

7 ĆWIERĆMARATON KOMANDOSA

B4SPORT
INTELEGENE ZAWODY SPORTOWE

Organizator: Fundacja Wspierania Inicjatyw Niekonwencjonalnych "Subventum"
Data: 2021-10-02
Miejsce: Słupsk
Dystans: 10.55 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 10.55km	Różn	Tempo min/km	Tempo km/h
1	STRUK Adam	110	RCI GDYNIA	M18-35	1	00:46:57.62		4:27	13.5 (100%)
2	PELO Artur	83	7 BRYGADA OBRONY WYBRZEŻA/ 1 BATALION ZMECHANIZOWANY	M36-44	1	00:48:15.29	+00:01:17 (2.7%)	4:34	13.1 (97.0%)
3	PIOTRASCHKE Paweł	91	POLICJA.PL	M36-44	2	00:50:21.07	+00:03:23 (6.7%)	4:46	12.6 (93.3%)
4	PIEŚKIEWICZ Mateusz	87	6 BPD	M18-35	2	00:50:43.54	+00:03:45 (7.4%)	4:48	12.5 (92.6%)
5	WOJCIECHOWSKI Maciej	132	POLICJA.PL	M45+	1	00:52:06.96	+00:05:09 (9.9%)	4:56	12.1 (89.6%)
6	POŁĘC Arkadiusz	93	POLICJA.PL	M18-35	3	00:53:51.38	+00:06:53 (12.8%)	5:06	11.8 (87.4%)
7	PYTLAK Michał	97	7 BRYGADA OBRONY WYBRZEŻA/ 1 BATALION ZMECHANIZOWANY	M18-35	4	00:55:37.75	+00:08:40 (15.6%)	5:16	11.4 (84.4%)
8	NOWICKI Artur	76	7 BRYGADA OBRONY WYBRZEŻA/ 1 BATALION ZMECHANIZOWANY	M36-44	3	00:56:04.50	+00:09:06 (16.3%)	5:18	11.3 (83.7%)
9	ZACHARCZUK Albin	136	7 BRYGADA OBRONY WYBRZEŻA/ 1 BATALION ZMECHANIZOWANY	M18-35	5	00:57:09.31	+00:10:11 (17.8%)	5:25	11.1 (82.2%)
10	HERMAN Arkadiusz	26		M45+	2	00:57:24.39	+00:10:26 (18.2%)	5:26	11 (81.5%)
11	MISZKE Patryk	69	CRIWWRE GRÓJEC / 5 KRREL LĘBORK	M36-44	4	00:58:43.14	+00:11:45 (20.0%)	5:33	10.8 (80.0%)
12	NIEDZIÓŁKA Jakub	73	AKADEMIA WOJSK ŁĄDOWYCH	M18-35	6	00:59:17.55	+00:12:19 (20.8%)	5:37	10.7 (79.3%)
13	ŚWIĄTEK Michał	118	12 WBOT	M36-44	5	01:01:14.75	+00:14:17 (23.3%)	5:48	10.3 (76.3%)
14	NOWINOWSKI Andrzej	77	KP PSP TUREK	M45+	3	01:01:43.28	+00:14:45 (23.9%)	5:50	10.3 (76.3%)
15	ANDRZEJEWSKI Maciej	1	CSWLĄD-POZNAN	M18-35	7	01:01:54.76	+00:14:57 (24.2%)	5:52	10.2 (75.6%)
16	WARZOCHA Jan	127		M18-35	8	01:01:57.58	+00:14:59 (24.2%)	5:52	10.2 (75.6%)
17	MAJOR Krzysztof	63	AKADEMIA WOJSK ŁĄDOWYCH	M18-35	9	01:02:58.30	+00:16:00 (25.4%)	5:58	10.1 (74.8%)
18	SOCHAŃSKI Piotr	107	AKADEMIA WOJSK ŁĄDOWYCH	M18-35	10	01:02:58.38	+00:16:00 (25.4%)	5:58	10.1 (74.8%)
19	DOBROWOLSKI Mateusz	15	JW 4531	M18-35	11	01:04:56.82	+00:17:59 (27.7%)	6:09	9.7 (71.9%)
20	ŻYLICZ Paweł	140	ARESZT ŚLED CZY SŁUPSK	M18-35	12	01:05:46.44	+00:18:48 (28.6%)	6:14	9.6 (71.1%)
21	WALASIK Damian	124	AKADEMIA WOJSK ŁĄDOWYCH	M18-35	13	01:05:47.10	+00:18:49 (28.6%)	6:14	9.6 (71.1%)
22	KĘPIŃSKI Maksymilian	39	6 MAZOWIECKA BRYGADA OBRONY TERYTORIALNEJ	M36-44	6	01:06:20.01	+00:19:22 (29.2%)	6:17	9.5 (70.4%)
23	PERIŻOK Jakub	84	9 BBKPANC	M18-35	14	01:06:22.17	+00:19:24 (29.2%)	6:17	9.5 (70.4%)
24	KLIM Łukasz	40	MAZOWIECKI ODDZIAŁ ŻANDARMERII WOJSKOWEJ	M18-35	15	01:06:23.73	+00:19:26 (29.3%)	6:17	9.5 (70.4%)
25	MIERZANIEC Dawid	67	1PBOT	M18-35	16	01:06:26.43	+00:19:28 (29.3%)	6:17	9.5 (70.4%)
26	NOWAK Michał	75	URZĄD MIASTA SIEDLCE	M18-35	17	01:06:37.82	+00:19:40 (29.5%)	6:18	9.5 (70.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto		Tempo min/km	Tempo km/h
						10.55km	Różn		
27	KACZYKOWSKI Mariusz	33	RCI GDYNIA	M36-44	7	01:06:51.09	+00:19:53 (29.8%)	6:20	9.5 (70.4%)
28	DREWNIAK Tomasz	16	JW 3775 CHOJNICE	M45+	4	01:07:08.03	+00:20:10 (30.0%)	6:21	9.4 (69.6%)
29	SUCHMIEL Daniel	111	5 PUŁK CHEMICZNY	M18-35	18	01:07:41.32	+00:20:43 (30.6%)	6:24	9.4 (69.6%)
30	PIŁCZYŃSKI Zbigniew	90		M45+	5	01:07:47.93	+00:20:50 (30.7%)	6:25	9.3 (68.9%)
31	REDZIŃSKI Paweł	144	WATAHA	M18-35	19	01:07:59.53	+00:21:01 (30.9%)	6:26	9.3 (68.9%)
32	SIWEK Wojciech	147	5 BATALION STRZELCÓW PODHALAŃSKICH	M18-35	20	01:08:27.39	+00:21:29 (31.4%)	6:29	9.2 (68.1%)
33	ESSI-EZINH Aleksander	18	SFORABMK	M18-35	21	01:08:52.37	+00:21:54 (31.8%)	6:31	9.2 (68.1%)
34	PRACHNIO Maciej	95	SFORA BMK	M45+	6	01:09:07.49	+00:22:09 (32.1%)	6:33	9.2 (68.1%)
35	OLESEK Jerzy	80	SZKOŁA PODOFICERSKA MARYNARKI WOJENNEJ USTKA	M45+	7	01:09:21.31	+00:22:23 (32.3%)	6:34	9.1 (67.4%)
36	RZECHOWSKI Filip	102	BIGYELLOWFOOT ADVENTURE TEAM	M36-44	8	01:09:45.59	+00:22:47 (32.7%)	6:36	9.1 (67.4%)
37	ŚLIWIŃSKI Filip	117	1 RBLOG WAŁCZ	M18-35	22	01:09:49.53	+00:22:51 (32.7%)	6:37	9.1 (67.4%)
38	WOJCIECHOWSKI Dariusz	133	KWATERY U WOJCIECHOWSKICH SWORNEGACIE SFORA BMK	M45+	8	01:10:14.55	+00:23:16 (33.1%)	6:39	9 (66.7%)
39	JEŻYNA Bartosz	30	AKADEMIA WOJSK ŁĄDOWYCH	M18-35	23	01:10:15.20	+00:23:17 (33.2%)	6:39	9 (66.7%)
40	ROMAN Krzysztof	101	SFORA BMK	M36-44	9	01:10:17.72	+00:23:20 (33.2%)	6:39	9 (66.7%)
41	KOWALSKA Natalia	47	7 PBOT	K18-35	1	01:10:25.02	+00:23:27 (33.3%)	6:40	9 (66.7%)
42	GRZECHULSKI Piotr	23	MORSKA JEDNOSTKA RAKIETOWA	M45+	9	01:10:28.36	+00:23:30 (33.4%)	6:40	9 (66.7%)
43	OKRÓJ Piotr	79	7 PBOT	M18-35	24	01:10:53.57	+00:23:55 (33.8%)	6:43	8.9 (65.9%)
44	GŁOWACKI Andrzej	20	DOWÓDZTWO WOJSK OBRONY TERYTORIALNEJ	M45+	10	01:11:11.33	+00:24:13 (34.0%)	6:44	8.9 (65.9%)
45	BAJUR Bartosz	3	AKADEMIA WOJSK ŁĄDOWYCH	M18-35	25	01:11:25.94	+00:24:28 (34.3%)	6:46	8.9 (65.9%)
46	KAMIŃSKI Paweł	35		M18-35	26	01:11:31.68	+00:24:34 (34.3%)	6:46	8.9 (65.9%)
47	TWARDOWSKI Wojciech	123	2. PUŁK ROZPOZNAWCZY	M18-35	27	01:11:32.28	+00:24:34 (34.4%)	6:46	8.8 (65.2%)
48	SZCZYPA Filip	114	7. EDS	M18-35	28	01:11:50.36	+00:24:52 (34.6%)	6:48	8.8 (65.2%)
49	KRYSZAK Przemysław	48	7. EDS	M36-44	10	01:11:50.77	+00:24:53 (34.6%)	6:48	8.8 (65.2%)
50	KASPRZYK Piotr	38	WAT	M18-35	29	01:11:55.70	+00:24:58 (34.7%)	6:49	8.8 (65.2%)
51	ŁOJEK Konrad	56	44 WOJSKOWY ODDZIAŁ GOSPODARCZY	M18-35	30	01:11:58.30	+00:25:00 (34.8%)	6:49	8.8 (65.2%)
52	MALINOWSKI Karol	64	DOWÓDZTWO WOJSK OBRONY TERYTORIALNEJ	M45+	11	01:12:14.48	+00:25:16 (35.0%)	6:50	8.8 (65.2%)
53	WOJCIECHOWSKA Ines	131	MŁODY VS STARY	K45+	1	01:12:14.73	+00:25:17 (35.0%)	6:50	8.8 (65.2%)
54	OLSZAR Grzegorz	81	DARŁOWSKIE CHARTY/KP DARŁOWO	M36-44	11	01:12:41.65	+00:25:44 (35.4%)	6:53	8.7 (64.4%)
55	PŁOSKI Krzysztof	92	1RBLOG WAŁCZ/SKŁAD DARŁOWO	M36-44	12	01:12:41.67	+00:25:44 (35.4%)	6:53	8.7 (64.4%)
56	HABRAT Barbara	25	AKADEMIA WOJSK ŁĄDOWYCH	K18-35	2	01:12:44.91	+00:25:47 (35.4%)	6:53	8.7 (64.4%)
57	NACZK Wiktoria	72	KADET PCE LĘBORK, LKB IM. BRACI PETK	K18-35	3	01:12:50.27	+00:25:52 (35.5%)	6:54	8.7 (64.4%)
58	MAJCHRZAK Dariusz	62	CENTRALNY POLIGON SIŁ POWIETRZNYCH	M45+	12	01:13:00.20	+00:26:02 (35.7%)	6:55	8.7 (64.4%)
59	MAJCHRZAK Łukasz	61	7 POMORSKA BRYGADA OBRONY TERYTORIALNEJ	M18-35	31	01:13:00.82	+00:26:03 (35.7%)	6:55	8.7 (64.4%)
60	LEWANDOWSKI Maciej	54	POLICJA.PL	M18-35	32	01:13:01.36	+00:26:03 (35.7%)	6:55	8.7 (64.4%)
61	MORAWIAK Łukasz	70		M36-44	13	01:13:01.42	+00:26:03 (35.7%)	6:55	8.7 (64.4%)
62	CZAJCZYŃSKI Daniel	12	SFORA BMK	M45+	13	01:13:22.10	+00:26:24 (36.0%)	6:57	8.6 (63.7%)
63	JAGODA Anna	28	BIGYELLOWFOOT ADVENTURE TEAM	K18-35	4	01:13:47.99	+00:26:50 (36.4%)	6:59	8.6 (63.7%)
64	SZUBA Mariusz	116	NO EXCUSES TEAM	M45+	14	01:13:59.09	+00:27:01 (36.5%)	7:00	8.6 (63.7%)
65	BABIŃSKI Marcin	2	7 PBOT	M18-35	33	01:15:01.26	+00:28:03 (37.4%)	7:06	8.4 (62.2%)
66	GRABOWSKI Zbigniew	21	SFORA BMK	M45+	15	01:15:01.39	+00:28:03 (37.4%)	7:06	8.4 (62.2%)
67	CICHAŁA Damian	11	BATALION OCHRONY BAZY REDZIKOWO/TDT SŁUPSK	M18-35	34	01:15:17.55	+00:28:19 (37.6%)	7:08	8.4 (62.2%)
68	STASZAK Wojciech	109	KMP KOSZALIN	M18-35	35	01:15:27.71	+00:28:30 (37.8%)	7:09	8.4 (62.2%)
69	JANKIEWICZ Marek	29	MŁODY VS STARY	M36-44	14	01:15:39.93	+00:28:42 (37.9%)	7:10	8.4 (62.2%)
70	KACZMARCZYK Kamil	32	HERNIKTEAM/COAS	M18-35	36	01:15:54.64	+00:28:57 (38.1%)	7:11	8.3 (61.5%)

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						netto	Różn		
71	MROCZKOWSKI Paweł	71	1 PBOT	M18-35	37	01:16:06.30	+00:29:08 (38.3%)	7:12	8.3 (61.5%)
72	WALOS Grzegorz	126	8 KOSZALIŃSKI PUŁK PRZECIWLOTNICZY	M36-44	15	01:16:09.33	+00:29:11 (38.3%)	7:13	8.3 (61.5%)
73	LANG-KULA Monika	52		K18-35	5	01:16:13.23	+00:29:15 (38.4%)	7:13	8.3 (61.5%)
74	KULA Dawid	50		M18-35	38	01:16:15.08	+00:29:17 (38.4%)	7:13	8.3 (61.5%)
75	KONWIŃSKI Michał	44	MORSKA JEDNOSTKA RAKIETOWA	M18-35	39	01:16:16.13	+00:29:18 (38.4%)	7:13	8.3 (61.5%)
76	TERLECKI Władysław	119	MVSS	M36-44	16	01:16:23.17	+00:29:25 (38.5%)	7:14	8.3 (61.5%)
77	WOŁODKO Michał	135	KOMENDA GŁÓWNA POLICJI	M18-35	40	01:16:47.10	+00:29:49 (38.8%)	7:16	8.2 (60.7%)
78	KARCZEWSKI Michał	37	WAT	M18-35	41	01:17:28.17	+00:30:30 (39.4%)	7:20	8.2 (60.7%)
79	WEILAND Adrian	128	NIGHT WOLVES ULTRA RUNNERS	M36-44	17	01:17:36.47	+00:30:38 (39.5%)	7:21	8.2 (60.7%)
80	PIELICH Konrad	86		M36-44	18	01:17:37.08	+00:30:39 (39.5%)	7:21	8.2 (60.7%)
81	KLINGBEIN Dawid	149	BATALION OCHRONY BAZY REDZIKOWO	M18-35	42	01:17:38.73	+00:30:41 (39.5%)	7:21	8.2 (60.7%)
82	KUBIAK Karolina	49		K36-44	1	01:17:54.21	+00:30:56 (39.7%)	7:23	8.1 (60.0%)
83	KAJA Robert	34	WIELUŃ BIEGA	M45+	16	01:18:16.74	+00:31:19 (40.0%)	7:25	8.1 (60.0%)
84	JÓSKOWSKI Bogdan	31	RCI GDYNIA	M45+	17	01:18:30.72	+00:31:33 (40.2%)	7:26	8.1 (60.0%)
85	KOCISZ Kamil	43	15 GIŻYCKA BRYGADA ZMECHANIZOWANA	M36-44	19	01:18:41.74	+00:31:44 (40.3%)	7:27	8 (59.3%)
86	WALCZAK Adrian	125	WAT	M18-35	43	01:20:01.02	+00:33:03 (41.3%)	7:35	7.9 (58.5%)
87	WOLIŃSKI Karol	134	SGO GDAŃSK	M36-44	20	01:20:04.65	+00:33:07 (41.4%)	7:35	7.9 (58.5%)
88	TOMCZAK Dominik	121	MORSKA JEDNOSTKA RAKIETOWA	M45+	18	01:20:18.08	+00:33:20 (41.5%)	7:36	7.9 (58.5%)
89	LISZEWSKI Damian	55	WKB META LUBLINIEC	M36-44	21	01:20:24.10	+00:33:26 (41.6%)	7:37	7.9 (58.5%)
90	STASIEWICZ Magdalena	108	1 PODLASKA BRYGADA OBRONY TERYTORIALNEJ	K18-35	6	01:20:36.81	+00:33:39 (41.7%)	7:38	7.9 (58.5%)
91	DANIELEWICZ Daria	13	AKADEMIA WOJSK ŁĄDOWYCH	K18-35	7	01:21:00.66	+00:34:03 (42.0%)	7:40	7.8 (57.8%)
92	KMIECIK Aleksandra	42	AKADEMIA WOJSK ŁĄDOWYCH	K18-35	8	01:21:01.41	+00:34:03 (42.0%)	7:40	7.8 (57.8%)
93	SZEWCZYK Paweł	115	NO EXCUSES TEAM	M45+	19	01:21:26.93	+00:34:29 (42.3%)	7:43	7.8 (57.8%)
94	RACZYŃSKA Anna	98	BALTIC SEALS/AML SŁUPSK/7BOW	K36-44	2	01:22:05.66	+00:35:08 (42.8%)	7:46	7.7 (57.0%)
95	MAJCHERSKI Piotr	60	MORSKA JEDNOSTKA RAKIETOWA	M36-44	22	01:23:15.41	+00:36:17 (43.6%)	7:53	7.6 (56.3%)
96	MATUSZEWSKI Rafał	66	7 BRYGADA OBRONY WYBRZEŻA/ 1 BATALION ZMECHANIZOWANY	M45+	20	01:23:25.47	+00:36:27 (43.7%)	7:54	7.6 (56.3%)
97	MARKOWSKA Angelika	65		K18-35	9	01:23:36.83	+00:36:39 (43.8%)	7:55	7.6 (56.3%)
98	DABKOWSKI Mariusz	150	JW 5699	M45+	21	01:24:49.72	+00:37:52 (44.6%)	8:02	7.5 (55.6%)
99	PIETRZYCKI Dariusz	89		M45+	22	01:25:05.04	+00:38:07 (44.8%)	8:03	7.4 (54.8%)
100	BUBEL Sebastian	7	5 PUŁK CHEMICZNY	M36-44	23	01:25:56.68	+00:38:59 (45.4%)	8:08	7.4 (54.8%)
101	KOSEWSKA Monika	46	MŁODY VS STARY	K36-44	3	01:26:00.51	+00:39:02 (45.4%)	8:09	7.4 (54.8%)
102	GIERAT Dawid	19		M18-35	44	01:26:22.81	+00:39:25 (45.6%)	8:11	7.3 (54.1%)
103	SADŁOWSKI Filip	104		M18-35	45	01:26:23.32	+00:39:25 (45.6%)	8:11	7.3 (54.1%)
104	SŁYK Jakub	106	6 MAZOWIECKA BRYGADA OBRONY TERYTORIALNEJ	M18-35	46	01:26:23.77	+00:39:26 (45.6%)	8:11	7.3 (54.1%)
105	RAHOZA Szymon	99	NIGHT WOLVES ULTRA RUNNERS	M36-44	24	01:26:27.75	+00:39:30 (45.7%)	8:11	7.3 (54.1%)
106	CHOJNACKI Jarosław	10	6 MAZOWIECKA BRYGADA OBRONY TERYTORIALNEJ	M18-35	47	01:27:29.76	+00:40:32 (46.3%)	8:17	7.2 (53.3%)
107	PIEKARSKI Paweł	85	MŁODY VS STARY	M45+	23	01:29:42.74	+00:42:45 (47.7%)	8:30	7.1 (52.6%)
108	KULCZAK Paweł	51		M36-44	25	01:29:43.94	+00:42:46 (47.7%)	8:30	7.1 (52.6%)
109	PIETRZYCKI Andrzej	88	NIEZRZESZONY	M45+	24	01:30:00.18	+00:43:02 (47.8%)	8:31	7 (51.9%)
110	BANASZCZYK Kacper	4	6 MAZOWIECKA BRYGADA OBRONY TERYTORIALNEJ	M18-35	48	01:32:28.07	+00:45:30 (49.2%)	8:45	6.8 (50.4%)
111	SAWICZ Łukasz	105		M18-35	49	01:33:35.07	+00:46:37 (49.8%)	8:52	6.8 (50.4%)
112	SOLARZ Patryk	148	5 BATALION STRZELCÓW PODHALAŃSKICH	M18-35	50	01:35:00.74	+00:48:03 (50.6%)	9:00	6.7 (49.6%)
113	CZERWIŃSKA Anna	146	NIGHT WOLVES ULTRA RUNNERS	K36-44	4	01:35:54.13	+00:48:56 (51.0%)	9:05	6.6 (48.9%)
114	BUGAJSKI Robert	8	6 MAZOWIECKA BRYGADA OBRONY TERYTORIALNEJ	M45+	25	01:37:11.32	+00:50:13 (51.7%)	9:12	6.5 (48.1%)

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						netto 10.55km	Różn		
115	WĘCŁAWIAK Jakub	129		M18-35	51	01:37:59.80	+00:51:02 (52.1%)	9:17	6.5 (48.1%)
116	KAMIŃSKI Tomasz	36	8 KOSZALIŃSKI PUŁK PRZECIWLOTNICZY	M36-44	26	01:38:05.81	+00:51:08 (52.1%)	9:17	6.5 (48.1%)
117	PUCHAŁSKA-KOCISZ Gabriela	96	BBL GIŻYCKO	K36-44	5	01:38:19.83	+00:51:22 (52.2%)	9:19	6.4 (47.4%)
118	ZNÓJ Tomasz	139	SFORA BMK	M36-44	27	01:38:30.02	+00:51:32 (52.3%)	9:20	6.4 (47.4%)
119	KEMPIŃSKI Łukasz	145	CSMW USTKA	M18-35	52	01:41:11.63	+00:54:14 (53.6%)	9:35	6.3 (46.7%)
120	HRYCIÓW Paweł	27	8 KOSZALIŃSKI PUŁK PRZECIWLOTNICZY	M36-44	28	01:41:16.96	+00:54:19 (53.6%)	9:35	6.3 (46.7%)
121	KWAPIS Wojciech	143	SZKOŁA PODOFICERSKA MARYNARKI WOJENNEJ USTKA	M36-44	29	01:41:19.53	+00:54:21 (53.7%)	9:36	6.2 (45.9%)
122	GRALA Karolina	22	AKADEMIA WOJSK LĄDOWYCH	K18-35	10	01:41:24.35	+00:54:26 (53.7%)	9:36	6.2 (45.9%)
123	SUCHTA Joanna	112		K18-35	11	01:41:40.07	+00:54:42 (53.8%)	9:38	6.2 (45.9%)
124	SZCZYGIĘŁ Marcin	113		M36-44	30	01:43:28.94	+00:56:31 (54.6%)	9:48	6.1 (45.2%)
125	KLIMEK Marcin	41		M18-35	53	01:43:29.29	+00:56:31 (54.6%)	9:48	6.1 (45.2%)

Znaleziono 125 wynik(ów)