

# 5 BIAŁOGARDZKI BIEG SZLAKIEM GRYFA - 5 KM

B4SPORT  
INTELIGENTNE ZAWODY SPORTOWE

**Wydarzenie:**  
**Organizator:**  
**Data:**  
**Miejsce:**  
**Dystans:**

5 BIAŁOGARDZKI BIEG SZLAKIEM GRYFA  
Białogardzkie Stowarzyszenie Aktywności Sportowej  
2024-04-14  
Białogard  
5 km



Klasyfikacja: Fala III

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Fala	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	<b>MAKUCH Krzysztof</b>	<b>86</b>	EL TORO DE ORO	M-Open	1	FALA III	<b>00:36:12.85</b>		7:14	8.3 (100%)
2	<b>CHMIELEWSKI Tomasz</b>	<b>17</b>	VO2 MAX RACING TEAM	M-Open	5	FALA III	<b>00:39:59.20</b>	+00:03:46 (9.4%)	7:59	7.5 (90.4%)
3	<b>RODZOŚ Nikodem</b>	<b>121</b>	□	M-Open	8	FALA III	<b>00:41:32.70</b>	+00:05:19 (12.8%)	8:18	7.2 (86.7%)
4	<b>KAPKOWSKI Paweł</b>	<b>55</b>	EL TORO DE ORO	M-Open	10	FALA III	<b>00:42:13.15</b>	+00:06:00 (14.2%)	8:26	7.1 (85.5%)
5	<b>BRZEZIŃSKI Krystian</b>	<b>154</b>	TEAM DIABLO	M-Open	13	FALA III	<b>00:42:59.35</b>	+00:06:46 (15.8%)	8:35	7 (84.3%)
6	<b>WITKIEWICZ Magda</b>	<b>162</b>	KB	K-Open	4	FALA III	<b>00:49:36.55</b>	+00:13:23 (27.0%)	9:55	6 (72.3%)
7	<b>RUDZIŃSKI Maciek</b>	<b>126</b>	RĄBINO	M-Open	22	FALA III	<b>00:49:38.55</b>	+00:13:25 (27.1%)	9:55	6 (72.3%)
8	<b>SPYCHALSKI Przemysław</b>	<b>139</b>	TEAM DIABLO	M-Open	23	FALA III	<b>00:50:11.05</b>	+00:13:58 (27.8%)	10:02	6 (72.3%)
9	<b>SIELATYCKA Olga</b>	<b>134</b>	EL TORO DE ORO	K-Open	5	FALA III	<b>00:50:20.60</b>	+00:14:07 (28.1%)	10:04	6 (72.3%)
10	<b>FEDOROWIAT-NOWACKA Małgorzata</b>	<b>30</b>	EL TORO DE ORO	K-Open	6	FALA III	<b>00:50:20.90</b>	+00:14:08 (28.1%)	10:04	6 (72.3%)
11	<b>ANTONIAK Krzysztof</b>	<b>7</b>	EL TORO DE ORO	M-Open	24	FALA III	<b>00:50:21.50</b>	+00:14:08 (28.1%)	10:04	6 (72.3%)
12	<b>KŁACZKIEWICZ Alicja</b>	<b>61</b>	WY-BIEGANI SZCZECIN	K-Open	7	FALA III	<b>00:51:27.25</b>	+00:15:14 (29.6%)	10:17	5.8 (69.9%)
13	<b>JAWOROWSKI Krystian</b>	<b>48</b>	:P	M-Open	28	FALA III	<b>00:55:10.95</b>	+00:18:58 (34.4%)	11:02	5.4 (65.1%)
14	<b>MARKOWSKA Iwona</b>	<b>88</b>	TEAM DIABLO	K-Open	10	FALA III	<b>00:55:19.50</b>	+00:19:06 (34.5%)	11:03	5.4 (65.1%)
15	<b>CEGIEŁKA Anna</b>	<b>16</b>	□	K-Open	14	FALA III	<b>00:56:53.30</b>	+00:20:40 (36.3%)	11:22	5.3 (63.9%)
16	<b>KARUT Natalia</b>	<b>56</b>	FAKTOZA	K-Open	16	FALA III	<b>01:00:52.60</b>	+00:24:39 (40.5%)	12:10	4.9 (59.0%)
17	<b>BUJAK Paulina</b>	<b>14</b>	FAKTOZA	K-Open	17	FALA III	<b>01:00:58.35</b>	+00:24:45 (40.6%)	12:11	4.9 (59.0%)
18	<b>KARUT Ernest</b>	<b>57</b>	FAKTOZA	M-Open	33	FALA III	<b>01:01:06.15</b>	+00:24:53 (40.7%)	12:13	4.9 (59.0%)
19	<b>KOPEĆ Dawid</b>	<b>63</b>	FAKTOZA	M-Open	34	FALA III	<b>01:02:13.45</b>	+00:26:00 (41.8%)	12:26	4.8 (57.8%)
20	<b>ŁUKASZEWICZ Alicja</b>	<b>81</b>	TEAM DIABLO	K-Open	20	FALA III	<b>01:04:42.15</b>	+00:28:29 (44.0%)	12:56	4.6 (55.4%)
21	<b>SWOROBOWICZ Magdalena</b>	<b>143</b>	TEAM DIABLO	K-Open	21	FALA III	<b>01:04:44.90</b>	+00:28:32 (44.1%)	12:56	4.6 (55.4%)
22	<b>RÓJ Barbara</b>	<b>122</b>	TEAM DIABLO	K-Open	22	FALA III	<b>01:04:47.25</b>	+00:28:34 (44.1%)	12:57	4.6 (55.4%)
23	<b>ŻUBER Anna</b>	<b>172</b>	TEXAS	K-Open	25	FALA III	<b>01:05:04.05</b>	+00:28:51 (44.3%)	13:00	4.6 (55.4%)
24	<b>PYTLARCZYK Justyna</b>	<b>116</b>	TEXAS	K-Open	26	FALA III	<b>01:05:04.75</b>	+00:28:51 (44.4%)	13:00	4.6 (55.4%)
25	<b>GAŁWA Marek</b>	<b>37</b>	TEXAS	M-Open	36	FALA III	<b>01:05:06.15</b>	+00:28:53 (44.4%)	13:01	4.6 (55.4%)
26	<b>PYTLARCZYK Łukasz</b>	<b>117</b>	TEXAS	M-Open	37	FALA III	<b>01:05:15.50</b>	+00:29:02 (44.5%)	13:03	4.6 (55.4%)

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27	<b>MADAJCZYK Katarzyna</b>	<b>82</b>	BIAŁOGARD	K-Open	29	FALA III	<b>01:06:20.10</b>	+00:30:07 (45.4%)	13:16	4.5 (54.2%)
27	<b>RACZYŃSKA-ZAJĄC Patrycja</b>	<b>118</b>	BIAŁOGARD	K-Open	29	FALA III	<b>01:06:20.10</b>	+00:30:07 (45.4%)	13:16	4.5 (54.2%)
29	<b>DAMIŃSKA Paulina</b>	<b>21</b>	BIAŁOGARD	K-Open	31	FALA III	<b>01:06:20.65</b>	+00:30:07 (45.4%)	13:16	4.5 (54.2%)
30	<b>PIETRZAK Marcin</b>	<b>108</b>	TEAM DIABLO	M-Open	40	FALA III	<b>01:07:03.95</b>	+00:30:51 (46.0%)	13:24	4.5 (54.2%)
31	<b>GABRIEL Piotr</b>	<b>35</b>	TEAM DIABLO	M-Open	41	FALA III	<b>01:07:04.55</b>	+00:30:51 (46.0%)	13:24	4.5 (54.2%)
32	<b>GABRIEL Julia</b>	<b>36</b>	TEAM DIABLO	K-Open	32	FALA III	<b>01:07:05.00</b>	+00:30:52 (46.0%)	13:25	4.5 (54.2%)
33	<b>WÓJCIK Magdalena</b>	<b>165</b>	TEAM DIABLO	K-Open	43	FALA III	<b>01:11:00.70</b>	+00:34:47 (49.0%)	14:12	4.2 (50.6%)
34	<b>KIJEWSKA Małgorzata</b>	<b>59</b>	TEAM DIABLO	K-Open	44	FALA III	<b>01:11:00.90</b>	+00:34:48 (49.0%)	14:12	4.2 (50.6%)
35	<b>MICHNOWSKA Dominika</b>	<b>94</b>	BIAŁOGARD	K-Open	64	FALA III	<b>01:20:40.05</b>	+00:44:27 (55.1%)	16:08	3.7 (44.6%)
36	<b>ŻYŁKA Roksana</b>	<b>176</b>	BIAŁOGARD	K-Open	65	FALA III	<b>01:20:40.30</b>	+00:44:27 (55.1%)	16:08	3.7 (44.6%)

Znaleziono 36 wynik(ów)