



## 5 MIL – BIEG DZIELNICY WŁOCHY

B4SPORT

**Organizator:** Urząd Dzielnicy Warszawa – Włochy  
**Data:** 2023-11-05  
**Miejsce:** Warszawa  
**Dystans:** 8 km

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M 40-49 lat

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 8km	Czas brutto 8km	Różn	Tempo min/km	Tempo km/h
1	ZYCH Mariusz	369	BIEGAJ POD OKIEM TRENERA	M 40-49 lat	1	00:00:01	00:26:11.35	00:26:13.30		3:16	18.3 (100%)
2	KALIŃSKI Przemysław	114	BIEGAJ Z URSUSEM	M 40-49 lat	2	00:00:01	00:26:19.75	00:26:21.25	+00:00:08 (0.5%)	3:17	18.2 (99.5%)
3	SŁOWIŃSKI Marcin	289	DREAM RUN	M 40-49 lat	3	00:00:02	00:27:54.00	00:27:56.40	+00:01:42 (6.1%)	3:29	17.2 (94.0%)
4	MATYSIAK Marcin	191		M 40-49 lat	4	00:00:02	00:28:37.35	00:28:39.75	+00:02:26 (8.5%)	3:34	16.8 (91.8%)
5	CHRAPEK Janusz	503		M 40-49 lat	5	00:00:04	00:29:04.00	00:29:08.75	+00:02:52 (9.9%)	3:38	16.5 (90.2%)
6	FEDOR Martin	11	CIECHANÓW BIKE TEAM	M 40-49 lat	6	00:00:03	00:29:35.75	00:29:38.75	+00:03:24 (11.5%)	3:41	16.2 (88.5%)
7	DRAB Michał	62		M 40-49 lat	7	00:00:02	00:29:37.90	00:29:40.10	+00:03:26 (11.6%)	3:42	16.2 (88.5%)
8	KOWAL Tomasz	147	ROZBIEGANY PIASTÓW	M 40-49 lat	8	00:00:02	00:30:10.85	00:30:13.25	+00:03:59 (13.2%)	3:46	15.9 (86.9%)
9	FELIGA Mariusz	72	ADIDAS	M 40-49 lat	9	00:00:11	00:31:04.55	00:31:15.60	+00:04:53 (15.7%)	3:53	15.5 (84.7%)
10	CIESIELSKI Marcin	50	WARSAW RUN CLUB	M 40-49 lat	10	00:00:03	00:31:05.15	00:31:08.85	+00:04:53 (15.8%)	3:53	15.4 (84.2%)
11	KOWALSKI Jarosław	150	SZTUKA LATANIA	M 40-49 lat	11	00:00:10	00:31:30.95	00:31:41.60	+00:05:19 (16.9%)	3:56	15.2 (83.1%)
12	DUKACZEWSKI Michał	488	ORANGE POLSKA	M 40-49 lat	12	00:00:09	00:31:33.95	00:31:43.10	+00:05:22 (17.0%)	3:56	15.2 (83.1%)
13	SZYMAŃSKI Hubert	318	BWRUNNERS	M 40-49 lat	13	00:00:06	00:31:40.10	00:31:46.65	+00:05:28 (17.3%)	3:57	15.2 (83.1%)
14	MICHNOWSKI Sebastian	200	BIEGAM NA TARCHOMINIE	M 40-49 lat	14	00:00:04	00:32:02.70	00:32:06.75	+00:05:51 (18.3%)	4:00	15 (82.0%)
15	PRUCHNIEWSKI Sławomir	264	WIRTUALNA POLSKA	M 40-49 lat	15	00:00:06	00:32:15.35	00:32:22.15	+00:06:04 (18.8%)	4:01	14.9 (81.4%)
16	BUCZKOWSKI Piotr	36		M 40-49 lat	16	00:00:07	00:32:24.70	00:32:31.75	+00:06:13 (19.2%)	4:03	14.8 (80.9%)
17	MISIAK Michał	209	FOCUS TELECOM	M 40-49 lat	17	00:00:03	00:32:24.90	00:32:28.65	+00:06:13 (19.2%)	4:03	14.8 (80.9%)
18	MACKIEWICZ Wojciech	181	LACKOWA	M 40-49 lat	18	00:00:06	00:32:27.00	00:32:33.05	+00:06:15 (19.3%)	4:03	14.8 (80.9%)
19	SZEWCZYK Jacek	309		M 40-49 lat	19	00:00:05	00:32:32.80	00:32:38.75	+00:06:21 (19.5%)	4:04	14.8 (80.9%)
20	BORKOWSKI Mariusz	32		M 40-49 lat	20	00:00:04	00:32:51.45	00:32:56.30	+00:06:40 (20.3%)	4:06	14.6 (79.8%)
21	LECHAŃSKI Bartosz	166		M 40-49 lat	21	00:00:19	00:32:53.85	00:33:12.85	+00:06:42 (20.4%)	4:06	14.6 (79.8%)
22	ZIELINSKI Krzysztof	365	HIKINGTOURS	M 40-49 lat	22	00:00:08	00:32:58.15	00:33:06.70	+00:06:46 (20.6%)	4:07	14.6 (79.8%)
23	RYBAKOV Evgeny	278		M 40-49 lat	23	00:00:25	00:33:03.00	00:33:28.25	+00:06:51 (20.8%)	4:07	14.5 (79.2%)
24	MAZGAJSKI Michał	194		M 40-49 lat	24	00:00:26	00:33:16.80	00:33:43.15	+00:07:05 (21.3%)	4:09	14.4 (78.7%)
25	BIEGAJ Marcin	387	BIEGAJ Z URSUSEM	M 40-49 lat	25	00:00:13	00:33:21.30	00:33:34.40	+00:07:09 (21.5%)	4:10	14.4 (78.7%)
26	ŻEBROWSKI Dariusz	410		M 40-49 lat	26	00:00:04	00:34:00.05	00:34:04.95	+00:07:48 (23.0%)	4:15	14.1 (77.0%)
27	SKAWSKI Jan	285	VEGAS WĘGORZEWO RUNNING	M 40-49 lat	27	00:00:10	00:34:00.45	00:34:10.60	+00:07:49 (23.0%)	4:15	14.1 (77.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 8km	Czas brutto 8km	Różn	Tempo min/km	Tempo km/h
28	<b>MACHOŃ Paweł</b>	<b>178</b>	GRUPA BIEGOWA UM W-WA	M 40-49 lat	28	00:00:09	<b>00:34:02.90</b>	<b>00:34:12.65</b>	+00:07:51 (23.1%)	4:15	14.1 (77.0%)
29	<b>WOJCIECHOWSKI Krzysiek</b>	<b>444</b>	MAGAZYNBIEGANIE.PL	M 40-49 lat	29	00:00:05	<b>00:34:07.40</b>	<b>00:34:12.45</b>	+00:07:56 (23.3%)	4:15	14.1 (77.0%)
30	<b>CHOJNACKI Mikołaj</b>	<b>380</b>	WARSAW RUN CLUB	M 40-49 lat	30	00:00:13	<b>00:34:12.80</b>	<b>00:34:26.50</b>	+00:08:01 (23.5%)	4:16	14 (76.5%)
31	<b>ŚWINIARSKI Mariusz</b>	<b>324</b>	FITERROR TEAM	M 40-49 lat	31	00:00:11	<b>00:34:36.40</b>	<b>00:34:48.35</b>	+00:08:25 (24.3%)	4:19	13.9 (76.0%)
32	<b>KOTAS Wojciech</b>	<b>145</b>	AEROSPACE RUNNERS	M 40-49 lat	32	00:00:00	<b>00:34:44.75</b>	<b>00:34:44.75</b>	+00:08:33 (24.6%)	4:20	13.8 (75.4%)
33	<b>FIDOR Karol</b>	<b>73</b>		M 40-49 lat	33	00:00:05	<b>00:34:48.10</b>	<b>00:34:53.95</b>	+00:08:36 (24.7%)	4:21	13.8 (75.4%)
34	<b>KOWALSKI Mariusz</b>	<b>394</b>		M 40-49 lat	34	00:00:07	<b>00:34:48.40</b>	<b>00:34:55.90</b>	+00:08:37 (24.8%)	4:21	13.8 (75.4%)
35	<b>GRODECKI Michał</b>	<b>92</b>		M 40-49 lat	35	00:00:18	<b>00:35:20.50</b>	<b>00:35:38.50</b>	+00:09:09 (25.9%)	4:25	13.6 (74.3%)
36	<b>ROGOZINSKI-DZIK Michal</b>	<b>273</b>		M 40-49 lat	36	00:00:39	<b>00:35:21.05</b>	<b>00:36:00.90</b>	+00:09:09 (25.9%)	4:25	13.6 (74.3%)
37	<b>OKUNIEWSKI Grzegorz</b>	<b>372</b>	ALIOR RUNNING TEAM	M 40-49 lat	37	00:00:02	<b>00:35:28.05</b>	<b>00:35:30.90</b>	+00:09:16 (26.2%)	4:26	13.5 (73.8%)
38	<b>SIWIAK Marcin</b>	<b>284</b>	PKP INTERCITY RUNNING TEAM	M 40-49 lat	38	00:00:07	<b>00:35:48.20</b>	<b>00:35:55.50</b>	+00:09:36 (26.9%)	4:28	13.4 (73.2%)
39	<b>WITZKE Artur</b>	<b>353</b>		M 40-49 lat	39	00:00:35	<b>00:35:58.75</b>	<b>00:36:34.55</b>	+00:09:47 (27.2%)	4:29	13.3 (72.7%)
40	<b>ŁAGOWSKI Krzysztof</b>	<b>176</b>		M 40-49 lat	40	00:00:07	<b>00:36:07.05</b>	<b>00:36:14.95</b>	+00:09:55 (27.5%)	4:30	13.3 (72.7%)
41	<b>PAWIŃSKI Artur</b>	<b>247</b>		M 40-49 lat	41	00:00:22	<b>00:36:12.15</b>	<b>00:36:34.15</b>	+00:10:00 (27.7%)	4:31	13.3 (72.7%)
42	<b>KOWALCZYK Krzysztof</b>	<b>148</b>		M 40-49 lat	42	00:00:16	<b>00:36:32.10</b>	<b>00:36:48.90</b>	+00:10:20 (28.3%)	4:34	13.1 (71.6%)
43	<b>HANKIEWICZ Aleksander</b>	<b>99</b>		M 40-49 lat	43	00:00:13	<b>00:36:36.85</b>	<b>00:36:49.95</b>	+00:10:25 (28.5%)	4:34	13.1 (71.6%)
44	<b>ROSTKOWSKI Bartosz</b>	<b>275</b>		M 40-49 lat	44	00:00:09	<b>00:36:40.70</b>	<b>00:36:50.55</b>	+00:10:29 (28.6%)	4:35	13.1 (71.6%)
45	<b>PASIŃSKI Daniel</b>	<b>244</b>	GRUPA BIEGOWA UM W-WA	M 40-49 lat	45	00:00:21	<b>00:36:45.25</b>	<b>00:37:06.30</b>	+00:10:33 (28.7%)	4:35	13.1 (71.6%)
46	<b>DUDA Jacek</b>	<b>63</b>		M 40-49 lat	46	00:00:23	<b>00:37:08.00</b>	<b>00:37:31.95</b>	+00:10:56 (29.5%)	4:38	12.9 (70.5%)
47	<b>SIENKIEWICZ Piotr</b>	<b>282</b>	TRÓJKA DROMBO	M 40-49 lat	47	00:00:16	<b>00:37:09.75</b>	<b>00:37:25.90</b>	+00:10:58 (29.5%)	4:38	12.9 (70.5%)
48	<b>RUDNIK Jarosław</b>	<b>414</b>		M 40-49 lat	48	00:00:21	<b>00:37:12.95</b>	<b>00:37:34.15</b>	+00:11:01 (29.6%)	4:39	12.9 (70.5%)
49	<b>KUCHTA Paweł</b>	<b>160</b>		M 40-49 lat	49	00:00:32	<b>00:37:22.45</b>	<b>00:37:54.85</b>	+00:11:11 (29.9%)	4:40	12.8 (69.9%)
50	<b>WIŚNIEWSKI Janusz</b>	<b>504</b>		M 40-49 lat	50	00:00:10	<b>00:37:22.65</b>	<b>00:37:33.15</b>	+00:11:11 (29.9%)	4:40	12.8 (69.9%)
51	<b>STYCZYŃSKI Grzegorz</b>	<b>463</b>	SP 94	M 40-49 lat	51	00:00:03	<b>00:37:27.10</b>	<b>00:37:30.40</b>	+00:11:15 (30.1%)	4:40	12.8 (69.9%)
52	<b>SOLTYSIAK Paweł</b>	<b>441</b>	KS POLONIA WARSZAWA	M 40-49 lat	52	00:00:03	<b>00:37:27.70</b>	<b>00:37:30.85</b>	+00:11:16 (30.1%)	4:40	12.8 (69.9%)
53	<b>KOŁODZIEJSKI Rafał</b>	<b>137</b>		M 40-49 lat	53	00:00:12	<b>00:37:57.95</b>	<b>00:38:10.20</b>	+00:11:46 (31.0%)	4:44	12.6 (68.9%)
54	<b>WINCZEWSKI Bartosz</b>	<b>347</b>		M 40-49 lat	54	00:00:13	<b>00:38:10.80</b>	<b>00:38:23.90</b>	+00:11:59 (31.4%)	4:46	12.6 (68.9%)
55	<b>WRZESIEŃ Kamil</b>	<b>469</b>	TOON ARMY POLAND RUN CLUB	M 40-49 lat	55	00:00:26	<b>00:38:19.75</b>	<b>00:38:46.70</b>	+00:12:08 (31.7%)	4:47	12.5 (68.3%)
56	<b>LUDYNIA Krzysztof</b>	<b>174</b>		M 40-49 lat	56	00:00:38	<b>00:38:55.45</b>	<b>00:39:34.10</b>	+00:12:44 (32.7%)	4:51	12.3 (67.2%)
57	<b>NIEWIŃSKI Jan</b>	<b>379</b>	FITERROR	M 40-49 lat	57	00:00:35	<b>00:39:03.20</b>	<b>00:39:39.15</b>	+00:12:51 (32.9%)	4:52	12.3 (67.2%)
58	<b>KRASZEWSKI Paweł</b>	<b>154</b>	SYLENDZA WYSZKÓW	M 40-49 lat	58	00:00:18	<b>00:39:06.95</b>	<b>00:39:25.65</b>	+00:12:55 (33.0%)	4:53	12.3 (67.2%)
59	<b>JABŁONKA Radek</b>	<b>105</b>	DZIADY OCR	M 40-49 lat	59	00:00:18	<b>00:39:17.85</b>	<b>00:39:36.15</b>	+00:13:06 (33.4%)	4:54	12.2 (66.7%)
60	<b>LISOWSKI Michał</b>	<b>170</b>		M 40-49 lat	60	00:00:27	<b>00:39:22.50</b>	<b>00:39:49.50</b>	+00:13:11 (33.5%)	4:55	12.2 (66.7%)
61	<b>DOMINIAK Bartosz</b>	<b>423</b>	#BARTEKBIEGA	M 40-49 lat	61	00:00:15	<b>00:39:22.70</b>	<b>00:39:37.75</b>	+00:13:11 (33.5%)	4:55	12.2 (66.7%)
62	<b>GALANTY Jakub</b>	<b>79</b>		M 40-49 lat	62	00:01:21	<b>00:39:33.05</b>	<b>00:40:54.10</b>	+00:13:21 (33.8%)	4:56	12.1 (66.1%)
63	<b>MRÓZ Sebastian</b>	<b>459</b>		M 40-49 lat	63	00:00:20	<b>00:39:49.80</b>	<b>00:40:10.30</b>	+00:13:38 (34.2%)	4:58	12.1 (66.1%)
64	<b>KRÓLICKI Konrad</b>	<b>158</b>	STG WARSZAWA	M 40-49 lat	64	00:00:33	<b>00:39:59.40</b>	<b>00:40:32.70</b>	+00:13:48 (34.5%)	4:59	12 (65.6%)
65	<b>ANIOŁKOWSKI Krzysztof</b>	<b>419</b>	AKTYWNA WARSZAWA	M 40-49 lat	65	00:00:17	<b>00:40:03.05</b>	<b>00:40:20.15</b>	+00:13:51 (34.6%)	5:00	12 (65.6%)
66	<b>PNIEWSKI Rafał</b>	<b>258</b>	BIEGAM NA TARCHOMINIE	M 40-49 lat	66	00:00:12	<b>00:40:05.40</b>	<b>00:40:17.95</b>	+00:13:54 (34.7%)	5:00	12 (65.6%)
67	<b>CHŁOPIK Marcin</b>	<b>408</b>		M 40-49 lat	67	00:00:29	<b>00:40:08.65</b>	<b>00:40:37.80</b>	+00:13:57 (34.8%)	5:01	12 (65.6%)
68	<b>GROCHOWSKI Paweł</b>	<b>434</b>	PZU SPORT TEAM	M 40-49 lat	68	00:00:21	<b>00:40:15.85</b>	<b>00:40:37.20</b>	+00:14:04 (35.0%)	5:01	11.9 (65.0%)
69	<b>ZYGADŁO Piotr</b>	<b>370</b>		M 40-49 lat	69	00:00:07	<b>00:40:45.60</b>	<b>00:40:53.10</b>	+00:14:34 (35.7%)	5:05	11.8 (64.5%)
70	<b>MADERA Dawid</b>	<b>455</b>	KATOWICKI NORDIC WALKING	M 40-49 lat	70	00:00:23	<b>00:41:01.85</b>	<b>00:41:25.40</b>	+00:14:50 (36.2%)	5:07	11.7 (63.9%)
71	<b>POŁOWIANIUK Marek</b>	<b>261</b>		M 40-49 lat	71	00:00:35	<b>00:41:22.75</b>	<b>00:41:58.60</b>	+00:15:11 (36.7%)	5:10	11.6 (63.4%)

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72	<b>MŁYNARCZYK Wojciech</b>	<b>212</b>		M 40-49 lat	72	00:00:30	<b>00:41:30.00</b>	<b>00:42:00.35</b>	+00:15:18 (36.9%)	5:11	11.6 (63.4%)
73	<b>MEKSUŁA Tomasz</b>	<b>485</b>		M 40-49 lat	73	00:00:10	<b>00:41:38.25</b>	<b>00:41:48.75</b>	+00:15:26 (37.1%)	5:12	11.5 (62.8%)
74	<b>MAZURKIEWICZ Grzegorz</b>	<b>412</b>		M 40-49 lat	74	00:00:16	<b>00:41:44.75</b>	<b>00:42:00.75</b>	+00:15:33 (37.3%)	5:13	11.5 (62.8%)
75	<b>TOKARSKI Paweł</b>	<b>328</b>		M 40-49 lat	75	00:00:15	<b>00:41:54.60</b>	<b>00:42:10.45</b>	+00:15:43 (37.5%)	5:14	11.5 (62.8%)
76	<b>OKRÓJ Dawid</b>	<b>229</b>		M 40-49 lat	76	00:00:35	<b>00:42:00.95</b>	<b>00:42:36.75</b>	+00:15:49 (37.7%)	5:15	11.4 (62.3%)
77	<b>KOTYNIA Konrad</b>	<b>146</b>		M 40-49 lat	77	00:00:26	<b>00:42:03.95</b>	<b>00:42:30.50</b>	+00:15:52 (37.7%)	5:15	11.4 (62.3%)
78	<b>PAWEŁEK Krzysztof</b>	<b>402</b>	MARKOWI BIEGACZE	M 40-49 lat	78	00:00:23	<b>00:42:29.45</b>	<b>00:42:52.95</b>	+00:16:18 (38.4%)	5:18	11.3 (61.7%)
79	<b>ZAKHAROV Dmitry</b>	<b>417</b>		M 40-49 lat	79	00:00:29	<b>00:42:35.80</b>	<b>00:43:05.60</b>	+00:16:24 (38.5%)	5:19	11.3 (61.7%)
80	<b>KUCA Grzegorz</b>	<b>13</b>		M 40-49 lat	80	00:00:07	<b>00:42:58.65</b>	<b>00:43:06.55</b>	+00:16:47 (39.1%)	5:22	11.2 (61.2%)
81	<b>ZAJĄC Piotr</b>	<b>363</b>		M 40-49 lat	81	00:00:40	<b>00:43:08.15</b>	<b>00:43:48.90</b>	+00:16:56 (39.3%)	5:23	11.1 (60.7%)
82	<b>KOSTROWSKI Łukasz</b>	<b>143</b>	AEROSPACE RUNNERS	M 40-49 lat	82	00:00:30	<b>00:43:11.40</b>	<b>00:43:42.30</b>	+00:17:00 (39.4%)	5:23	11.1 (60.7%)
83	<b>MATYSZCZAK Krzysztof</b>	<b>193</b>	KENKO	M 40-49 lat	83	00:00:33	<b>00:43:37.75</b>	<b>00:44:10.90</b>	+00:17:26 (40.0%)	5:27	11 (60.1%)
84	<b>DĄBROWSKI Daniel</b>	<b>416</b>		M 40-49 lat	84	00:00:13	<b>00:43:44.30</b>	<b>00:43:57.60</b>	+00:17:32 (40.1%)	5:28	11 (60.1%)
85	<b>JANKIEWICZ Patryk</b>	<b>473</b>	ROZBIEGANI PIASTÓW	M 40-49 lat	85	00:00:32	<b>00:43:55.95</b>	<b>00:44:28.35</b>	+00:17:44 (40.4%)	5:29	10.9 (59.6%)
86	<b>CZACHERSKI Kamil</b>	<b>53</b>		M 40-49 lat	86	00:00:26	<b>00:43:56.00</b>	<b>00:44:22.90</b>	+00:17:44 (40.4%)	5:29	10.9 (59.6%)
87	<b>REGUCKI Ryszard</b>	<b>269</b>		M 40-49 lat	87	00:00:41	<b>00:44:20.35</b>	<b>00:45:02.30</b>	+00:18:09 (40.9%)	5:32	10.8 (59.0%)
88	<b>KAPUSCINSKI Marcin</b>	<b>396</b>		M 40-49 lat	88	00:00:24	<b>00:44:34.95</b>	<b>00:44:59.70</b>	+00:18:23 (41.3%)	5:34	10.8 (59.0%)
89	<b>CERANOWICZ Paweł</b>	<b>43</b>	SKARYSZEWSKIE CIACHA	M 40-49 lat	89	00:00:44	<b>00:45:09.30</b>	<b>00:45:53.95</b>	+00:18:57 (42.0%)	5:38	10.6 (57.9%)
90	<b>KOSECKI Jakub</b>	<b>415</b>		M 40-49 lat	90	00:00:36	<b>00:45:22.30</b>	<b>00:45:58.35</b>	+00:19:10 (42.3%)	5:40	10.6 (57.9%)
91	<b>SZCZUBIAŁ Jan</b>	<b>430</b>		M 40-49 lat	91	00:00:36	<b>00:45:35.35</b>	<b>00:46:11.40</b>	+00:19:24 (42.6%)	5:41	10.5 (57.4%)
92	<b>BITOWSKI Hubert</b>	<b>29</b>		M 40-49 lat	92	00:00:21	<b>00:45:48.15</b>	<b>00:46:09.30</b>	+00:19:36 (42.8%)	5:43	10.5 (57.4%)
93	<b>CHROMIŃSKI Krzysztof</b>	<b>48</b>		M 40-49 lat	93	00:00:29	<b>00:45:50.30</b>	<b>00:46:19.45</b>	+00:19:38 (42.9%)	5:43	10.5 (57.4%)
94	<b>BARAN Wojciech</b>	<b>19</b>		M 40-49 lat	94	00:00:30	<b>00:46:46.95</b>	<b>00:47:17.50</b>	+00:20:35 (44.0%)	5:50	10.3 (56.3%)
95	<b>CHEĆ Adam</b>	<b>389</b>		M 40-49 lat	95	00:00:28	<b>00:46:47.45</b>	<b>00:47:16.35</b>	+00:20:36 (44.0%)	5:50	10.3 (56.3%)
96	<b>SAMEL Janusz</b>	<b>435</b>		M 40-49 lat	96	00:00:12	<b>00:47:19.40</b>	<b>00:47:31.60</b>	+00:21:08 (44.7%)	5:54	10.1 (55.2%)
97	<b>MYŚLIWIEC Piotr</b>	<b>218</b>	AKTYWNI PO ZAWALE	M 40-49 lat	97	00:00:12	<b>00:47:51.70</b>	<b>00:48:04.50</b>	+00:21:40 (45.3%)	5:58	10 (54.6%)
98	<b>KOŁODZIEJSKI Filip</b>	<b>138</b>		M 40-49 lat	98	00:00:42	<b>00:48:01.65</b>	<b>00:48:44.55</b>	+00:21:50 (45.5%)	6:00	10 (54.6%)
99	<b>HAUSMAN Michał</b>	<b>465</b>	NOWY RAKÓW	M 40-49 lat	99	00:00:49	<b>00:48:35.15</b>	<b>00:49:24.65</b>	+00:22:23 (46.1%)	6:04	9.9 (54.1%)
100	<b>ISKRA Marcin</b>	<b>7</b>		M 40-49 lat	100	00:00:44	<b>00:49:43.85</b>	<b>00:50:27.85</b>	+00:23:32 (47.3%)	6:12	9.7 (53.0%)
101	<b>KARPOWICZ Michał</b>	<b>472</b>		M 40-49 lat	101	00:00:41	<b>00:51:08.40</b>	<b>00:51:49.40</b>	+00:24:57 (48.8%)	6:23	9.4 (51.4%)
102	<b>PAJĄK Dariusz</b>	<b>241</b>		M 40-49 lat	102	00:00:43	<b>00:54:49.05</b>	<b>00:55:32.65</b>	+00:28:37 (52.2%)	6:51	8.8 (48.1%)
103	<b>WÓJCIK Robert</b>	<b>399</b>		M 40-49 lat	103	00:00:49	<b>00:58:29.10</b>	<b>00:59:19.05</b>	+00:32:17 (55.2%)	7:18	8.2 (44.8%)
104	<b>KAZIMIERCZAK Krzysztof</b>	<b>122</b>		M 40-49 lat	104	00:00:32	<b>00:58:44.35</b>	<b>00:59:16.50</b>	+00:32:33 (55.4%)	7:20	8.2 (44.8%)
105	<b>ZIENIUK Patrycjusz</b>	<b>366</b>		M 40-49 lat	105	00:00:31					(0.0%)
106	<b>SZYMCZAK Paweł</b>	<b>450</b>		M 40-49 lat	106	00:00:48					(0.0%)

Znaleziono 106 wynik(ów)