

41.PKO PÓŁMARATON SZCZECIN "NA RAZ" - EDYCJA WIRTUALNA

B4SPORT

Wydarzenie: WIRTUALNY 41. PKO PÓŁMARATON SZCZECIN
Organizator: Stowarzyszenie K2 Partners
Data: 2020-08-01
Miejsce: Polska
Dystans: 21.1 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K-OPEN

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
1	HAWRON Agnieszka	10		K 40	1	00:00:00	21,1 KM	+00:00:00	4:48	12.5 (100%)
2	SURDACKA Ewa	164	KRAŚNIK BIEGA	K 50	1	00:00:00	21,1 KM	+00:00:14	4:50	12.4 (99.2%)
3	GORZKIEWICZ Patrycja	535		K 40	2	00:00:00	21,1 KM	+00:00:35	4:49	12.4 (99.2%)
4	MŁYNARCZYK Tatiana	1882		K 30	1	00:00:00	21,1 KM	+00:01:04	4:51	12.4 (99.2%)
5	RYCHTER Magdalena	285		K 30	2	00:00:00	21,1 KM	+00:02:41	4:55	12.2 (97.6%)
6	NIEDZIELSKA Karolina	1416		K 20	1	00:00:00	21,1 KM	+00:03:54	4:59	12 (96.0%)
7	JANKA Joanna	1582		K 40	3	00:00:00	21,1 KM	+00:04:19	5:00	12 (96.0%)
8	KURAS Justyna	711	PEKABEX PREF S.A	K 20	2	00:00:00	21,1 KM	+00:04:46	5:01	11.9 (95.2%)
9	WILCZEWSKA Agnieszka	498	KKP SŁUPCZANKA	K 30	3	00:00:00	21,1 KM	+00:05:06	5:02	11.9 (95.2%)
10	PACZKOWSKA Joanna	325		K 40	4	00:00:00	21,1 KM	+00:06:51	5:07	11.7 (93.6%)
11	SWAT-BODAK Agnieszka	149		K 40	5	00:00:00	21,1 KM	+00:07:30	5:09	11.6 (92.8%)
12	WIERDAK Joanna	1768	POLSKA RUNNING TEAM	K 40	6	00:00:00	21,1 KM	+00:07:38	5:09	11.6 (92.8%)
13	TRZEŚNIEWSKA Grażyna	1695		K 40	7	00:00:00	21,1 KM	+00:07:39	5:10	11.6 (92.8%)
14	PAŁASZEWSKA Karolina	321		K 20	3	00:00:00	21,1 KM	+00:07:47	5:10	11.6 (92.8%)
15	KALINOWSKA Justyna	1287		K 30	4	00:00:00	21,1 KM	+00:08:02	5:11	11.6 (92.8%)
16	WOŹNIECKA Karolina	810	FALE LOKI KOKI	K 30	5	00:00:00	21,1 KM	+00:09:08	5:14	11.5 (92.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
17	GÓRECKA-PAWLAK Edyta	18		K 30	6	00:00:00	21,1 KM	+00:09:26	5:15	11.4 (91.2%)
18	KWIATKOWSKA Agnieszka	1280	WIEWIÓR TEAM	K 30	7	00:00:00	21,1 KM	+00:09:27	5:15	11.4 (91.2%)
19	OKORSKA-BOMBIŃSKA Basia	1547	PKO BP SA	K 30	8	00:00:00	21,1 KM	+00:09:35	5:15	11.4 (91.2%)
20	PALUSZAK Anna	1519	700STKA SIŁOWNIA BUK	K 20	4	00:00:00	21,1 KM	+00:10:27	5:17	11.3 (90.4%)
21	SOŚNIAK Iwona	454		K 40	8	00:00:00	21,1 KM	+00:10:37	5:18	11.3 (90.4%)
22	BYRA Magdalena	1769	POLSKA RUNNING TEAM	K 30	9	00:00:00	21,1 KM	+00:11:05	5:19	11.3 (90.4%)
23	JABŁOŃSKA Sylwia	1625	SBG PODBIEG	K 30	10	00:00:00	21,1 KM	+00:11:16	5:20	11.2 (89.6%)
24	KLIMKO Alicja	243		K 50	2	00:00:00	21,1 KM	+00:11:18	5:20	11.2 (89.6%)
25	PACZKOWSKA Katarzyna	855		K 30	11	00:00:00	21,1 KM	+00:11:26	5:20	11.2 (89.6%)
26	MIKOŁAJUK Aneta	961		K 40	9	00:00:00	21,1 KM	+00:11:38	5:22	11.1 (88.8%)
27	DZIEKOŃSKA Agnieszka	361	SOBOTNI BIEGACZE ŚWINOUJŚCIE	K 30	12	00:00:00	21,1 KM	+00:11:40	5:21	11.2 (89.6%)
28	TROJGA Karolina	97	INNERIUMKAROLINA TROJGA	K 30	13	00:00:00	21,1 KM	+00:11:49	5:21	11.2 (89.6%)
29	WRONA Magdalena	1781		K 20	5	00:00:00	21,1 KM	+00:12:44	5:24	11.1 (88.8%)
30	PUŚLECKA Katarzyna	356		K 20	6	00:00:00	21,1 KM	+00:12:56	5:25	11.1 (88.8%)
31	KIEDROWSKA Daria	551		K 30	14	00:00:00	21,1 KM	+00:13:09	5:25	11.1 (88.8%)
32	BĘBEN Wioleta	507	KB WIKON NOWA SÓL	K 40	10	00:00:00	21,1 KM	+00:13:13	5:25	11 (88.0%)
33	CZYŻEWSKA Mirosława	636	WKURW_TEAM PAPRYKARZE	K 30	15	00:00:00	21,1 KM	+00:13:37	5:26	11 (88.0%)
34	KRZYSIAK Anna	1764		K 40	11	00:00:00	21,1 KM	+00:13:38	5:27	11 (88.0%)
35	LEPOROWSKA Anna	792	2015	K 40	12	00:00:00	21,1 KM	+00:13:41	5:27	11 (88.0%)
36	MAJ Ewa	1222		K 30	16	00:00:00	21,1 KM	+00:13:44	5:27	11 (88.0%)
37	STĘPIEŃ Agnieszka	225		K 30	17	00:00:00	21,1 KM	+00:13:44	5:27	11 (88.0%)
38	DROZDEK Iwona	263	CHARTY	K 50	3	00:00:00	21,1 KM	+00:13:54	5:27	11 (88.0%)
39	HORDEJUK Dorota	1492	USTECKA SZKOŁA BIEGANIA USB	K 30	18	00:00:00	21,1 KM	+00:13:55	5:27	11 (88.0%)
40	MOLIŃSKA Marlena	1030		K 40	13	00:00:00	21,1 KM	+00:13:55	5:27	11 (88.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
41	WITOCH Grażyna	1605	TEAM UJŚCIE	K 50	4	00:00:00	21,1 KM	+00:14:17	5:28	10.9 (87.2%)
42	PAPIERAK Monika	1720		K 40	14	00:00:00	21,1 KM	+00:14:19	5:28	10.9 (87.2%)
43	SOŁTYSEK Barbara	624	JUSTFEELFIT	K 40	15	00:00:00	21,1 KM	+00:14:26	5:29	10.9 (87.2%)
44	JAROCKA Agata	583	BESTIE OCR LEGIONOWO	K 30	19	00:00:00	21,1 KM	+00:14:39	5:29	10.9 (87.2%)
45	GOLUSIŃSKA Alicja	1098	HERBUD	K 30	20	00:00:00	21,1 KM	+00:14:57	5:30	10.9 (87.2%)
46	SZYMAŃSKA Kasia	633		K 20	7	00:00:00	21,1 KM	+00:15:18	5:31	10.9 (87.2%)
47	PRZYBYŁ Monika	976		K 30	21	00:00:00	21,1 KM	+00:15:25	5:32	10.8 (86.4%)
48	SABANOWSKA Aneta	1773	POLSKA RUNNING TEAM	K 40	16	00:00:00	21,1 KM	+00:16:13	5:34	10.8 (86.4%)
49	RĘPAŁSKA Agata	905		K 30	22	00:00:00	21,1 KM	+00:16:13	5:34	10.8 (86.4%)
50	PRZESÓR Barbara	859	ZADYSZKA OŚWIĘCIM	K 30	23	00:00:00	21,1 KM	+00:16:54	5:36	10.7 (85.6%)
51	GARBOWSKA Anna	1394		K 30	24	00:00:00	21,1 KM	+00:16:59	5:36	10.7 (85.6%)
52	ZBOROWSKA Daria	307	AKTYWNY OSTRZESZÓW	K 20	8	00:00:00	21,1 KM	+00:17:08	5:36	10.7 (85.6%)
53	DRYMEL Agata	530		K 40	17	00:00:00	21,1 KM	+00:17:31	5:38	10.6 (84.8%)
54	KUCZMIERCZYK Justyna	1680		K 30	25	00:00:00	21,1 KM	+00:17:33	5:38	10.6 (84.8%)
55	KORDELA Dominika	1056		K 30	26	00:00:00	21,1 KM	+00:17:34	5:38	10.6 (84.8%)
56	ROZEN Agnieszka	319		K 40	18	00:00:00	21,1 KM	+00:17:45	5:38	10.6 (84.8%)
57	WALKOWIAK Justyna	1763	WALKOŁAJAK TEAM	K 20	9	00:00:00	21,1 KM	+00:17:54	5:39	10.6 (84.8%)
58	LIŻEWSKA Lidia	1179	KB WYSZKÓW	K 30	27	00:00:00	21,1 KM	+00:18:12	5:40	10.6 (84.8%)
59	NIEWIADOMSKA Patrycja	1469	HAJIME RUN TEAM	K 30	28	00:00:00	21,1 KM	+00:18:17	5:40	10.6 (84.8%)
60	DUDEK Barbara	898	ROSSBIEGANI	K 40	19	00:00:00	21,1 KM	+00:18:22	5:40	10.6 (84.8%)
61	WIŚNIEWSKA Marta	286	WIECZORNE BIEGANIE W SZCZECINIE	K 40	20	00:00:00	21,1 KM	+00:18:24	5:40	10.6 (84.8%)
62	TERETYKA Dorota	14		K 40	21	00:00:00	21,1 KM	+00:18:32	5:40	10.6 (84.8%)
63	SKORSTAD Izabela	1627	IZABELA SYLWIA SKORSTAD	K 40	22	00:00:00	21,1 KM	+00:18:34	5:41	10.5 (84.0%)
64	RAKOWSKA Agnieszka	1011		K 30	29	00:00:00	21,1 KM	+00:18:47	5:41	10.5 (84.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
65	SZUMLAS Monika	241		K 50	5	00:00:00	21,1 KM	+00:18:58	5:42	10.5 (84.0%)
66	GRAJ Ewa	1500	KB KATORŻNIK MUROWANA GOŚLINA	K 40	23	00:00:00	21,1 KM	+00:19:12	5:44	10.5 (84.0%)
67	SZEWCZYK Monika	752		K 20	10	00:00:00	21,1 KM	+00:19:39	5:44	10.5 (84.0%)
68	LESZCZYŃSKA Joasia	923	WKZ-BBL KOZIENICE	K 40	24	00:00:00	21,1 KM	+00:20:01	5:45	10.4 (83.2%)
69	SZYMAŃSKA Agnieszka	1804	PKO BANK POLSKI	K 40	25	00:00:00	21,1 KM	+00:20:11	5:45	10.4 (83.2%)
70	POSZUMSKA Gabriela	1736		K 20	11	00:00:00	21,1 KM	+00:20:18	5:47	10.4 (83.2%)
71	DZIEWICKA Ewa	1745		K 50	6	00:00:00	21,1 KM	+00:20:32	5:46	10.4 (83.2%)
72	MROŻEK Aleksandra	1176	ŻAGAŃSKIE DZIKI	K 30	30	00:00:00	21,1 KM	+00:20:40	5:48	10.3 (82.4%)
73	DRYMEL Sylwia	400		K 40	26	00:00:00	21,1 KM	+00:20:47	5:47	10.4 (83.2%)
74	RZEMIENIECKA-GRUDZIEŃ Joanna	798		K 30	31	00:00:00	21,1 KM	+00:20:57	5:47	10.4 (83.2%)
75	GAWRON Urszula	379		K 30	32	00:00:00	21,1 KM	+00:21:01	5:48	10.3 (82.4%)
76	WOJAKOWSKA Katarzyna	1413	K&K RUN	K 40	27	00:00:00	21,1 KM	+00:21:04	5:48	10.3 (82.4%)
77	ŻYLUK Bożena	1837	WIECZORNE BIEGANIE W SZCZECINIE	K 40	28	00:00:00	21,1 KM	+00:21:09	5:48	10.3 (82.4%)
78	RAWICKA-POLNIK Magdalena	1614		K 30	33	00:00:00	21,1 KM	+00:21:14	5:48	10.3 (82.4%)
79	MAJEWSKA-SZYMCZYK Joanna	1588		K 30	34	00:00:00	21,1 KM	+00:21:21	5:48	10.3 (82.4%)
80	KOMSTA Beata	807		K 40	29	00:00:00	21,1 KM	+00:21:21	5:48	10.3 (82.4%)
81	ROSZAK Weronika	261	CIUWER TEAM	K 20	12	00:00:00	21,1 KM	+00:21:21	5:48	10.3 (82.4%)
82	BRZEZICKA Kornelia	1701		K 30	35	00:00:00	21,1 KM	+00:22:00	5:50	10.3 (82.4%)
83	SYS Ewa	936		K 40	30	00:00:00	21,1 KM	+00:22:07	5:51	10.3 (82.4%)
84	JARMUŻEWSKA Teresa	1272	TIA	K 40	31	00:00:00	21,1 KM	+00:22:08	5:51	10.3 (82.4%)
85	ŁĄCZAK Justyna	12	ASSECO ACTIVE TEAM	K 40	32	00:00:00	21,1 KM	+00:22:11	5:51	10.2 (81.6%)
86	ZASADA Iwona	52	BOHAR PALETY RUNNERS	K 40	33	00:00:00	21,1 KM	+00:22:14	5:51	10.2 (81.6%)
87	SOBOTA Natalia	1071		K 20	13	00:00:00	21,1 KM	+00:22:20	5:51	10.2 (81.6%)
88	KOZAK Katarzyna	202		K 20	14	00:00:00	21,1 KM	+00:22:21	5:51	10.2 (81.6%)

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89	KOCZOROWSKA Kika	1065		K 30	36	00:00:00	21,1 KM	+00:22:27	5:52	10.2 (81.6%)
90	MALICKA Małgorzata	177	BOHAR PALETY RUNNERS	K 40	34	00:00:00	21,1 KM	+00:22:28	5:52	10.2 (81.6%)
91	RZYMSKA Marta	693		K 30	37	00:00:00	21,1 KM	+00:22:36	5:52	10.2 (81.6%)
92	LEWANIAK Elżbieta	731		K 40	35	00:00:00	21,1 KM	+00:22:40	5:52	10.2 (81.6%)
93	RASZEWSKA-NOLBERT Grażyna	868		K 30	38	00:00:00	21,1 KM	+00:22:42	5:52	10.2 (81.6%)
94	WOJTCZAK Justyna	354	FSD RUN DREZDENKO	K 20	15	00:00:00	21,1 KM	+00:22:54	5:53	10.2 (81.6%)
95	KOWALCZYK Dorota	1494		K 40	36	00:00:00	21,1 KM	+00:23:00	5:53	10.2 (81.6%)
96	KOWALSKA Agata	148		K 20	16	00:00:00	21,1 KM	+00:23:00	5:53	10.2 (81.6%)
97	CHRZANOWSKA Anna	1524		K 30	39	00:00:00	21,1 KM	+00:23:02	5:53	10.2 (81.6%)
98	LISKE Dorota	991		K 40	37	00:00:00	21,1 KM	+00:23:08	5:56	10.1 (80.8%)
99	BOŻKO Katarzyna	1653		K 20	17	00:00:00	21,1 KM	+00:23:17	5:54	10.2 (81.6%)
100	DROBYSZEWSKA Anna	1089		K 30	40	00:00:00	21,1 KM	+00:23:17	5:54	10.2 (81.6%)
101	KUCHARCZYK Małgorzata	1791	1977	K 40	38	00:00:00	21,1 KM	+00:23:18	5:54	10.2 (81.6%)
102	KOZERA Marzena	188		K 30	41	00:00:00	21,1 KM	+00:23:25	5:54	10.1 (80.8%)
103	MURAWSKA Monika	900	BIEGACZE ŚWINOUJŚCIE	K 40	39	00:00:00	21,1 KM	+00:23:50	5:56	10.1 (80.8%)
104	RUDZIEWICZ Urszula	1639		K 30	42	00:00:00	21,1 KM	+00:23:55	5:56	10.1 (80.8%)
105	NIEDLICH Anna	375	KWS TEAM POLICE	K 30	43	00:00:00	21,1 KM	+00:23:58	5:56	10.1 (80.8%)
106	WITKOWSKA Karolina	25		K 30	44	00:00:00	21,1 KM	+00:24:11	5:57	10.1 (80.8%)
107	GAJEWSKA Kamilla	357	SOBOTNI BIEGACZE ŚWINOUJŚCIE	K 40	40	00:00:00	21,1 KM	+00:24:36	5:58	10.1 (80.8%)
108	KOŚLACZ Katarzyna	64		K 40	41	00:00:00	21,1 KM	+00:24:59	5:59	10 (80.0%)
109	GRUCHAŁA-FURMANIUK Aldona	1193	SPEED FREAKS	K 30	45	00:00:00	21,1 KM	+00:25:10	6:01	10 (80.0%)
110	ŻBEL Ania	1230	HRMAX ŻORY	K 30	46	00:00:00	21,1 KM	+00:25:17	6:00	10 (80.0%)
111	KLEŚTA Anna	727		K 30	47	00:00:00	21,1 KM	+00:25:20	6:00	10 (80.0%)
112	RACINOWSKA Olga	1864		K 30	48	00:00:00	21,1 KM	+00:25:26	6:00	10 (80.0%)

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113	KARLIKOWSKA-ANTOSIAK Małgorzata	558	KOBIETY W BIEGU	K 40	42	00:00:00	21,1 KM	+00:25:35	6:00	10 (80.0%)
114	BĄK Natalia	500		K 30	49	00:00:00	21,1 KM	+00:25:49	6:01	10 (80.0%)
115	ZOWCZAK Dorota	555	RAWA TEAM	K 30	50	00:00:00	21,1 KM	+00:25:50	6:01	10 (80.0%)
116	WIĄCEK Anna	674	KOBIECE BIEGANIE	K 40	43	00:00:00	21,1 KM	+00:25:50	6:01	10 (80.0%)
117	NOWAK Barbara	561		K 40	44	00:00:00	21,1 KM	+00:25:53	6:01	9.9 (79.2%)
118	MICHALSKA Katarzyna	1199		K 30	51	00:00:00	21,1 KM	+00:26:23	6:03	9.9 (79.2%)
119	WIERZBICKA Joanna	938	KB GEPARD MUROWANA GOŚLINA	K 40	45	00:00:00	21,1 KM	+00:26:27	6:03	9.9 (79.2%)
120	PAWLACZYK Natalia	1754		K 20	18	00:00:00	21,1 KM	+00:26:29	6:03	9.9 (79.2%)
121	KILANOWSKA Agnieszka	178	ROZBIEGAJMY RADOMSKO	K 30	52	00:00:00	21,1 KM	+00:26:33	6:03	9.9 (79.2%)
122	WOSZ Kinga	838		K 30	53	00:00:00	21,1 KM	+00:26:45	6:04	9.9 (79.2%)
123	MADEJ Anna	324	UKŁ ÓSEMKA POLICE	K 30	54	00:00:00	21,1 KM	+00:26:50	6:04	9.9 (79.2%)
124	KUKLA-KOWALSKA Alicja	927	BIEGAM BO NIE LUBIĘ	K 40	46	00:00:00	21,1 KM	+00:26:50	6:04	9.9 (79.2%)
125	SZNABOWICZ Magda	1807		K 30	55	00:00:00	21,1 KM	+00:26:51	6:04	9.9 (79.2%)
126	RAGAN Aneta	700		K 40	47	00:00:00	21,1 KM	+00:26:52	6:05	9.9 (79.2%)
127	KRUPA Iwona	845	KB MOSTKOWO	K 40	48	00:00:00	21,1 KM	+00:27:06	6:05	9.9 (79.2%)
128	TYBORSKA Paulina	994		K 20	19	00:00:00	21,1 KM	+00:27:16	6:05	9.8 (78.4%)
129	MARKOWSKA Katarzyna	1104		K 20	20	00:00:00	21,1 KM	+00:27:19	6:06	9.8 (78.4%)
130	GANDZIAROWSKA Anna	877		K 20	21	00:00:00	21,1 KM	+00:27:20	6:05	9.8 (78.4%)
131	WALCZAK Magdalena	616		K 40	49	00:00:00	21,1 KM	+00:27:20	6:05	9.8 (78.4%)
132	MUŻ Katarzyna	1451		K 40	50	00:00:00	21,1 KM	+00:27:37	6:06	9.8 (78.4%)
133	KAWCZYŃSKA Magdalena	522	RAZ SZCZECIN	K 40	51	00:00:00	21,1 KM	+00:27:44	6:07	9.8 (78.4%)
134	KURKOWIAK Agnieszka	580		K 40	52	00:00:00	21,1 KM	+00:27:59	6:07	9.8 (78.4%)
135	RYNDAK Magdalena	1532	POLSKA RUNNING TEAM	K 30	56	00:00:00	21,1 KM	+00:28:04	6:08	9.8 (78.4%)
136	BUDNA Anna	1649		K 40	53	00:00:00	21,1 KM	+00:28:05	6:08	9.8 (78.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
137	KAMILA Olszewska	1669		K 30	57	00:00:00	21,1 KM	+00:28:12	6:08	9.8 (78.4%)
138	SZYDŁOWSKA Joanna	29		K 20	22	00:00:00	21,1 KM	+00:28:16	6:08	9.8 (78.4%)
139	LANGBECKER Yvonne	1833	ESV ANGERMÜNDE	K 50	7	00:00:00	21,1 KM	+00:28:24	6:09	9.8 (78.4%)
140	MIERZWIŃSKA Agnieszka	1569	WATAHA-ŁĄCZY NAS BIEGANIE	K 20	23	00:00:00	21,1 KM	+00:28:26	6:09	9.8 (78.4%)
141	JABŁOŃSKA Katarzyna	1727		K 40	54	00:00:00	21,1 KM	+00:28:31	6:09	9.7 (77.6%)
142	KĘSKA Katarzyna	318	LOVELASY	K 40	55	00:00:00	21,1 KM	+00:28:31	6:09	9.7 (77.6%)
143	KOZŁOWSKA Karolina	45	#KOZIOŁKI_TEAM	K 30	58	00:00:00	21,1 KM	+00:28:39	6:09	9.7 (77.6%)
144	ZAJĄC Karolina	758		K 20	24	00:00:00	21,1 KM	+00:28:45	6:10	9.7 (77.6%)
145	KACZOR Darek	232	KB KATORŻNIK MUROWANA GOŚLINA	K 40	56	00:00:00	21,1 KM	+00:28:47	6:10	9.7 (77.6%)
146	JAKUBIAK Magdalena	493	BOHAR PALETY RUNNERS	K 40	57	00:00:00	21,1 KM	+00:28:49	6:10	9.7 (77.6%)
147	JAWORSKA Justyna	666		K 40	58	00:00:00	21,1 KM	+00:28:59	6:10	9.7 (77.6%)
148	GAPIŃSKA Agnieszka	863		K 30	59	00:00:00	21,1 KM	+00:29:01	6:10	9.7 (77.6%)
149	JURASZ Aleksandra	84		K 30	60	00:00:00	21,1 KM	+00:29:02	6:10	9.7 (77.6%)
150	STYCZ Katarzyna	853		K 30	61	00:00:00	21,1 KM	+00:29:04	6:10	9.7 (77.6%)
151	ADAMCZAK Martyna	336		K 20	25	00:00:00	21,1 KM	+00:29:10	6:11	9.7 (77.6%)
152	JANAS Estera	118		K 30	62	00:00:00	21,1 KM	+00:29:12	6:11	9.7 (77.6%)
153	DELUGA Magdalena	764	KB WYSZKÓW	K 30	63	00:00:00	21,1 KM	+00:29:16	6:11	9.7 (77.6%)
154	PACHOLSKA Małgorzata	1543		K 30	64	00:00:00	21,1 KM	+00:29:18	6:11	9.7 (77.6%)
155	ŚWITAŁA Gabriela	942		K 40	59	00:00:00	21,1 KM	+00:29:20	6:11	9.7 (77.6%)
156	ALBRECHT Manon	1832	ESV 49 ANGERMÜNDE	K 40	60	00:00:00	21,1 KM	+00:29:29	6:12	9.7 (77.6%)
157	KĘDRA-SULEJ Agnieszka	109	WAT / AKS-SOFT TEAM	K 40	61	00:00:00	21,1 KM	+00:29:33	6:12	9.7 (77.6%)
158	GAWLIK Kinga	46		K 30	65	00:00:00	21,1 KM	+00:29:44	6:12	9.7 (77.6%)
159	MROZIŃSKA Renata	334		K 40	62	00:00:00	21,1 KM	+00:29:44	6:12	9.7 (77.6%)
160	CHRONOWSKA Justyna	1596		K 20	26	00:00:00	21,1 KM	+00:29:53	6:13	9.6 (76.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
161	KUPNIEWSKA Aleksandra	70	KOMPAS TEAM	K 30	66	00:00:00	21,1 KM	+00:29:55	6:13	9.6 (76.8%)
162	ZAKRZEWSKA Sylwia	1150		K 30	67	00:00:00	21,1 KM	+00:29:58	6:13	9.6 (76.8%)
163	PIOTEREK Olga	327	SPEEDBROTHERS	K 30	68	00:00:00	21,1 KM	+00:30:13	6:14	9.6 (76.8%)
164	CELEK Katarzyna	1843	ART&RUN	K 30	69	00:00:00	21,1 KM	+00:30:15	6:14	9.6 (76.8%)
165	JAWÓR Magdalena	866		K 30	70	00:00:00	21,1 KM	+00:30:21	6:14	9.6 (76.8%)
166	PISZCZEK Marzena	720		K 30	71	00:00:00	21,1 KM	+00:30:22	6:14	9.6 (76.8%)
167	REKOWSKA Danuta	316		K 50	8	00:00:00	21,1 KM	+00:30:29	6:15	9.6 (76.8%)
168	KASPERSKA Sylwia	470	KB ZDYSZAAANI CHOCIANÓW	K 40	63	00:00:00	21,1 KM	+00:30:41	6:15	9.6 (76.8%)
169	SZYMAŃSKA Hanna	518	POZYTYWNI BIEGACZE	K 40	64	00:00:00	21,1 KM	+00:30:48	6:15	9.6 (76.8%)
170	RACŁAWSKA Iwona	1779		K 50	9	00:00:00	21,1 KM	+00:31:00	6:17	9.5 (76.0%)
171	ROMAŃSKA-MALINA Olga	1865		K 30	72	00:00:00	21,1 KM	+00:31:07	6:16	9.6 (76.8%)
172	RÓŻAŃSKA Magdalena	972		K 40	65	00:00:00	21,1 KM	+00:31:18	6:17	9.5 (76.0%)
173	ŚLEDŹ Iwona	126		K 40	66	00:00:00	21,1 KM	+00:31:22	6:17	9.5 (76.0%)
174	PILARSKA Iwona	1285	PYRZYCE BIEGAJĄ	K 30	73	00:00:00	21,1 KM	+00:31:23	6:17	9.5 (76.0%)
175	SZYMECZKO Jola	383	RUNONLINE.PL	K 40	67	00:00:00	21,1 KM	+00:31:23	6:18	9.5 (76.0%)
176	BURNAGIEL Agata	1086	HRMAX ŻORY	K 50	10	00:00:00	21,1 KM	+00:31:32	6:17	9.5 (76.0%)
177	ZAROBIAK Katarzyna	832		K 40	68	00:00:00	21,1 KM	+00:31:55	6:19	9.5 (76.0%)
178	LISSEWSKA Konstancja	883		K 30	74	00:00:00	21,1 KM	+00:32:02	6:19	9.5 (76.0%)
179	NURSKA Emilia	1643		K 60	1	00:00:00	21,1 KM	+00:32:12	6:19	9.5 (76.0%)
180	DANKOWSKA Urszula	414		K 30	75	00:00:00	21,1 KM	+00:32:23	6:20	9.5 (76.0%)
181	NOWAK Tatiana	779	KOŚCIAN TEAM	K 40	69	00:00:00	21,1 KM	+00:32:25	6:20	9.5 (76.0%)
182	ROZICKA Adriana	1742		K 20	27	00:00:00	21,1 KM	+00:32:39	6:21	9.4 (75.2%)
183	SIDOR Anna	1659		K 40	70	00:00:00	21,1 KM	+00:32:46	6:21	9.4 (75.2%)
184	MAKOWSKA Joanna	759		K 40	71	00:00:00	21,1 KM	+00:32:48	6:21	9.4 (75.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
185	MACIEJEWSKA Jolanta	466		K 30	76	00:00:00	21,1 KM	+00:32:48	6:21	9.4 (75.2%)
186	DAMASZKE Aleksandra	435		K 30	77	00:00:00	21,1 KM	+00:32:49	6:21	9.4 (75.2%)
187	KLEIN Patrycja	1263		K 20	28	00:00:00	21,1 KM	+00:32:49	6:21	9.4 (75.2%)
188	DOMBEK Agnieszka	826		K 40	72	00:00:00	21,1 KM	+00:32:54	6:21	9.4 (75.2%)
189	RASIŃSKA Ewelina	345	#BBKTS	K 30	78	00:00:00	21,1 KM	+00:32:58	6:21	9.4 (75.2%)
190	HNAT Patrycja	1075		K 20	29	00:00:00	21,1 KM	+00:33:02	6:22	9.4 (75.2%)
191	MOC Marzena	593		K 20	30	00:00:00	21,1 KM	+00:33:08	6:22	9.4 (75.2%)
192	ADAMCZAK Jolanta	381	OD PONIEDZIAŁKU	K 50	11	00:00:00	21,1 KM	+00:33:16	6:22	9.4 (75.2%)
193	MRULA Ewa	928		K 40	73	00:00:00	21,1 KM	+00:33:30	6:23	9.4 (75.2%)
194	CYRAN Katarzyna	476		K 40	74	00:00:00	21,1 KM	+00:33:31	6:23	9.4 (75.2%)
195	WÓJCIK Anna	1284	ŻYTANIA TEAM	K 30	79	00:00:00	21,1 KM	+00:33:32	6:23	9.4 (75.2%)
196	RAKOCZY Dorota	1760		K 40	75	00:00:00	21,1 KM	+00:33:35	6:23	9.4 (75.2%)
197	OLEŚ-ZDECHLIK Beata	1163		K 30	80	00:00:00	21,1 KM	+00:33:44	6:24	9.4 (75.2%)
198	JĘDRZEJCZYK Katarzyna	1729		K 20	31	00:00:00	21,1 KM	+00:34:13	6:25	9.3 (74.4%)
199	SOLARZ Monika	688		K 30	81	00:00:00	21,1 KM	+00:34:22	6:25	9.3 (74.4%)
200	POPIELARSKA Sabina	271		K 40	76	00:00:00	21,1 KM	+00:34:23	6:26	9.3 (74.4%)
201	KWIATKOWSKA Martyna	560	MIRAZ RACE TEAM	K 30	82	00:00:00	21,1 KM	+00:34:42	6:26	9.3 (74.4%)
202	WRÓBLEWSKA Marta	95		K 40	77	00:00:00	21,1 KM	+00:35:07	6:28	9.3 (74.4%)
203	GUŁA Iwona	1473		K 50	12	00:00:00	21,1 KM	+00:35:13	6:28	9.3 (74.4%)
204	WIZA Ewa	86		K 20	32	00:00:00	21,1 KM	+00:35:16	6:28	9.3 (74.4%)
205	LUBAŃSKA Alicja	157		K 50	13	00:00:00	21,1 KM	+00:35:28	6:29	9.3 (74.4%)
206	PRZĄDO-KUDAS Małgorzata	1054		K 40	78	00:00:00	21,1 KM	+00:35:33	6:29	9.2 (73.6%)
207	KONIKOWSKA Julia	1880		K 30	83	00:00:00	21,1 KM	+00:35:38	6:29	9.2 (73.6%)
208	LUCZAK Karolina	1571	KLUB BIEGACZA PROVIDENT POLSKA	K 30	84	00:00:00	21,1 KM	+00:35:44	6:29	9.2 (73.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
209	KLECZKOWSKA Ewa	1610		K 40	79	00:00:00	21,1 KM	+00:35:49	6:30	9.2 (73.6%)
210	MATUSZAK Anita	769	MATUSZAK TEAM	K 40	80	00:00:00	21,1 KM	+00:35:55	6:30	9.2 (73.6%)
211	BRZUSZEK Katarzyna	1430		K 30	85	00:00:00	21,1 KM	+00:36:02	6:30	9.2 (73.6%)
212	MICHALAK Karolina	1750		K 30	86	00:00:00	21,1 KM	+00:36:23	6:31	9.2 (73.6%)
213	MICHALAK Mariola	367		K 30	87	00:00:00	21,1 KM	+00:36:24	6:31	9.2 (73.6%)
214	MARCHEWKA Justyna	895	URZĄD BIEGA	K 30	88	00:00:00	21,1 KM	+00:36:28	6:31	9.2 (73.6%)
215	CHYBIŃSKA Katarzyna	31		K 30	89	00:00:00	21,1 KM	+00:36:33	6:32	9.2 (73.6%)
216	RYDZEWSKA Elzbieta	1315	OHANA	K 30	90	00:00:00	21,1 KM	+00:36:39	6:32	9.2 (73.6%)
217	TOCHA Marzena	1419	1977	K 40	81	00:00:00	21,1 KM	+00:36:48	6:32	9.2 (73.6%)
218	JANUS Jowita	1317		K 20	33	00:00:00	21,1 KM	+00:37:04	6:33	9.1 (72.8%)
219	CHODKIEWICZ Anna	1842		K 30	91	00:00:00	21,1 KM	+00:37:14	6:34	9.1 (72.8%)
220	CIEŚLIK Sonia	716	BRAK	K 20	34	00:00:00	21,1 KM	+00:37:38	6:35	9.1 (72.8%)
221	DUDA Jadwiga	520		K 60	2	00:00:00	21,1 KM	+00:37:51	6:35	9.1 (72.8%)
222	MACHALICA Adriana	1100		K 30	92	00:00:00	21,1 KM	+00:38:04	6:36	9.1 (72.8%)
223	KOŁODYŃSKA Dominika	1331		K 20	35	00:00:00	21,1 KM	+00:38:09	6:36	9.1 (72.8%)
224	TAYLOR Ania	985		K 20	36	00:00:00	21,1 KM	+00:38:14	6:36	9.1 (72.8%)
225	RYDZEWSKA Marta	1314	OHANA	K 30	93	00:00:00	21,1 KM	+00:38:22	6:37	9.1 (72.8%)
226	PIETRZAK Anna	362		K 40	82	00:00:00	21,1 KM	+00:38:24	6:37	9.1 (72.8%)
227	RÓŻYCKA-FRYT Katarzyna	639	ROZBIEGANE MYSŁOWICE	K 40	83	00:00:00	21,1 KM	+00:38:25	6:37	9.1 (72.8%)
228	WYGLĄDACZ Alicja	1142	WIELGOWO NA BIEGOWO	K 40	84	00:00:00	21,1 KM	+00:38:33	6:37	9 (72.0%)
229	GURMIŃSKA Katarzyna	7		K 20	37	00:00:00	21,1 KM	+00:38:39	6:38	9 (72.0%)
230	KRZEMIŃSKA Joanna	913		K 30	94	00:00:00	21,1 KM	+00:38:50	6:38	9 (72.0%)
231	KOPIENIAK Agnieszka	1107	BIEGNĘ, ŻEBY BARTEK MÓGL BIEGAĆ	K 30	95	00:00:00	21,1 KM	+00:39:07	6:39	9 (72.0%)
232	PURCZYŃSKA Edyta	878		K 40	85	00:00:00	21,1 KM	+00:39:10	6:39	9 (72.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
233	KOZAKOWSKA Małgorzata	1443		K 40	86	00:00:00	21,1 KM	+00:39:10	6:39	9 (72.0%)
234	WSZELAK Anita	448		K 40	87	00:00:00	21,1 KM	+00:39:27	6:40	9 (72.0%)
235	KRYSTOWSKA Joanna	1850		K 50	14	00:00:00	21,1 KM	+00:39:31	6:40	9 (72.0%)
236	LENCZEWSKA-MACIĄG Dorota	57		K 40	88	00:00:00	21,1 KM	+00:39:34	6:40	9 (72.0%)
237	JÓŹWIAK Magdalena	1829	WIECZORNE BIEGANIE W SZCZECINIE	K 30	96	00:00:00	21,1 KM	+00:40:02	6:42	9 (72.0%)
238	WIŚLICKA Sandra	1710	PKO BANK POLSKI	K 30	97	00:00:00	21,1 KM	+00:40:03	6:42	9 (72.0%)
239	SZYMAŃSKA-KOZIOŁ Monika	650	EKM MORSY LUBUSKIE	K 40	89	00:00:00	21,1 KM	+00:40:03	6:42	9 (72.0%)
240	WARMUZ Dorota	937	BYTOM	K 30	98	00:00:00	21,1 KM	+00:40:17	6:42	8.9 (71.2%)
241	TABAS Anna	11	WIECZORNE BIEGANIE W SZCZECINIE	K 30	99	00:00:00	21,1 KM	+00:40:21	6:42	8.9 (71.2%)
242	SZKLARSKA Alicja	439		K 40	90	00:00:00	21,1 KM	+00:40:21	6:42	8.9 (71.2%)
243	PASZKIEWICZ Sandra	776		K 30	100	00:00:00	21,1 KM	+00:40:24	6:43	8.9 (71.2%)
244	KLUCZYŃSKA Honorata	540		K 40	91	00:00:00	21,1 KM	+00:40:29	6:43	8.9 (71.2%)
245	LEBUDA Ewa	692		K 40	92	00:00:00	21,1 KM	+00:40:40	6:43	8.9 (71.2%)
246	NOWAK Mariola	1043		K 40	93	00:00:00	21,1 KM	+00:41:01	6:44	8.9 (71.2%)
247	BEDNARZ Katarzyna	120		K 40	94	00:00:00	21,1 KM	+00:41:10	6:45	8.9 (71.2%)
248	MAŃKE Karolina	509		K 30	101	00:00:00	21,1 KM	+00:41:18	6:45	8.9 (71.2%)
249	DRELICHOWSKA Anna	1084		K 40	95	00:00:00	21,1 KM	+00:41:30	6:46	8.9 (71.2%)
250	BUGORSKA Agata	957		K 30	102	00:00:00	21,1 KM	+00:41:32	6:50	8.8 (70.4%)
251	WIŚNIEWSKA Małgorzata	852		K 30	103	00:00:00	21,1 KM	+00:41:37	6:46	8.9 (71.2%)
252	MOLSKA Małgorzata	341	OSP KŁODAWA	K 50	15	00:00:00	21,1 KM	+00:41:43	6:46	8.8 (70.4%)
253	JERZYK-SZAMAŁEK Bogusława	265	ŚRUNDUNIA	K 50	16	00:00:00	21,1 KM	+00:41:48	6:47	8.8 (70.4%)
254	CIERNIAK Agata	47	KOTLACTIVE TEAM	K 40	96	00:00:00	21,1 KM	+00:41:49	6:47	8.8 (70.4%)
255	GRZESZKOWIAK Bogumiła	1207	NIE MA	K 50	17	00:00:00	21,1 KM	+00:42:06	6:47	8.8 (70.4%)
256	MADEJ Anna	461		K 20	38	00:00:00	21,1 KM	+00:42:15	6:48	8.8 (70.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
257	KOWALSKA Anna	1444		K 30	104	00:00:00	21,1 KM	+00:42:35	6:49	8.8 (70.4%)
258	PODKAMINER-LEWANDOWSKA Anna	234		K 40	97	00:00:00	21,1 KM	+00:42:40	6:49	8.8 (70.4%)
259	PIOTROWSKA Anita	425	12BZ	K 30	105	00:00:00	21,1 KM	+00:42:51	6:50	8.8 (70.4%)
260	STALICA Bogusława	487		K 40	98	00:00:00	21,1 KM	+00:42:57	6:50	8.8 (70.4%)
261	BŁAUT Agata	665	BEZ KLUBU	K 40	99	00:00:00	21,1 KM	+00:43:02	6:52	8.7 (69.6%)
262	ŚWITALSKA Edyta	1770	SZCZECIŃSKIE CENTRUM TRENINGU PERSONALNEGO	K 40	100	00:00:00	21,1 KM	+00:43:11	6:51	8.8 (70.4%)
263	GĄSIOREK Beata	1262	1971	K 40	101	00:00:00	21,1 KM	+00:43:11	6:51	8.8 (70.4%)
264	KALISZ Irena	183		K 30	106	00:00:00	21,1 KM	+00:43:14	6:51	8.8 (70.4%)
265	NOWAK Magdalena	1081	AEGONRUN	K 30	107	00:00:00	21,1 KM	+00:43:15	6:51	8.8 (70.4%)
266	KUBICA Ula	1544		K 40	102	00:00:00	21,1 KM	+00:43:16	6:51	8.8 (70.4%)
267	ROSTRYGIN Katarzyna	548		K 30	108	00:00:00	21,1 KM	+00:43:22	6:51	8.7 (69.6%)
268	WIĘSEK Ewelina	1551	PKO BANK POLSKI SA	K 40	103	00:00:00	21,1 KM	+00:43:25	6:51	8.7 (69.6%)
269	OLSZAK Anna	539	ROZBIEGANE MYSŁOWICE	K 30	109	00:00:00	21,1 KM	+00:43:45	6:52	8.7 (69.6%)
270	GRAJCAR Anna	78		K 30	110	00:00:00	21,1 KM	+00:43:56	6:53	8.7 (69.6%)
271	GRIMM-SPERLING Anja	409		K 40	104	00:00:00	21,1 KM	+00:43:56	6:53	8.7 (69.6%)
272	TYRAN Joanna	1527	OSIEK BIEGA	K 30	111	00:00:00	21,1 KM	+00:44:05	6:53	8.7 (69.6%)
273	ZALEWSKA Joanna	387		K 40	105	00:00:00	21,1 KM	+00:44:08	6:53	8.7 (69.6%)
274	WIZA Marta	49		K 20	39	00:00:00	21,1 KM	+00:44:28	6:54	8.7 (69.6%)
275	MARCZAK Małgorzata	44	NIGHT RUNNERS SŁUPSK	K 50	18	00:00:00	21,1 KM	+00:44:32	6:54	8.7 (69.6%)
276	JANELT Wioletta	405		K 40	106	00:00:00	21,1 KM	+00:44:34	6:54	8.7 (69.6%)
277	MAJ Diana	738	KB WIKON NOWA SÓL	K 30	112	00:00:00	21,1 KM	+00:44:49	6:55	8.7 (69.6%)
278	MĄDZIK Aleksandra	822		K 30	113	00:00:00	21,1 KM	+00:44:51	6:55	8.7 (69.6%)
279	WOŁOCH Ola	1373		K 20	40	00:00:00	21,1 KM	+00:44:56	6:56	8.7 (69.6%)
280	OWCZARCZAK Monika	1215		K 30	114	00:00:00	21,1 KM	+00:44:56	6:56	8.7 (69.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
281	KRÓLIKOWSKA Anna	1138	HUSARIA RACE TEAM	K 20	41	00:00:00	21,1 KM	+00:45:05	6:56	8.6 (68.8%)
282	REINHOLZ Elżbieta	456		K 40	107	00:00:00	21,1 KM	+00:45:06	6:56	8.6 (68.8%)
283	MICHALSKA-HASIAK Katarzyna	127		K 50	19	00:00:00	21,1 KM	+00:45:08	6:56	8.6 (68.8%)
284	NARÓĆ Aneta	397		K 40	108	00:00:00	21,1 KM	+00:45:26	6:57	8.6 (68.8%)
285	KAMSKA Małgorzata	589		K 30	115	00:00:00	21,1 KM	+00:45:36	6:57	8.6 (68.8%)
286	ORLON Barbara	171	FIOLKA RUN HAPPY	K 40	109	00:00:00	21,1 KM	+00:45:43	6:58	8.6 (68.8%)
287	KOPKA Elżbieta	260	WIECZORNE BIEGANIE W SZCZECINIE	K 50	20	00:00:00	21,1 KM	+00:45:44	6:58	8.6 (68.8%)
288	SUPERCZYŃSKA Aneta	771		K 40	110	00:00:00	21,1 KM	+00:45:46	6:58	8.6 (68.8%)
289	GRAJEWSKA Monika	333		K 20	42	00:00:00	21,1 KM	+00:45:54	6:58	8.6 (68.8%)
290	BORSUK Dorota	150		K 40	111	00:00:00	21,1 KM	+00:46:18	6:59	8.6 (68.8%)
291	GOLKA Beata	1185		K 30	116	00:00:00	21,1 KM	+00:46:23	7:00	8.6 (68.8%)
292	KACZMAREK Anna	1484		K 30	117	00:00:00	21,1 KM	+00:46:26	7:00	8.6 (68.8%)
293	KRĘPA Gosia	1383	EKSTEREME WOLF	K 40	112	00:00:00	21,1 KM	+00:46:32	7:02	8.5 (68.0%)
294	SZAMBELAN Katarzyna	226		K 30	118	00:00:00	21,1 KM	+00:46:37	7:00	8.6 (68.8%)
295	DZIWISZ Bogusia	1337		K 40	113	00:00:00	21,1 KM	+00:46:38	7:02	8.5 (68.0%)
296	KUSZKA-BRZYCHCY Natalia	197		K 30	119	00:00:00	21,1 KM	+00:46:59	7:01	8.5 (68.0%)
297	OFFMAN Aneta	274		K 40	114	00:00:00	21,1 KM	+00:47:13	7:02	8.5 (68.0%)
298	BIAŁKOWSKA Katarzyna	198	PRZYSTAŃ NA KAWĘ	K 40	115	00:00:00	21,1 KM	+00:47:21	7:02	8.5 (68.0%)
299	JABŁONOWSKA Aleksandra	1433		K 30	120	00:00:00	21,1 KM	+00:47:32	7:03	8.5 (68.0%)
300	LEWANDOWSKA Katarzyna	695	PCH_RUN	K 40	116	00:00:00	21,1 KM	+00:47:32	7:03	8.5 (68.0%)
301	PLUSKOTA Olga	1637		K 20	43	00:00:00	21,1 KM	+00:47:50	7:04	8.5 (68.0%)
302	ROGAŁA Kajetan	117	WKURW_TEAM	K 30	121	00:00:00	21,1 KM	+00:47:59	7:04	8.5 (68.0%)
303	WILIŃSKA-CHRASTEK Edyta	1723		K 40	117	00:00:00	21,1 KM	+00:48:01	7:04	8.5 (68.0%)
304	RUSZKOWSKA Anna	1424	AJRUSZ PRUSZKÓW	K 40	118	00:00:00	21,1 KM	+00:48:07	7:05	8.5 (68.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
305	SZWABOWSKA Karolina	1253		K 20	44	00:00:00	21,1 KM	+00:48:08	7:05	8.5 (68.0%)
306	DMOCHOWSKA Agnieszka	262	WATAHA TEAM	K 30	122	00:00:00	21,1 KM	+00:48:14	7:05	8.5 (68.0%)
307	RAWA Donata	1830		K 40	119	00:00:00	21,1 KM	+00:48:16	7:05	8.5 (68.0%)
308	OLBRICH Barbara	1681	MIRAZ RACE TEAM	K 40	120	00:00:00	21,1 KM	+00:48:16	7:05	8.5 (68.0%)
309	DOBACZEWSKA Ewa	1821		K 40	121	00:00:00	21,1 KM	+00:48:16	7:05	8.5 (68.0%)
310	ADRIAN-CZABORYK Monika	1823		K 40	122	00:00:00	21,1 KM	+00:48:16	7:05	8.5 (68.0%)
311	ZABDYR Marta	1824		K 40	123	00:00:00	21,1 KM	+00:48:16	7:05	8.5 (68.0%)
312	KIERMACZ Kaja	1322		K 30	123	00:00:00	21,1 KM	+00:48:19	7:05	8.5 (68.0%)
313	SZYMAŃSKA Dorota	1561		K 40	124	00:00:00	21,1 KM	+00:48:31	7:06	8.4 (67.2%)
314	ZARCZUK Anna	1323		K 40	125	00:00:00	21,1 KM	+00:48:34	7:06	8.4 (67.2%)
315	SOKALSKA Marta	885		K 30	124	00:00:00	21,1 KM	+00:48:38	7:06	8.4 (67.2%)
316	BĄK Ilona	680	OD PONIEDZIAŁKU	K 40	126	00:00:00	21,1 KM	+00:48:51	7:07	8.4 (67.2%)
317	NOWACKA Ewa	360		K 40	127	00:00:00	21,1 KM	+00:48:51	7:07	8.4 (67.2%)
318	MERKLINGHAUS-KOBER Monika	867	SPEED FEET '16/PARKRUN KOŚCIAN/12WBOT	K 40	128	00:00:00	21,1 KM	+00:49:07	7:07	8.4 (67.2%)
319	KUKLA Agata	922	POWOLI DO CELU	K 30	125	00:00:00	21,1 KM	+00:49:18	7:08	8.4 (67.2%)
320	WIŚNIEWSKA Marta	236	PATOBIEGANIE	K 30	126	00:00:00	21,1 KM	+00:49:26	7:08	8.4 (67.2%)
321	MARCZEWSKA Marta	119	GALLOWAY TEAM ZIELONA GÓRA	K 30	127	00:00:00	21,1 KM	+00:49:33	7:09	8.4 (67.2%)
322	DUDZIAK-PRZEWOŻNA Izabela	1134	DOBICONNECT	K 40	129	00:00:00	21,1 KM	+00:49:33	7:09	8.4 (67.2%)
323	HUNIA Karolina	1132		K 30	128	00:00:00	21,1 KM	+00:49:36	7:09	8.4 (67.2%)
324	POSTAWA Renata	38		K 40	130	00:00:00	21,1 KM	+00:49:38	7:09	8.4 (67.2%)
325	KUTYŁA Marta	746		K 30	129	00:00:00	21,1 KM	+00:49:46	7:09	8.4 (67.2%)
326	PIĄTKOWSKA Izabela	1417		K 30	130	00:00:00	21,1 KM	+00:49:49	7:09	8.4 (67.2%)
327	KĘSICKA-BLOCH Aneta	224		K 30	131	00:00:00	21,1 KM	+00:49:51	7:09	8.4 (67.2%)
328	BUKOWSKA Alina	677	ORKI Z ...	K 40	131	00:00:00	21,1 KM	+00:49:59	7:10	8.4 (67.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
329	ZIĘTA Katarzyna	661	ORKI Z...	K 50	21	00:00:00	21,1 KM	+00:50:03	7:10	8.4 (67.2%)
330	BŁAŻYŃSKA Ilona	865	KATORŻNIK MUROWANA GOŚLINA	K 30	132	00:00:00	21,1 KM	+00:50:10	7:10	8.4 (67.2%)
331	KĘDZIOR Natalia	1503	NOWA HUTA TEAM	K 30	133	00:00:00	21,1 KM	+00:50:39	7:12	8.3 (66.4%)
332	CELER Kinga	1716	NOWA HUTA TEAM	K 30	134	00:00:00	21,1 KM	+00:50:50	7:12	8.3 (66.4%)
333	MROCZEK Kasia	1450		K 40	132	00:00:00	21,1 KM	+00:50:54	7:12	8.3 (66.4%)
334	BRABAŃSKA Agata	1683	KORBOLE TEAM	K 40	133	00:00:00	21,1 KM	+00:51:11	7:15	8.3 (66.4%)
335	WOJTYSIAK Małgorzata	511		K 30	135	00:00:00	21,1 KM	+00:51:21	7:14	8.3 (66.4%)
336	BASARA Agnieszka	1238		K 40	134	00:00:00	21,1 KM	+00:51:27	7:14	8.3 (66.4%)
337	REIMAN Agnieszka	1409		K 30	136	00:00:00	21,1 KM	+00:51:28	7:14	8.3 (66.4%)
338	PIWOWARCZYK Magdalena	595		K 30	137	00:00:00	21,1 KM	+00:51:38	7:15	8.3 (66.4%)
339	PONICKA Izabela	1446	TEAM UJŚCIE	K 40	135	00:00:00	21,1 KM	+00:51:38	7:15	8.3 (66.4%)
340	ŻARKOWSKA Dominika	276		K 40	136	00:00:00	21,1 KM	+00:51:43	7:15	8.3 (66.4%)
341	KUPNIEWSKA Patrycja	1449		K 20	45	00:00:00	21,1 KM	+00:51:44	7:15	8.3 (66.4%)
342	ŚWITAŁA Natalia	944		K 20	46	00:00:00	21,1 KM	+00:51:48	7:15	8.3 (66.4%)
343	MICHAŁEK Krystyna	691	TROCHĘ SIĘ BIEGA	K 40	137	00:00:00	21,1 KM	+00:51:49	7:15	8.3 (66.4%)
344	PĄCZEK Weronika	287	WATAHA - ŁĄCZY NAS BIEGANIE	K 20	47	00:00:00	21,1 KM	+00:52:04	7:16	8.3 (66.4%)
345	SOBCZAK-KUFEL Ilona	99	PATOBIEGANIE	K 30	138	00:00:00	21,1 KM	+00:52:07	7:16	8.2 (65.6%)
346	ODOROWICZ Kasia	121		K 40	138	00:00:00	21,1 KM	+00:52:09	7:16	8.2 (65.6%)
347	ZAJĄC Bożena	1012	LEGENDARY POWER SZEWC	K 50	22	00:00:00	21,1 KM	+00:52:14	7:16	8.2 (65.6%)
348	KŁACZKIEWICZ Magdalena	602		K 20	48	00:00:00	21,1 KM	+00:52:38	7:17	8.2 (65.6%)
349	SZWARC Karina	22		K 30	139	00:00:00	21,1 KM	+00:52:46	7:18	8.2 (65.6%)
350	WÓJCIK Agnieszka	1023		K 30	140	00:00:00	21,1 KM	+00:52:49	7:18	8.2 (65.6%)
351	BARTYZEL Beata	1359		K 30	141	00:00:00	21,1 KM	+00:52:54	7:18	8.2 (65.6%)
352	PYREK Dorota	1542	TROCHĘ SIĘ BIEGA	K 40	139	00:00:00	21,1 KM	+00:53:11	7:19	8.2 (65.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
353	NIEWADZIK Ula	184		K 40	140	00:00:00	21,1 KM	+00:53:19	7:19	8.2 (65.6%)
354	SZYSZKO Ewa	1115	MARKOWI BIEGACZE	K 30	142	00:00:00	21,1 KM	+00:53:26	7:20	8.2 (65.6%)
355	SIKORSKA Marcelina	15	BIELAWSKA AKADEMIA BIEGANIA	K 40	141	00:00:00	21,1 KM	+00:53:28	7:20	8.2 (65.6%)
356	CHOYNACKA-SAŃKA Alicja	190		K 30	143	00:00:00	21,1 KM	+00:53:35	7:20	8.2 (65.6%)
357	ROZPŁOCH Katarzyna	201		K 30	144	00:00:00	21,1 KM	+00:53:38	7:20	8.2 (65.6%)
358	GOLEC Dorota	23		K 40	142	00:00:00	21,1 KM	+00:53:41	7:20	8.2 (65.6%)
359	MIŁOSZ Maria	1755	KASZANKI	K 20	49	00:00:00	21,1 KM	+00:54:03	7:21	8.1 (64.8%)
360	ZUBA Lucyna	413	EKO- OKNA RUNNERS	K 50	23	00:00:00	21,1 KM	+00:54:22	7:22	8.1 (64.8%)
361	BŁASZYK Marta	492		K 30	145	00:00:00	21,1 KM	+00:54:25	7:22	8.1 (64.8%)
362	MIŚKIEWICZ Lucyna	33	WARTO BIEGAĆ ZAWIERCIE	K 50	24	00:00:00	21,1 KM	+00:54:26	7:23	8.1 (64.8%)
363	PTASZYŃSKA Agnieszka	1564		K 40	143	00:00:00	21,1 KM	+00:55:27	7:25	8.1 (64.8%)
364	PORĘBSKA Wioletta	1483	SALA TEAM	K 40	144	00:00:00	21,1 KM	+00:55:33	7:26	8.1 (64.8%)
365	PTASZKIEWICZ Ewa	158	GALLOWAY TEAM ZIELONA GÓRA	K 40	145	00:00:00	21,1 KM	+00:55:37	7:26	8.1 (64.8%)
366	JANOWICZ Renata	679	BIEGANIE USKRZYDLA	K 40	146	00:00:00	21,1 KM	+00:55:39	7:26	8.1 (64.8%)
367	PAPKA Danuta	549	ŁÓDŹ KOCHA SPORT	K 30	146	00:00:00	21,1 KM	+00:55:49	7:26	8.1 (64.8%)
368	LATA Beata	1083	SIEMIANOWICE I PRZYJACIELE BIEGAJĄ	K 40	147	00:00:00	21,1 KM	+00:56:12	7:28	8 (64.0%)
369	RYMARZ Paulina	640		K 30	147	00:00:00	21,1 KM	+00:56:27	7:28	8 (64.0%)
370	POPIELARZ Renata	113	GALLOWAY TEAM	K 40	148	00:00:00	21,1 KM	+00:57:23	7:31	8 (64.0%)
371	OWSIANIK Sylwia	134		K 40	149	00:00:00	21,1 KM	+00:58:02	7:33	7.9 (63.2%)
372	TYLISZCZAK Bożena	1069		K 30	148	00:00:00	21,1 KM	+00:58:36	7:34	7.9 (63.2%)
373	MORAWIEC Agnieszka	478	WATAHA	K 40	150	00:00:00	21,1 KM	+00:58:38	7:34	7.9 (63.2%)
374	KLUSEK Jolanta	1814	YOLA YOLANDA	K 40	151	00:00:00	21,1 KM	+00:58:42	7:35	7.9 (63.2%)
375	SAJEWSKA Karolina	450		K 30	149	00:00:00	21,1 KM	+00:58:47	7:35	7.9 (63.2%)
376	JANCZARSKA-BERGEL Katarzyna	874		K 30	150	00:00:00	21,1 KM	+00:59:14	7:36	7.9 (63.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
377	KOWAL Katarzyna	1047	ZAJĄCE BIEGAJĄ	K 40	152	00:00:00	21,1 KM	+00:59:38	7:37	7.9 (63.2%)
378	TAUDUL Urszula	1211	GRUPA BIEGOWA CZARNA BIAŁOSTOCKA	K 40	153	00:00:00	21,1 KM	+00:59:38	7:37	7.9 (63.2%)
379	POŚNIK Karolina	564		K 30	151	00:00:00	21,1 KM	+01:00:00	7:38	7.8 (62.4%)
380	CIOSEK Marta	854		K 30	152	00:00:00	21,1 KM	+01:00:03	7:39	7.8 (62.4%)
381	CYGANEK Agnieszka	1177	BEFIT24TEAM	K 40	154	00:00:00	21,1 KM	+01:00:13	7:39	7.8 (62.4%)
382	KWIATECKA Iwona	204	ORANGE / ORKI Z	K 40	155	00:00:00	21,1 KM	+01:00:35	7:40	7.8 (62.4%)
383	SOMSKA Małgorzata	1319		K 30	153	00:00:00	21,1 KM	+01:01:00	7:41	7.8 (62.4%)
384	STĘPIEŃ Maria	508	AKTYWNIE W PNIEWACH	K 50	25	00:00:00	21,1 KM	+01:01:03	7:41	7.8 (62.4%)
385	NOWACKA Marta	1431	FABRYKA NAWYKÓW	K 20	50	00:00:00	21,1 KM	+01:01:29	7:43	7.8 (62.4%)
386	NADRAJKOWSKA Joanna	980	DZIKIE KUNY	K 30	154	00:00:00	21,1 KM	+01:01:37	7:43	7.8 (62.4%)
387	BOROWSKA Justyna	1617	GLADIATORS BY RMF4RT	K 30	155	00:00:00	21,1 KM	+01:01:38	7:43	7.8 (62.4%)
388	MALISZEWSKA Agnieszka	958	GLADIATORS BY RMF 4 RACING TEAM	K 40	156	00:00:00	21,1 KM	+01:01:43	7:43	7.8 (62.4%)
389	CZERNIAKIEWICZ Anna	1604	GLADIATORS BY RMF4RT	K 40	157	00:00:00	21,1 KM	+01:01:43	7:43	7.8 (62.4%)
390	CIEŚLA Beata	1862	ZABIEGAMI GOLENIÓW	K 50	26	00:00:00	21,1 KM	+01:02:38	7:46	7.7 (61.6%)
391	MATUSIK Kazimiera	1552	WIECZORNE BIEGANIE W SZCZECINIE	K 50	27	00:00:00	21,1 KM	+01:02:39	7:46	7.7 (61.6%)
392	WOJCIECHOWSKA Wioletta	420		K 50	28	00:00:00	21,1 KM	+01:02:53	7:47	7.7 (61.6%)
393	BARTSCH Aleksandra	915	BIGYELLOWFOOT ADVENTURE TEAM	K 30	156	00:00:00	21,1 KM	+01:02:55	7:47	7.7 (61.6%)
394	MOTOWIDŁO-ZAWADZKA Izabella	1080	3 FALE	K 40	158	00:00:00	21,1 KM	+01:03:09	7:47	7.7 (61.6%)
395	OSUCHOWSKA Wioletta	296	PKOBP	K 40	159	00:00:00	21,1 KM	+01:03:10	7:47	7.7 (61.6%)
396	KURCZ Barbara	180	BABECZKI KOSZALIN	K 40	160	00:00:00	21,1 KM	+01:03:28	7:48	7.7 (61.6%)
397	PRZYSTUPA Edyta	1615	ŚRUNDUNIA SZCZECIN	K 30	157	00:00:00	21,1 KM	+01:03:31	7:48	7.7 (61.6%)
398	ORLIŃSKA Joanna	1147	SKAWINA BIEGA	K 40	161	00:00:00	21,1 KM	+01:03:47	7:50	7.6 (60.8%)
399	POPŁAWSKA Małgorzata	315	WIECZORNE BIEGANIE W SZCZECINIE	K 30	158	00:00:00	21,1 KM	+01:04:14	7:50	7.6 (60.8%)
400	PANEK Agnieszka	1534		K 40	162	00:00:00	21,1 KM	+01:04:17	7:51	7.6 (60.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
401	KWIATKOWSKA Anna Maria	983		K 20	51	00:00:00	21,1 KM	+01:04:20	7:51	7.6 (60.8%)
402	TOŁKACZ Amelia	1188		K 40	163	00:00:00	21,1 KM	+01:04:20	7:51	7.6 (60.8%)
403	KONDZIOŁA Monika	235		K 30	159	00:00:00	21,1 KM	+01:04:54	7:52	7.6 (60.8%)
404	ZAWADKA Agnieszka	1677		K 40	164	00:00:00	21,1 KM	+01:05:12	7:53	7.6 (60.8%)
405	WARSZEWSKA Wioletta	1601		K 40	165	00:00:00	21,1 KM	+01:05:21	7:54	7.6 (60.8%)
406	KIELCZYK Katarzyna	9	WIECZORNE BIEGANIE W SZCZECINIE	K 40	166	00:00:00	21,1 KM	+01:07:24	7:59	7.5 (60.0%)
407	KAJDAN Hanna	412	KOBIETY W BIEGU	K 50	29	00:00:00	21,1 KM	+01:07:50	8:01	7.5 (60.0%)
408	SZNAJDER Agnieszka	1376	BIELAWSKA AKADEMIA BIEGANIA	K 40	167	00:00:00	21,1 KM	+01:08:03	8:01	7.5 (60.0%)
409	KRAWCZYK Małgorzata	159	BIELAWSKA AKADEMIA BIEGANIA	K 30	160	00:00:00	21,1 KM	+01:08:03	8:01	7.5 (60.0%)
410	KRUPA Aleksandra	843	KB MOSTKOWO	K 20	52	00:00:00	21,1 KM	+01:08:24	8:02	7.5 (60.0%)
411	KÜCHLER Małgorzata	128	JARBUD	K 40	168	00:00:00	21,1 KM	+01:08:42	8:03	7.4 (59.2%)
412	TWARDOWSKA Karolina	48		K 30	161	00:00:00	21,1 KM	+01:09:13	8:05	7.4 (59.2%)
413	GROCHOWSKA Joanna	995	BIEGAMY Z OCHOTĄ	K 50	30	00:00:00	21,1 KM	+01:09:38	8:06	7.4 (59.2%)
414	RATAJCZAK Aldona	349	TEAM LESZNO	K 40	169	00:00:00	21,1 KM	+01:09:55	8:07	7.4 (59.2%)
415	DUBIAŁ Halina	784	BABCIE BIEGAJĄ	K 60	3	00:00:00	21,1 KM	+01:10:15	8:08	7.4 (59.2%)
416	ZIĘBA Anna	1038		K 40	170	00:00:00	21,1 KM	+01:10:20	8:08	7.4 (59.2%)
417	KOZAK Krystyna	787	LOB	K 50	31	00:00:00	21,1 KM	+01:10:38	8:09	7.4 (59.2%)
418	TOMCZYK Ewelina	1305	WKURW_TEAM	K 20	53	00:00:00	21,1 KM	+01:10:52	8:09	7.4 (59.2%)
419	BALCERAK Aleksandra	351		K 30	162	00:00:00	21,1 KM	+01:11:38	8:11	7.3 (58.4%)
420	SZYDEŁKO Mariola	1665	AKTYWNA KCYNIA	K 40	171	00:00:00	21,1 KM	+01:11:58	8:12	7.3 (58.4%)
421	HULICZ Anna	1691		K 30	163	00:00:00	21,1 KM	+01:12:05	8:13	7.3 (58.4%)
422	FIJAŁKOWSKA Karolina	909		K 30	164	00:00:00	21,1 KM	+01:12:46	8:15	7.3 (58.4%)
423	KARPIŃSKA Magdalena	941	MAMY BIEGAMY/ LOCO SPORT	K 30	165	00:00:00	21,1 KM	+01:13:15	8:16	7.3 (58.4%)
424	OSIŃSKA Monika	1145		K 30	166	00:00:00	21,1 KM	+01:13:16	8:16	7.2 (57.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
425	SZUMLAS Anna	1774	#SZUMITEAM	K 30	167	00:00:00	21,1 KM	+01:13:16	8:16	7.2 (57.6%)
426	SALA-TLAŁKA Magdalena	1481	SALA TEAM	K 30	168	00:00:00	21,1 KM	+01:13:18	8:16	7.2 (57.6%)
427	SZCZEPANIAK Klaudia	4		K 30	169	00:00:00	21,1 KM	+01:13:18	8:16	7.2 (57.6%)
428	DRABKOWSKA Agnieszka	1599	CUDAKI ♥	K 40	172	00:00:00	21,1 KM	+01:13:32	8:17	7.2 (57.6%)
429	RYCHEL Mariola	392	E-DZIEWIARKA.PL	K 50	32	00:00:00	21,1 KM	+01:13:32	8:17	7.2 (57.6%)
430	HALEJCIO Małgorzata	343	MODLITWA BIEGANIA	K 40	173	00:00:00	21,1 KM	+01:13:53	8:18	7.2 (57.6%)
431	STYRCZ Małgorzata	68	BIELAWSKA AKADEMIA BIEGANIA	K 50	33	00:00:00	21,1 KM	+01:14:10	8:19	7.2 (57.6%)
432	TYS Małgorzata	1014	WATAHA-ŁĄCZY NAS BIEGANIE	K 50	34	00:00:00	21,1 KM	+01:14:12	8:19	7.2 (57.6%)
433	ZIÓŁKOWSKA Marzena	538		K 30	170	00:00:00	21,1 KM	+01:14:17	8:19	7.2 (57.6%)
434	DZIAKIEWICZ Iwona	856	DZIKITEAM	K 50	35	00:00:00	21,1 KM	+01:15:04	8:21	7.2 (57.6%)
435	SEIFERT Sylwia	161	SERIKON TEAM	K 40	174	00:00:00	21,1 KM	+01:15:50	8:23	7.1 (56.8%)
436	BACHORSKA Monika	981		K 30	171	00:00:00	21,1 KM	+01:15:55	8:24	7.1 (56.8%)
437	WESOŁOWSKA Dorota	982		K 30	172	00:00:00	21,1 KM	+01:15:55	8:24	7.1 (56.8%)
438	MACIUKANIS Izabela	114	KLUB	K 50	36	00:00:00	21,1 KM	+01:16:09	8:24	7.1 (56.8%)
439	ALBIGOWSKA POZYTYWNIE_ROZBIEGANA Magdalena	1120		K 30	173	00:00:00	21,1 KM	+01:16:38	8:26	7.1 (56.8%)
440	SZYMANOWSKA Anna	761		K 40	175	00:00:00	21,1 KM	+01:16:38	8:26	7.1 (56.8%)
441	BUCHTA Kinga	1453	BBKTS	K 20	54	00:00:00	21,1 KM	+01:17:01	8:27	7.1 (56.8%)
442	WNUK - KEMPA Karolina	1733		K 30	174	00:00:00	21,1 KM	+01:17:52	8:29	7.1 (56.8%)
443	NOWICKA Michalina	675		K 20	55	00:00:00	21,1 KM	+01:18:04	8:30	7.1 (56.8%)
444	MYŚLIWIEC Monika	931	POWOLI DO CELU	K 30	175	00:00:00	21,1 KM	+01:18:18	8:30	7 (56.0%)
445	POGODA-BLAZIAK Katarzyna	1836		K 30	176	00:00:00	21,1 KM	+01:18:21	8:31	7 (56.0%)
446	SEŃ Agata	85		K 30	177	00:00:00	21,1 KM	+01:20:00	8:35	7 (56.0%)
447	SWIDEREK Sylwia	1201		K 40	176	00:00:00	21,1 KM	+01:21:21	8:39	6.9 (55.2%)
448	PIREK Natalia	87		K 30	178	00:00:00	21,1 KM	+01:21:49	8:40	6.9 (55.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
449	PRYBIŃSKA-MARCINIAK Anna	1635	AKTYWNA KCYNIA	K 30	179	00:00:00	21,1 KM	+01:21:51	8:40	6.9 (55.2%)
450	KANIEWSKA Alicja	1602	AKTYWNA KCYNIA	K 30	180	00:00:00	21,1 KM	+01:22:58	8:44	6.9 (55.2%)
451	WOJDAK Żaneta	899		K 30	181	00:00:00	21,1 KM	+01:23:25	8:45	6.9 (55.2%)
452	CIUPA-SINGAMSHETTY Anna	1180	MULTIMEDIA RUNNERS PUŁAWY	K 30	182	00:00:00	21,1 KM	+01:23:47	8:46	6.8 (54.4%)
453	KWIATKOWSKA Emilia	55		K 30	183	00:00:00	21,1 KM	+01:24:45	8:49	6.8 (54.4%)
454	JABŁOŃSKA Wiktoria	642	ŚWIDNICKA GRUPA BIEGOWA	K 20	56	00:00:00	21,1 KM	+01:25:01	8:50	6.8 (54.4%)
455	LOREK Marcelina	1045		K 20	57	00:00:00	21,1 KM	+01:26:07	8:53	6.8 (54.4%)
456	MAJCHEREK Paulina	53		K 30	184	00:00:00	21,1 KM	+01:27:38	8:57	6.7 (53.6%)
457	KOŁODZIEJ Elżbieta	1730		K 40	177	00:00:00	21,1 KM	+01:28:26	8:59	6.7 (53.6%)
458	NIESPOREK Ewa	26		K 60	4	00:00:00	21,1 KM	+01:29:22	9:02	6.6 (52.8%)
459	TRUCHAN Marta	1788		K 40	178	00:00:00	21,1 KM	+01:29:25	9:03	6.6 (52.8%)
460	BOROWY Anna	1385	HURAGAN LIGOTA	K 40	179	00:00:00	21,1 KM	+01:29:51	9:03	6.6 (52.8%)
461	KOŁODZIEJ Joanna	1731		K 20	58	00:00:00	21,1 KM	+01:30:07	9:04	6.6 (52.8%)
462	JAKUBEK Hanna	1703	SKAWINA BIEGA	K 50	37	00:00:00	21,1 KM	+01:30:37	9:05	6.6 (52.8%)
463	DRECHSLER-NOWAK Magdalena	1422		K 20	59	00:00:00	21,1 KM	+01:31:56	9:10	6.5 (52.0%)
464	FRANCZAK Anna	463	NW CZŁAPSKI TEAM	K 50	38	00:00:00	21,1 KM	+01:32:33	9:11	6.5 (52.0%)
465	URBANSKA-KRAWCZYK Izabela	1249		K 60	5	00:00:00	21,1 KM	+01:34:41	9:17	6.5 (52.0%)
466	SEREDYŃSKA Magdalena	839	PARKRUN GORZÓW WIELKOPOLSKI	K 30	185	00:00:00	21,1 KM	+01:37:50	9:26	6.4 (51.2%)
467	KRZYMIŃSKA Maria Jolanta	782	BABCIE BIEGAJĄ	K 60	6	00:00:00	21,1 KM	+01:38:32	9:28	6.3 (50.4%)
468	ANDRZEJEWSKA Sylwia	708	ŚLIMKA BIEGA	K 30	186	00:00:00	21,1 KM	+01:38:38	9:28	6.3 (50.4%)
469	KUBIAK- WOLNA Małgorzata	862	GWIEZDNI WOLNI	K 40	180	00:00:00	21,1 KM	+01:46:35	9:51	6.1 (48.8%)
470	BARDZIK Marzena	1062	PIEKIELNIE ZGRANI	K 40	181	00:00:00	21,1 KM	+01:50:57	10:03	6 (48.0%)
471	DYRDA Justyna	312		K 40	182	00:00:00	21,1 KM	+01:51:41	10:07	5.9 (47.2%)
472	KASPERCZAK Emilia	1243	PIEKIELNIE ZGRANI	K 40	183	00:00:00	21,1 KM	+01:51:45	10:06	5.9 (47.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
473	KLIMKOWSKA Monika	40	SPORTY CZARNIECKI - CHEŁM BIEGA	K 40	184	00:00:00	21,1 KM	+01:53:47	10:27	5.7 (45.6%)
474	KOWALCZYK Klaudia	92	TEAM ZABIEGANEDNI	K 30	187	00:00:00	21,1 KM	+01:56:04	10:18	5.8 (46.4%)
475	ANTOLIK Iwona	200	MIRAZ RACE TEAM	K 50	39	00:00:00	21,1 KM	+01:57:42	10:22	5.8 (46.4%)
476	BERKOWSKA Marzena	824	POSITIVE NORDIC WALKING TEAM	K 40	185	00:00:00	21,1 KM	+01:58:37	10:25	5.8 (46.4%)
477	KOWALCZYK Anna	820	DOGOŃ GRODZISK MAZOWIECKI	K 40	186	00:00:00	21,1 KM	+01:58:52	10:26	5.7 (45.6%)
478	CZERNIAK Violetta	1815		K 40	187	00:00:00	21,1 KM	+02:19:18	11:24	5.3 (42.4%)
479	MOSZKA Wioletta	1705		K 40	188	00:00:00	21,1 KM	+02:22:46	11:34	5.2 (41.6%)
480	ROMAN Ewelina	227	MONIA GYM	K 30	188	00:00:00	21,1 KM	+02:38:51	12:19	4.9 (39.2%)
481	WOLNIK Jolka	719	ENERGY BIEGAJA RAZEM PO 0.7	K 40	189	00:00:00	21,1 KM	+02:44:29	12:35	4.8 (38.4%)
482	MUSIK Urszula	1849		K 30	189	00:00:00	21,1 KM	+02:46:38	12:42	4.7 (37.6%)
483	LER Maria	1436		K 40	190	00:00:00	21,1 KM	+02:59:22	13:18	4.5 (36.0%)
484	ZABEL Juliane	1475	BGFT	K 30	190	00:00:00	21,1 KM	+03:09:50	13:48	4.3 (34.4%)
485	STRZELECKA Agnieszka	1099		K 30	191	00:00:00	21,1 KM	+04:02:38	16:18	3.7 (29.6%)
486	PLENZLER Joanna	195		K 30	192	00:00:00	21,1 KM	+262:56:3	752:30	0.1 (0.8%)
487	WIEDRO Katarzyna	1835		K 30	193	00:00:00	19,4 KM	+00:31:42	6:51	8.7 (69.6%)
488	SKRODZKA Aśka	350	VEGE RUNNERS	K 40	191	00:00:00	11,2 KM	+	6:35	9.1 (72.8%)

Znaleziono 488 wynik(ów)