

52 OGÓLNOPOLSKIE BIEGI ULICZNE - 5000M - BIEG OTWARTY 2005+

B4SPORT

Wydarzenie: 52 Ogólnopolskie Biegi Uliczne
Organizator: MLKS Nadwiślanin Chełmno
Data: 2023-10-08
Miejsce: Chełmno
Dystans: 5 km

B4SPORT
INTELEGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start_All 1km	Start_All 2km	Start_All 3km	Start_All 4km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	SZYMANIAK Kamil	13	MKL TORUŃ	M30	1	00:03:10	00:06:21	00:09:35	00:12:53	00:16:11.20	00:16:13.10		3:14	18.5 (100%)
2	ARENDT Kacper	6	GKS OLIMPIA GRUDZIĄDZ	M20	1	00:03:10	00:06:25	00:09:47	00:13:09	00:16:28.65	00:16:30.75	+00:00:17 (1.8%)	3:17	18.2 (98.4%)
3	OSSOWSKI Mateusz	42		M30	2	00:03:26	00:07:00	00:10:35	00:14:19	00:18:06.30	00:18:08.25	+00:01:55 (10.6%)	3:37	16.6 (89.7%)
4	GLUGLA Mariusz	28	THE RUNNERS ŚWIECIE	M40	1	00:03:50	00:07:45	00:11:41	00:15:31	00:19:13.90	00:19:16.40	+00:03:03 (15.9%)	3:50	15.6 (84.3%)
5	PŁATEK Weronika	4	ZESPÓŁ SZKÓŁ CKZ W GRUBNIE	K20	1	00:03:45	00:07:45	00:11:56	00:16:04	00:20:00.65	00:20:02.85	+00:03:49 (19.1%)	4:00	15 (81.1%)
6	RZESZUT Tomasz	20	SEZONOWY BIEGACZ - L-PAAK TEAM	M30	3	00:03:46	00:07:52	00:12:04	00:16:23	00:20:47.75	00:20:50.85	+00:04:37 (22.2%)	4:09	14.4 (77.8%)
7	WOJAS Aneta	21	START TEAM WĄBRZEŻNO	K30	1	00:04:09	00:08:28	00:12:51	00:17:16	00:21:29.40	00:21:32.40	+00:05:19 (24.7%)	4:17	14 (75.7%)
8	MUSZCZYŃSKI Cezary	32		M30	4	00:04:09	00:08:32	00:12:51	00:17:16	00:21:30.35	00:21:33.95	+00:05:20 (24.8%)	4:18	14 (75.7%)
9	RUCHLEWICZ Natalia	52		K20	2	00:04:09	00:08:29	00:12:51	00:17:17	00:21:45.80	00:21:48.30	+00:05:35 (25.6%)	4:21	13.8 (74.6%)
10	SZOSTEK Tomasz	12	KWIDZYN BIEGA	M40	2	00:04:12	00:08:37	00:13:02	00:17:31	00:21:59.55	00:22:03.40	+00:05:50 (26.5%)	4:23	13.6 (73.5%)
11	STARCZEWSKI Michał	40		M40	3	00:04:13	00:08:37	00:13:09	00:17:43	00:22:17.20	00:22:20.70	+00:06:07 (27.4%)	4:27	13.5 (73.0%)
12	SZREDER Waldemar	19	SEZONOWY BIEGACZ - L-PAAK TEAM	M30	5	00:04:02	00:08:37	00:13:13	00:17:55	00:22:27.00	00:22:30.25	+00:06:17 (27.9%)	4:29	13.4 (72.4%)
13	MĄTEWSKI Kamil	34		M30	6	00:04:11	00:08:36	00:13:16	00:18:03	00:22:32.45	00:22:36.80	+00:06:23 (28.3%)	4:30	13.3 (71.9%)
14	OLKOWSKI Jurek	27	THE RUNNERS ŚWIECIE	M70	1	00:04:13	00:08:42	00:13:24	00:18:08	00:22:34.30	00:22:37.55	+00:06:24 (28.3%)	4:30	13.3 (71.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start All				Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						1km	2km	3km	4km	5km	5km			
15	MAKOWSKA Danuta	1	ABIC JABLONOWO	K40	1	00:04:16	00:08:50	00:13:26	00:18:06	00:22:41.25	00:22:44.15	+00:06:31 (28.7%)	4:32	13.2 (71.4%)
16	WINIARSKI Grzegorz	26	THE RUNNERS ŚWIECIE	M40	4	00:04:13	00:08:42	00:13:24	00:18:08	00:22:48.70	00:22:51.30	+00:06:38 (29.0%)	4:33	13.2 (71.4%)
17	WINKOWSKA Anna	50	UKB SZUBIN	Open Kobiety	1	00:04:30	00:09:16	00:14:03	00:18:50	00:23:21.35	00:23:26.00	+00:07:12 (30.8%)	4:40	12.8 (69.2%)
18	ŚRUTKOWSKI Sylwester	54		M30	7	00:04:32	00:09:15	00:14:03	00:18:52	00:23:28.40	00:23:31.65	+00:07:18 (31.1%)	4:41	12.8 (69.2%)
19	SZYDŁOWSKI Zenon	47		M30	8	00:04:34	00:09:27	00:14:24	00:19:23	00:23:59.05	00:24:04.15	+00:07:51 (32.6%)	4:47	12.5 (67.6%)
20	TACZYŃSKI Kamil	39		M20	2	00:03:59	00:08:40	00:13:56	00:19:11	00:24:05.55	00:24:08.15	+00:07:55 (32.8%)	4:49	12.5 (67.6%)
21	WADZIŃSKA Paulina	24	TEAMOCHAL	K30	2	00:04:20	00:09:09	00:14:09	00:19:19	00:24:11.35	00:24:14.75	+00:08:01 (33.1%)	4:50	12.4 (67.0%)
22	ŁUBECKI Patryk	31		M30	9	00:04:19	00:09:17	00:14:24	00:19:43	00:25:05.75	00:25:08.85	+00:08:55 (35.5%)	5:01	12 (64.9%)
23	KINDERMAN Robert	15	SEZONOWY BIEGACZ - L-PAAK TEAM	M30	10	00:04:28	00:09:38	00:15:03	00:20:23	00:25:16.70	00:25:19.40	+00:09:06 (36.0%)	5:03	11.9 (64.3%)
24	JAGUSZ Ireneusz	2	ABIC JABLONOWO	M60	1	00:04:43	00:09:55	00:15:09	00:20:24	00:25:20.70	00:25:23.70	+00:09:10 (36.1%)	5:04	11.8 (63.8%)
25	DRĄG Tomasz	36		M40	5	00:05:05	00:10:20	00:15:34	00:20:34	00:25:21.45	00:25:26.40	+00:09:13 (36.2%)	5:04	11.8 (63.8%)
26	SMYKOWSKI Łukasz	56		M40	6	00:04:44	00:09:56	00:15:15	00:20:36	00:25:43.60	00:25:48.90	+00:09:35 (37.2%)	5:08	11.7 (63.2%)
27	DOBEK Rafał	48		M30	11	00:05:06	00:10:22	00:15:37	00:20:56	00:25:58.30	00:26:03.85	+00:09:50 (37.8%)	5:11	11.6 (62.7%)
28	MAJKA Mariusz	7		M50	1	00:05:18	00:10:43	00:15:51	00:21:06	00:26:03.95	00:26:09.50	+00:09:56 (38.0%)	5:12	11.5 (62.2%)
29	KUCHCZYŃSKA Wioletta	35		K30	3	00:05:04	00:10:20	00:15:34	00:20:53	00:26:13.25	00:26:18.20	+00:10:05 (38.3%)	5:14	11.4 (61.6%)
30	KUŻMA Anna	55		K40	2	00:04:56	00:10:14	00:15:39	00:21:08	00:26:27.95	00:26:31.55	+00:10:18 (38.9%)	5:17	11.3 (61.1%)
31	BĄTKOWSKI Krzysztof	51		M30	12	00:05:05	00:10:20	00:15:36	00:21:08	00:26:47.35	00:26:52.35	+00:10:39 (39.6%)	5:21	11.2 (60.5%)
32	KUBACKA Anika	25	TECHNIKUM MUNDUROWE CHEŁMNO	K20	3	00:04:41	00:10:20	00:16:16	00:22:20	00:28:00.25	00:28:03.10	+00:11:50 (42.2%)	5:36	10.7 (57.8%)
33	MARGAŃSKA Agnieszka	30		K30	4	00:05:52	00:11:34	00:17:28	00:23:15	00:29:05.55	00:29:10.00	+00:12:56 (44.4%)	5:49	10.3 (55.7%)
34	CHRZANOWSKI Paweł	10	KLUB BIEGACZA SZUBIN	M50	2	00:05:36	00:11:35	00:17:30	00:23:28	00:29:15.90	00:29:20.55	+00:13:07 (44.7%)	5:51	10.3 (55.7%)
35	NOWAK Ewa	44		K50	1	00:05:37	00:11:36	00:17:33	00:23:31	00:29:27.90	00:29:31.60	+00:13:18 (45.1%)	5:53	10.2 (55.1%)
36	KALINOWSKI Dominik	18	SEZONOWY BIEGACZ - L-PAAK TEAM	M30	13	00:05:20	00:11:33	00:17:45	00:24:05	00:29:47.35	00:29:51.70	+00:13:38 (45.7%)	5:57	10.1 (54.6%)
37	HOŁDA Jerzy	8		M70	2	00:05:26	00:11:27	00:17:28	00:23:30	00:30:33.45	00:30:38.20	+00:14:25 (47.1%)	6:06	9.8 (53.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start_All 1km	Start_All 2km	Start_All 3km	Start_All 4km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
38	RUCHLEWICZ Urszula	53		K50	2	00:05:30	00:11:34	00:17:57	00:24:21	00:30:47.80	00:30:51.80	+00:14:38 (47.5%)	6:09	9.7 (52.4%)
39	KONECKA Kornelia	16	SEZONOWY BIEGACZ - L-PAAK TEAM	K20	4	00:05:59	00:12:14	00:18:34	00:24:58	00:31:13.45	00:31:17.45	+00:15:04 (48.2%)	6:14	9.6 (51.9%)
40	SZYKOWSKA Beata	17	SEZONOWY BIEGACZ - L-PAAK TEAM	K30	5	00:06:05	00:13:07	00:20:29	00:27:37	00:34:24.95	00:34:29.60	+00:18:16 (53.0%)	6:52	8.7 (47.0%)
41	UCIŃSKI Edward	9	KLUB BIEGACZA SZUBIN	M70	3	00:06:34	00:14:19	00:22:11	00:30:00	00:37:41.15	00:37:44.05	+00:21:30 (57.0%)	7:32	8 (43.2%)

Znaleziono 41 wynik(ów)