

# 44.PKO PÓŁMARATON SZCZECIN "NA RATY" - EDYCJA WIRTUALNA

B4SPORT

**Wydarzenie:** 44. PKO PÓŁMARATON SZCZECIN  
**Organizator:** Stowarzyszenie K2 Partners  
**Data:** 2023-08-28  
**Miejsce:** Polska  
**Dystans:** 21.1 km

**B4SPORT**  
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
1	<b>OBARA Piotr</b>	<b>110</b>		M 40	1	00:00:00	<b>21,1 KM</b>	+00:00:00	4:16	14.1 (100%)
2	<b>KAWUCHA Mirosław</b>	<b>69</b>		M 50	1	00:00:00	<b>21,1 KM</b>	+00:12:37	4:51	12.3 (87.2%)
3	<b>RYMER Wojciech</b>	<b>106</b>	WŁASNY JEDNOOSOBOWY	M 50	2	00:00:00	<b>21,1 KM</b>	+00:16:22	5:02	11.9 (84.4%)
4	<b>KALINA Karol</b>	<b>64</b>		M 30	1	00:00:00	<b>21,1 KM</b>	+00:19:31	5:11	11.6 (82.3%)
5	<b>LELENIEWSKI Jacek</b>	<b>15</b>		M 40	2	00:00:00	<b>21,1 KM</b>	+00:20:29	5:14	11.5 (81.6%)
6	<b>JASZUL Jacek</b>	<b>11</b>		M 50	3	00:00:00	<b>21,1 KM</b>	+00:22:58	5:21	11.2 (79.4%)
7	<b>KRÓL Maciej</b>	<b>91</b>		M 50	4	00:00:00	<b>21,1 KM</b>	+00:23:13	5:22	11.2 (79.4%)
8	<b>STĘPNIK Robert</b>	<b>60</b>		M 30	2	00:00:00	<b>21,1 KM</b>	+00:23:17	5:22	11.2 (79.4%)
9	<b>ARASZKIEWICZ Patryk</b>	<b>57</b>		M 40	3	00:00:00	<b>21,1 KM</b>	+00:26:10	5:30	10.9 (77.3%)
10	<b>RUDNIK-MIJAL Małgorzata</b>	<b>54</b>		K 40	1	00:00:00	<b>21,1 KM</b>	+00:29:27	5:39	10.6 (75.2%)
11	<b>KAPCIA Michał</b>	<b>20</b>		M 40	4	00:00:00	<b>21,1 KM</b>	+00:29:53	5:40	10.6 (75.2%)
12	<b>POTRZEBOWSKA Agata</b>	<b>21</b>	DEAF I LIFE PLACE BALANCE	K 30	1	00:00:00	<b>21,1 KM</b>	+00:30:09	5:41	10.5 (74.5%)
13	<b>PONCYLIUSZ Monika</b>	<b>77</b>		K 40	2	00:00:00	<b>21,1 KM</b>	+00:33:01	5:49	10.3 (73.0%)
14	<b>BAĆMAGA Marek</b>	<b>35</b>		M 30	3	00:00:00	<b>21,1 KM</b>	+00:35:19	5:56	10.1 (71.6%)
15	<b>SMUTEK Iga</b>	<b>101</b>		K 20	1	00:00:00	<b>21,1 KM</b>	+00:35:32	5:57	10.1 (71.6%)
16	<b>GAGAT Tomasz</b>	<b>89</b>		M 30	4	00:00:00	<b>21,1 KM</b>	+00:36:28	5:59	10 (70.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
17	DUDZICZ Wiktor	84	NCDC	M 20	1	00:00:00	21,1 KM	+00:37:17	6:02	9.9 (70.2%)
18	SMUTEK Filip	99		M 20	2	00:00:00	21,1 KM	+00:37:31	6:02	9.9 (70.2%)
19	GAJEWSKA Małgorzata	95		K 40	3	00:00:00	21,1 KM	+00:39:58	6:09	9.7 (68.8%)
20	BOŃDOS Andrzej	26		M 40	5	00:00:00	21,1 KM	+00:39:58	6:09	9.7 (68.8%)
21	ŚLIWA Jerzy	51		M 50	5	00:00:00	21,1 KM	+00:43:19	6:19	9.5 (67.4%)
22	IMIANOWSKA Ewa	3		K 40	4	00:00:00	21,1 KM	+00:43:39	6:20	9.5 (67.4%)
23	KARNOWSKI Michał	48		M 40	6	00:00:00	21,1 KM	+00:44:05	6:21	9.4 (66.7%)
24	DĘBSKI Marcin	73		M 40	7	00:00:00	21,1 KM	+00:44:08	6:21	9.4 (66.7%)
25	SURDAKCI Jerzy	97	DRUŻYNA SZPIKU	M 50	6	00:00:00	21,1 KM	+00:45:58	6:26	9.3 (66.0%)
26	GAJEWSKI Łukasz	96		M 20	3	00:00:00	21,1 KM	+00:46:43	6:28	9.3 (66.0%)
27	LEWSZYK Anna	79		K 50	1	00:00:00	21,1 KM	+00:46:49	6:29	9.3 (66.0%)
28	IWANIUK Paweł	14		M 30	5	00:00:00	21,1 KM	+00:47:13	6:30	9.2 (65.2%)
29	GRABOWSKI Arkadiusz	87		M 50	7	00:00:00	21,1 KM	+00:49:24	6:36	9.1 (64.5%)
30	LESZCZYŃSKI Piotr	111		M 50	8	00:00:00	21,1 KM	+00:49:28	6:36	9.1 (64.5%)
31	KOLATOR Witold	59		M 30	6	00:00:00	21,1 KM	+00:49:29	6:36	9.1 (64.5%)
32	POL Krzysztof	36		M 50	9	00:00:00	21,1 KM	+00:49:35	6:37	9.1 (64.5%)
33	SZAFRAŃSKA Joanna	83	BIEGACZE ŚWINOUJŚCIE	K 50	2	00:00:00	21,1 KM	+00:49:35	6:37	9.1 (64.5%)
34	ZAWISTOWSKA Paulina	74		K 30	2	00:00:00	21,1 KM	+00:52:31	6:45	8.9 (63.1%)
35	WIKTORSKI Sebastian	67		M 40	8	00:00:00	21,1 KM	+00:52:52	6:46	8.9 (63.1%)
36	TROJNAR Krzysztof	70	KLUB OLIMPIJCZYKA IM. IRENY SZEWIŃSKIEJ W KALISZU POMORSKIM	M 60	1	00:00:00	21,1 KM	+00:53:20	6:47	8.8 (62.4%)
37	TROJNAR Jarosław	71	KLUB OLIMPIJCZYKA IM. IRENY SZEWIŃSKIEJ W KALISZU POMORSKIM	M 30	7	00:00:00	21,1 KM	+00:53:20	6:47	8.8 (62.4%)
38	WOJCIECHOWSKI Grzegorz	66	RUN4IT INVERNESS	M 50	10	00:00:00	21,1 KM	+00:56:05	6:55	8.7 (61.7%)
39	DUDEK-IGNACZAK Joanna	25		K 40	5	00:00:00	21,1 KM	+00:56:08	6:55	8.7 (61.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
40	<b>SYTA Małgorzata</b>	<b>52</b>		K 40	6	00:00:00	<b>21,1 KM</b>	+00:57:16	6:58	8.6 (61.0%)
41	<b>SMUTEK Filip</b>	<b>104</b>		M 20	4	00:00:00	<b>21,1 KM</b>	+00:58:02	7:01	8.6 (61.0%)
42	<b>MARKULAK Zbyszek</b>	<b>62</b>	CFZ ŻARY	M 50	11	00:00:00	<b>21,1 KM</b>	+00:58:04	7:01	8.5 (60.3%)
43	<b>BEDNARCZYK Wojciech</b>	<b>76</b>		M 40	9	00:00:00	<b>21,1 KM</b>	+00:59:31	7:05	8.5 (60.3%)
44	<b>GUSTOŁEK Michał</b>	<b>13</b>		M 20	5	00:00:00	<b>21,1 KM</b>	+01:01:58	7:12	8.3 (58.9%)
45	<b>CURYŁO Milena</b>	<b>53</b>		K 30	3	00:00:00	<b>21,1 KM</b>	+01:02:20	7:13	8.3 (58.9%)
46	<b>JARCZEWSKA Renata</b>	<b>90</b>		K 50	3	00:00:00	<b>21,1 KM</b>	+01:03:10	7:22	8.1 (57.4%)
47	<b>OSTOJA-HEL CZYNSKA Magdalena</b>	<b>93</b>		K 40	7	00:00:00	<b>21,1 KM</b>	+01:05:18	7:21	8.2 (58.2%)
48	<b>HRYNIEWICZ Joanna</b>	<b>88</b>		K 30	4	00:00:00	<b>21,1 KM</b>	+01:07:18	7:27	8 (56.7%)
49	<b>JEDYNAK Barbara</b>	<b>34</b>		K 40	8	00:00:00	<b>21,1 KM</b>	+01:07:55	7:29	8 (56.7%)
50	<b>ABOUQORA Emilia</b>	<b>17</b>		K 30	5	00:00:00	<b>21,1 KM</b>	+01:07:58	7:29	8 (56.7%)
51	<b>SPYCHALSKI Wacław</b>	<b>30</b>		M 40	10	00:00:00	<b>21,1 KM</b>	+01:08:24	7:30	8 (56.7%)
52	<b>MIJAL Przemysław</b>	<b>56</b>	ZMĘCZENI NA STARCIE	M 40	11	00:00:00	<b>21,1 KM</b>	+01:09:10	7:32	8 (56.7%)
53	<b>BOJEK Anna</b>	<b>94</b>	DRUŻYNA SMA	K 30	6	00:00:00	<b>21,1 KM</b>	+01:09:23	7:33	7.9 (56.0%)
54	<b>KOLATOR Marta</b>	<b>58</b>		K 30	7	00:00:00	<b>21,1 KM</b>	+01:09:47	7:34	7.9 (56.0%)
55	<b>JABŁONOWSKA Aleksandra</b>	<b>80</b>		K 30	8	00:00:00	<b>21,1 KM</b>	+01:10:29	7:36	7.9 (56.0%)
56	<b>JANKOWSKI Michał</b>	<b>46</b>		M 30	8	00:00:00	<b>21,1 KM</b>	+01:12:58	7:43	7.8 (55.3%)
57	<b>JARCZAK Filip</b>	<b>47</b>		M 30	9	00:00:00	<b>21,1 KM</b>	+01:13:10	7:44	7.8 (55.3%)
58	<b>KŁACZKOWSKA Agnieszka</b>	<b>49</b>		K 50	4	00:00:00	<b>21,1 KM</b>	+01:14:58	7:49	7.7 (54.6%)
59	<b>MLECZKO Anna</b>	<b>7</b>		K 40	9	00:00:00	<b>21,1 KM</b>	+01:15:05	7:49	7.7 (54.6%)
60	<b>MELSKA Karolina</b>	<b>5</b>		K 30	9	00:00:00	<b>21,1 KM</b>	+01:15:27	7:50	7.7 (54.6%)
61	<b>DANIELEK Adam</b>	<b>9</b>	BIEGAM, ŻEBY SIĘ NIE SPOCIĆ!	M 40	12	00:00:00	<b>21,1 KM</b>	+01:19:00	8:00	7.5 (53.2%)
62	<b>KOS Joanna</b>	<b>81</b>		K 30	10	00:00:00	<b>21,1 KM</b>	+01:26:14	8:21	7.2 (51.1%)
63	<b>OSTROWSKA Ewa</b>	<b>103</b>		K 40	10	00:00:00	<b>21,1 KM</b>	+01:26:51	8:22	7.2 (51.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
64	<b>PONCYLIUSZ Rafał</b>	<b>78</b>		M 30	10	00:00:00	<b>21,1 KM</b>	+01:27:13	8:24	7.1 (50.4%)
65	<b>POPIOŁEK Przemysław</b>	<b>86</b>		M 40	13	00:00:00	<b>21,1 KM</b>	+01:29:18	8:29	7.1 (50.4%)
66	<b>MOLSKA Małgorzata</b>	<b>55</b>	OSP KŁODAWA	K 50	5	00:00:00	<b>21,1 KM</b>	+01:32:42	8:39	6.9 (48.9%)
67	<b>CEBEŃKO Maria</b>	<b>24</b>	KB HERMES GRZYFINO	K 50	6	00:00:00	<b>21,1 KM</b>	+01:36:03	8:49	6.8 (48.2%)
68	<b>SOCHA Joanna</b>	<b>68</b>		K 30	11	00:00:00	<b>21,1 KM</b>	+01:36:21	8:50	6.8 (48.2%)
69	<b>MAKSYSZ Roksana</b>	<b>10</b>	#CZELADZBIEGA	K 40	11	00:00:00	<b>21,1 KM</b>	+01:37:39	8:53	6.7 (47.5%)
70	<b>SMUTEK Monika</b>	<b>100</b>		K 40	12	00:00:00	<b>21,1 KM</b>	+01:42:57	9:08	6.6 (46.8%)
71	<b>RADZIWIŁŁOWICZ Daniel</b>	<b>50</b>		M 40	14	00:00:00	<b>21,1 KM</b>	+01:48:15	9:23	6.4 (45.4%)
72	<b>SEMENIUK Igor</b>	<b>12</b>		M 40	15	00:00:00	<b>21,1 KM</b>	+01:48:31	9:24	6.4 (45.4%)
73	<b>BIENIEK Ewa</b>	<b>92</b>		K 50	7	00:00:00	<b>21,1 KM</b>	+01:49:00	9:25	6.4 (45.4%)
74	<b>SKOCZYLAS Anita</b>	<b>63</b>		K 50	8	00:00:00	<b>21,1 KM</b>	+01:49:12	9:26	6.4 (45.4%)
75	<b>STALICA Wiesław</b>	<b>18</b>		M 50	12	00:00:00	<b>21,1 KM</b>	+01:53:49	9:39	6.2 (44.0%)
76	<b>STECYK Ilona</b>	<b>27</b>		K 40	13	00:00:00	<b>21,1 KM</b>	+01:54:50	9:42	6.2 (44.0%)
77	<b>SZUĆKO Ilona</b>	<b>37</b>		K 30	12	00:00:00	<b>21,1 KM</b>	+01:59:05	9:54	6.1 (43.3%)
78	<b>OSTROWSKA Krystyna</b>	<b>102</b>		K 60	1	00:00:00	<b>21,1 KM</b>	+01:59:13	9:55	6.1 (43.3%)
79	<b>STALICA Bogusława</b>	<b>19</b>		K 50	9	00:00:00	<b>21,1 KM</b>	+02:06:36	10:16	5.8 (41.1%)
80	<b>MICHALAK Monika</b>	<b>1</b>	FUTYMKA TEAM	K 40	14	00:00:00	<b>21,1 KM</b>	+02:10:12	10:26	5.7 (40.4%)
81	<b>KUŹMA Anna</b>	<b>6</b>		K 30	13	00:00:00	<b>21,1 KM</b>	+02:19:29	10:52	5.5 (39.0%)
82	<b>KRZESZOWIAK Edyta</b>	<b>40</b>		K 40	15	00:00:00	<b>21,1 KM</b>	+02:24:20	11:06	5.4 (38.3%)
83	<b>ZAWADA Magdalena</b>	<b>75</b>		K 40	16	00:00:00	<b>21,1 KM</b>	+02:29:20	11:20	5.3 (37.6%)
84	<b>SALWIN Sylwia</b>	<b>42</b>		K 40	17	00:00:00	<b>21,1 KM</b>	+02:35:53	11:39	5.1 (36.2%)
85	<b>BEKIER Małgorzata</b>	<b>45</b>		K 50	10	00:00:00	<b>21,1 KM</b>	+02:48:50	12:16	4.9 (34.8%)
86	<b>BEKIER Mateusz</b>	<b>44</b>	SKS SP 24 SZCZECIN	M - wózki aktywne	1	00:00:00	<b>21,1 KM</b>	+03:03:15	12:57	4.6 (32.6%)
87	<b>ANTOSIEWICZ Stanisława</b>	<b>31</b>	LULATEAM	K 50	11	00:00:00	<b>17,8 KM</b>	+02:15:08	12:38	4.7 (33.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Dystans	Różn	Tempo min/km	Tempo km/h
88	<b>MIROS Edyta</b>	<b>28</b>		K 40	18	00:00:00	<b>16,6 KM</b>	+00:17:35	6:30	9.2 (65.2%)
89	<b>ANTOSIEWICZ Robert</b>	<b>32</b>	LULATEAM	M 50	13	00:00:00	<b>16,0 KM</b>	+01:13:59	10:15	5.8 (41.1%)
90	<b>FUTYMA Karolina</b>	<b>4</b>	FUTYMKA TEAM	K 30	14	00:00:00	<b>15,3 KM</b>	+00:32:40	8:01	7.5 (53.2%)
91	<b>MAŁKOWSKA Edyta</b>	<b>16</b>		K 30	15	00:00:00	<b>11,4 KM</b>	+	7:23	8.1 (57.4%)
92	<b>LITWINIAK Izabela</b>	<b>2</b>		K 40	19	00:00:00	<b>11,0 KM</b>	+00:09:46	9:04	6.6 (46.8%)

Znaleziono 92 wynik(ów)