



5 MIL – BIEG DZIELNICY WŁOCHY

B4SPORT

Organizator:

Data:

Miejsce:

Dystans:

Urząd Dzielnicy Warszawa – Włochy

2022-11-06

Warszawa

8 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M 20-29 lat

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 8km	Czas brutto 8km	Różn	Tempo min/km	Tempo km/h
1	ŻOCHOWSKI Daniel	386	ŻÓRAWSKI TEAM	M 20-29 lat	1	00:00:01	00:25:15.65	00:25:17.25		3:09	19 (100%)
2	KĄŁDOWSKI Łukasz	129	KAROMET TEAM	M 20-29 lat	2	00:00:02	00:29:08.50	00:29:10.85	+00:03:52 (13.3%)	3:38	16.5 (86.8%)
3	MAMCARZ Bartłomiej	206	LUBELSKIBIEGACZTEAM.PL	M 20-29 lat	3	00:00:02	00:29:34.40	00:29:36.90	+00:04:18 (14.6%)	3:41	16.2 (85.3%)
4	MARCZAK Krzysztof	208	STARE BABICE BIEGAJĄ	M 20-29 lat	4	00:00:03	00:30:20.65	00:30:23.65	+00:05:05 (16.8%)	3:47	15.8 (83.2%)
5	KACZOROWSKI Daniel	591	1BLTR	M 20-29 lat	5	00:00:01	00:31:29.60	00:31:31.50	+00:06:13 (19.8%)	3:56	15.2 (80.0%)
6	KŁYS Mateusz	147		M 20-29 lat	6	00:00:35	00:33:14.70	00:33:49.90	+00:07:59 (24.0%)	4:09	14.4 (75.8%)
7	STOBNIcki Mateusz	312	GABIN BIEGA/ PARKRUN PRUSZKÓW	M 20-29 lat	7	00:00:15	00:33:42.20	00:33:57.40	+00:08:26 (25.0%)	4:12	14.2 (74.7%)
8	WOJEWÓDZKI Marcin	364	WOJEWÓDZCY TEAM	M 20-29 lat	8	00:00:27	00:34:13.70	00:34:41.60	+00:08:58 (26.2%)	4:16	14 (73.7%)
9	BIERNAT Dawid	24		M 20-29 lat	9	00:00:19	00:35:17.55	00:35:37.35	+00:10:01 (28.4%)	4:24	13.6 (71.6%)
10	NAWROCKI Piotr	230		M 20-29 lat	10	00:00:11	00:35:40.20	00:35:52.10	+00:10:24 (29.2%)	4:27	13.5 (71.1%)
11	MARTSENIUK Volodymyr	212		M 20-29 lat	11	00:00:11	00:35:40.65	00:35:52.20	+00:10:25 (29.2%)	4:27	13.5 (71.1%)
12	SKOCZYPIEC Antoni	413		M 20-29 lat	12	00:00:17	00:36:12.15	00:36:29.50	+00:10:56 (30.2%)	4:31	13.3 (70.0%)
13	OSTROWSKI Krzysztof	246		M 20-29 lat	13	00:00:06	00:36:59.10	00:37:05.55	+00:11:43 (31.7%)	4:37	13 (68.4%)
14	SZEWCZUK Szymon	583		M 20-29 lat	14	00:00:35	00:37:59.05	00:38:34.35	+00:12:43 (33.5%)	4:44	12.6 (66.3%)
15	CLAJOT Fabian	47	FC GRABOWA	M 20-29 lat	15	00:00:23	00:38:04.75	00:38:28.05	+00:12:49 (33.7%)	4:45	12.6 (66.3%)
16	PIETRUSZEWSKI Krystian	262		M 20-29 lat	16	00:00:21	00:38:19.40	00:38:40.75	+00:13:03 (34.1%)	4:47	12.5 (65.8%)
17	KUBISA Michał	176		M 20-29 lat	17	00:00:10	00:38:56.60	00:39:06.80	+00:13:40 (35.1%)	4:52	12.3 (64.7%)
18	PRĘGOWSKI Bartosz	272		M 20-29 lat	18	00:00:12	00:39:13.30	00:39:26.20	+00:13:57 (35.6%)	4:54	12.2 (64.2%)
19	ŚWIĘTOCHOWSKI Jarosław	336	BESTIE OCR LEGIONOWO	M 20-29 lat	19	00:00:11	00:39:16.00	00:39:27.40	+00:14:00 (35.7%)	4:54	12.2 (64.2%)
20	SZCZEPAŃSKI Adam	319		M 20-29 lat	20	00:00:21	00:39:25.10	00:39:46.10	+00:14:09 (35.9%)	4:55	12.2 (64.2%)
21	ŁYSIAK Mateusz	197		M 20-29 lat	21	00:00:12	00:39:45.30	00:39:57.90	+00:14:29 (36.5%)	4:58	12.1 (63.7%)
22	WRÓBLEWSKI Kacper	369		M 20-29 lat	22	00:00:43	00:40:27.70	00:41:10.75	+00:15:12 (37.6%)	5:03	11.9 (62.6%)
23	HOROŚ Łukasz	108		M 20-29 lat	23	00:00:22	00:40:40.45	00:41:03.30	+00:15:24 (37.9%)	5:05	11.8 (62.1%)
24	SIEMBAB Paweł	294		M 20-29 lat	24	00:00:40	00:40:51.25	00:41:31.55	+00:15:35 (38.2%)	5:06	11.8 (62.1%)
25	KACZMARSKI Mateusz	447		M 20-29 lat	25	00:00:39	00:41:16.90	00:41:56.70	+00:16:01 (38.8%)	5:09	11.6 (61.1%)
26	SADOWY Emilian	290	SADOWY	M 20-29 lat	26	00:00:16	00:41:59.05	00:42:15.95	+00:16:43 (39.8%)	5:14	11.4 (60.0%)
27	ZIELINSKI Filip	380	PRZEGLĄD SPORTOWY	M 20-29 lat	27	00:00:14	00:43:15.65	00:43:30.25	+00:18:00 (41.6%)	5:24	11.1 (58.4%)

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28	BUJALSKI Konrad	34		M 20-29 lat	28	00:00:19	00:47:01.35	00:47:20.85	+00:21:45 (46.3%)	5:52	10.2 (53.7%)
29	MAŁYSA Michał	205	PGR MYSŁAKI	M 20-29 lat	29	00:00:43	00:47:45.65	00:48:29.20	+00:22:30 (47.1%)	5:58	10.1 (53.2%)
30	CHUDOBINSKI Tomasz	43		M 20-29 lat	30	00:00:19	00:47:47.15	00:48:06.35	+00:22:31 (47.1%)	5:58	10 (52.6%)
31	KURT Ali	182		M 20-29 lat	31	00:00:15	00:47:58.55	00:48:14.35	+00:22:42 (47.3%)	5:59	10 (52.6%)
32	DŁUGOŁĘCKI Jakub	412	KS PRZAŚNIK	M 20-29 lat	32	00:00:36	00:53:36.50	00:54:12.80	+00:28:20 (52.9%)	6:42	9 (47.4%)
33	WYMYSŁOWSKI Dominik	371		M 20-29 lat	33	00:00:30	00:55:02.45	00:55:32.70	+00:29:46 (54.1%)	6:52	8.7 (45.8%)
34	UMOWSKI Paweł Franciszek	350	PYKAM PARKRUNY	M 20-29 lat	34	00:00:18	01:06:45.15	01:07:04.00	+00:41:29 (62.2%)	8:20	7.2 (37.9%)

Znaleziono 34 wynik(ów)