

41.PKO PÓŁMARATON SZCZECIN "NA RAZ" - EDYCJA WIRTUALNA

B4SPORT

Wydarzenie: WIRTUALNY 41. PKO PÓŁMARATON SZCZECIN
Organizator: Stowarzyszenie K2 Partners
Data: 2020-08-01
Miejsce: Polska
Dystans: 21.1 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K 40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
1	HAWRON Agnieszka	10		K 40	1	00:00:00	21,1 KM	+00:00:00	4:48	12.5 (100%)
2	GORZKIEWICZ Patrycja	535		K 40	2	00:00:00	21,1 KM	+00:00:35	4:49	12.4 (99.2%)
3	JANKA Joanna	1582		K 40	3	00:00:00	21,1 KM	+00:04:19	5:00	12 (96.0%)
4	PACZKOWSKA Joanna	325		K 40	4	00:00:00	21,1 KM	+00:06:51	5:07	11.7 (93.6%)
5	SWAT-BODAK Agnieszka	149		K 40	5	00:00:00	21,1 KM	+00:07:30	5:09	11.6 (92.8%)
6	WIERDAK Joanna	1768	POLSKA RUNNING TEAM	K 40	6	00:00:00	21,1 KM	+00:07:38	5:09	11.6 (92.8%)
7	TRZEŚNIEWSKA Grażyna	1695		K 40	7	00:00:00	21,1 KM	+00:07:39	5:10	11.6 (92.8%)
8	SOŚNIAK Iwona	454		K 40	8	00:00:00	21,1 KM	+00:10:37	5:18	11.3 (90.4%)
9	MIKOŁAJUK Aneta	961		K 40	9	00:00:00	21,1 KM	+00:11:38	5:22	11.1 (88.8%)
10	BĘBEN Wioleta	507	KB WIKON NOWA SÓL	K 40	10	00:00:00	21,1 KM	+00:13:13	5:25	11 (88.0%)
11	KRZYSIAK Anna	1764		K 40	11	00:00:00	21,1 KM	+00:13:38	5:27	11 (88.0%)
12	LEPOROWSKA Anna	792	2015	K 40	12	00:00:00	21,1 KM	+00:13:41	5:27	11 (88.0%)
13	MOLIŃSKA Marlena	1030		K 40	13	00:00:00	21,1 KM	+00:13:55	5:27	11 (88.0%)
14	PAPIERAK Monika	1720		K 40	14	00:00:00	21,1 KM	+00:14:19	5:28	10.9 (87.2%)
15	SOŁTYSEK Barbara	624	JUSTFEELFIT	K 40	15	00:00:00	21,1 KM	+00:14:26	5:29	10.9 (87.2%)
16	SABANOWSKA Aneta	1773	POLSKA RUNNING TEAM	K 40	16	00:00:00	21,1 KM	+00:16:13	5:34	10.8 (86.4%)
17	DRYMEL Agata	530		K 40	17	00:00:00	21,1 KM	+00:17:31	5:38	10.6 (84.8%)
18	ROZEN Agnieszka	319		K 40	18	00:00:00	21,1 KM	+00:17:45	5:38	10.6 (84.8%)
19	DUDEK Barbara	898	ROSSBIEGANI	K 40	19	00:00:00	21,1 KM	+00:18:22	5:40	10.6 (84.8%)
20	WIŚNIEWSKA Marta	286	WIECZORNE BIEGANIE W SZCZECINIE	K 40	20	00:00:00	21,1 KM	+00:18:24	5:40	10.6 (84.8%)
21	TERETYKA Dorota	14		K 40	21	00:00:00	21,1 KM	+00:18:32	5:40	10.6 (84.8%)
22	SKORSTAD Izabela	1627	IZABELA SYLWIA SKORSTAD	K 40	22	00:00:00	21,1 KM	+00:18:34	5:41	10.5 (84.0%)
23	GRAJ Ewa	1500	KB KATORŻNIK MUROWANA GOŚLINA	K 40	23	00:00:00	21,1 KM	+00:19:12	5:44	10.5 (84.0%)
24	LESZCZYŃSKA Joasia	923	WKZ-BBL KOZIENICE	K 40	24	00:00:00	21,1 KM	+00:20:01	5:45	10.4 (83.2%)
25	SZYMAŃSKA Agnieszka	1804	PKO BANK POLSKI	K 40	25	00:00:00	21,1 KM	+00:20:11	5:45	10.4 (83.2%)
26	DRYMEL Sylwia	400		K 40	26	00:00:00	21,1 KM	+00:20:47	5:47	10.4 (83.2%)
27	WOJAKOWSKA Katarzyna	1413	K&K RUN	K 40	27	00:00:00	21,1 KM	+00:21:04	5:48	10.3 (82.4%)
28	ŻYLUK Bożena	1837	WIECZORNE BIEGANIE W SZCZECINIE	K 40	28	00:00:00	21,1 KM	+00:21:09	5:48	10.3 (82.4%)
29	KOMSTA Beata	807		K 40	29	00:00:00	21,1 KM	+00:21:21	5:48	10.3 (82.4%)
30	SYS Ewa	936		K 40	30	00:00:00	21,1 KM	+00:22:07	5:51	10.3 (82.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
31	JARMUŻEWSKA Teresa	1272	TIA	K 40	31	00:00:00	21,1 KM	+00:22:08	5:51	10.3 (82.4%)
32	ŁĄCZAK Justyna	12	ASSECO ACTIVE TEAM	K 40	32	00:00:00	21,1 KM	+00:22:11	5:51	10.2 (81.6%)
33	ZASADA Iwona	52	BOHAR PALETY RUNNERS	K 40	33	00:00:00	21,1 KM	+00:22:14	5:51	10.2 (81.6%)
34	MALICKA Małgorzata	177	BOHAR PALETY RUNNERS	K 40	34	00:00:00	21,1 KM	+00:22:28	5:52	10.2 (81.6%)
35	LEWANIAK Elżbieta	731		K 40	35	00:00:00	21,1 KM	+00:22:40	5:52	10.2 (81.6%)
36	KOWALCZYK Dorota	1494		K 40	36	00:00:00	21,1 KM	+00:23:00	5:53	10.2 (81.6%)
37	LISKE Dorota	991		K 40	37	00:00:00	21,1 KM	+00:23:08	5:56	10.1 (80.8%)
38	KUCHARCZYK Małgorzata	1791	1977	K 40	38	00:00:00	21,1 KM	+00:23:18	5:54	10.2 (81.6%)
39	MURAWSKA Monika	900	BIEGACZE ŚWINOUJŚCIE	K 40	39	00:00:00	21,1 KM	+00:23:50	5:56	10.1 (80.8%)
40	GAJEWSKA Kamilla	357	SOBOTNI BIEGACZE ŚWINOUJŚCIE	K 40	40	00:00:00	21,1 KM	+00:24:36	5:58	10.1 (80.8%)
41	KOŚLACZ Katarzyna	64		K 40	41	00:00:00	21,1 KM	+00:24:59	5:59	10 (80.0%)
42	KARLIKOWSKA-ANTOSIAK Małgorzata	558	KOBIETY W BIEGU	K 40	42	00:00:00	21,1 KM	+00:25:35	6:00	10 (80.0%)
43	WIĄCEK Anna	674	KOBIECE BIEGANIE	K 40	43	00:00:00	21,1 KM	+00:25:50	6:01	10 (80.0%)
44	NOWAK Barbara	561		K 40	44	00:00:00	21,1 KM	+00:25:53	6:01	9.9 (79.2%)
45	WIERZBICKA Joanna	938	KB GEPARD MUROWANA GOŚLINA	K 40	45	00:00:00	21,1 KM	+00:26:27	6:03	9.9 (79.2%)
46	KUKLA-KOWALSKA Alicja	927	BIEGAM BO NIE LUBIĘ	K 40	46	00:00:00	21,1 KM	+00:26:50	6:04	9.9 (79.2%)
47	RAGAN Aneta	700		K 40	47	00:00:00	21,1 KM	+00:26:52	6:05	9.9 (79.2%)
48	KRUPA Iwona	845	KB MOSTKOWO	K 40	48	00:00:00	21,1 KM	+00:27:06	6:05	9.9 (79.2%)
49	WALCZAK Magdalena	616		K 40	49	00:00:00	21,1 KM	+00:27:20	6:05	9.8 (78.4%)
50	MUŻ Katarzyna	1451		K 40	50	00:00:00	21,1 KM	+00:27:37	6:06	9.8 (78.4%)
51	KAWCZYŃSKA Magdalena	522	RAZ SZCZECIN	K 40	51	00:00:00	21,1 KM	+00:27:44	6:07	9.8 (78.4%)
52	KURKOWIAK Agnieszka	580		K 40	52	00:00:00	21,1 KM	+00:27:59	6:07	9.8 (78.4%)
53	BUDNA Anna	1649		K 40	53	00:00:00	21,1 KM	+00:28:05	6:08	9.8 (78.4%)
54	JABŁOŃSKA Katarzyna	1727		K 40	54	00:00:00	21,1 KM	+00:28:31	6:09	9.7 (77.6%)
55	KĘSKA Katarzyna	318	LOVELASY	K 40	55	00:00:00	21,1 KM	+00:28:31	6:09	9.7 (77.6%)
56	KACZOR Darek	232	KB KATORŻNIK MUROWANA GOŚLINA	K 40	56	00:00:00	21,1 KM	+00:28:47	6:10	9.7 (77.6%)
57	JAKUBIAK Magdalena	493	BOHAR PALETY RUNNERS	K 40	57	00:00:00	21,1 KM	+00:28:49	6:10	9.7 (77.6%)
58	JAWORSKA Justyna	666		K 40	58	00:00:00	21,1 KM	+00:28:59	6:10	9.7 (77.6%)
59	ŚWITAŁA Gabriela	942		K 40	59	00:00:00	21,1 KM	+00:29:20	6:11	9.7 (77.6%)
60	ALBRECHT Manon	1832	ESV 49 ANGERMÜNDE	K 40	60	00:00:00	21,1 KM	+00:29:29	6:12	9.7 (77.6%)
61	KĘDRA-SULEJ Agnieszka	109	WAT / AKS-SOFT TEAM	K 40	61	00:00:00	21,1 KM	+00:29:33	6:12	9.7 (77.6%)
62	MROZIŃSKA Renata	334		K 40	62	00:00:00	21,1 KM	+00:29:44	6:12	9.7 (77.6%)
63	KASPERSKA Sylwia	470	KB ZDYSZAAANI CHOCIANÓW	K 40	63	00:00:00	21,1 KM	+00:30:41	6:15	9.6 (76.8%)
64	SZYMAŃSKA Hanna	518	POZYTYWNI BIEGACZE	K 40	64	00:00:00	21,1 KM	+00:30:48	6:15	9.6 (76.8%)
65	RÓŻAŃSKA Magdalena	972		K 40	65	00:00:00	21,1 KM	+00:31:18	6:17	9.5 (76.0%)
66	ŚLEDŹ Iwona	126		K 40	66	00:00:00	21,1 KM	+00:31:22	6:17	9.5 (76.0%)
67	SZYMECZKO Jola	383	RUNONLINE.PL	K 40	67	00:00:00	21,1 KM	+00:31:23	6:18	9.5 (76.0%)
68	ZAROBIAK Katarzyna	832		K 40	68	00:00:00	21,1 KM	+00:31:55	6:19	9.5 (76.0%)
69	NOWAK Tatiana	779	KOŚCIAN TEAM	K 40	69	00:00:00	21,1 KM	+00:32:25	6:20	9.5 (76.0%)
70	SIDOR Anna	1659		K 40	70	00:00:00	21,1 KM	+00:32:46	6:21	9.4 (75.2%)
71	MAKOWSKA Joanna	759		K 40	71	00:00:00	21,1 KM	+00:32:48	6:21	9.4 (75.2%)
72	DOMBEK Agnieszka	826		K 40	72	00:00:00	21,1 KM	+00:32:54	6:21	9.4 (75.2%)
73	MRULA Ewa	928		K 40	73	00:00:00	21,1 KM	+00:33:30	6:23	9.4 (75.2%)
74	CYRAN Katarzyna	476		K 40	74	00:00:00	21,1 KM	+00:33:31	6:23	9.4 (75.2%)
75	RAKOCZY Dorota	1760		K 40	75	00:00:00	21,1 KM	+00:33:35	6:23	9.4 (75.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
76	POPIELARSKA Sabina	271		K 40	76	00:00:00	21,1 KM	+00:34:23	6:26	9.3 (74.4%)
77	WRÓBLEWSKA Marta	95		K 40	77	00:00:00	21,1 KM	+00:35:07	6:28	9.3 (74.4%)
78	PRZĄDO-KUDAS Małgorzata	1054		K 40	78	00:00:00	21,1 KM	+00:35:33	6:29	9.2 (73.6%)
79	KLECZKOWSKA Ewa	1610		K 40	79	00:00:00	21,1 KM	+00:35:49	6:30	9.2 (73.6%)
80	MATUSZAK Anita	769	MATUSZAK TEAM	K 40	80	00:00:00	21,1 KM	+00:35:55	6:30	9.2 (73.6%)
81	TOCHA Marzena	1419	1977	K 40	81	00:00:00	21,1 KM	+00:36:48	6:32	9.2 (73.6%)
82	PIETRZAK Anna	362		K 40	82	00:00:00	21,1 KM	+00:38:24	6:37	9.1 (72.8%)
83	RÓŻYCKA-FRYT Katarzyna	639	ROZBIEGANE MYSŁOWICE	K 40	83	00:00:00	21,1 KM	+00:38:25	6:37	9.1 (72.8%)
84	WYGLĄDACZ Alicja	1142	WIELGOWO NA BIEGOWO	K 40	84	00:00:00	21,1 KM	+00:38:33	6:37	9 (72.0%)
85	PURCZYŃSKA Edyta	878		K 40	85	00:00:00	21,1 KM	+00:39:10	6:39	9 (72.0%)
86	KOZAKOWSKA Małgorzata	1443		K 40	86	00:00:00	21,1 KM	+00:39:10	6:39	9 (72.0%)
87	WSZELAK Anita	448		K 40	87	00:00:00	21,1 KM	+00:39:27	6:40	9 (72.0%)
88	LENCZEWSKA-MACIĄG Dorota	57		K 40	88	00:00:00	21,1 KM	+00:39:34	6:40	9 (72.0%)
89	SZYMAŃSKA-KOZIOŁ Monika	650	EKM MORSY LUBUSKIE	K 40	89	00:00:00	21,1 KM	+00:40:03	6:42	9 (72.0%)
90	SZKLARSKA Alicja	439		K 40	90	00:00:00	21,1 KM	+00:40:21	6:42	8.9 (71.2%)
91	KLUCZYŃSKA Honorata	540		K 40	91	00:00:00	21,1 KM	+00:40:29	6:43	8.9 (71.2%)
92	LEBUDA Ewa	692		K 40	92	00:00:00	21,1 KM	+00:40:40	6:43	8.9 (71.2%)
93	NOWAK Mariola	1043		K 40	93	00:00:00	21,1 KM	+00:41:01	6:44	8.9 (71.2%)
94	BEDNARZ Katarzyna	120		K 40	94	00:00:00	21,1 KM	+00:41:10	6:45	8.9 (71.2%)
95	DRELICHOWSKA Anna	1084		K 40	95	00:00:00	21,1 KM	+00:41:30	6:46	8.9 (71.2%)
96	CIERNIAK Agata	47	KOTLACTIVE TEAM	K 40	96	00:00:00	21,1 KM	+00:41:49	6:47	8.8 (70.4%)
97	PODKAMINER-LEWANDOWSKA Anna	234		K 40	97	00:00:00	21,1 KM	+00:42:40	6:49	8.8 (70.4%)
98	STALICA Bogusława	487		K 40	98	00:00:00	21,1 KM	+00:42:57	6:50	8.8 (70.4%)
99	BŁAUT Agata	665	BEZ KLUBU	K 40	99	00:00:00	21,1 KM	+00:43:02	6:52	8.7 (69.6%)
100	ŚWITALSKA Edyta	1770	SZCZECIŃSKIE CENTRUM TRENINGU PERSONALNEGO	K 40	100	00:00:00	21,1 KM	+00:43:11	6:51	8.8 (70.4%)
101	GAŚIOREK Beata	1262	1971	K 40	101	00:00:00	21,1 KM	+00:43:11	6:51	8.8 (70.4%)
102	KUBICA Ula	1544		K 40	102	00:00:00	21,1 KM	+00:43:16	6:51	8.8 (70.4%)
103	WIĘSEK Ewelina	1551	PKO BANK POLSKI SA	K 40	103	00:00:00	21,1 KM	+00:43:25	6:51	8.7 (69.6%)
104	GRIMM-SPERLING Anja	409		K 40	104	00:00:00	21,1 KM	+00:43:56	6:53	8.7 (69.6%)
105	ZALEWSKA Joanna	387		K 40	105	00:00:00	21,1 KM	+00:44:08	6:53	8.7 (69.6%)
106	JANELT Wioletta	405		K 40	106	00:00:00	21,1 KM	+00:44:34	6:54	8.7 (69.6%)
107	REINHOLZ Elżbieta	456		K 40	107	00:00:00	21,1 KM	+00:45:06	6:56	8.6 (68.8%)
108	NARÓĆ Aneta	397		K 40	108	00:00:00	21,1 KM	+00:45:26	6:57	8.6 (68.8%)
109	ORLON Barbara	171	FIOLKA RUN HAPPY	K 40	109	00:00:00	21,1 KM	+00:45:43	6:58	8.6 (68.8%)
110	SUPERCZYŃSKA Aneta	771		K 40	110	00:00:00	21,1 KM	+00:45:46	6:58	8.6 (68.8%)
111	BORSUK Dorota	150		K 40	111	00:00:00	21,1 KM	+00:46:18	6:59	8.6 (68.8%)
112	KRĘPA Gosia	1383	EKSTEREME WOLF	K 40	112	00:00:00	21,1 KM	+00:46:32	7:02	8.5 (68.0%)
113	DZIWISZ Bogusia	1337		K 40	113	00:00:00	21,1 KM	+00:46:38	7:02	8.5 (68.0%)
114	OFFMAN Aneta	274		K 40	114	00:00:00	21,1 KM	+00:47:13	7:02	8.5 (68.0%)
115	BIAŁKOWSKA Katarzyna	198	PRZYSTAŃ NA KAWĘ	K 40	115	00:00:00	21,1 KM	+00:47:21	7:02	8.5 (68.0%)
116	LEWANDOWSKA Katarzyna	695	PCH_RUN	K 40	116	00:00:00	21,1 KM	+00:47:32	7:03	8.5 (68.0%)
117	WILIŃSKA-CHRASTEK Edyta	1723		K 40	117	00:00:00	21,1 KM	+00:48:01	7:04	8.5 (68.0%)
118	RUSZKOWSKA Anna	1424	AJRUSZ PRUSZKÓW	K 40	118	00:00:00	21,1 KM	+00:48:07	7:05	8.5 (68.0%)
119	RAWA Donata	1830		K 40	119	00:00:00	21,1 KM	+00:48:16	7:05	8.5 (68.0%)
120	OLBRICH Barbara	1681	MIRAZ RACE TEAM	K 40	120	00:00:00	21,1 KM	+00:48:16	7:05	8.5 (68.0%)

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121	DOBACZEWSKA Ewa	1821		K 40	121	00:00:00	21,1 KM	+00:48:16	7:05	8.5 (68.0%)
122	ADRIAN-CZABORYK Monika	1823		K 40	122	00:00:00	21,1 KM	+00:48:16	7:05	8.5 (68.0%)
123	ZABDYR Marta	1824		K 40	123	00:00:00	21,1 KM	+00:48:16	7:05	8.5 (68.0%)
124	SZYMAŃSKA Dorota	1561		K 40	124	00:00:00	21,1 KM	+00:48:31	7:06	8.4 (67.2%)
125	ZARCZUK Anna	1323		K 40	125	00:00:00	21,1 KM	+00:48:34	7:06	8.4 (67.2%)
126	BĄK Ilona	680	OD PONIEDZIAŁKU	K 40	126	00:00:00	21,1 KM	+00:48:51	7:07	8.4 (67.2%)
127	NOWACKA Ewa	360		K 40	127	00:00:00	21,1 KM	+00:48:51	7:07	8.4 (67.2%)
128	MERKLINGHAUS-KOBER Monika	867	SPEED FEET '16/PARKRUN KOŚCIAN/12WBOT	K 40	128	00:00:00	21,1 KM	+00:49:07	7:07	8.4 (67.2%)
129	DUDZIAK-PRZEWOŻNA Izabela	1134	DOBICONNECT	K 40	129	00:00:00	21,1 KM	+00:49:33	7:09	8.4 (67.2%)
130	POSTAWA Renata	38		K 40	130	00:00:00	21,1 KM	+00:49:38	7:09	8.4 (67.2%)
131	BUKOWSKA Alina	677	ORKI Z ...	K 40	131	00:00:00	21,1 KM	+00:49:59	7:10	8.4 (67.2%)
132	MROCZEK Kasia	1450		K 40	132	00:00:00	21,1 KM	+00:50:54	7:12	8.3 (66.4%)
133	BRABAŃSKA Agata	1683	KORBOLE TEAM	K 40	133	00:00:00	21,1 KM	+00:51:11	7:15	8.3 (66.4%)
134	BASARA Agnieszka	1238		K 40	134	00:00:00	21,1 KM	+00:51:27	7:14	8.3 (66.4%)
135	PONICKA Izabela	1446	TEAM UJŚCIE	K 40	135	00:00:00	21,1 KM	+00:51:38	7:15	8.3 (66.4%)
136	ŻARKOWSKA Dominika	276		K 40	136	00:00:00	21,1 KM	+00:51:43	7:15	8.3 (66.4%)
137	MICHAŁEK Krystyna	691	TROCHĘ SIĘ BIEGA	K 40	137	00:00:00	21,1 KM	+00:51:49	7:15	8.3 (66.4%)
138	ODOROWICZ Kasia	121		K 40	138	00:00:00	21,1 KM	+00:52:09	7:16	8.2 (65.6%)
139	PYREK Dorota	1542	TROCHĘ SIĘ BIEGA	K 40	139	00:00:00	21,1 KM	+00:53:11	7:19	8.2 (65.6%)
140	NIEWADZIK Ula	184		K 40	140	00:00:00	21,1 KM	+00:53:19	7:19	8.2 (65.6%)
141	SIKORSKA Marcelina	15	BIELAWSKA AKADEMIA BIEGANIA	K 40	141	00:00:00	21,1 KM	+00:53:28	7:20	8.2 (65.6%)
142	GOLEC Dorota	23		K 40	142	00:00:00	21,1 KM	+00:53:41	7:20	8.2 (65.6%)
143	PTASZYŃSKA Agnieszka	1564		K 40	143	00:00:00	21,1 KM	+00:55:27	7:25	8.1 (64.8%)
144	PORĘBSKA Wioletta	1483	SALA TEAM	K 40	144	00:00:00	21,1 KM	+00:55:33	7:26	8.1 (64.8%)
145	PTASZKIEWICZ Ewa	158	GALLOWAY TEAM ZIELONA GÓRA	K 40	145	00:00:00	21,1 KM	+00:55:37	7:26	8.1 (64.8%)
146	JANOWICZ Renata	679	BIEGANIE USKRZYDLA	K 40	146	00:00:00	21,1 KM	+00:55:39	7:26	8.1 (64.8%)
147	LATA Beata	1083	SIEMIANOWICE I PRZYJACIELE BIEGAJĄ	K 40	147	00:00:00	21,1 KM	+00:56:12	7:28	8 (64.0%)
148	POPIELARZ Renata	113	GALLOWAY TEAM	K 40	148	00:00:00	21,1 KM	+00:57:23	7:31	8 (64.0%)
149	OWSIANIK Sylwia	134		K 40	149	00:00:00	21,1 KM	+00:58:02	7:33	7.9 (63.2%)
150	MORAWIEC Agnieszka	478	WATAHA	K 40	150	00:00:00	21,1 KM	+00:58:38	7:34	7.9 (63.2%)
151	KLUSEK Jolanta	1814	YOLA YOLANDA	K 40	151	00:00:00	21,1 KM	+00:58:42	7:35	7.9 (63.2%)
152	KOWAL Katarzyna	1047	ZAJĄCE BIEGAJĄ	K 40	152	00:00:00	21,1 KM	+00:59:38	7:37	7.9 (63.2%)
153	TAUDUL Urszula	1211	GRUPA BIEGOWA CZARNA BIAŁOSTOCKA	K 40	153	00:00:00	21,1 KM	+00:59:38	7:37	7.9 (63.2%)
154	CYGANEK Agnieszka	1177	BEFIT24TEAM	K 40	154	00:00:00	21,1 KM	+01:00:13	7:39	7.8 (62.4%)
155	KWIATECKA Iwona	204	ORANGE / ORKI Z	K 40	155	00:00:00	21,1 KM	+01:00:35	7:40	7.8 (62.4%)
156	MALISZEWSKA Agnieszka	958	GLADIATORS BY RMF 4 RACING TEAM	K 40	156	00:00:00	21,1 KM	+01:01:43	7:43	7.8 (62.4%)
157	CZERNIAKIEWICZ Anna	1604	GLADIATORS BY RMF4RT	K 40	157	00:00:00	21,1 KM	+01:01:43	7:43	7.8 (62.4%)
158	MOTOWIDŁO-ZAWADZKA Izabella	1080	3 FALE	K 40	158	00:00:00	21,1 KM	+01:03:09	7:47	7.7 (61.6%)
159	OSUCHOWSKA Wioletta	296	PKOBP	K 40	159	00:00:00	21,1 KM	+01:03:10	7:47	7.7 (61.6%)
160	KURCZ Barbara	180	BABECZKI KOSZALIN	K 40	160	00:00:00	21,1 KM	+01:03:28	7:48	7.7 (61.6%)
161	ORLIŃSKA Joanna	1147	SKAWINA BIEGA	K 40	161	00:00:00	21,1 KM	+01:03:47	7:50	7.6 (60.8%)
162	PANEK Agnieszka	1534		K 40	162	00:00:00	21,1 KM	+01:04:17	7:51	7.6 (60.8%)
163	TOŁKACZ Amelia	1188		K 40	163	00:00:00	21,1 KM	+01:04:20	7:51	7.6 (60.8%)
164	ZAWADKA Agnieszka	1677		K 40	164	00:00:00	21,1 KM	+01:05:12	7:53	7.6 (60.8%)
165	WARSZEWSKA Wioletta	1601		K 40	165	00:00:00	21,1 KM	+01:05:21	7:54	7.6 (60.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
166	KIELCZYK Katarzyna	9	WIECZORNE BIEGANIE W SZCZECINIE	K 40	166	00:00:00	21,1 KM	+01:07:24	7:59	7.5 (60.0%)
167	SZNAJDER Agnieszka	1376	BIELAWSKA AKADEMIA BIEGANIA	K 40	167	00:00:00	21,1 KM	+01:08:03	8:01	7.5 (60.0%)
168	KÜCHLER Małgorzata	128	JARBUD	K 40	168	00:00:00	21,1 KM	+01:08:42	8:03	7.4 (59.2%)
169	RATAJCZAK Aldona	349	TEAM LESZNO	K 40	169	00:00:00	21,1 KM	+01:09:55	8:07	7.4 (59.2%)
170	ZIĘBA Anna	1038		K 40	170	00:00:00	21,1 KM	+01:10:20	8:08	7.4 (59.2%)
171	SZYDEŁKO Mariola	1665	AKTYWNA KCYNIA	K 40	171	00:00:00	21,1 KM	+01:11:58	8:12	7.3 (58.4%)
172	DRABKOWSKA Agnieszka	1599	CUDAKI ♥	K 40	172	00:00:00	21,1 KM	+01:13:32	8:17	7.2 (57.6%)
173	HALEJCIO Małgorzata	343	MODLITWA BIEGANIA	K 40	173	00:00:00	21,1 KM	+01:13:53	8:18	7.2 (57.6%)
174	SEIFERT Sylwia	161	SERIKON TEAM	K 40	174	00:00:00	21,1 KM	+01:15:50	8:23	7.1 (56.8%)
175	SZYMANOWSKA Anna	761		K 40	175	00:00:00	21,1 KM	+01:16:38	8:26	7.1 (56.8%)
176	SWIDEREK Sylwia	1201		K 40	176	00:00:00	21,1 KM	+01:21:21	8:39	6.9 (55.2%)
177	KOŁODZIEJ Elżbieta	1730		K 40	177	00:00:00	21,1 KM	+01:28:26	8:59	6.7 (53.6%)
178	TRUCHAN Marta	1788		K 40	178	00:00:00	21,1 KM	+01:29:25	9:03	6.6 (52.8%)
179	BOROWY Anna	1385	HURAGAN LIGOTA	K 40	179	00:00:00	21,1 KM	+01:29:51	9:03	6.6 (52.8%)
180	KUBIAK- WOLNA Małgorzata	862	GWIEZDNI WOLNI	K 40	180	00:00:00	21,1 KM	+01:46:35	9:51	6.1 (48.8%)
181	BARDZIK Marzena	1062	PIEKIELNIE ZGRANI	K 40	181	00:00:00	21,1 KM	+01:50:57	10:03	6 (48.0%)
182	DYRDA Justyna	312		K 40	182	00:00:00	21,1 KM	+01:51:41	10:07	5.9 (47.2%)
183	KASPERCZAK Emilia	1243	PIEKIELNIE ZGRANI	K 40	183	00:00:00	21,1 KM	+01:51:45	10:06	5.9 (47.2%)
184	KLIMKOWSKA Monika	40	SPORTY CZARNIECKI - CHEŁM BIEGA	K 40	184	00:00:00	21,1 KM	+01:53:47	10:27	5.7 (45.6%)
185	BERKOWSKA Marzena	824	POSITIVE NORDIC WALKING TEAM	K 40	185	00:00:00	21,1 KM	+01:58:37	10:25	5.8 (46.4%)
186	KOWALCZYK Anna	820	DOGOŃ GRODZISK MAZOWIECKI	K 40	186	00:00:00	21,1 KM	+01:58:52	10:26	5.7 (45.6%)
187	CZERNIAK Violetta	1815		K 40	187	00:00:00	21,1 KM	+02:19:18	11:24	5.3 (42.4%)
188	MOSZKA Wioletta	1705		K 40	188	00:00:00	21,1 KM	+02:22:46	11:34	5.2 (41.6%)
189	WOLNIK Jolka	719	ENERGY BIEGAJA RAZEM PO 0.7	K 40	189	00:00:00	21,1 KM	+02:44:29	12:35	4.8 (38.4%)
190	LER Maria	1436		K 40	190	00:00:00	21,1 KM	+02:59:22	13:18	4.5 (36.0%)
191	SKRODZKA Aśka	350	VEGE RUNNERS	K 40	191	00:00:00	11,2 KM	+	6:35	9.1 (72.8%)

Znaleziono 191 wynik(ów)