

# 5 BIAŁOGARDZKI BIEG SZLAKIEM GRYFA - 5 KM

B4SPORT  
INTELEGENNE ZAWODY SPORTOWE

**Wydarzenie:**  
**Organizator:**  
**Data:**  
**Miejsce:**  
**Dystans:**

5 BIAŁOGARDZKI BIEG SZLAKIEM GRYFA  
Białogardzkie Stowarzyszenie Aktywności Sportowej  
2024-04-14  
Białogard  
5 km



Klasyfikacja: Fala I

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Fala	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	<b>OLEJARZ Damian</b>	<b>101</b>	POL-BUD POLICE	M-Open	3	FALA I	<b>00:38:31.55</b>		7:42	7.8 (100%)
2	<b>KOZIEŁ Sebastian</b>	<b>66</b>	FIGA TEAM	M-Open	4	FALA I	<b>00:39:50.10</b>	+00:01:18 (3.3%)	7:58	7.5 (96.2%)
3	<b>OWCZARZ Marcin</b>	<b>102</b>	FIGA TEAM	M-Open	6	FALA I	<b>00:41:17.10</b>	+00:02:45 (6.7%)	8:15	7.3 (93.6%)
4	<b>STRZELECKI Grzegorz</b>	<b>142</b>	FIGA TEAM	M-Open	7	FALA I	<b>00:41:24.10</b>	+00:02:52 (6.9%)	8:16	7.2 (92.3%)
5	<b>PARADZIŃSKI Dawid</b>	<b>105</b>	OCR NOWOGARD	M-Open	9	FALA I	<b>00:42:02.05</b>	+00:03:30 (8.3%)	8:24	7.1 (91.0%)
6	<b>JUSZCZAK Jarosław</b>	<b>51</b>	BRAK	M-Open	12	FALA I	<b>00:42:43.60</b>	+00:04:12 (9.8%)	8:32	7 (89.7%)
7	<b>MLECZKO Mariusz</b>	<b>95</b>	MARITIM	M-Open	16	FALA I	<b>00:45:52.15</b>	+00:07:20 (16.0%)	9:10	6.5 (83.3%)
8	<b>DORYWALSKI Artur</b>	<b>26</b>	FIGA TEAM	M-Open	17	FALA I	<b>00:46:32.65</b>	+00:08:01 (17.2%)	9:18	6.4 (82.1%)
9	<b>SZYPULSKI Michał</b>	<b>146</b>	FIGA TEAM	M-Open	18	FALA I	<b>00:46:42.65</b>	+00:08:11 (17.5%)	9:20	6.4 (82.1%)
10	<b>GÓRSKI Jacek</b>	<b>40</b>	N	M-Open	19	FALA I	<b>00:47:19.15</b>	+00:08:47 (18.6%)	9:27	6.3 (80.8%)
11	<b>TOMCZAK Łukasz</b>	<b>6</b>	FIGA TEAM	M-Open	20	FALA I	<b>00:47:38.95</b>	+00:09:07 (19.1%)	9:31	6.3 (80.8%)
12	<b>CYBULSKI Grzegorz</b>	<b>19</b>	NK&JG	M-Open	27	FALA I	<b>00:54:43.90</b>	+00:16:12 (29.6%)	10:56	5.5 (70.5%)
13	<b>DYWELSKI Marcin</b>	<b>29</b>	WOLF TEAM	M-Open	29	FALA I	<b>00:55:45.55</b>	+00:17:14 (30.9%)	11:09	5.4 (69.2%)
14	<b>BRYNKIEWICZ Anna</b>	<b>198</b>		K-Open	18	FALA I	<b>01:01:59.55</b>	+00:23:28 (37.9%)	12:23	4.8 (61.5%)
15	<b>RADZIMSKI Marcel</b>	<b>119</b>	RADZIMSCY.PL	M-Open	38	FALA I	<b>01:05:21.55</b>	+00:26:50 (41.1%)	13:04	4.6 (59.0%)
16	<b>PILARCZYK Mirosław</b>	<b>110</b>	NOREW KOWALKI	M-Open	39	FALA I	<b>01:06:48.55</b>	+00:28:17 (42.3%)	13:21	4.5 (57.7%)
17	<b>MOLENDĄ Emil</b>	<b>96</b>	NK&JG	M-Open	42	FALA I	<b>01:07:58.90</b>	+00:29:27 (43.3%)	13:35	4.4 (56.4%)
18	<b>MAKSYMIOK Natalia</b>	<b>85</b>	NK&JG	K-Open	37	FALA I	<b>01:08:04.40</b>	+00:29:32 (43.4%)	13:36	4.4 (56.4%)
19	<b>WERNER Justyna</b>	<b>156</b>	NK&JG	K-Open	38	FALA I	<b>01:08:05.00</b>	+00:29:33 (43.4%)	13:37	4.4 (56.4%)
20	<b>MAKSYMIOK Karol</b>	<b>84</b>	NK&JG	M-Open	43	FALA I	<b>01:08:06.75</b>	+00:29:35 (43.4%)	13:37	4.4 (56.4%)
21	<b>BURY Emilia</b>	<b>15</b>	.	K-Open	41	FALA I	<b>01:09:05.90</b>	+00:30:34 (44.2%)	13:49	4.3 (55.1%)
22	<b>DU CZYŃSKI Tomasz</b>	<b>27</b>	SZUWARKI	M-Open	45	FALA I	<b>01:11:35.45</b>	+00:33:03 (46.2%)	14:19	4.2 (53.8%)
23	<b>HEBDA Milena</b>	<b>44</b>	SZUWARKI	K-Open	45	FALA I	<b>01:11:38.00</b>	+00:33:06 (46.2%)	14:19	4.2 (53.8%)
24	<b>ŻEBRYK Joanna</b>	<b>171</b>	SZUWARKI	K-Open	46	FALA I	<b>01:11:42.25</b>	+00:33:10 (46.3%)	14:20	4.2 (53.8%)
25	<b>KUCHARCZYK Elżbieta</b>	<b>73</b>	RUNGRYF	K-Open	47	FALA I	<b>01:12:00.25</b>	+00:33:28 (46.5%)	14:24	4.2 (53.8%)
26	<b>KUCHARCZYK Robert</b>	<b>72</b>	RUNGRYF	M-Open	46	FALA I	<b>01:12:00.75</b>	+00:33:29 (46.5%)	14:24	4.2 (53.8%)

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27	<b>SOBIERAJSKA Karolina</b>	<b>137</b>	KSIĘGOWE TWOJEGO KOLEGI	K-Open	48	FALA I	<b>01:12:30.75</b>	+00:33:59 (46.9%)	14:30	4.1 (52.6%)
28	<b>WIDAWSKA Paulina</b>	<b>157</b>	KSIĘGOWE TWOJEGO KOLEGI	K-Open	49	FALA I	<b>01:12:31.55</b>	+00:34:00 (46.9%)	14:30	4.1 (52.6%)
29	<b>KASPRZAK Małgorzata</b>	<b>58</b>	: -)	K-Open	50	FALA I	<b>01:12:43.50</b>	+00:34:11 (47.0%)	14:32	4.1 (52.6%)
30	<b>GRUSZEWSKA Edyta</b>	<b>42</b>	:)	K-Open	51	FALA I	<b>01:12:43.70</b>	+00:34:12 (47.0%)	14:32	4.1 (52.6%)
31	<b>WALKOWIAK Daria</b>	<b>155</b>	SG	K-Open	62	FALA I	<b>01:16:58.15</b>	+00:38:26 (49.9%)	15:23	3.9 (50.0%)
32	<b>SEEWALD Agnieszka</b>	<b>133</b>	ZAKWAS	K-Open	63	FALA I	<b>01:16:58.55</b>	+00:38:27 (50.0%)	15:23	3.9 (50.0%)
33	<b>MEDZINSKI Emil</b>	<b>91</b>	.	M-Open	52	FALA I	<b>01:18:55.10</b>	+00:40:23 (51.2%)	15:47	3.8 (48.7%)
34	<b>DŁUTEK Katarzyna</b>	<b>25</b>	.	K-Open	66	FALA I	<b>01:20:57.55</b>	+00:42:26 (52.4%)	16:11	3.7 (47.4%)
35	<b>JABŁOŃSKA Dorota</b>	<b>46</b>	.	K-Open	67	FALA I	<b>01:20:57.80</b>	+00:42:26 (52.4%)	16:11	3.7 (47.4%)
36	<b>KRZEPICKA Iлона</b>	<b>70</b>	BIAŁOGARD	K-Open	68	FALA I	<b>01:22:21.25</b>	+00:43:49 (53.2%)	16:28	3.6 (46.2%)

Znaleziono 36 wynik(ów)