



5 MIL – BIEG DZIELNICY WŁOCHY

B4SPORT

Organizator:

Data:

Miejsce:

Dystans:

Urząd Dzielnicy Warszawa – Włochy

2023-11-05

Warszawa

8 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M 20-29 lat

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 8km	Czas brutto 8km	Różn	Tempo min/km	Tempo km/h
1	ŻOCHOWSKI Daniel	482	ŻÓRAWSKI TEAM	M 20-29 lat	1	00:00:01	00:23:20.55	00:23:22.05		2:55	20.6 (100%)
2	MIKULSKI Tomasz	205	UKS FILIPIDES TERESIN	M 20-29 lat	2	00:00:01	00:24:44.95	00:24:46.75	+00:01:24 (5.7%)	3:05	19.4 (94.2%)
3	UMIASTOWSKI Bartosz	333		M 20-29 lat	3	00:00:07	00:31:26.65	00:31:34.45	+00:08:06 (25.8%)	3:55	15.3 (74.3%)
4	BERNACKI Wiktor	403	DOCHODOWYMARKETING.PL	M 20-29 lat	4	00:00:03	00:31:35.35	00:31:38.80	+00:08:14 (26.1%)	3:56	15.2 (73.8%)
5	KILJAŃCZYK Dominik	127		M 20-29 lat	5	00:00:10	00:31:47.90	00:31:57.95	+00:08:27 (26.6%)	3:58	15.1 (73.3%)
6	ŚLEDŹ Hubert	422		M 20-29 lat	6	00:00:14	00:33:16.65	00:33:30.75	+00:09:56 (29.9%)	4:09	14.4 (69.9%)
7	SKORY Mateusz	286		M 20-29 lat	7	00:00:15	00:33:16.65	00:33:32.00	+00:09:56 (29.9%)	4:09	14.4 (69.9%)
8	SOCHA Karol	294		M 20-29 lat	8	00:00:12	00:33:43.55	00:33:55.55	+00:10:23 (30.8%)	4:12	14.2 (68.9%)
9	BUJALSKI Konrad	39		M 20-29 lat	9	00:00:15	00:34:54.20	00:35:10.05	+00:11:33 (33.1%)	4:21	13.8 (67.0%)
10	ŁUSZCZYKIEWICZ Michał	393	DELOITTE ADVENTURE TEAM	M 20-29 lat	10	00:00:10	00:36:01.05	00:36:12.00	+00:12:40 (35.2%)	4:30	13.3 (64.6%)
11	GROMADZKI Krzysztof	94		M 20-29 lat	11	00:00:19	00:36:14.10	00:36:33.60	+00:12:53 (35.6%)	4:31	13.2 (64.1%)
12	MAKOWSKI Karol	183		M 20-29 lat	12	00:00:09	00:36:50.95	00:37:00.10	+00:13:30 (36.7%)	4:36	13 (63.1%)
13	DUDARYK Paweł	418		M 20-29 lat	13	00:00:28	00:38:29.90	00:38:58.35	+00:15:09 (39.4%)	4:48	12.5 (60.7%)
14	CHMIEL Szymon	45		M 20-29 lat	14	00:00:16	00:38:57.90	00:39:14.35	+00:15:37 (40.1%)	4:52	12.3 (59.7%)
15	BARTOSIEWICZ Kamil	24		M 20-29 lat	15	00:00:36	00:39:29.75	00:40:06.50	+00:16:09 (40.9%)	4:56	12.2 (59.2%)
16	PONDO Wojciech	262		M 20-29 lat	16	00:00:29	00:39:32.55	00:40:01.75	+00:16:12 (41.0%)	4:56	12.1 (58.7%)
17	SZUTKO Michał	315		M 20-29 lat	17	00:00:08	00:40:08.55	00:40:16.75	+00:16:48 (41.9%)	5:01	12 (58.3%)
18	KRASUCKI Michał	152		M 20-29 lat	18	00:00:37	00:41:13.15	00:41:50.45	+00:17:52 (43.4%)	5:09	11.6 (56.3%)
19	KAMIŃSKI Tomasz	495		M 20-29 lat	19	00:00:41	00:41:13.65	00:41:55.35	+00:17:53 (43.4%)	5:09	11.6 (56.3%)
20	PALISZEWSKI Krystian	242		M 20-29 lat	20	00:00:29	00:41:20.15	00:41:49.95	+00:17:59 (43.5%)	5:10	11.6 (56.3%)
21	WALENDZIK Dawid	336	DAMIL RUN	M 20-29 lat	21	00:00:22	00:41:27.80	00:41:50.75	+00:18:07 (43.7%)	5:10	11.6 (56.3%)
22	OZIĘBŁO Michał	385		M 20-29 lat	22	00:00:36	00:41:46.45	00:42:23.10	+00:18:25 (44.1%)	5:13	11.5 (55.8%)
23	BANKOWSKI Jakub	18		M 20-29 lat	23	00:00:20	00:41:57.45	00:42:18.20	+00:18:36 (44.4%)	5:14	11.4 (55.3%)
24	GRĄDZKI Tomasz	90		M 20-29 lat	24	00:00:29	00:42:15.70	00:42:44.70	+00:18:55 (44.8%)	5:16	11.4 (55.3%)
25	SZCZEPAŃSKI Jakub	420		M 20-29 lat	25	00:00:28	00:42:19.25	00:42:47.25	+00:18:58 (44.8%)	5:17	11.3 (54.9%)
26	PODKAŃSKI Kamil	492	WATICAN	M 20-29 lat	26	00:00:25	00:43:16.60	00:43:42.15	+00:19:56 (46.1%)	5:24	11.1 (53.9%)
27	ADAMIEC Karol	390		M 20-29 lat	27	00:00:28	00:43:53.70	00:44:22.10	+00:20:33 (46.8%)	5:29	10.9 (52.9%)

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28	POŁEĆ Jan	259		M 20-29 lat	28	00:00:44	00:44:28.50	00:45:13.40	+00:21:07 (47.5%)	5:33	10.8 (52.4%)
29	BUCZYŃSKI Mateusz	37		M 20-29 lat	29	00:00:37	00:50:58.05	00:51:35.75	+00:27:37 (54.2%)	6:22	9.4 (45.6%)
30	PLACKOWSKI Paweł	255		M 20-29 lat	30	00:00:34	00:54:31.25	00:55:05.85	+00:31:10 (57.2%)	6:48	8.8 (42.7%)

Znaleziono 30 wynik(ów)