

Classification: All

Place	Participant	Number	Club	Category	MCat	Swimming		Cycling		Race		Net time 56.5km	Czas łączny 56.5km	Gap		
						0.95km	Poz	45km	Poz	10.55km	Place					
1	TOCHOWICZ Kasper	107	TRIWISE	M 19-29	1	00:14:13	1	00:00:00	00:59:56	1	00:01:00	00:37:08	3	01:52:17.45	01:52:18.70	
2	GAJ Przemysław	234	KAZIKI TRI	M 19-29	2	00:16:19	3	00:00:00	01:07:14	5	00:00:47	00:35:38	2	01:59:58.00	02:00:05.80	+00:07:40 (6.4%)
3	OLSZEWSKI Aleksander	196	TRINERGY	M 30-39	1	00:16:23	4	00:00:00	01:06:10	2	00:01:06	00:38:16	7	02:01:55.60	02:02:02.40	+00:09:38 (7.9%)
4	BIRECKI Jakub	205	RUNANDTRI.PL	M 30-39	2	00:16:46	7	00:00:00	01:06:32	3	00:00:58	00:38:01	6	02:02:17.90	02:02:42.55	+00:10:00 (8.2%)
5	KOŁODZIEJCZAK Filip	89	IM INSPIRATION	M 19-29	3	00:14:52	2	00:00:00	01:06:49	4	00:00:57	00:43:09	18	02:05:47.40	02:05:48.75	+00:13:29 (10.7%)
6	KARCH Tomasz	216	ŻELAZNA ŚWIDNICA	M 40-49	1	00:16:29	5	00:00:00	01:11:31	14	00:01:20	00:37:32	5	02:06:52.55	02:07:55.05	+00:14:35 (11.5%)
7	JACKOWIAK Piotr	142	SZTUKA RUCHU	M 30-39	3	00:16:47	8	00:00:00	01:07:17	6	00:00:57	00:42:12	13	02:07:13.65	02:07:31.00	+00:14:56 (11.7%)
8	BANASZEWSKI Wojciech	190		M 40-49	2	00:18:01	16	00:00:00	01:09:06	11	00:01:13	00:40:17	10	02:08:37.70	02:10:26.65	+00:16:20 (12.7%)
9	WOJCIESZKO Piotr	38	CHMURA COACHING	M 40-49	3	00:18:43	23	00:00:00	01:09:31	12	00:00:56	00:40:13	9	02:09:23.65	02:09:41.15	+00:17:06 (13.2%)
10	GOŁYŚ Grzegorz	42	ANIA HALSKA COACHING	M 19-29	4	00:18:31	20	00:00:00	01:09:00	10	00:01:16	00:40:56	11	02:09:43.80	02:09:53.00	+00:17:26 (13.4%)
11	BIELICKI Bartosz	177	RUNNING TEAM MILICZ	M 40-49	4	00:19:37	35	00:00:00	01:12:01	16	00:01:00	00:38:29	8	02:11:07.20	02:12:50.05	+00:18:49 (14.4%)
12	MICHNIEWICZ Maciej	14	EUROVENT ATHLETICS	M 40-49	5	00:17:09	12	00:00:00	01:11:38	15	00:00:51	00:41:41	12	02:11:19.30	02:13:12.50	+00:19:01 (14.5%)
13	PAŁYSA Marek	27	TRI NEGU	M 40-49	6	00:16:51	10	00:00:00	01:07:53	7	00:01:14	00:47:02	58	02:13:00.75	02:13:05.65	+00:20:43 (15.6%)
14	CHATIAN Adam	188		M 19-29	5	00:18:58	27	00:00:00	01:08:58	9	00:01:24	00:43:48	24	02:13:08.25	02:20:34.25	+00:20:50 (15.7%)
15	DOMINO Krystian	5	GVT	M 40-49	7	00:18:54	25	00:00:00	01:08:23	8	00:01:04	00:45:05	36	02:13:26.80	02:14:24.00	+00:21:09 (15.9%)
16	JAGIELSKI Łukasz	2	JAGIELSKI TEAM	M 30-39	4	00:17:54	15	00:00:00	01:12:48	21	00:00:59	00:43:32	21	02:15:13.85	02:15:38.45	+00:22:56 (17.0%)
17	TIDE Krzysztof	7		M 19-29	6	00:17:07	11	00:00:00	01:14:15	38	00:00:56	00:43:11	19	02:15:29.05	02:17:04.30	+00:23:11 (17.1%)
18	WYSOCCAŃSKI Paweł	46	TRI GRANDA WOŁÓW / PCC SQUAD	M 30-39	5	00:17:44	14	00:00:00	01:12:49	22	00:00:48	00:44:23	29	02:15:44.10	02:16:32.75	+00:23:26 (17.3%)
19	LECH Mirosław	225		M 30-39	6	00:18:04	17	00:00:00	01:12:14	18	00:01:30	00:46:41	50	02:18:29.25	02:19:13.00	+00:26:11 (18.9%)

Participant Information				Swimming			Cycling			Race			Total Time
ID	Name	Age	Team	Start	Rank	Time	Start	Rank	Time	Start	Rank	Time	Delta
20	CEDROWSKI Daniel	68		M 19-29	7	00:21:56 67	00:00:00	01:10:48 13	00:01:21	00:44:41 33	02:18:46.85	02:20:10.95	+00:26:29 (19.1%)
21	KUŹNIAK Jan	236	7PRO_TEAM	M 30-39	7	00:21:41 61	00:00:00	01:13:37 30	00:01:37	00:42:38 14	02:19:33.25	02:22:22.20	+00:27:15 (19.5%)
22	ZWIERZ Krzysztof	94		M 40-49	8	00:19:19 30	00:00:00	01:15:16 48	00:02:24	00:42:41 15	02:19:40.55	02:20:33.75	+00:27:23 (19.6%)
23	WŁODARCZAK Marcin	40	HELIOS CZEMPIŃ TEAM	M 40-49	9	00:22:14 73	00:00:00	01:12:02 17	00:01:01	00:45:19 38	02:20:36.75	02:24:34.30	+00:28:19 (20.1%)
24	FRYSKE Bartosz	82		M 30-39	8	00:23:24 95	00:00:00	01:12:25 19	00:00:58	00:43:58 25	02:20:45.45	02:23:24.00	+00:28:28 (20.2%)
25	WRÓBLEWSKI Piotr	175	LITWIN SPORTS	M 30-39	9	00:24:02 108	00:00:00	01:12:51 23	00:00:58	00:43:02 17	02:20:53.65	02:27:04.30	+00:28:36 (20.3%)
26	KORNES Janusz	180	TKKF TRIATHLON DĄBROWA GÓRNICZEJ	M 50-59	1	00:16:47 9	00:00:00	01:14:15 37	00:01:11	00:48:43 83	02:20:56.20	02:21:12.50	+00:28:38 (20.3%)
27	TOMASZEWSKI Mateusz	217		M 40-49	10	00:20:03 39	00:00:00	01:14:59 46	00:01:10	00:44:54 35	02:21:06.20	02:24:40.55	+00:28:48 (20.4%)
28	HYHS Jan	113	AUGUSTYNIAK TRIATHLON TEAM	M 30-39	10	00:22:18 75	00:00:00	01:13:17 27	00:01:48	00:44:01 26	02:21:24.65	02:21:57.55	+00:29:07 (20.6%)
29	KARGOL Paweł	164		M 40-49	11	00:20:13 42	00:00:00	01:13:14 26	00:00:52	00:47:11 61	02:21:30.40	02:22:23.80	+00:29:12 (20.6%)
30	ZAWADZKI Paweł	19	BPM STUDIO TEAM	M 30-39	11	00:21:41 60	00:00:00	01:13:08 25	00:01:16	00:45:48 42	02:21:53.85	02:23:09.25	+00:29:36 (20.9%)
31	BIELAK Artur	139	KAZIKI / ATAK NA TRIATHLON	M 40-49	12	00:19:17 29	00:00:00	01:14:21 40	00:01:23	00:46:57 56	02:21:58.15	02:22:27.20	+00:29:40 (20.9%)
32	SZEWCZYK Robert	219		M 40-49	13	00:20:06 40	00:00:00	01:15:13 47	00:00:52	00:46:01 44	02:22:12.50	02:22:25.85	+00:29:55 (21.0%)
33	DUDELA Adrian	207	KAZIKI	M 40-49	14	00:21:51 65	00:00:00	01:14:12 36	00:02:03	00:44:12 28	02:22:18.70	02:24:47.75	+00:30:01 (21.1%)
34	BEDNARCZYK Robert	32	DIAKONOWBEDNARCZYK.PL	M 30-39	12	00:24:32 118	00:00:00	01:14:01 35	00:01:21	00:43:01 16	02:22:55.95	02:25:34.30	+00:30:38 (21.4%)
35	MOGA Piotr	154	SPARTA ULTRA TEAM	M 30-39	13	00:18:21 19	00:00:00	01:13:48 31	00:01:03	00:49:45 94	02:22:57.45	02:23:55.60	+00:30:40 (21.5%)
36	ROMANOWSKI Piotr	9	TIETO TRIATHLON TEAM	M 30-39	14	00:22:53 84	00:00:00	01:15:38 51	00:01:42	00:43:29 20	02:23:42.40	02:29:33.55	+00:31:24 (21.9%)
37	SROGA Maciej	218	GT KONA	M 30-39	15	00:23:10 88	00:00:00	01:13:57 34	00:01:08	00:46:23 48	02:24:38.85	02:25:41.05	+00:32:21 (22.4%)
38	NAJGEBAUER Łukasz	11	FF INWESTYCJE	M 30-39	16	00:20:09 41	00:00:00	01:17:34 64	00:01:22	00:45:35 41	02:24:40.95	02:28:46.90	+00:32:23 (22.4%)
39	SZCZERBAKOWSKI Bartosz	1		M 40-49	15	00:21:33 58	00:00:00	01:13:56 33	00:01:46	00:47:33 68	02:24:48.25	02:27:51.75	+00:32:30 (22.5%)
40	SIERADZAN Grzegorz	72		M 40-49	16	00:21:35 59	00:00:00	01:13:55 32	00:01:27	00:48:05 76	02:25:02.65	02:29:47.00	+00:32:45 (22.6%)
41	CZAPLA Łukasz	264	TRICERATOPS	M 40-49	17	00:21:57 69	00:00:00	01:17:14 63	00:01:28	00:44:31 31	02:25:10.60	02:28:40.00	+00:32:53 (22.7%)
42	DWOJAK Marcin	179	BMW SMORAWIŃSKI	M 40-49	18	00:17:15 13	00:00:00	01:18:37 75	00:01:26	00:48:01 75	02:25:19.25	02:25:58.20	+00:33:01 (22.7%)
43	PILARCZYK Bartek	63		M 40-49	19	00:20:00 37	00:00:00	01:16:14 58	00:01:43	00:47:25 66	02:25:22.10	02:26:05.40	+00:33:04 (22.8%)
44	BOCIEK Piotr	168		M 30-39	17	00:26:47 149	00:00:00	01:12:52 24	00:01:15	00:44:32 32	02:25:26.90	02:30:50.95	+00:33:09 (22.8%)
45	KASPRZAK Jacek	200		M 40-49	20	00:19:06 28	00:00:00	01:14:59 45	00:01:13	00:50:11 98	02:25:29.80	02:26:22.85	+00:33:12 (22.8%)
46	KUBIAK Przemysław	254		M 50-59	2	00:21:30 56	00:00:00	01:14:17 39	00:01:49	00:48:11 78	02:25:47.20	02:29:25.90	+00:33:29 (23.0%)
47	SZUŁAWA Marcin	239		M 40-49	21	00:23:42 102	00:00:00	01:14:25 41	00:01:49	00:46:15 47	02:26:11.05	02:30:59.65	+00:33:53 (23.2%)

Triathlon - Ironman 70.3						Swimming		Cycling		Race		Total Time		Performance			
Rank	Name	Age	Team	Gender	Age Group	Swim	Trans	Cycle	Run	Swim	Trans	Race	Swim	Trans	Total	%	
48	SZYNALIK Sławomir	133	KIKATEAM	M	40-49	22	00:20:54	46	00:00:00	01:16:32	61	00:02:03	00:46:47	52	02:26:16.50	02:28:36.20	+00:33:59 (23.2%)
48	WOJNAROWSKI Adam	53	TRITON KONIN	M	40-49	22	00:20:24	43	00:00:00	01:13:23	28	00:01:26	00:51:03	110	02:26:16.50	02:29:41.20	+00:33:59 (23.2%)
50	CECHOWSKI Piotr	20	BEDNARSKI TRI TEAM	M	40-49	24	00:22:36	79	00:00:00	01:15:47	53	00:01:14	00:46:52	55	02:26:29.80	02:30:45.15	+00:34:12 (23.3%)
51	KAŹMIERCZAK Jan	86		M	19-29	8	00:20:50	45	00:00:00	01:20:33	98	00:01:00	00:44:30	30	02:26:53.00	02:31:47.00	+00:34:35 (23.6%)
52	SKIBA Grzegorz	98	TRICERATOPS	M	40-49	25	00:25:03	128	00:00:00	01:13:37	29	00:01:34	00:46:50	53	02:27:04.75	02:31:48.75	+00:34:47 (23.7%)
53	STODÓŁKA Szymon	15	LENIWIEC	M	30-39	18	00:21:17	49	00:00:00	01:12:35	20	00:01:15	00:52:07	122	02:27:14.15	02:30:58.40	+00:34:56 (23.7%)
54	SMORAWIŃSKI Wojtek	178	BMW SMORAWIŃSKI	M	40-49	26	00:18:41	21	00:00:00	01:18:30	72	00:01:16	00:49:13	88	02:27:40.15	02:29:49.80	+00:35:22 (24.0%)
55	PAKULSKI Marcin	169	NAGEL GROUP	M	30-39	19	00:22:43	81	00:00:00	01:15:19	49	00:01:08	00:48:41	82	02:27:51.85	02:31:30.75	+00:35:34 (24.1%)
56	BURZAWA Grzegorz	111	WARSZTAT FORMY	M	40-49	27	00:21:28	54	00:00:00	01:18:31	73	00:01:50	00:46:03	45	02:27:52.65	02:32:19.55	+00:35:35 (24.1%)
57	DROZDEK Łukasz	96	TRICERATOPS	M	40-49	28	00:24:38	120	00:00:00	01:18:35	74	00:01:35	00:43:40	23	02:28:28.40	02:31:57.55	+00:36:10 (24.4%)
58	NASKRĘTSKI Andrzej	255	TRIMP	M	40-49	29	00:22:17	74	00:00:00	01:16:15	59	00:01:08	00:48:52	85	02:28:32.50	02:30:21.05	+00:36:15 (24.4%)
59	GŁUCHOWSKI Przemek	221		M	40-49	30	00:23:56	105	00:00:00	01:15:56	57	00:01:43	00:47:07	59	02:28:42.30	02:31:57.05	+00:36:24 (24.5%)
60	ZAKRZEWSKI Michał	134	SNG WILD DUCKS	M	40-49	31	00:22:06	70	00:00:00	01:14:25	42	00:02:02	00:50:27	102	02:29:00.45	02:31:05.25	+00:36:43 (24.6%)
61	URBANIAK Krystian	231		M	19-29	9	00:18:20	18	00:00:00	01:18:24	71	00:01:37	00:50:51	105	02:29:12.30	02:30:47.85	+00:36:54 (24.7%)
62	TOKAREK Marek	206		M	40-49	32	00:19:19	31	00:00:00	01:18:13	69	00:01:29	00:50:17	99	02:29:18.05	02:29:23.35	+00:37:00 (24.8%)
63	STANKIEWICZ Jakub	36	ZDUN TRIATLON TEAM	M	40-49	33	00:21:50	64	00:00:00	01:19:18	85	00:01:53	00:47:17	64	02:30:18.60	02:32:42.90	+00:38:01 (25.3%)
64	PŁÓCIENNIK Hubert	64		M	19-29	10	00:24:39	122	00:00:00	01:14:41	43	00:01:55	00:49:16	89	02:30:31.55	02:32:24.55	+00:38:14 (25.4%)
65	PIETRZAK Romek	174	SKS OBORNKI	M	50-59	3	00:21:22	51	00:00:00	01:18:47	78	00:01:42	00:48:49	84	02:30:40.80	02:37:17.40	+00:38:23 (25.5%)
66	SZYMCZAK Piotr	191	BRANNO	M	40-49	34	00:23:37	101	00:00:00	01:15:54	55	00:01:20	00:49:53	97	02:30:44.90	02:37:37.30	+00:38:27 (25.5%)
67	PLUTA Jakub	194	SWIMMINGLAB	M	30-39	20	00:18:42	22	00:00:00	01:23:00	121	00:01:38	00:47:50	72	02:31:10.10	02:31:54.75	+00:38:52 (25.7%)
68	JASZCZYK Andrzej	166	SSW TEAM KROŚNICE	M	30-39	21	00:21:55	66	00:00:00	01:20:13	97	00:02:03	00:47:01	57	02:31:12.50	02:37:33.10	+00:38:55 (25.7%)
69	PASTUSZAK Krzysztof	171	TRITIM	M	60-69	1	00:22:54	85	00:00:00	01:17:43	65	00:01:21	00:49:22	91	02:31:20.35	02:32:49.80	+00:39:02 (25.8%)
70	BIĄŁEK Sebastian	250		M	40-49	35	00:24:02	109	00:00:00	01:15:52	54	00:01:09	00:50:22	101	02:31:25.15	02:36:03.35	+00:39:07 (25.8%)
71	KAŁUŻNY Adam	246		M	40-49	36	00:23:00	86	00:00:00	01:21:15	102	00:00:58	00:46:15	46	02:31:28.30	02:34:47.95	+00:39:10 (25.9%)
72	KALISKI Piotr	99		M	40-49	37	00:21:31	57	00:00:00	01:19:43	93	00:01:16	00:48:58	86	02:31:28.45	02:33:11.20	+00:39:11 (25.9%)
73	WIECZOREK Rafał	195		M	30-39	22	00:22:13	72	00:00:00	01:17:02	62	00:02:01	00:50:56	106	02:32:12.55	02:38:17.85	+00:39:55 (26.2%)
74	SKUBISZ Krzysztof	104	LITWIN SPORTS	M	30-39	23	00:24:01	107	00:00:00	01:17:45	66	00:01:11	00:49:20	90	02:32:17.95	02:34:51.90	+00:40:00 (26.3%)
75	MRUK Krzysztof	56	ZDUN TRIATHLON TEAM	M	19-29	11	00:27:06	153	00:00:00	01:20:01	96	00:01:43	00:43:34	22	02:32:24.05	02:36:26.25	+00:40:06 (26.3%)

Overall Performance Summary						Swimming			Cycling			Race			Total Time		
Rank	Name	Age Group	Team	Gender	Points	Time	Points	Time	Points	Time	Points	Time	Points	Time	Delta		
76	BRYŁOWSKI Marcin	35	NIEMAZAPÓŻNO BRANDBULL JEMAR	M	40-49	38	00:23:24	96	00:00:00	01:19:53	94	00:01:41	00:47:35	69	02:32:33.45	02:36:07.00	+00:40:16 (26.4%)
77	GROBELNY Piotr	127		M	30-39	24	00:21:44	62	00:00:00	01:18:23	70	00:01:55	00:50:57	107	02:32:59.80	02:38:17.55	+00:40:42 (26.6%)
78	GRODOMIŃSKI Hubert	47	TRI FOR ME	M	40-49	39	00:24:26	116	00:00:00	01:15:45	52	00:02:24	00:50:28	103	02:33:03.60	02:35:27.15	+00:40:46 (26.6%)
79	KUREK Grzegorz	183		M	40-49	40	00:19:32	34	00:00:00	01:21:17	104	00:01:41	00:52:10	123	02:34:40.00	02:35:46.50	+00:42:22 (27.4%)
80	MALYS Krzysztof	17	KP PSP OLEŚNICA	M	30-39	25	00:25:03	130	00:00:00	01:18:41	76	00:01:39	00:49:29	92	02:34:52.95	02:40:38.80	+00:42:35 (27.5%)
81	KACZURBA Witold	157	KB SOBÓTKA	M	30-39	26	00:28:36	165	00:00:00	01:19:02	80	00:02:10	00:45:10	37	02:34:58.15	02:44:00.75	+00:42:40 (27.5%)
82	BIRECKI Wacław	150	RUN AND TRI/GT KONA	M	60-69	2	00:21:13	48	00:00:00	01:17:47	67	00:01:47	00:54:19	141	02:35:06.25	02:39:12.45	+00:42:48 (27.6%)
83	JARCEWSKI Dominik	48		M	40-49	41	00:27:00	152	00:00:00	01:19:02	81	00:02:03	00:47:13	63	02:35:18.00	02:42:49.95	+00:43:00 (27.7%)
84	PLEWA Łukasz	88	RUN&BIKE STARY SIELEC	M	30-39	27	00:28:48	167	00:00:00	01:21:39	109	00:00:56	00:44:02	27	02:35:25.65	02:42:41.25	+00:43:08 (27.8%)
85	LOSTER Wojciech	230	HEINEKEN KRAKÓW	M	30-39	28	00:18:58	26	00:00:00	01:23:26	127	00:01:02	00:52:03	120	02:35:29.00	02:36:44.30	+00:43:11 (27.8%)
86	KOWALSKI Marcin	93	TRICERATOPS	M	40-49	42	00:23:50	103	00:00:00	01:20:51	99	00:01:16	00:49:36	93	02:35:33.95	02:39:56.05	+00:43:16 (27.8%)
87	RADOMSKA Karolina	248		K	40-49	1	00:19:27	32	00:00:00	01:23:39	130	00:01:36	00:50:58	108	02:35:40.95	02:36:15.60	+00:43:23 (27.9%)
88	FIGIEL Arkadiusz	67	ARKADIUSZ FIGIEL PHU MAFPOL	M	50-59	4	00:23:51	104	00:00:00	01:19:06	83	00:01:18	00:52:18	125	02:36:33.10	02:39:31.95	+00:44:15 (28.3%)
89	WOŹNIAK Dariusz	257		M	40-49	43	00:23:11	91	00:00:00	01:18:54	79	00:01:45	00:52:50	131	02:36:40.90	02:38:05.00	+00:44:23 (28.3%)
90	LIZIK Waldemar	143	TRI POWER TEAM	M	50-59	5	00:21:29	55	00:00:00	01:25:27	148	00:01:52	00:48:11	79	02:36:59.95	02:43:47.45	+00:44:42 (28.5%)
91	NOWAK Iwo	227		M	16-18	1	00:23:28	97	00:00:00	01:19:29	87	00:02:51	00:51:14	112	02:37:02.30	02:43:44.80	+00:44:44 (28.5%)
92	SZCZEPAŃSKI Wojciech	76	ŁÓDŹ KOCHA SPORT	M	30-39	29	00:23:11	90	00:00:00	01:26:56	158	00:01:08	00:45:50	43	02:37:05.00	02:42:15.00	+00:44:47 (28.5%)
93	MORAWSKI Piotr	23	DRUŻYNA M	M	30-39	30	00:24:13	111	00:00:00	01:23:04	123	00:01:14	00:48:37	81	02:37:08.70	02:41:19.50	+00:44:51 (28.5%)
94	JUFFER Robert	211	TRIDIVISION	M	30-39	31	00:26:00	139	00:00:00	01:21:27	107	00:01:40	00:48:06	77	02:37:13.65	02:42:02.40	+00:44:56 (28.6%)
95	WIŚNIEWSKI Jan	212		M	50-59	6	00:21:57	68	00:00:00	01:15:55	56	00:02:21	00:57:01	162	02:37:14.00	02:38:43.30	+00:44:56 (28.6%)
96	PISAREK Łukasz	120		M	40-49	44	00:20:47	44	00:00:00	01:19:11	84	00:00:56	00:56:28	159	02:37:22.60	02:38:29.45	+00:45:05 (28.6%)
97	DUDEK Mariusz	10		M	30-39	32	00:20:03	38	00:00:00	01:22:34	117	00:01:32	00:53:52	137	02:38:01.65	02:40:00.40	+00:45:44 (28.9%)
98	MARCINKOWSKI Piotr	108	OSW TRI TEAM	M	50-59	7	00:19:56	36	00:00:00	01:25:14	144	00:01:29	00:51:27	115	02:38:06.40	02:38:39.75	+00:45:48 (29.0%)
99	BACIK Mateusz	160		M	19-29	12	00:22:51	82	00:00:00	01:27:26	166	00:01:00	00:46:50	54	02:38:07.40	02:46:30.15	+00:45:49 (29.0%)
100	NOWAK Konrad	172	MBC MACIEJ BODNAR COACHING	M	40-49	45	00:24:58	127	00:00:00	01:21:01	101	00:01:59	00:50:21	100	02:38:19.15	02:43:25.30	+00:46:01 (29.1%)
101	MARCZUK Miron	193	NEON TEAM	M	19-29	13	00:21:25	53	00:00:00	01:25:19	146	00:01:04	00:50:37	104	02:38:25.80	02:42:09.65	+00:46:08 (29.1%)
102	GĄSIOR Oliwia	167	TRIATHLONOWA LEGNICA	K	20-29	1	00:16:36	6	00:00:00	01:25:41	150	00:01:29	00:55:46	157	02:39:32.95	02:40:02.15	+00:47:15 (29.6%)
103	POPARDOWSKI Jacek	109	SOKÓŁ GŁUBCZYCE	M	30-39	33	00:27:51	160	00:00:00	01:23:50	131	00:01:20	00:46:37	49	02:39:38.75	02:47:43.25	+00:47:21 (29.7%)

Athlete Information						Swimming			Cycling			Race			Overall		
ID	Name	Age	Team	Gender	Category	Time	Rank	Score	Time	Rank	Score	Time	Rank	Score	Delta		
104	CHENCZKE Dominik	247	ZDUN TRIATHON TEAM	M	40-49	46	00:24:21	114	00:00:00	01:18:45	77	00:00:58	00:55:37	154	02:39:41.75	02:41:50.95	+00:47:24 (29.7%)
105	BUCKI Przemek	131		M	40-49	47	00:25:03	129	00:00:00	01:22:18	114	00:01:42	00:51:09	111	02:40:12.10	02:44:10.25	+00:47:54 (29.9%)
106	BOROWIAK Mariusz	119	SZAŁOWE WĘDKOWANIE	M	40-49	48	00:21:44	63	00:00:00	01:21:26	106	00:01:50	00:55:12	149	02:40:12.30	02:46:36.85	+00:47:54 (29.9%)
107	MUSIAŁ Mateusz	77	DOBRA ENERGIA	M	30-39	34	00:29:32	173	00:00:00	01:24:15	135	00:01:01	00:45:29	39	02:40:17.75	02:48:22.55	+00:48:00 (29.9%)
108	NAWROCKI Arkadiusz	130	POWOLI	M	40-49	49	00:28:18	164	00:00:00	01:21:35	108	00:02:45	00:47:42	71	02:40:20.20	02:46:30.85	+00:48:02 (30.0%)
109	WITKOWSKI Piotr	118	RUN AND BIKE STARY SIELEC	M	30-39	35	00:23:28	98	00:00:00	01:21:54	111	00:01:30	00:53:43	136	02:40:35.20	02:46:20.95	+00:48:17 (30.1%)
110	HUBAJ Franciszek	91		M	16-18	2	00:22:28	77	00:00:00	01:23:06	124	00:01:00	00:54:14	139	02:40:48.05	02:42:07.05	+00:48:30 (30.2%)
111	WESOŁOWSKI Piotr	165	WSTAWAJ I WALCZ	M	40-49	50	00:37:54	206	00:00:00	01:31:38	185	00:02:08	00:29:30	1	02:41:10.75	02:48:42.75	+00:48:53 (30.3%)
112	URBAŃSKI Piotr	26	BARAKUDA MASTERS	M	40-49	51	00:28:48	168	00:00:00	01:23:28	128	00:01:23	00:47:32	67	02:41:11.15	02:44:14.30	+00:48:53 (30.3%)
113	RYBACKI Piotr	146		M	40-49	52	00:22:51	83	00:00:00	01:19:40	92	00:01:41	00:57:20	168	02:41:32.40	02:48:34.55	+00:49:14 (30.5%)
114	CZYŻEWSKI Mariusz	210	PIÓRKI	M	30-39	36	00:26:23	145	00:00:00	01:25:52	153	00:02:15	00:47:19	65	02:41:49.60	02:47:45.70	+00:49:32 (30.6%)
115	ŚLIWA Bogumił	128		M	30-39	37	00:23:36	100	00:00:00	01:24:03	132	00:02:33	00:51:54	116	02:42:06.30	02:44:05.05	+00:49:48 (30.7%)
116	TUCKI Cyprian	110	PSZCZYŃSKI ORZEŁ	M	30-39	38	00:29:01	169	00:00:00	01:21:54	112	00:01:27	00:49:47	95	02:42:09.10	02:50:06.65	+00:49:51 (30.7%)
117	POWROŹNIK Dawid	223		M	30-39	39	00:24:40	123	00:00:00	01:17:55	68	00:02:19	00:57:17	166	02:42:11.35	02:49:37.85	+00:49:53 (30.8%)
118	RABĘCKI Piotr	58	CYKLOMANIACY	M	40-49	53	00:26:10	143	00:00:00	01:15:21	50	00:01:00	00:59:47	181	02:42:18.10	02:48:39.00	+00:50:00 (30.8%)
119	SULKOWSKI Piotr	59	OKUCHNIE.PL	M	40-49	54	00:27:12	155	00:00:00	01:25:34	149	00:01:41	00:48:01	74	02:42:28.25	02:48:19.50	+00:50:10 (30.9%)
120	PAŁYSA Joanna	55	TRI NEGU	K	40-49	2	00:27:08	154	00:00:00	01:21:15	103	00:01:48	00:52:21	126	02:42:32.25	02:48:56.65	+00:50:14 (30.9%)
121	ADANSKI Sławomir	39		M	50-59	8	00:26:06	142	00:00:00	01:19:35	91	00:01:38	00:55:15	151	02:42:34.90	02:46:28.25	+00:50:17 (30.9%)
122	KONARSKI Robert	25		M	40-49	55	00:24:19	113	00:00:00	01:22:45	118	00:01:00	00:54:47	147	02:42:51.70	02:48:22.00	+00:50:34 (31.1%)
123	KWACZ Paweł	251		M	30-39	40	00:27:29	156	00:00:00	01:25:17	145	00:01:47	00:48:37	80	02:43:10.85	02:50:22.05	+00:50:53 (31.2%)
124	SALAMON Emil	34	ZDUN TRIATHLON TEAM	M	30-39	41	00:19:32	33	00:00:00	01:23:06	125	00:01:46	00:58:54	176	02:43:18.10	02:44:06.55	+00:51:00 (31.2%)
125	CIERNIEJSKI Łukasz	149		M	30-39	42	00:31:09	181	00:00:00	01:23:29	129	00:01:39	00:47:13	62	02:43:30.80	02:50:37.85	+00:51:13 (31.3%)
126	WOJCIECHOWSKI Paweł	8	BPM STUDIO	M	40-49	56	00:29:58	176	00:00:00	01:19:55	95	00:01:05	00:52:42	130	02:43:40.75	02:46:55.20	+00:51:23 (31.4%)
127	WODICZKO Weronika	62	ZDUN TRIATHLON TEAM	K	30-39	1	00:23:14	92	00:00:00	01:24:41	140	00:01:07	00:54:41	146	02:43:43.60	02:44:54.65	+00:51:26 (31.4%)
128	PLEWA Hubert	116	RUN AND BIKE STARY SIELEC	M	30-39	43	00:32:50	189	00:00:00	01:19:03	82	00:02:13	00:49:48	96	02:43:54.70	02:52:05.45	+00:51:37 (31.5%)
129	SIKORA Rafał	203		M	30-39	44	00:24:58	126	00:00:00	01:22:45	119	00:01:19	00:55:01	148	02:44:03.65	02:50:04.40	+00:51:46 (31.6%)
130	JASINSKI Tomasz	237	BULLET TEAM	M	40-49	57	00:23:58	106	00:00:00	01:19:35	90	00:02:26	00:58:13	172	02:44:12.75	02:47:06.85	+00:51:55 (31.6%)
131	ŁUKASZEWICZ Szymon	115		M	40-49	58	00:21:21	50	00:00:00	01:24:15	134	00:01:49	00:56:49	160	02:44:14.80	02:45:12.45	+00:51:57 (31.6%)

Rank	Name	Points	Team	Age Group	Age	Swimming		Cycling		Race		Total	%			
						Time	Points	Time	Points	Time	Points					
132	SOPEL Krzysztof	241		M 30-39	45	00:26:32	148	00:00:00	01:29:37	174	00:01:11	00:47:09	60	02:44:29.15	02:47:54.30	+00:52:11 (31.7%)
133	MALINOWSKI Łukasz	173		M 40-49	59	00:25:54	135	00:00:00	01:22:30	115	00:01:53	00:54:19	140	02:44:36.90	02:51:13.75	+00:52:19 (31.8%)
134	JANIAK Piotr	259		M 40-49	60	00:26:53	151	00:00:00	01:21:17	105	00:01:13	00:55:19	152	02:44:42.05	02:49:20.60	+00:52:24 (31.8%)
135	JĘDRZEJAK Marcin	235		M 19-29	14	00:25:20	131	00:00:00	01:25:22	147	00:01:08	00:52:54	133	02:44:44.05	02:52:35.80	+00:52:26 (31.8%)
136	JANKOWSKI Arkadiusz	242	NAGEL GROUP	M 40-49	61	00:25:31	132	00:00:00	01:23:17	126	00:01:30	00:54:28	142	02:44:46.50	02:48:06.15	+00:52:29 (31.9%)
137	BOGDANOWICZ Maciej	244	NAGEL GROUP	M 40-49	62	00:26:29	147	00:00:00	01:19:34	89	00:01:22	00:57:52	171	02:45:17.30	02:49:05.45	+00:52:59 (32.1%)
138	GRUZ Robert	197		M 30-39	46	00:23:21	94	00:00:00	01:22:58	120	00:01:45	00:57:15	165	02:45:19.00	02:49:21.45	+00:53:01 (32.1%)
139	MIKOŁAJCZYK Bartłomiej	249	DOOATHLON	M 30-39	47	00:24:15	112	00:00:00	01:20:57	100	00:00:57	00:59:31	178	02:45:40.25	02:50:13.05	+00:53:22 (32.2%)
140	TOMCZYK Elżbieta	60	ZDUN TRIATHLON TEAM	K 30-39	2	00:22:29	78	00:00:00	01:24:59	142	00:01:26	00:57:06	164	02:46:00.90	02:48:15.10	+00:53:43 (32.4%)
141	GUZEK Mariusz	163	LOS BIEGANEROS KUTNO	M 40-49	63	00:24:25	115	00:00:00	01:26:58	160	00:02:22	00:52:22	127	02:46:07.95	02:49:16.15	+00:53:50 (32.4%)
142	SZKOPEK Sebastian	147		M 40-49	64	00:26:06	141	00:00:00	01:25:05	143	00:01:47	00:53:13	134	02:46:11.30	02:53:13.45	+00:53:53 (32.4%)
143	LECHOWSKI Jan	74	KB HARCOWNIK JELCZ-LASKOWICE	M 60-69	3	00:28:13	161	00:00:00	01:25:42	151	00:01:39	00:51:00	109	02:46:34.75	02:54:32.55	+00:54:17 (32.6%)
144	SZYMCZAK Bartłomiej	83		M 40-49	65	00:25:40	133	00:00:00	01:27:55	170	00:01:42	00:51:18	114	02:46:35.75	02:53:23.35	+00:54:18 (32.6%)
145	DAWIDOWICZ Wojciech	137	ŚLĘZAKTEAM	M 30-39	48	00:32:02	185	00:00:00	01:19:34	88	00:01:29	00:53:56	138	02:47:01.45	02:55:50.70	+00:54:44 (32.8%)
146	WAWRZYNIAK Bogusław	90	WAWRZYN TEAM	M 50-59	9	00:18:46	24	00:00:00	01:22:08	113	00:01:28	01:04:48	193	02:47:10.40	02:47:26.90	+00:54:52 (32.8%)
147	HANDZLIK Kinga	253	LABO SPORT TEAM	K 20-29	2	00:32:43	187	00:00:00	01:27:24	165	00:01:41	00:45:33	40	02:47:21.05	02:52:44.75	+00:55:03 (32.9%)
148	FRANKOWSKI Leszek	75	FRANKI	M 40-49	66	00:24:47	125	00:00:00	01:26:08	156	00:01:53	00:54:33	144	02:47:21.60	02:53:17.85	+00:55:04 (32.9%)
149	STĘPNIEWSKI Dariusz	189	PROMYK CIECHANÓW	M 50-59	10	00:30:44	180	00:00:00	01:27:02	161	00:02:20	00:47:37	70	02:47:43.15	02:56:32.00	+00:55:25 (33.0%)
150	GUSS Bartosz	220	MOCNI W GĘNIE	M 40-49	67	00:29:02	170	00:00:00	01:27:46	168	00:02:03	00:49:03	87	02:47:54.85	02:55:46.65	+00:55:37 (33.1%)
151	WÓJCIK Jakub	117	TRIDIVISION	M 40-49	68	00:22:19	76	00:00:00	01:24:12	133	00:01:17	01:00:31	183	02:48:19.80	02:53:14.65	+00:56:02 (33.3%)
152	KOWALCZYK Rafał	112	GEO-PRO.PL	M 40-49	69	00:33:18	195	00:00:00	01:16:22	60	00:01:14	00:57:29	170	02:48:23.50	02:53:40.95	+00:56:06 (33.3%)
153	KMIEĆ Sławomir	187	LUBASZ	M 40-49	70	00:24:11	110	00:00:00						02:48:28.00	02:53:34.00	+00:56:10 (33.3%)
154	PROSOWIECKA SMAK Katarzyna	106		K 40-49	3	00:27:29	157	00:00:00	01:26:02	155	00:02:40	00:52:24	129	02:48:35.25	02:53:36.10	+00:56:17 (33.4%)
155	KUNCE Daniel	102		M 30-39	49	00:22:08	71	00:00:00	01:14:58	44	00:01:21	01:10:26	209	02:48:53.25	02:50:04.40	+00:56:35 (33.5%)
155	TOMCZUK Bartosz	97		M 30-39	49	00:26:50	150	00:00:00	01:22:31	116	00:02:13	00:57:19	167	02:48:53.25	02:50:57.40	+00:56:35 (33.5%)
157	KRÓL Lech	24	TRIATHLON KROTOSZYN TEAM	M 40-49	71	00:24:39	121	00:00:00	01:27:13	163	00:02:00	00:55:20	153	02:49:12.40	02:54:41.95	+00:56:54 (33.6%)
158	SZKOPEK Paweł	148		M 30-39	51	00:24:33	119	00:00:00	01:26:57	159	00:01:32	00:56:26	158	02:49:28.95	02:56:26.20	+00:57:11 (33.7%)
159	STRUSZ Kamil	213	TRIZARZA	M 19-29	15	00:23:10	89	00:00:00	01:21:40	110	00:02:17	01:02:48	189	02:49:55.75	02:54:28.80	+00:57:38 (33.9%)

Overall Performance						Swimming			Cycling			Race			Total		
Rank	Name	Age	Team	Gender	Age Group	Time	Power	Time	Power	Time	Power	Time	Power	Time	Power	Time	Power
160	WOJCIECHOWSKI Łukasz	204	GT KONA RUNANDTRI	M	30-39	52	00:26:24 146	00:00:00	01:27:11 162	00:01:55	00:54:29 143	02:49:59.30	02:58:35.35	+00:57:41 (33.9%)			
161	SZYMANOWSKA Marta	45	SZKOŁA PODSTAWOWA SPECJALNA NR 19 W KALISZU	K	30-39	3	00:26:12 144	00:00:00	01:30:33 179	00:01:46	00:53:42 135	02:52:13.80	02:59:50.80	+00:59:56 (34.8%)			
162	RABURSKI Czarek	73		M	30-39	53	00:28:14 162	00:00:00	01:25:43 152	00:01:15	00:57:03 163	02:52:15.50	02:58:31.40	+00:59:58 (34.8%)			
163	MIAŚKIEWICZ Witold	16	ZDUN TRIATHLON TEAM	M	50-59	11	00:32:20 186	00:00:00	01:26:41 157	00:01:24	00:51:59 118	02:52:24.05	02:55:07.60	+01:00:06 (34.9%)			
164	KOTAS Roman	155	KOTASTROFA	M	40-49	72	00:28:17 163	00:00:00	01:30:13 178	00:01:54	00:52:22 128	02:52:46.75	03:01:22.45	+01:00:29 (35.0%)			
165	JASINSKA Beata	238	BULLET TEAM	K	40-49	4	00:25:55 136	00:00:00	01:33:09 190	00:01:33	00:52:12 124	02:52:49.75	02:55:43.70	+01:00:32 (35.0%)			
166	BEDNARZ Bartłomiej	162		M	30-39	54	00:47:47 213	00:00:00	01:19:22 86	00:01:38	00:44:46 34	02:53:33.75	03:02:15.90	+01:01:16 (35.3%)			
167	MAJCZAK Kamil	31	ACTIVE RUNNERS PŁOCK	M	40-49	73	00:26:06 140	00:00:00	01:46:36 215	00:03:35	00:37:21 4	02:53:38.90	02:57:31.60	+01:01:21 (35.3%)			
168	GROŃSKI Robert	87		M	40-49	74	00:31:27 183	00:00:00	01:27:14 164	00:02:08	00:52:52 132	02:53:41.75	02:55:00.70	+01:01:24 (35.4%)			
169	PIETRUSIAK Wiktoria	65	ZDUN TRIATHLON TEAM	K	20-29	3	00:21:09 47	00:00:00	01:33:26 192	00:01:28	00:58:24 173	02:54:27.35	02:56:46.45	+01:02:09 (35.6%)			
170	HAŁADUS Dominik	240	DOMINIK HAŁADUS TRIATHLETE/BIKE FIT STUDIO DOMINIK HAŁADUS	M	30-39	55	00:32:54 190	00:00:00	01:24:24 137	00:01:32	00:55:44 156	02:54:34.10	03:02:50.95	+01:02:16 (35.7%)			
171	PAGÓREK Radosław	3	DURABLE	M	50-59	12	00:27:49 159	00:00:00	01:27:50 169	00:02:01	00:56:54 161	02:54:34.40	02:57:17.75	+01:02:16 (35.7%)			
172	DRAJER Sebastian	30		M	40-49	75	00:29:59 177	00:00:00	01:31:11 184	00:01:39	00:51:54 117	02:54:43.70	02:59:05.45	+01:02:26 (35.7%)			
173	MAJEWSKI Wiesław	192	KUŹNIA TRIATHLONU	M	40-49	76	00:29:18 171	00:00:00	01:28:52 173	00:02:14	00:54:38 145	02:55:02.15	03:00:02.65	+01:02:44 (35.8%)			
174	SZAGUN Agnieszka	260		K	30-39	4	00:23:35 99	00:00:00	01:30:04 176	00:01:49	01:00:02 182	02:55:30.85	02:58:00.35	+01:03:13 (36.0%)			
175	JANKOWSKI Jarosław	215		M	19-29	16	00:33:13 193	00:00:00	01:25:53 154	00:01:30	00:55:15 150	02:55:51.85	03:04:20.90	+01:03:34 (36.1%)			
176	NAGODZIŃSKI Marcin	85		M	30-39	56	00:28:41 166	00:00:00	01:24:16 136	00:02:21	01:01:37 186	02:56:55.20	03:04:40.55	+01:04:37 (36.5%)			
177	KOCH Przemysław	145	SZWAGIER TEAM	M	40-49	77	00:25:59 138	00:00:00	01:28:41 172	00:02:44	01:00:51 184	02:58:15.15	03:05:22.00	+01:05:57 (37.0%)			
178	STANEK Dawid	243		M	30-39	57	00:24:31 117	00:00:00	01:24:33 138	00:01:50	01:07:53 204	02:58:47.95	03:02:36.70	+01:06:30 (37.2%)			
179	WOJCIEKIEWICZ Marek	229		M	50-59	13	00:33:56 200	00:00:00	01:34:21 195	00:02:42	00:47:54 73	02:58:53.95	03:07:10.60	+01:06:36 (37.2%)			
180	MILEK Grzegorz	222	SIERADZKIGRZMOT	M	19-29	17	00:33:17 194	00:00:00	01:24:33 139	00:02:22	00:59:16 177	02:59:28.25	03:08:40.70	+01:07:10 (37.4%)			
181	HOFFMANN Bartosz	151	COMPUTEC TEAM	M	50-59	14	00:23:06 87	00:00:00	01:28:21 171	00:01:33	01:06:47 201	02:59:47.95	03:07:09.55	+01:07:30 (37.5%)			
182	CHOJNACKI Krzysztof	52		M	30-39	58	00:33:42 199	00:00:00	01:32:21 187	00:01:49	00:52:05 121	02:59:57.05	03:04:09.30	+01:07:39 (37.6%)			
183	KOSIARSKI Bartosz	181	AA TRIATHLON TEAM KROTOSZYŃ	M	40-49	78	00:21:22 52	00:00:00	01:36:55 203	00:02:01	00:59:46 180	03:00:04.90	03:04:15.75	+01:07:47 (37.6%)			
184	ŚPIEWAK Michał	208		M	30-39	59	00:33:35 198	00:00:00	01:30:36 180	00:04:42	00:52:01 119	03:00:54.85	03:06:35.90	+01:08:37 (37.9%)			
185	HOWANIEC Agata	80	ŁÓDŹ KOCHA SPORT	K	30-39	5	00:30:17 179	00:00:00	01:34:59 197	00:01:14	00:55:37 155	03:02:07.85	03:07:19.95	+01:09:50 (38.3%)			
186	CICHON Magdalena	258		K	40-49	5	00:33:09 192	00:00:00	01:35:38 199	00:02:19	00:51:16 113	03:02:22.50	03:09:43.45	+01:10:05 (38.4%)			
187	TACIK Przemysław	224	TRIMP	M	19-29	18	00:33:06 191	00:00:00	01:24:42 141	00:01:10	01:05:24 196	03:04:22.35	03:11:15.15	+01:12:04 (39.1%)			

						Swimming				Cycling				Race			
Rank	Name	Age	Team	Sex	Age Group	Swim Time	Swim Rank	Transit Time	Cycle Time	Cycle Rank	Run Time	Race Time	Race Rank	Swim	Cycle	Run	Total
188	PRUSKI Mariusz	141		M	30-39	60	00:25:54	134	00:00:00	01:30:59	183	00:02:48	01:05:46	197	03:05:27.80	03:12:43.30	+01:13:10 (39.5%)
189	PAŃKÓW Piotr	153	FUNDACJA NAKOLE	M	50-59	15	00:25:55	137	00:00:00	01:30:59	182	00:03:33	01:05:11	195	03:05:38.80	03:14:08.10	+01:13:21 (39.5%)
190	WITA Radek	161		M	40-49	79	00:34:01	202	00:00:00	01:33:11	191	00:01:50	00:58:25	174	03:07:27.25	03:10:32.80	+01:15:09 (40.1%)
191	KANTECKI Dawid	233	SIERADZKI GRZMOT	M	19-29	19	00:33:19	196	00:00:00	01:29:57	175	00:01:11	01:03:05	191	03:07:32.30	03:16:38.75	+01:15:14 (40.1%)
192	GRALAK Karol	105		M	40-49	80	00:31:46	184	00:00:00	01:23:01	122	00:03:56	01:09:19	207	03:08:02.30	03:16:13.55	+01:15:44 (40.3%)
193	ŚWITOŃ Dariusz	21	AKTYWNY OSTRZESZÓW	M	40-49	81	00:41:04	210	00:00:00	01:27:41	167	00:01:23	00:58:47	175	03:08:55.50	03:18:13.85	+01:16:38 (40.6%)
194	CIESIELSKA Ewa	61	ZDUN TRIATHLON TEAM	K	30-39	6	00:24:40	124	00:00:00	01:36:30	202	00:01:53	01:06:10	199	03:09:13.35	03:11:28.05	+01:16:55 (40.7%)
195	SZKOPEK Robert	232		M	19-29	20	00:23:15	93	00:00:00	01:36:07	200	00:01:25	01:08:53	206	03:09:40.85	03:16:37.60	+01:17:23 (40.8%)
196	DOMINIK Zuzanna	159		K	20-29	4	00:22:43	80	00:00:00	01:42:23	211	00:01:17	01:04:17	192	03:10:40.20	03:19:03.55	+01:18:22 (41.1%)
197	ROGACKI Adam	263		M	40-49	82	00:31:17	182	00:00:00	01:32:50	188	00:03:06	01:04:54	194	03:12:07.00	03:19:52.15	+01:19:49 (41.6%)
198	TURKOWSKI Adrian	101		M	19-29	21	00:27:40	158	00:00:00	01:37:06	204	00:01:44	01:06:43	200	03:13:13.10	03:15:47.25	+01:20:55 (41.9%)
199	DUDEK Michał Antoni	226		M	16-18	3	00:29:49	174	00:00:00	01:32:16	186	00:01:43	01:09:45	208	03:13:33.10	03:20:15.75	+01:21:15 (42.0%)
200	OLEKSIUK Michał	51		M	30-39	61	00:29:20	172	00:00:00	01:41:47	209	00:02:37	01:02:21	187	03:16:05.85	03:18:54.75	+01:23:48 (42.7%)
201	WILK Dawid	214		M	40-49	83	00:29:51	175	00:00:00	01:30:58	181	00:02:22	01:16:41	216	03:19:52.60	03:25:53.90	+01:27:35 (43.8%)
202	SZYMANOWSKI Damian	71		M	40-49	84	00:37:25	205	00:00:00	01:40:56	208	00:02:15	01:00:52	185	03:21:28.60	03:30:24.55	+01:29:11 (44.3%)
203	BADURA Piotr	184		M	30-39	62	00:32:48	188	00:00:00	01:39:18	207	00:02:05	01:07:36	203	03:21:47.10	03:28:03.10	+01:29:29 (44.4%)
204	WCISŁEK Mateusz	66	ZDUN TRIATHLON TEAM	M	40-49	85	00:30:10	178	00:00:00	01:34:36	196	00:02:26	01:14:38	215	03:21:50.60	03:29:01.65	+01:29:33 (44.4%)
205	WALISZEWSKI Jakub	79		M	30-39	63	00:33:19	197	00:00:00	01:33:57	194	00:03:14	01:12:09	212	03:22:39.70	03:28:14.80	+01:30:22 (44.6%)
206	SULKOWSKI Tomasz	81		M	40-49	86	00:35:48	204	00:00:00	01:37:28	206	00:02:30	01:07:23	202	03:23:09.50	03:29:15.15	+01:30:52 (44.7%)
207	MARCINIAK Łukasz	132	KS WIKINGOWIE	M	30-39	64	00:38:53	208	00:00:00	01:33:49	193	00:02:34	01:11:28	210	03:26:44.80	03:32:25.95	+01:34:27 (45.7%)
208	KOSTKA Bogumił	201	KS KROTOSZ KROTOSZYN	M	40-49	87	01:04:07	216	00:00:00	01:33:00	189	00:03:03	00:46:44	51	03:26:54.65	03:35:50.65	+01:34:37 (45.7%)
209	PODOLSKI Przemysław	28	KKSK PODOLSKI DOJO	M	30-39	65	00:42:16	211	00:00:00	01:30:11	177	00:02:24	01:12:08	211	03:26:59.45	03:33:29.20	+01:34:42 (45.8%)
210	GALEWSKI Piotr	185	TRENUJ Z NAMI	M	50-59	16	00:39:16	209	00:00:00	01:43:59	213	00:02:04	01:02:25	188	03:27:44.55	03:32:11.10	+01:35:27 (45.9%)
211	BIAŁOGÓROW Marcin	78		M	30-39	66	00:34:04	203	00:00:00	01:43:10	212	00:02:20	01:13:07	213	03:32:41.50	03:38:17.15	+01:40:24 (47.2%)
212	JANIGA-BEDNARZ Aleksandra	156		K	30-39	7	00:57:47	215	00:00:00	01:35:17	198	00:02:09	00:59:43	179	03:34:56.30	03:43:38.15	+01:42:38 (47.8%)
213	GADZINOWSKI Łukasz	140		M	40-49	88	00:37:56	207	00:00:00	01:51:58	216	00:02:49	01:02:54	190	03:35:37.40	03:42:07.30	+01:43:19 (47.9%)
214	STASZAK Agnieszka	261		K	40-49	6	00:33:58	201	00:00:00	01:46:10	214	00:02:00	01:14:36	214	03:36:44.60	03:44:21.90	+01:44:27 (48.2%)
215	ŚMIECH Mariusz	114		M	40-49	89	00:47:26	212	00:00:00	01:41:51	210	00:02:36	01:06:10	198	03:38:03.75	03:47:06.40	+01:45:46 (48.5%)

				Swimming	T1	Cycling	T2	Race	Total				
216	OLEJNICZAK Witold	245		M 70+	1	00:53:23 214	00:00:00	01:37:18 205	00:02:23	01:08:43 205	03:41:47.20	03:43:17.15	+01:49:29 (49.4%)
217	GALAŻKA Łukasz	228	SIERADZKIGRZMOT	M 19-29	22	01:09:19 217	00:00:00	01:36:18 201	00:02:34	00:57:24 169	03:45:35.40	03:54:46.95	+01:53:17 (50.2%)
	WILK Karol	41		M 40-49		01:11:37 218	00:00:00				DNF	DNF	

Total 218 results.