



46 OGÓLNOPOLSKIE BIEGI ULICZNE - 5000M - BIEG OTWARTY 1998 I STARSI / WSPÓLNY KOBIETY I MĘŻCZYŹNI

B4SPORT

Wydarzenie: 46 Ogólnopolskie Biegi Uliczne
Organizator: MLKS Nadwiślanin Chełmno
Data: 2017-04-02
Miejsce: Chełmno
Dystans: 5 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Start_All 1.7km	Start_All 3.4km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	DRĄG Tomasz	102		M40	1	00:00:03	00:05:30	00:11:10	00:16:38.25	00:16:41.60		3:19	18 (100%)
2	WALENDZIAK Klaudiusz	105	PACKMAN TEAM	M40	2	00:00:03	00:05:34	00:11:25	00:17:20.25	00:17:23.75	+00:00:42 (4.0%)	3:28	17.3 (96.1%)
3	RETECKI Krzysztof	108	BOGMAR/PRESTO OSTROMECKO	M40	3	00:00:02	00:05:51	00:12:07	00:18:32.70	00:18:35.65	+00:01:54 (10.3%)	3:42	16.2 (90.0%)
4	GÓRA Sylwester	114	ZABIEGANI NOCĄ	M40	4	00:00:03	00:06:10	00:12:27	00:18:37.70	00:18:41.00	+00:01:59 (10.7%)	3:43	16.1 (89.4%)
5	PAWLUK Jarosław	126	KWIDZYN BIEGA	M40	5	00:00:03	00:06:09	00:12:27	00:18:38.80	00:18:42.30	+00:02:00 (10.8%)	3:43	16.1 (89.4%)
6	BOJKE Mirosław	123		M40	6	00:00:03	00:05:56	00:12:18	00:18:59.70	00:19:03.35	+00:02:21 (12.4%)	3:48	15.8 (87.8%)
7	RACINOWSKI Adam	95		M40	7	00:00:03	00:06:10	00:12:37	00:19:04.80	00:19:08.30	+00:02:26 (12.8%)	3:49	15.7 (87.2%)
8	SIKUT Arkadiusz	162	TORUŃ	M40	8	00:00:04	00:06:08	00:12:34	00:19:06.20	00:19:10.60	+00:02:27 (12.9%)	3:49	15.7 (87.2%)
9	KŁOSOWSKI Marcin	103		M40	9	00:00:03	00:06:18	00:12:52	00:19:30.15	00:19:33.30	+00:02:51 (14.7%)	3:54	15.4 (85.6%)
10	JĘDRAL Janusz	111	PACKMAN TEAM	M40	10	00:00:03	00:06:26	00:13:08	00:19:54.05	00:19:57.80	+00:03:15 (16.4%)	3:58	15.1 (83.9%)
11	KOPIŃSKI Robert	110	KWIDZYN BIEGA	M40	11	00:00:03	00:06:31	00:13:16	00:20:01.50	00:20:05.40	+00:03:23 (16.9%)	4:00	15 (83.3%)
12	SZOSTEK Tomasz	99	KWIDZYN BIEGA	M40	12	00:00:04	00:06:31	00:13:30	00:20:36.15	00:20:40.35	+00:03:57 (19.2%)	4:07	14.6 (81.1%)
13	TOBOLSKI Marek	109	FLORIAN OCHRONA PRZECIWPOŻAROWA	M40	13	00:00:04	00:06:23	00:13:33	00:20:46.25	00:20:50.95	+00:04:08 (19.9%)	4:09	14.4 (80.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Start All 1.7km	Start All 3.4km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
14	ZIÓŁKOWSKI Wojciech	90	GOCH BYTÓW #ZABIEGANINOCA	M40	14	00:00:04	00:06:39	00:13:40	00:20:49.05	00:20:53.20	+00:04:10 (20.1%)	4:09	14.4 (80.0%)
15	GOŁOWSKI Andrzej	156		M40	15	00:00:05	00:06:53	00:14:04	00:21:04.15	00:21:09.20	+00:04:25 (21.0%)	4:12	14.2 (78.9%)
16	ŻUCHOWSKI Józef	128		M40	16	00:00:04	00:06:53	00:14:10	00:21:23.95	00:21:28.35	+00:04:45 (22.3%)	4:16	14 (77.8%)
17	KRZYŻANOWSKI Robert	159		M40	17	00:00:06	00:06:55	00:14:25	00:22:09.20	00:22:15.30	+00:05:30 (24.9%)	4:25	13.5 (75.0%)
18	JASINIEWSKI Sławomir	131		M40	18	00:00:08	00:07:19	00:14:57	00:22:25.35	00:22:34.15	+00:05:47 (25.8%)	4:29	13.4 (74.4%)
19	FALEŃCZYK Fabian	119	RUN PASJA	M40	19	00:00:08	00:07:36	00:15:31	00:23:12.15	00:23:20.80	+00:06:33 (28.3%)	4:38	12.9 (71.7%)
20	PODSIEDLIK Zbigniew	112	RUN PASJA	M40	20	00:00:05	00:07:35	00:15:33	00:23:27.15	00:23:32.15	+00:06:48 (29.1%)	4:41	12.8 (71.1%)
21	WIŚNIEWSKI Jan	121		M40	21	00:00:05	00:08:25	00:17:13	00:23:50.05	00:23:55.50	+00:07:11 (30.2%)	4:46	12.6 (70.0%)
22	BŁAŻEJEWSKI Dariusz	133		M40	22	00:00:09	00:07:46	00:15:59	00:24:16.95	00:24:26.70	+00:07:38 (31.5%)	4:51	12.4 (68.9%)
23	MAJEWSKI Tomasz	115	ZESPÓŁ SZKÓŁ NR 2 IM. ADAMA MICKIEWICZA W CHEŁMNIE	M40	23	00:00:12	00:07:42	00:15:49	00:24:29.85	00:24:42.10	+00:07:51 (32.1%)	4:54	12.2 (67.8%)
24	KALISZEWSKI Daniel	107		M40	24	00:00:06	00:07:58	00:16:26	00:24:48.40	00:24:55.05	+00:08:10 (32.9%)	4:57	12.1 (67.2%)
25	PODBORNY Piotr	120		M40	25	00:00:09	00:08:00	00:16:23	00:25:10.15	00:25:20.00	+00:08:31 (33.9%)	5:02	11.9 (66.1%)
26	SOTOWICZ Sławomir	117		M40	26	00:00:08	00:08:12	00:16:59	00:25:47.40	00:25:56.20	+00:09:09 (35.5%)	5:09	11.6 (64.4%)
27	ZYGMUNT Robert	113	RUN PASJA	M40	27	00:00:08	00:08:06	00:16:59	00:25:47.65	00:25:56.30	+00:09:09 (35.5%)	5:09	11.6 (64.4%)
28	ZDZIARSKI Adam	116		M40	28	00:00:11	00:08:38	00:17:48	00:26:54.70	00:27:05.95	+00:10:16 (38.2%)	5:22	11.2 (62.2%)

Znaleziono 28 wynik(ów)