

# 53 OGÓLNOPOLSKIE BIEGI ULICZNE - 5000M - BIEG OTWARTY 2006+

B4SPORT

**Wydarzenie:** 53 Ogólnopolskie Biegi Uliczne  
**Organizator:** MLKS Nadwiślanin Chełmno  
**Data:** 2024-10-06  
**Miejsce:** Chełmno  
**Dystans:** 5 km

**B4SPORT**  
INTELIĞENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start All 1km	Start All 2km	Start All 3km	Start All 4km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	<b>ARENDEK Kacper</b>	<b>7</b>	CZUBASZEK RUNNING TEAM	M20	1	00:03:21	00:06:49	00:10:10	00:13:17	<b>00:16:27.70</b>	<b>00:16:30.55</b>		3:17	18.2 (100%)
2	<b>WIŚNIEWSKI Damian</b>	<b>6</b>	CZUBASZEK RUNNING TEAM	M20	2	00:03:22	00:06:49	00:10:16	00:13:47	<b>00:17:08.35</b>	<b>00:17:10.95</b>	+00:00:40 (3.9%)	3:25	17.5 (96.2%)
3	<b>GÓRNY Karol</b>	<b>3</b>	CZUBASZEK RUNNING TEAM	M40	1	00:03:22	00:06:49	00:10:17	00:13:55	<b>00:17:28.15</b>	<b>00:17:30.70</b>	+00:01:00 (5.7%)	3:29	17.2 (94.5%)
4	<b>GLUGLA Mariusz</b>	<b>13</b>	RUNNERS ŚWIECIE	M40	2	00:03:41	00:07:25	00:11:11	00:14:57	<b>00:18:34.15</b>	<b>00:18:37.10</b>	+00:02:06 (11.3%)	3:42	16.2 (89.0%)
5	<b>RIEMER Krzysztof</b>	<b>10</b>	KS PRO ATHLETE GRUDZIĄDZ	M20	3	00:03:41	00:06:47	00:11:11	00:15:00	<b>00:18:48.45</b>	<b>00:18:57.00</b>	+00:02:26 (12.9%)	3:45	16 (87.9%)
6	<b>WIŚNIEWSKI Marcin</b>	<b>50</b>		M40	3	00:03:48	00:07:50	00:11:53	00:15:59	<b>00:19:44.90</b>	<b>00:19:48.85</b>	+00:03:18 (16.7%)	3:56	15.2 (83.5%)
7	<b>DRAŁ Tomasz</b>	<b>4</b>	9-WZGORZE CHEŁMNO	M40	4	00:03:55	00:07:58	00:12:01	00:16:02	<b>00:19:49.50</b>	<b>00:19:53.55</b>	+00:03:23 (17.0%)	3:57	15.1 (83.0%)
8	<b>KARNECKI Rafał</b>	<b>16</b>	THE RUNNERS ŚWIECIE	M40	5	00:03:51	00:07:53	00:11:55	00:16:01	<b>00:19:59.65</b>	<b>00:20:03.30</b>	+00:03:32 (17.7%)	3:59	15 (82.4%)
9	<b>POPKO Przemysław</b>	<b>2</b>	9-WZGORZE CHEŁMNO	M30	1	00:03:55	00:07:58	00:12:02	00:16:03	<b>00:20:06.55</b>	<b>00:20:10.30</b>	+00:03:39 (18.2%)	4:01	14.9 (81.9%)
10	<b>HUTSU Dmytro</b>	<b>47</b>		M20	4	00:03:47	00:07:52	00:12:00	00:16:08	<b>00:20:07.40</b>	<b>00:20:10.85</b>	+00:03:40 (18.2%)	4:01	14.9 (81.9%)
11	<b>KRYSIK Wiktoria</b>	<b>8</b>	KKL RODŁO KWIDZYN	K20	1	00:03:59	00:08:03	00:12:09	00:16:18	<b>00:20:14.75</b>	<b>00:20:17.50</b>	+00:03:46 (18.6%)	4:02	14.8 (81.3%)
12	<b>KRZYWDZIŃSKI Bartosz</b>	<b>24</b>	ŚWIECIE BIEGA	M30	2	00:03:49	00:07:56	00:12:08	00:16:23	<b>00:20:36.65</b>	<b>00:20:40.55</b>	+00:04:10 (20.2%)	4:07	14.6 (80.2%)
13	<b>MISIASZEK Marek</b>	<b>21</b>		M40	6	00:03:55	00:07:58	00:12:07	00:16:23	<b>00:20:37.90</b>	<b>00:20:42.70</b>	+00:04:12 (20.3%)	4:07	14.6 (80.2%)
14	<b>RUCHLEWICZ Natalia</b>	<b>43</b>		K30	1	00:03:58	00:08:03	00:12:16	00:16:35	<b>00:20:50.35</b>	<b>00:20:53.70</b>	+00:04:23 (21.0%)	4:10	14.4 (79.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start All				Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						1km	2km	3km	4km	5km	5km			
15	LEŚNIK Adam	20		M20	5	00:03:51	00:07:57	00:12:09	00:16:36	<b>00:20:56.50</b>	<b>00:20:59.75</b>	+00:04:29 (21.4%)	4:11	14.3 (78.6%)
16	ŚRUTKOWSKI Sylwester	44		M30	3	00:03:55	00:08:04	00:12:20	00:16:44	<b>00:21:03.60</b>	<b>00:21:07.35</b>	+00:04:36 (21.8%)	4:12	14.3 (78.6%)
17	SULECKI Piotr	54		M40	7	00:04:04	00:08:18	00:12:34	00:16:58	<b>00:21:14.75</b>	<b>00:21:17.80</b>	+00:04:47 (22.5%)	4:14	14.1 (77.5%)
17	ROJEWSKI Zbigniew	51	AKADEMIA BIEGANIA GRUDZIĄDZ	M40	7	00:04:09	00:08:24	00:12:42	00:17:00	<b>00:21:13.90</b>	<b>00:21:17.80</b>	+00:04:47 (22.5%)	4:14	14.1 (77.5%)
19	ŁUBECKI Patryk	18		M30	4	00:04:01	00:08:17	00:12:41	00:17:08	<b>00:21:32.60</b>	<b>00:21:37.45</b>	+00:05:06 (23.7%)	4:18	13.9 (76.4%)
20	BOJKE Mirosław	52		M50	1	00:03:50	00:08:06	00:12:38	00:17:12	<b>00:21:46.55</b>	<b>00:21:50.00</b>	+00:05:19 (24.4%)	4:21	13.8 (75.8%)
21	PANASIUK Jarosław	53		M50	2	00:04:14	00:08:34	00:12:57	00:17:24	<b>00:21:58.10</b>	<b>00:22:03.70</b>	+00:05:33 (25.2%)	4:23	13.7 (75.3%)
22	STARCZEWSKI Michał	48		M40	9	00:04:12	00:08:39	00:13:10	00:17:43	<b>00:22:03.20</b>	<b>00:22:06.65</b>	+00:05:36 (25.3%)	4:24	13.6 (74.7%)
23	MOGIŁKO Natalia	42	CZUBASZEK RUNNING TEAM	K30	2	00:04:16	00:08:40	00:13:11	00:17:41	<b>00:22:03.80</b>	<b>00:22:07.75</b>	+00:05:37 (25.4%)	4:24	13.6 (74.7%)
24	OLKOWSKI Jurek	15	THE RUNNERS ŚWIECIE	M70	1	00:04:11	00:08:38	00:13:09	00:17:42	<b>00:22:04.55</b>	<b>00:22:08.60</b>	+00:05:38 (25.4%)	4:24	13.6 (74.7%)
25	PROĆ Natalia	9	KKL RODŁO KWIDZYN	K20	2	00:04:21	00:08:51	00:13:25	00:17:58	<b>00:22:22.85</b>	<b>00:22:25.75</b>	+00:05:55 (26.4%)	4:28	13.4 (73.6%)
26	SOBCZYK Joanna	49	CZUBASZEK RUNNING TEAM	K40	1	00:04:05	00:08:55	00:13:27	00:18:03	<b>00:22:40.00</b>	<b>00:22:41.00</b>	+00:06:10 (27.2%)	4:32	13.2 (72.5%)
27	MALENKOWSKI Bogdan	28		M20	6	00:04:31	00:09:07	00:13:48	00:18:33	<b>00:23:05.30</b>	<b>00:23:12.15</b>	+00:06:41 (28.8%)	4:37	13 (71.4%)
28	SPÓZ Ewa	31		K40	2	00:04:32	00:09:10	00:14:02	00:18:51	<b>00:23:37.45</b>	<b>00:23:42.20</b>	+00:07:11 (30.4%)	4:43	12.7 (69.8%)
29	SCHMELTER Wojciech	36		M30	5	00:04:21	00:09:02	00:13:56	00:18:54	<b>00:23:45.15</b>	<b>00:23:50.75</b>	+00:07:20 (30.8%)	4:45	12.6 (69.2%)
30	BĄTKOWSKI Krzysztof	1	9-TE WZGÓRZE CHEŁMNO	M30	6	00:04:37	00:09:17	00:14:10	00:19:09	<b>00:24:09.55</b>	<b>00:24:13.90</b>	+00:07:43 (31.9%)	4:49	12.4 (68.1%)
31	KUŹMA Anna	45		K40	3	00:05:08	00:10:31	00:15:59	00:21:20	<b>00:26:36.40</b>	<b>00:26:41.10</b>	+00:10:10 (38.1%)	5:19	11.3 (62.1%)
32	DOBEK Rafał	39		M30	7	00:05:22	00:10:42	00:16:10	00:21:43	<b>00:26:36.90</b>	<b>00:26:43.00</b>	+00:10:12 (38.2%)	5:19	11.3 (62.1%)
33	MODRZYŃSKI Maciej	38		M40	10	00:05:11	00:10:24	00:15:47	00:21:18	<b>00:26:39.20</b>	<b>00:26:44.35</b>	+00:10:13 (38.3%)	5:19	11.3 (62.1%)
34	KOWALSKA Marzena	29		K20	3	00:05:03	00:10:38	00:16:11	00:21:44	<b>00:27:14.95</b>	<b>00:27:20.45</b>	+00:10:49 (39.6%)	5:26	11 (60.4%)
35	KĘDZIORSKI Marek	26		M60	1	00:04:50	00:10:21	00:15:55	00:21:42	<b>00:27:29.55</b>	<b>00:27:34.30</b>	+00:11:03 (40.1%)	5:29	10.9 (59.9%)
36	KĘDZIORSKA Beata	27		K50	1	00:04:48	00:10:21	00:15:55	00:21:42	<b>00:27:30.55</b>	<b>00:27:34.90</b>	+00:11:04 (40.1%)	5:30	10.9 (59.9%)
37	KUBACKA Anika	14	TECHNIKUM MUNDUROWE CHEŁMNO	K20	4	00:04:54	00:10:26	00:16:16	00:22:15	<b>00:28:11.15</b>	<b>00:28:13.90</b>	+00:11:43 (41.5%)	5:38	10.6 (58.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start_All 1km	Start_All 2km	Start_All 3km	Start_All 4km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
38	<b>ZŁOTOWSKI Szymon</b>	<b>37</b>		M20	7	00:04:59	00:10:23	00:16:18	00:22:38	<b>00:28:55.75</b>	<b>00:29:02.00</b>	+00:12:31 (43.1%)	5:47	10.4 (57.1%)
39	<b>LEWANDOWSKA Alicja</b>	<b>23</b>		K20	5	00:05:03	00:10:41	00:16:44	00:22:57	<b>00:29:03.80</b>	<b>00:29:09.55</b>	+00:12:39 (43.4%)	5:48	10.3 (56.6%)
40	<b>MODRZYŃSKA Katarzyna</b>	<b>41</b>		K30	3	00:05:41	00:11:59	00:18:23	00:24:52	<b>00:31:20.65</b>	<b>00:31:25.95</b>	+00:14:55 (47.5%)	6:16	9.6 (52.7%)
41	<b>DOBEK Justyna</b>	<b>40</b>		K40	4	00:05:40	00:11:58	00:18:23	00:24:51	<b>00:31:21.20</b>	<b>00:31:27.00</b>	+00:14:56 (47.5%)	6:16	9.6 (52.7%)
42	<b>DEMSKA Aneta</b>	<b>22</b>		K30	4	00:06:07	00:12:50	00:20:01	00:27:36	<b>00:34:53.20</b>	<b>00:34:54.20</b>	+00:18:23 (52.7%)	6:58	8.6 (47.3%)
43	<b>SZACHTA Paulina</b>	<b>34</b>		K20	6	00:06:30	00:13:58	00:21:37	00:29:29	<b>00:37:12.55</b>	<b>00:37:19.15</b>	+00:20:48 (55.8%)	7:26	8.1 (44.5%)
44	<b>WITKOWSKA Kalina</b>	<b>17</b>	ZSO NR 1 CHEŁMNO	K20	7	00:06:27	00:14:08	00:21:37	00:29:49	<b>00:37:52.40</b>	<b>00:37:56.00</b>	+00:21:25 (56.5%)	7:34	7.9 (43.4%)
45	<b>MAJ Magdalena</b>	<b>25</b>		K30	5	00:05:25	00:11:38	00:17:42	00:24:01			+00:10:46	6:00	10 (54.9%)
	<b>KUBERSKI Patryk</b>	<b>5</b>	CZUBASZEK RUNNING TEAM	M20		00:03:46 DNF	00:07:26 DNF	00:11:09 DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>SCHMELTER Przemysław</b>	<b>35</b>		M30		00:05:42 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)

Znaleziono 47 wynik(ów)