



# 48 OGÓLNOPOLSKIE BIEGI ULICZNE - 5000M - BIEG OTWARTY 1999 I STARSI / WSPÓLNY KOBIETY I MĘŻCZYŹNI

B4SPORT

**Wydarzenie:** 48 Ogólnopolskie Biegi Uliczne  
**Organizator:** MLKS Nadwiślanin Chełmno  
**Data:** 2019-04-07  
**Miejsce:** Chełmno  
**Dystans:** 5 km

**B4SPORT**  
INTELIĞENTNE ZAWODY SPORTOWE

Klasyfikacja: Mężczyźni

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Start_All 0.47km	Start_All 1.98km	Start_All 3.49km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	JANKOWSKI Karol	91	UKS CZAPLA BIAŁE BŁOTA	Mężczyźni	1	00:00:01	00:01:28	00:06:30	00:11:41	00:16:45.40	00:16:46.90		3:21	17.9 (100%)
2	KUŁAKOWSKI Krzysztof	36	RUN PASJA	Mężczyźni	2	00:00:02	00:01:29	00:06:44	00:12:17	00:17:53.80	00:17:55.80	+00:01:08 (6.4%)	3:34	16.8 (93.9%)
3	LEŚNIK Adam	38	LECHU NA SPORTOWO	Mężczyźni	3	00:00:01	00:01:29	00:06:48	00:12:55	00:18:49.85	00:18:51.20	+00:02:04 (11.0%)	3:46	15.9 (88.8%)
4	ZIELINSKI Dominik	87	WDA	Mężczyźni	4	00:00:03	00:01:39	00:07:35	00:13:26	00:19:13.85	00:19:17.40	+00:02:28 (12.9%)	3:50	15.6 (87.2%)
5	MISIASZEK Marek	44		Mężczyźni	5	00:00:03	00:01:40	00:07:29	00:13:30	00:19:16.40	00:19:20.35	+00:02:31 (13.1%)	3:51	15.6 (87.2%)
6	SOBCZAK Marcin	69	TRISPACE	M40	1	00:00:01	00:01:35	00:07:27	00:13:28	00:19:33.00	00:19:34.50	+00:02:47 (14.3%)	3:54	15.3 (85.5%)
7	KORZEC Bartosz	30	69 SPOKES	Mężczyźni	6	00:00:04	00:01:40	00:07:30	00:13:35	00:19:34.35	00:19:39.10	+00:02:48 (14.4%)	3:55	15.3 (85.5%)
8	MOTOFA Marcin	47		Mężczyźni	7	00:00:04	00:01:40	00:07:30	00:13:34	00:19:42.10	00:19:47.05	+00:02:56 (14.9%)	3:56	15.2 (84.9%)
9	OLSZEWSKI Rafał	55	TG SOKÓŁ GNIEWKOWO	Mężczyźni	8	00:00:03	00:01:42	00:07:40	00:13:47	00:19:42.15	00:19:45.85	+00:02:56 (15.0%)	3:56	15.2 (84.9%)
10	WISZOWATY Marcin	84		Mężczyźni	9	00:00:03	00:01:39	00:07:39	00:13:44	00:19:45.55	00:19:49.20	+00:03:00 (15.2%)	3:57	15.2 (84.9%)
11	SOBCZAK Robert	68	TKKF 'INSTALATOR - PELIKAN' SZUBIN	M40	2	00:00:03	00:01:34	00:07:29	00:13:44	00:19:59.65	00:20:02.85	+00:03:14 (16.2%)	3:59	15 (83.8%)
12	KĄTOWSKI Tadeusz	25		M50	1	00:00:02	00:01:43	00:07:47	00:14:01	00:20:10.70	00:20:13.35	+00:03:25 (17.0%)	4:02	14.9 (83.2%)
13	JUREK Piotr	24	BBL SZUBIN	M50	2	00:00:02	00:01:42	00:07:47	00:14:00	00:20:13.75	00:20:16.15	+00:03:28 (17.2%)	4:02	14.8 (82.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Start All 0.47km	Start All 1.98km	Start All 3.49km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
14	<b>PANASIUK Jarosław</b>	<b>22</b>		M40	3	00:00:06	00:01:49	00:08:15	00:14:39	<b>00:20:46.90</b>	<b>00:20:52.95</b>	+00:04:01 (19.4%)	4:09	14.4 (80.4%)
15	<b>MARCHLEWSKI Kamil</b>	<b>90</b>		Mężczyźni	10	00:00:02	00:01:41	00:07:58	00:14:28	<b>00:20:47.60</b>	<b>00:20:50.50</b>	+00:04:02 (19.4%)	4:09	14.4 (80.4%)
16	<b>ROSZAK Zbigniew</b>	<b>63</b>	GNIEWKOWO	Mężczyźni	11	00:00:04	00:01:37	00:07:53	00:14:23	<b>00:20:57.65</b>	<b>00:21:01.75</b>	+00:04:12 (20.1%)	4:11	14.3 (79.9%)
17	<b>SKRZECZEWSKI Paweł</b>	<b>66</b>	ZSCKP-GRUBNO	Mężczyźni	12	00:00:01	00:01:39	00:08:33	00:15:14	<b>00:21:10.85</b>	<b>00:21:12.30</b>	+00:04:25 (20.9%)	4:14	14.2 (79.3%)
18	<b>LASKOWSKI Daniel</b>	<b>37</b>	RUN PASJA	M40	4	00:00:03	00:01:45	00:08:09	00:14:45	<b>00:21:18.45</b>	<b>00:21:22.10</b>	+00:04:33 (21.4%)	4:15	14.1 (78.8%)
19	<b>PAWŁOWSKI Mateusz</b>	<b>58</b>	AZS UTP W BYDGOSZCZY	Mężczyźni	13	00:00:03	00:01:50	00:08:19	00:15:10	<b>00:21:52.65</b>	<b>00:21:56.15</b>	+00:05:07 (23.4%)	4:22	13.7 (76.5%)
20	<b>BŁASZCZYK Jan</b>	<b>5</b>	AZS UTP W BYDGOSZCZY	Mężczyźni	14	00:00:03	00:01:50	00:08:19	00:15:10	<b>00:22:02.45</b>	<b>00:22:06.15</b>	+00:05:17 (24.0%)	4:24	13.6 (76.0%)
21	<b>AUTRIEB Maciej</b>	<b>2</b>	POZA KLUBEM	Mężczyźni	15	00:00:02	00:01:36	00:08:08	00:15:19	<b>00:22:13.20</b>	<b>00:22:15.20</b>	+00:05:27 (24.6%)	4:26	13.5 (75.4%)
22	<b>ZIÓLKOWSKI Mieczysław</b>	<b>88</b>	DECATHLON TEAM INOWROCŁAW	M50	3	00:00:04	00:01:49	00:08:38	00:15:37	<b>00:22:16.20</b>	<b>00:22:20.50</b>	+00:05:30 (24.8%)	4:27	13.5 (75.4%)
23	<b>STRYZEWSKI Tomasz</b>	<b>73</b>		M40	5	00:00:07	00:01:56	00:08:39	00:15:43	<b>00:22:25.20</b>	<b>00:22:32.70</b>	+00:05:39 (25.3%)	4:29	13.4 (74.9%)
24	<b>RAKOWSKI Wojtek</b>	<b>62</b>	RUN PASJA	Mężczyźni	16	00:00:04	00:01:54	00:08:42	00:15:46	<b>00:22:27.50</b>	<b>00:22:31.65</b>	+00:05:42 (25.4%)	4:29	13.4 (74.9%)
25	<b>CHUDECKI Robert</b>	<b>71</b>		M40	6	00:00:04	00:01:51	00:08:36	00:15:43	<b>00:22:37.40</b>	<b>00:22:41.95</b>	+00:05:52 (25.9%)	4:31	13.3 (74.3%)
26	<b>TOMCZAK Bartosz</b>	<b>82</b>		Mężczyźni	17	00:00:07	00:02:00	00:08:57	00:16:07	<b>00:23:02.45</b>	<b>00:23:10.00</b>	+00:06:17 (27.3%)	4:36	13 (72.6%)
27	<b>OKOŃSKI Michał</b>	<b>51</b>	CHEŁMIŃSKI KLUB KYOKUSHIN KARATE	M50	4	00:00:01	00:01:48	00:08:34	00:15:57	<b>00:23:16.25</b>	<b>00:23:18.10</b>	+00:06:30 (28.0%)	4:39	12.9 (72.1%)
28	<b>GOSIEWSKI Radosław</b>	<b>17</b>	ZSCKP-GRUBNO	Mężczyźni	18	00:00:01	00:01:33	00:08:33	00:16:05	<b>00:23:26.20</b>	<b>00:23:27.85</b>	+00:06:40 (28.5%)	4:41	12.8 (71.5%)
29	<b>ALEKSANDROWICZ Tomasz</b>	<b>1</b>	69 SPOKES	Mężczyźni	19	00:00:07	00:01:56	00:09:00	00:16:27	<b>00:23:44.40</b>	<b>00:23:51.45</b>	+00:06:59 (29.4%)	4:44	12.6 (70.4%)
30	<b>SEKULSKI Dariusz</b>	<b>64</b>	GNIEZNO	M40	7	00:00:04	00:02:02	00:09:18	00:16:35	<b>00:23:46.05</b>	<b>00:23:50.55</b>	+00:07:00 (29.5%)	4:45	12.6 (70.4%)
31	<b>TOBOLSKI Marek</b>	<b>80</b>	FLORIAN OCHRONA PRZECIWPOŻAROWA	M40	8	00:00:07	00:01:57	00:09:04	00:16:20	<b>00:23:54.55</b>	<b>00:24:02.15</b>	+00:07:09 (29.9%)	4:47	12.5 (69.8%)
32	<b>MOKOS Tomasz</b>	<b>45</b>	INOWROCŁAW BIEGA	Mężczyźni	20	00:00:07	00:02:00	00:09:09	00:16:36	<b>00:23:59.25</b>	<b>00:24:06.30</b>	+00:07:13 (30.1%)	4:47	12.5 (69.8%)
33	<b>KĘDZIORSKI Marek</b>	<b>27</b>		M50	5	00:00:02	00:01:58	00:09:13	00:16:41	<b>00:24:03.10</b>	<b>00:24:05.75</b>	+00:07:17 (30.3%)	4:48	12.5 (69.8%)
34	<b>MALLEK Patryk</b>	<b>42</b>	ZSCKP-GRUBNO	Mężczyźni	21	00:00:01	00:01:31	00:08:27	00:17:02	<b>00:24:16.00</b>	<b>00:24:17.55</b>	+00:07:30 (30.9%)	4:51	12.4 (69.3%)
35	<b>JARUSZEWSKI Krzysztof</b>	<b>20</b>	TORUŃSKI KLUB KARATE KYOKUSHIN	M40	9	00:00:07	00:02:06	00:09:26	00:16:56	<b>00:24:22.80</b>	<b>00:24:30.70</b>	+00:07:37 (31.3%)	4:52	12.3 (68.7%)
36	<b>JEGIEWSKI Dariusz</b>	<b>94</b>		M40	10	00:00:08	00:02:09	00:09:25	00:16:58	<b>00:24:26.55</b>	<b>00:24:34.85</b>	+00:07:41 (31.4%)	4:53	12.3 (68.7%)

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37	<b>KRZYSZTYNIAK Tomasz</b>	<b>34</b>	ŁUBU DUBU	M50	6	00:00:05	00:02:05	00:09:28	00:17:04	<b>00:24:52.65</b>	<b>00:24:57.75</b>	+00:08:07 (32.6%)	4:58	12.1 (67.6%)
38	<b>DOBEK Rafał</b>	<b>12</b>		Mężczyźni	22	00:00:06	00:02:07	00:09:46	00:17:38	<b>00:25:06.65</b>	<b>00:25:12.90</b>	+00:08:21 (33.3%)	5:01	12 (67.0%)
39	<b>BULIŃSKI Mateusz</b>	<b>50</b>	7 BRYGADA OBRONY WYBRZEŻA W SŁUPSKU	Mężczyźni	23	00:00:07	00:02:10	00:09:43	00:17:39	<b>00:25:32.00</b>	<b>00:25:39.90</b>	+00:08:46 (34.4%)	5:06	11.7 (65.4%)
40	<b>GŁADYSZ Krzysztof</b>	<b>14</b>	GŁADZIORKI	M40	11	00:00:05	00:02:06	00:09:41	00:17:40	<b>00:25:55.10</b>	<b>00:26:01.05</b>	+00:09:09 (35.3%)	5:11	11.6 (64.8%)
41	<b>DŁONIAK Edmund</b>	<b>11</b>	TG SOKÓŁ GNIEWKOWO	M70	1	00:00:06	00:02:09	00:10:09	00:18:30	<b>00:26:38.80</b>	<b>00:26:45.65</b>	+00:09:53 (37.1%)	5:19	11.3 (63.1%)
42	<b>BEDNARZ Paweł</b>	<b>4</b>	ZSCKP-GRUBNO	Mężczyźni	24	00:00:01	00:01:56	00:10:06	00:18:33	<b>00:26:42.15</b>	<b>00:26:43.95</b>	+00:09:56 (37.2%)	5:20	11.2 (62.6%)
43	<b>MACIEJEWSKI Maciej</b>	<b>41</b>	KCYNIA	M40	12	00:00:06	00:02:12	00:10:09	00:18:29	<b>00:26:49.25</b>	<b>00:26:55.65</b>	+00:10:03 (37.5%)	5:21	11.2 (62.6%)
44	<b>UCIŃSKI Edward</b>	<b>83</b>	TKKF 'INSTALATOR - PELIKAN' SZUBIN	M70	2	00:00:04	00:02:03	00:10:09	00:18:52	<b>00:27:33.65</b>	<b>00:27:37.75</b>	+00:10:48 (39.2%)	5:30	10.9 (60.9%)
45	<b>OKRĘGLICKI Antoni</b>	<b>15</b>	RUN PASJA	M70	3	00:00:05	00:02:12	00:10:50	00:20:09	<b>00:29:22.35</b>	<b>00:29:28.00</b>	+00:12:36 (43.0%)	5:52	10.2 (57.0%)
46	<b>GOLA Grzegorz</b>	<b>16</b>	MARKOWO	M40	13	00:00:09	00:02:33	00:11:34	00:21:03	<b>00:30:31.05</b>	<b>00:30:40.05</b>	+00:13:45 (45.1%)	6:06	9.8 (54.7%)
47	<b>KATLEWSKI Marcin</b>	<b>92</b>		Mężczyźni	25	00:00:03	00:02:19	00:11:02	00:20:52	<b>00:31:07.45</b>	<b>00:31:10.50</b>	+00:14:22 (46.2%)	6:13	9.6 (53.6%)
48	<b>KRZYSZTYNIAK Kacper</b>	<b>32</b>	ŁUBU DUBU	Mężczyźni	26	00:00:05	00:02:07	00:11:01	00:21:37	<b>00:32:09.10</b>	<b>00:32:14.75</b>	+00:15:23 (47.9%)	6:25	9.3 (52.0%)

Znaleziono 48 wynik(ów)