01:46:39 | 8:50         | 6.8 (42.8%) |
| 920 | <b>HAJDUKIEWICZ Anna</b>              | <b>171</b>  |                            | K 30      | 191  | 00:00:00    | <b>21,1 KM</b> | +01:48:01 | 8:53         | 6.7 (42.1%) |
| 921 | <b>STWORA Arkadiusz</b>               | <b>906</b>  | 1995                       | M 40      | 149  | 00:00:00    | <b>21,1 KM</b> | +01:48:16 | 8:54         | 6.7 (42.1%) |
| 922 | <b>KOWALSKI Bartosz</b>               | <b>1131</b> |                            | M 20      | 81   | 00:00:00    | <b>21,1 KM</b> | +01:48:25 | 8:55         | 6.7 (42.1%) |
| 923 | <b>MICHOŃ Radosław</b>                | <b>141</b>  |                            | M 30      | 184  | 00:00:00    | <b>21,1 KM</b> | +01:48:37 | 8:55         | 6.7 (42.1%) |
| 924 | <b>WOŹNIAK Barbara</b>                | <b>387</b>  |                            | K 60      | 3    | 00:00:00    | <b>21,1 KM</b> | +01:49:09 | 8:57         | 6.7 (42.1%) |
| 925 | <b>PAWLAK Katarzyna</b>               | <b>259</b>  | MAMY-BIEGAMY               | K 30      | 192  | 00:00:00    | <b>21,1 KM</b> | +01:49:26 | 8:58         | 6.7 (42.1%) |
| 926 | <b>WINIARSKA Anna</b>                 | <b>1018</b> |                            | K 40      | 147  | 00:00:00    | <b>21,1 KM</b> | +01:50:08 | 9:00         | 6.7 (42.1%) |
| 927 | <b>BRODOWSKA Weronika</b>             | <b>475</b>  |                            | K 20      | 71   | 00:00:00    | <b>21,1 KM</b> | +01:50:19 | 9:00         | 6.7 (42.1%) |
| 928 | <b>SZEWCAK Wiesław</b>                | <b>69</b>   |                            | M 40      | 150  | 00:00:00    | <b>21,1 KM</b> | +01:50:39 | 9:01         | 6.6 (41.5%) |
| 929 | <b>RUBAJ Anna</b>                     | <b>56</b>   |                            | K 30      | 193  | 00:00:00    | <b>21,1 KM</b> | +01:51:59 | 9:05         | 6.6 (41.5%) |
| 930 | <b>BOJAR Joanna</b>                   | <b>1032</b> | POLONIA ŚRODA WIELKOPOLSKA | K 30      | 194  | 00:00:00    | <b>21,1 KM</b> | +01:52:03 | 9:05         | 6.6 (41.5%) |
| 931 | <b>WAWRZOS Rafał</b>                  | <b>843</b>  | OSNOWA RUN                 | M 30      | 185  | 00:00:00    | <b>21,1 KM</b> | +01:52:04 | 9:10         | 6.5 (40.9%) |
| 932 | <b>TUPAJ Łukasz</b>                   | <b>372</b>  |                            | M 20      | 82   | 00:00:00    | <b>21,1 KM</b> | +01:52:12 | 9:05         | 6.6 (41.5%) |
| 933 | <b>STANKIEWICZ-TARNOWSKA Gabriela</b> | <b>1030</b> | PKO BANK POLSKI            | K 50      | 30   | 00:00:00    | <b>21,1 KM</b> | +01:52:27 | 9:06         | 6.6 (41.5%) |
| 934 | <b>BIELECKA Monika</b>                | <b>428</b>  | TUPTUP TEAM                | K 40      | 148  | 00:00:00    | <b>21,1 KM</b> | +01:52:45 | 9:07         | 6.6 (41.5%) |
| 935 | <b>STEMPNIAK Katarzyna</b>            | <b>488</b>  | REBELS LEGION TEAM         | K 30      | 195  | 00:00:00    | <b>21,1 KM</b> | +01:54:49 | 9:13         | 6.5 (40.9%) |
| 936 | <b>ŁOBODZIŃSKA Wanda</b>              | <b>958</b>  | RAZ SZCZECIN               | K 60      | 4    | 00:00:00    | <b>21,1 KM</b> | +01:56:08 | 9:17         | 6.5 (40.9%) |
| 937 | <b>SIENKIEWICZ Anna</b>               | <b>291</b>  | ŁÓDŹ KOCHA SPORT           | K 30      | 196  | 00:00:00    | <b>21,1 KM</b> | +01:56:37 | 9:18         | 6.4 (40.3%) |



| Msc | Zawodnik                       | Numer       | Klub   | Kategoria | Mkat | Czas startu | Dystans        | Różn      | Tempo min/km | Tempo km/h  |
|-----|--------------------------------|-------------|--|-----------|------|-------------|----------------|-----------|--------------|-------------|
| 938 | <b>PIKULSKI Tomasz</b>         | <b>233</b>  |  | M 20      | 83   | 00:00:00    | <b>21,1 KM</b> | +01:57:01 | 9:19         | 6.4 (40.3%) |
| 939 | <b>BARTCZAK Mirosława</b>      | <b>861</b>  |  | K 70+     | 1    | 00:00:00    | <b>21,1 KM</b> | +01:57:34 | 9:21         | 6.4 (40.3%) |
| 940 | <b>SAMBORSKA Ola</b>           | <b>432</b>  | RUN FOR FUN TEAM                                   | K 20      | 72   | 00:00:00    | <b>21,1 KM</b> | +01:58:12 | 9:22         | 6.4 (40.3%) |
| 941 | <b>CZAJA Alicja</b>            | <b>720</b>  |  | K 30      | 197  | 00:00:00    | <b>21,1 KM</b> | +02:00:11 | 9:28         | 6.3 (39.6%) |
| 942 | <b>MACIEJEWSKA Malgorzata</b>  | <b>1097</b> | POLSKA RUNNING TEAM                                | K 40      | 149  | 00:00:00    | <b>21,1 KM</b> | +02:00:14 | 9:28         | 6.3 (39.6%) |
| 943 | <b>MALECKA-KRUK Bogna</b>      | <b>277</b>  |  | K 40      | 150  | 00:00:00    | <b>21,1 KM</b> | +02:00:44 | 9:30         | 6.3 (39.6%) |
| 944 | <b>GAWRON Monika</b>           | <b>425</b>  |  | K 30      | 198  | 00:00:00    | <b>21,1 KM</b> | +02:00:49 | 9:30         | 6.3 (39.6%) |
| 945 | <b>KULCZYCKI Jan</b>           | <b>660</b>  |  | M 60      | 19   | 00:00:00    | <b>21,1 KM</b> | +02:01:37 | 9:32         | 6.3 (39.6%) |
| 946 | <b>LUBELSKA Żaneta</b>         | <b>318</b>  | 4  | K 20      | 73   | 00:00:00    | <b>21,1 KM</b> | +02:02:32 | 9:35         | 6.3 (39.6%) |
| 947 | <b>KOROLUK Sławomir</b>        | <b>189</b>  |  | M 40      | 151  | 00:00:00    | <b>21,1 KM</b> | +02:02:38 | 9:35         | 6.3 (39.6%) |
| 948 | <b>CZERWIŃSKA Gabriela</b>     | <b>253</b>  |  | K 20      | 74   | 00:00:00    | <b>21,1 KM</b> | +02:03:06 | 9:36         | 6.2 (39.0%) |
| 949 | <b>WOŹNIEWSKA Grażyna</b>      | <b>102</b>  |  | K 50      | 31   | 00:00:00    | <b>21,1 KM</b> | +02:04:05 | 9:39         | 6.2 (39.0%) |
| 950 | <b>DZIADECKA Joanna</b>        | <b>845</b>  | WIECZORNE BIEGANIE W SZCZECINIE                    | K 40      | 151  | 00:00:00    | <b>21,1 KM</b> | +02:04:41 | 9:41         | 6.2 (39.0%) |
| 951 | <b>CIEŚLA Monika</b>           | <b>1058</b> |  | K 40      | 152  | 00:00:00    | <b>21,1 KM</b> | +02:05:07 | 9:42         | 6.2 (39.0%) |
| 952 | <b>JARZĄBEK Magdalena</b>      | <b>633</b>  |  | K 30      | 199  | 00:00:00    | <b>21,1 KM</b> | +02:05:30 | 9:43         | 6.2 (39.0%) |
| 953 | <b>KOWALCZYK Kinga</b>         | <b>331</b>  | ZAZBIEGANI   | K 20      | 75   | 00:00:00    | <b>21,1 KM</b> | +02:06:06 | 9:45         | 6.1 (38.4%) |
| 954 | <b>ROKITA Aneta</b>            | <b>105</b>  |  | K 40      | 153  | 00:00:00    | <b>21,1 KM</b> | +02:07:17 | 9:48         | 6.1 (38.4%) |
| 955 | <b>SIKORSKA Iwona</b>          | <b>691</b>  |  | K 30      | 200  | 00:00:00    | <b>21,1 KM</b> | +02:07:31 | 9:49         | 6.1 (38.4%) |
| 956 | <b>KRANZMANN ŻELEPIEŃ Anna</b> | <b>379</b>  |  | K 40      | 154  | 00:00:00    | <b>21,1 KM</b> | +02:08:03 | 9:50         | 6.1 (38.4%) |
| 957 | <b>PARCHIMOWICZ Janusz</b>     | <b>215</b>  |  | M 60      | 20   | 00:00:00    | <b>21,1 KM</b> | +02:08:12 | 9:51         | 6.1 (38.4%) |
| 958 | <b>PARUSEL Marcin</b>          | <b>1080</b> | KOMITET SPORTU I TURYSTYKI KRZYSZTOFA PODGÓRSKIEGO | M 20      | 84   | 00:00:00    | <b>21,1 KM</b> | +02:11:29 | 10:00        | 6 (37.7%)   |
| 959 | <b>BUDZIK Małgorzata</b>       | <b>93</b>   | ŚWIAT PŁYTEK U KRYSPIŃ                             | K 20      | 76   | 00:00:00    | <b>21,1 KM</b> | +02:11:51 | 10:01        | 6 (37.7%)   |
| 960 | <b>DĄBROWSKA Ewa</b>           | <b>864</b>  |  | K 40      | 155  | 00:00:00    | <b>21,1 KM</b> | +02:12:15 | 10:02        | 6 (37.7%)   |
| 961 | <b>PIÓRO Grzegorz</b>          | <b>1000</b> | GP2Z   | M 20      | 85   | 00:00:00    | <b>21,1 KM</b> | +02:12:59 | 10:05        | 5.9 (37.1%) |

| Msc | Zawodnik                           | Numer       | Klub                   | Kategoria | Mkat | Czas startu | Dystans        | Różn      | Tempo min/km | Tempo km/h  |
|-----|------------------------------------|-------------|------------------------|-----------|------|-------------|----------------|-----------|--------------|-------------|
| 962 | <b>BARAN Seweryn</b>               | <b>92</b>   | ŚWIAT PŁYTEK U KRYSPIŃ | M 20      | 86   | 00:00:00    | <b>21,1 KM</b> | +02:13:43 | 10:07        | 5.9 (37.1%) |
| 963 | <b>JANKOWSKI Michał</b>            | <b>381</b>  |                        | M 30      | 186  | 00:00:00    | <b>21,1 KM</b> | +02:14:14 | 10:08        | 5.9 (37.1%) |
| 964 | <b>JADASZ Mirosław</b>             | <b>810</b>  |                        | M 30      | 187  | 00:00:00    | <b>21,1 KM</b> | +02:15:15 | 10:11        | 5.9 (37.1%) |
| 965 | <b>CIEŚLA Karolina</b>             | <b>972</b>  |                        | K 30      | 201  | 00:00:00    | <b>21,1 KM</b> | +02:15:39 | 10:12        | 5.9 (37.1%) |
| 966 | <b>TATARCZUK-GÓRECKA Monika</b>    | <b>773</b>  |                        | K 30      | 202  | 00:00:00    | <b>21,1 KM</b> | +02:16:18 | 10:14        | 5.9 (37.1%) |
| 967 | <b>DYRDA Justyna</b>               | <b>121</b>  | MIRMARK                | K 40      | 156  | 00:00:00    | <b>21,1 KM</b> | +02:17:34 | 10:18        | 5.8 (36.5%) |
| 968 | <b>PŁOSA Monika</b>                | <b>315</b>  |                        | K 30      | 203  | 00:00:00    | <b>21,1 KM</b> | +02:23:00 | 10:33        | 5.7 (35.8%) |
| 969 | <b>MIRSKA Beata</b>                | <b>816</b>  |                        | K 50      | 32   | 00:00:00    | <b>21,1 KM</b> | +02:23:14 | 10:34        | 5.7 (35.8%) |
| 970 | <b>JEZIERSKI Grzegorz</b>          | <b>572</b>  |                        | M 20      | 87   | 00:00:00    | <b>21,1 KM</b> | +02:23:41 | 10:35        | 5.7 (35.8%) |
| 971 | <b>KŁOBUCHOWSKA Karolina</b>       | <b>295</b>  |                        | K 20      | 77   | 00:00:00    | <b>21,1 KM</b> | +02:24:36 | 10:38        | 5.6 (35.2%) |
| 972 | <b>CETERA Janusz</b>               | <b>905</b>  |                        | M 60      | 21   | 00:00:00    | <b>21,1 KM</b> | +02:25:15 | 10:39        | 5.6 (35.2%) |
| 973 | <b>RYDELEK Agnieszka</b>           | <b>1012</b> |                        | K 30      | 204  | 00:00:00    | <b>21,1 KM</b> | +02:26:14 | 10:42        | 5.6 (35.2%) |
| 974 | <b>TOPOLEWICZ Beata</b>            | <b>932</b>  |                        | K 50      | 33   | 00:00:00    | <b>21,1 KM</b> | +02:28:06 | 10:47        | 5.6 (35.2%) |
| 975 | <b>ULLRICH Magdalena</b>           | <b>501</b>  | FAJNY                  | K 40      | 157  | 00:00:00    | <b>21,1 KM</b> | +02:28:38 | 10:49        | 5.5 (34.6%) |
| 976 | <b>TOPOLEWICZ Jerzy</b>            | <b>931</b>  |                        | M 50      | 50   | 00:00:00    | <b>21,1 KM</b> | +02:29:17 | 10:51        | 5.5 (34.6%) |
| 977 | <b>KARDYNAŁ Beata</b>              | <b>877</b>  | SAMOTNYCH SERC         | K 50      | 34   | 00:00:00    | <b>21,1 KM</b> | +02:30:14 | 10:54        | 5.5 (34.6%) |
| 978 | <b>BOJARSKI Kamil</b>              | <b>1140</b> |                        | M 20      | 88   | 00:00:00    | <b>21,1 KM</b> | +02:33:15 | 11:02        | 5.4 (34.0%) |
| 979 | <b>ROSZATYCKA-KRAUSE Agnieszka</b> | <b>311</b>  | DMUCHAWIEC GOLENIÓW    | K 40      | 158  | 00:00:00    | <b>21,1 KM</b> | +02:40:17 | 11:22        | 5.3 (33.3%) |
| 980 | <b>GROLIK Beata</b>                | <b>869</b>  | BBKTS                  | K 20      | 78   | 00:00:00    | <b>21,1 KM</b> | +02:41:29 | 11:26        | 5.2 (32.7%) |
| 981 | <b>KLICH Artur</b>                 | <b>54</b>   |                        | M 40      | 152  | 00:00:00    | <b>21,1 KM</b> | +02:42:14 | 11:28        | 5.2 (32.7%) |
| 982 | <b>KORCIPA Agata</b>               | <b>339</b>  |                        | K 30      | 205  | 00:00:00    | <b>21,1 KM</b> | +02:43:18 | 11:31        | 5.2 (32.7%) |
| 983 | <b>KIELISZEK Gabriela</b>          | <b>391</b>  |                        | K 60      | 5    | 00:00:00    | <b>21,1 KM</b> | +02:49:57 | 11:50        | 5.1 (32.1%) |
| 984 | <b>PNIEWSKI Mariusz</b>            | <b>1096</b> |                        | M 30      | 188  | 00:00:00    | <b>21,1 KM</b> | +02:50:32 | 11:51        | 5.1 (32.1%) |
| 985 | <b>TARASIUK Bartosz</b>            | <b>513</b>  |                        | M 30      | 189  | 00:00:00    | <b>21,1 KM</b> | +02:59:14 | 12:16        | 4.9 (30.8%) |

| Msc  | Zawodnik                    | Numer | Klub                            | Kategoria | Mkat | Czas startu | Dystans | Różn      | Tempo min/km | Tempo km/h  |
|------|-----------------------------|-------|---------------------------------|-----------|------|-------------|---------|-----------|--------------|-------------|
| 986  | CHABIŃSKI Artur             | 1040  |                                 | M 30      | 190  | 00:00:00    | 21,1 KM | +03:00:00 | 12:18        | 4.9 (30.8%) |
| 987  | MARCHLIK Krzysztof          | 261   |                                 | M 20      | 89   | 00:00:00    | 21,1 KM | +03:06:24 | 12:36        | 4.8 (30.2%) |
| 988  | MOTYL Dominika              | 77    |                                 | K 20      | 79   | 00:00:00    | 21,1 KM | +03:08:46 | 12:43        | 4.7 (29.6%) |
| 989  | GODYN Magda                 | 909   |                                 | K 40      | 159  | 00:00:00    | 21,1 KM | +03:13:37 | 12:57        | 4.6 (28.9%) |
| 990  | BLOCK Andrea                | 715   | PASEWALK                        | K 50      | 35   | 00:00:00    | 21,1 KM | +03:13:49 | 12:57        | 4.6 (28.9%) |
| 991  | SCHILLING Frau              | 714   | PASEWALK                        | K 60      | 6    | 00:00:00    | 21,1 KM | +03:13:49 | 12:57        | 4.6 (28.9%) |
| 992  | KRÓL Magdalena              | 390   |                                 | K 30      | 206  | 00:00:00    | 21,1 KM | +03:15:27 | 13:02        | 4.6 (28.9%) |
| 993  | GÓRECKI Marek               | 771   |                                 | M 30      | 191  | 00:00:00    | 21,1 KM | +03:15:50 | 13:03        | 4.6 (28.9%) |
| 994  | SKOCZYL Wojtek              | 1003  |                                 | M 30      | 192  | 00:00:00    | 21,1 KM | +03:17:56 | 13:13        | 4.5 (28.3%) |
| 995  | WESOŁOWSKA Magdalena        | 613   |                                 | K 30      | 207  | 00:00:00    | 21,1 KM | +03:21:36 | 13:20        | 4.5 (28.3%) |
| 996  | CZARNECKI Adrian            | 1098  | BRAK                            | M 40      | 153  | 00:00:00    | 21,1 KM | +03:26:51 | 13:35        | 4.4 (27.7%) |
| 997  | MATUSZAK Kamila             | 351   |                                 | K 20      | 80   | 00:00:00    | 21,1 KM | +03:40:14 | 14:13        | 4.2 (26.4%) |
| 998  | JAKOBSZE Paulina            | 301   | KU AZS UAM POZNAŃ               | K 30      | 208  | 00:00:00    | 21,1 KM | +03:40:20 | 14:13        | 4.2 (26.4%) |
| 999  | KORDON Anna                 | 977   | ŁAZISKIE ŁAZIKI                 | K 30      | 209  | 00:00:00    | 21,1 KM | +03:42:14 | 14:18        | 4.2 (26.4%) |
| 1000 | CABAJ Dorota                | 275   |                                 | K 30      | 210  | 00:00:00    | 21,1 KM | +03:49:35 | 14:39        | 4.1 (25.8%) |
| 1001 | KWIECIEN Jan                | 579   |                                 | M 60      | 22   | 00:00:00    | 21,1 KM | +03:49:35 | 14:39        | 4.1 (25.8%) |
| 1002 | KWIECIEN Marta              | 580   |                                 | K 30      | 211  | 00:00:00    | 21,1 KM | +03:49:35 | 14:39        | 4.1 (25.8%) |
| 1003 | SZYBOWSKA Emilia            | 602   |                                 | K 30      | 212  | 00:00:00    | 21,1 KM | +03:52:04 | 14:46        | 4.1 (25.8%) |
| 1004 | KOCIŃSKA Dorota             | 302   | IPA                             | K 30      | 213  | 00:00:00    | 21,1 KM | +03:54:40 | 14:54        | 4 (25.2%)   |
| 1005 | JUSIŃSKI Michał             | 1242  |                                 | M 30      | 193  | 00:00:00    | 21,1 KM | +03:59:53 | 15:08        | 4 (25.2%)   |
| 1006 | DZIADECKI Grzegorz          | 847   | WIECZORNE BIEGANIE W SZCZECINIE | M 50      | 51   | 00:00:00    | 21,1 KM | +04:00:44 | 15:11        | 4 (25.2%)   |
| 1007 | ŁUKASIEWICZ-WESELAK Justyna | 148   |                                 | K 30      | 214  | 00:00:00    | 21,1 KM | +04:13:54 | 15:48        | 3.8 (23.9%) |
| 1008 | WASILEWSKA Ilona            | 626   | ŻÓŁWIKERSI                      | K 30      | 215  | 00:00:00    | 21,1 KM | +04:25:16 | 16:21        | 3.7 (23.3%) |

| Msc  | Zawodnik                       | Numer       | Klub                            | Kategoria         | Mkat | Czas startu | Dystans        | Różn      | Tempo min/km | Tempo km/h   |
|------|--------------------------------|-------------|---------------------------------|-------------------|------|-------------|----------------|-----------|--------------|--------------|
| 1009 | <b>TUROWSKA Anna</b>           | <b>752</b>  |                                 | K 30              | 216  | 00:00:00    | <b>21,1 KM</b> | +05:16:40 | 18:47        | 3.2 (20.1%)  |
| 1010 | <b>GAPIŃSKI Wojciech</b>       | <b>991</b>  | WIECZORNE BIEGANIE W SZCZECINIE | M 30              | 194  | 00:00:00    | <b>21,1 KM</b> | +05:17:31 | 18:49        | 3.2 (20.1%)  |
| 1011 | <b>SERĘGA Tomasz</b>           | <b>560</b>  | WKURW_TEAM                      | M 40              | 154  | 00:00:00    | <b>21,1 KM</b> | +06:35:50 | 22:32        | 2.7 (17.0%)  |
| 1012 | <b>CHRZANOWSKA Weronika</b>    | <b>1146</b> |                                 | K 30              | 217  | 00:00:00    | <b>21,1 KM</b> | +06:38:07 | 22:38        | 2.6 (16.4%)  |
| 1013 | <b>ŁUKASZEWSKA Malwina</b>     | <b>563</b>  |                                 | K 30              | 218  | 00:00:00    | <b>21,1 KM</b> | +07:06:40 | 24:00        | 2.5 (15.7%)  |
| 1014 | <b>SZMAJDA Katarzyna</b>       | <b>538</b>  |                                 | K 20              | 81   | 00:00:00    | <b>21,1 KM</b> | +07:21:11 | 24:41        | 2.4 (15.1%)  |
| 1015 | <b>KOPROWICZ Ewelina</b>       | <b>1241</b> |                                 | K 30              | 219  | 00:00:00    | <b>21,1 KM</b> | +11:04:31 | 35:16        | 1.7 (10.7%)  |
| 1016 | <b>CIOCH-KSIAŻEK Iwona</b>     | <b>485</b>  |                                 | K 40              | 160  | 00:00:00    | <b>21,1 KM</b> | +191:56:1 | 549:34       | 0.1 (0.6%)   |
| 1017 | <b>SIKORSKA Magdalena</b>      | <b>293</b>  |                                 | K 40              | 161  | 00:00:00    | <b>21,1 KM</b> | +215:23:1 | 616:15       | 0.1 (0.6%)   |
| 1018 | <b>SCHMIDT Franek</b>          | <b>1035</b> |                                 | M - wózki aktywne | 1    | 00:00:00    | <b>21,1 KM</b> | +24:52:54 | 74:32        | 0.8 (5.0%)   |
| 1019 | <b>MAZUREK Ewa</b>             | <b>618</b>  |                                 | K 30              | 220  | 00:00:00    | <b>21,1 KM</b> | +420:03:1 | 1198:15      | 0.1 (0.6%)   |
| 1020 | <b>GAPIŃSKA Irmina</b>         | <b>989</b>  | WIECZORNE BIEGANIE W SZCZECINIE | K 30              | 221  | 00:00:00    | <b>20,3 KM</b> | +03:53:13 | 15:25        | 3.9 (24.5%)  |
| 1021 | <b>SOKÓŁ Mariola</b>           | <b>521</b>  |                                 | M 40              | 155  | 00:00:00    | <b>20,2 KM</b> | +01:34:44 | 8:39         | 6.9 (43.4%)  |
| 1022 | <b>KOTFICA-TELEJ Agnieszka</b> | <b>856</b>  | RAZ SZCZECIN                    | K 40              | 162  | 00:00:00    | <b>19,5 KM</b> | +01:10:12 | 7:40         | 7.8 (49.1%)  |
| 1023 | <b>ONYSZK Michał</b>           | <b>528</b>  |                                 | M 30              | 195  | 00:00:00    | <b>18,2 KM</b> | +00:58:41 | 7:37         | 7.9 (49.7%)  |
| 1024 | <b>BIEGA Joanna</b>            | <b>925</b>  | SLOW JOGGING BIAŁOŁĘKA          | K 30              | 222  | 00:00:00    | <b>17,8 KM</b> | +02:09:17 | 11:46        | 5.1 (32.1%)  |
| 1025 | <b>STUDZIŃSKI Michał</b>       | <b>314</b>  |                                 | M 30              | 196  | 00:00:00    | <b>16,2 KM</b> | +00:27:47 | 6:39         | 9 (56.6%)    |
| 1026 | <b>MARKS Katarzyna</b>         | <b>717</b>  |                                 | K 40              | 163  | 00:00:00    | <b>15,1 KM</b> | +00:32:56 | 7:27         | 8 (50.3%)    |
| 1027 | <b>PANKOWSKA Aleksandra</b>    | <b>918</b>  |                                 | K 30              | 223  | 00:00:00    | <b>14,0 KM</b> | +         | 5:02         | 11.9 (74.8%) |
| 1028 | <b>KOZIOŁ Adam</b>             | <b>204</b>  |                                 | M 40              | 156  | 00:00:00    | <b>14,0 KM</b> | +00:20:08 | 7:09         | 8.4 (52.8%)  |
| 1029 | <b>HADRYŚ Grzegorz</b>         | <b>323</b>  |                                 | M 30              | 197  | 00:00:00    | <b>13,0 KM</b> | +00:13:19 | 7:08         | 8.4 (52.8%)  |
| 1030 | <b>HALEC Paulina</b>           | <b>880</b>  | RAZEM RAŻNIEJ                   | K 30              | 224  | 00:00:00    | <b>13,0 KM</b> | +00:10:43 | 6:57         | 8.6 (54.1%)  |
| 1031 | <b>PIONTEK Elżbieta</b>        | <b>782</b>  |                                 | K 60              | 7    | 00:00:00    | <b>11,5 KM</b> | +00:03:38 | 7:14         | 8.3 (52.2%)  |
| 1032 | <b>BOGAJCZYK Marta</b>         | <b>701</b>  | LUB WYBIERZ Z LISTY             | K 20              | 82   | 00:00:00    | <b>11,1 KM</b> | +00:15:09 | 8:33         | 7 (44.0%)    |

Znaleziono 1032 wynik(ów)