

42.PKO PÓŁMARATON SZCZECIN "NA RAZ" - EDYCJA WIRTUALNA

B4SPORT

Wydarzenie: 42. PKO PÓŁMARATON SZCZECIN
Organizator: Stowarzyszenie K2 Partners
Data: 2021-08-01
Miejsce: Polska
Dystans: 21.1 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M 40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
1	PODGÓRSKI Michał	389		M 40	1	00:00:00	21,1 KM	+00:00:00	4:13	14.2 (100%)
2	SULOWSKI Marcin	368		M 40	2	00:00:00	21,1 KM	+00:03:02	4:22	13.7 (96.5%)
3	SMOLIŃSKI Tomasz	326		M 40	3	00:00:00	21,1 KM	+00:06:34	4:32	13.2 (93.0%)
4	LASKOWSKI Mariusz	390	NIGHT RUNNERS WRZEŚNIA	M 40	4	00:00:00	21,1 KM	+00:06:35	4:32	13.2 (93.0%)
5	BZURA Jacek	221	ENDUHUB RUNNING TEAM	M 40	5	00:00:00	21,1 KM	+00:07:48	4:35	13.1 (92.3%)
6	WITKOWSKI Jarosław	91	RUN INVESTMENT LIFE	M 40	6	00:00:00	21,1 KM	+00:09:35	4:40	12.8 (90.1%)
7	KOZINIEC Krystian	335	DRUŻYNA FILIPA	M 40	7	00:00:00	21,1 KM	+00:10:40	4:43	12.7 (89.4%)
8	KOPCZYŃSKI Marcin	279	SYCOWICE BIEGIEM...	M 40	8	00:00:00	21,1 KM	+00:10:44	4:43	12.7 (89.4%)
9	PODLECKI Andrzej	341		M 40	9	00:00:00	21,1 KM	+00:11:41	4:46	12.6 (88.7%)
10	TRONIARZ Marcin	218	TEAMOCHAL	M 40	10	00:00:00	21,1 KM	+00:11:56	4:47	12.5 (88.0%)
11	ZAJĄC Łukasz	351	KS KROTOSZ KROTOSZYN	M 40	11	00:00:00	21,1 KM	+00:14:04	4:53	12.3 (86.6%)
12	BOJKO Marek	63		M 40	12	00:00:00	21,1 KM	+00:14:30	4:54	12.2 (85.9%)
13	PAUKA Marek	360	UE WROCŁAW KATFIN	M 40	13	00:00:00	21,1 KM	+00:15:27	4:57	12.1 (85.2%)
14	CZYŻ Adam	95		M 40	14	00:00:00	21,1 KM	+00:15:46	4:58	12.1 (85.2%)
15	STALMACH Damian	274	LECZYMY DURŚ	M 40	15	00:00:00	21,1 KM	+00:16:00	4:58	12 (84.5%)
16	ROBACZEWSKI Marcin	345	PKO BP SA	M 40	16	00:00:00	21,1 KM	+00:16:18	4:59	12 (84.5%)
17	RYMER Wojciech	382	WŁASNY JEDNOOSOBOWY	M 40	17	00:00:00	21,1 KM	+00:16:46	5:01	12 (84.5%)
18	SAFIN Staszek	265	WATAHA ŁĄCZY NAS BIEGANIE	M 40	18	00:00:00	21,1 KM	+00:16:51	5:01	11.9 (83.8%)
19	MAŁECKI Grzegorz	133	CRİK FCA POLAND	M 40	19	00:00:00	21,1 KM	+00:17:06	5:02	11.9 (83.8%)
20	URBAN Łukasz	396	SPODENKI NISKO OPUSZCZONE	M 40	20	00:00:00	21,1 KM	+00:17:06	5:02	11.9 (83.8%)
21	DĘBOWSKI Krzysztof	340	POLONIA ŚRODA	M 40	21	00:00:00	21,1 KM	+00:17:18	5:02	11.9 (83.8%)
22	PIEĞZA Tomasz	6		M 40	22	00:00:00	21,1 KM	+00:17:38	5:03	11.9 (83.8%)
23	TUMIEL Daniel	173	CALCATERRA SPORT ASD	M 40	23	00:00:00	21,1 KM	+00:17:52	5:04	11.8 (83.1%)
24	WOLSKI Tomasz	388	WIECZORNE BIEGANIE W SZCZECINIE	M 40	24	00:00:00	21,1 KM	+00:18:13	5:05	11.8 (83.1%)
25	FURMANIUK Jaromir	357	SAMOTNY BIAŁY ŻAGIEL	M 40	25	00:00:00	21,1 KM	+00:18:22	5:05	11.8 (83.1%)
26	BENSZ Dariusz	316		M 40	26	00:00:00	21,1 KM	+00:18:45	5:06	11.7 (82.4%)
27	KOWALSKI Artur	154	ZTPL.CC	M 40	27	00:00:00	21,1 KM	+00:19:43	5:09	11.6 (81.7%)
28	ŁUBIŃSKI Krzysztof	253		M 40	28	00:00:00	21,1 KM	+00:19:45	5:09	11.6 (81.7%)
29	SAŃKA Paweł	238		M 40	29	00:00:00	21,1 KM	+00:19:58	5:10	11.6 (81.7%)
30	RUSZCZAK Tomasz	36	LEVEL X TEAM	M 40	30	00:00:00	21,1 KM	+00:21:46	5:15	11.4 (80.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
31	SZACH Andrzej	17	22KBPG	M 40	31	00:00:00	21,1 KM	+00:21:47	5:15	11.4 (80.3%)
32	SOŁTYSEK Marcin	208	JUSTFEELFIT TEAM	M 40	32	00:00:00	21,1 KM	+00:22:01	5:16	11.4 (80.3%)
33	DUDZIAK DOBICONNECT Adam	399	DOBICONNECT	M 40	33	00:00:00	21,1 KM	+00:22:24	5:17	11.4 (80.3%)
34	GIDELSKI Rafał	273		M 40	34	00:00:00	21,1 KM	+00:22:36	5:17	11.3 (79.6%)
35	KOPER Adam	3		M 40	35	00:00:00	21,1 KM	+00:23:35	5:20	11.2 (78.9%)
36	JANASZEK Grzegorz	130		M 40	36	00:00:00	21,1 KM	+00:24:12	5:22	11.2 (78.9%)
37	WALIGÓRSKI Tomasz	312		M 40	37	00:00:00	21,1 KM	+00:25:00	5:24	11.1 (78.2%)
38	ADAMIAK Marcin	285		M 40	38	00:00:00	21,1 KM	+00:25:22	5:25	11.1 (78.2%)
39	PRZYBYSZEWSKI Radosław	306		M 40	39	00:00:00	21,1 KM	+00:25:48	5:26	11 (77.5%)
40	KOŁODZIEJCZAK Artur	352	NIGHT RUNNERS WRZEŚNIA	M 40	40	00:00:00	21,1 KM	+00:26:13	5:27	11 (77.5%)
41	GRABOWICZ Paweł	229		M 40	41	00:00:00	21,1 KM	+00:26:29	5:28	11 (77.5%)
42	RATAJCZAK Konrad	55	TROCHĘ JUŻ BIEGAM ,)	M 40	42	00:00:00	21,1 KM	+00:27:17	5:30	10.9 (76.8%)
43	RUDZIEWICZ Michał	344		M 40	43	00:00:00	21,1 KM	+00:27:40	5:32	10.8 (76.1%)
44	PISZCZEK Sławomir	54		M 40	44	00:00:00	21,1 KM	+00:27:51	5:32	10.8 (76.1%)
45	PACZKOWSKI Jarek	110		M 40	45	00:00:00	21,1 KM	+00:27:54	5:32	10.8 (76.1%)
46	WAJDZIAK Marcin	384		M 40	46	00:00:00	21,1 KM	+00:28:09	5:33	10.8 (76.1%)
47	WRÓBLEWSKI Tomasz	106		M 40	47	00:00:00	21,1 KM	+00:28:31	5:34	10.8 (76.1%)
48	BAŃKA Mariusz	264		M 40	48	00:00:00	21,1 KM	+00:29:04	5:36	10.7 (75.4%)
49	STRÓŻYK Piotrek	291		M 40	49	00:00:00	21,1 KM	+00:29:24	5:37	10.7 (75.4%)
50	KUŻMA Krzysiek	74	YULO RUN TEAM SIEDLCE	M 40	50	00:00:00	21,1 KM	+00:29:28	5:37	10.7 (75.4%)
51	JURECZKO Rafal	160	OLKUSZBIEGA	M 40	51	00:00:00	21,1 KM	+00:29:40	5:37	10.7 (75.4%)
52	SOBCZAK Marek	327		M 40	52	00:00:00	21,1 KM	+00:29:43	5:37	10.7 (75.4%)
53	CIESIOŁKIEWICZ Mariusz	283		M 40	53	00:00:00	21,1 KM	+00:30:18	5:39	10.6 (74.6%)
54	SZARMACH Andrzej	40	PŁOCK BIEGA NO AGE LIMIT	M 40	54	00:00:00	21,1 KM	+00:30:33	5:40	10.6 (74.6%)
55	URBAŃCZAK Szymon	83	DOBICONNECT	M 40	55	00:00:00	21,1 KM	+00:30:50	5:41	10.6 (74.6%)
56	GAŁKA Robert	143	GRLTEAM	M 40	56	00:00:00	21,1 KM	+00:31:13	5:42	10.5 (73.9%)
57	STRUŻYK Adam	186		M 40	57	00:00:00	21,1 KM	+00:32:16	5:45	10.4 (73.2%)
58	MATUSZAK Krzysztof	211	TRIGYM SZCZECIN	M 40	58	00:00:00	21,1 KM	+00:32:25	5:45	10.4 (73.2%)
59	CZAJA Maciej	346	MINICLASSIC.PL	M 40	59	00:00:00	21,1 KM	+00:33:52	5:49	10.3 (72.5%)
60	BASZUN Michał	39	PERSONAS	M 40	60	00:00:00	21,1 KM	+00:34:03	5:50	10.3 (72.5%)
61	HUDEREK Łukasz	282		M 40	61	00:00:00	21,1 KM	+00:34:13	5:50	10.3 (72.5%)
62	SIKORA Dawid	141		M 40	62	00:00:00	21,1 KM	+00:34:55	5:52	10.2 (71.8%)
63	BYCZKOWSKI Jan	362		M 40	63	00:00:00	21,1 KM	+00:34:56	5:52	10.2 (71.8%)
64	DYCHTO Michał	132	ŻYWCEM ZABIEGANI 2.0	M 40	64	00:00:00	21,1 KM	+00:35:06	5:53	10.2 (71.8%)
65	DOLATA Marcin	25		M 40	65	00:00:00	21,1 KM	+00:35:26	5:54	10.2 (71.8%)
66	JUSZCZYK Grzegorz	299		M 40	66	00:00:00	21,1 KM	+00:35:41	5:54	10.1 (71.1%)
67	LIJEWSKI Tomasz	139	AMATORSKA LIGA CHULIGANKA SWAJ	M 40	67	00:00:00	21,1 KM	+00:35:44	5:55	10.1 (71.1%)
68	SCHMIDT Janusz	301	BIEGAM Z ŻONĄ	M 40	68	00:00:00	21,1 KM	+00:36:01	5:55	10.1 (71.1%)
69	ŻUCHOWSKI Łukasz	383	TROCHĘ RURZYCA	M 40	69	00:00:00	21,1 KM	+00:36:25	5:56	10.1 (71.1%)
70	LAMENT Karol	4		M 40	70	00:00:00	21,1 KM	+00:37:10	5:59	10 (70.4%)
71	KAPRUZIAK Waldemar	87		M 40	71	00:00:00	21,1 KM	+00:39:00	6:04	9.9 (69.7%)
72	BARSZCZEWSKI Pawel	289		M 40	72	00:00:00	21,1 KM	+00:39:16	6:05	9.9 (69.7%)
73	WOJTULEWSKI Dariusz	71		M 40	73	00:00:00	21,1 KM	+00:39:50	6:06	9.8 (69.0%)
74	JÓZEF Marek	31		M 40	74	00:00:00	21,1 KM	+00:39:55	6:06	9.8 (69.0%)
75	ZDOLSKI Tomasz	293		M 40	75	00:00:00	21,1 KM	+00:40:28	6:08	9.8 (69.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
76	LIZAKOWSKI Piotr	331	ISPL ELIZA KACZMAREK-LIZAKOWSKA	M 40	76	00:00:00	21,1 KM	+00:42:05	6:13	9.6 (67.6%)
77	URBAŃSKI Tomasz	332	BIAŁOGARD BIEGA	M 40	77	00:00:00	21,1 KM	+00:43:25	6:16	9.6 (67.6%)
78	MALINOWSKI Bartek	65		M 40	78	00:00:00	21,1 KM	+00:43:46	6:17	9.5 (66.9%)
79	WITASZEK Wojciech	380	OZO OZORKÓW	M 40	79	00:00:00	21,1 KM	+00:43:50	6:18	9.5 (66.9%)
80	MAJCHRZAK Bogusław	223		M 40	80	00:00:00	21,1 KM	+00:44:07	6:18	9.5 (66.9%)
81	LIS Karol	333	BORSUKI	M 40	81	00:00:00	21,1 KM	+00:44:37	6:20	9.5 (66.9%)
82	KAWCZYŃSKI Maciej	66	RAZ SZCZECIN	M 40	82	00:00:00	21,1 KM	+00:44:51	6:20	9.5 (66.9%)
83	ADAMUS Janusz	177		M 40	83	00:00:00	21,1 KM	+00:44:53	6:21	9.4 (66.2%)
84	FANDRYCH Krzysztof	88		M 40	84	00:00:00	21,1 KM	+00:46:03	6:24	9.4 (66.2%)
85	WIĘCKOWSKI Sebastian	34		M 40	85	00:00:00	21,1 KM	+00:46:11	6:24	9.4 (66.2%)
86	WIKTORSKI Sebastian	483		M 40	86	00:00:00	21,1 KM	+00:46:43	6:26	9.3 (65.5%)
87	CIEŚLA Arkadiusz	252	BIEGAMY Z SERCEM	M 40	87	00:00:00	21,1 KM	+00:46:54	6:26	9.3 (65.5%)
88	KUCHARSKI Jakub	126	JKU1979	M 40	88	00:00:00	21,1 KM	+00:47:33	6:28	9.3 (65.5%)
89	WUJEK Marcin	149		M 40	89	00:00:00	21,1 KM	+00:47:51	6:29	9.2 (64.8%)
90	WIŚNIEWSKI Rafał	298		M 40	90	00:00:00	21,1 KM	+00:48:01	6:29	9.2 (64.8%)
91	KRAJEWSKI Radosław	161	--	M 40	91	00:00:00	21,1 KM	+00:48:50	6:32	9.2 (64.8%)
92	KUBIAK Marcin	128		M 40	92	00:00:00	21,1 KM	+00:48:57	6:32	9.2 (64.8%)
93	MARKOWICZ Robert	46		M 40	93	00:00:00	21,1 KM	+00:49:12	6:33	9.2 (64.8%)
94	KROTOS Krzysztof	219		M 40	94	00:00:00	21,1 KM	+00:50:51	6:38	9 (63.4%)
95	STANIEK Sławomir	328	BST	M 40	95	00:00:00	21,1 KM	+00:51:40	6:40	9 (63.4%)
96	POKORNY Tomasz	323		M 40	96	00:00:00	21,1 KM	+00:53:10	6:44	8.9 (62.7%)
97	PIWOWAR Grzegorz	10	EASYRUN RACIBÓRZ	M 40	97	00:00:00	21,1 KM	+00:53:51	6:46	8.9 (62.7%)
98	DOPIERAŁA Sławomir	155	KARBUD- W DRODZE DO CELU	M 40	98	00:00:00	21,1 KM	+00:55:48	6:52	8.7 (61.3%)
99	SWARBULA Robert	170		M 40	99	00:00:00	21,1 KM	+00:57:23	6:56	8.6 (60.6%)
100	TOBOŁA Michał	174	SZYBKİ SKŁAD	M 40	100	00:00:00	21,1 KM	+00:57:56	6:58	8.6 (60.6%)
101	ROMAN Krzysztof	136		M 40	101	00:00:00	21,1 KM	+01:00:35	7:05	8.5 (59.9%)
102	HAMERSKI Artur	377		M 40	102	00:00:00	21,1 KM	+01:02:22	7:10	8.4 (59.2%)
103	MAKAREWICZ Rafał	303		M 40	103	00:00:00	21,1 KM	+01:13:21	7:41	7.8 (54.9%)
104	BAĆ Wiesław	397		M 40	104	00:00:00	21,1 KM	+01:19:07	7:58	7.5 (52.8%)
105	ŻURAWSKI Jakub	99		M 40	105	00:00:00	21,1 KM	+01:22:42	8:08	7.4 (52.1%)
106	KREŻEL Tomasz	364		M 40	106	00:00:00	21,1 KM	+01:23:13	8:10	7.3 (51.4%)
107	SŁAWSKI Arkadiusz	263	MORSY KONIN	M 40	107	00:00:00	21,1 KM	+01:24:53	8:14	7.3 (51.4%)
108	STUŻYŃSKI Tomasz	159	SPIE SPORT TEAM	M 40	108	00:00:00	21,1 KM	+01:36:21	8:47	6.8 (47.9%)
109	OSIŃSKI Jacek	231		M 40	109	00:00:00	21,1 KM	+01:37:22	8:50	6.8 (47.9%)
110	MIKOŁAJCZAK Rafał	258		M 40	110	00:00:00	21,1 KM	+01:37:33	8:50	6.8 (47.9%)
111	PELC Tomasz	338	BENEFITUS TOMASZ PELC	M 40	111	00:00:00	21,1 KM	+01:44:48	9:11	6.5 (45.8%)
112	KUROWSKI Aleksander	182		M 40	112	00:00:00	21,1 KM	+02:35:56	11:36	5.2 (36.6%)
113	ZIMNY Ireneusz	260		M 40	113	00:00:00	21,1 KM	+02:42:54	11:56	5 (35.2%)
114	SAMOLAK Maciek	184		M 40	114	00:00:00	21,1 KM	+02:43:10	11:57	5 (35.2%)
115	BARTNIK Rafał	257	ZABIEGANY WOŁOMIN	M 40	115	00:00:00	21,1 KM	+09:18:01	30:40	2 (14.1%)