

# 52 OGÓLNOPOLSKIE BIEGI ULICZNE - 5000M - BIEG OTWARTY 2005+

B4SPORT

**Wydarzenie:** 52 Ogólnopolskie Biegi Uliczne  
**Organizator:** MLKS Nadwiślanin Chełmno  
**Data:** 2023-10-08  
**Miejsce:** Chełmno  
**Dystans:** 5 km

**B4SPORT**  
INTELEGENTNE ZAWODY SPORTOWE

Klasyfikacja: Open Mężczyźni

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start_All 1km	Start_All 2km	Start_All 3km	Start_All 4km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	<b>SZYMANIAK Kamil</b>	<b>13</b>	MKL TORUŃ	M30	1	00:03:10	00:06:21	00:09:35	00:12:53	<b>00:16:11.20</b>	<b>00:16:13.10</b>		3:14	18.5 (100%)
2	<b>ARENDT Kacper</b>	<b>6</b>	GKS OLIMPIA GRUDZIĄDZ	M20	1	00:03:10	00:06:25	00:09:47	00:13:09	<b>00:16:28.65</b>	<b>00:16:30.75</b>	+00:00:17 (1.8%)	3:17	18.2 (98.4%)
3	<b>OSSOWSKI Mateusz</b>	<b>42</b>		M30	2	00:03:26	00:07:00	00:10:35	00:14:19	<b>00:18:06.30</b>	<b>00:18:08.25</b>	+00:01:55 (10.6%)	3:37	16.6 (89.7%)
4	<b>GLUGLA Mariusz</b>	<b>28</b>	THE RUNNERS ŚWIECIE	M40	1	00:03:50	00:07:45	00:11:41	00:15:31	<b>00:19:13.90</b>	<b>00:19:16.40</b>	+00:03:03 (15.9%)	3:50	15.6 (84.3%)
5	<b>RZESZUT Tomasz</b>	<b>20</b>	SEZONOWY BIEGACZ - L-PAAK TEAM	M30	3	00:03:46	00:07:52	00:12:04	00:16:23	<b>00:20:47.75</b>	<b>00:20:50.85</b>	+00:04:37 (22.2%)	4:09	14.4 (77.8%)
6	<b>MUSZCZYŃSKI Cezary</b>	<b>32</b>		M30	4	00:04:09	00:08:32	00:12:51	00:17:16	<b>00:21:30.35</b>	<b>00:21:33.95</b>	+00:05:20 (24.8%)	4:18	14 (75.7%)
7	<b>SZOSTEK Tomasz</b>	<b>12</b>	KWIDZYN BIEGA	M40	2	00:04:12	00:08:37	00:13:02	00:17:31	<b>00:21:59.55</b>	<b>00:22:03.40</b>	+00:05:50 (26.5%)	4:23	13.6 (73.5%)
8	<b>STARCZEWSKI Michał</b>	<b>40</b>		M40	3	00:04:13	00:08:37	00:13:09	00:17:43	<b>00:22:17.20</b>	<b>00:22:20.70</b>	+00:06:07 (27.4%)	4:27	13.5 (73.0%)
9	<b>SZREDER Waldemar</b>	<b>19</b>	SEZONOWY BIEGACZ - L-PAAK TEAM	M30	5	00:04:02	00:08:37	00:13:13	00:17:55	<b>00:22:27.00</b>	<b>00:22:30.25</b>	+00:06:17 (27.9%)	4:29	13.4 (72.4%)
10	<b>MĄTEWSKI Kamil</b>	<b>34</b>		M30	6	00:04:11	00:08:36	00:13:16	00:18:03	<b>00:22:32.45</b>	<b>00:22:36.80</b>	+00:06:23 (28.3%)	4:30	13.3 (71.9%)
11	<b>OLKOWSKI Jurek</b>	<b>27</b>	THE RUNNERS ŚWIECIE	M70	1	00:04:13	00:08:42	00:13:24	00:18:08	<b>00:22:34.30</b>	<b>00:22:37.55</b>	+00:06:24 (28.3%)	4:30	13.3 (71.9%)
12	<b>WINIARSKI Grzegorz</b>	<b>26</b>	THE RUNNERS ŚWIECIE	M40	4	00:04:13	00:08:42	00:13:24	00:18:08	<b>00:22:48.70</b>	<b>00:22:51.30</b>	+00:06:38 (29.0%)	4:33	13.2 (71.4%)
13	<b>ŚRUTKOWSKI Sylwester</b>	<b>54</b>		M30	7	00:04:32	00:09:15	00:14:03	00:18:52	<b>00:23:28.40</b>	<b>00:23:31.65</b>	+00:07:18 (31.1%)	4:41	12.8 (69.2%)
14	<b>SZYDŁOWSKI Zenon</b>	<b>47</b>		M30	8	00:04:34	00:09:27	00:14:24	00:19:23	<b>00:23:59.05</b>	<b>00:24:04.15</b>	+00:07:51 (32.6%)	4:47	12.5 (67.6%)

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15	<b>TACZYŃSKI Kamil</b>	<b>39</b>		M20	2	00:03:59	00:08:40	00:13:56	00:19:11	<b>00:24:05.55</b>	<b>00:24:08.15</b>	+00:07:55 (32.8%)	4:49	12.5 (67.6%)
16	<b>ŁUBECKI Patryk</b>	<b>31</b>		M30	9	00:04:19	00:09:17	00:14:24	00:19:43	<b>00:25:05.75</b>	<b>00:25:08.85</b>	+00:08:55 (35.5%)	5:01	12 (64.9%)
17	<b>KINDERMAN Robert</b>	<b>15</b>	SEZONOWY BIEGACZ - L-PAAK TEAM	M30	10	00:04:28	00:09:38	00:15:03	00:20:23	<b>00:25:16.70</b>	<b>00:25:19.40</b>	+00:09:06 (36.0%)	5:03	11.9 (64.3%)
18	<b>JAGUSZ Ireneusz</b>	<b>2</b>	ABIC JABLONOWO	M60	1	00:04:43	00:09:55	00:15:09	00:20:24	<b>00:25:20.70</b>	<b>00:25:23.70</b>	+00:09:10 (36.1%)	5:04	11.8 (63.8%)
19	<b>DRĄG Tomasz</b>	<b>36</b>		M40	5	00:05:05	00:10:20	00:15:34	00:20:34	<b>00:25:21.45</b>	<b>00:25:26.40</b>	+00:09:13 (36.2%)	5:04	11.8 (63.8%)
20	<b>SMYKOWSKI Łukasz</b>	<b>56</b>		M40	6	00:04:44	00:09:56	00:15:15	00:20:36	<b>00:25:43.60</b>	<b>00:25:48.90</b>	+00:09:35 (37.2%)	5:08	11.7 (63.2%)
21	<b>DOBEK Rafał</b>	<b>48</b>		M30	11	00:05:06	00:10:22	00:15:37	00:20:56	<b>00:25:58.30</b>	<b>00:26:03.85</b>	+00:09:50 (37.8%)	5:11	11.6 (62.7%)
22	<b>MAJKA Mariusz</b>	<b>7</b>		M50	1	00:05:18	00:10:43	00:15:51	00:21:06	<b>00:26:03.95</b>	<b>00:26:09.50</b>	+00:09:56 (38.0%)	5:12	11.5 (62.2%)
23	<b>BĄTKOWSKI Krzysztof</b>	<b>51</b>		M30	12	00:05:05	00:10:20	00:15:36	00:21:08	<b>00:26:47.35</b>	<b>00:26:52.35</b>	+00:10:39 (39.6%)	5:21	11.2 (60.5%)
24	<b>CHRZANOWSKI Paweł</b>	<b>10</b>	KLUB BIEGACZA SZUBIN	M50	2	00:05:36	00:11:35	00:17:30	00:23:28	<b>00:29:15.90</b>	<b>00:29:20.55</b>	+00:13:07 (44.7%)	5:51	10.3 (55.7%)
25	<b>KALINOWSKI Dominik</b>	<b>18</b>	SEZONOWY BIEGACZ - L-PAAK TEAM	M30	13	00:05:20	00:11:33	00:17:45	00:24:05	<b>00:29:47.35</b>	<b>00:29:51.70</b>	+00:13:38 (45.7%)	5:57	10.1 (54.6%)
26	<b>HOŁDA Jerzy</b>	<b>8</b>		M70	2	00:05:26	00:11:27	00:17:28	00:23:30	<b>00:30:33.45</b>	<b>00:30:38.20</b>	+00:14:25 (47.1%)	6:06	9.8 (53.0%)
27	<b>UCIŃSKI Edward</b>	<b>9</b>	KLUB BIEGACZA SZUBIN	M70	3	00:06:34	00:14:19	00:22:11	00:30:00	<b>00:37:41.15</b>	<b>00:37:44.05</b>	+00:21:30 (57.0%)	7:32	8 (43.2%)

Znaleziono 27 wynik(ów)