



43. PKO PÓŁMARATON SZCZECIN "NA RATY" - EDYCJA WIRTUALNA

B4SPORT

Event: 43. PKO PÓŁMARATON SZCZECIN
Organiser: Stowarzyszenie K2 Partners
Date: 2022-08-29
Place: Polska
Distance: 21.1 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Classification: M-OPEN

Place	Participant	Number	Club	Category	MCat	Start time	Distance	Gap	Pace min/km	Pace km/h
1	PONCYLIUSZ Rafał	87		M 30	1	00:00:00	21,1 KM	+00:00:00	4:15	14.1 (100%)
2	RUPA Paweł	123		M 30	2	00:00:00	21,1 KM	+00:09:37	4:43	12.7 (90.1%)
3	BARTOSZYŃSKI Tomasz	133		M 60	1	00:00:00	21,1 KM	+00:20:27	5:13	11.5 (81.6%)
4	SMÓŁKOWSKI Marcin	47		M 30	3	00:00:00	21,1 KM	+00:25:37	5:28	11 (78.0%)
5	BARTNIK Rafał	8	ZABIEGANY WOŁOMIN	M 40	1	00:00:00	21,1 KM	+00:26:51	5:32	10.8 (76.6%)
6	ARASZKIEWICZ Patryk	37		M 40	2	00:00:00	21,1 KM	+00:27:14	5:33	10.8 (76.6%)
7	JUST Adam	117		M 30	4	00:00:00	21,1 KM	+00:28:31	5:36	10.7 (75.9%)
8	DURKOWSKI Marek	26		M 40	3	00:00:00	21,1 KM	+00:29:19	5:39	10.6 (75.2%)
9	STRONA Jacek	66		M 60	2	00:00:00	21,1 KM	+00:30:05	5:41	10.5 (74.5%)
10	TOMASZKIEWICZ Marek	50		M 50	1	00:00:00	21,1 KM	+00:30:17	5:41	10.5 (74.5%)
11	WASIELEWSKI Sylwester	99		M 40	4	00:00:00	21,1 KM	+00:30:27	5:42	10.5 (74.5%)
12	LUBECKI Michał	14	WATAHA - ŁĄCZY NAS BIEGANIE	M 40	5	00:00:00	21,1 KM	+00:31:01	5:44	10.5 (74.5%)
13	WASIELEWSKI Piotr	100		M 20	1	00:00:00	21,1 KM	+00:31:23	5:45	10.4 (73.8%)
14	GÓRSKI Grzegorz	124		M 40	6	00:00:00	21,1 KM	+00:32:11	5:47	10.4 (73.8%)
15	TROJNAR Jarosław	130	KLUB OLIMPIJCZYKA IM. IRENY SZEWIŃSKIEJ W KALISZU POMORSKIM	M 30	5	00:00:00	21,1 KM	+00:33:50	5:52	10.2 (72.3%)
16	PIETRAŚ Arkadiusz	40		M 30	6	00:00:00	21,1 KM	+00:33:50	5:52	10.2 (72.3%)
17	SAŃKA Paweł	112		M 40	7	00:00:00	21,1 KM	+00:35:53	5:57	10.1 (71.6%)
18	TROJNAR Krzysztof	131	KLUB OLIMPIJCZYKA IM. IRENY SZEWIŃSKIEJ W KALISZU POMORSKIM	M 60	3	00:00:00	21,1 KM	+00:36:57	6:00	10 (70.9%)
19	ŚLIWA Jerzy	68		M 50	2	00:00:00	21,1 KM	+00:37:15	6:01	10 (70.9%)
20	TRYSZCZ Tobiasz	134		M 30	7	00:00:00	21,1 KM	+00:37:55	6:03	9.9 (70.2%)
21	KOŁYSZKO Piotr	127	BIEGACZE ŚWINOUJŚCIE	M 30	8	00:00:00	21,1 KM	+00:38:32	6:05	9.9 (70.2%)
22	MAJ Tomasz	70		M 40	8	00:00:00	21,1 KM	+00:40:46	6:11	9.7 (68.8%)
23	CHABIŃSKI Artur	67		M 30	9	00:00:00	21,1 KM	+00:41:04	6:12	9.7 (68.8%)
24	POL Krzysztof	74	DOWÓDZTWO OPERACYJNE RODZAJOW SIŁ ZBROJNYCH WARSZAWA	M 50	3	00:00:00	21,1 KM	+00:43:28	6:19	9.5 (67.4%)
25	JASZUL Jacek	122		M 50	4	00:00:00	21,1 KM	+00:45:59	6:26	9.3 (66.0%)
26	DĘBSKI Marcin	107		M 40	9	00:00:00	21,1 KM	+00:47:24	6:30	9.2 (65.2%)
27	PIECHOWICZ Dariusz	54		M 50	5	00:00:00	21,1 KM	+00:47:59	6:32	9.2 (65.2%)

Place	Participant	Number	Club	Category	MCat	Start time	Distance	Gap	Pace min/km	Pace km/h
28	STRASZEWSKI Konrad	128		M 20	2	00:00:00	21,1 KM	+00:50:40	6:39	9 (63.8%)
29	KWIATKOWSKI Maciej	103		M 30	10	00:00:00	21,1 KM	+00:52:02	6:43	8.9 (63.1%)
30	BEDNARZ Cezary	106		M 40	10	00:00:00	21,1 KM	+00:52:21	6:44	8.9 (63.1%)
31	CEBULA Lech	55	BIEGAM BO LUBIĘ	M 50	6	00:00:00	21,1 KM	+00:53:16	6:47	8.8 (62.4%)
32	KAWULAK Kazimierz	56		M 50	7	00:00:00	21,1 KM	+00:53:56	6:49	8.8 (62.4%)
33	ZYDROŃ Kamil	33		M 30	11	00:00:00	21,1 KM	+00:54:26	6:50	8.8 (62.4%)
34	WNUK Dariusz	94		M 50	8	00:00:00	21,1 KM	+00:54:31	6:50	8.8 (62.4%)
35	RATUSZYNSKI Artur	58		M 40	11	00:00:00	21,1 KM	+00:56:14	6:55	8.7 (61.7%)
36	PIERSA Jakub	71		M 20	3	00:00:00	21,1 KM	+00:56:26	6:56	8.6 (61.0%)
37	MODRZEJEWSKI Wojciech	60		M 40	12	00:00:00	21,1 KM	+00:57:23	6:59	8.6 (61.0%)
38	TYRCZ Michał	89		M 30	12	00:00:00	21,1 KM	+00:57:56	7:00	8.6 (61.0%)
39	SOBCZYK Andrzej	104		M 50	9	00:00:00	21,1 KM	+00:58:08	7:01	8.5 (60.3%)
40	BEDNARCZYK Wojciech	102		M 40	13	00:00:00	21,1 KM	+00:58:14	7:01	8.5 (60.3%)
41	KRYSIAK Kamil	97		M 30	13	00:00:00	21,1 KM	+00:59:08	7:03	8.5 (60.3%)
42	LELENIEWSKI Jacek	24		M 40	14	00:00:00	21,1 KM	+00:59:45	7:05	8.5 (60.3%)
43	GLAZIŃSKI Paweł	95		M 30	14	00:00:00	21,1 KM	+01:03:24	7:16	8.3 (58.9%)
44	SEKURA Sebastian	21	DO RSZ	M 40	15	00:00:00	21,1 KM	+01:05:50	7:23	8.1 (57.4%)
45	HOŁOWACZ Tomasz	73	KONDYCJA	M 70+	1	00:00:00	21,1 KM	+01:06:12	7:24	8.1 (57.4%)
46	OLEJARZ Grzegorz	25		M 40	16	00:00:00	21,1 KM	+01:07:42	7:28	8 (56.7%)
47	ZIMNY Maciej	105	MACIEJ ZIMNY TRIATHLON TEAM	M 30	15	00:00:00	21,1 KM	+01:09:20	7:32	7.9 (56.0%)
48	KAPCIA Michał	42		M 30	16	00:00:00	21,1 KM	+01:15:30	7:50	7.7 (54.6%)
49	JAŁOWSKI Marcin	10	BBL LASY BOGDANIEC	M 30	17	00:00:00	21,1 KM	+01:17:52	7:57	7.5 (53.2%)
50	RYBSKI Mariusz	129		M 40	17	00:00:00	21,1 KM	+01:18:54	8:00	7.5 (53.2%)
51	JANKOWSKI Michał	32		M 30	18	00:00:00	21,1 KM	+01:34:20	8:44	6.9 (48.9%)
52	POLLAK Dusan	16		M 40	18	00:00:00	21,1 KM	+01:39:56	9:00	6.7 (47.5%)
53	SPYCHALSKI Wacław	101	UV	M 40	19	00:00:00	21,1 KM	+01:53:02	9:37	6.2 (44.0%)
54	JOCHYM Mariusz	3		M 40	20	00:00:00	21,1 KM	+01:59:34	9:55	6 (42.6%)
55	KAZUBEK Maciej	1		M 40	21	00:00:00	21,1 KM	+02:03:25	10:06	5.9 (41.8%)
56	KOLATOR Witold	82		M 30	19	00:00:00	21,1 KM	+02:07:29	10:18	5.8 (41.1%)
57	KOWALCZYK Bogdan	41		M 60	4	00:00:00	21,1 KM	+05:19:31	19:24	3.1 (22.0%)
58	BIERYŁO Kamil	64		M 30	20	00:00:00	21,1 KM	+06:44:22	23:25	2.6 (18.4%)
59	JARMOŁOWICZ Łukasz	81	ZW	M 30	21	00:00:00	12,6 KM	+	6:19	9.5 (67.4%)
60	SZYDEŁ Ireneusz	80		M 60	5	00:00:00	11,7 KM	+	6:17	9.5 (67.4%)
61	SZYPERSKI Sławomir	13		M 50	10	00:00:00	11,1 KM	+	5:50	10.3 (73.0%)

Total 61 results.