



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

42KM ŚNIEŻNE WYZWANIE - GUT WINTER

Gorce Ultra Trail - Winter
Fundacja Run Vegan
2022-02-26
Ochotnica Górna
43.1 km

B4SPORT

B4SPORT
INTELIĞENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Wdżar 20km	Lubań 24km	Ochotnica 30.6km	Czas netto 43.1km	Czas brutto 43.1km	Różn	Tempo min/km	Tempo km/h
1	WOJNAROWSKI Piotr	200		M-OPEN	1		01:38:24	02:10:51	02:40:19	04:09:34.80	04:09:38.50		5:47	10.4 (100%)
2	BARAN Artur	5		M-OPEN	2		01:43:27	02:19:26	02:49:39	04:21:35.10	04:21:39.25	+00:12:00 (4.6%)	6:04	9.9 (95.2%)
3	KAPAON Aleksander	70	CAZZO CLUB RUNNING TEAM	M-OPEN	3		01:44:43	02:18:15	02:48:44	04:22:29.45	04:22:38.90	+00:13:00 (5.0%)	6:05	9.9 (95.2%)
4	SUROWIEC Michał	176		M-OPEN	4		01:45:07	02:19:18	02:52:53	04:30:05.45	04:30:11.25	+00:20:32 (7.6%)	6:15	9.6 (92.3%)
5	KOŻUCH Rafał	87	RED LINE TEAM	M-OPEN	5		01:46:47	02:26:11	03:00:00	04:44:17.50	04:44:38.60	+00:35:00 (12.3%)	6:35	9.1 (87.5%)
6	RUSEK Marcin	154		M-OPEN	6		01:52:32	02:30:16	03:02:25	04:44:56.70	04:45:20.60	+00:35:42 (12.5%)	6:36	9.1 (87.5%)
7	KARWOWSKI Michał	73	KS ULTRA TEAM ŁÓDŹ	M-OPEN	7		01:54:11	02:32:07	03:06:00	04:47:02.10	04:47:17.70	+00:37:39 (13.1%)	6:39	9 (86.5%)
8	ŚCIESZKA Wojciech	184	13 ELT KRAKÓW-BALICE	M-OPEN	8		01:55:35	02:34:18	03:09:09	04:48:46.05	04:48:51.90	+00:39:13 (13.6%)	6:41	9 (86.5%)
9	SOWA Łukasz	170		M-OPEN	9		01:52:55	02:31:13	03:05:36	04:55:13.45	04:55:20.85	+00:45:42 (15.5%)	6:50	8.8 (84.6%)
10	BIESZCZAD Mateusz	15	KB ATHLETIC ZRĘCIN	M-OPEN	10		01:57:47	02:37:17	03:10:17	04:57:32.60	04:57:37.60	+00:47:59 (16.1%)	6:54	8.7 (83.7%)
11	SZCZEPANIAK Angelika	179	ALPIN SPORT TEAM	K-OPEN	1		01:55:13	02:35:19	03:11:25	04:59:53.25	05:00:00.65	+00:50:22 (16.8%)	6:57	8.6 (82.7%)
12	DZIURZYNSKI Pawel	34		M-OPEN	11		01:55:10	02:33:53	03:10:21	05:01:01.05	05:01:10.70	+00:51:32 (17.1%)	6:59	8.6 (82.7%)
13	KOVÁCS Norbert	84		M-OPEN	12		02:39:08	03:31:53		05:05:06.85	05:05:49.00	+00:56:10 (18.4%)	7:04	8.5 (81.7%)
14	MOSKALIK Tomasz	122	TG SOKÓŁ ZAKOPANE	M-OPEN	13		01:56:38	02:37:52	03:13:04	05:06:10.50	05:06:20.10	+00:56:41 (18.5%)	7:06	8.4 (80.8%)
15	PILARSKI Michał	139	RUNDOMSKO	M-OPEN	14		01:46:26	02:29:32	03:09:39	05:10:54.20	05:10:57.55	+01:01:19 (19.7%)	7:12	8.3 (79.8%)
16	KOŁODZIEJ Roman	77	PERFEKTA KARŁOWICE	M-OPEN	15		02:01:29	02:43:18	03:22:16	05:11:29.05	05:11:35.20	+01:01:56 (19.9%)	7:13	8.3 (79.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Wdżar 20km	Lubań 24km	Ochotnica 30.6km	Czas netto 43.1km	Czas brutto 43.1km	Różn	Tempo min/km	Tempo km/h
17	SZAŁKOWSKI Dawid	178	MARKOWI BIEGACZE	M-OPEN	16	Markowi Biegacze	01:56:57	02:40:07	03:17:34	05:20:56.95	05:21:03.05	+01:11:24 (22.2%)	7:26	8.1 (77.9%)
18	KOPEĆ Mateusz	81		M-OPEN	17		02:09:45	02:53:36	03:31:09	05:22:11.25	05:22:21.00	+01:12:42 (22.6%)	7:28	8 (76.9%)
19	ŁOZA Mateusz	105	BRAK	M-OPEN	18		02:09:12	02:51:13	03:28:45	05:22:07.55	05:22:34.15	+01:12:55 (22.6%)	7:28	8 (76.9%)
20	OGURČÁK Lukáš	130	LUBOVNIANSKI BEŽCI	M-OPEN	19		02:09:30	02:53:04	03:27:30	05:22:22.05	05:22:34.45	+01:12:55 (22.6%)	7:28	8 (76.9%)
21	AUGUSTYŃSKA Jolanta	2	VISEGRAD MARATON RYTRO/POL. TOW.TATRZAŃSKIE	K-OPEN	2	Visegrad Maraton Rytro/PTT	02:07:16	02:52:52	03:31:20	05:22:31.75	05:22:37.10	+01:12:58 (22.6%)	7:28	8 (76.9%)
22	KAPAON Andrzej	69	CAZZO CLUB RUNNING TEAM	M-OPEN	20		02:00:38	02:40:08	03:16:26	05:23:52.30	05:24:02.25	+01:14:23 (23.0%)	7:30	8 (76.9%)
23	MIGDAL Michał	115	MARKOWI BIEGACZE	M-OPEN	21		02:07:05	02:49:22	03:28:55	05:26:31.75	05:26:45.25	+01:17:06 (23.6%)	7:34	7.9 (76.0%)
24	ŻARNOWSKI Grzegorz	210	GREGZARNOWSKI.PL	M-OPEN	22		02:11:55	02:56:00	03:35:00	05:28:54.60	05:29:10.60	+01:19:32 (24.2%)	7:37	7.9 (76.0%)
25	KRÓL Rafał	90	KBKS RADOMSKO	M-OPEN	23	KBKS Radomsko	02:04:40	02:48:21	03:31:21	05:28:54.70	05:29:23.15	+01:19:44 (24.2%)	7:37	7.9 (76.0%)
26	MIKOŁAJCZYK Mirosław	117	MIRAZ RACE TEAM	M-OPEN	24		02:08:06	02:53:01	03:33:51	05:30:24.75	05:30:33.60	+01:20:55 (24.5%)	7:39	7.8 (75.0%)
27	KURNYTA Sławomir	93	OCHOTNICA	M-OPEN	25	Od Bałtyku, aż do Tatr	02:09:38	02:54:56	03:33:26	05:32:51.65	05:33:10.35	+01:23:31 (25.1%)	7:43	7.8 (75.0%)
28	KONOPKA Sławomir	78	TOUR DE ZBÓJ	M-OPEN	26		02:09:36	02:55:03	03:33:56	05:35:23.00	05:35:32.15	+01:25:53 (25.6%)	7:46	7.7 (74.0%)
29	JAREMA Marek	60		M-OPEN	27		02:09:22	02:54:46	03:35:25	05:38:26.65	05:38:35.20	+01:28:56 (26.3%)	7:51	7.6 (73.1%)
30	GURGUL Wojciech	52	BRAK	M-OPEN	28		02:08:40	02:53:06	03:33:22	05:39:16.50	05:39:30.90	+01:29:52 (26.5%)	7:52	7.6 (73.1%)
31	MARKIEWICZ Agnieszka	110	PRORUNNING PROMOTION	K-OPEN	3		02:12:42	03:00:14	03:46:31	05:40:16.50	05:40:24.15	+01:30:45 (26.7%)	7:53	7.6 (73.1%)
32	KUTAJ Grzegorz	96		M-OPEN	29		02:12:14	02:56:13	03:40:05	05:39:56.85	05:40:26.80	+01:30:48 (26.7%)	7:53	7.6 (73.1%)
33	LADRA Ryszard	99	KKM KALORYFER	M-OPEN	30		02:15:38	03:00:54	03:42:12	05:46:01.15	05:46:12.55	+01:36:34 (27.9%)	8:01	7.5 (72.1%)
34	STEPANIAK Grzegorz	172	SWOBODA	M-OPEN	31		02:18:36	03:04:15	03:49:58	05:47:11.45	05:47:15.45	+01:37:36 (28.1%)	8:03	7.4 (71.2%)
35	GIERLACH Grzegorz	39		M-OPEN	32		02:12:54	02:19:20	03:40:48	05:48:41.20	05:49:01.70	+01:39:23 (28.5%)	8:05	7.4 (71.2%)
36	SWORSKI Roman	177	VEGE RUNNERS / TRENUJSKUTECZNIE.COM / VEGAN	M-OPEN	33	Vege Runners	02:06:16	02:52:19	03:33:59	05:52:51.50	05:53:06.50	+01:43:28 (29.3%)	8:11	7.3 (70.2%)
37	POLAKIEWICZ Dariusz	145		M-OPEN	34		02:22:36	03:07:27	03:54:06	05:52:55.30	05:53:16.40	+01:43:37 (29.3%)	8:11	7.3 (70.2%)
38	OSIKA Marek	132	FUNDACJA POLAND BUSINESS RUN	M-OPEN	35		02:20:41	03:09:38	03:54:32	05:53:03.95	05:53:18.90	+01:43:40 (29.3%)	8:11	7.3 (70.2%)
39	MAZUREK Dariusz	112	RZESZOWSKIE GAZELE I GEPARDY	M-OPEN	36		02:12:03	03:00:18	03:43:29	05:54:10.70	05:54:26.25	+01:44:47 (29.6%)	8:13	7.3 (70.2%)
40	KUROWSKI Mariusz	95	KBKS RADOMSKO	M-OPEN	37	KBKS Radomsko	02:21:03	03:07:01	03:51:31	05:57:37.05	05:58:10.50	+01:48:32 (30.3%)	8:17	7.2 (69.2%)

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41	NOWOROLNIK Piotr	129	LKS LUBAŃ TYLMANOWA	M-OPEN	38	Od Bałtyku, aż do Tatr	02:12:18	02:58:43	03:45:31	05:58:19.30	05:58:37.40	+01:48:58 (30.4%)	8:18	7.2 (69.2%)
42	KONOPKA Sylwia	79	TOUR DE ZBÓJ	K-OPEN	4		02:21:39	03:06:51	03:56:19	05:59:56.55	06:00:01.90	+01:50:23 (30.7%)	8:21	7.2 (69.2%)
43	RZEŹNICZEK Anna	156	STOWARZYSZENIE DZIAŁAMY RAZEM	K-OPEN	5		02:25:10	03:13:32	03:54:41	06:00:47.60	06:01:01.35	+01:51:22 (30.9%)	8:22	7.2 (69.2%)
44	FEODORÓW Wojciech	36	RESHAPERUNNERS	M-OPEN	39		02:24:29	03:12:30	03:55:32	06:01:49.15	06:02:03.10	+01:52:24 (31.0%)	8:23	7.1 (68.3%)
45	JAWORSKI Piotr	63	MARKOWI BIEGACZE	M-OPEN	40	Markowi Biegacze	02:17:37	03:05:04	03:53:22	06:02:03.30	06:02:10.00	+01:52:31 (31.1%)	8:24	7.1 (68.3%)
46	TATAREK-KONIK Agnieszka	186	ALPIN SPORT HOKA ONE ONE	K-OPEN	6		02:12:40		03:46:26	06:02:21.40	06:02:29.50	+01:52:51 (31.1%)	8:24	7.1 (68.3%)
47	KARCZ Grzegorz	72	BĘDUSKA BRYGADA BIEGOWA	M-OPEN	41		02:22:19	03:12:08	03:55:22	06:02:21.30	06:02:30.50	+01:52:52 (31.1%)	8:24	7.1 (68.3%)
48	KRASOŃ Marcin	88		M-OPEN	42		02:19:58	03:12:42	04:00:15	06:04:58.10	06:05:19.20	+01:55:40 (31.7%)	8:28	7.1 (68.3%)
49	GOSTYŃSKI Krzysztof	45	RUCZAJ ULTRA TEAM	M-OPEN	43		02:18:49	03:05:27	03:54:07	06:05:34.05	06:05:47.25	+01:56:08 (31.8%)	8:28	7.1 (68.3%)
50	TOMASZEWSKI Michał	188		M-OPEN	44		02:42:04	03:26:40	04:06:15	06:06:45.50	06:07:16.70	+01:57:38 (32.0%)	8:30	7.1 (68.3%)
51	SŁUPECKA Liwia	167	KLUB BOKSERSKI HURAGAN	K-OPEN	7		02:21:23	03:10:44	03:59:55	06:08:35.30	06:09:04.40	+01:59:25 (32.4%)	8:33	7 (67.3%)
52	MOSKAŁA Remigiusz	123		M-OPEN	45		02:21:23	03:10:49	03:59:50	06:08:37.15	06:09:06.30	+01:59:27 (32.4%)	8:33	7 (67.3%)
53	SKRZYŃSKI Jan	164	#ADAMCZERWIŃSKITEAM	M-OPEN	46		02:19:04	03:10:55	03:58:52	06:09:28.20	06:09:39.50	+02:00:01 (32.5%)	8:34	7 (67.3%)
54	WOJCIECHOWSKI Krzysztof	199	RADLINIOKI W BIEGU	M-OPEN	47		02:29:50	03:22:33	04:06:54	06:13:09.30	06:13:26.40	+02:03:47 (33.2%)	8:39	6.9 (66.3%)
55	MIŚKOWIEC Janusz	217	KLIFORNIATRI	M-OPEN	48		02:27:49	03:15:31	04:03:32	06:13:46.30	06:14:11.25	+02:04:32 (33.3%)	8:40	6.9 (66.3%)
56	SEKMAN Tomasz	159		M-OPEN	49		02:20:00	03:09:53	03:58:37	06:14:42.20	06:14:48.30	+02:05:09 (33.4%)	8:41	6.9 (66.3%)
57	STRZAŁA Michał	175		M-OPEN	50		02:28:12	03:14:56	04:05:36	06:14:59.75	06:15:13.20	+02:05:34 (33.5%)	8:42	6.9 (66.3%)
58	REPKA Marek	152	LUPUS TEAM	M-OPEN	51		02:26:55	03:15:49	04:01:08	06:15:05.60	06:15:25.30	+02:05:46 (33.5%)	8:42	6.9 (66.3%)
59	DZIURSKI Piotr	33		M-OPEN	52		02:23:29	03:10:05	04:03:23	06:16:21.60	06:17:05.40	+02:07:26 (33.8%)	8:43	6.9 (66.3%)
60	GŁOWACKI Krzysztof	40		M-OPEN	53		02:26:52	03:17:30	04:06:24	06:17:17.80	06:17:33.90	+02:07:55 (33.9%)	8:45	6.9 (66.3%)
61	PLETI Marcin	143		M-OPEN	54		02:20:43	03:11:11	04:01:16	06:17:55.15	06:18:09.35	+02:08:30 (34.0%)	8:46	6.8 (65.4%)
62	FILIPIUK Tomasz	37	POWIAT ŚWIDNICKI	M-OPEN	55		02:14:02	03:03:56	03:53:15	06:19:00.40	06:19:08.40	+02:09:29 (34.2%)	8:47	6.8 (65.4%)
63	WAJDA Robert	190		M-OPEN	56			02:58:22	03:51:12	06:19:14.10	06:19:21.85	+02:09:43 (34.2%)	8:47	6.8 (65.4%)
64	OSAKOWICZ Mateusz Osakowicz	131		M-OPEN	57		02:21:55	03:12:28	04:00:25	06:19:12.10	06:19:31.80	+02:09:53 (34.2%)	8:47	6.8 (65.4%)

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65	EFEMBERG Joanna	35	STAJNIA BALONA	K-OPEN	8		02:39:59	03:29:50	04:14:49	06:19:25.20	06:19:43.90	+02:10:05 (34.3%)	8:48	6.8 (65.4%)
66	WÓJCIK Adrian	202	SZAKALE BAŁUT ŁÓDŹ	M-OPEN	58		02:26:59	03:17:25	04:06:24	06:19:37.35	06:19:55.70	+02:10:17 (34.3%)	8:48	6.8 (65.4%)
67	DELEŻUCH Wojciech	27	POZIOMKI	M-OPEN	59		02:32:58	03:21:03	04:05:48	06:20:00.40	06:20:08.80	+02:10:30 (34.3%)	8:49	6.8 (65.4%)
68	GRABOWSKI Bartłomiej	49	BEECITY	M-OPEN	60		02:30:24	03:20:09	04:06:47	06:19:05.35	06:20:17.65	+02:10:39 (34.4%)	8:47	6.8 (65.4%)
69	BOHDANOWICZ Krzystian	17	ATLAS RUNNING TEAM	M-OPEN	61		02:26:52	03:17:23	04:06:16	06:20:07.40	06:20:24.50	+02:10:46 (34.4%)	8:49	6.8 (65.4%)
70	PASIEKA Agnieszka	135	KB ATHLETIC ZRĘCIN	K-OPEN	9		02:32:29	03:25:54	04:12:53	06:20:59.35	06:21:03.80	+02:11:25 (34.5%)	8:50	6.8 (65.4%)
71	KRZYŻAN Jakub	91	KW KRAKÓW	M-OPEN	62		02:26:10	03:15:12	04:01:33	06:22:15.85	06:22:38.35	+02:12:59 (34.8%)	8:52	6.8 (65.4%)
72	WIKTOROWICZ Tomasz	194		M-OPEN	63		02:26:10	03:15:23	04:07:03	06:24:20.35	06:24:34.55	+02:14:56 (35.1%)	8:55	6.7 (64.4%)
73	KAMIŃSKI Marek	65	180 MINUT	M-OPEN	64		02:38:31	03:30:28	04:17:47	06:25:06.60	06:25:27.05	+02:15:48 (35.2%)	8:56	6.7 (64.4%)
74	PISAREK Karol	141	JB WARSAW	M-OPEN	65		02:31:56	03:21:29	04:13:21	06:26:58.70	06:27:22.00	+02:17:43 (35.6%)	8:58	6.7 (64.4%)
75	KAPAON Łazarz	68	CAZZO CLUB RUNNING TEAM	M-OPEN	66		02:09:36	02:59:31	03:54:27	06:27:15.05	06:27:24.50	+02:17:46 (35.6%)	8:59	6.7 (64.4%)
76	KANDEFER Beata	66	KB ATHLETIC ZRĘCIN	K-OPEN	10		02:32:30	03:25:07	04:13:04	06:29:07.15	06:29:11.75	+02:19:33 (35.9%)	9:01	6.6 (63.5%)
77	ŁUC Grzegorz	106	YIENU	M-OPEN	67		02:32:17	03:23:48	04:13:35	06:29:41.55	06:30:08.35	+02:20:29 (36.0%)	9:02	6.6 (63.5%)
78	IDZIOR Tomasz	55		M-OPEN	68		02:31:07	03:23:01	04:17:48	06:30:07.85	06:30:33.65	+02:20:55 (36.1%)	9:03	6.6 (63.5%)
79	PETER Marcin	137	ROZBIEGANA LIGOTA	M-OPEN	69		02:29:45	03:19:49	04:04:06	06:30:39.55	06:30:59.10	+02:21:20 (36.2%)	9:03	6.6 (63.5%)
80	KUŚMIERCZYK Piotr	223	ROZBIEGAJMY RADOMSKO	M-OPEN	70	Rozbiegajmy Radomsko	02:33:06	03:26:26	04:16:54	06:30:18.65	06:31:01.15	+02:21:22 (36.2%)	9:03	6.6 (63.5%)
81	SZPONDER Artur	183	KBKS RADOMSKO	M-OPEN	71	KBKS Radomsko	02:41:31	03:29:32	04:17:21	06:31:55.20	06:32:27.65	+02:22:49 (36.4%)	9:05	6.6 (63.5%)
82	SZLENDAK Anna	182	MAM WYBIEGANE/WYBIEGAJ SIEBIE	K-OPEN	11		02:30:32	03:25:19	04:07:20	06:32:45.70	06:32:50.65	+02:23:12 (36.5%)	9:06	6.6 (63.5%)
83	BOKSA Bartłomiej	18	KKM KALORYFER	M-OPEN	72		02:33:05	03:24:15	04:17:34	06:33:37.90	06:34:08.75	+02:24:30 (36.7%)	9:07	6.6 (63.5%)
84	SADY Sebastian	157	OBY2	M-OPEN	73		02:27:27	03:21:39	04:13:24	06:34:28.15	06:35:16.65	+02:25:38 (36.8%)	9:09	6.6 (63.5%)
85	KUCHARSKI Adrian	92		M-OPEN	74		02:26:18	03:22:33	04:16:39	06:36:35.20	06:36:44.35	+02:27:05 (37.1%)	9:12	6.5 (62.5%)
86	MOSIO Grzegorz	121		M-OPEN	75		02:30:04	03:19:46	04:12:49	06:36:38.80	06:36:55.35	+02:27:16 (37.1%)	9:12	6.5 (62.5%)
87	KOTECKA Edyta	83	A NA CO TO KOMU POTRZEBNE	K-OPEN	12		02:39:19	03:31:46	04:19:37	06:37:13.45	06:37:54.10	+02:28:15 (37.3%)	9:12	6.5 (62.5%)
88	MACHAJ Wojciech	107	PGB SPORTOWA PACZKA	M-OPEN	76		02:27:10	03:16:38	04:07:43	06:38:23.75	06:38:44.90	+02:29:06 (37.4%)	9:14	6.5 (62.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Wdżar 20km	Lubań 24km	Ochotnica 30.6km	Czas netto 43.1km	Czas brutto 43.1km	Różn	Tempo min/km	Tempo km/h
89	HILLER Artur	54		M-OPEN	77		02:33:58	03:25:02	04:16:46	06:40:19.40	06:40:49.55	+02:31:11 (37.7%)	9:17	6.5 (62.5%)
90	KASPERKIEWICZ Wojtek	74		M-OPEN	78		02:30:57	03:25:51	04:20:37	06:40:51.80	06:41:02.55	+02:31:24 (37.8%)	9:18	6.5 (62.5%)
91	DZIDECZEK Marcin	32	TEAM ZABIEGANEDNI	M-OPEN	79		02:40:12	03:33:36	04:23:20	06:40:33.10	06:41:14.85	+02:31:36 (37.8%)	9:17	6.5 (62.5%)
92	KAPUSTA Krzysztof	71		M-OPEN	80		03:10:11	03:52:49	04:39:48	06:45:24.15	06:45:35.80	+02:35:57 (38.5%)	9:24	6.4 (61.5%)
93	GRALA Maria	50		K-OPEN	13		02:43:43	03:34:09	04:27:01	06:46:21.50	06:46:39.20	+02:37:00 (38.6%)	9:25	6.4 (61.5%)
94	MACKIEWICZ Maciej	108	KATANA CLAN	M-OPEN	81		02:39:54	03:30:58	04:24:18	06:46:48.90	06:47:31.90	+02:37:53 (38.7%)	9:26	6.4 (61.5%)
95	KOWALCZYK Rafał	85		M-OPEN	82		02:27:57	03:22:53	04:18:24	06:47:38.80	06:48:17.00	+02:38:38 (38.9%)	9:27	6.3 (60.6%)
96	DANILUK Mateusz	25		M-OPEN	83		02:27:56	03:21:19	04:18:26	06:47:38.60	06:48:17.30	+02:38:38 (38.9%)	9:27	6.3 (60.6%)
97	PASEK Mirosław	134	DANIEL WOSIK TERVEL TEAM	M-OPEN	84		03:02:12	03:46:20	04:33:00	06:47:55.45	06:48:28.75	+02:38:50 (38.9%)	9:27	6.3 (60.6%)
98	SMAGA Krzysztof	224		M-OPEN	85		02:48:12	03:40:16	04:31:26	06:47:40.55	06:48:29.60	+02:38:51 (38.9%)	9:27	6.3 (60.6%)
99	KŁOSEK Jacek	222	100 MARATHON CLUB POLAND	M-OPEN	86		02:49:55	03:45:16	04:30:21	06:48:11.55	06:48:40.30	+02:39:01 (38.9%)	9:28	6.3 (60.6%)
100	BOROWIAK Piotr	220		M-OPEN	87		02:50:00	03:45:09	04:30:22	06:48:11.20	06:48:40.40	+02:39:01 (38.9%)	9:28	6.3 (60.6%)
101	WAJDZIK Adam	191	CZwartunio Team	M-OPEN	88		02:32:33	03:26:39	04:22:56	06:49:08.15	06:49:47.35	+02:40:08 (39.1%)	9:29	6.3 (60.6%)
102	PRAŻANOWSKI Sergiusz	146		M-OPEN	89		02:32:35	03:24:28	04:18:43	06:50:51.70	06:51:04.20	+02:41:25 (39.3%)	9:31	6.3 (60.6%)
103	KOPACKA Edyta	80	KB SOBÓTKA	K-OPEN	14	KB Sobótka	02:39:16	03:32:00	04:37:10	06:51:31.25	06:51:39.35	+02:42:00 (39.4%)	9:32	6.3 (60.6%)
104	NIEDZIELA Szymon	125	SZMATERLOK NA LUFECIE	M-OPEN	90			03:17:17	04:17:09	06:52:59.00	06:52:59.00	+02:43:20 (39.6%)	9:34	6.3 (60.6%)
105	JASIAK Karol	62	NIE WIEM GDZIE JESTEM	M-OPEN	91		02:30:56	03:26:29	04:22:19	06:54:54.10	06:55:06.15	+02:45:27 (39.9%)	9:37	6.2 (59.6%)
106	MITURA Wojtek	120	POZIOMKI	M-OPEN	92		03:02:45	03:52:58	04:47:56	06:56:16.00	06:56:33.85	+02:46:55 (40.1%)	9:39	6.2 (59.6%)
107	RATAJCZAK Dariusz	151		M-OPEN	93		02:53:01	03:45:07	04:34:23	06:57:24.90	06:57:52.40	+02:48:13 (40.3%)	9:41	6.2 (59.6%)
108	KUROWSKA Karolina	94	KBKS RADOMSKO	K-OPEN	15		02:44:36	03:39:12	04:32:51	06:57:31.85	06:58:07.45	+02:48:28 (40.3%)	9:41	6.2 (59.6%)
109	SŁOWIK Grzegorz	165	NIE WIEM GDZIE JESTEM	M-OPEN	94		02:42:44	03:39:18	04:31:55	06:59:40.65	06:59:52.30	+02:50:13 (40.5%)	9:44	6.2 (59.6%)
110	BAWEŁKIEWICZ Bronisław	9		M-OPEN	95		02:21:16	03:23:14	04:24:45	06:59:53.80	07:00:02.05	+02:50:23 (40.6%)	9:44	6.2 (59.6%)
111	BĘBEN Robert	12	OSTROBIEC	M-OPEN	96	OstroBiec	02:48:36	03:40:50	04:35:22	07:00:37.00	07:01:28.35	+02:51:49 (40.8%)	9:45	6.1 (58.7%)
112	STAŁOWSKI Paweł	171	OSTROBIEC	M-OPEN	97		02:48:42	03:40:44	04:35:20	07:05:06.40	07:05:52.30	+02:56:13 (41.4%)	9:51	6.1 (58.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Wdźar 20km	Lubań 24km	Ochotnica 30.6km	Czas netto 43.1km	Czas brutto 43.1km	Różn	Tempo min/km	Tempo km/h
113	MĘDRALA Ireneusz	113	RUNKLINY TEAM	M-OPEN	98		02:47:57	03:42:45	04:40:57	07:05:35.90	07:06:26.15	+02:56:47 (41.5%)	9:52	6.1 (58.7%)
114	CZUMIEL Maciej	23		M-OPEN	99		02:54:53	03:42:31	04:35:06	07:05:43.45	07:06:30.85	+02:56:52 (41.5%)	9:52	6.1 (58.7%)
115	GNIADKOWSKI Paweł	41		M-OPEN	100		02:47:58	03:42:50	04:41:02	07:05:42.70	07:06:32.65	+02:56:54 (41.5%)	9:52	6.1 (58.7%)
116	PODLASZEWSKI Jacek	144	SPC	M-OPEN	101	SPC	02:36:58	03:33:14	04:33:29	07:06:23.85	07:06:42.35	+02:57:03 (41.5%)	9:53	6.1 (58.7%)
117	TOMASZEWSKA Ewa	187		K-OPEN	16		02:57:10	03:48:06	04:40:15	07:08:55.70	07:09:27.70	+02:59:49 (41.9%)	9:57	6 (57.7%)
118	BUCHALSKA Ewa	19	EKOBIEGI	K-OPEN	17		02:48:16	03:44:07	04:37:41	07:09:56.45	07:10:04.15	+03:00:25 (42.0%)	9:58	6 (57.7%)
119	GOŁOWICZ Rafał	44		M-OPEN	102		02:44:06	03:45:50	04:38:55	07:12:07.00	07:13:19.55	+03:03:41 (42.4%)	10:01	6 (57.7%)
120	ŻEBRAKOWSKA Katarzyna	212	ULTRAMARATONPODKARPACKI	K-OPEN	18		02:56:33	03:48:43	04:48:29	07:13:18.40	07:14:03.05	+03:04:24 (42.5%)	10:03	6 (57.7%)
121	ŻEBRAKOWSKI Grzegorz	213	WARSZTAT RUCHU KATARZYNA ŻEBRAKOWSKA	M-OPEN	103		02:56:32	03:48:48	04:48:31	07:13:18.55	07:14:03.80	+03:04:25 (42.5%)	10:03	6 (57.7%)
122	BOGUTA Marek	16	MEKRO/WISŁA/STOMILTR	M-OPEN	104		02:54:51	03:42:33	04:35:10	07:13:43.15	07:14:31.50	+03:04:53 (42.5%)	10:03	6 (57.7%)
123	DADAŚ Janusz	24	BP RUNNING TEAM GLIWICE	M-OPEN	105		02:54:01	03:52:54	04:48:19	07:16:19.05	07:16:46.00	+03:07:07 (42.8%)	10:07	5.9 (56.7%)
124	WILEŃSKI Mateusz	195		M-OPEN	106		02:40:32	03:36:46	04:41:43	07:16:34.05	07:17:12.05	+03:07:33 (42.9%)	10:07	5.9 (56.7%)
125	WOJCIECHOWSKA Ines	197	WYBIEGAJ SIEBIE	K-OPEN	19		02:46:10	03:42:15	04:38:14	07:18:03.05	07:18:10.05	+03:08:31 (43.0%)	10:09	5.9 (56.7%)
126	WOJCIECHOWSKI Mariusz	198		M-OPEN	107		02:38:45		04:35:06	07:18:03.05	07:18:10.70	+03:08:32 (43.0%)	10:09	5.9 (56.7%)
127	WOJTASIŃSKI Daniel	201	NORDIC TEAM CZĘSTOCHOWA	M-OPEN	108		02:51:44	03:43:29	04:43:30	07:18:07.00	07:18:58.70	+03:09:20 (43.1%)	10:09	5.9 (56.7%)
128	KWECZKA-JANECZEK Anna	97	NORDIC TEAM CZĘSTOCHOWA	K-OPEN	20		02:51:42	03:44:09	04:43:26	07:18:07.90	07:18:58.95	+03:09:20 (43.1%)	10:09	5.9 (56.7%)
129	NOWAK Jarosław	128	SPC	M-OPEN	109	SPC	02:43:13	03:43:13	04:38:13	07:18:50.65	07:19:09.65	+03:09:31 (43.2%)	10:10	5.9 (56.7%)
130	WEWIOR Tomasz	193		M-OPEN	110		02:41:04	03:40:42	04:39:04	07:21:47.10	07:21:59.50	+03:12:21 (43.5%)	10:15	5.9 (56.7%)
131	LEPIARZ Michał	102		M-OPEN	111		03:14:25	04:15:44	05:14:11	07:26:06.00	07:26:41.90	+03:17:03 (44.1%)	10:21	5.8 (55.8%)
132	RYBACKI Paweł	155	GOSPODARSTWO SADOWNICZE PAWEŁ RYBACKI	M-OPEN	112		02:54:54	03:47:13	04:42:09	07:27:47.95	07:28:38.55	+03:19:00 (44.4%)	10:23	5.8 (55.8%)
133	BARON Jacek	7		M-OPEN	113		02:54:52	03:46:51	04:42:18	07:27:52.25	07:28:38.85	+03:19:00 (44.4%)	10:23	5.8 (55.8%)
134	BAZYLUK Andrzej	10	KB ERGO	M-OPEN	114		03:07:43	04:00:15	04:56:14	07:26:38.90	07:29:16.50	+03:19:38 (44.4%)	10:21	5.8 (55.8%)
135	GOSTKOWSKI Bartek	219		M-OPEN	115		02:58:59	03:57:07	05:00:24	07:32:21.55	07:32:53.10	+03:23:14 (44.9%)	10:29	5.7 (54.8%)
136	SAMBORSKI Daniel	158	KBKS RADOMSKO	M-OPEN	116	KBKS Radomsko	02:57:07	03:53:15	04:51:18	07:33:55.20	07:34:27.90	+03:24:49 (45.1%)	10:31	5.7 (54.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Wdżar 20km	Lubań 24km	Ochotnica 30.6km	Czas netto 43.1km	Czas brutto 43.1km	Różn	Tempo min/km	Tempo km/h
137	LEKSIŃSKI Michał	100		M-OPEN	117		02:47:18	03:43:42	04:44:50	07:34:12.95	07:34:31.90	+03:24:53 (45.1%)	10:32	5.7 (54.8%)
138	GRABCZAK Jarosław	48		M-OPEN	118		02:57:37	03:53:12	04:51:24	07:34:10.55	07:34:41.80	+03:25:03 (45.1%)	10:32	5.7 (54.8%)
139	STOIŃSKI Marcin	174	BAND OF RUNNERS	M-OPEN	119		03:04:20	03:59:35	05:03:49	07:42:43.85	07:43:13.20	+03:33:34 (46.1%)	10:44	5.6 (53.8%)
140	DĄBROWSKI Rafał Szymon	26	BAND OF RUNNERS	M-OPEN	120		03:04:20	04:01:21	05:13:33	07:42:41.90	07:43:14.60	+03:33:36 (46.1%)	10:44	5.6 (53.8%)
141	PRZEPIÓRA Łukasz	149	BAND OF RUNNERS	M-OPEN	121		03:02:21	03:59:55	05:03:50	07:42:43.05	07:43:14.65	+03:33:36 (46.1%)	10:44	5.6 (53.8%)
142	PRZEPIÓRA Mateusz	148	BAND OF RUNNERS	M-OPEN	122		03:04:20	04:00:45	05:13:31	07:42:43.65	07:43:16.15	+03:33:37 (46.1%)	10:44	5.6 (53.8%)
143	ŁOPATKIEWICZ Beata	104		K-OPEN	21		02:59:07	04:03:15	05:04:21	07:45:13.20	07:45:39.55	+03:36:01 (46.4%)	10:47	5.6 (53.8%)
144	MICHALEC Marcin	114	KKB MOSIR KROSNO	M-OPEN	123		03:06:17	04:03:17	05:04:16	07:45:12.85	07:45:39.85	+03:36:01 (46.4%)	10:47	5.6 (53.8%)
145	JAGIELSKA Magdalena	57	POŁAWIACZKI PEREŁ	K-OPEN	22		03:05:02	03:59:42	05:06:44	07:45:30.95	07:46:24.55	+03:36:46 (46.5%)	10:48	5.6 (53.8%)
146	BĘDŹKOWSKI Marek	13	SIWY ULTRA MORS/GÓRAL Z MAZUR RUNNING TEAM	M-OPEN	124		03:04:05	03:59:48	05:03:18	07:46:20.90	07:46:24.85	+03:36:46 (46.5%)	10:49	5.5 (52.9%)
147	KOCOŃ Mariusz	221	KLINIKA ZDROWIA I URODY	M-OPEN	125		03:07:15	04:03:30	05:07:15	07:46:23.45	07:46:40.30	+03:37:01 (46.5%)	10:49	5.5 (52.9%)
148	GRZESIAK Mateusz	51	KLUB AA	M-OPEN	126		02:59:06	03:57:25	05:05:23	07:47:08.20	07:47:18.35	+03:37:39 (46.6%)	10:50	5.5 (52.9%)
149	ŻBIKOWSKA Małgorzata	211	SPC	K-OPEN	23	SPC	03:06:44	04:04:23	05:05:43	07:50:13.90	07:50:33.20	+03:40:54 (46.9%)	10:54	5.5 (52.9%)
150	GRABARCZYK Mateusz	47	RADLINIOKI W BIEGU	M-OPEN	127		02:49:06	03:43:07	04:49:59	07:50:38.55	07:50:55.95	+03:41:17 (47.0%)	10:55	5.5 (52.9%)
151	PINGIELSKI Sławomir	140	RADLINIOKI W BIEGU	M-OPEN	128		02:49:05	03:43:40	04:50:04	07:50:39.85	07:50:56.75	+03:41:18 (47.0%)	10:55	5.5 (52.9%)
152	JAGIELSKI Paweł	58		M-OPEN	129		03:05:02	04:05:02	05:07:49	07:51:56.00	07:52:49.90	+03:43:11 (47.2%)	10:56	5.5 (52.9%)
153	MIKOŁAJCZYK Mariusz	116	ULTRA KSP	M-OPEN	130		03:08:41	04:04:03	05:07:06	07:52:35.65	07:53:28.30	+03:43:49 (47.3%)	10:57	5.5 (52.9%)
153	CHODOROWSKI Arkadiusz	20	ULTRA KSP	M-OPEN	130		03:07:17	04:04:08	05:07:02	07:52:35.65	07:53:28.30	+03:43:49 (47.3%)	10:57	5.5 (52.9%)
155	MINIAK Lidia	118	WYBIEGAJ SIEBIE	K-OPEN	24		03:09:33	04:11:58	05:11:56	08:02:29.60	08:02:44.10	+03:53:05 (48.3%)	11:11	5.4 (51.9%)
156	DOMINIAK Sławomir	29		M-OPEN	132		03:09:33	04:09:38	05:12:09	08:02:49.75	08:03:25.90	+03:53:47 (48.4%)	11:12	5.4 (51.9%)
157	DOMINIAK Iwona	28		K-OPEN	25		03:09:33	04:11:40	05:12:52	08:02:53.05	08:03:28.20	+03:53:49 (48.4%)	11:12	5.4 (51.9%)
158	LEPIARZ Grzegorz	101		M-OPEN	133		03:14:26	04:15:48	05:14:06	08:03:12.15	08:03:48.40	+03:54:09 (48.4%)	11:12	5.4 (51.9%)
159	SILSKA Sylwia	162	ATRAKCYJNE TOWARZYSTWO	K-OPEN	26		03:03:08	04:03:27	05:15:47	08:03:36.45	08:04:04.40	+03:54:25 (48.4%)	11:13	5.3 (51.0%)
160	BARSKA-GRABOWSKA Barbara	8		K-OPEN	27		03:07:15	03:10:04	05:21:24	08:08:39.45	08:08:57.35	+03:59:18 (48.9%)	11:20	5.3 (51.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Wdżar 20km	Lubań 24km	Ochotnica 30.6km	Czas netto 43.1km	Czas brutto 43.1km	Różn	Tempo min/km	Tempo km/h
161	SIENKIEWICZ Paweł	160	TEAM ZABIEGANEDNI	M-OPEN	134		02:40:13	03:39:17	04:54:12	08:08:44.50	08:09:25.35	+03:59:46 (49.0%)	11:20	5.3 (51.0%)
162	ALBINIAK Marcin	1		M-OPEN	135		03:06:07	04:06:50	05:16:11	08:09:02.25	08:09:32.10	+03:59:53 (49.0%)	11:20	5.3 (51.0%)
163	MURAWICZ Grzegorz	124		M-OPEN	136		03:01:53	04:12:36	05:15:20	08:10:04.25	08:10:19.85	+04:00:41 (49.1%)	11:22	5.3 (51.0%)
164	SZCZYPLIŃSKA Anna	181	MAM WYBIEGANE/WYBIEGAJ SIEBIE	K-OPEN	28		03:16:07	04:17:01	05:26:30	08:12:50.40	08:12:56.25	+04:03:17 (49.4%)	11:26	5.2 (50.0%)
165	MINIAK Marek	119		M-OPEN	137		03:03:43	04:04:42	05:16:34	08:12:41.15	08:12:56.60	+04:03:18 (49.4%)	11:25	5.2 (50.0%)
166	ZARĘBSKA Ewa	207		K-OPEN	29		03:10:21	04:13:52	05:22:48	08:14:59.85	08:15:53.35	+04:06:14 (49.7%)	11:29	5.2 (50.0%)
167	BALEWSKA Iwona	3	SPC	K-OPEN	30	SPC	03:17:21	04:21:21	05:27:35	08:16:41.10	08:17:00.80	+04:07:22 (49.8%)	11:31	5.2 (50.0%)
168	ZACZYŃSKA Dagmara	205	SILESIA MARATHON CLUB	K-OPEN	31		03:15:45	04:19:05	05:27:22	08:26:09.30	08:26:48.30	+04:17:09 (50.7%)	11:44	5.1 (49.0%)
169	NIEDŹWIECKA Kasia	126	EKOBIEGI	K-OPEN	32		03:24:13	04:27:22	05:34:33	08:28:27.95	08:29:02.35	+04:19:23 (51.0%)	11:47	5.1 (49.0%)
170	WURMAŃSKI Wiktor	203		M-OPEN	138		03:21:54	04:27:39	05:30:40	08:29:00.40	08:29:56.05	+04:20:17 (51.0%)	11:48	5.1 (49.0%)
171	STĘPIEŃ Katarzyna	173		K-OPEN	33		03:22:47	04:28:26	05:31:17	08:29:56.60	08:29:56.60	+04:20:18 (51.0%)	11:49	5.1 (49.0%)
172	ZIĘTEK Waldemar	208		M-OPEN	139		03:27:21	04:30:07	05:41:46	08:32:20.70	08:32:51.90	+04:23:13 (51.3%)	11:53	5 (48.1%)
173	KOZAK Lukasz	86		M-OPEN	140		03:13:46	04:23:10	05:25:09	08:37:57.10	08:38:20.95	+04:28:42 (51.8%)	12:01	5 (48.1%)
173	BIAŁCZAK Tomasz	14		M-OPEN	140		03:13:45	04:26:22	05:25:11	08:37:56.50	08:38:20.95	+04:28:42 (51.8%)	12:01	5 (48.1%)
175	CZECHOSKA Magdalena	22	64 BATALION LEKKIEJ PIECHOTY W POMIECHÓWKU	K-OPEN	34		03:23:36	04:34:58	05:42:41	08:40:12.10	08:40:41.25	+04:31:02 (52.1%)	12:04	5 (48.1%)
176	TRZYNA Marcin	189	STYROPMIN	M-OPEN	142		03:27:11		05:50:02	08:46:48.85	08:47:44.35	+04:38:05 (52.7%)	12:13	4.9 (47.1%)
177	KAWKA Rafał	75	KBKS RADOMSKO	M-OPEN	143	KBKS Radomsko	03:26:11	04:32:38	05:41:02	08:48:14.00	08:48:49.45	+04:39:10 (52.8%)	12:15	4.9 (47.1%)
178	SIERZPOWSKI Marcin	161		M-OPEN	144		03:16:17	04:20:36	05:26:16	08:48:51.50	08:49:17.50	+04:39:39 (52.8%)	12:16	4.9 (47.1%)
179	DWORNIKOWSKI Zbigniew	31		M-OPEN	145		03:26:51		05:42:06	08:52:09.25	08:52:46.60	+04:43:08 (53.1%)	12:20	4.9 (47.1%)
180	DWORNIKOWSKA Beata	30		K-OPEN	35		03:26:50		05:42:13	08:52:09.60	08:52:47.00	+04:43:08 (53.1%)	12:20	4.9 (47.1%)
181	PAJĄK Paweł	133		M-OPEN	146		03:27:49		05:42:24	08:58:51.20	08:59:00.10	+04:49:21 (53.7%)	12:30	4.8 (46.2%)
182	WINIARSKA Iza	196	IZAGÓRĄ	K-OPEN	36	Markowi Biegacze	03:24:47	04:33:39	05:42:43	09:02:14.80	09:02:27.15	+04:52:48 (54.0%)	12:34	4.8 (46.2%)
183	SILSKI Marek	163	ATRAKCYJNE TOWARZYSTWO	M-OPEN	147		03:21:59	04:30:49	05:47:27	09:04:40.40	09:05:07.80	+04:55:29 (54.2%)	12:38	4.7 (45.2%)
184	WYSOCKI Michał	204		M-OPEN	148		03:20:11	04:26:44	05:47:07	09:07:49.40	09:08:14.35	+04:58:35 (54.5%)	12:42	4.7 (45.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Wdżar 20km	Lubań 24km	Ochotnica 30.6km	Czas netto 43.1km	Czas brutto 43.1km	Różn	Tempo min/km	Tempo km/h
185	SOKOŁOWSKI Artur	169	TEAM ZABIEGANEDNI	M-OPEN	149		03:31:09	04:47:21	06:00:16	09:36:24.70	09:37:06.95	+05:27:28 (56.7%)	13:22	4.5 (43.3%)
186	GODYŃ Jan	42	DELOITTE ADVENTURE TEAM	M-OPEN	150		02:20:14	03:06:49	03:49:31			+01:09:24	7:30	8 (76.9%)
187	PISULIŃSKA Ewa	142		K-OPEN	37		03:57:01	05:19:48	06:54:23			+04:14:53	13:32	4.4 (42.3%)
	KWIECINSKI Damian	98		M-OPEN			01:57:28 DNF	02:38:04 DNF	DNF	DNF	DNF	-	-	- (0.0%)
	WILIŃSKA-ZYWERT Agnieszka	214	NAPIĘTE ŁYDKI	K-OPEN			03:27:36 DNF	04:25:24 DNF	DNF	DNF	DNF	-	-	- (0.0%)
	MAŁKOWSKI Bogdan	109	SPARTANIE DZIECIOM	M-OPEN			03:27:41 DNF	04:25:27 DNF	DNF	DNF	DNF	-	-	- (0.0%)
	SŁOWIŃSKI Karol	166		M-OPEN			DNF	02:54:19 DNF	DNF	DNF	DNF	-	-	- (0.0%)
	PRUCNAL Zbigniew	147	ELKO24.PL	M-OPEN			02:12:11 DNF	02:55:23 DNF	DNF	DNF	DNF	-	-	- (0.0%)
	HALMANN Mirosław	53	PGB SPORTOWA PACZKA	M-OPEN			03:09:26 DNF	04:04:17 DNF	DNF	DNF	DNF	-	-	- (0.0%)
	PAUNA Alexandra	136		K-OPEN			03:06:36 DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)

Znaleziono 194 wynik(ów)