

41.PKO PÓŁMARATON SZCZECIN "NA RAZ" - EDYCJA WIRTUALNA

B4SPORT

Wydarzenie: WIRTUALNY 41. PKO PÓŁMARATON SZCZECIN
Organizator: Stowarzyszenie K2 Partners
Data: 2020-08-01
Miejsce: Polska
Dystans: 21.1 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K - wózki aktywne

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
1	HAWRON Agnieszka	10		K 40	1	00:00:00	21,1 KM	+00:00:00	4:48	12.5 (100%)
2	SURDACKA Ewa	164	KRAŚNIK BIEGA	K 50	1	00:00:00	21,1 KM	+00:00:14	4:50	12.4 (99.2%)
3	GORZKIEWICZ Patrycja	535		K 40	2	00:00:00	21,1 KM	+00:00:35	4:49	12.4 (99.2%)
4	MŁYNARCZYK Tatiana	1882		K 30	1	00:00:00	21,1 KM	+00:01:04	4:51	12.4 (99.2%)
5	NIEDZIELSKA Karolina	1416		K 20	1	00:00:00	21,1 KM	+00:03:54	4:59	12 (96.0%)
6	WILCZEWSKA Agnieszka	498	KKP SŁUPCZANKA	K 30	3	00:00:00	21,1 KM	+00:05:06	5:02	11.9 (95.2%)
7	SWAT-BODAK Agnieszka	149		K 40	5	00:00:00	21,1 KM	+00:07:30	5:09	11.6 (92.8%)
8	WIERDAK Joanna	1768	POLSKA RUNNING TEAM	K 40	6	00:00:00	21,1 KM	+00:07:38	5:09	11.6 (92.8%)
9	TRZEŚNIEWSKA Grażyna	1695		K 40	7	00:00:00	21,1 KM	+00:07:39	5:10	11.6 (92.8%)
10	PAŁASZEWSKA Karolina	321		K 20	3	00:00:00	21,1 KM	+00:07:47	5:10	11.6 (92.8%)
11	KALINOWSKA Justyna	1287		K 30	4	00:00:00	21,1 KM	+00:08:02	5:11	11.6 (92.8%)
12	WOŹNIECKA Karolina	810	FALE LOKI KOKI	K 30	5	00:00:00	21,1 KM	+00:09:08	5:14	11.5 (92.0%)
13	GÓRECKA-PAWLAK Edyta	18		K 30	6	00:00:00	21,1 KM	+00:09:26	5:15	11.4 (91.2%)
14	OKORSKA-BOMBIŃSKA Basia	1547	PKO BP SA	K 30	8	00:00:00	21,1 KM	+00:09:35	5:15	11.4 (91.2%)
15	PALUSZAK Anna	1519	700STKA SIŁOWNIA BUK	K 20	4	00:00:00	21,1 KM	+00:10:27	5:17	11.3 (90.4%)
16	SOŚNIAK Iwona	454		K 40	8	00:00:00	21,1 KM	+00:10:37	5:18	11.3 (90.4%)
17	BYRA Magdalena	1769	POLSKA RUNNING TEAM	K 30	9	00:00:00	21,1 KM	+00:11:05	5:19	11.3 (90.4%)
18	KLIMKO Alicja	243		K 50	2	00:00:00	21,1 KM	+00:11:18	5:20	11.2 (89.6%)
19	PACZKOWSKA Katarzyna	855		K 30	11	00:00:00	21,1 KM	+00:11:26	5:20	11.2 (89.6%)
20	DZIEKOŃSKA Agnieszka	361	SOBOTNI BIEGACZE ŚWINOUJŚCIE	K 30	12	00:00:00	21,1 KM	+00:11:40	5:21	11.2 (89.6%)
21	TROJGA Karolina	97	INNERIUMKAROLINA TROJGA	K 30	13	00:00:00	21,1 KM	+00:11:49	5:21	11.2 (89.6%)
22	KIEDROWSKA Daria	551		K 30	14	00:00:00	21,1 KM	+00:13:09	5:25	11.1 (88.8%)
23	BĘBEN Wioleta	507	KB WIKON NOWA SÓL	K 40	10	00:00:00	21,1 KM	+00:13:13	5:25	11 (88.0%)
24	CZYŻEWSKA Mirosława	636	WKURW_TEAM PAPRYKARZE	K 30	15	00:00:00	21,1 KM	+00:13:37	5:26	11 (88.0%)
25	KRZYSIAK Anna	1764		K 40	11	00:00:00	21,1 KM	+00:13:38	5:27	11 (88.0%)
26	LEPOROWSKA Anna	792	2015	K 40	12	00:00:00	21,1 KM	+00:13:41	5:27	11 (88.0%)
27	MAJ Ewa	1222		K 30	16	00:00:00	21,1 KM	+00:13:44	5:27	11 (88.0%)
28	DROZDEK Iwona	263	CHARTY	K 50	3	00:00:00	21,1 KM	+00:13:54	5:27	11 (88.0%)
29	HORDEJUK Dorota	1492	USTECKA SZKOŁA BIEGANIA USB	K 30	18	00:00:00	21,1 KM	+00:13:55	5:27	11 (88.0%)
30	MOLIŃSKA Marlena	1030		K 40	13	00:00:00	21,1 KM	+00:13:55	5:27	11 (88.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
31	PAPIERAK Monika	1720		K 40	14	00:00:00	21,1 KM	+00:14:19	5:28	10.9 (87.2%)
32	JAROCKA Agata	583	BESTIE OCR LEGIONOWO	K 30	19	00:00:00	21,1 KM	+00:14:39	5:29	10.9 (87.2%)
33	GOLUSIŃSKA Alicja	1098	HERBUD	K 30	20	00:00:00	21,1 KM	+00:14:57	5:30	10.9 (87.2%)
34	SZYMAŃSKA Kasia	633		K 20	7	00:00:00	21,1 KM	+00:15:18	5:31	10.9 (87.2%)
35	PRZYBYŁ Monika	976		K 30	21	00:00:00	21,1 KM	+00:15:25	5:32	10.8 (86.4%)
36	SABANOWSKA Aneta	1773	POLSKA RUNNING TEAM	K 40	16	00:00:00	21,1 KM	+00:16:13	5:34	10.8 (86.4%)
37	RĘPALSKA Agata	905		K 30	22	00:00:00	21,1 KM	+00:16:13	5:34	10.8 (86.4%)
38	PRZESÓR Barbara	859	ZADYSZKA OŚWIĘCIM	K 30	23	00:00:00	21,1 KM	+00:16:54	5:36	10.7 (85.6%)
39	GARBOWSKA Anna	1394		K 30	24	00:00:00	21,1 KM	+00:16:59	5:36	10.7 (85.6%)
40	ZBOROWSKA Daria	307	AKTYWNY OSTRZESZÓW	K 20	8	00:00:00	21,1 KM	+00:17:08	5:36	10.7 (85.6%)
41	DRYMEL Agata	530		K 40	17	00:00:00	21,1 KM	+00:17:31	5:38	10.6 (84.8%)
42	KUCZMIERCZYK Justyna	1680		K 30	25	00:00:00	21,1 KM	+00:17:33	5:38	10.6 (84.8%)
43	KORDELA Dominika	1056		K 30	26	00:00:00	21,1 KM	+00:17:34	5:38	10.6 (84.8%)
44	ROZEN Agnieszka	319		K 40	18	00:00:00	21,1 KM	+00:17:45	5:38	10.6 (84.8%)
45	WALKOWIAK Justyna	1763	WALKOŁAJAK TEAM	K 20	9	00:00:00	21,1 KM	+00:17:54	5:39	10.6 (84.8%)
46	NIEWIADOMSKA Patrycja	1469	HAJIME RUN TEAM	K 30	28	00:00:00	21,1 KM	+00:18:17	5:40	10.6 (84.8%)
47	DUDEK Barbara	898	ROSSBIEGANI	K 40	19	00:00:00	21,1 KM	+00:18:22	5:40	10.6 (84.8%)
48	WIŚNIEWSKA Marta	286	WIECZORNE BIEGANIE W SZCZECINIE	K 40	20	00:00:00	21,1 KM	+00:18:24	5:40	10.6 (84.8%)
49	TERETYKA Dorota	14		K 40	21	00:00:00	21,1 KM	+00:18:32	5:40	10.6 (84.8%)
50	SKORSTAD Izabela	1627	IZABELA SYLWIA SKORSTAD	K 40	22	00:00:00	21,1 KM	+00:18:34	5:41	10.5 (84.0%)
51	RAKOWSKA Agnieszka	1011		K 30	29	00:00:00	21,1 KM	+00:18:47	5:41	10.5 (84.0%)
52	SZUMLAS Monika	241		K 50	5	00:00:00	21,1 KM	+00:18:58	5:42	10.5 (84.0%)
53	GRAJ Ewa	1500	KB KATORŻNIK MUROWANA GOŚLINA	K 40	23	00:00:00	21,1 KM	+00:19:12	5:44	10.5 (84.0%)
54	LESZCZYŃSKA Joasia	923	WKZ-BBL KOZIENICE	K 40	24	00:00:00	21,1 KM	+00:20:01	5:45	10.4 (83.2%)
55	DZIEWICKA Ewa	1745		K 50	6	00:00:00	21,1 KM	+00:20:32	5:46	10.4 (83.2%)
56	MROŻEK Aleksandra	1176	ŻAGAŃSKIE DZIKI	K 30	30	00:00:00	21,1 KM	+00:20:40	5:48	10.3 (82.4%)
57	DRYMEL Sylwia	400		K 40	26	00:00:00	21,1 KM	+00:20:47	5:47	10.4 (83.2%)
58	ŻYLUK Bożena	1837	WIECZORNE BIEGANIE W SZCZECINIE	K 40	28	00:00:00	21,1 KM	+00:21:09	5:48	10.3 (82.4%)
59	RAWICKA-POLNIK Magdalena	1614		K 30	33	00:00:00	21,1 KM	+00:21:14	5:48	10.3 (82.4%)
60	SYS Ewa	936		K 40	30	00:00:00	21,1 KM	+00:22:07	5:51	10.3 (82.4%)
61	JARMUŻEWSKA Teresa	1272	TIA	K 40	31	00:00:00	21,1 KM	+00:22:08	5:51	10.3 (82.4%)
62	ŁĄCZAK Justyna	12	ASSECO ACTIVE TEAM	K 40	32	00:00:00	21,1 KM	+00:22:11	5:51	10.2 (81.6%)
63	SOBOTA Natalia	1071		K 20	13	00:00:00	21,1 KM	+00:22:20	5:51	10.2 (81.6%)
64	KOZAK Katarzyna	202		K 20	14	00:00:00	21,1 KM	+00:22:21	5:51	10.2 (81.6%)
65	MALICKA Małgorzata	177	BOHAR PALETY RUNNERS	K 40	34	00:00:00	21,1 KM	+00:22:28	5:52	10.2 (81.6%)
66	RZYMSKA Marta	693		K 30	37	00:00:00	21,1 KM	+00:22:36	5:52	10.2 (81.6%)
67	LEWANIAK Elżbieta	731		K 40	35	00:00:00	21,1 KM	+00:22:40	5:52	10.2 (81.6%)
68	RASZEWSKA-NOLBERT Grażyna	868		K 30	38	00:00:00	21,1 KM	+00:22:42	5:52	10.2 (81.6%)
69	WOJTCZAK Justyna	354	FSD RUN DREZDENKO	K 20	15	00:00:00	21,1 KM	+00:22:54	5:53	10.2 (81.6%)
70	KOWALCZYK Dorota	1494		K 40	36	00:00:00	21,1 KM	+00:23:00	5:53	10.2 (81.6%)
71	KOWALSKA Agata	148		K 20	16	00:00:00	21,1 KM	+00:23:00	5:53	10.2 (81.6%)
72	CHRZANOWSKA Anna	1524		K 30	39	00:00:00	21,1 KM	+00:23:02	5:53	10.2 (81.6%)
73	LISKE Dorota	991		K 40	37	00:00:00	21,1 KM	+00:23:08	5:56	10.1 (80.8%)
74	BOŻKO Katarzyna	1653		K 20	17	00:00:00	21,1 KM	+00:23:17	5:54	10.2 (81.6%)
75	DROBYSZEWSKA Anna	1089		K 30	40	00:00:00	21,1 KM	+00:23:17	5:54	10.2 (81.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
76	MURAWSKA Monika	900	BIEGACZE ŚWINOUJŚCIE	K 40	39	00:00:00	21,1 KM	+00:23:50	5:56	10.1 (80.8%)
77	NIEDLICH Anna	375	KWS TEAM POLICE	K 30	43	00:00:00	21,1 KM	+00:23:58	5:56	10.1 (80.8%)
78	WITKOWSKA Karolina	25		K 30	44	00:00:00	21,1 KM	+00:24:11	5:57	10.1 (80.8%)
79	GRUCHAŁA-FURMANIUK Aldona	1193	SPEED FREAKS	K 30	45	00:00:00	21,1 KM	+00:25:10	6:01	10 (80.0%)
80	ŻBEL Ania	1230	HRMAX ŻORY	K 30	46	00:00:00	21,1 KM	+00:25:17	6:00	10 (80.0%)
81	KARLIKOWSKA-ANTOSIAK Małgorzata	558	KOBIETY W BIEGU	K 40	42	00:00:00	21,1 KM	+00:25:35	6:00	10 (80.0%)
82	BAK Natalia	500		K 30	49	00:00:00	21,1 KM	+00:25:49	6:01	10 (80.0%)
83	ZOWCZAK Dorota	555	RAWA TEAM	K 30	50	00:00:00	21,1 KM	+00:25:50	6:01	10 (80.0%)
84	WIĄCEK Anna	674	KOBIECE BIEGANIE	K 40	43	00:00:00	21,1 KM	+00:25:50	6:01	10 (80.0%)
85	NOWAK Barbara	561		K 40	44	00:00:00	21,1 KM	+00:25:53	6:01	9.9 (79.2%)
86	MICHALSKA Katarzyna	1199		K 30	51	00:00:00	21,1 KM	+00:26:23	6:03	9.9 (79.2%)
87	WIERZBICKA Joanna	938	KB GEPARD MUROWANA GOŚLINA	K 40	45	00:00:00	21,1 KM	+00:26:27	6:03	9.9 (79.2%)
88	PAWLACZYK Natalia	1754		K 20	18	00:00:00	21,1 KM	+00:26:29	6:03	9.9 (79.2%)
89	KILANOWSKA Agnieszka	178	ROZBIEGAJMY RADOMSKO	K 30	52	00:00:00	21,1 KM	+00:26:33	6:03	9.9 (79.2%)
90	WOSZ Kinga	838		K 30	53	00:00:00	21,1 KM	+00:26:45	6:04	9.9 (79.2%)
91	MADEJ Anna	324	UKŁ ÓSEMKA POLICE	K 30	54	00:00:00	21,1 KM	+00:26:50	6:04	9.9 (79.2%)
92	KUKLA-KOWALSKA Alicja	927	BIEGAM BO NIE LUBIĘ	K 40	46	00:00:00	21,1 KM	+00:26:50	6:04	9.9 (79.2%)
93	KRUPA Iwona	845	KB MOSTKOWO	K 40	48	00:00:00	21,1 KM	+00:27:06	6:05	9.9 (79.2%)
94	GANDZIAROWSKA Anna	877		K 20	21	00:00:00	21,1 KM	+00:27:20	6:05	9.8 (78.4%)
95	WALCZAK Magdalena	616		K 40	49	00:00:00	21,1 KM	+00:27:20	6:05	9.8 (78.4%)
96	MUŻ Katarzyna	1451		K 40	50	00:00:00	21,1 KM	+00:27:37	6:06	9.8 (78.4%)
97	KAWCZYŃSKA Magdalena	522	RAZ SZCZECIN	K 40	51	00:00:00	21,1 KM	+00:27:44	6:07	9.8 (78.4%)
98	KURKOWIAK Agnieszka	580		K 40	52	00:00:00	21,1 KM	+00:27:59	6:07	9.8 (78.4%)
99	RYNDAK Magdalena	1532	POLSKA RUNNING TEAM	K 30	56	00:00:00	21,1 KM	+00:28:04	6:08	9.8 (78.4%)
100	BUDNA Anna	1649		K 40	53	00:00:00	21,1 KM	+00:28:05	6:08	9.8 (78.4%)
101	KAMILA Olszewska	1669		K 30	57	00:00:00	21,1 KM	+00:28:12	6:08	9.8 (78.4%)
102	SZYDŁOWSKA Joanna	29		K 20	22	00:00:00	21,1 KM	+00:28:16	6:08	9.8 (78.4%)
103	LANGBECKER Yvonne	1833	ESV ANGERMÜNDE	K 50	7	00:00:00	21,1 KM	+00:28:24	6:09	9.8 (78.4%)
104	MIERZWIŃSKA Agnieszka	1569	WATAHA-ŁĄCZY NAS BIEGANIE	K 20	23	00:00:00	21,1 KM	+00:28:26	6:09	9.8 (78.4%)
105	JABŁOŃSKA Katarzyna	1727		K 40	54	00:00:00	21,1 KM	+00:28:31	6:09	9.7 (77.6%)
106	KĘSKA Katarzyna	318	LOVELASY	K 40	55	00:00:00	21,1 KM	+00:28:31	6:09	9.7 (77.6%)
107	KOZŁOWSKA Karolina	45	#KOZIOŁKI_TEAM	K 30	58	00:00:00	21,1 KM	+00:28:39	6:09	9.7 (77.6%)
108	KACZOR Darek	232	KB KATORŻNIK MUROWANA GOŚLINA	K 40	56	00:00:00	21,1 KM	+00:28:47	6:10	9.7 (77.6%)
109	JAKUBIAK Magdalena	493	BOHAR PALETY RUNNERS	K 40	57	00:00:00	21,1 KM	+00:28:49	6:10	9.7 (77.6%)
110	JAWORSKA Justyna	666		K 40	58	00:00:00	21,1 KM	+00:28:59	6:10	9.7 (77.6%)
111	GAPIŃSKA Agnieszka	863		K 30	59	00:00:00	21,1 KM	+00:29:01	6:10	9.7 (77.6%)
112	JURASZ Aleksandra	84		K 30	60	00:00:00	21,1 KM	+00:29:02	6:10	9.7 (77.6%)
113	STYCZ Katarzyna	853		K 30	61	00:00:00	21,1 KM	+00:29:04	6:10	9.7 (77.6%)
114	JANAS Estera	118		K 30	62	00:00:00	21,1 KM	+00:29:12	6:11	9.7 (77.6%)
115	ŚWITAŁA Gabriela	942		K 40	59	00:00:00	21,1 KM	+00:29:20	6:11	9.7 (77.6%)
116	ALBRECHT Manon	1832	ESV 49 ANGERMÜNDE	K 40	60	00:00:00	21,1 KM	+00:29:29	6:12	9.7 (77.6%)
117	KĘDRA-SULEJ Agnieszka	109	WAT / AKS-SOFT TEAM	K 40	61	00:00:00	21,1 KM	+00:29:33	6:12	9.7 (77.6%)
118	GAWLIK Kinga	46		K 30	65	00:00:00	21,1 KM	+00:29:44	6:12	9.7 (77.6%)
119	MROZIŃSKA Renata	334		K 40	62	00:00:00	21,1 KM	+00:29:44	6:12	9.7 (77.6%)
120	CHRONOWSKA Justyna	1596		K 20	26	00:00:00	21,1 KM	+00:29:53	6:13	9.6 (76.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
121	CELEK Katarzyna	1843	ART&RUN	K 30	69	00:00:00	21,1 KM	+00:30:15	6:14	9.6 (76.8%)
122	JAWÓR Magdalena	866		K 30	70	00:00:00	21,1 KM	+00:30:21	6:14	9.6 (76.8%)
123	PISZCZEK Marzena	720		K 30	71	00:00:00	21,1 KM	+00:30:22	6:14	9.6 (76.8%)
124	REKOWSKA Danuta	316	KB ZDYSZAAANI CHOCIANÓW	K 50	8	00:00:00	21,1 KM	+00:30:29	6:15	9.6 (76.8%)
125	KASPERSKA Sylwia	470		K 40	63	00:00:00	21,1 KM	+00:30:41	6:15	9.6 (76.8%)
126	RACŁAWSKA Iwona	1779		K 50	9	00:00:00	21,1 KM	+00:31:00	6:17	9.5 (76.0%)
127	RÓŻAŃSKA Magdalena	972	PYRZYCE BIEGAJĄ	K 40	65	00:00:00	21,1 KM	+00:31:18	6:17	9.5 (76.0%)
128	PILARSKA Iwona	1285		K 30	73	00:00:00	21,1 KM	+00:31:23	6:17	9.5 (76.0%)
129	SZYMECZKO Jola	383		K 40	67	00:00:00	21,1 KM	+00:31:23	6:18	9.5 (76.0%)
130	ZAROBIAK Katarzyna	832	RUNONLINE.PL	K 40	68	00:00:00	21,1 KM	+00:31:55	6:19	9.5 (76.0%)
131	LISSEWSKA Konstancja	883		K 30	74	00:00:00	21,1 KM	+00:32:02	6:19	9.5 (76.0%)
132	NURSKA Emilia	1643		K 60	1	00:00:00	21,1 KM	+00:32:12	6:19	9.5 (76.0%)
133	DANKOWSKA Urszula	414		K 30	75	00:00:00	21,1 KM	+00:32:23	6:20	9.5 (76.0%)
134	ROZICKA Adriana	1742		K 20	27	00:00:00	21,1 KM	+00:32:39	6:21	9.4 (75.2%)
135	SIDOR Anna	1659		K 40	70	00:00:00	21,1 KM	+00:32:46	6:21	9.4 (75.2%)
136	MACIEJEWSKA Jolanta	466		K 30	76	00:00:00	21,1 KM	+00:32:48	6:21	9.4 (75.2%)
137	DAMASZKE Aleksandra	435		K 30	77	00:00:00	21,1 KM	+00:32:49	6:21	9.4 (75.2%)
138	KLEIN Patrycja	1263		K 20	28	00:00:00	21,1 KM	+00:32:49	6:21	9.4 (75.2%)
139	RASIŃSKA Ewelina	345	#BBKTS	K 30	78	00:00:00	21,1 KM	+00:32:58	6:21	9.4 (75.2%)
140	HNAT Patrycja	1075		K 20	29	00:00:00	21,1 KM	+00:33:02	6:22	9.4 (75.2%)
141	MOC Marzena	593		K 20	30	00:00:00	21,1 KM	+00:33:08	6:22	9.4 (75.2%)
142	ADAMCZAK Jolanta	381	OD PONIEDZIAŁKU	K 50	11	00:00:00	21,1 KM	+00:33:16	6:22	9.4 (75.2%)
143	MRULA Ewa	928		K 40	73	00:00:00	21,1 KM	+00:33:30	6:23	9.4 (75.2%)
144	CYRAN Katarzyna	476		K 40	74	00:00:00	21,1 KM	+00:33:31	6:23	9.4 (75.2%)
145	WÓJCIK Anna	1284	ŻYTANIA TEAM	K 30	79	00:00:00	21,1 KM	+00:33:32	6:23	9.4 (75.2%)
146	RAKOCZY Dorota	1760		K 40	75	00:00:00	21,1 KM	+00:33:35	6:23	9.4 (75.2%)
147	JĘDRZEJCZYK Katarzyna	1729		K 20	31	00:00:00	21,1 KM	+00:34:13	6:25	9.3 (74.4%)
148	SOLARZ Monika	688		K 30	81	00:00:00	21,1 KM	+00:34:22	6:25	9.3 (74.4%)
149	POPIELARSKA Sabina	271		K 40	76	00:00:00	21,1 KM	+00:34:23	6:26	9.3 (74.4%)
150	KWIATKOWSKA Martyna	560		K 30	82	00:00:00	21,1 KM	+00:34:42	6:26	9.3 (74.4%)
151	GUŁA Iwona	1473	MIRAZ RACE TEAM	K 50	12	00:00:00	21,1 KM	+00:35:13	6:28	9.3 (74.4%)
152	LUBAŃSKA Alicja	157		K 50	13	00:00:00	21,1 KM	+00:35:28	6:29	9.3 (74.4%)
153	PRZĄDO-KUDAS Małgorzata	1054		K 40	78	00:00:00	21,1 KM	+00:35:33	6:29	9.2 (73.6%)
154	KONIKOWSKA Julia	1880		K 30	83	00:00:00	21,1 KM	+00:35:38	6:29	9.2 (73.6%)
155	KLECZKOWSKA Ewa	1610		K 40	79	00:00:00	21,1 KM	+00:35:49	6:30	9.2 (73.6%)
156	MATUSZAK Anita	769		K 40	80	00:00:00	21,1 KM	+00:35:55	6:30	9.2 (73.6%)
157	BRZUSZEK Katarzyna	1430	MATUSZAK TEAM	K 30	85	00:00:00	21,1 KM	+00:36:02	6:30	9.2 (73.6%)
158	MICHALAK Karolina	1750		K 30	86	00:00:00	21,1 KM	+00:36:23	6:31	9.2 (73.6%)
159	MICHALAK Mariola	367		K 30	87	00:00:00	21,1 KM	+00:36:24	6:31	9.2 (73.6%)
160	MARCHEWKA Justyna	895	URZĄD BIEGA	K 30	88	00:00:00	21,1 KM	+00:36:28	6:31	9.2 (73.6%)
161	CHYBIŃSKA Katarzyna	31		K 30	89	00:00:00	21,1 KM	+00:36:33	6:32	9.2 (73.6%)
162	TOCHA Marzena	1419		K 40	81	00:00:00	21,1 KM	+00:36:48	6:32	9.2 (73.6%)
163	CHODKIEWICZ Anna	1842		K 30	91	00:00:00	21,1 KM	+00:37:14	6:34	9.1 (72.8%)
164	CIEŚLIK Sonia	716		K 20	34	00:00:00	21,1 KM	+00:37:38	6:35	9.1 (72.8%)
165	DUDA Jadwiga	520		K 60	2	00:00:00	21,1 KM	+00:37:51	6:35	9.1 (72.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
166	MACHALICA Adriana	1100		K 30	92	00:00:00	21,1 KM	+00:38:04	6:36	9.1 (72.8%)
167	TAYLOR Ania	985		K 20	36	00:00:00	21,1 KM	+00:38:14	6:36	9.1 (72.8%)
168	PIETRZAK Anna	362		K 40	82	00:00:00	21,1 KM	+00:38:24	6:37	9.1 (72.8%)
169	RÓŻYCKA-FRYT Katarzyna	639	ROZBIEGANE MYSŁOWICE	K 40	83	00:00:00	21,1 KM	+00:38:25	6:37	9.1 (72.8%)
170	WYGLĄDACZ Alicja	1142	WIELGOWO NA BIEGOWO	K 40	84	00:00:00	21,1 KM	+00:38:33	6:37	9 (72.0%)
171	GURMIŃSKA Katarzyna	7		K 20	37	00:00:00	21,1 KM	+00:38:39	6:38	9 (72.0%)
172	KRZEMIŃSKA Joanna	913		K 30	94	00:00:00	21,1 KM	+00:38:50	6:38	9 (72.0%)
173	KOPIENIAK Agnieszka	1107	BIEGNĘ, ŻEBY BARTEK MÓGL BIEGAĆ	K 30	95	00:00:00	21,1 KM	+00:39:07	6:39	9 (72.0%)
174	PURCZYŃSKA Edyta	878		K 40	85	00:00:00	21,1 KM	+00:39:10	6:39	9 (72.0%)
175	KOZAKOWSKA Małgorzata	1443		K 40	86	00:00:00	21,1 KM	+00:39:10	6:39	9 (72.0%)
176	LENCZEWSKA-MACIĄG Dorota	57		K 40	88	00:00:00	21,1 KM	+00:39:34	6:40	9 (72.0%)
177	WIŚLICKA Sandra	1710	PKO BANK POLSKI	K 30	97	00:00:00	21,1 KM	+00:40:03	6:42	9 (72.0%)
178	WARMUZ Dorota	937	BYTOM	K 30	98	00:00:00	21,1 KM	+00:40:17	6:42	8.9 (71.2%)
179	TABAS Anna	11	WIECZORNE BIEGANIE W SZCZECINIE	K 30	99	00:00:00	21,1 KM	+00:40:21	6:42	8.9 (71.2%)
180	KLUCZYŃSKA Honorata	540		K 40	91	00:00:00	21,1 KM	+00:40:29	6:43	8.9 (71.2%)
181	MAŃKE Karolina	509		K 30	101	00:00:00	21,1 KM	+00:41:18	6:45	8.9 (71.2%)
182	DRELICHOWSKA Anna	1084		K 40	95	00:00:00	21,1 KM	+00:41:30	6:46	8.9 (71.2%)
183	WIŚNIEWSKA Małgorzata	852		K 30	103	00:00:00	21,1 KM	+00:41:37	6:46	8.9 (71.2%)
184	MOLSKA Małgorzata	341	OSP KŁODAWA	K 50	15	00:00:00	21,1 KM	+00:41:43	6:46	8.8 (70.4%)
185	JERZYK-SZAMAŁEK Bogusława	265	ŚRUNDUNIA	K 50	16	00:00:00	21,1 KM	+00:41:48	6:47	8.8 (70.4%)
186	CIERNIAK Agata	47	KOTLACTIVE TEAM	K 40	96	00:00:00	21,1 KM	+00:41:49	6:47	8.8 (70.4%)
187	GRZESZKOWIAK Bogumiła	1207	NIE MA	K 50	17	00:00:00	21,1 KM	+00:42:06	6:47	8.8 (70.4%)
188	KOWALSKA Anna	1444		K 30	104	00:00:00	21,1 KM	+00:42:35	6:49	8.8 (70.4%)
189	BŁAUT Agata	665	BEZ KLUBU	K 40	99	00:00:00	21,1 KM	+00:43:02	6:52	8.7 (69.6%)
190	KALISZ Irena	183		K 30	106	00:00:00	21,1 KM	+00:43:14	6:51	8.8 (70.4%)
191	NOWAK Magdalena	1081	AEGONRUN	K 30	107	00:00:00	21,1 KM	+00:43:15	6:51	8.8 (70.4%)
192	KUBICA Ula	1544		K 40	102	00:00:00	21,1 KM	+00:43:16	6:51	8.8 (70.4%)
193	ROSTRYGIN Katarzyna	548		K 30	108	00:00:00	21,1 KM	+00:43:22	6:51	8.7 (69.6%)
194	WIĘSEK Ewelina	1551	PKO BANK POLSKI SA	K 40	103	00:00:00	21,1 KM	+00:43:25	6:51	8.7 (69.6%)
195	OLSZAK Anna	539	ROZBIEGANE MYSŁOWICE	K 30	109	00:00:00	21,1 KM	+00:43:45	6:52	8.7 (69.6%)
196	GRIMM-SPERLING Anja	409		K 40	104	00:00:00	21,1 KM	+00:43:56	6:53	8.7 (69.6%)
197	TYRAN Joanna	1527	OSIEK BIEGA	K 30	111	00:00:00	21,1 KM	+00:44:05	6:53	8.7 (69.6%)
198	ZALEWSKA Joanna	387		K 40	105	00:00:00	21,1 KM	+00:44:08	6:53	8.7 (69.6%)
199	WIZA Marta	49		K 20	39	00:00:00	21,1 KM	+00:44:28	6:54	8.7 (69.6%)
200	MARCZAK Małgorzata	44	NIGHT RUNNERS SŁUPSK	K 50	18	00:00:00	21,1 KM	+00:44:32	6:54	8.7 (69.6%)
201	JANELT Wioletta	405		K 40	106	00:00:00	21,1 KM	+00:44:34	6:54	8.7 (69.6%)
202	MAJ Diana	738	KB WIKON NOWA SÓL	K 30	112	00:00:00	21,1 KM	+00:44:49	6:55	8.7 (69.6%)
203	MĄDZIK Aleksandra	822		K 30	113	00:00:00	21,1 KM	+00:44:51	6:55	8.7 (69.6%)
204	WOŁOCH Ola	1373		K 20	40	00:00:00	21,1 KM	+00:44:56	6:56	8.7 (69.6%)
205	OWCZARCAK Monika	1215		K 30	114	00:00:00	21,1 KM	+00:44:56	6:56	8.7 (69.6%)
206	KRÓLIKOWSKA Anna	1138	HUSARIA RACE TEAM	K 20	41	00:00:00	21,1 KM	+00:45:05	6:56	8.6 (68.8%)
207	REINHOLZ Elżbieta	456		K 40	107	00:00:00	21,1 KM	+00:45:06	6:56	8.6 (68.8%)
208	KAMSKA Małgorzata	589		K 30	115	00:00:00	21,1 KM	+00:45:36	6:57	8.6 (68.8%)
209	ORLON Barbara	171	FIOLKA RUN HAPPY	K 40	109	00:00:00	21,1 KM	+00:45:43	6:58	8.6 (68.8%)
210	KOPKA Elżbieta	260	WIECZORNE BIEGANIE W SZCZECINIE	K 50	20	00:00:00	21,1 KM	+00:45:44	6:58	8.6 (68.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
211	SUPERCZYŃSKA Aneta	771		K 40	110	00:00:00	21,1 KM	+00:45:46	6:58	8.6 (68.8%)
212	GRAJEWSKA Monika	333		K 20	42	00:00:00	21,1 KM	+00:45:54	6:58	8.6 (68.8%)
213	GOLKA Beata	1185		K 30	116	00:00:00	21,1 KM	+00:46:23	7:00	8.6 (68.8%)
214	KACZMAREK Anna	1484		K 30	117	00:00:00	21,1 KM	+00:46:26	7:00	8.6 (68.8%)
215	KRĘPA Gosia	1383	EKSTEREME WOLF	K 40	112	00:00:00	21,1 KM	+00:46:32	7:02	8.5 (68.0%)
216	SZAMBELAN Katarzyna	226		K 30	118	00:00:00	21,1 KM	+00:46:37	7:00	8.6 (68.8%)
217	KUSZKA-BRZYCHCY Natalia	197		K 30	119	00:00:00	21,1 KM	+00:46:59	7:01	8.5 (68.0%)
218	OFFMAN Aneta	274		K 40	114	00:00:00	21,1 KM	+00:47:13	7:02	8.5 (68.0%)
219	BIAŁKOWSKA Katarzyna	198	PRZYSTAŃ NA KAWĘ	K 40	115	00:00:00	21,1 KM	+00:47:21	7:02	8.5 (68.0%)
220	JABŁONOWSKA Aleksandra	1433		K 30	120	00:00:00	21,1 KM	+00:47:32	7:03	8.5 (68.0%)
221	LEWANDOWSKA Katarzyna	695	PCH_RUN	K 40	116	00:00:00	21,1 KM	+00:47:32	7:03	8.5 (68.0%)
222	PLUSKOTA Olga	1637		K 20	43	00:00:00	21,1 KM	+00:47:50	7:04	8.5 (68.0%)
223	WILIŃSKA-CHRASTEK Edyta	1723		K 40	117	00:00:00	21,1 KM	+00:48:01	7:04	8.5 (68.0%)
224	RAWA Donata	1830		K 40	119	00:00:00	21,1 KM	+00:48:16	7:05	8.5 (68.0%)
225	OLBRICH Barbara	1681	MIRAZ RACE TEAM	K 40	120	00:00:00	21,1 KM	+00:48:16	7:05	8.5 (68.0%)
226	ADRIAN-CZABORYK Monika	1823		K 40	122	00:00:00	21,1 KM	+00:48:16	7:05	8.5 (68.0%)
227	KIERMACZ Kaja	1322		K 30	123	00:00:00	21,1 KM	+00:48:19	7:05	8.5 (68.0%)
228	ZARCZUK Anna	1323		K 40	125	00:00:00	21,1 KM	+00:48:34	7:06	8.4 (67.2%)
229	SOKALSKA Marta	885		K 30	124	00:00:00	21,1 KM	+00:48:38	7:06	8.4 (67.2%)
230	BAK Ilona	680	OD PONIEDZIAŁKU	K 40	126	00:00:00	21,1 KM	+00:48:51	7:07	8.4 (67.2%)
231	NOWACKA Ewa	360		K 40	127	00:00:00	21,1 KM	+00:48:51	7:07	8.4 (67.2%)
232	MERKLINGHAUS-KOBER Monika	867	SPEED FEET '16/PARKRUN KOŚCIAN/12WBOT	K 40	128	00:00:00	21,1 KM	+00:49:07	7:07	8.4 (67.2%)
233	KUKLA Agata	922	POWOLI DO CELU	K 30	125	00:00:00	21,1 KM	+00:49:18	7:08	8.4 (67.2%)
234	MARCZEWSKA Marta	119	GALLOWAY TEAM ZIELONA GÓRA	K 30	127	00:00:00	21,1 KM	+00:49:33	7:09	8.4 (67.2%)
235	DUDZIAK-PRZEWOŻNA Izabela	1134	DOBICONNECT	K 40	129	00:00:00	21,1 KM	+00:49:33	7:09	8.4 (67.2%)
236	HUNIA Karolina	1132		K 30	128	00:00:00	21,1 KM	+00:49:36	7:09	8.4 (67.2%)
237	POSTAWA Renata	38		K 40	130	00:00:00	21,1 KM	+00:49:38	7:09	8.4 (67.2%)
238	KUTYŁA Marta	746		K 30	129	00:00:00	21,1 KM	+00:49:46	7:09	8.4 (67.2%)
239	PIĄTKOWSKA Izabela	1417		K 30	130	00:00:00	21,1 KM	+00:49:49	7:09	8.4 (67.2%)
240	KĘSICKA-BLOCH Aneta	224		K 30	131	00:00:00	21,1 KM	+00:49:51	7:09	8.4 (67.2%)
241	ZIĘTA Katarzyna	661	ORKI Z...	K 50	21	00:00:00	21,1 KM	+00:50:03	7:10	8.4 (67.2%)
242	BŁAŻYŃSKA Ilona	865	KATORŻNIK MUROWANA GOŚLINA	K 30	132	00:00:00	21,1 KM	+00:50:10	7:10	8.4 (67.2%)
243	KĘDZIOR Natalia	1503	NOWA HUTA TEAM	K 30	133	00:00:00	21,1 KM	+00:50:39	7:12	8.3 (66.4%)
244	CELER Kinga	1716	NOWA HUTA TEAM	K 30	134	00:00:00	21,1 KM	+00:50:50	7:12	8.3 (66.4%)
245	MROCZEK Kasia	1450		K 40	132	00:00:00	21,1 KM	+00:50:54	7:12	8.3 (66.4%)
246	BRABAŃSKA Agata	1683	KORBOLE TEAM	K 40	133	00:00:00	21,1 KM	+00:51:11	7:15	8.3 (66.4%)
247	WOJTYSIAK Małgorzata	511		K 30	135	00:00:00	21,1 KM	+00:51:21	7:14	8.3 (66.4%)
248	BASARA Agnieszka	1238		K 40	134	00:00:00	21,1 KM	+00:51:27	7:14	8.3 (66.4%)
249	REIMAN Agnieszka	1409		K 30	136	00:00:00	21,1 KM	+00:51:28	7:14	8.3 (66.4%)
250	PONICKA Izabela	1446	TEAM UJŚCIE	K 40	135	00:00:00	21,1 KM	+00:51:38	7:15	8.3 (66.4%)
251	ŻARKOWSKA Dominika	276		K 40	136	00:00:00	21,1 KM	+00:51:43	7:15	8.3 (66.4%)
252	KUPNIEWSKA Patrycja	1449		K 20	45	00:00:00	21,1 KM	+00:51:44	7:15	8.3 (66.4%)
253	ŚWITAŁA Natalia	944		K 20	46	00:00:00	21,1 KM	+00:51:48	7:15	8.3 (66.4%)
254	PĄCZEK Weronika	287	WATAHA - ŁĄCZY NAS BIEGANIE	K 20	47	00:00:00	21,1 KM	+00:52:04	7:16	8.3 (66.4%)
255	SOBCZAK-KUFEL Ilona	99	PATOBIEGANIE	K 30	138	00:00:00	21,1 KM	+00:52:07	7:16	8.2 (65.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
256	KŁACZKIEWICZ Magdalena	602		K 20	48	00:00:00	21,1 KM	+00:52:38	7:17	8.2 (65.6%)
257	SZWARC Karina	22		K 30	139	00:00:00	21,1 KM	+00:52:46	7:18	8.2 (65.6%)
258	WÓJCIK Agnieszka	1023		K 30	140	00:00:00	21,1 KM	+00:52:49	7:18	8.2 (65.6%)
259	PYREK Dorota	1542	TROCHĘ SIĘ BIEGA	K 40	139	00:00:00	21,1 KM	+00:53:11	7:19	8.2 (65.6%)
260	SZYSZKO Ewa	1115	MARKOWI BIEGACZE	K 30	142	00:00:00	21,1 KM	+00:53:26	7:20	8.2 (65.6%)
261	ROZPŁOCH Katarzyna	201		K 30	144	00:00:00	21,1 KM	+00:53:38	7:20	8.2 (65.6%)
262	MIŁOSZ Maria	1755	KASZANKI	K 20	49	00:00:00	21,1 KM	+00:54:03	7:21	8.1 (64.8%)
263	ZUBA Lucyna	413	EKO- OKNA RUNNERS	K 50	23	00:00:00	21,1 KM	+00:54:22	7:22	8.1 (64.8%)
264	MIŚKIEWICZ Lucyna	33	WARTO BIEGAĆ ZAWIERCIE	K 50	24	00:00:00	21,1 KM	+00:54:26	7:23	8.1 (64.8%)
265	PTASZYŃSKA Agnieszka	1564		K 40	143	00:00:00	21,1 KM	+00:55:27	7:25	8.1 (64.8%)
266	PORĘBSKA Wioletta	1483	SALA TEAM	K 40	144	00:00:00	21,1 KM	+00:55:33	7:26	8.1 (64.8%)
267	PTASZKIEWICZ Ewa	158	GALLOWAY TEAM ZIELONA GÓRA	K 40	145	00:00:00	21,1 KM	+00:55:37	7:26	8.1 (64.8%)
268	JANOWICZ Renata	679	BIEGANIE USKRZYDLA	K 40	146	00:00:00	21,1 KM	+00:55:39	7:26	8.1 (64.8%)
269	PAPKA Danuta	549	ŁÓDŹ KOCHA SPORT	K 30	146	00:00:00	21,1 KM	+00:55:49	7:26	8.1 (64.8%)
270	LATA Beata	1083	SIEMIANOWICE I PRZYJACIELE BIEGAJĄ	K 40	147	00:00:00	21,1 KM	+00:56:12	7:28	8 (64.0%)
271	RYMARZ Paulina	640		K 30	147	00:00:00	21,1 KM	+00:56:27	7:28	8 (64.0%)
272	POPIELARZ Renata	113	GALLOWAY TEAM	K 40	148	00:00:00	21,1 KM	+00:57:23	7:31	8 (64.0%)
273	OWSIANIK Sylwia	134		K 40	149	00:00:00	21,1 KM	+00:58:02	7:33	7.9 (63.2%)
274	TYLISZCZAK Bożena	1069		K 30	148	00:00:00	21,1 KM	+00:58:36	7:34	7.9 (63.2%)
275	KLUSEK Jolanta	1814	YOLA YOLANDA	K 40	151	00:00:00	21,1 KM	+00:58:42	7:35	7.9 (63.2%)
276	SAJEWSKA Karolina	450		K 30	149	00:00:00	21,1 KM	+00:58:47	7:35	7.9 (63.2%)
277	JANCZARSKA-BERGEL Katarzyna	874		K 30	150	00:00:00	21,1 KM	+00:59:14	7:36	7.9 (63.2%)
278	TAUDUL Urszula	1211	GRUPA BIEGOWA CZARNA BIAŁOSTOCKA	K 40	153	00:00:00	21,1 KM	+00:59:38	7:37	7.9 (63.2%)
279	CIOSEK Marta	854		K 30	152	00:00:00	21,1 KM	+01:00:03	7:39	7.8 (62.4%)
280	CYGANEK Agnieszka	1177	BEFIT24TEAM	K 40	154	00:00:00	21,1 KM	+01:00:13	7:39	7.8 (62.4%)
281	SOMSKA Małgorzata	1319		K 30	153	00:00:00	21,1 KM	+01:01:00	7:41	7.8 (62.4%)
282	STĘPIEŃ Maria	508	AKTYWNIE W PNIEWACH	K 50	25	00:00:00	21,1 KM	+01:01:03	7:41	7.8 (62.4%)
283	NOWACKA Marta	1431	FABRYKA NAWYKÓW	K 20	50	00:00:00	21,1 KM	+01:01:29	7:43	7.8 (62.4%)
284	NADRAJKOWSKA Joanna	980	DZIKIE KUNY	K 30	154	00:00:00	21,1 KM	+01:01:37	7:43	7.8 (62.4%)
285	CIEŚLA Beata	1862	ZABIEGAMI GOLENIÓW	K 50	26	00:00:00	21,1 KM	+01:02:38	7:46	7.7 (61.6%)
286	MATUSIK Kazimiera	1552	WIECZORNE BIEGANIE W SZCZECINIE	K 50	27	00:00:00	21,1 KM	+01:02:39	7:46	7.7 (61.6%)
287	WOJCIECHOWSKA Wioletta	420		K 50	28	00:00:00	21,1 KM	+01:02:53	7:47	7.7 (61.6%)
288	MOTOWIDŁO-ZAWADZKA Izabella	1080	3 FALE	K 40	158	00:00:00	21,1 KM	+01:03:09	7:47	7.7 (61.6%)
289	OSUCHOWSKA Wioletta	296	PKOBP	K 40	159	00:00:00	21,1 KM	+01:03:10	7:47	7.7 (61.6%)
290	PRZYSTUPA Edyta	1615	ŚRUNDUNIA SZCZECIN	K 30	157	00:00:00	21,1 KM	+01:03:31	7:48	7.7 (61.6%)
291	ORLIŃSKA Joanna	1147	SKAWINA BIEGA	K 40	161	00:00:00	21,1 KM	+01:03:47	7:50	7.6 (60.8%)
292	POPŁAWSKA Małgorzata	315	WIECZORNE BIEGANIE W SZCZECINIE	K 30	158	00:00:00	21,1 KM	+01:04:14	7:50	7.6 (60.8%)
293	PANEK Agnieszka	1534		K 40	162	00:00:00	21,1 KM	+01:04:17	7:51	7.6 (60.8%)
294	KONDZIOŁA Monika	235		K 30	159	00:00:00	21,1 KM	+01:04:54	7:52	7.6 (60.8%)
295	WARSZEWSKA Wioletta	1601		K 40	165	00:00:00	21,1 KM	+01:05:21	7:54	7.6 (60.8%)
296	KIELCZYK Katarzyna	9	WIECZORNE BIEGANIE W SZCZECINIE	K 40	166	00:00:00	21,1 KM	+01:07:24	7:59	7.5 (60.0%)
297	KAJDAN Hanna	412	KOBIETY W BIEGU	K 50	29	00:00:00	21,1 KM	+01:07:50	8:01	7.5 (60.0%)
298	SZNAJDER Agnieszka	1376	BIELAWSKA AKADEMIA BIEGANIA	K 40	167	00:00:00	21,1 KM	+01:08:03	8:01	7.5 (60.0%)
299	KRAWCZYK Małgorzata	159	BIELAWSKA AKADEMIA BIEGANIA	K 30	160	00:00:00	21,1 KM	+01:08:03	8:01	7.5 (60.0%)
300	KRUPA Aleksandra	843	KB MOSTKOWO	K 20	52	00:00:00	21,1 KM	+01:08:24	8:02	7.5 (60.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
301	KÜCHLER Małgorzata	128	JARBUD	K 40	168	00:00:00	21,1 KM	+01:08:42	8:03	7.4 (59.2%)
302	TWARDOWSKA Karolina	48		K 30	161	00:00:00	21,1 KM	+01:09:13	8:05	7.4 (59.2%)
303	GROCHOWSKA Joanna	995	BIEGAMY Z OCHOTĄ	K 50	30	00:00:00	21,1 KM	+01:09:38	8:06	7.4 (59.2%)
304	BALCERAK Aleksandra	351		K 30	162	00:00:00	21,1 KM	+01:11:38	8:11	7.3 (58.4%)
305	SZYDEŁKO Mariola	1665	AKTYWNA KCYNIA	K 40	171	00:00:00	21,1 KM	+01:11:58	8:12	7.3 (58.4%)
306	FIJAŁKOWSKA Karolina	909		K 30	164	00:00:00	21,1 KM	+01:12:46	8:15	7.3 (58.4%)
307	KARPIŃSKA Magdalena	941	MAMY BIEGAMY/ LOCO SPORT	K 30	165	00:00:00	21,1 KM	+01:13:15	8:16	7.3 (58.4%)
308	SALA-TLAŁKA Magdalena	1481	SALA TEAM	K 30	168	00:00:00	21,1 KM	+01:13:18	8:16	7.2 (57.6%)
309	DRABKOWSKA Agnieszka	1599	CUDAKI ♥	K 40	172	00:00:00	21,1 KM	+01:13:32	8:17	7.2 (57.6%)
310	RYCHEL Mariola	392	E-DZIEWIARKA.PL	K 50	32	00:00:00	21,1 KM	+01:13:32	8:17	7.2 (57.6%)
311	HALEJCIO Małgorzata	343	MODLITWA BIEGANIA	K 40	173	00:00:00	21,1 KM	+01:13:53	8:18	7.2 (57.6%)
312	TYS Małgorzata	1014	WATAHA-ŁĄCZY NAS BIEGANIE	K 50	34	00:00:00	21,1 KM	+01:14:12	8:19	7.2 (57.6%)
313	SEIFERT Sylwia	161	SERIKON TEAM	K 40	174	00:00:00	21,1 KM	+01:15:50	8:23	7.1 (56.8%)
314	BACHORSKA Monika	981		K 30	171	00:00:00	21,1 KM	+01:15:55	8:24	7.1 (56.8%)
315	WESOŁOWSKA Dorota	982		K 30	172	00:00:00	21,1 KM	+01:15:55	8:24	7.1 (56.8%)
316	MACIUKANIS Izabela	114	KLUB	K 50	36	00:00:00	21,1 KM	+01:16:09	8:24	7.1 (56.8%)
317	ALBIGOWSKA POZYTYWNIE_ROZBIEGANA Magdalena	1120		K 30	173	00:00:00	21,1 KM	+01:16:38	8:26	7.1 (56.8%)
318	BUCHTA Kinga	1453	BBKTS	K 20	54	00:00:00	21,1 KM	+01:17:01	8:27	7.1 (56.8%)
319	WNUK - KEMPA Karolina	1733		K 30	174	00:00:00	21,1 KM	+01:17:52	8:29	7.1 (56.8%)
320	MYŚLIWIEC Monika	931	POWOLI DO CELU	K 30	175	00:00:00	21,1 KM	+01:18:18	8:30	7 (56.0%)
321	POGODA-BLAZIAK Katarzyna	1836		K 30	176	00:00:00	21,1 KM	+01:18:21	8:31	7 (56.0%)
322	SWIDEREK Sylwia	1201		K 40	176	00:00:00	21,1 KM	+01:21:21	8:39	6.9 (55.2%)
323	PIREK Natalia	87		K 30	178	00:00:00	21,1 KM	+01:21:49	8:40	6.9 (55.2%)
324	PRYBIŃSKA-MARCINIAK Anna	1635	AKTYWNA KCYNIA	K 30	179	00:00:00	21,1 KM	+01:21:51	8:40	6.9 (55.2%)
325	KANIEWSKA Alicja	1602	AKTYWNA KCYNIA	K 30	180	00:00:00	21,1 KM	+01:22:58	8:44	6.9 (55.2%)
326	WOJDAK Żaneta	899		K 30	181	00:00:00	21,1 KM	+01:23:25	8:45	6.9 (55.2%)
327	CIUPA-SINGAMSHETTY Anna	1180	MULTIMEDIA RUNNERS PUŁAWY	K 30	182	00:00:00	21,1 KM	+01:23:47	8:46	6.8 (54.4%)
328	KWIATKOWSKA Emilia	55		K 30	183	00:00:00	21,1 KM	+01:24:45	8:49	6.8 (54.4%)
329	JABŁOŃSKA Wiktoria	642	ŚWIDNICKA GRUPA BIEGOWA	K 20	56	00:00:00	21,1 KM	+01:25:01	8:50	6.8 (54.4%)
330	LOREK Marcelina	1045		K 20	57	00:00:00	21,1 KM	+01:26:07	8:53	6.8 (54.4%)
331	MAJCHEREK Paulina	53		K 30	184	00:00:00	21,1 KM	+01:27:38	8:57	6.7 (53.6%)
332	KOŁODZIEJ Elżbieta	1730		K 40	177	00:00:00	21,1 KM	+01:28:26	8:59	6.7 (53.6%)
333	TRUCHAN Marta	1788		K 40	178	00:00:00	21,1 KM	+01:29:25	9:03	6.6 (52.8%)
334	BOROWY Anna	1385	HURAGAN LIGOTA	K 40	179	00:00:00	21,1 KM	+01:29:51	9:03	6.6 (52.8%)
335	KOŁODZIEJ Joanna	1731		K 20	58	00:00:00	21,1 KM	+01:30:07	9:04	6.6 (52.8%)
336	DRECHSLER-NOWAK Magdalena	1422		K 20	59	00:00:00	21,1 KM	+01:31:56	9:10	6.5 (52.0%)
337	URBANSKA-KRAWCZYK Izabela	1249		K 60	5	00:00:00	21,1 KM	+01:34:41	9:17	6.5 (52.0%)
338	SEREDYŃSKA Magdalena	839	PARKRUN GORZÓW WIELKOPOLSKI	K 30	185	00:00:00	21,1 KM	+01:37:50	9:26	6.4 (51.2%)
339	BARDZIK Marzena	1062	PIEKIELNIE ZGRANI	K 40	181	00:00:00	21,1 KM	+01:50:57	10:03	6 (48.0%)
340	DYRDA Justyna	312		K 40	182	00:00:00	21,1 KM	+01:51:41	10:07	5.9 (47.2%)
341	KASPERCZAK Emilia	1243	PIEKIELNIE ZGRANI	K 40	183	00:00:00	21,1 KM	+01:51:45	10:06	5.9 (47.2%)
342	KLIMKOWSKA Monika	40	SPORTY CZARNIECKI - CHEŁM BIEGA	K 40	184	00:00:00	21,1 KM	+01:53:47	10:27	5.7 (45.6%)
343	KOWALCZYK Klaudia	92	TEAM ZABIEGANEDNI	K 30	187	00:00:00	21,1 KM	+01:56:04	10:18	5.8 (46.4%)
344	ANTOLIK Iwona	200	MIRAZ RACE TEAM	K 50	39	00:00:00	21,1 KM	+01:57:42	10:22	5.8 (46.4%)
345	KOWALCZYK Anna	820	DOGOŃ GRODZISK MAZOWIECKI	K 40	186	00:00:00	21,1 KM	+01:58:52	10:26	5.7 (45.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
346	MOSZKA Wioletta	1705		K 40	188	00:00:00	21,1 KM	+02:22:46	11:34	5.2 (41.6%)
347	LER Maria	1436		K 40	190	00:00:00	21,1 KM	+02:59:22	13:18	4.5 (36.0%)
348	STRZELECKA Agnieszka	1099		K 30	191	00:00:00	21,1 KM	+04:02:38	16:18	3.7 (29.6%)
349	WIEDRO Katarzyna	1835		K 30	193	00:00:00	19,4 KM	+00:31:42	6:51	8.7 (69.6%)
350	SKRODZKA Aśka	350	VEGE RUNNERS	K 40	191	00:00:00	11,2 KM	+	6:35	9.1 (72.8%)

Znaleziono 350 wynik(ów)