

56,5 KM - 1/4 DYSTANSU PEŁNEGO IM

Klasyfikacja: M 40-49

						Pływanie		T1	Rower		T2	Bieg		Czas		
Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	0.95km	Poz		45km	Poz		10.55km	Poz	Czas netto 56.5km	Czas łączny 56.5km	Różn
1	KARCH Tomasz	216	ŻELAZNA ŚWIDNICA	M 40-49	1	00:16:29	5	00:00:00	01:11:31	14	00:01:20	00:37:32	5	02:06:52.55	02:07:55.05	
2	BANASZEWSKI Wojciech	190		M 40-49	2	00:18:01	16	00:00:00	01:09:06	11	00:01:13	00:40:17	10	02:08:37.70	02:10:26.65	+00:01:45 (1.4%)
3	WOJCIESZKO Piotr	38	CHMURA COACHING	M 40-49	3	00:18:43	23	00:00:00	01:09:31	12	00:00:56	00:40:13	9	02:09:23.65	02:09:41.15	+00:02:31 (1.9%)
4	BIELICKI Bartosz	177	RUNNING TEAM MILICZ	M 40-49	4	00:19:37	35	00:00:00	01:12:01	16	00:01:00	00:38:29	8	02:11:07.20	02:12:50.05	+00:04:14 (3.2%)
5	MICHNIEWICZ Maciej	14	EUROVENT ATHLETICS	M 40-49	5	00:17:09	12	00:00:00	01:11:38	15	00:00:51	00:41:41	12	02:11:19.30	02:13:12.50	+00:04:26 (3.4%)
6	PAŁYSA Marek	27	TRI NEGU	M 40-49	6	00:16:51	10	00:00:00	01:07:53	7	00:01:14	00:47:02	58	02:13:00.75	02:13:05.65	+00:06:08 (4.6%)
7	DOMINO Krystian	5	GVT	M 40-49	7	00:18:54	25	00:00:00	01:08:23	8	00:01:04	00:45:05	36	02:13:26.80	02:14:24.00	+00:06:34 (4.9%)
8	ZWIERZ Krzysztof	94		M 40-49	8	00:19:19	30	00:00:00	01:15:16	48	00:02:24	00:42:41	15	02:19:40.55	02:20:33.75	+00:12:48 (9.2%)
9	WŁODARCZAK Marcin	40	HELIOS CZEMPIŃ TEAM	M 40-49	9	00:22:14	73	00:00:00	01:12:02	17	00:01:01	00:45:19	38	02:20:36.75	02:24:34.30	+00:13:44 (9.8%)
10	TOMASZEWSKI Mateusz	217		M 40-49	10	00:20:03	39	00:00:00	01:14:59	46	00:01:10	00:44:54	35	02:21:06.20	02:24:40.55	+00:14:13 (10.1%)
11	KARGOL Paweł	164		M 40-49	11	00:20:13	42	00:00:00	01:13:14	26	00:00:52	00:47:11	61	02:21:30.40	02:22:23.80	+00:14:37 (10.3%)
12	BIELAK Artur	139	KAZIKI / ATAK NA TRIATHLON	M 40-49	12	00:19:17	29	00:00:00	01:14:21	40	00:01:23	00:46:57	56	02:21:58.15	02:22:27.20	+00:15:05 (10.6%)
13	SZEWCZYK Robert	219		M 40-49	13	00:20:06	40	00:00:00	01:15:13	47	00:00:52	00:46:01	44	02:22:12.50	02:22:25.85	+00:15:19 (10.8%)
14	DUDELA Adrian	207	KAZIKI	M 40-49	14	00:21:51	65	00:00:00	01:14:12	36	00:02:03	00:44:12	28	02:22:18.70	02:24:47.75	+00:15:26 (10.8%)
15	SZCZERBAKOWSKI Bartosz	1		M 40-49	15	00:21:33	58	00:00:00	01:13:56	33	00:01:46	00:47:33	68	02:24:48.25	02:27:51.75	+00:17:55 (12.4%)

					□ Pływanie	T1	□ Rower	T2	□ Bieg			
16	SIERADZAN Grzegorz	72		M 40-49	16	00:21:35 59	00:00:00	01:13:55 32	00:01:27	00:48:05 76	02:25:02.65 02:29:47.00	+00:18:10 (12.5%)
17	CZAPLA Łukasz	264	TRICERATOPS	M 40-49	17	00:21:57 69	00:00:00	01:17:14 63	00:01:28	00:44:31 31	02:25:10.60 02:28:40.00	+00:18:18 (12.6%)
18	DWOJAK Marcin	179	BMW SMORAWIŃSKI	M 40-49	18	00:17:15 13	00:00:00	01:18:37 75	00:01:26	00:48:01 75	02:25:19.25 02:25:58.20	+00:18:26 (12.7%)
19	PILARCZYK Bartek	63		M 40-49	19	00:20:00 37	00:00:00	01:16:14 58	00:01:43	00:47:25 66	02:25:22.10 02:26:05.40	+00:18:29 (12.7%)
20	KASPRZAK Jacek	200		M 40-49	20	00:19:06 28	00:00:00	01:14:59 45	00:01:13	00:50:11 98	02:25:29.80 02:26:22.85	+00:18:37 (12.8%)
21	SZUŁAWA Marcin	239		M 40-49	21	00:23:42 102	00:00:00	01:14:25 41	00:01:49	00:46:15 47	02:26:11.05 02:30:59.65	+00:19:18 (13.2%)
22	SZYNALIK Sławomir	133	KIKATEAM	M 40-49	22	00:20:54 46	00:00:00	01:16:32 61	00:02:03	00:46:47 52	02:26:16.50 02:28:36.20	+00:19:23 (13.3%)
22	WOJNAROWSKI Adam	53	TRITON KONIN	M 40-49	22	00:20:24 43	00:00:00	01:13:23 28	00:01:26	00:51:03 110	02:26:16.50 02:29:41.20	+00:19:23 (13.3%)
24	CECHOWSKI Piotr	20	BEDNARSKI TRI TEAM	M 40-49	24	00:22:36 79	00:00:00	01:15:47 53	00:01:14	00:46:52 55	02:26:29.80 02:30:45.15	+00:19:37 (13.4%)
25	SKIBA Grzegorz	98	TRICERATOPS	M 40-49	25	00:25:03 128	00:00:00	01:13:37 29	00:01:34	00:46:50 53	02:27:04.75 02:31:48.75	+00:20:12 (13.7%)
26	SMORAWIŃSKI Wojtek	178	BMW SMORAWIŃSKI	M 40-49	26	00:18:41 21	00:00:00	01:18:30 72	00:01:16	00:49:13 88	02:27:40.15 02:29:49.80	+00:20:47 (14.1%)
27	BURZAWA Grzegorz	111	WARSZTAT FORMY	M 40-49	27	00:21:28 54	00:00:00	01:18:31 73	00:01:50	00:46:03 45	02:27:52.65 02:32:19.55	+00:21:00 (14.2%)
28	DROZDEK Łukasz	96	TRICERATOPS	M 40-49	28	00:24:38 120	00:00:00	01:18:35 74	00:01:35	00:43:40 23	02:28:28.40 02:31:57.55	+00:21:35 (14.5%)
29	NASKRĘTSKI Andrzej	255	TRIMP	M 40-49	29	00:22:17 74	00:00:00	01:16:15 59	00:01:08	00:48:52 85	02:28:32.50 02:30:21.05	+00:21:39 (14.6%)
30	GŁUCHOWSKI Przemek	221		M 40-49	30	00:23:56 105	00:00:00	01:15:56 57	00:01:43	00:47:07 59	02:28:42.30 02:31:57.05	+00:21:49 (14.7%)
31	ZAKRZEWSKI Michał	134	SNG WILD DUCKS	M 40-49	31	00:22:06 70	00:00:00	01:14:25 42	00:02:02	00:50:27 102	02:29:00.45 02:31:05.25	+00:22:07 (14.9%)
32	TOKAREK Marek	206		M 40-49	32	00:19:19 31	00:00:00	01:18:13 69	00:01:29	00:50:17 99	02:29:18.05 02:29:23.35	+00:22:25 (15.0%)
33	STANKIEWICZ Jakub	36	ZDUN TRIATLON TEAM	M 40-49	33	00:21:50 64	00:00:00	01:19:18 85	00:01:53	00:47:17 64	02:30:18.60 02:32:42.90	+00:23:26 (15.6%)
34	SZYMCZAK Piotr	191	BRANNO	M 40-49	34	00:23:37 101	00:00:00	01:15:54 55	00:01:20	00:49:53 97	02:30:44.90 02:37:37.30	+00:23:52 (15.8%)
35	BIAŁEK Sebastian	250		M 40-49	35	00:24:02 109	00:00:00	01:15:52 54	00:01:09	00:50:22 101	02:31:25.15 02:36:03.35	+00:24:32 (16.2%)
36	KĄŁUŻNY Adam	246		M 40-49	36	00:23:00 86	00:00:00	01:21:15 102	00:00:58	00:46:15 46	02:31:28.30 02:34:47.95	+00:24:35 (16.2%)
37	KALISKI Piotr	99		M 40-49	37	00:21:31 57	00:00:00	01:19:43 93	00:01:16	00:48:58 86	02:31:28.45 02:33:11.20	+00:24:35 (16.2%)
38	BRYŁOWSKI Marcin	35	NIEMAZAPÓŻNO BRANDBULL JEMAR	M 40-49	38	00:23:24 96	00:00:00	01:19:53 94	00:01:41	00:47:35 69	02:32:33.45 02:36:07.00	+00:25:40 (16.8%)
39	GRODOMIŃSKI Hubert	47	TRI FOR ME	M 40-49	39	00:24:26 116	00:00:00	01:15:45 52	00:02:24	00:50:28 103	02:33:03.60 02:35:27.15	+00:26:11 (17.1%)

				Pływanie		T1	Rower		T2	Bieg		T3
40	KUREK Grzegorz	183		M 40-49	40	00:19:32 34	00:00:00	01:21:17 104	00:01:41	00:52:10 123	02:34:40.00 02:35:46.50	+00:27:47 (18.0%)
41	JARCEWSKI Dominik	48		M 40-49	41	00:27:00 152	00:00:00	01:19:02 81	00:02:03	00:47:13 63	02:35:18.00 02:42:49.95	+00:28:25 (18.3%)
42	KOWALSKI Marcin	93	TRICERATOPS	M 40-49	42	00:23:50 103	00:00:00	01:20:51 99	00:01:16	00:49:36 93	02:35:33.95 02:39:56.05	+00:28:41 (18.4%)
43	WOŹNIAK Dariusz	257		M 40-49	43	00:23:11 91	00:00:00	01:18:54 79	00:01:45	00:52:50 131	02:36:40.90 02:38:05.00	+00:29:48 (19.0%)
44	PISAREK Łukasz	120		M 40-49	44	00:20:47 44	00:00:00	01:19:11 84	00:00:56	00:56:28 159	02:37:22.60 02:38:29.45	+00:30:30 (19.4%)
45	NOWAK Konrad	172	MBC MACIEJ BODNAR COACHING	M 40-49	45	00:24:58 127	00:00:00	01:21:01 101	00:01:59	00:50:21 100	02:38:19.15 02:43:25.30	+00:31:26 (19.9%)
46	CHENCZKE Dominik	247	ZDUN TRIATHON TEAM	M 40-49	46	00:24:21 114	00:00:00	01:18:45 77	00:00:58	00:55:37 154	02:39:41.75 02:41:50.95	+00:32:49 (20.6%)
47	BUCKI Przemek	131		M 40-49	47	00:25:03 129	00:00:00	01:22:18 114	00:01:42	00:51:09 111	02:40:12.10 02:44:10.25	+00:33:19 (20.8%)
48	BOROWIAK Mariusz	119	SZAŁOWE WĘDKOWANIE	M 40-49	48	00:21:44 63	00:00:00	01:21:26 106	00:01:50	00:55:12 149	02:40:12.30 02:46:36.85	+00:33:19 (20.8%)
49	NAWROCKI Arkadiusz	130	POWOLI	M 40-49	49	00:28:18 164	00:00:00	01:21:35 108	00:02:45	00:47:42 71	02:40:20.20 02:46:30.85	+00:33:27 (20.9%)
50	WESOŁOWSKI Piotr	165	WSTAWAJ I WALCZ	M 40-49	50	00:37:54 206	00:00:00	01:31:38 185	00:02:08	00:29:30 1	02:41:10.75 02:48:42.75	+00:34:18 (21.3%)
51	URBAŃSKI Piotr	26	BARAKUDA MASTERS	M 40-49	51	00:28:48 168	00:00:00	01:23:28 128	00:01:23	00:47:32 67	02:41:11.15 02:44:14.30	+00:34:18 (21.3%)
52	RYBACKI Piotr	146		M 40-49	52	00:22:51 83	00:00:00	01:19:40 92	00:01:41	00:57:20 168	02:41:32.40 02:48:34.55	+00:34:39 (21.5%)
53	RABĘCKI Piotr	58	CYKLOMANIACY	M 40-49	53	00:26:10 143	00:00:00	01:15:21 50	00:01:00	00:59:47 181	02:42:18.10 02:48:39.00	+00:35:25 (21.8%)
54	SULKOWSKI Piotr	59	OKUCHNIE.PL	M 40-49	54	00:27:12 155	00:00:00	01:25:34 149	00:01:41	00:48:01 74	02:42:28.25 02:48:19.50	+00:35:35 (21.9%)
55	KONARSKI Robert	25		M 40-49	55	00:24:19 113	00:00:00	01:22:45 118	00:01:00	00:54:47 147	02:42:51.70 02:48:22.00	+00:35:59 (22.1%)
56	WOJCIECHOWSKI Paweł	8	BPM STUDIO	M 40-49	56	00:29:58 176	00:00:00	01:19:55 95	00:01:05	00:52:42 130	02:43:40.75 02:46:55.20	+00:36:48 (22.5%)
57	JASINSKI Tomasz	237	BULLET TEAM	M 40-49	57	00:23:58 106	00:00:00	01:19:35 90	00:02:26	00:58:13 172	02:44:12.75 02:47:06.85	+00:37:20 (22.7%)
58	ŁUKASZEWICZ Szymon	115		M 40-49	58	00:21:21 50	00:00:00	01:24:15 134	00:01:49	00:56:49 160	02:44:14.80 02:45:12.45	+00:37:22 (22.8%)
59	MALINOWSKI Łukasz	173		M 40-49	59	00:25:54 135	00:00:00	01:22:30 115	00:01:53	00:54:19 140	02:44:36.90 02:51:13.75	+00:37:44 (22.9%)
60	JANIAK Piotr	259		M 40-49	60	00:26:53 151	00:00:00	01:21:17 105	00:01:13	00:55:19 152	02:44:42.05 02:49:20.60	+00:37:49 (23.0%)
61	JANKOWSKI Arkadiusz	242	NAGEL GROUP	M 40-49	61	00:25:31 132	00:00:00	01:23:17 126	00:01:30	00:54:28 142	02:44:46.50 02:48:06.15	+00:37:53 (23.0%)
62	BOGDANOWICZ Maciej	244	NAGEL GROUP	M 40-49	62	00:26:29 147	00:00:00	01:19:34 89	00:01:22	00:57:52 171	02:45:17.30 02:49:05.45	+00:38:24 (23.2%)
63	GUZEK Mariusz	163	LOS BIEGANEROS KUTNO	M 40-49	63	00:24:25 115	00:00:00	01:26:58 160	00:02:22	00:52:22 127	02:46:07.95 02:49:16.15	+00:39:15 (23.6%)

				Pływanie		T1	Rower		T2	Bieg		Suma	
64	SZKOPEK Sebastian	147		M 40-49	64	00:26:06 141	00:00:00	01:25:05 143	00:01:47	00:53:13 134	02:46:11.30	02:53:13.45	+00:39:18 (23.7%)
65	SZYMCZAK Bartłomiej	83		M 40-49	65	00:25:40 133	00:00:00	01:27:55 170	00:01:42	00:51:18 114	02:46:35.75	02:53:23.35	+00:39:43 (23.8%)
66	FRANKOWSKI Leszek	75	FRANKI	M 40-49	66	00:24:47 125	00:00:00	01:26:08 156	00:01:53	00:54:33 144	02:47:21.60	02:53:17.85	+00:40:29 (24.2%)
67	GUSS Bartosz	220	MOCNI W GĘNIE	M 40-49	67	00:29:02 170	00:00:00	01:27:46 168	00:02:03	00:49:03 87	02:47:54.85	02:55:46.65	+00:41:02 (24.4%)
68	WÓJCIK Jakub	117	TRIDIVISION	M 40-49	68	00:22:19 76	00:00:00	01:24:12 133	00:01:17	01:00:31 183	02:48:19.80	02:53:14.65	+00:41:27 (24.6%)
69	KOWALCZYK Rafał	112	GEO-PRO.PL	M 40-49	69	00:33:18 195	00:00:00	01:16:22 60	00:01:14	00:57:29 170	02:48:23.50	02:53:40.95	+00:41:30 (24.7%)
70	KMIEĆ Sławomir	187	LUBASZ	M 40-49	70	00:24:11 110	00:00:00				02:48:28.00	02:53:34.00	+00:41:35 (24.7%)
71	KRÓL Lech	24	TRIATHLON KROTOSZYN TEAM	M 40-49	71	00:24:39 121	00:00:00	01:27:13 163	00:02:00	00:55:20 153	02:49:12.40	02:54:41.95	+00:42:19 (25.0%)
72	KOTAS Roman	155	KOTASTROFA	M 40-49	72	00:28:17 163	00:00:00	01:30:13 178	00:01:54	00:52:22 128	02:52:46.75	03:01:22.45	+00:45:54 (26.6%)
73	MAJCZAK Kamil	31	ACTIVE RUNNERS PŁOCK	M 40-49	73	00:26:06 140	00:00:00	01:46:36 215	00:03:35	00:37:21 4	02:53:38.90	02:57:31.60	+00:46:46 (26.9%)
74	GROŃSKI Robert	87		M 40-49	74	00:31:27 183	00:00:00	01:27:14 164	00:02:08	00:52:52 132	02:53:41.75	02:55:00.70	+00:46:49 (27.0%)
75	DRAJER Sebastian	30		M 40-49	75	00:29:59 177	00:00:00	01:31:11 184	00:01:39	00:51:54 117	02:54:43.70	02:59:05.45	+00:47:51 (27.4%)
76	MAJEWSKI Wiesław	192	KUŹNIA TRIATHLONU	M 40-49	76	00:29:18 171	00:00:00	01:28:52 173	00:02:14	00:54:38 145	02:55:02.15	03:00:02.65	+00:48:09 (27.5%)
77	KOCH Przemysław	145	SZWAGIER TEAM	M 40-49	77	00:25:59 138	00:00:00	01:28:41 172	00:02:44	01:00:51 184	02:58:15.15	03:05:22.00	+00:51:22 (28.8%)
78	KOSIARSKI Bartosz	181	AA TRIATHLON TEAM KROTOSZYN	M 40-49	78	00:21:22 52	00:00:00	01:36:55 203	00:02:01	00:59:46 180	03:00:04.90	03:04:15.75	+00:53:12 (29.5%)
79	WITA Radek	161		M 40-49	79	00:34:01 202	00:00:00	01:33:11 191	00:01:50	00:58:25 174	03:07:27.25	03:10:32.80	+01:00:34 (32.3%)
80	GRALAK Karol	105		M 40-49	80	00:31:46 184	00:00:00	01:23:01 122	00:03:56	01:09:19 207	03:08:02.30	03:16:13.55	+01:01:09 (32.5%)
81	ŚWITOŃ Dariusz	21	AKTYWNY OSTRZESZÓW	M 40-49	81	00:41:04 210	00:00:00	01:27:41 167	00:01:23	00:58:47 175	03:08:55.50	03:18:13.85	+01:02:02 (32.8%)
82	ROGACKI Adam	263		M 40-49	82	00:31:17 182	00:00:00	01:32:50 188	00:03:06	01:04:54 194	03:12:07.00	03:19:52.15	+01:05:14 (34.0%)
83	WILK Dawid	214		M 40-49	83	00:29:51 175	00:00:00	01:30:58 181	00:02:22	01:16:41 216	03:19:52.60	03:25:53.90	+01:13:00 (36.5%)
84	SZYMANOWSKI Damian	71		M 40-49	84	00:37:25 205	00:00:00	01:40:56 208	00:02:15	01:00:52 185	03:21:28.60	03:30:24.55	+01:14:36 (37.0%)
85	WCISŁEK Mateusz	66	ZDUN TRIATHLON TEAM	M 40-49	85	00:30:10 178	00:00:00	01:34:36 196	00:02:26	01:14:38 215	03:21:50.60	03:29:01.65	+01:14:58 (37.1%)
86	SULKOWSKI Tomasz	81		M 40-49	86	00:35:48 204	00:00:00	01:37:28 206	00:02:30	01:07:23 202	03:23:09.50	03:29:15.15	+01:16:16 (37.5%)
87	KOSTKA Bogumił	201	KS KROTOSZ KROTOSZYN	M 40-49	87	01:04:07 216	00:00:00	01:33:00 189	00:03:03	00:46:44 51	03:26:54.65	03:35:50.65	+01:20:02 (38.7%)

				▢ Pływanie	T1	▢ Rower	T2	▢ Bieg	Czas			
88	GADZINOWSKI Łukasz	140	M 40-49	88	00:37:56 207	00:00:00	01:51:58 216	00:02:49	01:02:54 190	03:35:37.40	03:42:07.30	+01:28:44 (41.2%)
89	ŚMIECH Mariusz	114	M 40-49	89	00:47:26 212	00:00:00	01:41:51 210	00:02:36	01:06:10 198	03:38:03.75	03:47:06.40	+01:31:11 (41.8%)
	WILK Karol	41	M 40-49		01:11:37 218	00:00:00				DNF	DNF	

Znaleziono 90 wynik(ów)