

# 42.PKO PÓŁMARATON SZCZECIN "NA RATY" - EDYCJA WIRTUALNA

B4SPORT

**Wydarzenie:** 42. PKO PÓŁMARATON SZCZECIN  
**Organizator:** Stowarzyszenie K2 Partners  
**Data:** 2021-08-01  
**Miejsce:** Polska  
**Dystans:** 21.1 km

**B4SPORT**  
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

| Msc | Zawodnik              | Numer | Klub                           | Kategoria | Mkat | Czas startu | Dystans | Różn      | Tempo min/km | Tempo km/h   |
|-----|-----------------------|-------|--------------------------------|-----------|------|-------------|---------|-----------|--------------|--------------|
| 1   | KARCZEWICZ Piotr      | 231   |                                | M 30      | 1    | 00:00:00    | 21,1 KM | +00:00:00 | 4:23         | 13.7 (100%)  |
| 2   | SZYMANOWICZ Mariusz   | 185   | CHARTY CHARTOWO/DRUŻYNA SZPIKU | M 40      | 1    | 00:00:00    | 21,1 KM | +00:00:21 | 4:24         | 13.6 (99.3%) |
| 3   | SEMENIUK Igor         | 58    |                                | M 40      | 2    | 00:00:00    | 21,1 KM | +00:02:07 | 4:29         | 13.4 (97.8%) |
| 4   | KAWUCHA Mirosław      | 243   | KRS FORMOZA                    | M 50      | 1    | 00:00:00    | 21,1 KM | +00:06:18 | 4:41         | 12.8 (93.4%) |
| 5   | MAJDAŃSKI Tomasz      | 325   |                                | M 40      | 3    | 00:00:00    | 21,1 KM | +00:06:55 | 4:42         | 12.7 (92.7%) |
| 6   | PONCYLIUSZ Monica     | 330   | TEAM ZABIEGANE DNI             | K 40      | 1    | 00:00:00    | 21,1 KM | +00:07:02 | 4:43         | 12.7 (92.7%) |
| 7   | SKWARYŁO Dariusz      | 195   |                                | M 30      | 2    | 00:00:00    | 21,1 KM | +00:10:17 | 4:52         | 12.3 (89.8%) |
| 8   | BRYGAŁA Magdalena     | 242   |                                | K 40      | 2    | 00:00:00    | 21,1 KM | +00:10:35 | 4:53         | 12.3 (89.8%) |
| 9   | STRAK Ewa             | 60    |                                | K 20      | 1    | 00:00:00    | 21,1 KM | +00:10:47 | 4:53         | 12.2 (89.1%) |
| 10  | MARCHLEWSKI Arsen     | 95    | STUDIO GRAFICZNE AM            | M 30      | 3    | 00:00:00    | 21,1 KM | +00:12:17 | 4:58         | 12.1 (88.3%) |
| 11  | MIKOŁAJUK Aneta       | 57    |                                | K 40      | 3    | 00:00:00    | 21,1 KM | +00:13:04 | 5:00         | 12 (87.6%)   |
| 12  | KADUSHKA Leanid       | 137   |                                | M 30      | 4    | 00:00:00    | 21,1 KM | +00:16:42 | 5:10         | 11.6 (84.7%) |
| 13  | WASIELEWSKI Sylwester | 3     |                                | M 40      | 4    | 00:00:00    | 21,1 KM | +00:16:45 | 5:10         | 11.6 (84.7%) |
| 14  | LITWIŃSKI Michał      | 284   |                                | M 30      | 5    | 00:00:00    | 21,1 KM | +00:17:23 | 5:12         | 11.5 (83.9%) |
| 15  | ŁOBODA Piotr          | 165   |                                | M 40      | 5    | 00:00:00    | 21,1 KM | +00:18:26 | 5:15         | 11.4 (83.2%) |
| 16  | LELENIEWSKI Jacek     | 42    |                                | M 40      | 6    | 00:00:00    | 21,1 KM | +00:19:17 | 5:18         | 11.3 (82.5%) |

| Msc | Zawodnik                     | Numer       | Klub                         | Kategoria | Mkat | Czas startu | Dystans        | Różn      | Tempo min/km | Tempo km/h   |
|-----|------------------------------|-------------|------------------------------|-----------|------|-------------|----------------|-----------|--------------|--------------|
| 17  | <b>BRYŁA Grzegorz</b>        | <b>240</b>  |                              | M 40      | 7    | 00:00:00    | <b>21,1 KM</b> | +00:19:21 | 5:18         | 11.3 (82.5%) |
| 18  | <b>CZEPIELEWSKI Sławomir</b> | <b>236</b>  | WAŁEKTEAMSZCZECIN            | M 40      | 8    | 00:00:00    | <b>21,1 KM</b> | +00:19:26 | 5:18         | 11.3 (82.5%) |
| 19  | <b>GAJDZIŃSKA Anna</b>       | <b>306</b>  |                              | K 30      | 1    | 00:00:00    | <b>21,1 KM</b> | +00:19:28 | 5:18         | 11.3 (82.5%) |
| 20  | <b>ŁATKA Łukasz</b>          | <b>215</b>  |                              | M 30      | 6    | 00:00:00    | <b>21,1 KM</b> | +00:20:21 | 5:21         | 11.2 (81.8%) |
| 21  | <b>POLAŃCZYK Paulina</b>     | <b>63</b>   |                              | K 30      | 2    | 00:00:00    | <b>21,1 KM</b> | +00:21:09 | 5:23         | 11.1 (81.0%) |
| 22  | <b>BAĆMAGA Marek</b>         | <b>197</b>  |                              | M 30      | 7    | 00:00:00    | <b>21,1 KM</b> | +00:21:26 | 5:24         | 11.1 (81.0%) |
| 23  | <b>GÓRSKI Grzegorz</b>       | <b>314</b>  |                              | M 40      | 9    | 00:00:00    | <b>21,1 KM</b> | +00:22:50 | 5:28         | 11 (80.3%)   |
| 24  | <b>ZARYCZAŃSKI Michał</b>    | <b>189</b>  |                              | M 30      | 8    | 00:00:00    | <b>21,1 KM</b> | +00:23:37 | 5:30         | 10.9 (79.6%) |
| 25  | <b>ANTKOWIAK Sebastian</b>   | <b>122</b>  | DB - ACTIVE                  | M 40      | 10   | 00:00:00    | <b>21,1 KM</b> | +00:23:56 | 5:31         | 10.9 (79.6%) |
| 26  | <b>POPIOŁEK Przemysław</b>   | <b>264</b>  |                              | M 40      | 11   | 00:00:00    | <b>21,1 KM</b> | +00:24:05 | 5:31         | 10.9 (79.6%) |
| 27  | <b>MATULLA Sebastian</b>     | <b>162</b>  |                              | M 40      | 12   | 00:00:00    | <b>21,1 KM</b> | +00:24:24 | 5:32         | 10.8 (78.8%) |
| 28  | <b>BUDZIAREK Adam</b>        | <b>225</b>  |                              | M 40      | 13   | 00:00:00    | <b>21,1 KM</b> | +00:24:30 | 5:32         | 10.8 (78.8%) |
| 29  | <b>POTRYKUS Marcin</b>       | <b>13</b>   |                              | M 40      | 14   | 00:00:00    | <b>21,1 KM</b> | +00:24:50 | 5:33         | 10.8 (78.8%) |
| 30  | <b>SIKORA Łukasz</b>         | <b>256</b>  |                              | M 30      | 9    | 00:00:00    | <b>21,1 KM</b> | +00:24:52 | 5:33         | 10.8 (78.8%) |
| 31  | <b>SMOLKOWSKY Martin</b>     | <b>295</b>  |                              | M 30      | 10   | 00:00:00    | <b>21,1 KM</b> | +00:25:19 | 5:35         | 10.7 (78.1%) |
| 32  | <b>WOJCIECHOWSKI Karol</b>   | <b>283</b>  |                              | M 40      | 15   | 00:00:00    | <b>21,1 KM</b> | +00:25:26 | 5:35         | 10.7 (78.1%) |
| 33  | <b>STALKA Przemek</b>        | <b>255</b>  | SOBOTNI BIEGACZE ŚWINOUJŚCIE | M 40      | 16   | 00:00:00    | <b>21,1 KM</b> | +00:25:28 | 5:35         | 10.7 (78.1%) |
| 34  | <b>PIERSA Jakub</b>          | <b>20</b>   |                              | M 20      | 1    | 00:00:00    | <b>21,1 KM</b> | +00:25:31 | 5:36         | 10.7 (78.1%) |
| 35  | <b>KARCZMAREK Bartłomiej</b> | <b>1001</b> |                              | M 30      | 11   | 00:00:00    | <b>21,1 KM</b> | +00:25:38 | 5:36         | 10.7 (78.1%) |
| 36  | <b>KUŚ Marcin Tomasz</b>     | <b>274</b>  | AKTYWNA BYDGOSZCZ            | M 40      | 17   | 00:00:00    | <b>21,1 KM</b> | +00:26:42 | 5:39         | 10.6 (77.4%) |
| 37  | <b>TOWIAŃSKI Patryk</b>      | <b>33</b>   |                              | M 40      | 18   | 00:00:00    | <b>21,1 KM</b> | +00:27:23 | 5:41         | 10.6 (77.4%) |
| 38  | <b>WEBER Patryk</b>          | <b>270</b>  | POLICE                       | M 30      | 12   | 00:00:00    | <b>21,1 KM</b> | +00:27:25 | 5:41         | 10.6 (77.4%) |
| 39  | <b>ARASZKIEWICZ Patryk</b>   | <b>309</b>  |                              | M 40      | 19   | 00:00:00    | <b>21,1 KM</b> | +00:27:30 | 5:41         | 10.5 (76.6%) |

| Msc | Zawodnik                    | Numer | Klub                         | Kategoria | Mkat | Czas startu | Dystans | Różn      | Tempo min/km | Tempo km/h   |
|-----|-----------------------------|-------|------------------------------|-----------|------|-------------|---------|-----------|--------------|--------------|
| 40  | KOLB Arkadiusz              | 326   |                              | M 40      | 20   | 00:00:00    | 21,1 KM | +00:27:33 | 5:43         | 10.5 (76.6%) |
| 41  | BATOR Zbigniew              | 235   |                              | M 60      | 1    | 00:00:00    | 21,1 KM | +00:27:56 | 5:42         | 10.5 (76.6%) |
| 42  | KOWALCZYK Krzysztof         | 232   |                              | M 50      | 2    | 00:00:00    | 21,1 KM | +00:28:04 | 5:43         | 10.5 (76.6%) |
| 43  | KOWALEWSKI Darek            | 279   |                              | M 50      | 3    | 00:00:00    | 21,1 KM | +00:28:09 | 5:43         | 10.5 (76.6%) |
| 44  | STRELCOW Krzysztof          | 328   |                              | M 40      | 21   | 00:00:00    | 21,1 KM | +00:28:39 | 5:44         | 10.4 (75.9%) |
| 45  | ŁĘCKI Krzysztof             | 246   | K(R)OPKA TEAM                | M 20      | 2    | 00:00:00    | 21,1 KM | +00:29:47 | 5:47         | 10.3 (75.2%) |
| 46  | LEDER Łukasz                | 132   |                              | M 20      | 3    | 00:00:00    | 21,1 KM | +00:30:01 | 5:48         | 10.3 (75.2%) |
| 47  | SIWEK Paula                 | 49    | WIELGOWO NA BIEGOWO          | K 30      | 3    | 00:00:00    | 21,1 KM | +00:30:05 | 5:48         | 10.3 (75.2%) |
| 48  | WOCHOWSKI Jędrzej           | 268   |                              | M 20      | 4    | 00:00:00    | 21,1 KM | +00:30:47 | 5:50         | 10.3 (75.2%) |
| 49  | KOLB Magdalena              | 327   |                              | K 40      | 4    | 00:00:00    | 21,1 KM | +00:31:16 | 5:53         | 10.2 (74.5%) |
| 50  | FULEK Marcin                | 213   | EGIS BIOVITALNI              | M 30      | 13   | 00:00:00    | 21,1 KM | +00:31:40 | 5:53         | 10.2 (74.5%) |
| 51  | KOSTRZEWSKA - BOSAK Paulina | 177   |                              | K 40      | 5    | 00:00:00    | 21,1 KM | +00:31:44 | 5:53         | 10.2 (74.5%) |
| 52  | KRASOWSKI Tomasz            | 10    |                              | M 40      | 22   | 00:00:00    | 21,1 KM | +00:32:46 | 5:56         | 10.1 (73.7%) |
| 53  | STALKA Bożena               | 277   | SOBOTNI BIEGACZE ŚWINOUJŚCIE | K 40      | 6    | 00:00:00    | 21,1 KM | +00:32:49 | 5:56         | 10.1 (73.7%) |
| 54  | DZIADEK Krzysztof           | 179   |                              | M 20      | 5    | 00:00:00    | 21,1 KM | +00:32:51 | 5:56         | 10.1 (73.7%) |
| 55  | KARPIŃSKI Łukasz            | 245   | AKTYWNA BYDGOSZCZ            | M 40      | 23   | 00:00:00    | 21,1 KM | +00:33:32 | 5:58         | 10 (73.0%)   |
| 56  | CHABIŃSKI Artur             | 250   |                              | M 30      | 14   | 00:00:00    | 21,1 KM | +00:34:06 | 6:00         | 10 (73.0%)   |
| 57  | SIWEK Tomasz                | 35    |                              | M 30      | 15   | 00:00:00    | 21,1 KM | +00:35:19 | 6:03         | 9.9 (72.3%)  |
| 58  | GĘBSKI Mieczysław           | 253   |                              | M 60      | 2    | 00:00:00    | 21,1 KM | +00:35:38 | 6:04         | 9.9 (72.3%)  |
| 59  | KOROLUK Sławomir            | 2     |                              | M 50      | 4    | 00:00:00    | 21,1 KM | +00:35:55 | 6:05         | 9.9 (72.3%)  |
| 60  | OTKAŁA Karol                | 16    |                              | M 30      | 16   | 00:00:00    | 21,1 KM | +00:36:02 | 6:05         | 9.8 (71.5%)  |
| 61  | PIETRAŚ Arkadiusz           | 74    |                              | M 30      | 17   | 00:00:00    | 21,1 KM | +00:36:11 | 6:06         | 9.8 (71.5%)  |
| 62  | BIENIEK Piotr               | 221   |                              | M 50      | 5    | 00:00:00    | 21,1 KM | +00:36:47 | 6:07         | 9.8 (71.5%)  |
| 63  | CHYBIŃSKA Katarzyna         | 282   |                              | K 30      | 4    | 00:00:00    | 21,1 KM | +00:37:06 | 6:08         | 9.8 (71.5%)  |

| Msc | Zawodnik             | Numer | Klub  | Kategoria | Mkat | Czas startu | Dystans | Różn      | Tempo min/km | Tempo km/h  |
|-----|----------------------|-------|---|-----------|------|-------------|---------|-----------|--------------|-------------|
| 64  | ZAJAS Krzysztof      | 51    |   | M 30      | 18   | 00:00:00    | 21,1 KM | +00:37:06 | 6:08         | 9.8 (71.5%) |
| 65  | KUJACIŃSKI Łukasz    | 199   | GSK TECH  | M 30      | 19   | 00:00:00    | 21,1 KM | +00:37:21 | 6:09         | 9.7 (70.8%) |
| 66  | SIERAKOWSKI Łukasz   | 97    | MEELOGIC  | M 30      | 20   | 00:00:00    | 21,1 KM | +00:37:41 | 6:10         | 9.7 (70.8%) |
| 67  | WOCHOWSKA Izabela    | 266   |   | K 40      | 7    | 00:00:00    | 21,1 KM | +00:37:45 | 6:10         | 9.7 (70.8%) |
| 68  | WILKOWSKA Kasia      | 101   |   | K 40      | 8    | 00:00:00    | 21,1 KM | +00:38:02 | 6:11         | 9.7 (70.8%) |
| 69  | SZCZESZEK Marcin     | 222   |   | M 30      | 21   | 00:00:00    | 21,1 KM | +00:38:16 | 6:12         | 9.7 (70.8%) |
| 70  | BURNAGIEL Tomasz     | 299   |   | M 50      | 6    | 00:00:00    | 21,1 KM | +00:38:20 | 6:12         | 9.7 (70.8%) |
| 71  | TROJNAR Jarosław     | 290   | KLUB OLIMPIJCZYKA IM. IRENY SZEWIŃSKIEJ W KALISZU POMORSKIM | M 30      | 22   | 00:00:00    | 21,1 KM | +00:38:30 | 6:12         | 9.7 (70.8%) |
| 72  | TROJNAR Krzysztof    | 291   | KLUB OLIMPIJCZYKA IM. IRENY SZEWIŃSKIEJ W KALISZU POMORSKIM | M 60      | 3    | 00:00:00    | 21,1 KM | +00:38:30 | 6:12         | 9.7 (70.8%) |
| 73  | TROJNAR Karolina     | 303   | KLUB OLIMPIJCZYKA IM. IRENY SZEWIŃSKIEJ W KALISZU POMORSKIM | K 30      | 5    | 00:00:00    | 21,1 KM | +00:38:30 | 6:12         | 9.7 (70.8%) |
| 74  | ŚLIWA Maria          | 211   | EGIS BIOVITALNI   | K 30      | 6    | 00:00:00    | 21,1 KM | +00:38:50 | 6:13         | 9.6 (70.1%) |
| 75  | WOLSKA Aleksandra    | 201   | GROMIK GDYNIA   | K 40      | 9    | 00:00:00    | 21,1 KM | +00:39:20 | 6:15         | 9.6 (70.1%) |
| 76  | GADOMSKI Piotr       | 94    |   | M 50      | 7    | 00:00:00    | 21,1 KM | +00:39:37 | 6:15         | 9.6 (70.1%) |
| 77  | DUTKIEWICZ Bogusz    | 298   | 2 WOJSKOWY SZPITAL POLOWY                                   | M 30      | 23   | 00:00:00    | 21,1 KM | +00:39:37 | 6:15         | 9.6 (70.1%) |
| 78  | STALICA Wiesław      | 84    |   | M 50      | 8    | 00:00:00    | 21,1 KM | +00:39:39 | 6:16         | 9.6 (70.1%) |
| 79  | MOCZYDŁOWSKI Mariusz | 9     |   | M 40      | 24   | 00:00:00    | 21,1 KM | +00:40:04 | 6:17         | 9.5 (69.3%) |
| 80  | DUDEK Marcin         | 70    |   | M 40      | 25   | 00:00:00    | 21,1 KM | +00:40:04 | 6:17         | 9.5 (69.3%) |
| 81  | ŁUKASIK Jagoda       | 196   |   | K 30      | 7    | 00:00:00    | 21,1 KM | +00:40:07 | 6:17         | 9.5 (69.3%) |
| 82  | STOSIO Klaudia       | 25    |   | K 30      | 8    | 00:00:00    | 21,1 KM | +00:40:11 | 6:17         | 9.5 (69.3%) |
| 83  | DZIEDZIC Bogusia     | 191   |   | K 40      | 10   | 00:00:00    | 21,1 KM | +00:40:24 | 6:18         | 9.5 (69.3%) |
| 84  | ŻŁOBIŃSKA Aneta      | 163   |   | K 50      | 1    | 00:00:00    | 21,1 KM | +00:41:05 | 6:20         | 9.5 (69.3%) |
| 85  | POLUS Magdalena      | 150   |   | K 40      | 11   | 00:00:00    | 21,1 KM | +00:41:22 | 6:20         | 9.5 (69.3%) |
| 86  | MANOWSKA Dagmara     | 154   | LOCO TEAM   | K 50      | 2    | 00:00:00    | 21,1 KM | +00:41:44 | 6:21         | 9.4 (68.6%) |
| 87  | MIROS Edyta          | 34    | EMÓW TEAM   | K 40      | 12   | 00:00:00    | 21,1 KM | +00:42:09 | 6:23         | 9.4 (68.6%) |

| Msc | Zawodnik                   | Numer      | Klub              | Kategoria | Mkat | Czas startu | Dystans        | Różn      | Tempo min/km | Tempo km/h  |
|-----|----------------------------|------------|-------------------|-----------|------|-------------|----------------|-----------|--------------|-------------|
| 88  | <b>GIERKOWSKI Andrzej</b>  | <b>257</b> |                   | M 50      | 9    | 00:00:00    | <b>21,1 KM</b> | +00:42:57 | 6:25         | 9.3 (67.9%) |
| 89  | <b>TANONA Paweł</b>        | <b>228</b> |                   | M 20      | 6    | 00:00:00    | <b>21,1 KM</b> | +00:43:26 | 6:26         | 9.3 (67.9%) |
| 90  | <b>SIEPRAWSKI Ryszard</b>  | <b>87</b>  | AMATOR            | M 40      | 26   | 00:00:00    | <b>21,1 KM</b> | +00:43:37 | 6:27         | 9.3 (67.9%) |
| 91  | <b>HA Kamil</b>            | <b>188</b> |                   | M 30      | 24   | 00:00:00    | <b>21,1 KM</b> | +00:43:55 | 6:28         | 9.3 (67.9%) |
| 92  | <b>MAKOWSKA Joanna</b>     | <b>252</b> |                   | K 40      | 13   | 00:00:00    | <b>21,1 KM</b> | +00:43:58 | 6:28         | 9.3 (67.9%) |
| 93  | <b>PONCYLIUSZ Rafał</b>    | <b>331</b> | TEAM ZABIEGANEDNI | M 30      | 25   | 00:00:00    | <b>21,1 KM</b> | +00:44:19 | 6:29         | 9.2 (67.2%) |
| 94  | <b>WÓDKOWSKI Rafał</b>     | <b>259</b> |                   | M 50      | 10   | 00:00:00    | <b>21,1 KM</b> | +00:44:28 | 6:29         | 9.2 (67.2%) |
| 95  | <b>GRABARA Adam</b>        | <b>248</b> |                   | M 40      | 27   | 00:00:00    | <b>21,1 KM</b> | +00:44:35 | 6:30         | 9.2 (67.2%) |
| 96  | <b>FILIPIAK Krzysztof</b>  | <b>280</b> |                   | M 30      | 26   | 00:00:00    | <b>21,1 KM</b> | +00:45:09 | 6:31         | 9.2 (67.2%) |
| 97  | <b>MOSIŃSKA Anna</b>       | <b>159</b> |                   | K 30      | 9    | 00:00:00    | <b>21,1 KM</b> | +00:45:19 | 6:32         | 9.2 (67.2%) |
| 98  | <b>KAPCIA Michał</b>       | <b>8</b>   |                   | M 30      | 27   | 00:00:00    | <b>21,1 KM</b> | +00:45:29 | 6:32         | 9.2 (67.2%) |
| 99  | <b>RUDNIK Adam</b>         | <b>209</b> |                   | M 20      | 7    | 00:00:00    | <b>21,1 KM</b> | +00:45:33 | 6:32         | 9.2 (67.2%) |
| 100 | <b>WESOŁOWSKI Marek</b>    | <b>312</b> |                   | M 50      | 11   | 00:00:00    | <b>21,1 KM</b> | +00:47:31 | 6:38         | 9 (65.7%)   |
| 101 | <b>PAŁAMAR Krzysztof</b>   | <b>81</b>  |                   | M 50      | 12   | 00:00:00    | <b>21,1 KM</b> | +00:47:44 | 6:39         | 9 (65.7%)   |
| 102 | <b>ŻAKIEWICZ Ania</b>      | <b>275</b> | BORSUKI           | K 40      | 14   | 00:00:00    | <b>21,1 KM</b> | +00:47:53 | 6:39         | 9 (65.7%)   |
| 103 | <b>WOCHOWSKI Jarosław</b>  | <b>267</b> |                   | M 50      | 13   | 00:00:00    | <b>21,1 KM</b> | +00:48:38 | 6:41         | 9 (65.7%)   |
| 104 | <b>PAUL Beata</b>          | <b>332</b> |                   | K 30      | 10   | 00:00:00    | <b>21,1 KM</b> | +00:48:43 | 6:41         | 9 (65.7%)   |
| 105 | <b>BRONICKA Małgorzata</b> | <b>269</b> |                   | K 50      | 3    | 00:00:00    | <b>21,1 KM</b> | +00:49:51 | 6:45         | 8.9 (65.0%) |
| 106 | <b>WÓJTOWICZ Janusz</b>    | <b>223</b> |                   | M 50      | 14   | 00:00:00    | <b>21,1 KM</b> | +00:50:09 | 6:45         | 8.9 (65.0%) |
| 107 | <b>CZERWIŃSKI Janusz</b>   | <b>204</b> | DAMY RADE ZEGRZE  | M 60      | 4    | 00:00:00    | <b>21,1 KM</b> | +00:50:09 | 6:45         | 8.9 (65.0%) |
| 108 | <b>BURGHARDT Renata</b>    | <b>265</b> | KB HERMES GRYFINO | K 50      | 4    | 00:00:00    | <b>21,1 KM</b> | +00:50:54 | 6:48         | 8.8 (64.2%) |
| 109 | <b>ŚLIWA Jerzy</b>         | <b>202</b> |                   | M 50      | 15   | 00:00:00    | <b>21,1 KM</b> | +00:50:59 | 6:48         | 8.8 (64.2%) |
| 110 | <b>BARTOSIŃSKI Piotr</b>   | <b>55</b>  | TIME55            | M 50      | 16   | 00:00:00    | <b>21,1 KM</b> | +00:51:10 | 6:48         | 8.8 (64.2%) |

| Msc | Zawodnik                              | Numer      | Klub                        | Kategoria | Mkat | Czas startu | Dystans        | Różn      | Tempo min/km | Tempo km/h  |
|-----|---------------------------------------|------------|-----------------------------|-----------|------|-------------|----------------|-----------|--------------|-------------|
| 111 | <b>CZAPLICKA-BEDNARZ Irena</b>        | <b>310</b> |                             | K 60      | 1    | 00:00:00    | <b>21,1 KM</b> | +00:51:25 | 6:49         | 8.8 (64.2%) |
| 112 | <b>PIOTROWSKI Karol</b>               | <b>102</b> |                             | M 30      | 28   | 00:00:00    | <b>21,1 KM</b> | +00:51:32 | 6:49         | 8.8 (64.2%) |
| 113 | <b>BILIŃSKI Zbigniew</b>              | <b>241</b> |                             | M 50      | 17   | 00:00:00    | <b>21,1 KM</b> | +00:51:36 | 6:50         | 8.8 (64.2%) |
| 114 | <b>MAŁASIEWICZ Marta</b>              | <b>61</b>  | ADRIAN DANILEWICZ GROUP     | K 50      | 5    | 00:00:00    | <b>21,1 KM</b> | +00:51:41 | 6:50         | 8.8 (64.2%) |
| 115 | <b>LISICKI Robert</b>                 | <b>319</b> |                             | M 30      | 29   | 00:00:00    | <b>21,1 KM</b> | +00:51:59 | 6:51         | 8.8 (64.2%) |
| 116 | <b>KOWALSKI Piotr</b>                 | <b>52</b>  | BMWP                        | M 30      | 30   | 00:00:00    | <b>21,1 KM</b> | +00:52:01 | 6:51         | 8.8 (64.2%) |
| 117 | <b>KLAMERUS Maciej</b>                | <b>247</b> |                             | M 50      | 18   | 00:00:00    | <b>21,1 KM</b> | +00:52:24 | 6:52         | 8.7 (63.5%) |
| 118 | <b>CUPIAŁ Maksymilian</b>             | <b>156</b> |                             | M 20      | 8    | 00:00:00    | <b>21,1 KM</b> | +00:52:53 | 6:53         | 8.7 (63.5%) |
| 119 | <b>PONIATOWSKA Malgorzata</b>         | <b>329</b> |                             | K 20      | 2    | 00:00:00    | <b>21,1 KM</b> | +00:52:54 | 6:53         | 8.7 (63.5%) |
| 120 | <b>IMIANOWSKA Ewa</b>                 | <b>12</b>  |                             | K 40      | 15   | 00:00:00    | <b>21,1 KM</b> | +00:52:57 | 6:53         | 8.7 (63.5%) |
| 121 | <b>KOTLICKA Kamila</b>                | <b>178</b> |                             | K 40      | 16   | 00:00:00    | <b>21,1 KM</b> | +00:53:43 | 6:56         | 8.7 (63.5%) |
| 122 | <b>BEDNARCZYK Wojciech</b>            | <b>88</b>  |                             | M 40      | 28   | 00:00:00    | <b>21,1 KM</b> | +00:54:30 | 6:58         | 8.6 (62.8%) |
| 123 | <b>KACZOROWSKI Krzysztof</b>          | <b>229</b> |                             | M 40      | 29   | 00:00:00    | <b>21,1 KM</b> | +00:54:51 | 6:59         | 8.6 (62.8%) |
| 124 | <b>CHOSZCZ Piotr</b>                  | <b>233</b> |                             | M 50      | 19   | 00:00:00    | <b>21,1 KM</b> | +00:54:52 | 6:59         | 8.6 (62.8%) |
| 125 | <b>STYRCZ Malgorzata</b>              | <b>104</b> | BIELAWSKA AKADEMIA BIEGANIA | K 50      | 6    | 00:00:00    | <b>21,1 KM</b> | +00:55:23 | 7:00         | 8.6 (62.8%) |
| 126 | <b>BOGUSZ Damian</b>                  | <b>307</b> |                             | M 30      | 31   | 00:00:00    | <b>21,1 KM</b> | +00:55:26 | 7:00         | 8.6 (62.8%) |
| 127 | <b>POL Krzysztof</b>                  | <b>43</b>  |                             | M 50      | 20   | 00:00:00    | <b>21,1 KM</b> | +00:55:41 | 7:01         | 8.5 (62.0%) |
| 128 | <b>SUJECKI Paweł</b>                  | <b>238</b> |                             | M 20      | 9    | 00:00:00    | <b>21,1 KM</b> | +00:55:44 | 7:01         | 8.5 (62.0%) |
| 129 | <b>KORTUS-WOJCIECHOWSKA Katarzyna</b> | <b>260</b> |                             | K 40      | 17   | 00:00:00    | <b>21,1 KM</b> | +00:56:11 | 7:03         | 8.5 (62.0%) |
| 130 | <b>HŁADKULIK Krzysztof</b>            | <b>91</b>  |                             | M 60      | 5    | 00:00:00    | <b>21,1 KM</b> | +00:56:50 | 7:04         | 8.5 (62.0%) |
| 131 | <b>NIEDŹWIECKA Beata</b>              | <b>127</b> |                             | K 30      | 11   | 00:00:00    | <b>21,1 KM</b> | +00:56:54 | 7:05         | 8.5 (62.0%) |
| 132 | <b>RADOMYSKA-STELMACH Aleksandra</b>  | <b>136</b> |                             | K 30      | 12   | 00:00:00    | <b>21,1 KM</b> | +00:56:59 | 7:05         | 8.5 (62.0%) |
| 133 | <b>CHOJNOWSKA Marta</b>               | <b>111</b> |                             | K 30      | 13   | 00:00:00    | <b>21,1 KM</b> | +00:57:15 | 7:06         | 8.4 (61.3%) |
| 134 | <b>KOBUS Kasia</b>                    | <b>79</b>  |                             | K 40      | 18   | 00:00:00    | <b>21,1 KM</b> | +00:57:27 | 7:06         | 8.4 (61.3%) |

| Msc | Zawodnik                     | Numer      | Klub                 | Kategoria | Mkat | Czas startu | Dystans        | Różn      | Tempo min/km | Tempo km/h  |
|-----|------------------------------|------------|----------------------|-----------|------|-------------|----------------|-----------|--------------|-------------|
| 135 | <b>JOCHYM Mariusz</b>        | <b>28</b>  |                      | M 30      | 32   | 00:00:00    | <b>21,1 KM</b> | +00:57:42 | 7:07         | 8.4 (61.3%) |
| 136 | <b>MICHAŁEK Tomasz</b>       | <b>145</b> |                      | M 20      | 10   | 00:00:00    | <b>21,1 KM</b> | +00:57:53 | 7:07         | 8.4 (61.3%) |
| 137 | <b>DZIAŁOWY Bartosz</b>      | <b>125</b> |                      | M 20      | 11   | 00:00:00    | <b>21,1 KM</b> | +00:57:53 | 7:07         | 8.4 (61.3%) |
| 138 | <b>KANABAJ Dorota</b>        | <b>31</b>  |                      | K 30      | 14   | 00:00:00    | <b>21,1 KM</b> | +00:58:10 | 7:08         | 8.4 (61.3%) |
| 139 | <b>STRZESZEWSKI Michał</b>   | <b>313</b> | AKTYWNA WARSZAWA     | M 40      | 30   | 00:00:00    | <b>21,1 KM</b> | +00:58:13 | 7:08         | 8.4 (61.3%) |
| 140 | <b>KLIMEK Krzysztof</b>      | <b>29</b>  |                      | M 50      | 21   | 00:00:00    | <b>21,1 KM</b> | +00:58:19 | 7:09         | 8.4 (61.3%) |
| 141 | <b>KOBIERSKA Magdalena</b>   | <b>131</b> |                      | K 30      | 15   | 00:00:00    | <b>21,1 KM</b> | +00:58:19 | 7:11         | 8.3 (60.6%) |
| 142 | <b>JACYNO Zuzanna</b>        | <b>167</b> |                      | K 20      | 3    | 00:00:00    | <b>21,1 KM</b> | +00:58:50 | 7:10         | 8.4 (61.3%) |
| 143 | <b>POLARCZYK Karolina</b>    | <b>105</b> |                      | K 30      | 16   | 00:00:00    | <b>21,1 KM</b> | +00:59:15 | 7:11         | 8.3 (60.6%) |
| 144 | <b>REWERS Artur</b>          | <b>45</b>  |                      | M 40      | 31   | 00:00:00    | <b>21,1 KM</b> | +00:59:54 | 7:13         | 8.3 (60.6%) |
| 145 | <b>URBAN Henryk</b>          | <b>118</b> | ROCK70RUNNER         | M 60      | 6    | 00:00:00    | <b>21,1 KM</b> | +01:00:16 | 7:14         | 8.3 (60.6%) |
| 146 | <b>WIECZOREK Małgorzata</b>  | <b>180</b> |                      | K 40      | 19   | 00:00:00    | <b>21,1 KM</b> | +01:00:18 | 7:14         | 8.3 (60.6%) |
| 147 | <b>JAŁOWSKI Marcin</b>       | <b>158</b> | SPORTOWA BANDA       | M 30      | 33   | 00:00:00    | <b>21,1 KM</b> | +01:00:56 | 7:16         | 8.2 (59.9%) |
| 148 | <b>KRUPIARZ Mirosława</b>    | <b>287</b> |                      | K 50      | 7    | 00:00:00    | <b>21,1 KM</b> | +01:01:06 | 7:19         | 8.2 (59.9%) |
| 149 | <b>MICHALSKA Agnieszka</b>   | <b>261</b> | BIEGACZE ŚWINOUJŚCIE | K 50      | 8    | 00:00:00    | <b>21,1 KM</b> | +01:01:26 | 7:17         | 8.2 (59.9%) |
| 150 | <b>KOLATOR Witold</b>        | <b>182</b> |                      | M 30      | 34   | 00:00:00    | <b>21,1 KM</b> | +01:01:30 | 7:18         | 8.2 (59.9%) |
| 151 | <b>SOCHA Marian</b>          | <b>276</b> |                      | M 60      | 7    | 00:00:00    | <b>21,1 KM</b> | +01:01:38 | 7:18         | 8.2 (59.9%) |
| 152 | <b>CYANKIEWICZ Agnieszka</b> | <b>77</b>  |                      | K 40      | 20   | 00:00:00    | <b>21,1 KM</b> | +01:01:41 | 7:18         | 8.2 (59.9%) |
| 153 | <b>KWIATKOWSKA Anna</b>      | <b>100</b> |                      | K 40      | 21   | 00:00:00    | <b>21,1 KM</b> | +01:03:26 | 7:23         | 8.1 (59.1%) |
| 154 | <b>SMOLIŃSKI Piotr</b>       | <b>134</b> |                      | M 50      | 22   | 00:00:00    | <b>21,1 KM</b> | +01:03:36 | 7:24         | 8.1 (59.1%) |
| 155 | <b>SCHILLING Alexander</b>   | <b>272</b> |                      | M 40      | 32   | 00:00:00    | <b>21,1 KM</b> | +01:04:07 | 7:25         | 8.1 (59.1%) |
| 156 | <b>WROBLEWSKI Jerzy</b>      | <b>130</b> | PARKRUN SZCZECINEK   | M 60      | 8    | 00:00:00    | <b>21,1 KM</b> | +01:04:14 | 7:25         | 8.1 (59.1%) |
| 157 | <b>STANIECKI Krzysztof</b>   | <b>152</b> | STANTEAM             | M 40      | 33   | 00:00:00    | <b>21,1 KM</b> | +01:04:25 | 7:26         | 8.1 (59.1%) |
| 158 | <b>BONIECKI Dariusz</b>      | <b>278</b> | PARUNMEDIC           | M 30      | 35   | 00:00:00    | <b>21,1 KM</b> | +01:05:09 | 7:28         | 8 (58.4%)   |

| Msc | Zawodnik                         | Numer      | Klub                            | Kategoria | Mkat | Czas startu | Dystans        | Różn      | Tempo min/km | Tempo km/h  |
|-----|----------------------------------|------------|---------------------------------|-----------|------|-------------|----------------|-----------|--------------|-------------|
| 159 | <b>GELC Violetta</b>             | <b>155</b> | KOCI TEAM                       | K 50      | 9    | 00:00:00    | <b>21,1 KM</b> | +01:05:37 | 7:29         | 8 (58.4%)   |
| 160 | <b>RADZIWIŁŁOWICZ Idalia</b>     | <b>318</b> |                                 | K 40      | 22   | 00:00:00    | <b>21,1 KM</b> | +01:05:41 | 7:30         | 8 (58.4%)   |
| 161 | <b>RADZIWIŁŁOWICZ Daniel</b>     | <b>305</b> |                                 | M 40      | 34   | 00:00:00    | <b>21,1 KM</b> | +01:05:41 | 7:30         | 8 (58.4%)   |
| 162 | <b>BRZEZIŃSKI Piotr</b>          | <b>18</b>  | WIECZORNE BIEGANIE W SZCZECINIE | M 20      | 12   | 00:00:00    | <b>21,1 KM</b> | +01:05:46 | 7:30         | 8 (58.4%)   |
| 163 | <b>SOCHA Marek</b>               | <b>89</b>  |                                 | M 30      | 36   | 00:00:00    | <b>21,1 KM</b> | +01:05:56 | 7:30         | 8 (58.4%)   |
| 164 | <b>ROB Robert</b>                | <b>219</b> |                                 | M 40      | 35   | 00:00:00    | <b>21,1 KM</b> | +01:06:05 | 7:31         | 8 (58.4%)   |
| 165 | <b>ABOUQORA Emilia</b>           | <b>19</b>  | PARKRUN SZCZECIN                | K 30      | 17   | 00:00:00    | <b>21,1 KM</b> | +01:06:25 | 7:32         | 8 (58.4%)   |
| 166 | <b>WASYLÓW Marek</b>             | <b>297</b> |                                 | M 30      | 37   | 00:00:00    | <b>21,1 KM</b> | +01:06:39 | 7:32         | 8 (58.4%)   |
| 167 | <b>PIONTEK Elżbieta</b>          | <b>22</b>  |                                 | K 60      | 2    | 00:00:00    | <b>21,1 KM</b> | +01:06:54 | 7:33         | 7.9 (57.7%) |
| 168 | <b>BARTKOWSKA Beata</b>          | <b>139</b> |                                 | K 50      | 10   | 00:00:00    | <b>21,1 KM</b> | +01:06:57 | 7:33         | 7.9 (57.7%) |
| 169 | <b>STRÓŻYK-KOZŁOWSKA Paulina</b> | <b>187</b> |                                 | K 30      | 18   | 00:00:00    | <b>21,1 KM</b> | +01:08:44 | 7:38         | 7.8 (56.9%) |
| 170 | <b>KUBIAK Tomasz</b>             | <b>72</b>  | KW PSP SZCZECIN                 | M 40      | 36   | 00:00:00    | <b>21,1 KM</b> | +01:09:03 | 7:39         | 7.8 (56.9%) |
| 171 | <b>POLARCZYK Tomasz</b>          | <b>106</b> |                                 | M 40      | 37   | 00:00:00    | <b>21,1 KM</b> | +01:09:09 | 7:39         | 7.8 (56.9%) |
| 172 | <b>RYBSKI Mariusz</b>            | <b>234</b> |                                 | M 40      | 38   | 00:00:00    | <b>21,1 KM</b> | +01:09:47 | 7:41         | 7.8 (56.9%) |
| 173 | <b>CHADASIEWICZ Antonina</b>     | <b>108</b> |                                 | K 20      | 4    | 00:00:00    | <b>21,1 KM</b> | +01:10:17 | 7:43         | 7.8 (56.9%) |
| 174 | <b>MAZUREK Anna</b>              | <b>227</b> | NIEPOŁOMICE BIEGAJĄ             | K 40      | 23   | 00:00:00    | <b>21,1 KM</b> | +01:11:02 | 7:45         | 7.7 (56.2%) |
| 175 | <b>BARCKI Mariusz</b>            | <b>92</b>  |                                 | M 30      | 38   | 00:00:00    | <b>21,1 KM</b> | +01:11:11 | 7:45         | 7.7 (56.2%) |
| 176 | <b>DYLUS Artur</b>               | <b>289</b> |                                 | M 30      | 39   | 00:00:00    | <b>21,1 KM</b> | +01:11:39 | 7:47         | 7.7 (56.2%) |
| 177 | <b>REWERS Aleksandra</b>         | <b>44</b>  |                                 | K 40      | 24   | 00:00:00    | <b>21,1 KM</b> | +01:12:01 | 7:48         | 7.7 (56.2%) |
| 178 | <b>URBANSKA-KRAWCZYK Izabela</b> | <b>321</b> |                                 | K 60      | 3    | 00:00:00    | <b>21,1 KM</b> | +01:12:30 | 7:49         | 7.7 (56.2%) |
| 179 | <b>DALKIEWICZ Wiktoria</b>       | <b>78</b>  |                                 | K 20      | 5    | 00:00:00    | <b>21,1 KM</b> | +01:12:45 | 7:50         | 7.7 (56.2%) |
| 180 | <b>GLAZIŃSKI Paweł</b>           | <b>140</b> |                                 | M 30      | 40   | 00:00:00    | <b>21,1 KM</b> | +01:12:50 | 7:50         | 7.7 (56.2%) |
| 181 | <b>BINEROWSKA Edyta</b>          | <b>96</b>  |                                 | K 30      | 19   | 00:00:00    | <b>21,1 KM</b> | +01:15:25 | 7:57         | 7.5 (54.7%) |

| Msc | Zawodnik                            | Numer      | Klub                     | Kategoria         | Mkat | Czas startu | Dystans        | Różn      | Tempo min/km | Tempo km/h  |
|-----|-------------------------------------|------------|--------------------------|-------------------|------|-------------|----------------|-----------|--------------|-------------|
| 182 | <b>PESTKA Paweł</b>                 | <b>288</b> | KOŹMINBIEGA              | M 30              | 41   | 00:00:00    | <b>21,1 KM</b> | +01:16:22 | 8:00         | 7.5 (54.7%) |
| 183 | <b>KRZEPKOWSKA Agnieszka</b>        | <b>210</b> | EGIS BIOVITALNI          | K 30              | 20   | 00:00:00    | <b>21,1 KM</b> | +01:17:12 | 8:02         | 7.5 (54.7%) |
| 184 | <b>KAPLEWSKA Małgorzata</b>         | <b>322</b> |                          | K 30              | 21   | 00:00:00    | <b>21,1 KM</b> | +01:17:24 | 8:03         | 7.4 (54.0%) |
| 185 | <b>ZGORZAŁEK Kinga</b>              | <b>15</b>  |                          | K 20              | 6    | 00:00:00    | <b>21,1 KM</b> | +01:17:24 | 8:03         | 7.4 (54.0%) |
| 186 | <b>DANIELEK Adam</b>                | <b>205</b> |                          | M 40              | 39   | 00:00:00    | <b>21,1 KM</b> | +01:18:31 | 8:06         | 7.4 (54.0%) |
| 187 | <b>GAWRON Monika</b>                | <b>27</b>  |                          | K 30              | 22   | 00:00:00    | <b>21,1 KM</b> | +01:19:28 | 8:09         | 7.4 (54.0%) |
| 188 | <b>MAZUREK Daniel</b>               | <b>226</b> | NIEPOŁOMICE BIEGAJĄ      | M 40              | 40   | 00:00:00    | <b>21,1 KM</b> | +01:21:43 | 8:15         | 7.3 (53.3%) |
| 189 | <b>RODZICZ Dorota</b>               | <b>65</b>  |                          | K 40              | 25   | 00:00:00    | <b>21,1 KM</b> | +01:21:47 | 8:15         | 7.3 (53.3%) |
| 190 | <b>ZAKRZEWSKI Tomasz Zakrzewski</b> | <b>193</b> |                          | M 40              | 41   | 00:00:00    | <b>21,1 KM</b> | +01:22:11 | 8:16         | 7.2 (52.6%) |
| 191 | <b>DUDKIEWICZ Krzysztof</b>         | <b>190</b> |                          | M 50              | 23   | 00:00:00    | <b>21,1 KM</b> | +01:22:12 | 8:17         | 7.2 (52.6%) |
| 192 | <b>SZYMCZAK Monika</b>              | <b>216</b> |                          | K 40              | 26   | 00:00:00    | <b>21,1 KM</b> | +01:22:14 | 8:17         | 7.2 (52.6%) |
| 193 | <b>ROLNICZAK Joanna</b>             | <b>24</b>  |                          | K 40              | 27   | 00:00:00    | <b>21,1 KM</b> | +01:22:29 | 8:17         | 7.2 (52.6%) |
| 194 | <b>JANKOWSKI Michał</b>             | <b>30</b>  |                          | M 30              | 42   | 00:00:00    | <b>21,1 KM</b> | +01:22:32 | 8:17         | 7.2 (52.6%) |
| 195 | <b>SAWICKI Przemysław</b>           | <b>142</b> |                          | M 50              | 24   | 00:00:00    | <b>21,1 KM</b> | +01:22:52 | 8:18         | 7.2 (52.6%) |
| 196 | <b>KAZUBEK Maciej</b>               | <b>23</b>  |                          | M 40              | 42   | 00:00:00    | <b>21,1 KM</b> | +01:23:12 | 8:19         | 7.2 (52.6%) |
| 197 | <b>MELSKA Karolina</b>              | <b>112</b> |                          | K 30              | 23   | 00:00:00    | <b>21,1 KM</b> | +01:23:51 | 8:21         | 7.2 (52.6%) |
| 198 | <b>KUBICKA Urszula</b>              | <b>144</b> |                          | K 20              | 7    | 00:00:00    | <b>21,1 KM</b> | +01:23:55 | 8:21         | 7.2 (52.6%) |
| 199 | <b>OSTASZEWSKI Paweł</b>            | <b>67</b>  |                          | M - wózki aktywne | 1    | 00:00:00    | <b>21,1 KM</b> | +01:24:23 | 8:23         | 7.2 (52.6%) |
| 200 | <b>BORKOWSKI Leszek</b>             | <b>40</b>  | NOWI SIEDLCE - NW WSCHÓD | M 50              | 25   | 00:00:00    | <b>21,1 KM</b> | +01:25:27 | 8:26         | 7.1 (51.8%) |
| 201 | <b>ŚWIĄTKOWSKI Adam</b>             | <b>11</b>  | LEGIA WARSZAWA FUTSAL    | M 30              | 43   | 00:00:00    | <b>21,1 KM</b> | +01:25:44 | 8:27         | 7.1 (51.8%) |
| 202 | <b>ROJEWSKA Agnieszka</b>           | <b>76</b>  |                          | K 30              | 24   | 00:00:00    | <b>21,1 KM</b> | +01:27:04 | 8:30         | 7 (51.1%)   |
| 203 | <b>KUCZYŃSKA Agnieszka</b>          | <b>143</b> |                          | K 30              | 25   | 00:00:00    | <b>21,1 KM</b> | +01:27:16 | 8:31         | 7 (51.1%)   |
| 204 | <b>BRZOZOWSKA Mirela</b>            | <b>271</b> | POLICE                   | K 20              | 8    | 00:00:00    | <b>21,1 KM</b> | +01:27:25 | 8:31         | 7 (51.1%)   |

| Msc | Zawodnik                          | Numer      | Klub                                | Kategoria | Mkat | Czas startu | Dystans        | Różn      | Tempo min/km | Tempo km/h  |
|-----|-----------------------------------|------------|-------------------------------------|-----------|------|-------------|----------------|-----------|--------------|-------------|
| 205 | <b>WOŹNIAK Alina</b>              | <b>62</b>  |                                     | K 50      | 11   | 00:00:00    | <b>21,1 KM</b> | +01:27:29 | 8:32         | 7 (51.1%)   |
| 206 | <b>PIGUŁA Krzysztof</b>           | <b>181</b> |                                     | M 50      | 26   | 00:00:00    | <b>21,1 KM</b> | +01:27:38 | 8:32         | 7 (51.1%)   |
| 207 | <b>KOŁOCZEK Agata</b>             | <b>14</b>  |                                     | K 40      | 28   | 00:00:00    | <b>21,1 KM</b> | +01:28:12 | 8:34         | 7 (51.1%)   |
| 208 | <b>KUCHTA Emilia</b>              | <b>98</b>  | RUNGRYF GRYFICE                     | K 30      | 26   | 00:00:00    | <b>21,1 KM</b> | +01:28:14 | 8:34         | 7 (51.1%)   |
| 209 | <b>OSTASZEWSKI Marcin</b>         | <b>66</b>  |                                     | M 40      | 43   | 00:00:00    | <b>21,1 KM</b> | +01:29:12 | 8:36         | 7 (51.1%)   |
| 210 | <b>SWIDEREK Sylwia</b>            | <b>107</b> |                                     | K 40      | 29   | 00:00:00    | <b>21,1 KM</b> | +01:29:45 | 8:38         | 6.9 (50.4%) |
| 211 | <b>BARTCZAK Lidia</b>             | <b>186</b> |                                     | K 40      | 30   | 00:00:00    | <b>21,1 KM</b> | +01:31:57 | 8:44         | 6.9 (50.4%) |
| 212 | <b>MLECZKO Anna</b>               | <b>93</b>  |                                     | K 30      | 27   | 00:00:00    | <b>21,1 KM</b> | +01:31:58 | 8:44         | 6.9 (50.4%) |
| 213 | <b>STALICA Bogusława</b>          | <b>85</b>  |                                     | K 50      | 12   | 00:00:00    | <b>21,1 KM</b> | +01:32:11 | 8:45         | 6.9 (50.4%) |
| 214 | <b>ANTOSIEWICZ Stanisława</b>     | <b>119</b> | LULATEAM                            | K 50      | 13   | 00:00:00    | <b>21,1 KM</b> | +01:33:36 | 8:49         | 6.8 (49.6%) |
| 215 | <b>PIECHOTA Artur</b>             | <b>17</b>  | WOJSKOWY HONOROWY KLUB DAWCÓW KRWII | M 30      | 44   | 00:00:00    | <b>21,1 KM</b> | +01:34:15 | 8:51         | 6.8 (49.6%) |
| 216 | <b>KOSICKA Dorota</b>             | <b>116</b> | GRLTEAM                             | K 40      | 31   | 00:00:00    | <b>21,1 KM</b> | +01:35:22 | 8:54         | 6.7 (48.9%) |
| 217 | <b>KRÓLIKOWSKA-ANTCZAK Kamila</b> | <b>141</b> |                                     | K 40      | 32   | 00:00:00    | <b>21,1 KM</b> | +01:35:35 | 8:55         | 6.7 (48.9%) |
| 218 | <b>LOOK Izabela</b>               | <b>281</b> | MARINA CLUB                         | K 30      | 28   | 00:00:00    | <b>21,1 KM</b> | +01:35:40 | 8:55         | 6.7 (48.9%) |
| 219 | <b>SKOCZYLAS Anita</b>            | <b>251</b> |                                     | K 40      | 33   | 00:00:00    | <b>21,1 KM</b> | +01:35:42 | 8:55         | 6.7 (48.9%) |
| 220 | <b>MIRSKA Beata</b>               | <b>308</b> |                                     | K 50      | 14   | 00:00:00    | <b>21,1 KM</b> | +01:36:46 | 8:58         | 6.7 (48.9%) |
| 221 | <b>SIKORA Magdalena</b>           | <b>273</b> |                                     | K 40      | 34   | 00:00:00    | <b>21,1 KM</b> | +01:36:57 | 8:58         | 6.7 (48.9%) |
| 222 | <b>SZCZERBIŃSKA Barbara</b>       | <b>41</b>  |                                     | K 60      | 4    | 00:00:00    | <b>21,1 KM</b> | +01:37:07 | 8:59         | 6.7 (48.9%) |
| 223 | <b>JURKOWSKA Katarzyna</b>        | <b>151</b> |                                     | K 30      | 29   | 00:00:00    | <b>21,1 KM</b> | +01:37:25 | 9:00         | 6.7 (48.9%) |
| 224 | <b>FIEDOROWICZ Damian</b>         | <b>82</b>  |                                     | M 40      | 44   | 00:00:00    | <b>21,1 KM</b> | +01:38:42 | 9:03         | 6.6 (48.2%) |
| 225 | <b>PODBIERA Ewa</b>               | <b>75</b>  | VIRTUAL RUNNER CLUB                 | K 50      | 15   | 00:00:00    | <b>21,1 KM</b> | +01:39:10 | 9:05         | 6.6 (48.2%) |
| 226 | <b>ZIELSDORF Aleksandra</b>       | <b>126</b> |                                     | K 20      | 9    | 00:00:00    | <b>21,1 KM</b> | +01:39:35 | 9:06         | 6.6 (48.2%) |
| 227 | <b>KUŁAKOWSKI Robert</b>          | <b>90</b>  |                                     | M 40      | 45   | 00:00:00    | <b>21,1 KM</b> | +01:40:02 | 9:07         | 6.6 (48.2%) |
| 228 | <b>RATUSZYNSKI Artur</b>          | <b>200</b> |                                     | M 40      | 46   | 00:00:00    | <b>21,1 KM</b> | +01:41:05 | 9:10         | 6.5 (47.4%) |

| Msc | Zawodnik                          | Numer       | Klub                   | Kategoria | Mkat | Czas startu | Dystans        | Różn      | Tempo min/km | Tempo km/h  |
|-----|-----------------------------------|-------------|------------------------|-----------|------|-------------|----------------|-----------|--------------|-------------|
| 229 | <b>ŻEBIEŁOWICZ Dariusz</b>        | <b>224</b>  |                        | M 50      | 27   | 00:00:00    | <b>21,1 KM</b> | +01:41:20 | 9:11         | 6.5 (47.4%) |
| 230 | <b>KOT Magdalena</b>              | <b>301</b>  |                        | K 30      | 30   | 00:00:00    | <b>21,1 KM</b> | +01:41:26 | 9:11         | 6.5 (47.4%) |
| 231 | <b>SZAJKOWSKA Ewa</b>             | <b>46</b>   |                        | K 40      | 35   | 00:00:00    | <b>21,1 KM</b> | +01:42:06 | 9:13         | 6.5 (47.4%) |
| 232 | <b>KAŹMIERCZAK Ewelina</b>        | <b>194</b>  |                        | K 20      | 10   | 00:00:00    | <b>21,1 KM</b> | +01:42:18 | 9:14         | 6.5 (47.4%) |
| 233 | <b>PIREK Natalia</b>              | <b>103</b>  |                        | K 30      | 31   | 00:00:00    | <b>21,1 KM</b> | +01:44:02 | 9:19         | 6.4 (46.7%) |
| 234 | <b>MADERA Marcin</b>              | <b>172</b>  |                        | M 30      | 45   | 00:00:00    | <b>21,1 KM</b> | +01:47:07 | 9:27         | 6.3 (46.0%) |
| 235 | <b>BURY Liliana</b>               | <b>244</b>  | PRZYJEMNIE ZMĘCZENI    | K 40      | 36   | 00:00:00    | <b>21,1 KM</b> | +01:51:04 | 9:39         | 6.2 (45.3%) |
| 236 | <b>CEBENKO Maria</b>              | <b>286</b>  | KB HERMES GRYFINO      | K 50      | 16   | 00:00:00    | <b>21,1 KM</b> | +01:52:12 | 9:42         | 6.2 (45.3%) |
| 237 | <b>CEBENKO Maria</b>              | <b>1040</b> | KB HERMES GRYFINO      | K 50      | 17   | 00:00:00    | <b>21,1 KM</b> | +01:52:12 | 9:42         | 6.2 (45.3%) |
| 238 | <b>KRUPIARZ Aleksandra</b>        | <b>285</b>  |                        | K 20      | 11   | 00:00:00    | <b>21,1 KM</b> | +01:56:15 | 9:53         | 6.1 (44.5%) |
| 239 | <b>KAŁASZ Agnieszka</b>           | <b>121</b>  |                        | K 30      | 32   | 00:00:00    | <b>21,1 KM</b> | +01:56:51 | 9:55         | 6 (43.8%)   |
| 240 | <b>MAJOS Małgorzata</b>           | <b>32</b>   | RAZ SZCZECIN           | K 50      | 18   | 00:00:00    | <b>21,1 KM</b> | +01:57:06 | 9:56         | 6 (43.8%)   |
| 241 | <b>PANEK Tomasz</b>               | <b>239</b>  |                        | M 30      | 46   | 00:00:00    | <b>21,1 KM</b> | +01:57:44 | 9:58         | 6 (43.8%)   |
| 242 | <b>KLUCZYK-CZARNECKA Dominika</b> | <b>157</b>  |                        | K 40      | 37   | 00:00:00    | <b>21,1 KM</b> | +01:58:37 | 10:00        | 6 (43.8%)   |
| 243 | <b>MATUSZEWSKA Magdalena</b>      | <b>50</b>   |                        | K 40      | 38   | 00:00:00    | <b>21,1 KM</b> | +02:00:33 | 10:06        | 5.9 (43.1%) |
| 244 | <b>KOWALAK Robert</b>             | <b>324</b>  |                        | M 30      | 47   | 00:00:00    | <b>21,1 KM</b> | +02:03:12 | 10:13        | 5.9 (43.1%) |
| 245 | <b>KUSAJDA Paulina Kusajda</b>    | <b>184</b>  |                        | K 30      | 33   | 00:00:00    | <b>21,1 KM</b> | +02:07:35 | 10:26        | 5.8 (42.3%) |
| 246 | <b>KULCZYCKI Jan</b>              | <b>294</b>  |                        | M 70+     | 1    | 00:00:00    | <b>21,1 KM</b> | +02:09:23 | 10:31        | 5.7 (41.6%) |
| 247 | <b>DZIEWICKA Ewa</b>              | <b>124</b>  |                        | K 60      | 5    | 00:00:00    | <b>21,1 KM</b> | +02:12:46 | 10:40        | 5.6 (40.9%) |
| 248 | <b>BIERYŁŁO Kamil</b>             | <b>218</b>  |                        | M 30      | 48   | 00:00:00    | <b>21,1 KM</b> | +02:13:12 | 10:42        | 5.6 (40.9%) |
| 249 | <b>WOJCIECHOWSKI Sebastian</b>    | <b>220</b>  |                        | M 30      | 49   | 00:00:00    | <b>21,1 KM</b> | +02:13:31 | 10:42        | 5.6 (40.9%) |
| 250 | <b>KIESIO Sylwia</b>              | <b>135</b>  | KOLOROWA DRUŻYNA NESSI | K 30      | 34   | 00:00:00    | <b>21,1 KM</b> | +02:18:18 | 10:56        | 5.5 (40.1%) |
| 251 | <b>STEFANIUK Tomasz</b>           | <b>262</b>  |                        | M 50      | 28   | 00:00:00    | <b>21,1 KM</b> | +02:22:53 | 11:09        | 5.4 (39.4%) |
| 252 | <b>LITWINIAK Izabela</b>          | <b>217</b>  |                        | K 40      | 39   | 00:00:00    | <b>21,1 KM</b> | +02:24:05 | 11:12        | 5.3 (38.7%) |

| Msc | Zawodnik                       | Numer      | Klub                         | Kategoria | Mkat | Czas startu | Dystans        | Różn      | Tempo min/km | Tempo km/h  |
|-----|--------------------------------|------------|------------------------------|-----------|------|-------------|----------------|-----------|--------------|-------------|
| 253 | <b>KAJTOWSKA Malgorzata</b>    | <b>192</b> |                              | K 40      | 40   | 00:00:00    | <b>21,1 KM</b> | +02:24:25 | 11:13        | 5.3 (38.7%) |
| 254 | <b>TUROWSKA Anna</b>           | <b>302</b> |                              | K 30      | 35   | 00:00:00    | <b>21,1 KM</b> | +02:25:26 | 11:16        | 5.3 (38.7%) |
| 255 | <b>GENDA Jadwiga</b>           | <b>54</b>  | TIME55                       | K 60      | 6    | 00:00:00    | <b>21,1 KM</b> | +02:25:57 | 11:18        | 5.3 (38.7%) |
| 256 | <b>KUŹMA Anna</b>              | <b>115</b> |                              | K 30      | 36   | 00:00:00    | <b>21,1 KM</b> | +02:29:47 | 11:29        | 5.2 (38.0%) |
| 257 | <b>BEYER-BRIKS Marzena</b>     | <b>114</b> |                              | K 50      | 19   | 00:00:00    | <b>21,1 KM</b> | +02:38:57 | 11:55        | 5 (36.5%)   |
| 258 | <b>PIECHOTA Katarzyna</b>      | <b>249</b> | ZMĘCZONA SEZONEM             | K 40      | 41   | 00:00:00    | <b>21,1 KM</b> | +02:45:04 | 12:12        | 4.9 (35.8%) |
| 259 | <b>OGRODNICZUK Józef</b>       | <b>149</b> |                              | M 60      | 9    | 00:00:00    | <b>21,1 KM</b> | +02:48:40 | 12:22        | 4.8 (35.0%) |
| 260 | <b>STECYK Ilona</b>            | <b>176</b> |                              | K 40      | 42   | 00:00:00    | <b>21,1 KM</b> | +02:51:10 | 12:30        | 4.8 (35.0%) |
| 261 | <b>KARCZMARCZYK Wiesław</b>    | <b>6</b>   |                              | M 60      | 10   | 00:00:00    | <b>21,1 KM</b> | +02:58:34 | 12:51        | 4.7 (34.3%) |
| 262 | <b>KĘSKA-PLĄSEK Małgorzata</b> | <b>71</b>  | LOVELASY                     | K 40      | 43   | 00:00:00    | <b>21,1 KM</b> | +03:00:28 | 12:56        | 4.6 (33.6%) |
| 263 | <b>JANKOWIAK Angelika</b>      | <b>123</b> |                              | K 30      | 37   | 00:00:00    | <b>21,1 KM</b> | +03:17:15 | 13:44        | 4.4 (32.1%) |
| 264 | <b>GOLICZ Marzena</b>          | <b>293</b> |                              | K 40      | 44   | 00:00:00    | <b>21,1 KM</b> | +03:26:23 | 14:10        | 4.2 (30.7%) |
| 265 | <b>PLĄSEK Sylwester</b>        | <b>59</b>  | LOVELASY                     | M 50      | 29   | 00:00:00    | <b>21,1 KM</b> | +03:38:27 | 14:44        | 4.1 (29.9%) |
| 266 | <b>KOZDRAŚ Iza</b>             | <b>56</b>  |                              | K 30      | 38   | 00:00:00    | <b>21,1 KM</b> | +04:09:44 | 16:13        | 3.7 (27.0%) |
| 267 | <b>KRAWCZYK Marlena</b>        | <b>99</b>  |                              | K 40      | 45   | 00:00:00    | <b>21,1 KM</b> | +04:11:50 | 16:19        | 3.7 (27.0%) |
| 268 | <b>KAWKA Marcin</b>            | <b>296</b> |                              | M 30      | 50   | 00:00:00    | <b>21,1 KM</b> | +04:27:11 | 17:03        | 3.5 (25.5%) |
| 269 | <b>AUGUSTYNIAK Damian</b>      | <b>129</b> |                              | M 20      | 13   | 00:00:00    | <b>21,1 KM</b> | +05:14:07 | 19:16        | 3.1 (22.6%) |
| 270 | <b>CHOLODZNSKA Malgorzata</b>  | <b>183</b> |                              | K 30      | 39   | 00:00:00    | <b>21,1 KM</b> | +05:20:21 | 19:34        | 3.1 (22.6%) |
| 271 | <b>DZIEKONSKA Agnieszka</b>    | <b>206</b> | SOBOTNI BIEGACZE ŚWINOUJŚCIE | K 30      | 40   | 00:00:00    | <b>21,1 KM</b> | +05:50:00 | 20:58        | 2.9 (21.2%) |
| 272 | <b>WRÓBEL Elwira</b>           | <b>113</b> |                              | K 40      | 46   | 00:00:00    | <b>21,1 KM</b> | +06:36:12 | 23:09        | 2.6 (19.0%) |
| 273 | <b>OŹAROWSKA Patrycja</b>      | <b>109</b> |                              | K 30      | 41   | 00:00:00    | <b>21,1 KM</b> | +12:12:51 | 39:07        | 1.5 (10.9%) |
| 274 | <b>TOMCZAK Arkadiusz</b>       | <b>254</b> |                              | M 40      | 47   | 00:00:00    | <b>21,1 KM</b> | +18:05:24 | 55:49        | 1.1 (8.0%)  |
| 275 | <b>TRELA Paulina</b>           | <b>171</b> |                              | K 30      | 42   | 00:00:00    | <b>21,1 KM</b> | +742:26:3 | 2115:38 0    | 0 (0.0%)    |

| Msc | Zawodnik                   | Numer      | Klub        | Kategoria | Mkat | Czas startu | Dystans        | Różn      | Tempo min/km | Tempo km/h      |
|-----|----------------------------|------------|-------------|-----------|------|-------------|----------------|-----------|--------------|-----------------|
| 276 | <b>FRACZEK Mariusz</b>     | <b>128</b> |             | M 40      | 48   | 00:00:00    | <b>20,0 KM</b> | +00:43:48 | 6:49         | 8.8<br>(64.2%)  |
| 277 | <b>KULASIK Łukasz</b>      | <b>164</b> |             | M 30      | 51   | 00:00:00    | <b>18,8 KM</b> | +00:41:02 | 7:06         | 8.4<br>(61.3%)  |
| 278 | <b>JARMOŁOWICZ Łukasz</b>  | <b>230</b> | OZW         | M 30      | 52   | 00:00:00    | <b>18,3 KM</b> | +00:32:41 | 6:50         | 8.8<br>(64.2%)  |
| 279 | <b>OSTASZEWSKA Zofia</b>   | <b>68</b>  |             | K 20      | 12   | 00:00:00    | <b>16,3 KM</b> | +00:04:53 | 5:58         | 10<br>(73.0%)   |
| 280 | <b>CIASTKO Szymon</b>      | <b>146</b> |             | M 30      | 53   | 00:00:00    | <b>15,6 KM</b> | +         | 5:28         | 11<br>(80.3%)   |
| 281 | <b>CHOCHOŁ Daniel</b>      | <b>5</b>   | RUN-LOG.COM | M 20      | 14   | 00:00:00    | <b>15,0 KM</b> | +00:07:32 | 6:40         | 9 (65.7%)       |
| 282 | <b>WIELOCH Anna</b>        | <b>117</b> |             | K 40      | 47   | 00:00:00    | <b>14,5 KM</b> | +01:16:07 | 11:38        | 5.2<br>(38.0%)  |
| 283 | <b>MAZURKIEWICZ Łukasz</b> | <b>26</b>  |             | M 20      | 15   | 00:00:00    | <b>14,2 KM</b> | +         | 6:14         | 9.6<br>(70.1%)  |
| 284 | <b>LENIK Daniel</b>        | <b>133</b> |             | M 30      | 54   | 00:00:00    | <b>13,3 KM</b> | +         | 6:27         | 9.3<br>(67.9%)  |
| 285 | <b>OSTROWSKA Anita</b>     | <b>175</b> |             | K 40      | 48   | 00:00:00    | <b>11,4 KM</b> | +         | 7:52         | 7.6<br>(55.5%)  |
| 286 | <b>PAUL Beata</b>          | <b>69</b>  |             | K 30      | 43   | 00:00:00    | <b>11,3 KM</b> | +         | 6:15         | 9.6<br>(70.1%)  |
| 287 | <b>PATELKA Miłosz</b>      | <b>120</b> |             | M 20      | 16   | 00:00:00    | <b>11,0 KM</b> | +         | 6:05         | 9.8<br>(71.5%)  |
| 288 | <b>KACPERSKA Katarzyna</b> | <b>333</b> |             | K 50      | 20   | 00:00:00    | <b>11,0 KM</b> | +         | 8:12         | 7.3<br>(53.3%)  |
| 289 | <b>FIEDOROWICZ Julia</b>   | <b>83</b>  |             | K 20      | 13   | 00:00:00    | <b>6,6 KM</b>  | +         | 7:44         | 7.8<br>(56.9%)  |
| 290 | <b>PRUS Adrian</b>         | <b>304</b> |             | M 20      | 17   | 00:00:00    | <b>6,2 KM</b>  | +         | 5:23         | 11.1<br>(81.0%) |
| 291 | <b>PIECHA Ernest</b>       | <b>292</b> |             | M 20      | 18   | 00:00:00    | <b>5,6 KM</b>  | +         | 8:21         | 7.2<br>(52.6%)  |

Znaleziono 291 wynik(ów)