



48 OGÓLNOPOLSKIE BIEGI ULICZNE - 5000M - BIEG OTWARTY 1999 I STARSI / WSPÓLNY KOBIETY I MĘŻCZYŹNI

B4SPORT

Wydarzenie: 48 Ogólnopolskie Biegi Uliczne
Organizator: MLKS Nadwiślanin Chełmno
Data: 2019-04-07
Miejsce: Chełmno
Dystans: 5 km

B4SPORT
INTELEKTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Start_All 0.47km	Start_All 1.98km	Start_All 3.49km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	JANKOWSKI Karol	91	UKS CZAPLA BIAŁE BŁOTA	Mężczyźni	1	00:00:01	00:01:28	00:06:30	00:11:41	00:16:45.40	00:16:46.90		3:21	17.9 (100%)
2	KUŁAKOWSKI Krzysztof	36	RUN PASJA	Mężczyźni	2	00:00:02	00:01:29	00:06:44	00:12:17	00:17:53.80	00:17:55.80	+00:01:08 (6.4%)	3:34	16.8 (93.9%)
3	LEŚNIK Adam	38	LECHU NA SPORTOWO	Mężczyźni	3	00:00:01	00:01:29	00:06:48	00:12:55	00:18:49.85	00:18:51.20	+00:02:04 (11.0%)	3:46	15.9 (88.8%)
4	PEKAŁA Aleksandra	59	RUN PASJA	Kobiety	1	00:00:02	00:01:39	00:07:23	00:13:15	00:18:54.20	00:18:56.60	+00:02:08 (11.4%)	3:46	15.9 (88.8%)
5	ZIELINSKI Dominik	87	WDA	Mężczyźni	4	00:00:03	00:01:39	00:07:35	00:13:26	00:19:13.85	00:19:17.40	+00:02:28 (12.9%)	3:50	15.6 (87.2%)
6	MISIASZEK Marek	44		Mężczyźni	5	00:00:03	00:01:40	00:07:29	00:13:30	00:19:16.40	00:19:20.35	+00:02:31 (13.1%)	3:51	15.6 (87.2%)
7	SOBCZAK Marcin	69	TRISPACE	M40	1	00:00:01	00:01:35	00:07:27	00:13:28	00:19:33.00	00:19:34.50	+00:02:47 (14.3%)	3:54	15.3 (85.5%)
8	KORZEC Bartosz	30	69 SPOKES	Mężczyźni	6	00:00:04	00:01:40	00:07:30	00:13:35	00:19:34.35	00:19:39.10	+00:02:48 (14.4%)	3:55	15.3 (85.5%)
9	MOTOFA Marcin	47		Mężczyźni	7	00:00:04	00:01:40	00:07:30	00:13:34	00:19:42.10	00:19:47.05	+00:02:56 (14.9%)	3:56	15.2 (84.9%)
10	OLSZEWSKI Rafał	55	TG SOKÓŁ GNIEWKOWO	Mężczyźni	8	00:00:03	00:01:42	00:07:40	00:13:47	00:19:42.15	00:19:45.85	+00:02:56 (15.0%)	3:56	15.2 (84.9%)
11	WISZOWATY Marcin	84		Mężczyźni	9	00:00:03	00:01:39	00:07:39	00:13:44	00:19:45.55	00:19:49.20	+00:03:00 (15.2%)	3:57	15.2 (84.9%)
12	SOBCZAK Robert	68	TKKF 'INSTALATOR - PELIKAN' SZUBIN	M40	2	00:00:03	00:01:34	00:07:29	00:13:44	00:19:59.65	00:20:02.85	+00:03:14 (16.2%)	3:59	15 (83.8%)
13	KĄTOWSKI Tadeusz	25		M50	1	00:00:02	00:01:43	00:07:47	00:14:01	00:20:10.70	00:20:13.35	+00:03:25 (17.0%)	4:02	14.9 (83.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Start All 0.47km	Start All 1.98km	Start All 3.49km	Czas		Różn	Tempo min/km	Tempo km/h
										netto 5km	brutto 5km			
14	JUREK Piotr	24	BBL SZUBIN	M50	2	00:00:02	00:01:42	00:07:47	00:14:00	00:20:13.75	00:20:16.15	+00:03:28 (17.2%)	4:02	14.8 (82.7%)
15	PANASIUK Jarosław	22		M40	3	00:00:06	00:01:49	00:08:15	00:14:39	00:20:46.90	00:20:52.95	+00:04:01 (19.4%)	4:09	14.4 (80.4%)
16	MARCHLEWSKI Kamil	90		Mężczyźni	10	00:00:02	00:01:41	00:07:58	00:14:28	00:20:47.60	00:20:50.50	+00:04:02 (19.4%)	4:09	14.4 (80.4%)
17	ROSZAK Zbigniew	63	GNIEWKOWO	Mężczyźni	11	00:00:04	00:01:37	00:07:53	00:14:23	00:20:57.65	00:21:01.75	+00:04:12 (20.1%)	4:11	14.3 (79.9%)
18	SKRZECZEWSKI Paweł	66	ZSCKP-GRUBNO	Mężczyźni	12	00:00:01	00:01:39	00:08:33	00:15:14	00:21:10.85	00:21:12.30	+00:04:25 (20.9%)	4:14	14.2 (79.3%)
19	LASKOWSKI Daniel	37	RUN PASJA	M40	4	00:00:03	00:01:45	00:08:09	00:14:45	00:21:18.45	00:21:22.10	+00:04:33 (21.4%)	4:15	14.1 (78.8%)
20	PAWŁOWSKI Mateusz	58	AZS UTP W BYDGOSZCZY	Mężczyźni	13	00:00:03	00:01:50	00:08:19	00:15:10	00:21:52.65	00:21:56.15	+00:05:07 (23.4%)	4:22	13.7 (76.5%)
21	BŁASZCZYK Jan	5	AZS UTP W BYDGOSZCZY	Mężczyźni	14	00:00:03	00:01:50	00:08:19	00:15:10	00:22:02.45	00:22:06.15	+00:05:17 (24.0%)	4:24	13.6 (76.0%)
22	AUTRIEB Maciej	2	POZA KLUBEM	Mężczyźni	15	00:00:02	00:01:36	00:08:08	00:15:19	00:22:13.20	00:22:15.20	+00:05:27 (24.6%)	4:26	13.5 (75.4%)
23	ZIÓLKOWSKI Mieczysław	88	DECATHLON TEAM INOWROCŁAW	M50	3	00:00:04	00:01:49	00:08:38	00:15:37	00:22:16.20	00:22:20.50	+00:05:30 (24.8%)	4:27	13.5 (75.4%)
24	STRYZEWSKI Tomasz	73		M40	5	00:00:07	00:01:56	00:08:39	00:15:43	00:22:25.20	00:22:32.70	+00:05:39 (25.3%)	4:29	13.4 (74.9%)
25	RAKOWSKI Wojtek	62	RUN PASJA	Mężczyźni	16	00:00:04	00:01:54	00:08:42	00:15:46	00:22:27.50	00:22:31.65	+00:05:42 (25.4%)	4:29	13.4 (74.9%)
26	CHUDECKI Robert	71		M40	6	00:00:04	00:01:51	00:08:36	00:15:43	00:22:37.40	00:22:41.95	+00:05:52 (25.9%)	4:31	13.3 (74.3%)
27	JEZIORSKA Magdalena	23	MLKS NADWIŚLANIN CHEŁMNO	Kobiety	2	00:00:02	00:01:43	00:08:34	00:15:51	00:23:01.70	00:23:04.05	+00:06:16 (27.2%)	4:36	13 (72.6%)
28	TOMCZAK Bartosz	82		Mężczyźni	17	00:00:07	00:02:00	00:08:57	00:16:07	00:23:02.45	00:23:10.00	+00:06:17 (27.3%)	4:36	13 (72.6%)
29	OKOŃSKI Michał	51	CHEŁMIŃSKI KLUB KYOKUSHIN KARATE	M50	4	00:00:01	00:01:48	00:08:34	00:15:57	00:23:16.25	00:23:18.10	+00:06:30 (28.0%)	4:39	12.9 (72.1%)
30	KOWALCZYK Magdalena	31	69 SPOKES	K40	1	00:00:04	00:01:56	00:08:55	00:16:11	00:23:23.45	00:23:28.40	+00:06:38 (28.4%)	4:40	12.8 (71.5%)
31	GOSIEWSKI Radosław	17	ZSCKP-GRUBNO	Mężczyźni	18	00:00:01	00:01:33	00:08:33	00:16:05	00:23:26.20	00:23:27.85	+00:06:40 (28.5%)	4:41	12.8 (71.5%)
32	ALEKSANDROWICZ Tomasz	1	69 SPOKES	Mężczyźni	19	00:00:07	00:01:56	00:09:00	00:16:27	00:23:44.40	00:23:51.45	+00:06:59 (29.4%)	4:44	12.6 (70.4%)
33	SEKULSKI Dariusz	64	GNIEZNO	M40	7	00:00:04	00:02:02	00:09:18	00:16:35	00:23:46.05	00:23:50.55	+00:07:00 (29.5%)	4:45	12.6 (70.4%)
34	TOBOLSKI Marek	80	FLORIAN OCHRONA PRZECIWPOŻAROWA	M40	8	00:00:07	00:01:57	00:09:04	00:16:20	00:23:54.55	00:24:02.15	+00:07:09 (29.9%)	4:47	12.5 (69.8%)
35	MOKOS Tomasz	45	INOWROCŁAW BIEGA	Mężczyźni	20	00:00:07	00:02:00	00:09:09	00:16:36	00:23:59.25	00:24:06.30	+00:07:13 (30.1%)	4:47	12.5 (69.8%)
36	KĘDZIORSKI Marek	27		M50	5	00:00:02	00:01:58	00:09:13	00:16:41	00:24:03.10	00:24:05.75	+00:07:17 (30.3%)	4:48	12.5 (69.8%)

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37	MALLEK Patryk	42	ZSCKP-GRUBNO	Mężczyźni	21	00:00:01	00:01:31	00:08:27	00:17:02	00:24:16.00	00:24:17.55	+00:07:30 (30.9%)	4:51	12.4 (69.3%)
38	JARUSZEWSKI Krzysztof	20	TORUŃSKI KLUB KARATE KYOKUSHIN	M40	9	00:00:07	00:02:06	00:09:26	00:16:56	00:24:22.80	00:24:30.70	+00:07:37 (31.3%)	4:52	12.3 (68.7%)
39	JEGIEWSKI Dariusz	94		M40	10	00:00:08	00:02:09	00:09:25	00:16:58	00:24:26.55	00:24:34.85	+00:07:41 (31.4%)	4:53	12.3 (68.7%)
40	KRZYSZTYNIAK Tomasz	34	ŁUBU DUBU	M50	6	00:00:05	00:02:05	00:09:28	00:17:04	00:24:52.65	00:24:57.75	+00:08:07 (32.6%)	4:58	12.1 (67.6%)
41	KLIMKIEWICZ Bożena	29		Kobiety	3	00:00:03	00:02:03	00:09:30	00:17:09	00:24:58.20	00:25:01.70	+00:08:12 (32.9%)	4:59	12 (67.0%)
42	DOBEK Rafał	12		Mężczyźni	22	00:00:06	00:02:07	00:09:46	00:17:38	00:25:06.65	00:25:12.90	+00:08:21 (33.3%)	5:01	12 (67.0%)
43	BANASZAK Monika	3	RUN PASJA	Kobiety	4	00:00:03	00:02:08	00:09:46	00:17:36	00:25:10.60	00:25:14.10	+00:08:25 (33.4%)	5:02	11.9 (66.5%)
44	LEWANDOWSKA Małgorzata	39	TG SOKÓŁ	K50	1	00:00:04	00:02:02	00:09:41	00:17:26	00:25:12.15	00:25:16.45	+00:08:26 (33.5%)	5:02	11.9 (66.5%)
45	TOBOLSKA Anna	79	FLORIAN OCHRONA PRZECIWPOŻAROWA	K40	2	00:00:06	00:02:03	00:09:52	00:17:46	00:25:16.20	00:25:23.05	+00:08:30 (33.7%)	5:03	11.9 (66.5%)
46	BOROWIEC Wioleta	6	BBL SZUBIN	Kobiety	5	00:00:04	00:02:04	00:09:44	00:17:40	00:25:28.10	00:25:32.20	+00:08:42 (34.2%)	5:05	11.8 (65.9%)
47	CHRZANOWSKA Cecylia	8	AKTYWNE LISEWO	K60	1	00:00:06	00:02:08	00:09:45	00:17:40	00:25:30.05	00:25:36.60	+00:08:44 (34.3%)	5:06	11.8 (65.9%)
48	BULIŃSKI Mateusz	50	7 BRYGADA OBRONY WYBRZEŻA W SŁUPSKU	Mężczyźni	23	00:00:07	00:02:10	00:09:43	00:17:39	00:25:32.00	00:25:39.90	+00:08:46 (34.4%)	5:06	11.7 (65.4%)
49	GŁADYSZ Krzysztof	14	GŁADZIORKI	M40	11	00:00:05	00:02:06	00:09:41	00:17:40	00:25:55.10	00:26:01.05	+00:09:09 (35.3%)	5:11	11.6 (64.8%)
50	OLSZEWSKA Ewa	54	TG SOKÓŁ GNIEWKOWO	K40	3	00:00:08	00:02:10	00:10:06	00:18:21	00:26:28.30	00:26:36.70	+00:09:42 (36.7%)	5:17	11.3 (63.1%)
51	DŁONIAK Edmund	11	TG SOKÓŁ GNIEWKOWO	M70	1	00:00:06	00:02:09	00:10:09	00:18:30	00:26:38.80	00:26:45.65	+00:09:53 (37.1%)	5:19	11.3 (63.1%)
52	BEDNARZ Paweł	4	ZSCKP-GRUBNO	Mężczyźni	24	00:00:01	00:01:56	00:10:06	00:18:33	00:26:42.15	00:26:43.95	+00:09:56 (37.2%)	5:20	11.2 (62.6%)
53	OKRĘGLICKA Barbara	53	RUN PASJA	K50	2	00:00:03	00:02:02	00:10:13	00:18:30	00:26:48.30	00:26:52.25	+00:10:02 (37.5%)	5:21	11.2 (62.6%)
54	MACIEJEWSKI Maciej	41	KCYNIA	M40	12	00:00:06	00:02:12	00:10:09	00:18:29	00:26:49.25	00:26:55.65	+00:10:03 (37.5%)	5:21	11.2 (62.6%)
55	TOMCZAK Izabela	81		Kobiety	6	00:00:07	00:02:25	00:10:41	00:19:05	00:27:18.95	00:27:26.75	+00:10:33 (38.7%)	5:27	11 (61.5%)
56	KĘDZIORSKA Beata	26		K40	4	00:00:02	00:02:12	00:10:31	00:18:59	00:27:27.85	00:27:30.25	+00:10:42 (39.0%)	5:29	10.9 (60.9%)
57	GUZOWSKA Małgosia	18	GNIEZNO	Kobiety	7	00:00:04	00:02:15	00:10:12	00:18:49	00:27:29.05	00:27:33.50	+00:10:43 (39.0%)	5:29	10.9 (60.9%)
58	UCIŃSKI Edward	83	TKKF 'INSTALATOR - PELIKAN' SZUBIN	M70	2	00:00:04	00:02:03	00:10:09	00:18:52	00:27:33.65	00:27:37.75	+00:10:48 (39.2%)	5:30	10.9 (60.9%)
59	PINCZEWSKA-WIKTOR Małgorzata	60		K40	5	00:00:02	00:02:17	00:10:47	00:19:18	00:27:57.20	00:28:00.15	+00:11:11 (40.1%)	5:35	10.7 (59.8%)

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60	BEDNAREK Grażyna	78	RUN PASJA	K40	6	00:00:10	00:02:38	00:11:17	00:20:04	00:28:59.95	00:29:10.25	+00:12:14 (42.2%)	5:48	10.3 (57.5%)
61	MUSZYŃSKA Izabela	48		K50	3	00:00:05	00:02:29	00:10:56	00:19:56	00:29:01.50	00:29:07.45	+00:12:16 (42.3%)	5:48	10.3 (57.5%)
62	SŁOMSKA Monika	67		Kobiety	8	00:00:07	00:02:33	00:11:29	00:20:23	00:29:11.90	00:29:19.15	+00:12:26 (42.6%)	5:50	10.3 (57.5%)
62	NOWICKA Tatiana	49		K40	7	00:00:07	00:02:35	00:11:29	00:20:23	00:29:11.90	00:29:18.95	+00:12:26 (42.6%)	5:50	10.3 (57.5%)
64	CHUDECKA Beata	9	POZA KLUBEM	K40	8	00:00:06	00:02:36	00:11:30	00:20:24	00:29:12.65	00:29:19.30	+00:12:27 (42.6%)	5:50	10.3 (57.5%)
65	OKRĘGLICKI Antoni	15	RUN PASJA	M70	3	00:00:05	00:02:12	00:10:50	00:20:09	00:29:22.35	00:29:28.00	+00:12:36 (43.0%)	5:52	10.2 (57.0%)
66	GOLA Grzegorz	16	MARKOWO	M40	13	00:00:09	00:02:33	00:11:34	00:21:03	00:30:31.05	00:30:40.05	+00:13:45 (45.1%)	6:06	9.8 (54.7%)
67	KATLEWSKI Marcin	92		Mężczyźni	25	00:00:03	00:02:19	00:11:02	00:20:52	00:31:07.45	00:31:10.50	+00:14:22 (46.2%)	6:13	9.6 (53.6%)
68	KATLEWSKA Marika	93		Kobiety	9	00:00:03	00:02:19	00:11:02	00:20:52	00:31:07.50	00:31:10.55	+00:14:22 (46.2%)	6:13	9.6 (53.6%)
69	KRZYSZTYNIAK Kacper	32	ŁUBU DUBU	Mężczyźni	26	00:00:05	00:02:07	00:11:01	00:21:37	00:32:09.10	00:32:14.75	+00:15:23 (47.9%)	6:25	9.3 (52.0%)
70	SOBIERAJ Magdalena	70	KLUB	K40	9	00:00:09	00:02:33	00:11:48	00:22:01	00:32:15.00	00:32:24.35	+00:15:29 (48.0%)	6:27	9.3 (52.0%)
71	JEGIERSKA Anna	21	KLUB	Kobiety	10	00:00:08	00:02:34	00:11:50	00:22:02	00:32:15.60	00:32:24.35	+00:15:30 (48.1%)	6:27	9.3 (52.0%)
72	WRUK Justyna	86		K40	10	00:00:06	00:02:37	00:12:44	00:23:21	00:33:45.05	00:33:51.45	+00:16:59 (50.4%)	6:45	8.9 (49.7%)
73	SPICA Sandra	72	ZSCKP-GRUBNO	Kobiety	11	00:00:08	00:02:44	00:12:48	00:23:34	00:33:45.90	00:33:54.30	+00:17:00 (50.4%)	6:45	8.9 (49.7%)
74	KRZYSZTYNIAK Ilona	33	ŁUBU DUBU	K40	11	00:00:05	00:02:36	00:12:26	00:23:09	00:33:46.45	00:33:51.60	+00:17:01 (50.4%)	6:45	8.9 (49.7%)
75	GERLICKA Klaudia	13	ZSCKP-GRUBNO	Kobiety	12	00:00:08	00:02:44	00:12:48	00:23:34	00:33:48.20	00:33:56.45	+00:17:02 (50.4%)	6:45	8.9 (49.7%)
76	TOBOLSKA Grażyna	76	AKADEMIA BIEGANIA GRUDZIĄDZ	K60	2	00:00:08	00:02:43	00:12:57	00:23:39	00:34:19.75	00:34:28.45	+00:17:34 (51.2%)	6:52	8.7 (48.6%)
77	KRZYŻELEWSKA-GRINBERG Anna	35	ŁUBU DUBU	K40	12	00:00:05	00:02:36	00:12:41	00:23:32	00:34:32.00	00:34:37.45	+00:17:46 (51.5%)	6:54	8.7 (48.6%)
78	KISZKA Justyna	28	RUN PASJA	Kobiety	13	00:00:09	00:02:45	00:13:55	00:25:52	00:36:18.95	00:36:28.55	+00:19:33 (53.9%)	7:15	8.3 (46.4%)

Znaleziono 78 wynik(ów)