

56,5 KM - 1/4 DYSTANSU PEŁNEGO IM

Klasyfikacja: M-Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Pływanie		T1	Rower		T2	Bieg		Czas		Różn
						0.95km	Poz		45km	Poz		10.55km	Poz	netto 56.5km	łączy 56.5km	
1	TOCHOWICZ Kasper	107	TRIWISE	M 19-29	1	00:14:13	1	00:00:00	00:59:56	1	00:01:00	00:37:08	3	01:52:17.45	01:52:18.70	
2	GAJ Przemysław	234	KAZIKI TRI	M 19-29	2	00:16:19	3	00:00:00	01:07:14	5	00:00:47	00:35:38	2	01:59:58.00	02:00:05.80	+00:07:40 (6.4%)
3	OLSZEWSKI Aleksander	196	TRINERGY	M 30-39	1	00:16:23	4	00:00:00	01:06:10	2	00:01:06	00:38:16	7	02:01:55.60	02:02:02.40	+00:09:38 (7.9%)
4	BIRECKI Jakub	205	RUNANDTRI.PL	M 30-39	2	00:16:46	7	00:00:00	01:06:32	3	00:00:58	00:38:01	6	02:02:17.90	02:02:42.55	+00:10:00 (8.2%)
5	KOŁODZIEJCZAK Filip	89	IM INSPIRATION	M 19-29	3	00:14:52	2	00:00:00	01:06:49	4	00:00:57	00:43:09	18	02:05:47.40	02:05:48.75	+00:13:29 (10.7%)
6	KARCH Tomasz	216	ŻELAZNA ŚWIDNICA	M 40-49	1	00:16:29	5	00:00:00	01:11:31	14	00:01:20	00:37:32	5	02:06:52.55	02:07:55.05	+00:14:35 (11.5%)
7	JACKOWIAK Piotr	142	SZTUKA RUCHU	M 30-39	3	00:16:47	8	00:00:00	01:07:17	6	00:00:57	00:42:12	13	02:07:13.65	02:07:31.00	+00:14:56 (11.7%)
8	BANASZEWSKI Wojciech	190		M 40-49	2	00:18:01	16	00:00:00	01:09:06	11	00:01:13	00:40:17	10	02:08:37.70	02:10:26.65	+00:16:20 (12.7%)
9	WOJCIESZKO Piotr	38	CHMURA COACHING	M 40-49	3	00:18:43	23	00:00:00	01:09:31	12	00:00:56	00:40:13	9	02:09:23.65	02:09:41.15	+00:17:06 (13.2%)
10	GOŁYŚ Grzegorz	42	ANIA HALSKA COACHING	M 19-29	4	00:18:31	20	00:00:00	01:09:00	10	00:01:16	00:40:56	11	02:09:43.80	02:09:53.00	+00:17:26 (13.4%)
11	BIELICKI Bartosz	177	RUNNING TEAM MILICZ	M 40-49	4	00:19:37	35	00:00:00	01:12:01	16	00:01:00	00:38:29	8	02:11:07.20	02:12:50.05	+00:18:49 (14.4%)
12	MICHNIEWICZ Maciej	14	EUROVENT ATHLETICS	M 40-49	5	00:17:09	12	00:00:00	01:11:38	15	00:00:51	00:41:41	12	02:11:19.30	02:13:12.50	+00:19:01 (14.5%)
13	PAŁYSA Marek	27	TRI NEGU	M 40-49	6	00:16:51	10	00:00:00	01:07:53	7	00:01:14	00:47:02	58	02:13:00.75	02:13:05.65	+00:20:43 (15.6%)
14	CHATIAN Adam	188		M 19-29	5	00:18:58	27	00:00:00	01:08:58	9	00:01:24	00:43:48	24	02:13:08.25	02:20:34.25	+00:20:50 (15.7%)
15	DOMINO Krystian	5	GVT	M 40-49	7	00:18:54	25	00:00:00	01:08:23	8	00:01:04	00:45:05	36	02:13:26.80	02:14:24.00	+00:21:09 (15.9%)
16	JAGIELSKI Łukasz	2	JAGIELSKI TEAM	M 30-39	4	00:17:54	15	00:00:00	01:12:48	21	00:00:59	00:43:32	21	02:15:13.85	02:15:38.45	+00:22:56 (17.0%)
17	TIDE Krzysztof	7		M 19-29	6	00:17:07	11	00:00:00	01:14:15	38	00:00:56	00:43:11	19	02:15:29.05	02:17:04.30	+00:23:11 (17.1%)
18	WYSOCZAŃSKI Paweł	46	TRI GRANDA WOŁÓW / PCC SQUAD	M 30-39	5	00:17:44	14	00:00:00	01:12:49	22	00:00:48	00:44:23	29	02:15:44.10	02:16:32.75	+00:23:26 (17.3%)

					Pływanie		Rower		Bieg				
19	LECH Mirosław	225		M 30-39	6	00:18:04 17	00:00:00	01:12:14 18	00:01:30	00:46:41 50	02:18:29.25	02:19:13.00	+00:26:11 (18.9%)
20	CEDROWSKI Daniel	68		M 19-29	7	00:21:56 67	00:00:00	01:10:48 13	00:01:21	00:44:41 33	02:18:46.85	02:20:10.95	+00:26:29 (19.1%)
21	KUŹNIAK Jan	236	7PRO_TEAM	M 30-39	7	00:21:41 61	00:00:00	01:13:37 30	00:01:37	00:42:38 14	02:19:33.25	02:22:22.20	+00:27:15 (19.5%)
22	ZWIERZ Krzysztof	94		M 40-49	8	00:19:19 30	00:00:00	01:15:16 48	00:02:24	00:42:41 15	02:19:40.55	02:20:33.75	+00:27:23 (19.6%)
23	WŁODARCZAK Marcin	40	HELIOS CZEMPIŃ TEAM	M 40-49	9	00:22:14 73	00:00:00	01:12:02 17	00:01:01	00:45:19 38	02:20:36.75	02:24:34.30	+00:28:19 (20.1%)
24	FRYSKE Bartosz	82		M 30-39	8	00:23:24 95	00:00:00	01:12:25 19	00:00:58	00:43:58 25	02:20:45.45	02:23:24.00	+00:28:28 (20.2%)
25	WRÓBLEWSKI Piotr	175	LITWIN SPORTS	M 30-39	9	00:24:02 108	00:00:00	01:12:51 23	00:00:58	00:43:02 17	02:20:53.65	02:27:04.30	+00:28:36 (20.3%)
26	KORNES Janusz	180	TKKF TRIATHLON DĄBROWA GÓRNICZEJ	M 50-59	1	00:16:47 9	00:00:00	01:14:15 37	00:01:11	00:48:43 83	02:20:56.20	02:21:12.50	+00:28:38 (20.3%)
27	TOMASZEWSKI Mateusz	217		M 40-49	10	00:20:03 39	00:00:00	01:14:59 46	00:01:10	00:44:54 35	02:21:06.20	02:24:40.55	+00:28:48 (20.4%)
28	HYHS Jan	113	AUGUSTYNIAK TRIATHLON TEAM	M 30-39	10	00:22:18 75	00:00:00	01:13:17 27	00:01:48	00:44:01 26	02:21:24.65	02:21:57.55	+00:29:07 (20.6%)
29	KARGOL Paweł	164		M 40-49	11	00:20:13 42	00:00:00	01:13:14 26	00:00:52	00:47:11 61	02:21:30.40	02:22:23.80	+00:29:12 (20.6%)
30	ZAWADZKI Paweł	19	BPM STUDIO TEAM	M 30-39	11	00:21:41 60	00:00:00	01:13:08 25	00:01:16	00:45:48 42	02:21:53.85	02:23:09.25	+00:29:36 (20.9%)
31	BIELAK Artur	139	KAZIKI / ATAK NA TRIATHLON	M 40-49	12	00:19:17 29	00:00:00	01:14:21 40	00:01:23	00:46:57 56	02:21:58.15	02:22:27.20	+00:29:40 (20.9%)
32	SZEWczyk Robert	219		M 40-49	13	00:20:06 40	00:00:00	01:15:13 47	00:00:52	00:46:01 44	02:22:12.50	02:22:25.85	+00:29:55 (21.0%)
33	DUDELA Adrian	207	KAZIKI	M 40-49	14	00:21:51 65	00:00:00	01:14:12 36	00:02:03	00:44:12 28	02:22:18.70	02:24:47.75	+00:30:01 (21.1%)
34	BEDNARCZYK Robert	32	DIAKONOWBEDNARCZYK.PL	M 30-39	12	00:24:32 118	00:00:00	01:14:01 35	00:01:21	00:43:01 16	02:22:55.95	02:25:34.30	+00:30:38 (21.4%)
35	MOGA Piotr	154	SPARTA ULTRA TEAM	M 30-39	13	00:18:21 19	00:00:00	01:13:48 31	00:01:03	00:49:45 94	02:22:57.45	02:23:55.60	+00:30:40 (21.5%)
36	ROMANOWSKI Piotr	9	TIETO TRIATHLON TEAM	M 30-39	14	00:22:53 84	00:00:00	01:15:38 51	00:01:42	00:43:29 20	02:23:42.40	02:29:33.55	+00:31:24 (21.9%)
37	SROGA Maciej	218	GT KONA	M 30-39	15	00:23:10 88	00:00:00	01:13:57 34	00:01:08	00:46:23 48	02:24:38.85	02:25:41.05	+00:32:21 (22.4%)
38	NAJGEBAUER Łukasz	11	FF INWESTYCJE	M 30-39	16	00:20:09 41	00:00:00	01:17:34 64	00:01:22	00:45:35 41	02:24:40.95	02:28:46.90	+00:32:23 (22.4%)
39	SZCZERBAKOWSKI Bartosz	1		M 40-49	15	00:21:33 58	00:00:00	01:13:56 33	00:01:46	00:47:33 68	02:24:48.25	02:27:51.75	+00:32:30 (22.5%)
40	SIERADZAN Grzegorz	72		M 40-49	16	00:21:35 59	00:00:00	01:13:55 32	00:01:27	00:48:05 76	02:25:02.65	02:29:47.00	+00:32:45 (22.6%)
41	CZAPLA Łukasz	264	TRICERATOPS	M 40-49	17	00:21:57 69	00:00:00	01:17:14 63	00:01:28	00:44:31 31	02:25:10.60	02:28:40.00	+00:32:53 (22.7%)
42	DWOJAK Marcin	179	BMW SMORAWIŃSKI	M 40-49	18	00:17:15 13	00:00:00	01:18:37 75	00:01:26	00:48:01 75	02:25:19.25	02:25:58.20	+00:33:01 (22.7%)
43	PILARCZYK Bartek	63		M 40-49	19	00:20:00 37	00:00:00	01:16:14 58	00:01:43	00:47:25 66	02:25:22.10	02:26:05.40	+00:33:04 (22.8%)
44	BOCIEK Piotr	168		M 30-39	17	00:26:47 149	00:00:00	01:12:52 24	00:01:15	00:44:32 32	02:25:26.90	02:30:50.95	+00:33:09 (22.8%)
45	KASPRZAK Jacek	200		M 40-49	20	00:19:06 28	00:00:00	01:14:59 45	00:01:13	00:50:11 98	02:25:29.80	02:26:22.85	+00:33:12 (22.8%)
46	KUBIAK Przemysław	254		M 50-59	2	00:21:30 56	00:00:00	01:14:17 39	00:01:49	00:48:11 78	02:25:47.20	02:29:25.90	+00:33:29 (23.0%)

					Pływanie		Rower		Bieg				
47	SZUŁAWA Marcin	239		M 40-49	21	00:23:42 102	00:00:00	01:14:25 41	00:01:49	00:46:15 47	02:26:11.05	02:30:59.65	+00:33:53 (23.2%)
48	SZYNALIK Sławomir	133	KIKATEAM	M 40-49	22	00:20:54 46	00:00:00	01:16:32 61	00:02:03	00:46:47 52	02:26:16.50	02:28:36.20	+00:33:59 (23.2%)
48	WOJNAROWSKI Adam	53	TRITON KONIN	M 40-49	22	00:20:24 43	00:00:00	01:13:23 28	00:01:26	00:51:03 110	02:26:16.50	02:29:41.20	+00:33:59 (23.2%)
50	CECHOWSKI Piotr	20	BEDNARSKI TRI TEAM	M 40-49	24	00:22:36 79	00:00:00	01:15:47 53	00:01:14	00:46:52 55	02:26:29.80	02:30:45.15	+00:34:12 (23.3%)
51	KAŻMIERCZAK Jan	86		M 19-29	8	00:20:50 45	00:00:00	01:20:33 98	00:01:00	00:44:30 30	02:26:53.00	02:31:47.00	+00:34:35 (23.6%)
52	SKIBA Grzegorz	98	TRICERATOPS	M 40-49	25	00:25:03 128	00:00:00	01:13:37 29	00:01:34	00:46:50 53	02:27:04.75	02:31:48.75	+00:34:47 (23.7%)
53	STODÓŁKA Szymon	15	LENIWIEC	M 30-39	18	00:21:17 49	00:00:00	01:12:35 20	00:01:15	00:52:07 122	02:27:14.15	02:30:58.40	+00:34:56 (23.7%)
54	SMORAWIŃSKI Wojtek	178	BMW SMORAWIŃSKI	M 40-49	26	00:18:41 21	00:00:00	01:18:30 72	00:01:16	00:49:13 88	02:27:40.15	02:29:49.80	+00:35:22 (24.0%)
55	PAKUŁSKI Marcin	169	NAGEL GROUP	M 30-39	19	00:22:43 81	00:00:00	01:15:19 49	00:01:08	00:48:41 82	02:27:51.85	02:31:30.75	+00:35:34 (24.1%)
56	BURZAWA Grzegorz	111	WARSZTAT FORMY	M 40-49	27	00:21:28 54	00:00:00	01:18:31 73	00:01:50	00:46:03 45	02:27:52.65	02:32:19.55	+00:35:35 (24.1%)
57	DROZDEK Łukasz	96	TRICERATOPS	M 40-49	28	00:24:38 120	00:00:00	01:18:35 74	00:01:35	00:43:40 23	02:28:28.40	02:31:57.55	+00:36:10 (24.4%)
58	NASKRĘTSKI Andrzej	255	TRIMP	M 40-49	29	00:22:17 74	00:00:00	01:16:15 59	00:01:08	00:48:52 85	02:28:32.50	02:30:21.05	+00:36:15 (24.4%)
59	GŁUCHOWSKI Przemek	221		M 40-49	30	00:23:56 105	00:00:00	01:15:56 57	00:01:43	00:47:07 59	02:28:42.30	02:31:57.05	+00:36:24 (24.5%)
60	ZAKRZEWSKI Michał	134	SNG WILD DUCKS	M 40-49	31	00:22:06 70	00:00:00	01:14:25 42	00:02:02	00:50:27 102	02:29:00.45	02:31:05.25	+00:36:43 (24.6%)
61	URBANIAK Krystian	231		M 19-29	9	00:18:20 18	00:00:00	01:18:24 71	00:01:37	00:50:51 105	02:29:12.30	02:30:47.85	+00:36:54 (24.7%)
62	TOKAREK Marek	206		M 40-49	32	00:19:19 31	00:00:00	01:18:13 69	00:01:29	00:50:17 99	02:29:18.05	02:29:23.35	+00:37:00 (24.8%)
63	STANKIEWICZ Jakub	36	ZDUN TRIATLON TEAM	M 40-49	33	00:21:50 64	00:00:00	01:19:18 85	00:01:53	00:47:17 64	02:30:18.60	02:32:42.90	+00:38:01 (25.3%)
64	PŁÓCIENNIK Hubert	64		M 19-29	10	00:24:39 122	00:00:00	01:14:41 43	00:01:55	00:49:16 89	02:30:31.55	02:32:24.55	+00:38:14 (25.4%)
65	PIETRZAK Romek	174	SKS OBORNKI	M 50-59	3	00:21:22 51	00:00:00	01:18:47 78	00:01:42	00:48:49 84	02:30:40.80	02:37:17.40	+00:38:23 (25.5%)
66	SZYMCZAK Piotr	191	BRANNO	M 40-49	34	00:23:37 101	00:00:00	01:15:54 55	00:01:20	00:49:53 97	02:30:44.90	02:37:37.30	+00:38:27 (25.5%)
67	PLUTA Jakub	194	SWIMMINGLAB	M 30-39	20	00:18:42 22	00:00:00	01:23:00 121	00:01:38	00:47:50 72	02:31:10.10	02:31:54.75	+00:38:52 (25.7%)
68	JASZCZYK Andrzej	166	SSW TEAM KROŚNICE	M 30-39	21	00:21:55 66	00:00:00	01:20:13 97	00:02:03	00:47:01 57	02:31:12.50	02:37:33.10	+00:38:55 (25.7%)
69	PASTUSZAK Krzysztof	171	TRITIM	M 60-69	1	00:22:54 85	00:00:00	01:17:43 65	00:01:21	00:49:22 91	02:31:20.35	02:32:49.80	+00:39:02 (25.8%)
70	BIAŁEK Sebastian	250		M 40-49	35	00:24:02 109	00:00:00	01:15:52 54	00:01:09	00:50:22 101	02:31:25.15	02:36:03.35	+00:39:07 (25.8%)
71	KAŁUŻNY Adam	246		M 40-49	36	00:23:00 86	00:00:00	01:21:15 102	00:00:58	00:46:15 46	02:31:28.30	02:34:47.95	+00:39:10 (25.9%)
72	KALISKI Piotr	99		M 40-49	37	00:21:31 57	00:00:00	01:19:43 93	00:01:16	00:48:58 86	02:31:28.45	02:33:11.20	+00:39:11 (25.9%)
73	WIECZOREK Rafał	195		M 30-39	22	00:22:13 72	00:00:00	01:17:02 62	00:02:01	00:50:56 106	02:32:12.55	02:38:17.85	+00:39:55 (26.2%)
74	SKUBISZ Krzysztof	104	LITWIN SPORTS	M 30-39	23	00:24:01 107	00:00:00	01:17:45 66	00:01:11	00:49:20 90	02:32:17.95	02:34:51.90	+00:40:00 (26.3%)

						Pływanie			Rower			Bieg				
75	MRUK Krzysztof	56	ZDUN TRIATHLON TEAM	M 19-29	11	00:27:06	153	00:00:00	01:20:01	96	00:01:43	00:43:34	22	02:32:24.05	02:36:26.25	+00:40:06 (26.3%)
76	BRYŁOWSKI Marcin	35	NIEMAZAPÓŻNO BRANDBULL JEMAR	M 40-49	38	00:23:24	96	00:00:00	01:19:53	94	00:01:41	00:47:35	69	02:32:33.45	02:36:07.00	+00:40:16 (26.4%)
77	GROBELNY Piotr	127		M 30-39	24	00:21:44	62	00:00:00	01:18:23	70	00:01:55	00:50:57	107	02:32:59.80	02:38:17.55	+00:40:42 (26.6%)
78	GRODOMIŃSKI Hubert	47	TRI FOR ME	M 40-49	39	00:24:26	116	00:00:00	01:15:45	52	00:02:24	00:50:28	103	02:33:03.60	02:35:27.15	+00:40:46 (26.6%)
79	KUREK Grzegorz	183		M 40-49	40	00:19:32	34	00:00:00	01:21:17	104	00:01:41	00:52:10	123	02:34:40.00	02:35:46.50	+00:42:22 (27.4%)
80	MALYS Krzysztof	17	KP PSP OLEŚNICA	M 30-39	25	00:25:03	130	00:00:00	01:18:41	76	00:01:39	00:49:29	92	02:34:52.95	02:40:38.80	+00:42:35 (27.5%)
81	KACZURBA Witold	157	KB SOBÓTKA	M 30-39	26	00:28:36	165	00:00:00	01:19:02	80	00:02:10	00:45:10	37	02:34:58.15	02:44:00.75	+00:42:40 (27.5%)
82	BIRECKI Wacław	150	RUN AND TRI/GT KONA	M 60-69	2	00:21:13	48	00:00:00	01:17:47	67	00:01:47	00:54:19	141	02:35:06.25	02:39:12.45	+00:42:48 (27.6%)
83	JARCZEWSKI Dominik	48		M 40-49	41	00:27:00	152	00:00:00	01:19:02	81	00:02:03	00:47:13	63	02:35:18.00	02:42:49.95	+00:43:00 (27.7%)
84	PLEWA Łukasz	88	RUN&BIKE STARY SIELEC	M 30-39	27	00:28:48	167	00:00:00	01:21:39	109	00:00:56	00:44:02	27	02:35:25.65	02:42:41.25	+00:43:08 (27.8%)
85	LOSTER Wojciech	230	HEINEKEN KRAKÓW	M 30-39	28	00:18:58	26	00:00:00	01:23:26	127	00:01:02	00:52:03	120	02:35:29.00	02:36:44.30	+00:43:11 (27.8%)
86	KOWALSKI Marcin	93	TRICERATOPS	M 40-49	42	00:23:50	103	00:00:00	01:20:51	99	00:01:16	00:49:36	93	02:35:33.95	02:39:56.05	+00:43:16 (27.8%)
87	FIGIEL Arkadiusz	67	ARKADIUSZ FIGIEL PHU MAFPOL	M 50-59	4	00:23:51	104	00:00:00	01:19:06	83	00:01:18	00:52:18	125	02:36:33.10	02:39:31.95	+00:44:15 (28.3%)
88	WOŹNIAK Dariusz	257		M 40-49	43	00:23:11	91	00:00:00	01:18:54	79	00:01:45	00:52:50	131	02:36:40.90	02:38:05.00	+00:44:23 (28.3%)
89	LIZIK Waldemar	143	TRI POWER TEAM	M 50-59	5	00:21:29	55	00:00:00	01:25:27	148	00:01:52	00:48:11	79	02:36:59.95	02:43:47.45	+00:44:42 (28.5%)
90	NOWAK Iwo	227		M 16-18	1	00:23:28	97	00:00:00	01:19:29	87	00:02:51	00:51:14	112	02:37:02.30	02:43:44.80	+00:44:44 (28.5%)
91	SZCZEPAŃSKI Wojciech	76	ŁÓDŹ KOCHA SPORT	M 30-39	29	00:23:11	90	00:00:00	01:26:56	158	00:01:08	00:45:50	43	02:37:05.00	02:42:15.00	+00:44:47 (28.5%)
92	MORAWSKI Piotr	23	DRUŻYNA M	M 30-39	30	00:24:13	111	00:00:00	01:23:04	123	00:01:14	00:48:37	81	02:37:08.70	02:41:19.50	+00:44:51 (28.5%)
93	JUFFER Robert	211	TRIDIVISION	M 30-39	31	00:26:00	139	00:00:00	01:21:27	107	00:01:40	00:48:06	77	02:37:13.65	02:42:02.40	+00:44:56 (28.6%)
94	WIŚNIEWSKI Jan	212		M 50-59	6	00:21:57	68	00:00:00	01:15:55	56	00:02:21	00:57:01	162	02:37:14.00	02:38:43.30	+00:44:56 (28.6%)
95	PISAREK Łukasz	120		M 40-49	44	00:20:47	44	00:00:00	01:19:11	84	00:00:56	00:56:28	159	02:37:22.60	02:38:29.45	+00:45:05 (28.6%)
96	DUDEK Mariusz	10		M 30-39	32	00:20:03	38	00:00:00	01:22:34	117	00:01:32	00:53:52	137	02:38:01.65	02:40:00.40	+00:45:44 (28.9%)
97	MARCINKOWSKI Piotr	108	OSW TRI TEAM	M 50-59	7	00:19:56	36	00:00:00	01:25:14	144	00:01:29	00:51:27	115	02:38:06.40	02:38:39.75	+00:45:48 (29.0%)
98	BACIK Mateusz	160		M 19-29	12	00:22:51	82	00:00:00	01:27:26	166	00:01:00	00:46:50	54	02:38:07.40	02:46:30.15	+00:45:49 (29.0%)
99	NOWAK Konrad	172	MBC MACIEJ BODNAR COACHING	M 40-49	45	00:24:58	127	00:00:00	01:21:01	101	00:01:59	00:50:21	100	02:38:19.15	02:43:25.30	+00:46:01 (29.1%)
100	MARCZUK Miron	193	NEON TEAM	M 19-29	13	00:21:25	53	00:00:00	01:25:19	146	00:01:04	00:50:37	104	02:38:25.80	02:42:09.65	+00:46:08 (29.1%)
101	POPARDOWSKI Jacek	109	SOKÓŁ GŁUBCZYCE	M 30-39	33	00:27:51	160	00:00:00	01:23:50	131	00:01:20	00:46:37	49	02:39:38.75	02:47:43.25	+00:47:21 (29.7%)
102	CHENCZKE Dominik	247	ZDUN TRIATHON TEAM	M 40-49	46	00:24:21	114	00:00:00	01:18:45	77	00:00:58	00:55:37	154	02:39:41.75	02:41:50.95	+00:47:24 (29.7%)

					Pływanie		Rower		Bieg							
103	BUCKI Przemek	131		M 40-49	47	00:25:03	129	00:00:00	01:22:18	114	00:01:42	00:51:09	111	02:40:12.10	02:44:10.25	+00:47:54 (29.9%)
104	BOROWIAK Mariusz	119	SZAŁOWE WĘDKOWANIE	M 40-49	48	00:21:44	63	00:00:00	01:21:26	106	00:01:50	00:55:12	149	02:40:12.30	02:46:36.85	+00:47:54 (29.9%)
105	MUSIAŁ Mateusz	77	DOBRA ENERGIA	M 30-39	34	00:29:32	173	00:00:00	01:24:15	135	00:01:01	00:45:29	39	02:40:17.75	02:48:22.55	+00:48:00 (29.9%)
106	NAWROCKI Arkadiusz	130	POWOLI	M 40-49	49	00:28:18	164	00:00:00	01:21:35	108	00:02:45	00:47:42	71	02:40:20.20	02:46:30.85	+00:48:02 (30.0%)
107	WITKOWSKI Piotr	118	RUN AND BIKE STARY SIELEC	M 30-39	35	00:23:28	98	00:00:00	01:21:54	111	00:01:30	00:53:43	136	02:40:35.20	02:46:20.95	+00:48:17 (30.1%)
108	HUBAJ Franciszek	91		M 16-18	2	00:22:28	77	00:00:00	01:23:06	124	00:01:00	00:54:14	139	02:40:48.05	02:42:07.05	+00:48:30 (30.2%)
109	WESOŁOWSKI Piotr	165	WSTAWAJ I WALCZ	M 40-49	50	00:37:54	206	00:00:00	01:31:38	185	00:02:08	00:29:30	1	02:41:10.75	02:48:42.75	+00:48:53 (30.3%)
110	URBAŃSKI Piotr	26	BARAKUDA MASTERS	M 40-49	51	00:28:48	168	00:00:00	01:23:28	128	00:01:23	00:47:32	67	02:41:11.15	02:44:14.30	+00:48:53 (30.3%)
111	RYBACKI Piotr	146		M 40-49	52	00:22:51	83	00:00:00	01:19:40	92	00:01:41	00:57:20	168	02:41:32.40	02:48:34.55	+00:49:14 (30.5%)
112	CZYŻEWSKI Mariusz	210	PIÓRKI	M 30-39	36	00:26:23	145	00:00:00	01:25:52	153	00:02:15	00:47:19	65	02:41:49.60	02:47:45.70	+00:49:32 (30.6%)
113	ŚLIWA Bogumił	128		M 30-39	37	00:23:36	100	00:00:00	01:24:03	132	00:02:33	00:51:54	116	02:42:06.30	02:44:05.05	+00:49:48 (30.7%)
114	TUCKI Cyprian	110	PSZCZYŃSKI ORZEŁ	M 30-39	38	00:29:01	169	00:00:00	01:21:54	112	00:01:27	00:49:47	95	02:42:09.10	02:50:06.65	+00:49:51 (30.7%)
115	POWROŹNIK Dawid	223		M 30-39	39	00:24:40	123	00:00:00	01:17:55	68	00:02:19	00:57:17	166	02:42:11.35	02:49:37.85	+00:49:53 (30.8%)
116	RABĘCKI Piotr	58	CYKLOMANIACY	M 40-49	53	00:26:10	143	00:00:00	01:15:21	50	00:01:00	00:59:47	181	02:42:18.10	02:48:39.00	+00:50:00 (30.8%)
117	SULKOWSKI Piotr	59	OKUCHNIE.PL	M 40-49	54	00:27:12	155	00:00:00	01:25:34	149	00:01:41	00:48:01	74	02:42:28.25	02:48:19.50	+00:50:10 (30.9%)
118	ADANSKI Sławomir	39		M 50-59	8	00:26:06	142	00:00:00	01:19:35	91	00:01:38	00:55:15	151	02:42:34.90	02:46:28.25	+00:50:17 (30.9%)
119	KONARSKI Robert	25		M 40-49	55	00:24:19	113	00:00:00	01:22:45	118	00:01:00	00:54:47	147	02:42:51.70	02:48:22.00	+00:50:34 (31.1%)
120	KWACZ Paweł	251		M 30-39	40	00:27:29	156	00:00:00	01:25:17	145	00:01:47	00:48:37	80	02:43:10.85	02:50:22.05	+00:50:53 (31.2%)
121	SALAMON Emil	34	ZDUN TRIATHLON TEAM	M 30-39	41	00:19:32	33	00:00:00	01:23:06	125	00:01:46	00:58:54	176	02:43:18.10	02:44:06.55	+00:51:00 (31.2%)
122	CIERNIEJEWSKI Łukasz	149		M 30-39	42	00:31:09	181	00:00:00	01:23:29	129	00:01:39	00:47:13	62	02:43:30.80	02:50:37.85	+00:51:13 (31.3%)
123	WOJCIECHOWSKI Paweł	8	BPM STUDIO	M 40-49	56	00:29:58	176	00:00:00	01:19:55	95	00:01:05	00:52:42	130	02:43:40.75	02:46:55.20	+00:51:23 (31.4%)
124	PLEWA Hubert	116	RUN AND BIKE STARY SIELEC	M 30-39	43	00:32:50	189	00:00:00	01:19:03	82	00:02:13	00:49:48	96	02:43:54.70	02:52:05.45	+00:51:37 (31.5%)
125	SIKORA Rafał	203		M 30-39	44	00:24:58	126	00:00:00	01:22:45	119	00:01:19	00:55:01	148	02:44:03.65	02:50:04.40	+00:51:46 (31.6%)
126	JASINSKI Tomasz	237	BULLET TEAM	M 40-49	57	00:23:58	106	00:00:00	01:19:35	90	00:02:26	00:58:13	172	02:44:12.75	02:47:06.85	+00:51:55 (31.6%)
127	ŁUKASZEWICZ Szymon	115		M 40-49	58	00:21:21	50	00:00:00	01:24:15	134	00:01:49	00:56:49	160	02:44:14.80	02:45:12.45	+00:51:57 (31.6%)
128	SOPEL Krzysztof	241		M 30-39	45	00:26:32	148	00:00:00	01:29:37	174	00:01:11	00:47:09	60	02:44:29.15	02:47:54.30	+00:52:11 (31.7%)
129	MALINOWSKI Łukasz	173		M 40-49	59	00:25:54	135	00:00:00	01:22:30	115	00:01:53	00:54:19	140	02:44:36.90	02:51:13.75	+00:52:19 (31.8%)
130	JANIAK Piotr	259		M 40-49	60	00:26:53	151	00:00:00	01:21:17	105	00:01:13	00:55:19	152	02:44:42.05	02:49:20.60	+00:52:24 (31.8%)

					Pływanie		Rower		Bieg							
131	JĘDRZEJAK Marcin	235		M 19-29	14	00:25:20	131	00:00:00	01:25:22	147	00:01:08	00:52:54	133	02:44:44.05	02:52:35.80	+00:52:26 (31.8%)
132	JANKOWSKI Arkadiusz	242	NAGEL GROUP	M 40-49	61	00:25:31	132	00:00:00	01:23:17	126	00:01:30	00:54:28	142	02:44:46.50	02:48:06.15	+00:52:29 (31.9%)
133	BOGDANOWICZ Maciej	244	NAGEL GROUP	M 40-49	62	00:26:29	147	00:00:00	01:19:34	89	00:01:22	00:57:52	171	02:45:17.30	02:49:05.45	+00:52:59 (32.1%)
134	GRUZ Robert	197		M 30-39	46	00:23:21	94	00:00:00	01:22:58	120	00:01:45	00:57:15	165	02:45:19.00	02:49:21.45	+00:53:01 (32.1%)
135	MIKOŁAJCZYK Bartłomiej	249	DOOATHLON	M 30-39	47	00:24:15	112	00:00:00	01:20:57	100	00:00:57	00:59:31	178	02:45:40.25	02:50:13.05	+00:53:22 (32.2%)
136	GUZEK Mariusz	163	LOS BIEGANEROS KUTNO	M 40-49	63	00:24:25	115	00:00:00	01:26:58	160	00:02:22	00:52:22	127	02:46:07.95	02:49:16.15	+00:53:50 (32.4%)
137	SZKOEK Sebastian	147		M 40-49	64	00:26:06	141	00:00:00	01:25:05	143	00:01:47	00:53:13	134	02:46:11.30	02:53:13.45	+00:53:53 (32.4%)
138	LECHOWSKI Jan	74	KB HARCOWNIK JELCZ-LASKOWICE	M 60-69	3	00:28:13	161	00:00:00	01:25:42	151	00:01:39	00:51:00	109	02:46:34.75	02:54:32.55	+00:54:17 (32.6%)
139	SZYMCZAK Bartłomiej	83		M 40-49	65	00:25:40	133	00:00:00	01:27:55	170	00:01:42	00:51:18	114	02:46:35.75	02:53:23.35	+00:54:18 (32.6%)
140	DAWIDOWICZ Wojciech	137	ŚLĘZAKTEAM	M 30-39	48	00:32:02	185	00:00:00	01:19:34	88	00:01:29	00:53:56	138	02:47:01.45	02:55:50.70	+00:54:44 (32.8%)
141	WAWRZYNIAK Bogusław	90	WAWRZYN TEAM	M 50-59	9	00:18:46	24	00:00:00	01:22:08	113	00:01:28	01:04:48	193	02:47:10.40	02:47:26.90	+00:54:52 (32.8%)
142	FRANKOWSKI Leszek	75	FRANKI	M 40-49	66	00:24:47	125	00:00:00	01:26:08	156	00:01:53	00:54:33	144	02:47:21.60	02:53:17.85	+00:55:04 (32.9%)
143	STĘPNIEWSKI Dariusz	189	PROMYK CIECHANÓW	M 50-59	10	00:30:44	180	00:00:00	01:27:02	161	00:02:20	00:47:37	70	02:47:43.15	02:56:32.00	+00:55:25 (33.0%)
144	GUSS Bartosz	220	MOCNI W GĘNIE	M 40-49	67	00:29:02	170	00:00:00	01:27:46	168	00:02:03	00:49:03	87	02:47:54.85	02:55:46.65	+00:55:37 (33.1%)
145	WÓJCIK Jakub	117	TRIDIVISION	M 40-49	68	00:22:19	76	00:00:00	01:24:12	133	00:01:17	01:00:31	183	02:48:19.80	02:53:14.65	+00:56:02 (33.3%)
146	KOWALCZYK Rafał	112	GEO-PRO.PL	M 40-49	69	00:33:18	195	00:00:00	01:16:22	60	00:01:14	00:57:29	170	02:48:23.50	02:53:40.95	+00:56:06 (33.3%)
147	KMIEĆ Sławomir	187	LUBASZ	M 40-49	70	00:24:11	110	00:00:00						02:48:28.00	02:53:34.00	+00:56:10 (33.3%)
148	KUNCE Daniel	102		M 30-39	49	00:22:08	71	00:00:00	01:14:58	44	00:01:21	01:10:26	209	02:48:53.25	02:50:04.40	+00:56:35 (33.5%)
148	TOMCZUK Bartosz	97		M 30-39	49	00:26:50	150	00:00:00	01:22:31	116	00:02:13	00:57:19	167	02:48:53.25	02:50:57.40	+00:56:35 (33.5%)
150	KRÓL Lech	24	TRIATHLON KROTOSZYN TEAM	M 40-49	71	00:24:39	121	00:00:00	01:27:13	163	00:02:00	00:55:20	153	02:49:12.40	02:54:41.95	+00:56:54 (33.6%)
151	SZKOEK Paweł	148		M 30-39	51	00:24:33	119	00:00:00	01:26:57	159	00:01:32	00:56:26	158	02:49:28.95	02:56:26.20	+00:57:11 (33.7%)
152	STRUSZ Kamil	213	TRIZARZA	M 19-29	15	00:23:10	89	00:00:00	01:21:40	110	00:02:17	01:02:48	189	02:49:55.75	02:54:28.80	+00:57:38 (33.9%)
153	WOJCIECHOWSKI Łukasz	204	GT KONA RUNANDTRI	M 30-39	52	00:26:24	146	00:00:00	01:27:11	162	00:01:55	00:54:29	143	02:49:59.30	02:58:35.35	+00:57:41 (33.9%)
154	RABURSKI Czarek	73		M 30-39	53	00:28:14	162	00:00:00	01:25:43	152	00:01:15	00:57:03	163	02:52:15.50	02:58:31.40	+00:59:58 (34.8%)
155	MIAŚKIEWICZ Witold	16	ZDUN TRIATHLON TEAM	M 50-59	11	00:32:20	186	00:00:00	01:26:41	157	00:01:24	00:51:59	118	02:52:24.05	02:55:07.60	+01:00:06 (34.9%)
156	KOTAS Roman	155	KOTASTROFA	M 40-49	72	00:28:17	163	00:00:00	01:30:13	178	00:01:54	00:52:22	128	02:52:46.75	03:01:22.45	+01:00:29 (35.0%)
157	BEDNARZ Bartłomiej	162		M 30-39	54	00:47:47	213	00:00:00	01:19:22	86	00:01:38	00:44:46	34	02:53:33.75	03:02:15.90	+01:01:16 (35.3%)
158	MAJCZAK Kamil	31	ACTIVE RUNNERS PŁOCK	M 40-49	73	00:26:06	140	00:00:00	01:46:36	215	00:03:35	00:37:21	4	02:53:38.90	02:57:31.60	+01:01:21 (35.3%)

					□ Pływanie		□ Rower		□ Bieg				
159	GROŃSKI Robert	87		M 40-49	74	00:31:27 183	00:00:00	01:27:14 164	00:02:08	00:52:52 132	02:53:41.75	02:55:00.70	+01:01:24 (35.4%)
160	HAŁADUS Dominik	240	DOMINIK HAŁADUS TRIATHLETE/BIKE FIT STUDIO DOMINIK HAŁADUS	M 30-39	55	00:32:54 190	00:00:00	01:24:24 137	00:01:32	00:55:44 156	02:54:34.10	03:02:50.95	+01:02:16 (35.7%)
161	PAGÓREK Radosław	3	DURABLE	M 50-59	12	00:27:49 159	00:00:00	01:27:50 169	00:02:01	00:56:54 161	02:54:34.40	02:57:17.75	+01:02:16 (35.7%)
162	DRAJER Sebastian	30		M 40-49	75	00:29:59 177	00:00:00	01:31:11 184	00:01:39	00:51:54 117	02:54:43.70	02:59:05.45	+01:02:26 (35.7%)
163	MAJEWSKI Wiesław	192	KUŹNIA TRIATHLONU	M 40-49	76	00:29:18 171	00:00:00	01:28:52 173	00:02:14	00:54:38 145	02:55:02.15	03:00:02.65	+01:02:44 (35.8%)
164	JANKOWSKI Jarosław	215		M 19-29	16	00:33:13 193	00:00:00	01:25:53 154	00:01:30	00:55:15 150	02:55:51.85	03:04:20.90	+01:03:34 (36.1%)
165	NAGODZIŃSKI Marcin	85		M 30-39	56	00:28:41 166	00:00:00	01:24:16 136	00:02:21	01:01:37 186	02:56:55.20	03:04:40.55	+01:04:37 (36.5%)
166	KOCH Przemysław	145	SZWAGIER TEAM	M 40-49	77	00:25:59 138	00:00:00	01:28:41 172	00:02:44	01:00:51 184	02:58:15.15	03:05:22.00	+01:05:57 (37.0%)
167	STANEK Dawid	243		M 30-39	57	00:24:31 117	00:00:00	01:24:33 138	00:01:50	01:07:53 204	02:58:47.95	03:02:36.70	+01:06:30 (37.2%)
168	WOJCIEKIEWICZ Marek	229		M 50-59	13	00:33:56 200	00:00:00	01:34:21 195	00:02:42	00:47:54 73	02:58:53.95	03:07:10.60	+01:06:36 (37.2%)
169	MILEK Grzegorz	222	SIERADZKIGRZMOT	M 19-29	17	00:33:17 194	00:00:00	01:24:33 139	00:02:22	00:59:16 177	02:59:28.25	03:08:40.70	+01:07:10 (37.4%)
170	HOFFMANN Bartosz	151	COMPUTEC TEAM	M 50-59	14	00:23:06 87	00:00:00	01:28:21 171	00:01:33	01:06:47 201	02:59:47.95	03:07:09.55	+01:07:30 (37.5%)
171	CHOJNACKI Krzysztof	52		M 30-39	58	00:33:42 199	00:00:00	01:32:21 187	00:01:49	00:52:05 121	02:59:57.05	03:04:09.30	+01:07:39 (37.6%)
172	KOSIARSKI Bartosz	181	AA TRIATHLON TEAM KROTOSZYN	M 40-49	78	00:21:22 52	00:00:00	01:36:55 203	00:02:01	00:59:46 180	03:00:04.90	03:04:15.75	+01:07:47 (37.6%)
173	ŚPIEWAK Michał	208		M 30-39	59	00:33:35 198	00:00:00	01:30:36 180	00:04:42	00:52:01 119	03:00:54.85	03:06:35.90	+01:08:37 (37.9%)
174	TACIK Przemysław	224	TRIMP	M 19-29	18	00:33:06 191	00:00:00	01:24:42 141	00:01:10	01:05:24 196	03:04:22.35	03:11:15.15	+01:12:04 (39.1%)
175	PRUSKI Mariusz	141		M 30-39	60	00:25:54 134	00:00:00	01:30:59 183	00:02:48	01:05:46 197	03:05:27.80	03:12:43.30	+01:13:10 (39.5%)
176	PAŃKÓW Piotr	153	FUNDACJA NAKOLE	M 50-59	15	00:25:55 137	00:00:00	01:30:59 182	00:03:33	01:05:11 195	03:05:38.80	03:14:08.10	+01:13:21 (39.5%)
177	WITA Radek	161		M 40-49	79	00:34:01 202	00:00:00	01:33:11 191	00:01:50	00:58:25 174	03:07:27.25	03:10:32.80	+01:15:09 (40.1%)
178	KANTECKI Dawid	233	SIERADZKI GRZMOT	M 19-29	19	00:33:19 196	00:00:00	01:29:57 175	00:01:11	01:03:05 191	03:07:32.30	03:16:38.75	+01:15:14 (40.1%)
179	GRALAK Karol	105		M 40-49	80	00:31:46 184	00:00:00	01:23:01 122	00:03:56	01:09:19 207	03:08:02.30	03:16:13.55	+01:15:44 (40.3%)
180	ŚWITOŃ Dariusz	21	AKTYWNY OSTRZESZÓW	M 40-49	81	00:41:04 210	00:00:00	01:27:41 167	00:01:23	00:58:47 175	03:08:55.50	03:18:13.85	+01:16:38 (40.6%)
181	SZKOPEK Robert	232		M 19-29	20	00:23:15 93	00:00:00	01:36:07 200	00:01:25	01:08:53 206	03:09:40.85	03:16:37.60	+01:17:23 (40.8%)
182	ROGACKI Adam	263		M 40-49	82	00:31:17 182	00:00:00	01:32:50 188	00:03:06	01:04:54 194	03:12:07.00	03:19:52.15	+01:19:49 (41.6%)
183	TURKOWSKI Adrian	101		M 19-29	21	00:27:40 158	00:00:00	01:37:06 204	00:01:44	01:06:43 200	03:13:13.10	03:15:47.25	+01:20:55 (41.9%)
184	DUDEK Michał Antoni	226		M 16-18	3	00:29:49 174	00:00:00	01:32:16 186	00:01:43	01:09:45 208	03:13:33.10	03:20:15.75	+01:21:15 (42.0%)
185	OLEKSIUK Michał	51		M 30-39	61	00:29:20 172	00:00:00	01:41:47 209	00:02:37	01:02:21 187	03:16:05.85	03:18:54.75	+01:23:48 (42.7%)
186	WILK Dawid	214		M 40-49	83	00:29:51 175	00:00:00	01:30:58 181	00:02:22	01:16:41 216	03:19:52.60	03:25:53.90	+01:27:35 (43.8%)

					Pływanie		Rower		Bieg		Suma		
187	SZYMANOWSKI Damian	71		M 40-49	84	00:37:25 205	00:00:00	01:40:56 208	00:02:15	01:00:52 185	03:21:28.60	03:30:24.55	+01:29:11 (44.3%)
188	BADURA Piotr	184		M 30-39	62	00:32:48 188	00:00:00	01:39:18 207	00:02:05	01:07:36 203	03:21:47.10	03:28:03.10	+01:29:29 (44.4%)
189	WCISŁEK Mateusz	66	ZDUN TRIATHLON TEAM	M 40-49	85	00:30:10 178	00:00:00	01:34:36 196	00:02:26	01:14:38 215	03:21:50.60	03:29:01.65	+01:29:33 (44.4%)
190	WALISZEWSKI Jakub	79		M 30-39	63	00:33:19 197	00:00:00	01:33:57 194	00:03:14	01:12:09 212	03:22:39.70	03:28:14.80	+01:30:22 (44.6%)
191	SULKOWSKI Tomasz	81		M 40-49	86	00:35:48 204	00:00:00	01:37:28 206	00:02:30	01:07:23 202	03:23:09.50	03:29:15.15	+01:30:52 (44.7%)
192	MARCINIAK Łukasz	132	KS WIKINGOWIE	M 30-39	64	00:38:53 208	00:00:00	01:33:49 193	00:02:34	01:11:28 210	03:26:44.80	03:32:25.95	+01:34:27 (45.7%)
193	KOSTKA Bogumił	201	KS KROTOSZ KROTOSZYN	M 40-49	87	01:04:07 216	00:00:00	01:33:00 189	00:03:03	00:46:44 51	03:26:54.65	03:35:50.65	+01:34:37 (45.7%)
194	PODOLSKI Przemysław	28	KKSK PODOLSKI DOJO	M 30-39	65	00:42:16 211	00:00:00	01:30:11 177	00:02:24	01:12:08 211	03:26:59.45	03:33:29.20	+01:34:42 (45.8%)
195	GALEWSKI Piotr	185	TRENUJ Z NAMI	M 50-59	16	00:39:16 209	00:00:00	01:43:59 213	00:02:04	01:02:25 188	03:27:44.55	03:32:11.10	+01:35:27 (45.9%)
196	BIAŁOGÓROW Marcin	78		M 30-39	66	00:34:04 203	00:00:00	01:43:10 212	00:02:20	01:13:07 213	03:32:41.50	03:38:17.15	+01:40:24 (47.2%)
197	GADZINOWSKI Łukasz	140		M 40-49	88	00:37:56 207	00:00:00	01:51:58 216	00:02:49	01:02:54 190	03:35:37.40	03:42:07.30	+01:43:19 (47.9%)
198	ŚMIECH Mariusz	114		M 40-49	89	00:47:26 212	00:00:00	01:41:51 210	00:02:36	01:06:10 198	03:38:03.75	03:47:06.40	+01:45:46 (48.5%)
199	OLEJNICZAK Witold	245		M 70+	1	00:53:23 214	00:00:00	01:37:18 205	00:02:23	01:08:43 205	03:41:47.20	03:43:17.15	+01:49:29 (49.4%)
200	GAŁĄZKA Łukasz	228	SIERADZKIGRZMOT	M 19-29	22	01:09:19 217	00:00:00	01:36:18 201	00:02:34	00:57:24 169	03:45:35.40	03:54:46.95	+01:53:17 (50.2%)
	WILK Karol	41		M 40-49		01:11:37 218	00:00:00				DNF	DNF	

Znaleziono 201 wynik(ów)